

An Open-Access Neuroscience Dataset on Cognitive Fitness in Ageing (COFITAGE)



Midlife and early late adulthood

Cognitive & sleep inclusion criteria
(healthy subjects)

Baseline (N = 101), 2-year (N = 67) &
7-year follow-ups (N ≈ 65, ongoing)



MRI

(anatomical, quantitative & diffusion-weighted)

PET (amyloid & tau)

APOE genotyping

Cognitive assessment (30+ tests)

Sleep parameters (EEG-derived)



Brain aging

Alzheimer's disease biomarkers

Multimodal integration

Longitudinal research

Reproducibility & Replicability



BIDS-compliant
&
Open-access

