

Development and in vitro characterisation of novel bioresorbable and bioactive composite materials based on polylactide foams and Bioglasss for tissue engineering applications

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Abstract

Bioactive and bioresorbable composite materials were fabricated using macroporous poly(DL-lactide) (PDLLA) foams coated with and impregnated by bioactive glass (Bioglass®) particles. Stable and homogeneous Bioglasss coatings on the surface of PDLLA foams as well as infiltration of Bioglass® particles throughout the porous network were achieved using a slurry-dipping technique in conjunction with pre-treatment of the foams in ethanol. The quality of the bioactive glass coatings was reproducible in terms of thickness and microstructure. Additionally, electrophoretic deposition was investigated as an alternative method for the fabrication of PDLLA foam/Bioglass® composite materials. In vitro studies in simulated body fluid (SBF) were performed to study the formation of hydroxyapatite (HA) on the surface of PDLLA/Bioglass® composites. SEM analysis showed that the HA layer thickness rapidly increased with increasing time in SBF. The high bioactivity of the PDLLA foam/Bioglasss composites indicates the potential of the materials for use as bioactive, resorbable scaffolds in bone tissue engineering.

Keywords: Bioresorbable composites; Bioactivity; Polylactide foams; Bioglass®; Tissue engineering

1. Introduction

Tissue engineering presents an alternative approach to the repair of a damaged tissue, avoiding the need for a *permanent* implant made of an engineered material. The underlying principle involved is the regeneration of living tissue, where a loss or damage has occurred as a result of injury or disease [1]. A suitable *temporary* scaffold material exhibiting adequate mechanical and biological properties is required to enable tissue regeneration by exploiting the body's inherent repair mechanisms, i.e. a regenerative allograft [2].

Numerous bioresorbable materials have been investigated as scaffolds for tissue engineering and tissue repair, including naturally occurring [3,4] and synthetic polymers [5-8]. Many practical advantages arise when using synthetic scaffolds because precise engineering of material composition and micro- and macrostructure is possible. This allows adequate control of scaffold properties, thus creating optimal conditions for cell survival, proliferation, and subsequent tissue formation [6].

Synthetic bioresorbable polymers have attracted increasing attention for their use as tissue engineering scaffolds in the last 10 years, in particular polylactic acid (PLA), polyglycolic acid (PGA) and their copolymers [6-8]. These materials have already demonstrated promising results in clinical use, for example as resorbable surgical sutures and meshes or in drug delivery systems [6]. However, a number of problems have been encountered regarding the use of these polymers in tissue engineering applications due to the release of acidic degradation products leading to inflammatory responses [5-8]. Another limitation of biodegradable polymers is that they lack a bioactive function, i.e., in particular for bone tissue applications, they do not allow for bone apposition or bonding on the polymer surface [9].

Certain ceramic materials, such as hydroxyapatite (HA), tricalcium phosphate (TCP) and selected compositions of silicate and phosphate glasses and glass-ceramics, for example the commercially available Bioglass®, react with physiological fluids and form tenacious bonds to hard and soft tissues through cellular activity. These materials are therefore known as "bioactive" [10].

If biodegradability and bioactivity are to be combined in an optimised tissue engineering scaffold, then the design of composite materials offers an exceptional opportunity: composites allow for the creation of bioresorbable and bioactive scaffolds with tailored physical and mechanical properties [11]. Moreover, composite materials can be engineered in such a way that their resorption rate in the body matches the formation rate of new tissue.

Various approaches to the development of bioresorbable and bioactive composites for tissue engineering applications are being investigated worldwide, including combinations of polylactide (PLA), polyglycolide

(PGA) and other resorbable polymers with HA, TCP or bioactive glasses and glass-ceramics in different scaffold architectures [11-18]. In the most usual approach, HA, TCP and bioactive glass particles or fibres are combined with bulk or porous polymeric biodegradable substrates either as fillers or in the form of coatings, as reviewed elsewhere [19].

In the present work novel bioactive and bioresorbable composite materials were fabricated using macroporous poly (DL-lactide) (PDLLA) foams coated with and impregnated by bioactive glass (Bioglass®) particles. The in vitro response of the composites in contact with simulated body fluid (SBF) was assessed. The materials are intended as scaffolds for bone tissue engineering applications. This study extends related recent research on composite materials based on bioresorbable Bio-glasses-coated surgical sutures [20,21] and meshes [22].

2. Experimental

2.1. Materials

PDLLA foams were fabricated following a thermally induced phase separation process, also termed freeze-drying and described in detail elsewhere [7a,b]. Briefly, 2g of PDLLA (Purasorbs; Purac biochem, Holland), with inherent viscosity = 1.52 dl/g, was dissolved in 40 ml of dimethylcarbonate (99%, Acros) under magnetic stirring overnight. The solution was transferred into a 150 ml lyophilisation flask and frozen for 2h by quenching into liquid nitrogen. The flask was then connected to a vacuum pump (10^{-2} Torr) and the solvent was sublimated at -10°C for the first 48 h, and then at 0°C for additional 48 h. The residual solvent was then removed at room temperature until the foam reached a constant weight. Table 1 summarises some key properties of the foam material prepared in this work. A detailed characterisation of the foams' porous structure in relation to the processing and formulation parameters has been carried out in previous works using image analysis and impedance spectroscopy [23,24]. Moreover, the suitability of the foams in tissue engineering applications has been explored, in particular for repairing nerve sections, both in the peripheral and central nervous systems [25,26].

The bioactive material used was a melt-derived bioactive glass powder (Bioglass® grade 45S5, US Biomaterials Co., Alachua, FL, USA). The powder had a mean particle size < 5 mm. The composition of the bioactive glass used was (in weight percentage): 45% SiO_2 , 24.5% Na_2O , 24.5% CaO and 6% P_2O_5 , which is the original composition of the first bioactive glass developed by Hench and co-workers in 1971 [27].

Table 1 Properties of the PDLLA foams prepared by freeze-drying a 5 wt:v% solution in DMC

Density	$0.102 \pm 0.005 \text{ g cm}^{-3}$
Pore volume	$9.5 \pm 0.8 \text{ cm}^3 \text{ g}^{-1}$
Glass transition temperature (T_g)	51°C
Crystallinity	0%

2.2. Methods

The composite materials were made using a slurry-dipping technique, similar to that proposed by Boccac-cini et al., to coat surgical sutures and polymeric meshes with Bioglass® particles [21,22]. The technique involved the preparation of a stable slurry with 42wt% of Bioglass® particles in distilled and deionised water. The composition and concentration of the slurry were determined by an optimisation process based on a trial-and-error approach to achieve satisfactory results in terms of thickness, uniformity and stability of the Bioglass® coating as well as adequate infiltration of the glass particles into the pores of the foam. After magnetic stirring the slurry for 30 min, the PDLLA samples were lowered into the slurry using tweezers and left in immersion for 5 min. Following immersion, the samples were carefully withdrawn to avoid damage at a withdrawal velocity of $\sim 5 \text{ cm s}^{-1}$. The samples were dried on glass plates at room temperature in humid atmosphere.

In a processing optimisation, pre-treatment of the PDLLA foams with ethanol was carried out at room temperature for various time durations, ranging from 30min to 12h, following a procedure originally described by Mikos et al. [28]. It was anticipated that better results in terms of degree of infiltration and coating homogeneity would be achieved by the ethanol pre-treatment procedure because the high hydrophobicity of the PDLLA foam would be decreased. After immersion in ethanol, the foams were dipped in the aqueous slurry, as described above, to complete the coating procedure. Immersion time in the slurry was 5 min. Drying was conducted at ambient temperature in a humid atmosphere as above.

An alternative method to infiltrate the porous foams was attempted using electrophoretic deposition (EPD). This technique, which relies on the presence of charged ceramic particles in a suspension, has been used extensively for coating and infiltration of ceramic particles onto different conducting and non-conducting porous and fibrous substrates, as reviewed elsewhere [29].

For the experiments carried out as part of this study, a slurry was made with 42wt% of Bioglass® in distilled and deionised water. The EPD cell used is shown schematically in Fig. 1. The electrodes, made of stainless steel, were placed in the slurry with the foam situated in-between. The foam was placed such that the tubular (larger) pores were oriented horizontally, i.e. perpendicularly to the larger dimension of the electrodes. For these experiments, the foams were pretreated in ethanol, as described above. Different voltages were applied and several coating times were tried in order to determine the optimal processing conditions. It was found that best results were yielded with a voltage of 3 V and deposition time of 30 s. Once the EPD process was complete, the foam samples were carefully retrieved from the EPD cell using tweezers and dried in a normal atmosphere at ambient temperature.

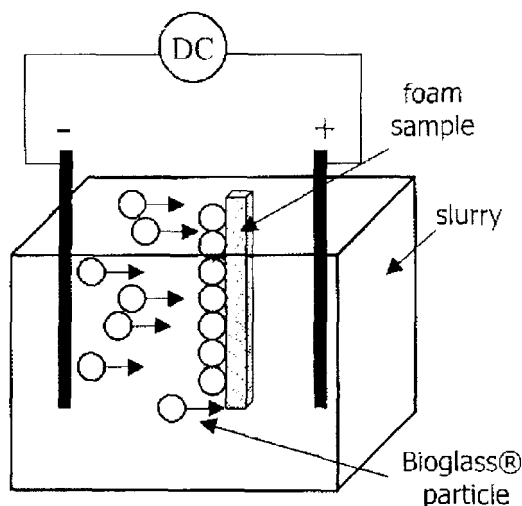


Fig. 1. EPD cell used for the fabrication of PDLLA foam/Bioglass® composites.

2.3. Characterisation and in vivo studies

Freeze-dried PDLLA foams and PDLLA/Bioglass® composite samples were characterised by using scanning electron microscopy (SEM), in order to assess the quality of the Bioglass® coating and degree of infiltration. Samples were gold-coated and observed at an accelerating voltage of 20-25 kV.

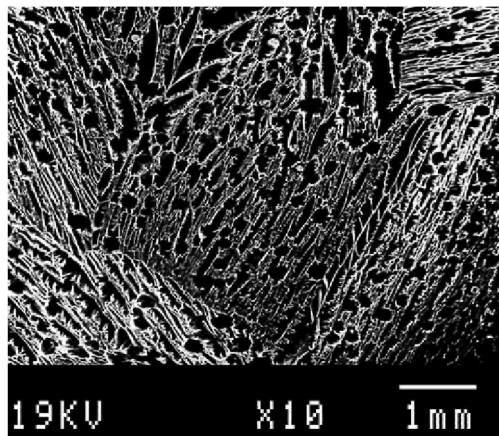
In vitro studies in SBF were carried out using the SBF composition and following standard procedures described by researchers at the University of Kyoto (Japan) [30]. Dry composite and uncoated PDLLA foams were immersed in 75 ml of SBF in clean conical flasks, which had previously been washed using hydrochloric acid and deionised water. The conical flasks containing the foams were placed inside an orbital shaker (New Brunswick Scientific, C24 Incubator Shaker), which rotated at 175 rpm at a controlled temperature of 37°C. The PDLLA foam/Bioglass® composites and uncoated foams were left in immersion in SBF for varying time periods of 7, 14, 21 and 28 days. The SBF was changed every 7 days as cation concentration decreased during the course of in vitro studies, as a result of the changes in the chemistry of the samples, as discussed below. After immersion in SBF the samples were characterised using SEM. X-ray diffraction (XRD) analysis was used to verify whether or not HA had been formed on the surfaces of samples treated in SBF.

3. Results

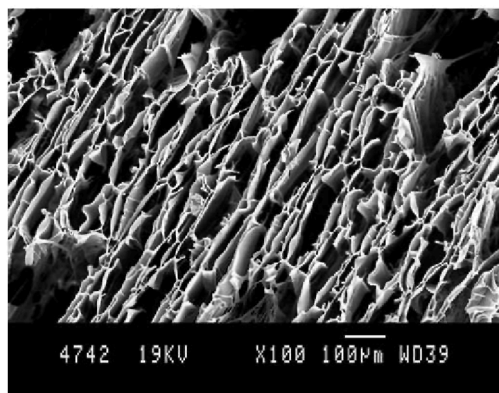
3.1. Materials characterisation

The SEM morphology of a PDLLA foam prepared by freeze-drying is shown in Fig. 2. The foam possesses two distinct pores sizes, macropores of $\geq 100\mu\text{m}$ average diameter and micropores with an average diameter of 20-30 μm , which form an interconnected network. The tubular macropores were highly oriented as a result of the unidirectional cooling process. This kind of morphology is typically formed after freeze-drying of poly(α -hydroxyacid) [7a,b], including polylactide and copolymers of ϵ -caprolactone with lactide or glycolide in solvents such as dioxane and dimethylcarbonate.

PDLLA foam/Bioglass® composites were fabricated using both slurry-dipping and EPD techniques. Pre-treatment of PDLLA foams with ethanol was required in order to decrease the hydrophobicity of the material, thus enabling easier handling of foams for further processing and enhanced Bioglass® particle penetration into the porous network. It was observed that ethanol pre-treatment resulted in both a more stable polymer/Bioglass® interface and greater adherence between Bioglass® particles and PDLLA foam (assessed qualitatively). Samples were slowly dried at ambient temperature to reduce the occurrence of microcracks.



(a)



(b)

Fig. 2. SEM micrograph showing a typical cross-section of the PDLLA freeze-dried foams at low (a) and high (b) magnification.

Figs. 3 and 4 show SEM micrographs of PDLLA foam/Bioglass® composite samples produced by slurry-dipping at different magnifications. Neither peeling-off of Bioglass® particles nor macro-delamination of the Bioglass® coating was observed. It can be observed that the material exhibits a thin, even film of Bioglass® that covers the surface of the foam. Using an immersion time of 5min, the Bioglass® particles have also deeply infiltrated the pores of the material and glass particles are deposited evenly along the internal surfaces of the porous structure. It should also be highlighted that coatings fabricated by the optimised slurry-dipping technique were homogeneous not only inside the pores but also on the outer surfaces of the foam. Moreover, the microstructure of the Bioglass® coating was highly reproducible and its typical feature, e.g. porosity, was the result of the narrow size distribution of the Bioglass® particles used.

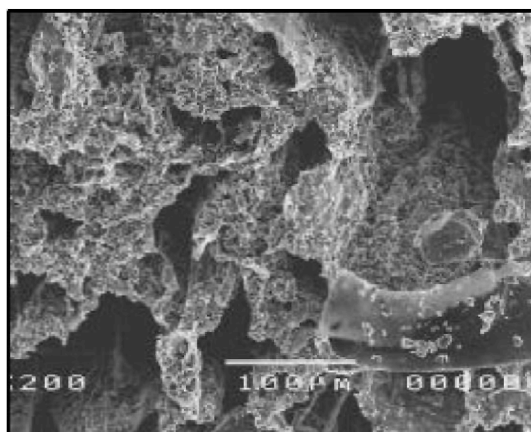


Fig. 3. SEM micrograph showing the microstructure of a PDLLA foam/Bioglass® composite sample produced

by slurry dipping. The efficient infiltration of Bioglass® particles into the pores can be observed.

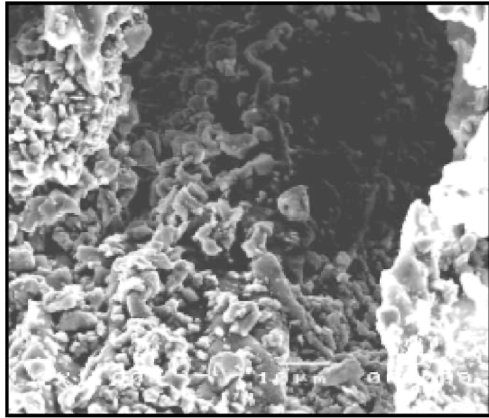


Fig. 4. SEM image of Bioglass® particle infiltration into the porous network of PDLLA foam at high magnification, showing homogeneous coating microstructure.

The EPD technique with a relatively small deposition voltage of 3 V and a short coating time of 30 s deposited a thick layer of Bioglass® particles on the outer surface of the foams and it efficiently filled the pores. Fig. 5 illustrates a Bioglass®/PDLLA foam composite which was fabricated by the EPD route. SEM observation demonstrated that EPD could be used to fill completely the micropores of the foam with Bioglass® particles. The same effect was observed for the tubular macro-pores.

Comparing the results for slurry-dipping and EPD, it can be concluded that for the purpose of infiltrating the present PDLLA foams with Bioglass® particles, slurry-dipping offers better control of the coating thickness and a more uniform coating microstructure through the foam cross section. Since the thickness and microstructure of the Bioglass® coating will influence the degradation behaviour of the composite material, an even, uniform and reproducible coating along the walls of pores is required. Moreover, for cell proliferation, tissue engineering scaffolds are required to possess sufficient pore volume, as well as pores of a given, controlled size [31]. In the interior of the composite foams fabricated by EPD, however, the original interconnected porous structure of the foam became "sealed" by the Bioglass® particles, and therefore, this technique was found to be inadequate for the purpose of fabricating porous composite scaffolds, at least for the conditions investigated here. However, this technique could be relevant for fabricating bioresorbable fracture fixation devices, in which mechanical properties and structural integrity are more important issues than porosity [32].

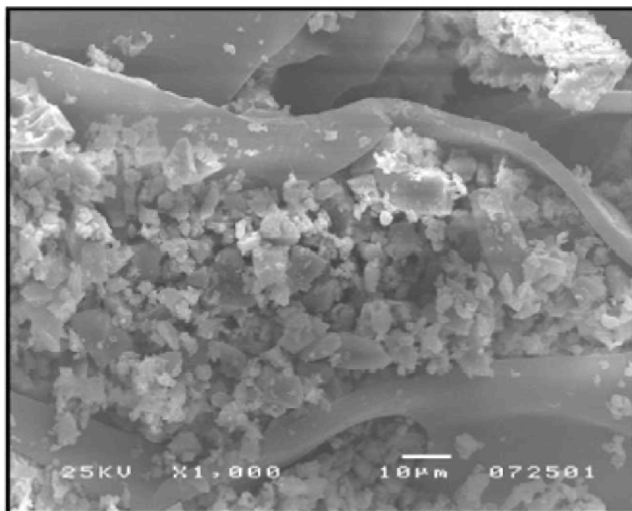


Fig. 5. SEM micrograph showing the microstructure of PDLLA foam/bioglass® composite produced by EPD. Interconnected pores became "sealed" with bioglass® particles.

3.2. In vitro studies in SBF

The response of PDLLA foams and PDLLA foam/ bioglass® composites in contact with SBF was analysed qualitatively using SEM and XRD. Figs. 6(a)-(d) show the gradual development of a HA layer, as confirmed by

XRD analyses (see below), on the surface of the coated composite samples as a result of increasing days of immersion in SBF, i.e. after 7, 14, 21 and 28 days.

The results were compared to those of uncoated PDLLA foam samples, which were also immersed in SBF for varying times. Fig. 7 shows a SEM micrograph of an uncoated PDLLA sample after 28 days of immersion in SBF. It is apparent that no HA crystals are formed as a result of contact of this uncoated material with SBF.

However changes in the pore morphology of the PDLLA foam as a result of progressive polymer degradation was observed with increasing number of days in SBF. These morphological changes became visually obvious after 28 days in SBF, as Fig. 7 shows.

For the composite samples, the crystallinity of the structure formed on the surface of the foams was investigated using XRD, as shown in Fig. 8. XRD confirmed that HA formation took place on the composites surface after immersion in SBF. Since the analysed samples varied in size and morphology, a quantitative analysis revealing the amount of HA formed in dependence of immersion time in SBF could not be carried out.

Nevertheless, the in vitro studies were successful in confirming the high ability for HA formation on the composite surfaces, which is a measure of the considerable bioactivity of the material [10]. It was confirmed that an HA layer formed within few days of immersion in SBF. As Figs. 6(a)-(d) show, the structure and morphology of the HA layer changed during immersion in SBF. Small HA crystals deposited after the first week of immersion, which developed into a continuous HA layer formed by coalescence of large crystals after the third week of immersion in SBF.

The HA layer formed on the composite surfaces was relatively thick, compared to other studies reported in the literature, where HA was used as the bioactive component in bioresorbable composites. For example, Ma et al. [18] reported that the thickness of the surface HA layer on their HA-containing composites was only 1 μm after 21 days of in vitro degradation in SBF.

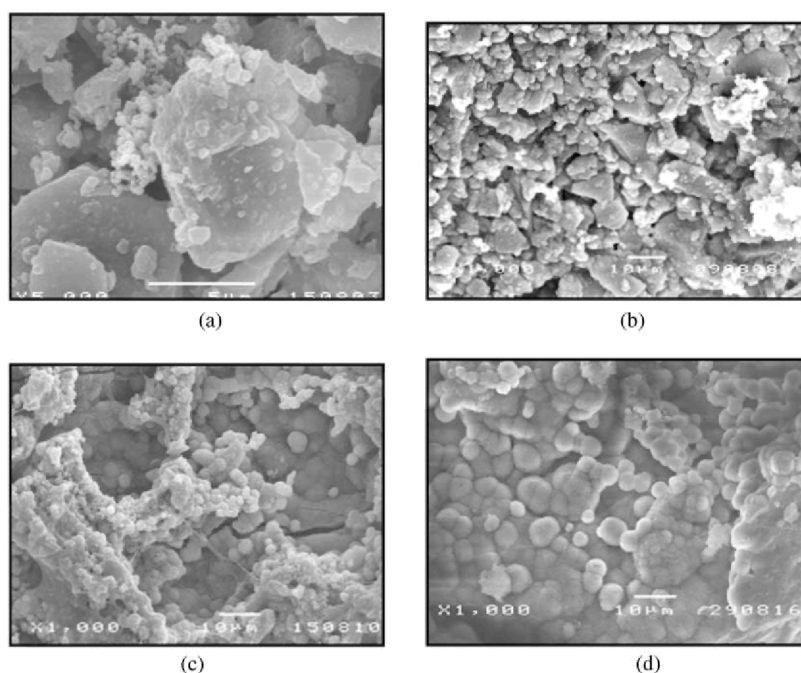
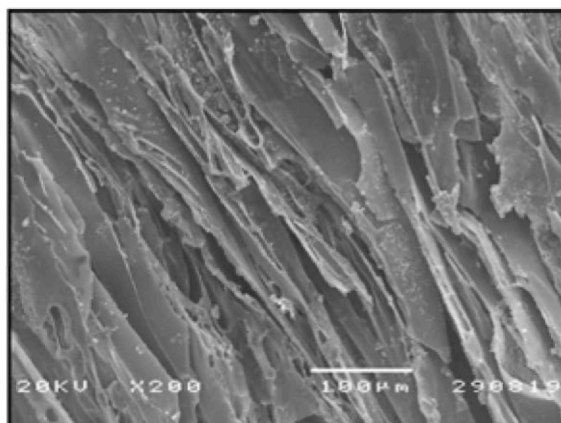
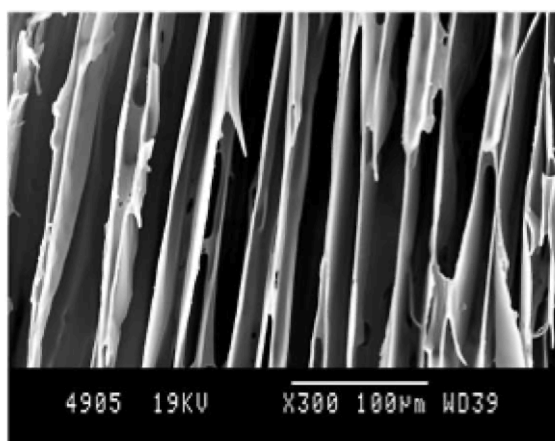


Fig. 6. SEM micrographs showing surfaces of PDLLA/bioglass® composite samples after degradation in contact with SBF for: (a) 7 days, (b) 14 days, (c) 21 days and (d) 28 days. The micrographs reveal progressive formation of HA crystals and development of a surface HA layer.



(a)



(b)

Fig. 7. (a) SEM micrograph of an uncoated PDLLA foam after 28 days immersion in SBF showing partial degradation of the polymer but no HA formation. For comparison, a similar magnification SEM micrograph of an as-fabricated foam is shown (b).

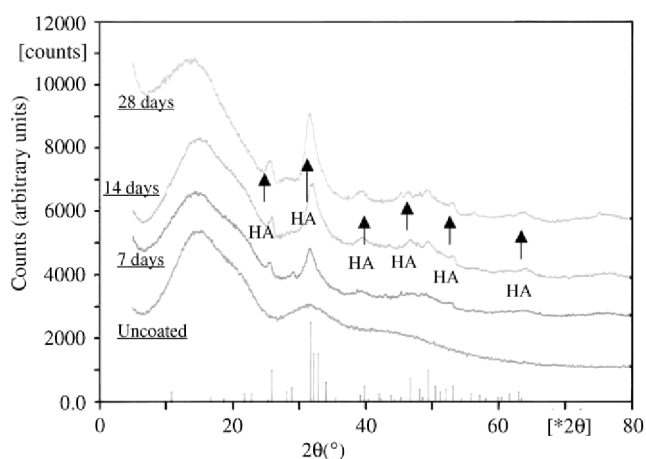


Fig. 8. XRD pattern of PDLLA foam/bioglass® composites after in vitro studies in SBF for 7, 14 and 28 days, showing development of HA. The pattern of an uncoated PDLLA foam is also shown. Note that the intensity is given in arbitrary units, i.e. the relative height of the peaks does not correlate with the relative amount of HA present in the different samples.

In our investigation, the thickness of the HA layer formed on bioglass®-coated surfaces was increased manifold, an indication of the enhanced bioactivity of the materials. After 21 days in SBF, for example, the HA layer had a thickness of $\sim 10\mu\text{m}$, as determined by SEM examination of sample cross-sections. It is well known that bioglass® has a higher index of bioactivity than HA, which makes it a more suitable material for applications in bone reconstruction [10]. It has been shown, for example, that there is much more bone formed in 1 week in the

presence of bioglass® than is formed when HA or other calcium phosphate ceramic particulates are placed in the same type of defect [33]. Moreover bioglass®, being a class A bioactive material (as opposed to HA, which is class B), has shown strong bond also to soft tissues [34]. The application potential of the bioglass®-containing composites fabricated here, therefore, could include both hard and soft tissue regeneration and repair.

The further development of PDLA/bioglass® composite materials is interesting also due to the fact that PDLA degrades without generation of any crystalline remnants. Heideman et al., have proved very recently, for example, the complete resorption of PDLA implants from the extracellular space in animal studies, therefore confirming their tissue tolerance [35]. The course of degradation is more questionable for slowly degradable, crystalline PDLA of high molecular weight. In some cases, degradation products were formed, including numerous stable and highly crystalline particles, which were responsible for a delayed inflammation and foreign body reactions at the site of implantation [36].

In the case of polymer/Bioglass® composites, the bioactive glass coating should act as a protective hydrolysis barrier affecting both the extent and rate of degradation of the polymer substrate, as found in recent investigations [20-22]. The rapid exchange of protons in water for alkali in the glass provide a pH buffering effect at the polymer surface, therefore acceleration of degradation will not occur due to small pH changes during bioactive glass dissolution. Cell culturing studies and the in vivo response of the composites is the focus of current research. In parallel developments, the in vitro behaviour of PDLA foams incorporating 10wt% of bioglass® particles as filler is being investigated. Preliminary results have not been conclusive regarding the effect of incorporation of bioglass® particles on the rate of bioresorbability of the polymer in vitro, and further research is being carried out. Whether or not the use of bioglass® as filler in PDLA foams will contribute to enhance the mechanical properties of the scaffolds remains also to be investigated.

4. Conclusions

Bioactive and bioresorbable polymers were developed based on three-dimensional, macroporous poly(D,L)-lactic acid (PDLA) foams and bioglass® particles. Two cost-effective processing techniques, namely aqueous slurry-dipping and EPD were developed and optimised. The optimised slurry-dipping technique led to stable and uniform glass coatings as well as adequate infiltration of bioglass® into the porous network of the foams. A pre-treatment stage of the foams in ethanol was required to decrease the hydrophobicity of the PDLA material. The PDLA foam/bioglass® composites were tested by means of in vitro studies in SBF to determine their potential as tissue engineering scaffolds. It was found that a thin HA coating developed after 7 days in SBF, which further grew to form a thick (~10µm) and uniform HA layer on the scaffold with increasing time in SBF. The present work may open a new way for the development of porous bioresorbable scaffolds of high bioactivity for hard and soft tissue engineering. Future research should focus on tailoring novel microstructures for determined applications, including the development of composites with graded porosity and graded Bioglass® coating microstructure.

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