



# European Training Course on Microbiological Procedures for Group B Streptococcal Diagnosis, Screening & Typing

Archbishop Makarios III Hospital & Cyprus Oncology Centre, Nicosia, Cyprus Friday 29th May 2009





SEVENTH FRAMEWORK PROGRAMME





## Training Course Organisers

Health Protection Agency Centre for Infections, London, UK

&

ALTA, Siena, Italy

&

Novartis Vaccines & Diagnostics, Siena, Italy

&

Istituto Superiore di Sanità, Rome, Italy

&

Paediatric Department, Archbishop Makarios III Hospital, Nicosia, Cyprus

&

Cyprus Institute of Biomedical Sciences (CIBS)



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# Programme





# TRAINING COURSE PROGRAMME Friday 29<sup>th</sup> May 2009

## Archbishop Makarios III Hospital, Nicosia, Cyprus Conference Room, First Floor

Group 1 (9 trainees):

9.00-11.00

Laboratory diagnosis and screening for GBS (M. de la Rosa, P. Melin, R. Creti, G. Orefici)

Laboratory procedures for processing clinical specimens for GBS antenatal screening cultures:

	Time Presentation+ Discussion	Teacher
Specimen collection		
<ul> <li>Optimal time of specimen collection</li> </ul>	15 minutes	Pierrette
Correct specimen type and method of collection	+	Melin
<ul> <li>Adequate quantity and appropriate number of</li> </ul>	5 minutes	
processing		
Specimen transport and storage		
<ul> <li>Time between specimen collection and</li> </ul>	15 minutes	Manuel de
processing	+	la Rosa
Special consideration to minimise deterioration	5 minutes	
Specimen processing and identification		



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• Primary isolation media and GBS differential agar	20 minutes	Manuel de
media (Granada and chromogenic agar):	+	la Rosa
presentation, principle, pros and cons	5 minutes	
Prenatal GBS culture-based screening protocols:	20 minutes	Pierrette
Comparison of their performances	+	Melin
DEVANI recommended protocol for GBS prenatal	5 minutes	
culture-screening		
Preventing perinatal group B streptococcal	20 minutes	Roberta
disease: bacterial identification, typing and	+	Creti
susceptibility testing	10 minutes	

11.00-11.30

Coffee

Archbishop Makarios III Hospital, Nicosia Conference Room, Second Floor

#### Group 2 (9 trainees):

9.00-10.00

**Characterisation of GBS from clinical samples and non-culture diagnosis** (B. Afshar, A. Efstratiou)

Non-culture diagnostic assays: real-time PCR assay, other PCR-based methods, *commercial and 'in-house'*.



Serotyping methods for GBS (practical

session)

(B. Afshar, A. Efstratiou)

- GBS confirmation using the Prolex latex kit (Pro-Lab Diagnostics)
- GBS serotyping using the Strep-B latex kit (Statens Serum Institut, Denmark)

11.00-11.30

Coffee

- At 11.30, the two groups will exchange sessions.
- 13.30-14.30

Lunch

## Cyprus Oncology Centre, Nicosia Lecture Theatre

Both groups will attend this session together.

14.30–15.00Molecular characterisation of GBSChairs: Dr. Androulla Efstratiou (Health Protection Agency Centre for Infections,<br/>London – UK) and Dr. Graziella Orefici (Istituto Superiore di Sanità, Rome – Italy)

14.30-14.40	Multiplex PCR assay for capsular typing of GBS (Knud Poulsen, Denmark)
14.40-14.50	<b>Multilocus Sequence Typing (MLST) for GBS</b> (Pavla Krizova & Martin Musílek, Czech Republic)



14.50-15.00 repeat (VNTR)	Identification of variable-number tandem-
	<b>sequences in GBS</b> (Baharak Afshar, UK)
15.00 -15.20	Теа
15.20-16.00	General Discussion
16.00	End of training course





# Antenatal Screening Culture for GBS Colonization



# ANTENATAL SCREENING CULTURE FOR GBS COLONIZATION

#### PREANALYTICAL CONSIDERATIONS

#### I. RATIONALE

Group B streptococcal (GBS) disease is the leading bacterial infection associated with illness and death among newborns in industrialized countries. GBS (*Streptococcus agalactiae*) is transmitted vertically from colonized women to their infants prior to, or during birth. Early-onset GBS infection (occurring less than 7 days of life) can result in severe, potentially fatal infection in newborns (sepsis, pneumonia, meningitis).

A substantial number of GBS infections can be prevented with preterm screening of pregnant women and subsequent intrapratum antimicrobial prophylaxis to GBS colonized women. In general, penicillin G is the preferred agent for prophylaxis specific for GBS colonization because of its empiric efficacy against GBS, and its narrow spectrum of activity.

#### **II. PRINCIPLE OF SELECTIVE CULTURE FOR GBS**

In the setting of strategy for prevention of GBS perinatal disease, the optimal time for performing antenatal cultures is between 35 and 37 weeks' gestation. As GBS carriage is highly variable, GBS antenatal cultures are not always good predictors of maternal GBS status at presentation for delivery. To improve sensitivity and predictive values of the GBS antenatal screening, culture techniques that maximize the

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likelihood of GBS recovery are required for prenatal screening. Important factors that influence the accuracy of detection of GBS maternal colonization are the choice of culture media, the body sites sampled and the timing of the sample. The yield of GBS-positive culture is increased by sampling the anorectum in addition to the lower vaginal area, because the gastrointestinal tract is a major reservoir of GBS. This can be performed using a single swab or two different swabs. After collection, swabs must be placed in a non-nutrient transport medium as Amies or Stuart. The use of a selective broth medium that inhibits the growth of competing organisms, Gram-negative enteric bacilli and other normal flora significantly increases the yield of GBS culture and is recommended since it has been found to be the most sensitive method to detect female colonization. The most widely used selective medium is Todd-Hewitt broth with nalidixic acid and colistin (e.g. Lim broth) or nalidixic acid and gentamicin (according to C.Baker's formula, e.g. Trans-Vag broth) further sub-cultured on blood agar plate. However, this enrichment broth is not totally selective for GBS, and other Grampositive cocci may as well be enriched by this method, possibly hiding GBS and leading to false-negative results.

For this reason, use of selective and differential media for subcultures can improve screening sensitivity as well as shortening the turnaround time, and is already recommended in some European countries for antenatal GBS-screening cultures. Several options are now available. Granada agar was the first and most widely used medium in Spain and Belgium. On Granada agar, ß-hemolytic strains of GBS produce orange colonies that are clearly differentiated from the background flora. For recto-vaginal cultures, the sensitivity of Granada agar for the detection of GBS is superior to that of blood agar. Easy to read and with 100% specificity, workload and turnaround time are reduced. Recently, two selective and differential chromogenic media have been launched: ChromID Strepto B (bioMérieux, France) in 2006 and StrepBSelect (Biorad, France) in 2007. Compared with culture on blood agar, these new chromogenic media significantly increase the sensitivity of GBS



screening and can also replace, with true benefit, the blood agar. But these chromogenic media are not fully specific, so all presumptive colonies of GBS must be confirmed by a specific antigenic detection test.

To conclude, in the setting of a maternal GBS screening program, efforts to improve screening for GBS status remain important. Correct laboratory processing of culture specimens plays a critical role in successful implementation of the screening policy. The use of selective differential media can improve antenatal culture sensitivity and has already been recommended in different European countries, such as Spain and Belgium.

#### **III. SPECIMEN COLLECTION, TRANSPORT AND HANDLING**

Rayon or Dacron, fiber or flocked, swabs, with non-nutritive transport media (e.g., Amies or Stuart's  $\frac{1}{7}$  preserve the viability of the organism by providing moisture, and buffering to maintain the pH.

#### **Collection** (cf. appendix 1)

- At 35–37 weeks of gestation, collection of specimen(s) for culture may be done by physician or other qualified caregivers (or either self-collected by the patient, with appropriate instruction). This involves swabbing the distal vagina (vaginal introitus), followed by the rectum (i.e., through the anal sphincter). A unique swab for both sites of collection is rational but two different swabs can be used. Because lower vaginal as opposed to cervical cultures are recommended, cultures should not be collected by speculum examination.
- Immediately after specimen collection, swabs are inserted into the transport media.

#### Specimen transport

• One or both swabs placed in their transport medium are submitted as soon as possible to the laboratory (within the day); if any delay



is expected, refrigerate specimens  $(2-8^{\circ}C)$  for a maximum of 48 hours. In these conditions, GBS can remain viable.

- All specimens should be labeled and patient name, hospital medical record number, other patient demographics, date and time of collection should be specified on the accompanying requisition form.
- Order should clearly identify that specimens are specifically submitted for group B streptococcal culture.

#### IV. MATERIALS & CULTURE MEDIA

#### Culture media

#### Selective streptococcal broth:

- Lim broth = Todd Hewitt broth supplemented with colistin (10mg/L) and nalidixic acid (15 mg/L), available from various vendors.
- Todd Hewitt broth supplemented with gentamicin (8mg/L) and nalidixic acid (15 mg/L) can be used but this formula requires the addition of 5 % defibrinated sheep blood for increased recovery of GBS, available from various vendors.

#### Agar media:

- Granada plates (BioMedics, bioMerieux, Becton Dickinson)
- ChromID Strepto B (bioMerieux)
- StrepBSelect (BioRad)
- (Blood agar with/without colistin and nalidixic acid)

#### Identification methods

- Gram stain procedure
- Catalase test
- Other tests for identification of catalase-negative Gram-positive cocci



• Various latex or co-agglutination serologic tests for streptococcal grouping

#### Other supplies

- Incubator at 35°C, ambient air
- Self-contained anaerobe-generating system (if use of Granada agar).
- Incubator at  $35^{\circ}C + 5\% CO_2$  or self-contained CO<sub>2</sub>-generating system (if use of blood agar).

#### ANALYTICAL CONSIDERATIONS

#### V. QUALITY CONTROL

- Verify that media meet expiration date and QC parameters.
- Test each lot of selective broth with QC strains. The suggested QC organisms and expected results include: *Streptococcus agalactiae* ATCC 12386, moderate to heavy growth and *Escherichia coli* ATCC 25922, partial to complete inhibition. Separate broths are inoculated with the above QC organisms: 1 ml suspension of 18-24 h broth cultures containing either 1,000 or less CFU/ml for GBS and 100,000 CFU/ml for *E.coli*. QC tests are incubated at 35°C ± 2°C in an aerobic atmosphere and examined for up to 3 days for growth.
- Test each lot of agar with a QC GBS strain to verify the ability of the media to produce colonies with the expected characteristics and color. Always refer to manufacturers' product insert.
- Do not use media found to be deficient or that appears compromised.
- Refer to individual test procedures for further QC requirements.



#### VI. PROCEDURE

#### Inoculation

- Upon reception, swabs for GBS prenatal screening cultures are inoculated into selective enrichment broth medium. If both a vaginal and rectal swab is submitted from one patient, both swabs may be placed into one enrichment broth. If using broth with gentamicin/nalidixic acid, add 5 % of sterile defibrinated sheep blood to each tube. Sheep blood is not added to LIM broth.
- Optional, before inoculation of the selective broth: in addition to, and not instead of the broth inoculation, some laboratories may choose to inoculate the swab to primary solid media such as CNA sheep blood agar or to a selective streptococcal medium as Granada agar or a specific chromogenic agar, immediately upon receipt. Plate(s) should be streaked for isolation.

#### Incubation

 Incubate selective direct plate(s) at 35 to 37°C in the appropriate atmosphere: blood agar with 5% CO<sub>2</sub>, Granada agar anaerobically\* and chromogenic agars in ambient air.

> \* : If anaerobic incubation is not possible, alternatively Granada plates can be incubated in air if a coverslip is placed over the inoculum. This method is somehow inferior to the anaerobic incubation.

- Incubate broth at 35 to 37°C in ambient air, or in CO<sub>2</sub>.
- Subculture the broth after 18 to 24 h of incubation to a Granada agar plate or to a GBS selective chromogenic agar as StrepBSelect (BioRad) or ID Strepto B agar (bioMerieux), if GBS have not been isolated on direct plate(s).
- Incubate the subculture plate(s) at 35 to 37°C in the appropriate atmosphere for 48 h.

#### Culture examination

• After overnight incubation, observe plates for suggestive GBS colonies and identify them. If negative after overnight incubation, reincubate an additional 24 hours before reporting a negative result.



- Upon Granada medium, the development of orange or red colonies is specific (100%) of GBS. (cf. figure 1).
- On StrepBSelect, suggestive colonies of GBS are pale to dark blue turquoise and on ID Strepto B, suggestive colonies of GBS are pale pink to red. (cf. figures 2 & 3). On these chromogenic media, colonies suggestive of GBS should be specifically identified with a test for GBS antigen detection.
- On blood agar, suggestive colonies of GBS are gray, translucent, with a surrounding zone of beta-hemolysis (or no hemolysis: very rare).

**Figures 1, 2 & 3**: GBS typical suggestive colonies on different selective and differential agars after 48 hours incubation in appropriate atmospheres:

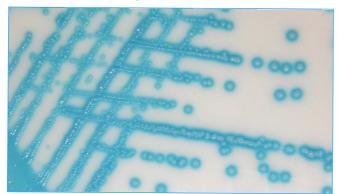
1- Granada agar: orange colonies;



2- ID Strepto B agar: pink to red colonies;







#### 3- <u>StrepB Select agar</u>: blue-turquoise colonies.

#### Identification of group B streptococcus: detection of group B antigen

Suspicious colonies (catalase negative, Gram positive cocci) should be identified with an accurate and reliable standardized method for streptococcal serologic grouping, such as slide latex- or co-agglutination. If growth is insufficient or heavily mixed, supicious colonies should be sub-cultured to a fresh plate. Genetic probe is a useful option and may be used to identify suspicious GBS colonies.

#### Long term storage of GBS isolates

- Use of a CryoBank Beads system for freezing GBS cultures is the more convenient system, but other types of cryo-storage can be used.
- From a fresh 18 hours plate culture of GBS, make a heavy cloudy suspension in the storage broth in the tube.
- Immediately place the tube in a -70°C freezer.



#### POSTANALYTICAL CONSIDERATIONS

#### VII. SUGGESTED REPORTING

- When no GBS is recovered, report as: No group B streptococcus isolated.
- When GBS is recovered, report as: Presence of group B streptococcus, or Group B streptococcus isolated. Report the presence of group B streptococci but do not report any enumeration.

#### **VIII. INTERPRETATION**

• A positive culture indicates colonization with GBS, which may or may not indicate infection.

#### IX. LIMITATION

- False-negative cultures can result from inability to recognize nonhemolytic colonies on Granada or blood agar.
- Due to the large load of various bacteria in vaginal and rectal flora, false-negative results can be observed even with selective differential media as chromogenic media when they are used for direct inoculation of rectal or vagino-rectal swabs. As recommended in this procedure, subcultures from selective enrichment is mandatory.
- In addition, even with ideal sampling and culture procedures, maternal factors such as use of oral antibiotics or a variety of feminine hygiene products before specimen collection can lead to failure to culture GBS.



• False-positive results can be caused by misinterpretation of the confirmatory tests.

#### X. REFERENCES

- Centers for Disease Control and Prevention. Prevention of perinatal Group B streptococcal disease: a public health perspective. *MMWR*, 1996; 45 (RR-7); 1-24.
- Centers for Disease Control and Prevention. Prevention of perinatal Group B streptococcal disease: Revised guidelines from CDC. *MMWR*, 2002; 51 (RR-11);1-22
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- Dillon HC, Gray E, Pass MA, *et al.* Anorectal and vaginal carriage of group B streptococci during pregnancy. *J Infect Dis,* 1982; 145: 794-9
- Yancey MK, Schuchat A et al. The accuracy of late antenatal screening cultures in predicting genital group B streptococcal colonization at delivery. *Obstet Gynecol*, 1996; 88: 811–5
- Goodman JR *et al.* Longitudinal study of group B streptococcus carriage in Pregnancy. *Infect Dis Obstet Gynecol,* 1997;5: 237-43
- Melin P et al. Evaluation of the StrepB Select Agar for the Detection of Group B Streptococci from Vaginal and Recto-vaginal Specimens In: *Program and*



*abstracts of the* 18th European Congress of Clinical Microbiology and Infectious Diseases, Barcelona, Spain 2008 American Society for Microbiology, 2000.

#### **XI. APPENDIX**

Appendix 1: Gynecologist's memo for collecting clinical specimens for

antenatal GBS screening cultures.

Appendix 2: Laboratory procedure for processing clinical specimens for

antenatal GBS screening cultures:

- Standard procedure
- Optional procedure



#### Appendix 1

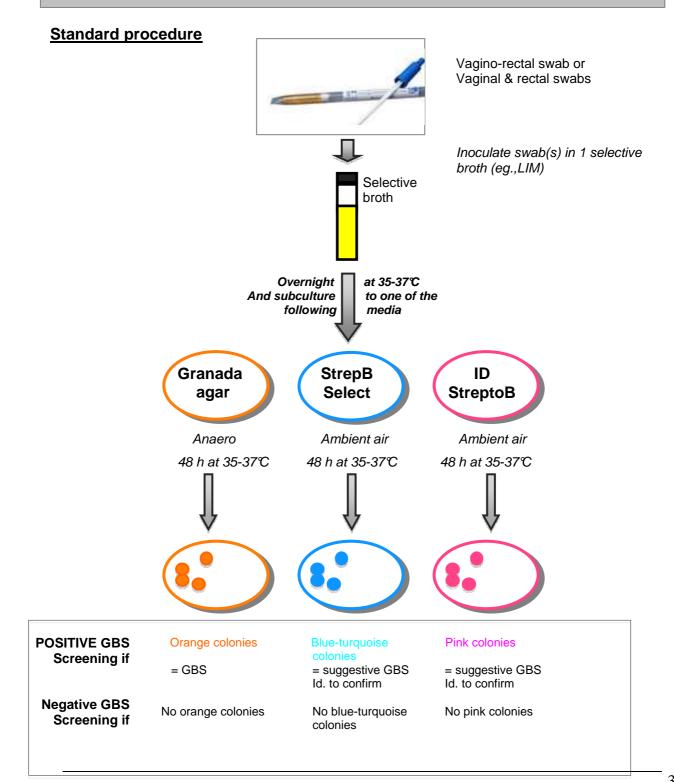
# Gynecologist's memo for collecting clinical specimens for antenatal GBS screening cultures

ANTENATAL GBS SCREENING		
<u>WHEN</u>		
	Collect specimen <b>at 35-37 weeks</b> of gestation.	
WHO_		
	ALL pregnant women at that time of pregnancy.	
WHICH SPECIMEN		
	Lower vagina (introitus)	
	<b>&amp; rectum</b> (through the anal sphincter)	
MATERIAL		
	One (or two) swab(s) for both sites of collection	
	placed in non-nutritive transport medium (e.g. Amies or Stuart's without charcoal).	
STORAGE & TRA	NSPORT	
	Transfer specimens to the laboratory within the day.	
	If any delay, refrigerate specimens (2 to 8°C), maximum 48 hours.	
REQUESTING FO	REQUESTING FORM	
	<b>Clearly order</b> culture specifically for "GBS Screening".	

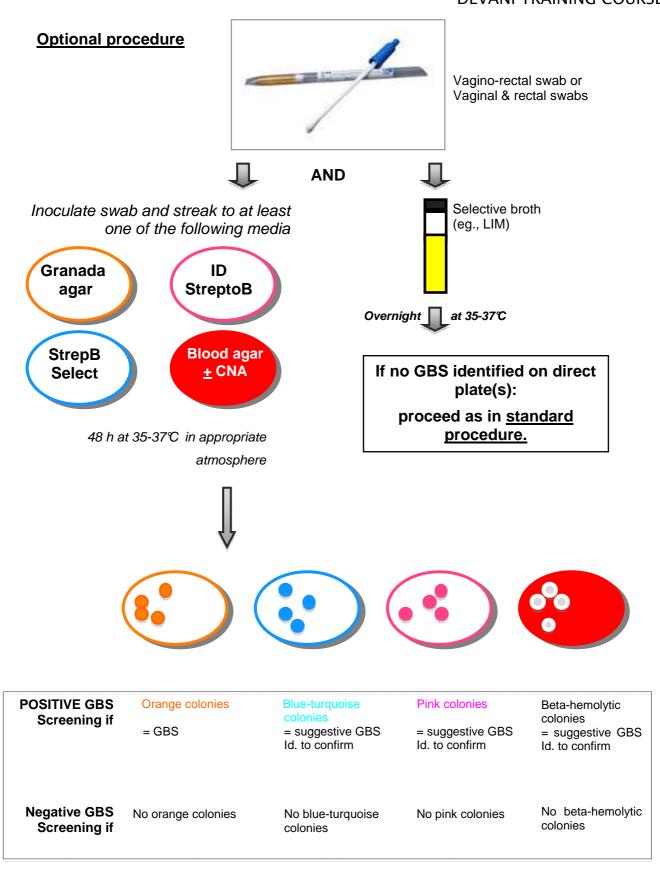


**Appendix 2** 

# Laboratory procedure for processing clinical specimens for GBS antenatal screening cultures



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# Serotyping Methods for GBS



## GBS confirmation using the Prolex latex kit

### (Pro-Lab Diagnostics)





#### MATERIALS

- Prolex kit, Prolab Diagnostics (Cat number: PL030)
- Disposable Bacteriological loops 1µl
- Gilson Pipetman P20 or P100, Anachem
- Plastic capped test tubes or similar
- Disposable plastic Pasteur pipettes
- Rubber or plastic test tube rack

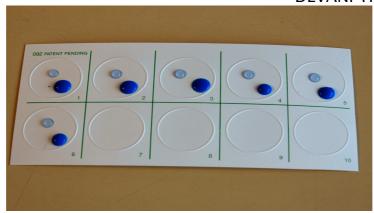


#### METHOD

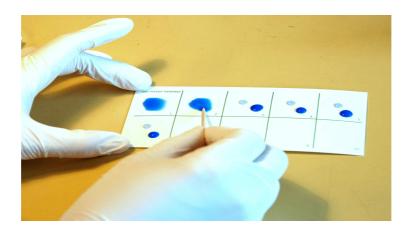
### Gloves and safety glasses should be worn for this procedure.

- 1. Allow all reagents and samples to reach room temperature before use.
- 2. Dispense 1 drop of Extraction Reagent 1 (Yellow cap) into an appropriately labelled plastic capped test tube or similar for each culture to be grouped.
- **3.** Use a 1µl loop to make a light suspension of the culture, 5 colonies should be sufficient.
- **4.** Add 1 drop of Extraction Reagent 2 (Red cap) to each tube.
- 5. Mix the reaction by tapping the tube with a finger for 5 10 seconds.
- 6. Add 4 5 drops of Extraction reagent 3 (Blue cap) to each tube, tap as above to mix.
- **7.** Resuspend each of the latex suspensions by shaking vigorously for a few seconds.
- 8. Holding the dropper bottle vertically, dispense one drop (20ul) of each blue latex suspension onto a separate circle on the test card.
- **9.** It is important to hold the dropper bottle vertically, and to ensure that the drop forms at the **tip** of the nozzle. If the nozzle becomes wet an incorrect volume will form **around** the end and not at the tip: if this occurs dry the nozzle before progressing
- 10. Using a plastic disposable pipette or a Gilson (P20 or P100), place one drop (20ul) of extract beside each drop of latex suspension.



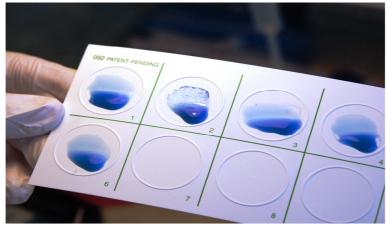


11. Mix the blue latex and the extract with the sticks provided in the kit, using the complete area of the reaction circle. Use a fresh separate stick for each circle, and discard into a "Dispojar" for autoclaving.



- 12. Gently rock the card allowing the mixture to flow slowly over the entire test area for a maximum of 1 minute.
- 13. At one minute, observe for agglutination. The card should be held at normal reading distance (25 to 35cm) from the eyes. Do not use a magnifying lens. The patterns obtained are clear-cut and can be recognised easily under all normal lighting conditions.





- 14. Record agglutination and grouping result on relevant worksheet and enter result onto LIMS.
- 15. Discard the used test cards into plastic discard autoclave bin for safe disposal.
- **16.** Ensure that the reagents are returned to the refrigerator after use.

#### RESULTS

- 1. **POSITIVE RESULT**: A significantly rapid strong clumping of the blue latex particles to form an agglutination pattern in only one of the latex reagents indicates specific identification of the streptococcal isolate. A weak reaction with a single blue latex reagent should be repeated using a heavier inoculum. The repeated test is considered positive if a visible agglutination occurs with only on of the latex blue reagents. Delayed weak reactions in the other latex suspensions should be ignored
- 2. **NEGATIVE RESULT**: No visible agglutination of the blue latex particles.
- **3.** False negative or false positive reactions can occur if inadequate amounts of culture or extraction reagents are used.



#### QUALITY CONTROL

- Routine quality control procedures for each Prolex<sup>™</sup> lot are carried out by Prolab Diagnostics. This
- involves testing each of the kit components with extracts of each of the streptococcal groups A, B, C,
- D, F and G using ATCC strains. Additionally each blue latex suspension is tested for the absence of
- cross reactions against extracts of the following ATCC organisms *E.coli*(ATCC 25922), *K.pneumoniae*
- (ATCC 13883), *S.aureus* (ATCC 25923) and *H.influenza* type b (ATCC 10211).

## a) Test of the reactivity of the latex suspensions (Positive Control Procedure)

The positive control, provided with the kit, is used to check the performance of the individual blue latex reagents. The blue latex reagents should show obvious agglutination with the positive control. The positive control procedure does not demonstrate the specificity of the blue latex reagents nor ensure that the extraction step was performed correctly and is functioning.

#### b) Test for specificity of agglutination (Negative Control Procedure)

Use normal saline solution to test for the absence of autoagglutination with the blue latex reagents.

#### c) Test of enzyme extraction procedure

Carry out the complete test procedure using a stock culture of known group. (NCTC strains are stored frozen in glycerol blood broths at  $-80^{\circ}$ C). Occasional tests with a variety of known groups



should be employed to evaluate the accuracy and efficiency of the complete test system, including the operator.

#### INTERPRETATION AND LIMITATIONS OF THE TEST

1. STRONG RAPID AGGLUTINATION IN MORE THAN ONE LATEX SUSPENSION (but not all) indicates that the extract may contain a mixture of streptococci, or other bacteria containing cross-reacting antigens. Replate for purity check and/or further identification procedures.

#### 2. POSITIVE REACTIONS WITH BOTH GROUP D AND G LATEX REAGENTS

Some strains of group D streptococci have been found which appear also to possess group G antigen. These will react with both D and G latex and may be confirmed as group D by bile-aesculin or PYRA test as set out in **SOP R6408**, "Identification of Streptococci and Related Genera – Additional Tests".

#### 3. WHEN AGGLUTINATION IS WEAK

Proceed as in 5.1 (a) to examine the effectiveness of the latex reagents. Some isolates of streptococci, notably *S.oralis, S.mitis, S.sanguis* may produce weak cross-reactions with streptococcal latex reagents.

#### 4. AGGLUTINATION OF ALL THE LATEX SUSPENSIONS

A stringy or thread-like appearance, indicates contamination with another organisms, which should be eliminated by further sub-culture. Occasional false positive results may occur with organisms from unrelated genera, for example, Klebsiella, Escherichia or Pseudomonas.

#### 5. IF NONE OF THE LATEX SUSPENSIONS SHOW AGGLUTINATION

It is likely that the culture does not belong to any of the groups covered in the test. However, some strains of group D and group F may yield false negative results, see **6.6**, below.



#### 6. FALSE NEGATIVE RESULTS

May be due to the use of few organisms for extraction, particularly with group D strains – some of which yield less antigen than other groups, (especially *Streptococcus bovis* and *Enterococcus faecium*), and group F strains *(S.milleri*, group) which have minute colonies – some of which adhere strongly to the agar surface.

7. The existence of antigens common to organisms from heterologous species or genera has been demonstrated in some streptococci, so cross-reactions may occur eg; the group D antigen may be common to organisms of streptococcal groups Q,R,S and other genera such as *Lactobacillus sp. Listeria monocytogenes* may cross react with the Group B and/or G streptococcal latex reagents, since *L.monocytogenes* exhibits similar antigenicity to Group B and G streptococci.

#### REFERENCES

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- Facklam RR, Washington II JA. *Streptococcus* and related catalase-negative gram positive cocci, p 238-257. *In* A Balows, WJ Hausler jr, KL Herrmann, HD Isenberg and HJ Shadomy (ed), Manual of Clinical Microbiology, 5th ed, 1991, American Society for Microbiology, Washington, DC.



## GBS serotyping using the standard Strep-B Latex kit (Statens Serum Institut, Denmark)



#### MATERIALS

- Columbia blood agar (COL) plate
- Saline buffer
- 1ml plastic pipettes
- Glass slides
- 1µl plastic disposable loops
- Strep B latex kit, SSI, Denmark (Cat No 54991)
- Sterile 3x1/2 inch plastic capped tube, Marathon Supplies, FALCON 2054
- Bench lamp
- Black tile





#### METHODS

### Gloves and safety glasses should be worn for this procedure.

- 1. Pipette 250 µl PBS into a sterile plastic capped tube.
- 2. Using a 1 µl plastic loop, make a heavy suspension of the test organism from the cultured Columbia blood agar plate.





- 3. Pipette 20 µl of bacterial suspension onto latex reaction card (or a glass microscope slide).
- **4.** Use a 1µl plastic loop to transfer a loopful of latex reagent to each drop of suspension and mix briefly.

**5.** Rotate latex reaction card (or glass slide) for 10–15 seconds and look for agglutination.

**6.** Test bacterial suspension with all 10 antisera from the Strep-B-Latex kit (SSI, Denmark).

This method does not follow the manufacture's instructions but has been validated against all group B type strains and numerous wild strains.



## Multiplex PCR assay for capsular typing of GBS

(Dr Knud Poulsen, Aarhus University, Denmark)

# Protocol for quick purification of DNA from Gram-positive bacteria for PCR:

(Woo et al., 2001, J. Clin. Microbiol. 39: 3147-3155)

- 1. Pick up a loop-full (1 µl loop) of bacteria from the agar plate.
- **2.** Suspend in 100  $\mu$ l distilled H<sub>2</sub>O.
- 3. Mix (Vortex).
- 4. Transfer 20  $\mu$ l to a new tube (store the remaining 80  $\mu$ l at -20 °C as a reserve for later use).
- 5. Add 80 µl of 0.05 M NaOH. Mix (Vortex)
- 6. Incubate at 60 °C for 45 min.
- 7. Add 9.2  $\mu$ l of 1M Tris-HCl pH 7.0. Mix and spin down briefly. Store at -20 °C.

For PCR: dilute this stock solution 1:100 in distilled water. Use 5  $\mu$ l for PCR in a 25  $\mu$ l reaction.

#### Multiplex PCR for capsular typing of GBS:

(Poyart et al., 2007, J. Clin. Microbiol. 45: 1985-1988)



The method is based on two multiplex PCR's, one with primer mix I and one with primer mix II. Mix I contains the primer pairs specific for serotypes Ia, Ib, II, III, and IV. Mix II contains primer pairs specific for serotypes V, VI, VII, and VIII. Besides, the method includes a GBS specific PCR targeting the *dltS* gene. The newly described serotype IX is detected in a separate PCR described by Kong *et al.*, 2008, J. Clin. Microbiol. **46**: 2745–2750.

CPS type-specific primers for multiplex PCR and primers for GBS specific *dltS* PCR.

Primer		Gene	Amplicon size(s)	GenBank accession no. of targeted
name	Sequence (5' to 3')	target(s)	(bp)	operon
la-F	GGTCAGACTGGATTAATGGTATGC	cps1aH		AB028896
Ia-R	GTAGAAATAGCCTATATACGTTGAATGC	cps1aH	521 and 1,826	
Ib-F	TAAACGAGAATGGAATATCACAAACC	cps1bJ		<u>AB050723</u>
Ib-R	GAATTAACTTCAATCCCTAAACAATATCG	cpsIbK	770	
II-F	GCTTCAGTAAGTATTGTAAGACGATAG	cps2K		<u>AY375362</u>
II-R	TTCTCTAGGAAATCAAATAATTCTATAGGG	cps2K	397	
III-F <sup>a</sup>	TCCGTACTACAACAGACTCATCC	cps1a 2 3I		<u>AF163833</u>
III-R <sup>a</sup>	AGTAACCGTCCATACATTCTATAAGC	cps1a 2 3J	1,826	
IV-F	GGTGGTAATCCTAAGAGTGAACTGT	cps4N		<u>AF355776</u>
IV-R	CCTCCCCAATTTCGTCCATAATGGT	cps4N	578	
V-F	GAGGCCAATCAGTTGCACGTAA	cps50		<u>AF349539</u>
V-R	AACCTTCTCCTTCACACTAATCCT	cps50	701	
VI-F	GGACTTGAGATGGCAGAAGGTGAA	cps6l		<u>AF337958</u>



VI-R CTGTCGGACTATCCTGATGAATCTC	cps6l	487	
VII-F CCTGGAGAGAACAATGTCCAGAT	cps7M		<u>AY376403</u>
VII-R GCTGGTCGTGATTTCTACACA	cps7M	371	
VIII-F AGGTCAACCACTATATAGCGA	cps8J		<u>AY375363</u>
VIII-R TCTTCAAATTCCGCTGACTT	cps8J	282	
dltS-F AGGAATACCAGGCGATGAACCGAT	dltS		<u>AL766853</u>
dltS-R TGCTCTAATTCTCCCCTTATGGC	dltS	952	

1. For the multiplex PCR (with primer mix I, II, or the dltS specific primers) use the AmpliTaq Gold PCR system with GeneAmp 10x PCR buffer II (Applied Biosystems / Roche).

#### Set up the reaction on ice:

12 μl H<sub>2</sub>O 2.5 μl 10 x PCR buffer II 2.5 μl MgCl<sub>2</sub> (25 mM) 0.5 μl dNTP's (10 mM of each, Roche) 2 μl primer mix (5 pmol / μl of each) 0.5 μl AmpliTaq Gold polymerase (5U / μl) 5 μl DNA Total: 25 μl

#### 2. Thermo cycling program:

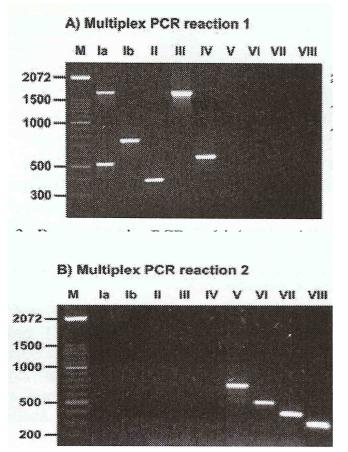
Initial denaturation at 94 °C for 2 min. 35 cycles of: 94 °C for 60 sec, 55 °C for 45 sec, 72 °C for 90 sec. Extension at 72 °C for 7 min.

**3.** Analyse the products by 1.5 % agarose gel electrophoresis and stain with EtBr.

**4.** To verify the sizes run the products along with products of known serotypes.

(note: the 1,826 bp band in serotype Ia may be weak)





(Poyart et al., 2007, J. Clin. Microbiol. 45: 1985-1988)

#### PCR for detection of CPS type IX.

5. Use the primers described by Kong *et al.*, 2008, J. Clin. Microbiol. **46**: 2745–2750.

IXS1: 5'-GCTCATTTACAACTTGTAGACGGC-3'

IXA: 5'-GCCATATCAGAGCAAATATGTCATATATC-3'

These primers specifically amplify a 346 bp product from serotype IX strains.

6. For this PCR we use the thermo cycling program:
Initial denaturation at 94 °C for 2 min.
30 cycles of: 94 °C for 60 sec, 65 °C for 60 sec, 72 °C for 120 sec.



Ekstension at 72 °C for 7 min.

(note: serotype IX strains may also amplify a product in the multiplex PCR with either mix I or mix II).

#### References

- Kong et al., Use of phenotypic and molecular serotype identification methods to characterize previously nonserotypeable group B streptococci. J. Clin. Microbiol. 2008; 46: 2745-2750.
- Poyart et al., Multiplex PCR assay for rapid and accurate capsular typing of group B streptococci. J. Clin. Microbiol. 2007; 45: 1985–1988.
- Woo et al., Group G beta-hemolytic streptococcal bacteremia characterized by 16S ribosomal RNA gene sequencing. J. Clin. Microbiol. 2001; 39: 3147-3155.

#### Other Useful References

- Bergseng et al., Real-time PCR targeting the *sip* gene for detection of group B Streptococcus colonization in pregnant women at delivery. J. Med. Microbiol. 2007; 56: 223-8.
- Connell et al., How reliable is a negative blood culture result? Volume of blood submitted for culture in routine practice in a children's hospital. Pediatrics. 2007; 119:891-6.
- Convert et al., Comparison of LightCycler PCR and culture for detection of group B streptococci from vaginal swabs. Clin. Microbiol. Infect. 2005; 11: 1022-6.
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- Ho et al., Variation in the number of tandem repeats and profile of surface protein genes among invasive group B Streptococci correlates with patient age. J. Clin. Microbiol. 2007; 45(5): 1634-6.
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- Natarajan et al., Real-time polymerase chain reaction for the rapid detection of group B streptococcal colonization in neonates. Pediatrics. 2006; 118:14-22.
- Ramaswamy et al., Molecular characterization of nontypeable group B streptococcus. 2006; 44: 2398-403.
- Wen et al., Use of a serotype-specific DNA microarray for identification of group B Streptococcus (*Streptococcus agalactiae*). J. Clin. Microbiol. 2006; 44: 1447-52.

#### Useful websites:

- MLST website: <u>www.mlst.net</u>
- DEVANI website: www.devaniproject.org
- GBS Support website: www.gbss.org.uk