

# Phylogeography of a nematode (*Heligmosomoides polygyrus*) in the western Palearctic region: persistence of northern cryptic populations during ice ages?

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## Abstract

This study establishes the continental phylogeographical pattern of a European nematode, *Heligmosomoides polygyrus* (Dujardin, 1845; Heligmosomoidea). We sequenced 687 base pairs of the mitochondrial DNA (mtDNA) *cyt b* gene for 136 individuals collected in 22 localities. The results revealed that *H. polygyrus* populations are separated into five major units corresponding to the Italian, northern European (Denmark and Ireland), Iberian, western European, and Balkan populations. Different subclades were also observed within the first two groups. Based on the rate of molecular evolution of *H. polygyrus cyt b* gene—estimated to 3.5%–3.7% divergence per million years (Myr) in a previous study – the isolation time of the five clades was estimated between  $2.5 \pm 0.24$  and  $1.5 \pm 0.23$  million years ago. Moreover, *H. polygyrus* presents a higher genetic variability in the Mediterranean peninsulas as compared to northwestern Europe, highlighting the role of these regions as refuge areas. Like its specific host, the wood mouse *Apodemus sylvaticus*, *H. polygyrus*' pattern of postglacial recolonization of northwestern Europe was initiated from Iberian populations, while Italian and Balkan populations did not expand to the north. The results also suggest the existence of forested and temperate refuges in the southern British Isles during the Quaternary. Finally, the genetic diversity as well as the level of genetic divergence between the lineages of *H. polygyrus* are compared to those observed in other vertebrate and invertebrate phylogeographical studies: the existence of highly differentiated lineages in *H. polygyrus* (5%–10% of genetic divergence) highlights that the effects of Pleistocene climate changes on free-living organisms are also reflected in their obligate parasites.

**Keywords:** cryptic refuge, Heligmosomoidea, mitochondrial *cyt b* gene, nematode, parasite, western Palearctic region

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## Introduction

Phylogeography is a field of research which studies the principles and processes determining the geographical distribution of genetic lineages. It is useful in understanding processes such as population subdivision, speciation and ecological adaptation to past climatic changes (Avice 2000).

The number of phylogeographical studies on animals increased greatly during recent years, particularly in Europe, but are mainly concerned with vertebrate taxa (fishes, amphibians, birds and mammals) (Taberlet *et al.* 1998; Hewitt 1999; Avice 2000), while invertebrate taxa, particularly parasite species, still remain understudied (but see Brown *et al.* 1997; Burban *et al.* 1999; Attwood 2001; Wickström *et al.* 2003). However, the number of existing parasite species is estimated to several hundreds of thousands and they represent c. 30% of the eukaryote species biodiversity (De Meeûs & Renaud 2003); parasites might display completely original

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phylogeographical patterns, considering their host-dependent dispersal abilities. Particularly, the traditional biogeographical model of temperate species in Europe predicts that temperate-adapted species survived the glacial periods of the Pleistocene in refuge areas located in the southern European peninsulas of Iberia, Italy and the Balkan or in Eastern regions (Bilton *et al.* 1998), without any mention of more northern refuge regions. More precisely, the current flora and fauna of the British Isles are generally believed to consist exclusively of postglacial colonists from southern refuges (Taberlet *et al.* 1998; Hewitt 2000). However, an increasing number of studies propose the presence of a disjoint and cryptic (i.e. not detected in vertebrates' fossil records) refuge in the southern part of the British Isles or on a land area formed by the exposed bed of the southern North Sea existing during the glacial maxima (Stewart & Lister 2001; Hänfling *et al.* 2002; Tzedakis 2003). The phylogeographical study of invertebrate and parasite taxa, whom dispersal abilities are more variable than vertebrates', may highlight particular schemes of survival and recolonization during Quaternary ice ages in Europe.

To our knowledge, very few studies investigated the phylogeographical history of an animal parasite species that take into account the phylogeographical history of its host(s): Burban *et al.* (1999) and Burban & Petit (2003) showed that the bast scale *Matsucoccus feytaudi* and its specific host, the maritime pine *Pinus pinaster*, display only partially congruent patterns in western Europe and northern Africa, likely because some of the pine stands were planted by humans, which disturbs the pine ancestral phylogeographical signal. Pellmyr *et al.* (1998) showed that the presence of *Bowlesia incana* (Apiaceae) in North America was far older than was previously proposed by assessing the phylogeographical history of its host-specific herbivore *Greya powelli* (Lepidoptera). Campbell *et al.* (2000) showed that the surprisingly rapid spread of *Schistosoma mansoni* in North and South America during the African slave trade was explained by the Neotropical origin of the parasite's main intermediate host in Africa, *Biomphalaria glabrata*. Wickström *et al.* (2003) revealed a complex phylogeographical history of the circumpolar *Paranoplocephala arctica* species complex (Cestodes) parasitizing collared lemmings (*Dicrostonyx* spp.) in the Holarctic region. Eventually, the main issue of these studies highlighted that parasites can be used as host evolutionary print and 'biological magnifying glass' in specifying their hosts' phylogeographical history.

At the population level, several studies put into light hosts and parasites life history traits responsible of the population genetic structure observed in helminth parasites (Anderson *et al.* 1998). These studies showed that the degree of genetic differentiation among parasite populations depends on gene flow, which is generally determined by host mobility, effective (i.e. breeding) population sizes ( $N_e$ ), which is determining the rate of genetic drift and therefore

the rate of independent differentiation of populations, and reproductive mode (Blouin *et al.* 1995; Nadler 1995).  $N_e$  and reproductive mode of parasite species may also determine within-population diversities (Nadler 1990, 1995; Blouin *et al.* 1999). Most helminths studied to date are parasites of humans, domestic animals, commensals or game species. They present high genetic diversity within populations, but extremely low differentiation among localities, highlighting high levels of gene flow linking allopatric populations (Mulvey *et al.* 1991; Blouin *et al.* 1992; Blouin *et al.* 1999; Hawdon *et al.* 2001). However, this pattern of population structure may not be retrieved in wild, nonhuman and natural host-associated helminth species (Nadler 1995; Dybdahl & Lively 1996; Anderson *et al.* 1998). For example, *Mazamastrongylus odocoilei* on deer presents substantial population subdivision and isolation by distance, in accordance with limited host movement. Within-population diversities of *M. odocoilei* are high, likely because of large  $N_e$  (Blouin *et al.* 1995). Finally, *Heterorhabditis marelatus* is a parasite of soil-dwelling insects: low mtDNA diversity within populations and strong subdivided population structure are observed because of small  $N_e$  and restricted gene flow (Blouin *et al.* 1999). But none of these studies took into account historical factors, like Pleistocene climatic changes, to explain the current pattern of genetic variability. However, deep genetic differentiation among conspecific populations should involve larger spatial and temporal processes than those considered in population genetics.

In this context, a large phylogeographical study performed on parasites like nematodes would enable to understand whether and how Pleistocene climatic fluctuations may have affected the genetic structure of parasite species. For this purpose, we studied the phylogeographical pattern of the nematode *Heligmosomoides polygyrus* (Heligmosomoidea), a direct (without intermediate host) and specific endoparasite of the wood mouse *Apodemus sylvaticus* (Muridae, Rodentia). *A. sylvaticus* is a forest dweller present throughout Europe since at least 3 Myr (Michaux & Pasquier 1974). The host and its parasite are common and geographically widespread in the western Palearctic region. Therefore, both species probably survived the Quaternary glaciations through important fluctuations in their distribution range (Michaux *et al.* 2003; Nieberding *et al.* 2004). *H. polygyrus* exclusively reproduces sexually. Its first larval stages are free and require 4–6 days to become infective. Host contamination occurs after ingestion of parasitized faeces; adult parasites live in the intestine and produce eggs in the host faeces about 9 days after ingestion and will continue to do so during the next 9 months (Ehrenford 1954). Individuals in the free-living stage have virtually no dispersal abilities, so we expect that gene flow in this species is determined primarily by host movement. Moreover, *H. polygyrus*' high prevalence and abundance determine high  $N_e$  (Goüy de

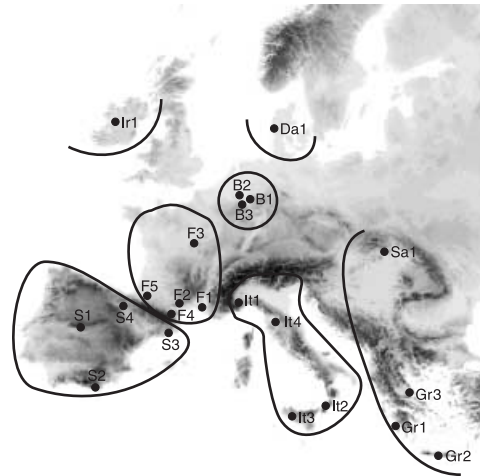
Bellocq *et al.* 2003). We may therefore expect high within-population diversities.

In a previous study (Nieberding *et al.* 2004), the spatial and temporal congruences of the phylogeographical patterns between *H. polygyrus* and *A. sylvaticus* were analysed over the southwestern continental Palearctic region, and the relative rate of molecular evolution of the cytochrome *b* (*cyt b*) gene in both species was compared. The aims of the present study are: (i) to extend the analysis of *H. polygyrus*' phylogeographical pattern to the northern part of its distribution range; and (ii) to discuss the particularities of *H. polygyrus*' phylogeographical pattern in comparison with those of other vertebrate and invertebrate taxa, in the light of the knowledge on population genetic structure and diversity of nematode parasite species.

**Materials and methods**

*Samples collection and sequencing*

A total of 136 adult *Heligmosomoides polygyrus* from 22 localities spread over its whole continental distribution range were analysed (Table 1, Fig. 1). All samples were identified at the species level. Tissues are held in the collection of Michaux J. and Nieberding C. housed at the 'Centre de Biologie et de Gestion des Populations' (Montpellier, France).



**Fig. 1** Geographic distribution of *Heligmosomoides polygyrus* samples. The zone corresponds to the distribution range of its specific host, *Apodemus sylvaticus*. The main European biogeographical barriers are represented: the Pyrenees in the west, the Alps in the centre and the Carpathian in the east. The bold lines indicate the subdivision of populations in seven geographical groups in AMOVA (see Table 2).

DNA from *H. polygyrus* individuals was extracted as reported by Goüy de Bellocq *et al.* (2001). Six hundred eighty-seven (687) bp of *cyt b* gene were amplified by the polymerase chain reaction (PCR) specific primers 1F

**Table 1** Geographic distribution and references of *Heligmosomoides polygyrus* individuals used for the experiments

Geographic origin		Samples symbols (see Fig. 1)	Number of <i>H. polygyrus</i>	Tissue samples	EMBL Accession nos
Country	Region				
Belgium	Liège	B1	11	CN 894-3-908-1	AJ608854-AJ608862
	Hainaut	B2	6	CN 1006-2-1009-1	AJ608863-AJ608868
	Luxembourg	B3	2	CN 1183-1-1183-2	AJ608869-AJ608870
Denmark	Varde	Da1	8	CN 1200-1-1209-2	AJ630628-AJ630635
France	Hérault	F1	6	CN 980-1-987-1	AJ608829-AJ608833
	Pyrénées orientales (Banyuls/mer)	F2	9	CN 968-1-969-5	AJ608834-AJ608840
	Loiret	F3	6	CN 1013-1-1019-1	AJ608847-AJ608853
	Pyrénées orientales (Py Mantet)	F4	6	CN 1139-1-1144-1	AJ608841-AJ608846
	Pyrénées atlantiques	F5	2	CN 1295-1, 1295-6	AJ630643-AJ630644
Greece	Peloponnisos	Gr1	2	CN 1246-1-1246-3	AJ608916-AJ608917
	Crete	Gr2	6	CN 1197-2-1218-1	AJ608909-AJ608914
	Thessalia	Gr3	1	CN 1221-1	AJ608915
Ireland	County Down	Ir1	7	CN 1187-1-1198-2	AJ630636-AJ630642
Italy	Liguria	It1	13	CN 988-1-996-1	AJ608890-AJ608902
	Calabria	It2	5	CN 839-1-867-1	AJ608884-AJ608889
	Sicilia	It3	9	CN 842-1-891-1	AJ608871-AJ608879
	Toscana	It4	4	CN 1268-1-1268-4	AJ608880-AJ608883
Slovakia	Kosický kraj	Sa1	6	CN 1103-1-1121-1	AJ608903-AJ608908
Spain	Avila	S1	5	CN 1211-1-1212-3	AJ608815-AJ608818
	Almeria	S2	6	CN 1213-1-1214-2	AJ608819-AJ608823
	Cataluna	S3	10	CN 780-1-821-1	AJ608805-AJ608814
	Navarra	S4	6	CN 1215-1-1216-3	AJ608824-AJ608828

(5'-GRAATTTTGGTAGTATRTRTG-3') and 1R (5'-AGMAC-GYAAAATWGYAWAAGC-3') for the western European, northern European and Balkan clades, and 4F (5'-TTCA-GATTGTYACYGGYAC-3') and 4R (5'-ACGGTAAAA-TTGTATAAGC-3') for the Italian clade. Amplification reactions were carried out in 2 × 50 µL volumes including 15 µL of each 2 µM primer, 17 µL of 1 mM dNTP, 10 µL of 10× reaction buffer, 30 µL of purified water, 2.8 µL DMSO and 0.2 µL of 5 U/µL Promega *Taq* DNA polymerase. PCR amplification used 10 µL of DNA extract. Amplifications were performed in a Labover PTC100 Thermal Cycler employing 40 cycles (45 s at 94 °C, 30 s at 48 °C and 2 min at 68 °C) with a final extension cycle of 10 min at 68 °C. PCR products were purified using the Ultrafree DA Amicon Kit (Millipore) and directly sequenced. Both strands were sequenced using a BigDye Terminator (Applied Biosystems) sequencing kit on an ABI 310 (Applied Biosystems) automated sequencer.

### Data analysis

*Phylogenetic and network analyses.* *Cyt b* sequences were aligned using the MUST package (Philippe 1993). The *H. polygyrus* data matrix was composed of 136 sequences; *Heligmosomoides kurilensis kobayashii* (Asakawa & Ohbayashi 1986), and *Heligmosomum costellatum* (Dujardin, 1845) were used as outgroups. Sequences pertaining to the same haplotype were removed from the analyses. The mean transition to transversion ratio was estimated using the MUST package and the nucleotide frequencies were provided by the PAUP 4.0b8 package (Swofford 1998).

*H. polygyrus* data were analysed by distance (neighbour-joining or NJ) using PAUP 4.0b8 package, maximum likelihood (ML) using PHYML package (Guindon & Gascuel 2003) and Bayesian-based inference as implemented in MRBAYES 3.0 (Huelsenbeck *et al.* 2001). The Akaike information criterion (AIC) in MODELTEST version 3.06 (Posada & Crandall 1998) was used to determine the best-fit substitution model for the parasite data in the NJ and ML reconstructions, which was GTR + I + G. The Bayesian analysis was performed with the Metropolis-coupled Markov chain Monte Carlo algorithm. The tree-space was explored by using four chains run during 1 million generations. We used a general-time-reversible model of sequence evolution allowing four among-site rate variation categories.

The robustness of inferences was assessed by bootstrap resampling (BP) (Felsenstein 1985) using 1000 random NJ repetitions and 10 000 random ML repetitions. Bayesian posterior probabilities were obtained from the 50% majority rules consensus of trees sampled every 100 generations, after removing trees obtained before chains reached apparent stationarity ('burn in' determined by empirical checking of likelihood values at 300 000 generations). Bayesian bootstrapping was performed as proposed by Douady

*et al.* (2003): 110 pseudoreplicates of the data set were explored during 1 million generations by three chains and a general-time-reversible model of sequence evolution allowing a gamma shape of among-site rate variation. Burn-in value for each of the 110 replicates was fixed at 500 000 generations. Overall Bayesian bootstrap support was obtained by computing the consensus of the consensus corresponding to each pseudoreplicates. Here, and unlike in previous studies, some of the pseudoreplicates did not converged prior to 500 000 generations. They were not added to the 110 pseudoreplicates that did converged and it is likely that this decision had an impact on support values. However, and based the overall agreement between NJ, ML and Bayesian support values, we do not think that this could change our inferences.

Sequences differing only by one or two autapomorphies were considered as belonging to a unique haplotype in the network analyses. The data matrix comprised 108 haplotypes and *H. kurilensis kobayashii* and *H. costellatum* as outgroups. Networks were constructed using the minimum spanning network method (MINSNET in ARLEQUIN 2.0, Schneider *et al.* 2000), statistical parsimony (TCS, Clement *et al.* 2000) and median-joining network (Bandelt *et al.* 1999; NETWORK 4.000 available at [www.fluxus-engineering.com](http://www.fluxus-engineering.com)).

*Phylogeographical and genetic structure analyses.* The following analyses were realized on the complete data matrix — 136 sequences and *H. kurilensis kobayashii* and *H. costellatum* as outgroups.

A 'mismatch distribution' of substitutional differences between pairs of haplotypes was calculated within each of the main genetic lineages and compared with a fit to the Poisson model using DNASP version 4.0 (Rozas & Rozas 1997). This analysis provided an estimate of the population dynamics — either in recent expansion or rather stable in time — in the different lineages.

Population genetic structure and differentiation was determined by analysing the molecular variance (AMOVA available in ARLEQUIN 2.0 program). This method estimates the proportion of genetic variation at different hierarchical levels by using information from the geographical distribution of haplotypes and the pairwise distance between them. This analysis was performed at different hierarchical levels: among geographical groups of populations as defined in Fig. 1 (Spain, France, Belgium, Italy, Balkans, Ireland and Denmark); among populations within each geographical group (22 populations of *H. polygyrus* were defined according to geographical, ecological and geological data, see Fig. 1); and within populations.

Nucleotide ( $p_i$ ) and haplotype ( $h$ ) diversities were estimated using the DNASP version 4.0 program (Rozas & Rozas 1997), while genetic distances between the groups of samples were obtained using a distance analysis (Kimura's 2 parameters distance estimator,  $K_2P$ ). The estimation of



nucleotide ( $p^i$ ) and haplotype ( $h$ ) diversities, and mean GD were calculated at different structural levels: first, each clade defined by the phylogenetic and networks analyses was analysed individually, and clade 3 was divided into two geographical groups, the first corresponding to the Iberian populations (group 3SW) and the second to all other northern populations (group 3No). These analyses were performed to assess whether nucleotide diversity was higher within the potential refuge regions as compared to northern populations. Second, nucleotide ( $p^i$ ) and haplotypes ( $h$ ) diversities and mean GD were also estimated at two different structural levels, for (a) individuals belonging to a single host (intrahost values) in comparison to individuals belonging to different hosts of the same population (interhosts values), in the Italian (It1) and Belgian (B1) host populations; (b) for populations belonging to a same clade (intraclades values) in comparison with populations belonging to different clades (interclades values).

*Estimation of time differentiation.* As populations of recent origin may not be at genetic equilibrium, the estimate of the timing of intraspecific divergence must be interpreted cautiously. Therefore, an approximate timing of divergence between the observed mtDNA lineages was calculated on the basis of the percentage of genetic divergence (GD) obtained with a distance analysis ( $K_2P$  distance), and was corrected for ancestral mtDNA polymorphism, as proposed by Avise (2000) using the formula:

$$P_{\text{net}} = P_{\text{AB}} - 0.5(P_{\text{A}} + P_{\text{B}}) \quad (\text{eqn 1})$$

where  $P_{\text{net}}$  is the corrected distance between the isolated lineages A and B,  $P_{\text{AB}}$  is the mean genetic distance in pairwise comparisons of individuals A vs. B, and  $P_{\text{A}}$  and  $P_{\text{B}}$  are mean genetic distance among individuals within these lineages.

However, it is generally problematic to calibrate the absolute rate of evolution of invertebrate parasites because they lack fossil records. On the basis of the sequencing of orthologous DNA regions in both species (*cyt b* gene), the comparison of the partial phylogeographical histories of *H. polygyrus* and its specific and direct host, *A. sylvaticus*, shows partial codifferentiation (Nieberding *et al.* 2004). This result allows the use of calibration points derived from palaeontological data of the genus *Apodemus* to date the internal nodes of the parasite (Page *et al.* 1998): the divergence time (mean  $K_2P$  distances corrected for ancestral mtDNA polymorphism) calculated for the separation of *A. sylvaticus* lineages was assimilated to the corresponding lineages of *H. polygyrus*. This gives an estimated global molecular clock of 3.5%–3.7% sequence divergence per Myr for *H. polygyrus* (Nieberding *et al.* 2004). Therefore we can estimate the split between *H. polygyrus* clades using Avise formula and this rate.

## Results

### *Mitochondrial haplotype and nucleotide diversities*

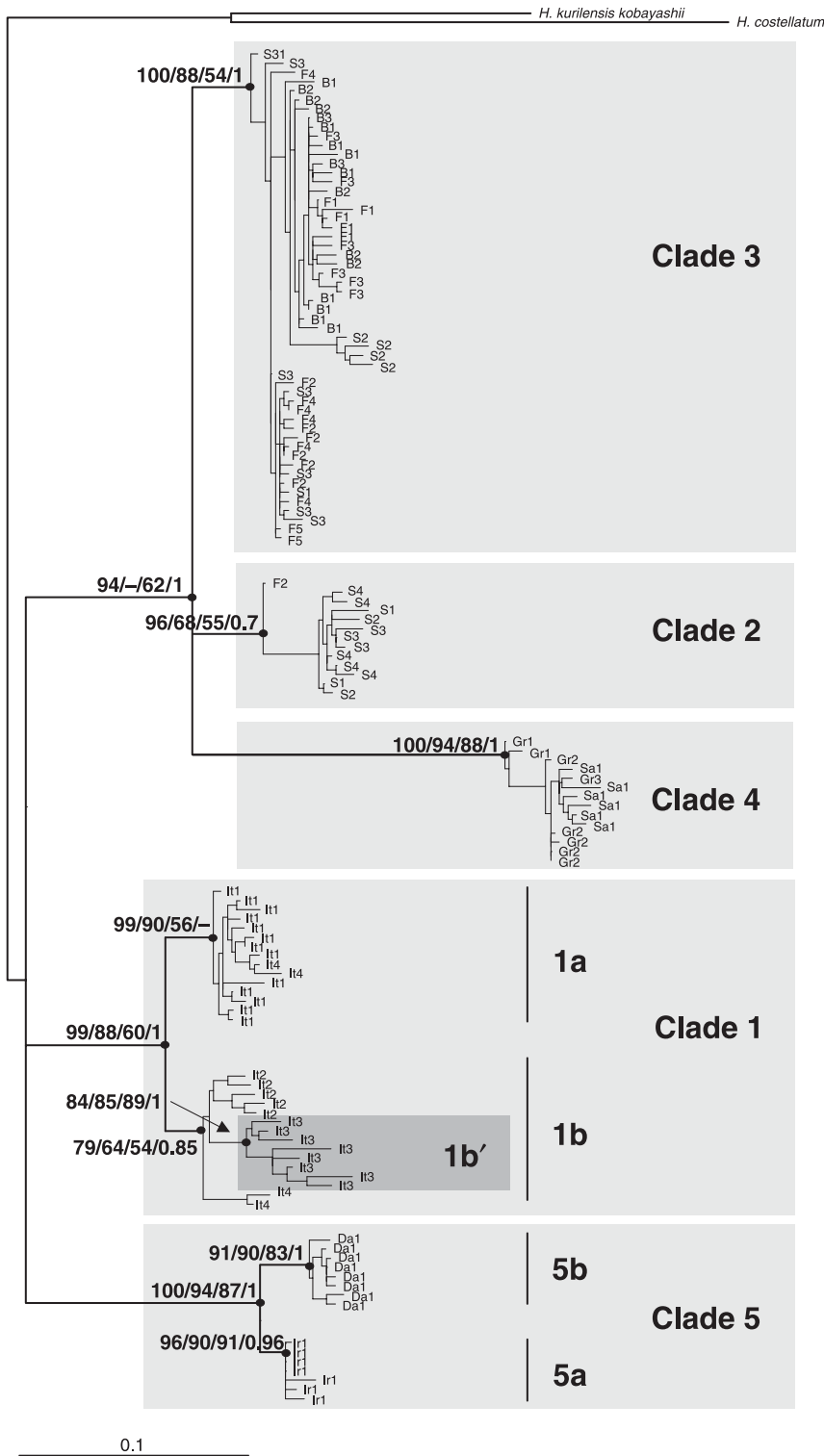
A total of 126 haplotypes were identified among the 136 *Heligmosomoides polygyrus cyt b* sequences (EMBL Accession nos AJ608805 to AJ608917 and AJ630628 to AJ630644). The matrix provided 687 bp of which 212 sites were variable and 151 were parsimony informative. The mean transition to transversion ratio is 2.18 and the nucleotide frequencies are 25.68%, 5.73%, 19.62%, 48.97% for A, C, G and T, respectively. The number of substitutions between haplotypes ranges from one to 101. Sequences differing only by one or two autapomorphies were considered as belonging to a unique haplotype in the network analyses – the *H. polygyrus* data matrix in these analyses comprised 108 haplotypes.

### *Phylogenetic and networks relationships of haplotypes*

The NJ, ML and Bayesian reconstruction analyses were performed on the complete *H. polygyrus* data matrix with the outgroups *Heligmosomoides kurilensis kobayashii* and *Heligmosomum costellatum* (Fig. 2). Five relatively well-supported (bootstrap resampling and posterior probabilities) genetic groups appear: the first one comprises the Italian populations (clade 1); the second one comprises the Iberian populations (clade 2), the third one covers southwestern and western Europe (Spain, France, Belgium; clade 3), Balkan populations form the clade 4, and the fifth one forms an Irish–Danish clade (clade 5). The five clades are separated by a high degree of GD (Fig. 2, Table 4). A signal was found to link the western European (clades 2 and 3) and Balkan clades (clade 4); however, the relationships between clades 1, 5 and the complex (2, 3, 4) as well as the relationships inside the complex (2, 3, 4) remain unclear.

The first clade is further divided into two allopatric subclades: a first one corresponding to the northern part of Italy (subclade 1a) and a second one comprising the populations from southern Italy and Sicily (subclade 1b); the Sicilian populations form a distinct subclade within subclade 1b (subclade 1b'). Moreover, the Irish (subclade 5a) and Danish (subclade 5b) populations are monophyletic inside the fifth clade.

Networks of the 108 haplotypes of *H. polygyrus* show a general congruence with the phylogenetic reconstructions. The minimum spanning network shows the five main groups defined above and separate them from each other by a genetic distance of 18–35 mutational steps (Fig. 3). The Italian clade is formed by three allopatric and distinct groups (subclades 1a, 1b and 1b'), linked by, respectively, 18 and 15 mutational steps. Moreover, the Irish and Danish populations form two distinct subclades inside clade 5. The relationships among the major clades remain unresolved, at the exception of the western European and Balkan

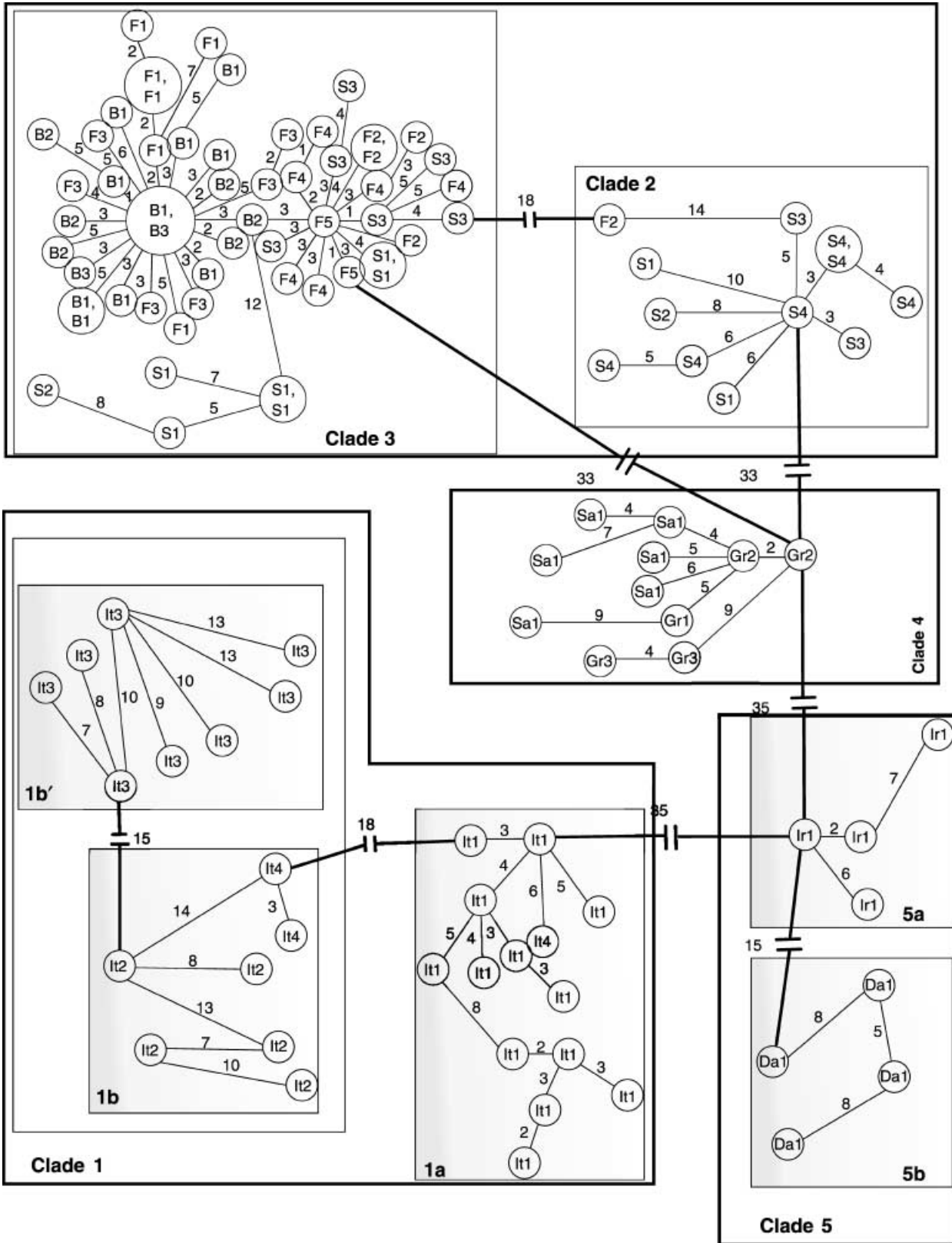


**Fig. 2** Most likely tree of the PHMYL reconstruction for the 126 mtDNA haplotypes and the outgroups *Heligmosomoides kurilensis kobayashii* and *Heligmosomum costellatum*, represented by their geographical origins (see Table 1 and Fig. 1). Numbers on branches indicate, from left to right (a) bootstrap support obtained in the NJ reconstruction (GTR + I + G); (b) bootstrap support in the PHMYL analysis (c) bootstrap support obtained in the Bayesian analysis; (d) Posterior probabilities in MRBAYES analysis. Note that Bootstrap values under 50% and posterior probabilities under 0.7 were not considered.

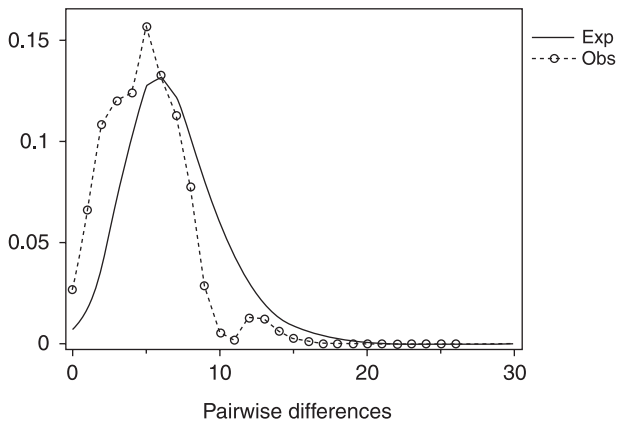
clades which are linked together with some bootstrap support. The genetic differentiation of the parasite is important: the mean number of mutational steps separating parasite haplotypes is high (6.3). Clade 3 is characterized by a star-like topology, suggesting that these populations

are the result of a recent expansion from a small number of animals (Avise 2000). The other clades of *H. polygyrus* appear more heterogeneous.

However, the main difference in the minimum spanning network in comparison with the most likely topology is



**Fig. 3** A minimum spanning network constructed using the 108 haplotypes of mitochondrial *cyt b* gene sequences. Geographic origins (Table 1 and Fig. 1) are noted. Numbers correspond to the mutational steps observed between haplotypes, and the size of the circle is proportional to the numbers of haplotypes represented.



**Fig. 4** Mismatch distribution for mtDNA types from *H. polygyrus* clade 3. The expected frequencies, based on a population growth-decline model, using the DNASP version 4.0 program (Rozas & Rozas 1997), is compared to experimental frequencies obtained in clade 3.

**Table 2** AMOVA results, based on 687 bp of *cyt b* gene of *Heligmosomoides polygyrus*

Source of variation	Percentage of variation
Among geographical groups	69
Among populations within groups	14
Within populations	17

that clades 2 and 3 seem to be more closely related to each other than to any other haplotype (18 mutational steps). Median-joining and the TCS networks mostly corroborate minimum spanning network results (data not shown). Both methods present a high differentiation between the main clades, support the same substructure and connect the haplotypes of clade 3 in a star-like topology. Furthermore, TCS presents an extremely fragmented picture since the 95% connection limit did not allow to link groups that were more than 13 steps apart.

#### Phylogeographical and population genetic structures

AMOVA shows that majority of the total mtDNA variation (69%) is distributed among the seven geographical groups

**Table 3** Genetic variability observed among *Heligmosomoides polygyrus* individuals present in a single host (intrahost) or in different hosts (interhost) of a population

Populations		Sample size	Number of haplotypes	GD (%) $\pm$ SD	Nucleotide diversity ( $p^i$ ) $\pm$ SD	Haplotype diversity ( $h$ ) $\pm$ SD
B1	intrahost	15	9	1.85 $\pm$ 0.01	0.018 $\pm$ 0.002	0.924 $\pm$ 0.044
	interhost	10	9	1.08 $\pm$ 0.01	0.011 $\pm$ 0.001	0.978 $\pm$ 0.054
It1	intrahost	8	8	1.21 $\pm$ 0.01	0.010 $\pm$ 0.001	1 $\pm$ 0.063
	interhost	8	8	1.64 $\pm$ 0.01	0.014 $\pm$ 0.003	1 $\pm$ 0.063

SD, standard deviation; B1, Belgian population and It1, Italian populations (Table 1 and Fig. 1).

of populations whereas a low percentage of this variation (14%) is observed among populations within the main lineages (Table 2).

A signature of population growth — a bell-shaped distribution — (Fig. 4) is evident in the distribution of substitutional differences in clade 3, as would be expected for populations expanding after the last ice age from a relatively few founder individuals (Luikart *et al.* 2001). On the contrary, the distribution appears more heterogeneous for the other lineages, suggesting more stable populations less subject to a recent expansion (data not shown).

The estimation of nucleotide ( $p^i$ ) and haplotypes ( $h$ ) diversities, and mean GD were calculated at different structural levels. First, to assess whether nucleotide diversity was higher within the potential refuge regions as compared to northern populations, clade 3 was divided into two geographical subgroups: the first corresponding to the Iberian populations (group 3SW) and the second to all other northern populations (group 3No) (Table 5). Within the six groups, the group 3SW is characterized by a significantly higher  $p^i$  ( $P < 0.001$ , Student's *t*-test) and mean GD ( $P < 0.001$ , Kruskal–Wallis test) than the group 3No. Subclade 3No, clades 2, 4 and 5 show low levels of GD,  $p^i$  and  $h$ , which may reflect genetic bottlenecks or recent population expansion from a small number of founder individuals. Subclades 1a and 1b present high levels of mean GD,  $p^i$  and  $h$ , typical of stable populations with large long-term  $N_e$ . Second, nucleotide ( $p^i$ ) and haplotypes ( $h$ ) diversities, and mean GD were also calculated at other structural levels, as explained in the Materials and methods. We compared the diversity of individuals belonging to: (i) a single or to different hosts of the same population, or (ii) to the same or to different clades. First, the analysis was performed on the Italian (It1) and the Belgian (B1) populations (Table 3). Although statistically different ( $P < 0.05$ , Student's *t*-test), mean GD and  $p^i$  diversity values are even higher within a single host than between different hosts in the Belgian population. Therefore, parasites found in the same host were no more related to each other than others living in different hosts. Thus, they can all be considered as distinct samples. And second (Table 4), mean GD was more than three times higher and mean  $p^i$  about twice higher for populations



**Table 4** Mean genetic diversity observed among *Heligmosomoides polygyrus* individuals sampled within a clade (intraclade) and sampled in different clades (interclade)

	Mean GD (%)	Mean $p^i$	Mean $h$
Intra-clades	2.36	0.020	0.977
Inter-clades	9.03	0.039	0.975

belonging to different clades in comparison with intraclades values; mean  $h$  values remained unchanged.

#### Estimation of divergence time among clades

The partial synchronous codifferentiation of the phylogeographical patterns of *H. polygyrus* and its specific and direct host, *A. sylvaticus*, is discussed elsewhere (Nieberding *et al.* 2004). The rate of 3.5%–3.7% sequence divergence per Myr in *H. polygyrus* was applied in this study to estimate the differentiation time between the five main lineages of *H. polygyrus* (Table 4): their absolute time of differentiation took place between  $2.47 \pm 0.24$  and  $1.55 \pm 0.23$  Myr. The order of formation and the time of isolation of the five clades can not be defined more precisely, given their nearly equal genetic distance from each other and the lack of phylogenetic signal. Moreover, the isolation of the Sicilian populations from the Italian continental ones occurred about  $0.53 \pm 0.23$  to  $0.56 \pm 0.24$  Myr, while differentiation between clades 1a and 1b took place about  $1.3 \pm 0.22$  Myr.

## Discussion

### Genetic structure and diversity: particularities of *Heligmosomoides polygyrus* phylogeographical pattern

*Heligmosomoides polygyrus*' mean *cyt b* genetic diversity and differentiation (6.7% of GD in the whole data set) is high in comparison with general results obtained on vertebrate taxa: indeed, Avise *et al.* (1998) reported values ranging from 2.2%, 2.4%, 2.6% to 3.1% within bird, mammal, fish and reptile species, respectively. Compared to data on invertebrate taxa, *H. polygyrus*' genetic diversity appears more relative: butterflies present generally low level of genetic differentiation, according to their high flight dispersal abilities (Vandewoestijne *et al.* 2004), while snails like *Biomphalaria glabrata*, insects like *Maoricicada campbelli*, *Peltoperla tarteri*, or *Tarphius canariensis* and other invertebrates exhibit values similar to those of *H. polygyrus* (Emerson *et al.* 2000; Buckley *et al.* 2001; Treweek & Wallis 2001; Mavarez *et al.* 2002; Schultheis *et al.* 2002). *Paranoplocephala arctica*, a cestode parasitizing collared lemmings in the northern Holarctic region, presents a global GD of 4.5%, a value intermediate to the one observed in this study (Wickström *et al.* 2003).

*H. polygyrus*' pattern of high genetic diversity is confirmed by high within-clade diversity and interclades differentiation (Table 4) of the same order as in other trichostrongyloid nematodes (Anderson *et al.* 1998) and cestodes of mobile vertebrates (Wickström *et al.* 2003).

According to Frankham *et al.* (2002), the genetic diversity and differentiation in populations depend on migration (gene flow), breeding system, current and historical  $N_e$  (demographic events), and mutation rate  $\mu$ .

First, *H. polygyrus*' gene flow is primarily determined by its host contacts and movements, according to host–parasite specificity, direct life cycle of the parasite, short survival time of larvae at free stage and limited dispersal abilities by its own (Blouin *et al.* 1995). For example, parasitic lice on doves exhibit a strong geographical differentiation correlated to their host-limited dispersion (Johnson *et al.* 2002), while the populations of the tick *Ixodes uriae* on the Atlantic puffin *Fratercula arctica* display an opposite pattern (McCoy *et al.* 2003).

Second, the parasite presents only sexual reproduction, larvae are emitted in the host faeces which have to be ingested by a host, and adults have to meet in *A. sylvaticus* intestine to reproduce. As only half of the wood mice are infected (prevalence of 50%, Gouÿ de Bellocq *et al.* 2003), and as transmission by infected migrants might not be successful because nematodes might not be adapted to a new environment, gene flow between parasite populations lags behind that of their hosts. This kind of barriers should promote parasite differentiation. Indeed, this study showed that:

- 1 *H. polygyrus*' GD within host population — either intrahost or interhost diversity — is about 1.5% (Table 3). This is likely the consequence of *H. polygyrus* reproductive mode: infrapopulations in hosts are formed by recruitment (immigration) from the metapopulation and not as a result of natality within the host (Nadler 1995). Therefore, successful reproduction between wood mice does not guarantee successful *H. polygyrus* populations genetic mixing in their intestines.
- 2 *H. polygyrus*' mean GD and mean  $p^i$  were about three and two times higher between populations belonging to different clades in comparison with intraclades values, while mean  $h$  values remained unchanged (Table 4). These results highlight that population differentiation sets up by the accumulation of mutations between allopatric populations and disappearance of intermediate haplotypes because of lack of gene flow. As such, parasite's limited gene flow between host populations promotes parasite allopatric genetic differentiation (Viney 1998).

Thirdly, phylogeographical data sets are not appropriate to estimate  $N_e$  because they can not be considered as a single population from an extended temporal perspective

(large, high gene flow and historically nonsundered population) (Avice 2000). In a phylogeographical context,  $N_e$  does not depend on the current intrinsic diversity but rather on the species demographic history in the evolutionary time (Avice 2000). However, the mtDNA diversity in parasitic nematodes depends on the abundance and prevalence of the parasite in its host, two factors that directly affect  $N_e$  (Blouin 1998). We may therefore propose the following scheme: the abundance and prevalence of *H. polygyrus* on *A. sylvaticus* are quite high, involving a rapid accumulation of mutations and ensuring the parasite genetic diversity. Blouin (1998) and Anderson *et al.* (1998) showed that trichostrongyloid nematodes species present high level of mtDNA diversity because they have an obligate outcrossing breeding system and enormous standing populations (abundance and prevalence), two factors directly affecting  $N_e$ .

Fourthly, high sequence diversity could also result from an accelerated rate of nucleotide substitution (Blouin *et al.* 1995). Indeed, we evidenced previously that the rate of molecular evolution of *cyt b* is high in *H. polygyrus*: about 3.5%–3.7%  $K_2P$  distance per Myr between *H. polygyrus* lineages, about twice higher than the widely used 2% for invertebrate mitochondrial sequences (e.g. Gomez *et al.* 2000; Nieberding *et al.* 2004). This result agrees with those of other phylogenetic studies that pointed out faster molecular evolutionary rate of mtDNA of nematodes, compared to all other animal taxa (Blouin *et al.* 1998; Denver *et al.* 2000).

Therefore, nematode parasites may serve as biological markers or 'magnifying glasses' of their hosts, pointing at finer temporal and geographical scales events that are not (or not as clearly) apparent in their hosts phylogeographical history (Thomas *et al.* 1996; Wickström *et al.* 2003; Nieberding *et al.* 2004). Several cases of cryptic host divergence highlighted by *H. polygyrus* phylogeographical pattern are described further in the discussion.

#### Phylogeographical pattern of *H. polygyrus*

*Importance of allopatric differentiation in H. polygyrus.* The three different networks and the phylogenetic analyses all detected that *H. polygyrus* is formed by five main units that have mainly a nonoverlapping geographical distribution: Italy (clade 1), Ireland–Denmark (clade 5), Spain (clade 2), western Europe (clade 3) and the Balkans (clade 4). The first two units are further divided in different subclades: northern vs. southern Italy, with a secondary differentiation of Sicilian haplotypes; Ireland vs. Denmark, respectively. The association of western European and the Balkan clades may reflect that lineages originating from Iberia and western Europe moved across Europe to the Balkans and vice versa during interglacial periods of early Quaternary. However, lineages mixing should have stopped and differentiation

should have begun early during Pleistocene since the Balkan clade presents a long branch showing long-term isolation (Fig. 2). Further, the relationships among all five clades remained unclear whatever the method used. This may reflect a lack of information available in the sequences: all clades seem to have differentiated in allopatry as the result of an ancient geographical isolation during the Quaternary. Indeed, the geographical differentiation of *H. polygyrus* is highly supported as 69% of the total mtDNA variation (Fig. 1 and Table 2) is distributed among the main geographical groups of populations. All differentiation events between the five main units took place between  $2.47 \pm 0.24$  and  $1.55 \pm 0.23$  Myr; the time of isolation of the five lineages can not be defined more precisely. Similar difficulties to assess the internal relationships among clades of parasites also appeared on *Paranoplocephala arctica* (Anoplocephalidae, Cestoda) (Wickström *et al.* 2003), and highlights the importance of geographical allopatric differentiation and speciation in parasite helminths.

*Refuge regions and postglacial recolonization.* The analysis of nucleotide diversity and of mismatch distribution (Table 5 and Fig. 4) confirms that the Iberian Peninsula was a refuge region for *H. polygyrus*, and that the parasite recolonized and expanded in the main part of the western Palearctic region from southwestern Europe at the end of the last ice age. The Pyrenees were not an effective barrier to the parasite's northward expansion. This result is similar to that obtained on its specific host *A. sylvaticus* (Michaux *et al.* 1998, 2003), and confirms a strong relationship between the phylogeographical histories of these two species (Nieberding *et al.* 2004). However, unlike *A. sylvaticus*, *H. polygyrus* presents a second distinct and partially syntopic (i.e. in close physical proximity because both clades share the same host populations and therefore the same habitat) clade 2 in the Iberian Peninsula. This strongly suggests that there were at least two allopatric glacial refuge areas for the parasite in Spain during the Quaternary ice ages, of which only one (clade 3) contributed to the northern recolonization of western Europe. Other studies showed the existence of several distinct refuges in this Mediterranean region during the past 2 Myr (Gomez *et al.* 2000; Queney *et al.* 2001).

Italy and the Balkans seem to have constituted two distinct refuges for the parasite and its host. As in *A. sylvaticus*, *H. polygyrus* Balkan clade is characterized by a lower genetic diversity than group 3SW and clade 1 (Table 5), which could be explained by a genetic bottleneck that appeared during one of the last ice ages in both species (Michaux *et al.* 2003; for more details, see Nieberding *et al.* 2004). The two clades should have been restricted in their northern expansion at the end of the last ice age by the presence of topographic obstacles as the Alps and the Carpathian Mountains.

**Table 5** Genetic variability observed within the five main genetic lineages of *Heligmosomoides polygyrus*. Clade 3 was divided into two different subgroups corresponding to the southern populations (subgroup 3SW; populations S1–S4) and more northern populations (subgroup 3No; populations B1–3, F1–F5)

Groups	Sample size	Haplotypes number	Mean genetic divergence (GD, %) $\pm$ SD	Nucleotide diversity ( $\delta$ ) $\pm$ SD	Haplotype diversity ( $h$ ) $\pm$ SD
Clade 1a	15	14	2.67 $\pm$ 0.01	0.026 $\pm$ 0.003	0.992 $\pm$ 0.015
Clade 1b	8	7	2.38 $\pm$ 0.01	0.025 $\pm$ 0.003	0.993 $\pm$ 0.017
Clade 1b'	9	8	2.78 $\pm$ 0.01	0.022 $\pm$ 0.002	0.994 $\pm$ 0.045
Clade 2	14	12	1.99 $\pm$ 0.02	0.018 $\pm$ 0.006	0.995 $\pm$ 0.034
Group 3No	46	26	1.46 $\pm$ 0.06	0.012 $\pm$ 0.001	0.997 $\pm$ 0.012
Group 3SW	14	13	2.50 $\pm$ 0.02	0.023 $\pm$ 0.005	0.997 $\pm$ 0.023
Clade 4	15	11	1.35 $\pm$ 0.01	0.012 $\pm$ 0.002	0.981 $\pm$ 0.031
Clade 5	15	8	1.79 $\pm$ 0.01	0.017 $\pm$ 0.001	0.943 $\pm$ 0.054

SD, standard deviation.

In Italy, two other isolation events likely took place in *H. polygyrus*, between (i) northern and southern continental populations, and (ii) Sicilian populations from the peninsular ones. In *A. sylvaticus*, the Sicilian populations are also well differentiated from the peninsular ones (Michaux *et al.* 2003). The differentiation of Sicilian populations of both species is ancient and is estimated to have occurred  $0.55 \pm 0.24$  Myr in *H. polygyrus*, and  $0.90 \pm 0.15$  Myr in *A. sylvaticus* (Michaux *et al.* 2003). Sicilian populations of both species were stable over time, as shown by genetic diversity and mismatch distribution analyses (Fig. 3 and Michaux *et al.* 2003).

Up to now, two alternative hypotheses could explain the ancient isolation of Sicilian wood mouse populations (Michaux *et al.* 2003): (i) the Sicilian populations were isolated from the continent for 0.8 Myr, allowing ancestral haplotypes to survive and diverge. However, palaeontological and geological data attest the presence of *A. sylvaticus* in Sicily for only 70 000–50 000 years BP (Sara, personal communication) and several connections between Sicily and Italy existed for the last Myr (Thaler 1973; Jaeger, personal communication); and (ii) an old lineage survived in southern Italy and entered Sicily during the last glaciation, 70 000 years BP. This ancient stock remained trapped in the island until present and suffered less from the last ice age, whereas the southern continental population was replaced by a 'modern stock' spreading from other Italo-Balkan refuges during the postglacial era.

The results obtained on *H. polygyrus* are best explained by the second hypothesis. Indeed, the Sicilian parasite population is closely related to the southern Italian one (Figs 2 and 3), which could be interpreted as a biological print evidencing strong association between the Sicilian and Calabrian *A. sylvaticus* during the Quaternary. Indeed, southern Italy was isolated several times by the sea from the northern part of the country (Jaeger, personal communication).

*A. sylvaticus* Calabrian population disappeared recently, after transmission of its parasite populations to a 'modern stock' of wood mice spreading from other Italo-Balkan refuges.

Regardless, the results obtained on *H. polygyrus* suggest the existence of two allopatric glacial refuge areas in continental Italy during the Quaternary. Moreover, the high genetic diversity of Sicilian *H. polygyrus* populations confirms the role of this area as 'hot spot' of intraspecific biodiversity for this species as it has already been pointed out for different species (Michaux *et al.* 2003).

*Northern refuge in the southern British Isles.* *H. polygyrus* presents a distinct and robust northern clade in Ireland and Denmark. Its differentiation time is estimated between  $2.02 \pm 0.21$  and  $1.46 \pm 0.19$  Myr. This result contrasts with the traditional biogeographical model of temperate species in Europe which predicts that temperate-adapted species survived the glacial periods of the Pleistocene in refuges located in the southern European peninsulas of Iberia, Italy and the Balkan or in Eastern regions (Bilton *et al.* 1998), and recolonized the British Isles and northern Europe from these southern refuges [e.g. oaks, shrews, hedgehogs and bears from Spain, and grasshoppers, alder, beech and newts from the Balkans (Hewitt 2000)].

*H. polygyrus'* northern clade may have differentiated and survived to the Quaternary ice ages in the southern part of the British Isles or elsewhere further south in continental Europe. Indeed, because of limited sampling, we can not exclude that the parasite's northern clade is part of a more broadly distributed lineage that differentiated somewhere in continental Europe.

However, an increasing number of studies propose the presence of a disjunctive refuge in the southern part of the British Isles or on a land area formed by the exposed bed of the southern North Sea that existed during glacial maxima

(Stewart & Lister 2001; Hänfling *et al.* 2002; Tzedakis 2003). Indeed, the southern part of Great Britain was never covered by ice and land bridges periodically existed between Great Britain and the European continent in the Dover isthmus region during the cold stages (Jones & Keen 1993).

Moreover, during the first part of the early Pleistocene period, from 2.4 to 1.6 Myr, and during the later temperate stages, the southern part of Great Britain was covered by mixed, temperate forest, and species of *Pinus*, *Alnus*, *Picea*, *Betula*, *Ulmus*, and *Cervus* were present (Jones & Keen 1993). Further, different species like *Pinus sylvestris* (Sinclair *et al.* 1999), *Carex digitata* (Tyler 2002), *Arbutus unedo* (Stewart 2003), as well as several species of fishes and land snails (Koskinen *et al.* 2000; Hänfling *et al.* 2002; Pfenninger *et al.* 2003), present a distinct and ancient northern lineage in the southern British Isles. In this context, a northern lineage of *H. polygyrus* on *A. sylvaticus* may have survived glaciations in local periglacial refuges with suitable microclimates. Indeed, behavioural accommodation and facultative adaptation of *A. sylvaticus* may be invoked to explain its presence in a possibly treeless region during previous ice ages: it presents in fact a large, ubiquitous ecological niche, from open field to woodland biota (Flowerdew 1991).

However, the northern populations of *A. sylvaticus* in Britain, Ireland and Denmark do not present any differentiation pattern from the southwestern European ones (Michaux *et al.* 2003 and unpublished). Therefore, two – possibly complementary – hypotheses may explain this incongruence. First, as shown previously, the relative rate of molecular evolution of the *H. polygyrus* *cyt b* is about 1.5-fold higher than that of its host. This underlines that the *A. sylvaticus* *cyt b* gene has a more limited power to disclose differentiation phenomena, like a possible isolation of the northern populations. This would be one more case of *H. polygyrus* ‘magnifying glass effect’ on past biogeographical events of its host. However, it should be quite surprising that such an ancient event observed in the parasite (estimated to 2.02–1.46 Myr) would not be reflected in the phylogeographical structure of *A. sylvaticus*. Second, northern rodent populations that survived and differentiated during the Pleistocene may have been replaced by the Iberian pool at the end of the last ice age. This event should have been accompanied by a host switch of northern *H. polygyrus* populations on the invading host lineage. In favour of this hypothesis, it may be assumed that:

- 1 The northern populations of either species were small and had likely experienced a bottleneck, according to the low genetic diversity of *H. polygyrus* northern group. The small size of local host populations may have facilitated their disappearance at the arrival of western European lineage vigorous invaders.
- 2 *A. sylvaticus*’ invaders may have lost part of their parasite fauna during the recolonization process, facilitating the

assimilation of new parasites populations. Indeed, current invasive species in Europe have been shown to present 50%–77% less parasites species than continental ones (Donnars 2003).

Therefore, at the end of the last glaciation, the western European populations of *A. sylvaticus*, expanding from the Iberian Peninsula, may have reached northern Europe and replaced the ancestral local populations, accompanied by a host switch of northern *H. polygyrus* populations on the invading host lineage. Then western European populations of *A. sylvaticus* likely recolonized the northern parts of Europe towards Ireland in the west and Denmark in the east. The land bridge between Great Britain and the continent was maintained up to 8250 BP, allowing the migration from southern England to Denmark (Jones & Keen 1993). In contrast, it seems that there has been no connection between England and Ireland during the Holocene (Yalden 1982); therefore, the recolonization of Ireland by *A. sylvaticus* and *H. polygyrus* may have been achieved very recently thanks to human transport or raft. In favour of this hypothesis, the genetic diversity of *H. polygyrus*’ Irish population is extremely low and may be the consequence of a genetic bottleneck following the colonization of the island by a small number of founder individuals (0.7%  $K_2P$  distance;  $h = 0.714 \pm 0.181$ ;  $p^i = 0.006 \pm 0.002$ ).

## Conclusions

This study established the phylogeographical pattern of the European nematode *Heligmosomoides polygyrus*. The existence in *H. polygyrus* of highly differentiated lineages that survived in the southern European peninsulas during the Quaternary ice ages – like in Italy (clade 1), in the Balkans (clade 4) and in Spain (clades 2 and 3), and of postglacial recolonization of western Europe from Spain (clade 3) – shows that Pleistocene climatic changes may have affected helminth parasites and free-living organisms in a similar way. Particularly, the existence of a northern and highly differentiated lineage in Ireland and Denmark (clade 5) suggests the existence of forested, temperate and permanent refuges in northern Europe during the Quaternary. The uncertainty about the relationships and the differentiation time among the five main lineages highlight the importance of allopatric differentiation and speciation in parasite helminths.

A previous study had highlighted synchronous codifferentiation of *H. polygyrus* and its host in western Europe, Italy and Sicily (Nieberding *et al.* 2004). In these regions, the parasite acts as a biological magnifying glass as it revealed previously undetected phylogeographical information in the host, such as distinct allopatric refuges in the Italian and Iberian peninsulas, and historically persistent gene flow between Sicily and southern Italy. The extension



of the study of *H. polygyrus* phylogeographical pattern to northern (Ireland and Denmark) and eastern (the Balkans) Europe shows that, in these regions, the parasite displays a particular phylogeographical history when compared to its specific host, as it differentiated while its host populations remained undifferentiated.

Eventually, this confirms most studies working on the interspecific level, that show that the phylogenetic history of current 'specific' parasite species are generally very different from the one of their obligate host: long-term codifferentiation over a large spatial scale is the exception. Therefore, the present data propose how and why an intraspecific codifferentiation process may occur on the midrange of the evolutionary timescale: sporadic gene flow between distant host populations are not transmitted in their parasites' populations. As such, parasite's limited gene flow between host populations promotes parasite allopatric genetic differentiation and, from a macroevolutionary perspective, reduces congruence (Blouin *et al.* 1995; Clayton *et al.* 2003).

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This work represents part of Caroline Nieberding's PhD which deals with the comparison of the European phylogeographic patterns of the nematode *Heligmosomoides polygyrus* and the rodent *Apodemus sylvaticus*. Roland Libois is Professor associate at Ulg and has notably been conducting ecological research on European rodents for nearly three decades. Christophe Douady has contributed to the phylogenetic reconstructions and to the structural organization of the manuscript. Serge Morand is interested in host-parasite co-evolution and has contributed throughout this PhD program. Johan Michaux studies the phylogeographic pattern of various common and threatened European mammal species.

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