








NARRATIVE REVIEW



# Disorders of consciousness diagnosis, interventions, and prognostication for the intensivist: Report of the 2025 ISICEM roundtable

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## Abstract

Disorders of consciousness (DoC) represent a spectrum of clinical conditions, including coma, unresponsive wakefulness syndrome, and the minimally conscious state, which may result from structural and non-structural brain injuries due to trauma, stroke, anoxia, infections of the brain, and other causes. Clinical management of patients with DoC is especially challenging in the critical care environment, where the level of consciousness, a key factor in determining the trajectory of recovery, may be obscured by sedation, analgesia, and other confounders. The 2025 International Symposium on Intensive Care and Emergency Medicine hosted a Roundtable of 18 expert clinicians and researchers to synthesise and discuss the latest evidence on acute DoC epidemiology, diagnosis, treatment, and prognosis. Here, we summarise the output of the Roundtable in the format of a roadmap with six steps related to identifying patients with DoC, assessing for and treating confounders, establishing a diagnosis and prognosis, selecting interventions, and effectively communicating with family. This roadmap provides practical, evidence-informed guidance to help intensivists navigate diagnosis, treatment, and prognostication in patients with acute DoC. Advances in structural and functional neuroimaging, electrophysiology, and blood-based biomarkers offer promise for refined diagnostics and prognostication, though their clinical translation remains limited.

**Keywords:** Acute brain injury, Disorders of consciousness, Intensive care, Coma, Cognitive motor dissociation, Neuroprognostication, Ethical decision-making, Minimally conscious state, Unresponsive wakefulness syndrome, Vegetative state

## Introduction

Acute brain injury, whether due to trauma, stroke, hypoxic–ischaemic encephalopathy, infection, or other causes, can lead to a disorder of consciousness (DoC)

characterised by absent, or fluctuating, wakefulness or awareness. Patients with acute DoC are admitted to the intensive care unit (ICU), where accurate assessment of a patient's level of consciousness is critical, as it informs prognostication and helps guide decisions related to the goals of care. The clinical management of patients with DoC places a high burden on the healthcare system [1] and raises complex ethical questions, particularly regarding level-of-care decisions that could lead to early withdrawal of life-sustaining treatment (WLST) [2, 3]. In a recent large study comparing rates of WLST amongst mechanically ventilated patients with and without

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acquired brain injury, the group with brain injury had significantly higher rates of WLST and shorter time to WLST. These observations suggest that the mere presence of a brain injury is associated with an increased likelihood of early WLST in the ICU [4]. The field of DoC is evolving rapidly, and expertise is required to provide care and clinical recommendations that incorporate current guidelines and cutting-edge scientific discoveries. In 2025, the International Symposium on Intensive Care and Emergency Medicine (ISICEM) hosted a Roundtable of expert clinicians and researchers to synthesise and discuss the latest evidence on acute DoC epidemiology, diagnosis, treatment, and prognosis. Unlike previous reviews of the scientific landscape and knowledge gaps [5–11], the primary aim of the Roundtable was to outline evidence-based strategies for managing critically ill patients with acute brain injury and DoC that could be rapidly implemented by intensivists across diverse healthcare settings, regardless of resource availability.

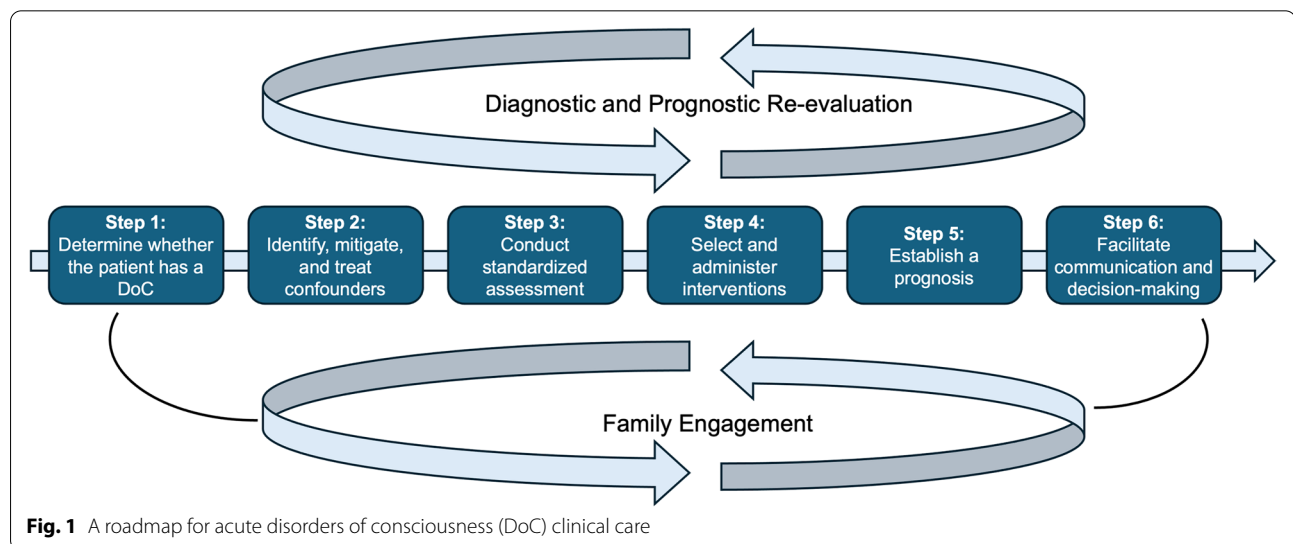
In this report, the ISICEM Roundtable participants present a stepwise evidence-informed and practical roadmap for diagnosis, treatment, and prognostication of patients with acute DoC. The six-step framework ranges from patient identification to family communication and shared decision-making (Fig. 1). In addition to these actionable recommendations, we highlight key scientific advances that support current practices and note emerging research advances that, whilst promising, remain preliminary and require replication, validation, or clinical translation. Broader theoretical debates on the nature of consciousness and a systematic review of the field are beyond the scope of this report and have been addressed elsewhere [8, 12–18].

## Take-home message

The 2025 International Symposium on Intensive Care and Emergency Medicine hosted a Round Table of 18 expert clinicians and researchers to synthesise and discuss the latest evidence on acute DoC epidemiology, diagnosis, treatment, and prognosis. Experts identified a six-step roadmap that ranges from patient identification to family communication and shared decision-making. In addition to providing actionable recommendations, the manuscript highlights key scientific advances that support current practices and emerging research advances that, while promising, remain preliminary and require replication, validation, or clinical translation.

## Methods

The ISICEM Roundtable dedicated to DoC brought together 18 international experts from seven countries selected for their recognised expertise across complementary fields, including neurocritical care, neurology, neuroscience, electrophysiology, clinical trial methodology, rehabilitation medicine, neuroimaging, and bioethics. Participants were identified through their track record of peer-reviewed publications, leadership in international research consortia, and contributions to the development of clinical practice guidelines, ensuring a balanced representation of disciplines and perspectives. The Roundtable opened with pre-recorded videos, provided by the Neurocritical Care Society Curing Coma Campaign [19], of perspectives from patients and families on the unmet needs of persons with DoC lived experience. These testimonies contributed to the conceptualisation of the roadmap. The video presentation was followed by sessions addressing the pathophysiology of DoC, theories of consciousness, epidemiology, taxonomy and classification, diagnostic strategies (encompassing behavioural phenotyping and advanced tools, such as



**Fig. 1** A roadmap for acute disorders of consciousness (DoC) clinical care

neuroimaging, electrophysiology, and automated pupilometry), therapeutic interventions (pharmacological, neuro-modulatory, both non-invasive and invasive, and rehabilitative), prognostication (including long-term outcomes, predictive models, communication with families, and level-of-care decisions such as WLST), and ethical considerations. Presentations for each topic included a discussion of current practices, clinical guidelines, feasibility of widespread ICU application, existing evidence and gaps in knowledge, and the most recent research advances. Roundtable participants synthesised the information into six actionable and evidence-supported clinical practices that could be implemented immediately by intensivists caring for patients with acute DoC. For each step, we first presented information that has immediate clinical relevance, followed by additional considerations that frame or expand upon the clinical information. Finally, we described research advances that require further investigation prior to adoption into clinical care. Notably, we acknowledge that there are no well-defined DoC endotypes, evidence-based ICU interventions targeting DoC, or precise acute DoC prognostic markers. Therefore, rather than focussing on specific mechanisms of brain injury that could result in DoC, we designed the roadmap to emphasise challenges commonly encountered across DoC aetiologies. Where applicable, we highlight individual studies or practices that are pertinent to a specific aetiology.

### A roadmap for acute DoC clinical care

#### Step 1: determine that a patient may have a DoC

Patients who sustain a severe brain injury but do not recover cognitive functions such as basic communication or functional object use have a DoC, traditionally defined as coma [20, 21] or vegetative state (VS; or, more recently, unresponsive wakefulness syndrome [UWS]) [5, 22, 23]. These patients may remain with their eyes closed regardless of external stimulation, or may open their eyes but not demonstrate evidence of awareness of themselves or their circumstances. In recent years, the minimally

conscious state [24] (MCS) has been recognised as a distinct milestone along the DoC continuum that describes patients with emerging signs of awareness and signals the potential for further functional improvement [25, 26]. MCS is subcategorised as MCS without language function (MCS-; e.g., visual tracking, localisation to noxious stimulation) and MCS with language function (MCS+; e.g., command-following, intelligible speech) [27]. A key clinical feature of DoC is fluctuation between states of consciousness, which can occur over minutes, hours, or days, complicating diagnosis and clinical management [28, 29]. In the ICU, patients with coma, VS/UWS, and MCS require specialised care, as they are at risk for misdiagnosis and imprecise prognosis, which may result in premature WLST. The subsequent series of steps apply to patients who meet criteria for coma, VS/UWS, or MCS as defined in Table 1.

#### Additional considerations

The term “coma” is widely used to describe patients with DoC in the critical care setting. However, a central challenge lies in the definitional ambiguity of this term, which is often reduced to a Glasgow Coma Scale (GCS) [30] total score of 3–8 [31]. Notably, this range of scores encompasses a broad spectrum of patients, including both patients with persistently absent sleep–wake cycles [20, 21], as demonstrated by eye closure and lack of responses to external stimuli, and patients who meet criteria for MCS as evidenced by non-reflexive behaviours, such as localization to noxious stimulation, visual pursuit, and even command-following [32]. Moreover, the original intention for developing the GCS was to characterise the severity of a traumatic brain injury (TBI) and not to diagnose a state of consciousness. As a testament to the lack of consensus on the key features of “coma,” a six-part expert definition provided in the Curing Coma Campaign COME TOGETHER survey achieved only 64% agreement amongst neurocritical care experts [31, 33]. The same survey also found that formal, standardised evaluation of level of consciousness (i.e., coma, VS/UWS,

**Table 1 Overview of terminology and diagnostic criteria commonly used in patients with disorders of consciousness**

Diagnosis	Wakefulness	Behavioural responsiveness	Key behaviours
<b>Coma</b>	Absent	Absent or reflexive	None
<b>Vegetative state (VS)/unresponsive wakefulness syndrome (UWS)</b>	Present	Absent or reflexive	Eye-opening, no purposeful responses
<b>Minimally conscious state minus (MCS-)</b>	Present	Present, without language function	Visual pursuit, localization to pain, automatic motor responses
<b>Minimally conscious state plus (MCS+)</b>	Present	Present, with language function	Command-following, intelligible expression
<b>Emergenced from MCS (eMCS)</b>	Present	Present, with or without language function	Accurate yes/no communication, functional object use

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MCS–, MCS+) assessed via tools such as the Coma Recovery Scale-Revised (CRS-R) [34], is rarely employed in routine ICU practice, precluding precise DoC diagnosis. Currently, there is no systematic approach for screening and assessing patients in the ICU for a DoC, conducting serial evaluations of consciousness, or collecting longitudinal data.

### **Research priorities**

The epidemiology of acute DoC, defined in at least one guideline as a DoC occurring in the first 28 days after injury [35], remains poorly characterised due to the absence of structured surveillance systems, consistent definitions, and routine use of standardized diagnostic assessments [36]. Rapid recoveries and fluctuations in the level of consciousness are also common, further complicating epidemiological studies [28, 29, 37, 38], because the timing of DoC assessment could drastically affect data on DoC prevalence and incidence. Furthermore, DoC diagnoses have not been routinely documented in medical records; although, the 11th Revision of the International Classification of Diseases [39] now includes specific codes for VS/UWS, MCS–, and MCS+, which should enhance future epidemiological work [10, 40–44]. A 2022 crowdsourcing survey conducted in the United Kingdom and the United States estimated an annual coma incidence of 135/100,000 and 258/100,000, respectively, and a point prevalence of 7/100,000 and 31/100,000, respectively [45]. In this study, “coma” was broadly defined as unable to be awakened with stimulation, unable to speak or move, unable to answer questions or communicate, and unaware of the world, and the survey relied on respondents’ understanding of these terms and recollection of the patients’ state. Rigorous epidemiological studies are needed to understand the incidence, prevalence, and determinants of acute DoC.

### **Step 2: identify, mitigate, and treat confounders that may mask consciousness**

Maintaining homeostasis and physiologic targets, ensuring adequate oxygenation, ventilation, and haemodynamic stability, and vigilant monitoring to detect medical (e.g., infections, venous thromboembolism, ulcers) or iatrogenic complications (e.g., related to sedation or drug–drug interactions) are essential pillars of ICU care and, by extension, DoC care [46–52]. Concomitant injuries, pain, acute hydrocephalus, seizures, paroxysmal sympathetic hyperactivity, infections, and toxic/metabolic derangements are amongst the potentially treatable/reversible medical situations that patients with DoC frequently encounter [5, 53–58], potentially leading to secondary brain injury, and masking intact consciousness in unresponsive patients. Sedation and language impairments

[59] should also be considered, as both could also mask intact consciousness. Before determining whether a patient has a DoC, these factors should be considered and mitigated or treated whenever possible.

Seizures are particularly common following acute brain injury and represent a potentially reversible cause of DoC. Their frequency varies considerably depending on the underlying aetiology, with high rates reported in patients with infection, cardiac arrest, haemorrhagic stroke, and TBI. Importantly, a substantial proportion of these seizures are electrographic and subclinical, detectable only with electroencephalography (EEG) [60]. This underscores the need for EEG monitoring in patients with DoC and for treatment decisions to follow strict management protocols [61].

### **Additional considerations**

Sedation, analgesics, and fever are frequent confounders that may transiently mask awareness, leading to diagnostic uncertainty if not carefully accounted for. Beyond organ-specific considerations, the cumulative impact of polypharmacy in critically ill patients should not be underestimated, as drug interactions or improper dosing may cloud the clinical picture, especially when medication clearance is impaired (e.g., due to renal or hepatic dysfunction). In addition, clinicians should remain alert to less obvious but equally relevant contributors to secondary brain injury and fluctuations in arousal. Disturbances of glycaemic control, electrolyte imbalances, renal or hepatic dysfunction, and endocrine abnormalities (e.g., thyroid, adrenal, and pituitary) may all exacerbate impaired consciousness if unrecognised. Nutritional deficits and impaired gastrointestinal function can further complicate recovery trajectories, whilst immobility-related complications, including contractures and pressure injuries, can limit rehabilitation potential. Finally, environmental and iatrogenic factors, such as noise, light, sleep disruption, and the absence of structured stimulation, can interfere with arousal and hinder accurate diagnostic assessment. Taken together, these aspects highlight the need for broad expertise that may require a multidisciplinary approach integrating intensivists, neurologists, rehabilitation specialists, nurses, and allied health professionals.

### **Research priorities**

One especially challenging confounder to DoC management in the ICU is the influence of sedation on patient arousal and unresponsiveness. There are no well-defined approaches to determine whether sedation is affecting daily clinical assessments, nor guidelines on the optimal timing for a clinical exam after sedation is weaned

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to minimise its residual effects. In addition, prospective assessment and validation of which ICU factors, hospital events, and complications are most likely contributing to DoC may guide timely preventive interventions that optimise recovery [62].

### **Step 3: conduct standardised, serial assessments to determine level of consciousness**

Behavioural assessment remains the cornerstone of DoC diagnosis [5]. Table 2 provides comparative characteristics of behavioural scales used for the assessment of DoC. The GCS [30] has been adopted nearly universally in the ICU setting. However, the GCS lacks the sensitivity required to detect subtle signs of awareness [32, 63]. The Full Outline of UnResponsiveness (FOUR) Score [64] is more comprehensive but has similar limitations [65]. In contrast, the CRS-R [34] is a standardised behavioural assessment designed specifically to detect subtle signs of awareness and diagnose DoC. Its use reduces misdiagnosis when compared to a clinical consensus [66] or GCS assessment [63]. The CRS-R comprehensively assesses six domains: auditory function, visual function, motor function, oromotor/verbal function, communication and arousal. DoC diagnosis is based on the presence of specific behaviours within these domains. In patients with prolonged DoC (i.e., DoC lasting  $\geq 28$  days) [35], the most prevalent behaviours that denote MCS are a reproducible response to a command, localisation to nociceptive stimulation, visual pursuit and fixation, and automatic motor responses (e.g., scratching nose, grabbing bedrail) [37, 67]. Notably, visual pursuit and fixation, and automatic motor responses are not assessed on the GCS. The CRS-R is a National Institute of Neurological Disorders and Stroke Common Data Element [68], recommended for DoC diagnosis by professional organisations in the United States, Europe, and the United Kingdom [5, 69–71] and translated into multiple languages [72, 73]. However, CRS-R administration requires 25–35 min, making it infeasible for serial assessment of medically unstable patients in the ICU [74]. Adaptations of the CRS-R, such as the abbreviated CRS-R For Accelerated Standardized Testing (CRSR-FAST) [75] and the Simplified Evaluation of CONsciousness Disorders (SECONDS) [76], have been developed to facilitate rapid (i.e.,  $< 10$  min) assessment of level of consciousness in the ICU. Serial assessments are crucial because, as demonstrated in patients with prolonged DoC, fluctuations in arousal and responsiveness may lead to misdiagnosis when the diagnosis relies on a single assessment [28, 37].

Optimising the conditions under which behavioural assessment is conducted is essential. Patients should be assessed in a quiet setting with minimal distractions from screens, conversation, or other co-occurring

assessments or interventions (e.g., application of EEG). If present, sedation should be weaned in advance of the examination. If sedation cannot be safely weaned, the evaluation should be considered as being potentially confounded. Examiners should ensure that sensory aids used pre-injury (e.g., hearing aids, glasses) are utilised during assessment. In the case of reduced arousal (e.g., evidenced by eye closure and/or unresponsiveness), the patient should be maximally stimulated using a standard protocol such as the CRS-R Arousal Facilitation Protocol. If present and safe to do so, consider removing restraints and boosting the patient to a seated position.

Accurate assessment of a patient's level of consciousness in the ICU is critical, as it informs prognosis and helps guide decisions, related to the goals of care, including continuing life-sustaining treatment, withholding life-sustaining treatment, or WLST (see Step 5) [2, 3]. Yet, the detection of consciousness in this setting is frequently hindered by confounding factors [87, 88]. Notably, WLST rates vary significantly within and between countries [77–82] and 30–80% of WLST decisions are made within the first 72 h following the acute event [4, 77, 80, 83–86].

### **Additional considerations**

Approximately 15–25% of persons who do not follow commands behaviourally (i.e., coma, UWS, MCS–) demonstrate covert brain responses to verbal commands that are detected by advanced neuroimaging and electrophysiological techniques, such as functional magnetic resonance imaging (fMRI) and EEG [10, 41, 43, 44]. This state is known as cognitive motor dissociation (CMD) [89]. Interestingly, many individuals who do follow commands behaviourally (e.g., MCS+ level of consciousness) do not appear to follow commands when assessed with task-based fMRI and EEG, highlighting the low sensitivity of these approaches [44, 59]. To date, CMD detection has been largely confined to research settings, because the expertise required to analyse and interpret the fMRI and EEG data is not available in most medical centres around the world [90]. These techniques have not yet been standardised or validated for routine clinical application, limiting their current utility in bedside diagnosis. Given that CMD, by definition, cannot be detected on routine clinical examination, it is important to remember that it is a relatively common phenomenon in patients with DoC.

### **Research priorities**

Recent studies have focussed on validating newly proposed behavioural indicators of consciousness [91]. These include resistance to passive eye-opening, habituation of the auditory startle reflex, auditory localisation, spontaneous eye blink rate, olfactory responses,

**Table 2 Comparative characteristics of behavioural scales for disorders of consciousness**

Feature/Domain	GCS	FOUR Score	SECONDS	CRSR-FAST
<b>Total score range</b>	3–15	0–16	0–8	Binary (consciousness present vs absent)
<b>Eye/visual responses</b>	Spontaneous; to speech; to pain; none	Open/track or blink to command; open but no tracking; to voice; to pain; none	Eye-opening, visual pursuit, fixation	Visual pursuit and fixation
<b>Motor responses</b>	Obeys commands; localises pain; withdraws from pain; abnormal flexion; extension; none	Follows commands; localises pain; flexion; none	Command-following; pain localisation; oriented behaviours	Follows commands; automatic motor responses; localisation to pain; functional object use
<b>Verbal/communication</b>	Oriented; confused; inappropriate words; incomprehensible sounds; none	Not assessed	Yes/no communication	Intelligible speech; Yes/no communication
<b>Brainstem reflexes</b>	Not assessed	Pupil, corneal, cough reflexes	Not assessed	Not assessed
<b>Respiration</b>	Not assessed	Regular; Cheyne-Stokes; Irregular; Above ventilator; Apnoea/ventilator	Not assessed	Not assessed
<b>Sensitive to transitions between DoC states</b>	No	No	Yes	Yes
<b>Administration and scoring manual available</b>	No	No	Yes	Yes
<b>Time required to administer</b>	1–2 min	2–4 min	~7 min	~6 min
<b>Clinical intent</b>	TBI severity grading	Neurologic function, especially in intubated patients	DoC diagnostic classification; research; clinical follow-up	DoC diagnostic classification; research; clinical follow-up
<b>Strengths</b>	Widely validated; global use; simple	Assesses brainstem and respiration; works for intubated patients	Differentiates states of DoC	Differentiates states of DoC
<b>Limitations</b>	Insensitive to DoC transitions; poor for intubated patients	Less intuitive than GCS; limited DoC granularity	Requires prognostic validation; needs translation	Requires prognostic validation; needs translation

Comparison of four bedside tools for assessing the level of consciousness in the ICU: the Glasgow Coma Scale (GCS), Full Outline of UnResponsiveness (FOUR) Score, Simplified Evaluation of Consciousness Disorders (SECONDS), and the Coma Recovery Scale-Revised For Accelerated Standardized Testing (CRSR-FAST). The table summarises their scoring range, domains assessed, diagnostic sensitivity, administration time, training requirements, clinical applications, strengths, and limitations

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swallowing, and spontaneous leg crossing. Moreover, several additional advanced techniques have been developed to detect and probe residual brain function in patients with DoC, though none alone can establish a definitive diagnosis of consciousness. EEG event-related potentials, including the P300 component, offer insights into residual cognitive processing but also show low sensitivity [92, 93]. Characterising resting-state EEG dynamics with power spectral analysis [94], including the ABCD model [95], can offer relevant information for patient stratification, but does not provide a DoC diagnosis. Multimodal analysis of EEG through power spectrum, complexity, and connectivity using artificial intelligence also showed promising results [12, 96, 97]. Concurrent transcranial magnetic stimulation and EEG (TMS-EEG) [2, 88, 95, 98] can assess complex brain interactions independent of sensory processing, motor responsiveness, and executive functioning. TMS-evoked metrics like the perturbational complexity index show high sensitivity for detecting patients in MCS [99, 100], even in the presence of abnormal resting-state EEG patterns [100] and may detect the brain's capacity for consciousness in unresponsive patients. Automated pupillometry measures pupillary responses to light and cognitive stimuli, offering a non-invasive, bedside method to assess subtle changes in arousal and cognitive processing [101]. Many of these techniques may have prognostic value as well (Step 5). As is the case for assessment for CMD, access to these techniques is limited to a few centres, and their application has been generally restricted to research, rather than clinical, settings. A key priority for future research is to ensure rigorous validation and to develop techniques and analysis pipelines that are practical for widespread use, thereby facilitating clinical translation.

#### **Step 4: selecting therapeutic interventions**

Currently, no intervention has been proven to initiate or accelerate recovery from acute DoC [7]. Although several pharmacologic and neuro-modulatory treatments show promise in prolonged DoC, none have sufficient evidence to support routine use in the acute ICU setting [102]. These approaches should therefore be considered experimental and limited to research protocols or highly selected cases in specialised centres.

Currently, best practice focuses on meticulous supportive care, prevention of secondary injuries, and early rehabilitation, whilst ongoing trials assess whether targeted therapies can be safely and effectively translated into clinical practice [103]. Beyond brain-directed care, patients with acute DoC require comprehensive general ICU management to maintain systemic homeostasis and prevent complications that may impede neurological recovery [104, 105]. Patient management is intended to

prevent secondary physiological insults that could aggravate neuronal injury. As with all patients who may have a prolonged ICU admission, patients with DoC are at high risk for medical and iatrogenic complications, such as infections, venous thromboembolism, pressure ulcers, and nutritional deficits. Key priorities include prevention of contractures and orthostatic hypotension, timely detection and treatment of paroxysmal sympathetic hyperactivity [107], prevention of heterotopic ossification, early and safe mobilisation, and appropriate tracheostomy [106] and gastrostomy management, when these procedures are performed. In addition to following principles and best practices of critical care management, unique considerations in the care of patients with DoC (e.g., related to intracranial pressures, cerebral perfusion, and metabolic demands) may be necessary to mitigate secondary brain injury. Failure to address these issues may compromise long-term recovery and quality of life. A structured, multidisciplinary approach that integrates general ICU goals with DoC-specific needs should be implemented early to optimise functional outcomes and preserve recovery potential.

#### **Additional considerations**

Several studies of pharmacological treatments have demonstrated efficacy in patients with prolonged DoC. In patients with TBI and a DoC 1–4 months post-injury, one large randomised, placebo-controlled pharmacological trial successfully demonstrated that behavioural recovery was accelerated when amantadine hydrochloride was administered for 4 weeks [108]. Zolpidem, a sedative-hypnotic agent that acts on GABA receptors, paradoxically enhances responsiveness in approximately 5–10% of patients with prolonged DoC [109–111]. Although its effects are transient and inconsistent, the phenomenon suggests that modulation of inhibitory neurotransmission may play a role in restoring consciousness in select cases. Other agents, including apomorphine [112, 113, 115], methylphenidate [114, 115], saxagliptin [116], and emerging psychedelic compounds [117–119], are under investigation. However, clinical responses remain variable [120], underscoring the need for understanding individual phenotypes and targeting treatment towards specific neurobiological profiles [121–123].

A cornerstone of care for patients with DoC is not only treating the brain injury itself but also safeguarding against the cascade of secondary insults and medical complications that can follow. These patients are highly susceptible to cardiorespiratory compromise, infections, thromboembolism, skin breakdown, contractures, and nutritional deficits. Monitoring and anticipating these risks and addressing them through structured preventive

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strategies is essential to preserve the patient's potential for recovery.

Early and intensive rehabilitation, initiated during the ICU stay when feasible, has been associated with improved functional outcomes and reduced incidence of ICU-acquired weakness [124–126]. Multidisciplinary rehabilitation protocols, encompassing physical therapy, occupational therapy, and speech therapy, may promote neuroplasticity and enhance recovery [127, 128] but require further evidence, especially in the ICU setting. Family involvement in the rehabilitation process may also improve patient outcomes and support the emotional well-being of caregivers [129] but has not been systematically studied across settings. In one Curing Coma Campaign video, the wife of a stroke survivor said: “While the main purpose of the ICU is survival,...the focus of recovery should start in the ICU itself..., if we could have had more hours of therapy, recognising it was passive movement, it might have generated better outcomes. I think whilst we were in the ICU for 4 weeks, we got 15–30 min of therapy a week.” Even after ICU discharge, depending on the healthcare system and model, patients may not have access to intensive inpatient rehabilitation, and the implementation of standardised rehabilitation protocols remains inconsistent across institutions and healthcare systems. Future research should focus on evaluating the potential benefits of rehabilitation for patients with DoC as well as defining the optimal timing, intensity, and modalities of rehabilitation [130–132].

### **Research priorities**

**Neuromodulation** Non-invasive and invasive neuromodulation have gained increasing attention as therapeutic approaches for DoC. Repetitive transcranial magnetic stimulation (rTMS), transcranial direct current stimulation (tDCS), transcranial low-intensity focussed ultrasound (tFUS), and transauricular vagus nerve stimulation (taVNS) have reasonable safety profiles in the outpatient or general care hospital settings [102], but have not been broadly tested or used in the ICU. rTMS applies magnetic pulses to the cortex, thereby modulating neural activity in targeted regions. Studies have reported improvements in arousal and functional outcomes following rTMS in patients with prolonged DoC, although responses are heterogeneous [133, 134]. Similarly, tDCS, which delivers a low-intensity electrical current through scalp electrodes, has shown potential for facilitating recovery of awareness, although more commonly in patients with TBI and a behavioural diagnosis of MCS [135–137]. tFUS can target deeper regions of the brain and has similarly shown some promise in promoting recovery of consciousness [138, 139]. taVNS [77, 78, 140, 141], which stimulates the cortex via electrical pulses delivered to the outer ear that are

transmitted to the vagus nerve, and median nerve stimulation [142], has also been studied to promote recovery of consciousness. Though promising, studies using these techniques have been limited by small convenience samples, lack of robust blinding, and the absence of sham conditions.

Invasive neuromodulation, specifically, deep brain stimulation (DBS), targets individual brain regions with direct electrical stimulation. Early phase trials have investigated DBS of the central thalamic nuclei [143] or the centromedian–parafascicular complex [144] showing promise in single cases or small case series. In conscious patients with chronic TBI-related disability, DBS may improve executive control [145]. Nevertheless, the invasiveness of the procedure, along with risks such as infection, haemorrhage, and suboptimal evidence, currently limits its use to highly selected cases. Thus, as with non-invasive techniques, the level of evidence for DBS remains low. Precise patient selection, stimulation parameters, and neuroanatomical targets will be key to maximising the potential benefits of these neuro-modulatory techniques.

**Neuroregeneration** The field of neuroregeneration offers promising, albeit experimental, avenues for treating DoC. Mesenchymal stem/stromal cell implantation has emerged as a potential therapeutic approach, because mesenchymal stem/stromal cells secrete neurotrophic factors, modulate inflammation, and promote endogenous neurogenesis. Preclinical studies have shown that mesenchymal stem/stromal cell implantation therapy may improve motor and cognitive outcomes following severe brain injury by creating a pro-regenerative microenvironment [146]. Early phase clinical trials, whilst promising, require further validation in larger cohorts to establish optimal cell sources, dosages, and delivery methods, and effectiveness in the clinical setting through well-designed multicentre trials [147].

### **Step 5: establishing a prognosis**

Prognostication in patients with acute DoC is particularly challenging due to the heterogeneity of brain injuries and longitudinal data that may be confounded by WLST [11, 148]. Consequently, neuro-prognostication guidelines emphasise the absence of optimal prognostic models and tools, and a high level of uncertainty surrounding DoC outcome prediction, sometimes suggesting delaying prognostic evaluations for several weeks [5, 149]. Nevertheless, families seek information in the ICU and prognostic uncertainty, including the limited accuracy of most prediction models [150–152], and potential clinical confounders should be acknowledged and integrated into these discussions, promoting transparency whilst

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avoiding premature conclusions. Yet, expressing uncertainty may not always be part of clinical training and therefore may not be practised regularly, leading to use of communication strategies that may not meet surrogate or patient needs [153]. As the husband of a basilar artery stroke survivor said in the Curing Coma Campaign video: “a doctor [*at a major academic medical center*] told me, in no uncertain terms, that you [*speaking to the wife on video*] would have locked-in syndrome, that you would never walk again, or eat my delicious cuisine again....and obviously you are speaking and eating again” .... “it makes one start to make plans based on that [information]...”

There are no published guidelines that provide recommendations regarding the optimal timing to initiate level-of-care discussions or the conditions under which these discussions should take place. Multiple factors contribute to this gap, including the absence of accurate tools for predicting neurologic recovery and the inability to account for pre-injury comorbidities or extracerebral complications that may arise during the patient’s ICU stay, which can further diminish the likelihood of meaningful recovery.

Two perspectives should be considered. First, although it is recommended that level-of-care discussions be separated from those related to prognosis for neurological recovery [154], level-of-care decisions, including those related to early WLST, are often made in the context of a presumed unfavourable clinical prognosis [2, 3, 77]. As a result, it can be argued that WLST [80, 84, 155] may perpetuate a self-fulfilling prophecy, such that the prediction of an unfavourable outcome results in an unfavourable outcome (i.e., death) [156–159]. Statistical modelling suggests that, across various DoC aetiologies, some patients who died after WLST may have achieved a wide range of recovery milestones, had life-sustaining treatment been prolonged [83, 85, 86]. Amongst survivors of traumatic [160, 161] and non-traumatic [162, 163] brain injury resulting in acute DoC, recovery of consciousness, independence, and higher levels of function has been demonstrated in multiple studies, but may take several years [162–167]. Although these observations are subject to survivor and referral biases [162, 164, 166, 168], several professional guidelines caution against early WLST, especially when that decision is based solely on the prognosis [5, 149, 151, 152, 154].

A second perspective is that delaying level-of-care decisions may lead to patients surviving, and even regaining some function, but having an unacceptable quality of life. Some patients may have previously expressed that survival in an unconscious state or even with minimal impairments is personally unacceptable. Delaying WLST decisions may be incompatible with these perspectives and may place substantial strain on healthcare systems,

both in terms of resource utilisation and financial burden, due to the potential increase in the number of patients in DoC requiring long-term care [148, 169, 170]. Moreover, caregivers’ quality of life may be affected when life-sustaining treatments are prolonged after brain injury and result in a substantial long-term burden on families [171]. These considerations, and the potential for perspectives to change over time, have not been well studied and should not singularly drive level-of-care decisions, limit interventions, or affect access to care [172].

Establishing prognosis in patients with acute DoC requires a careful balance between recognising uncertainty and minimising the potential for long-term suffering. Improving the accuracy of prognostication requires greater awareness of DoC-related challenges in clinical practice, incorporating the perspectives of multiple team members [173], conducting systematic long-term follow-up, and developing a multimodal approach that integrates diverse sources of data across various post-admission time-points [174]. In research studies, attributing an unfavourable outcome to participants with WLST may overestimate the incidence of that outcome, especially if the neurologic prognosis was inaccurate or the WLST decision was based on other factors [175]. On the other hand, censoring patients with WLST from analyses could underestimate unfavourable outcomes [175] potentially biasing findings [176]. Therefore, application of research findings to clinical care requires caution and a nuanced interpretation of results, especially for studies conducted in countries with high rates of WLST.

#### **Additional considerations**

Although several individual clinical, radiological, electrophysiological, laboratory, and blood biomarker indicators have been associated with outcomes following DoC [11], none of these indicators alone provides sufficient accuracy. Prognostic models combining multiple metrics are therefore needed. The most robust prediction models are specific to DoC resulting from hypoxic/ischaemic brain injury after cardiac arrest, although prognostication remains uncertain in many circumstances. Individual predictors have weak-to-moderate evidence supporting their use, and a multimodal approach to prognostication is recommended [151, 154, 177]. Multimodal TBI prognostic models were intended primarily for risk adjustment in clinical trials rather than to guide clinical decision-making [178–181]. Importantly, current models use data available at admission, thereby failing to account for the impact of secondary cerebral injuries that may occur in the early phase of care, factors that could confound initial assessment (e.g., positive toxicology), and the impact of interventions (e.g., dramatic improvement immediately after emergent treatment of hydrocephalus).

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### **Research priorities**

In addition to the known prognostic indicators, serial behavioural assessments using a standardised behavioural measure provide the foundation for evaluating recovery trajectories. Combining behavioural assessments with advanced neuroimaging and electrophysiological data may enhance predictive accuracy [42, 182–186], although these findings are inconsistent [187]. There is evidence that the presence of CMD [42, 182], responses to passive language stimuli [185, 188], event-related potentials [186], somatosensory-evoked potentials [87], resting-state EEG metrics such as Synek scores [183, 184], ABCD classification [95, 183, 184], the TMS-EEG evoked perturbation complexity index [99], well-formed sleep spindles preceding observation of CMD [189], and resting-state network connectivity assessed with fMRI [184, 190] may be associated with outcome to varying degrees and at varying time-points. Increasing the number of assessments also appears to increase the likelihood of achieving an accurate prognosis [186]. However, at least two studies have shown that CMD and responses to passive language stimuli are not associated with outcome after acute TBI [40, 187]. Importantly, most of these advanced techniques are not available in clinical practice and require specialised expertise for data analysis and interpretation, making their standard ICU use infeasible in the immediate future. Moreover, whether patients with CMD or other signs of capacity for consciousness can show clinical improvement that is compatible with an acceptable quality of life has not been demonstrated.

Blood-based biomarkers are showing increasing promise for contributing to prognostic models, are feasible to acquire in the ICU, and can be analysed at the point of care. Neuron-specific enolase (NSE) levels in cardiac arrest have been integrated into prognostic guidelines [151] and large multicentre TBI studies have found that glial fibrillary acidic protein (GFAP), ubiquitin carboxy-terminal hydrolase L1, neurofilament light, S100 calcium-binding protein beta (S100B), and total tau levels increase prognostic accuracy when compared to the GCS alone in the acute phase of care [191, 192]. A key consideration in the use of blood-based biomarkers is the timing of their measurement, because values can fluctuate over hours and days [193]. Systematic reviews with meta-analyses have consistently shown an association between S100B, GFAP, and NSE levels measured in the early phase of care and long-term prognosis [194–198]. These biomarkers are rarely included in models with other predictors to create an optimal multimodal prognostic algorithm, and their added value in a multimodal evaluation is not well known.

A key consideration in DoC outcome prediction is selecting the appropriate outcome measure. Traditional measures use a limited number of categories to characterise long-term outcomes (i.e., death to full recovery) and do not differentiate between deaths with WLST, deaths without WLST, and deaths that result from non-neurologic factors [176, 199]. The Cerebral Performance Category for post-hypoxic brain injury [200]; the original and extended Glasgow Outcome Scale for TBI [201–203]; and the modified Rankin Scale for cerebral vascular accidents [204] rate broad levels of outcome and are often dichotomised into a favourable and unfavourable recovery based on a variety of cut-points [205]. To consider the whole spectrum of these ordinal scales, methods such as the sliding dichotomy or proportional odds analyses are used to provide additional precision [206–209]. However, the sliding dichotomy approach still requires a validated prognostic model at baseline, which is not available for many brain injury conditions. Moreover, the recovery milestones assessed by these measures (i.e., independence) do not reflect subtle, potentially meaningful improvements for patients with DoC [205, 210–213], and are not selected by patients or caregivers [214–216]. It is important to note that a substantial proportion of patients with “unfavourable” outcome report average or above-average quality of life [217–221], suggesting that functional recovery may need to be considered in the context of an individual’s life satisfaction. Moreover, in some studies, outcomes considered to be “unfavourable” (e.g., partial in-home independence, basic communication) are considered acceptable endpoints by persons with lived experience [170, 215, 222]. The development of person-centred outcomes that are meaningful to patients and families, and used consistently across studies, is needed.

### **Step 6: facilitating family communication and supported decision-making**

The ICU team has the responsibility of conveying complex clinical information in an empathic, compassionate, and understandable manner to promote effective communication with families. A cohesive and consistent message, delivered with appropriate humility, is needed to ensure shared decision-making, promote goal-concordant care, and reduce caregiver strain [223, 224]. Inconsistent information from the different care team members can be confusing, making decision-making more difficult, and increasing the emotional burden for families [225, 226]. Structured family meetings [227], guided by standardised communication protocols, decision aids [228], and cultural and religious considerations, may help align clinical recommendations with the patient’s and family’s values and expectations. In practice, the implementation

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of a time-limited trial of continued therapy may provide an approach for balancing the need to comprehensively assess for spontaneous recovery whilst avoiding indefinite life-sustaining therapies [229].

Shared decision-making in the ICU refers to the process by which family surrogates, clinicians, and, when possible, patients, make health care decisions together, with consideration of scientific evidence, as well as the patient's values and goals [230, 231]. However, how shared decision-making is operationalised varies by circumstance and cultural norms [155, 232–234]. Surrogates express a range of perspectives regarding their preferred approach to decision-making and the role of the clinical team in this process [230, 235]. These perspectives should be evaluated early in the course of recovery and re-evaluated over time. Consultation with bioethics and palliative care experts, where available, can provide guidance in complex situations where there is discord between families and the clinical team.

The surrogate decision-makers are often asked to make decisions on behalf of patients based on what they believe the patients would have wanted, even though they may have never expressed their wishes before injury. Surrogate decision-making has two key components: (1) Substituted Judgement—where the surrogate must try to determine what the patient would have decided for themselves based on their (i.e., the patient's) known values and preference; and (2) Best Interests—when the patient's values and preference are unknown, the surrogate must base their decision on the patient's best interests, considering the pain and suffering of treatments versus the potential benefits, and the resulting impairments [8, 85, 86, 164, 166, 221, 236, 237]. In either case, the patients' values and their best interests are central to the decision-making, and surrogates must be supported in making decisions based on their perception of the patient's values and beliefs, and not their own. It is therefore imperative that clinicians inquire about previously voiced wishes and values and engage in honest, sensitive multidisciplinary discussions about prognosis and treatment options. This involves balancing the limitations of our ability to accurately prognosticate in the early phase of care and obtaining informed consent for care. It is important to consider that what is in the “best interests” of the patient may vary based on cultural norms. Furthermore, the definition of an “acceptable outcome” is not for the clinicians, but for the patient and their surrogate decision-makers to determine, as this definition is not always aligned and may change over time [215, 222]. There is an ethical imperative to promote person-centred care and avoid nihilism and ableism [217] whilst considering the potential for survival with a quality of life that would be unacceptable to the patient.

### **Additional considerations**

Families of patients with acute DoC experience a high level of emotional distress during the ICU stay, resulting from prognostic uncertainty, potentially augmented by inconsistent clinical team communication [238]. There may be discordance between families and clinical teams related to the perception of the potential for recovery [224, 239] resulting in mistrust. The clinical team can also experience significant distress when facing uncertainty in DoC patient management that can lead to reasoning pitfalls (e.g., cognitive biases) affecting neuro-prognostication, decision-making, and communication [240, 241].

It is also important to provide families with an accurate depiction of the post-acute journey, offer resources for post-acute care, and maintain avenues for long-term follow-up. Importantly, evaluating patients in follow-up clinics after they have been discharged from the hospital may help improve understanding of DoC outcomes. For families leaving the structure of the ICU environment, the journey ahead is marked by unknowns. A cardiac arrest survivor who is also a healthcare professional told us: “We had a really great team [*in the ICU*], but nobody warned us about what we should expect...not even some guidance on what to do afterwards.” Some patients may be offered a period of intensive inpatient rehabilitation, but many will be discharged to long-term care facilities without the ability to provide specialised brain injury care, or home, where the burden of care will fall largely on the family. After discharge, there are minimal opportunities for accessing novel therapeutic interventions or rehabilitative services, even if there is a change in the level of function. Most outpatient clinics are not equipped to provide care for persons with DoC and ICU physicians rarely provide long-term care for patients they treated during the acute phase of recovery. Families take on the role of nurses, social workers, and case managers in coordinating the appropriate support and care. The long-term burden of providing care for a family member with severe disability is high [242, 243] and few resources are available to alleviate that burden. Families report low quality of life, high levels of distress and mental health symptoms, and the need for health information as well as support from professionals and the community when caring for their loved ones [244]. Ultimately, the transition from intensive care to rehabilitation is most effective when it is viewed as a continuum of care, sustained by close collaboration amongst intensivists, rehabilitation physicians, therapists, nurses, and families.

### **Research priorities**

Caring for patients with DoC poses a range of ethical challenges that have received increasing attention in the last two decades [9, 63, 65, 169, 245–248]. Central to

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these challenges is the high likelihood of misdiagnosing a conscious patient as being unconscious [63, 65, 66], the difficulty of establishing a prognosis in the setting of high prognostic uncertainty [148, 157], and that both of these factors critically influence decisions regarding early WLST. Maintaining the balance between doing good (beneficence) whilst avoiding harm (non-maleficence), central tenets of bioethics, is complex, especially when perspectives on acceptable outcomes change over time.

The ethical challenges inherent in DoC clinical care call for further research into effective communication [223] and decision-making strategies. Studies should focus on the development of optimal communication and decision aids to facilitate evidence-informed decision-making processes [171]. Family support interventions to help mitigate the emotional burden on surrogate decision-makers across the spectrum of the recovery journey are also needed. Additionally, research on the quality of surrogate decision-making related to WLST in the early phase of care is also needed as well as the development of outcomes that capture subtle changes in function that are meaningful to patients and families.

### **The need for a research roadmap**

The field of DoC lags behind other areas in medicine, because distinct DoC endotypes are poorly defined (i.e., diagnosis relies on phenotypic classifications rather than pathobiological mechanisms) [19, 154, 155, 249], there are no acute interventions targeting recovery of consciousness [14], and accurate prognostic models in the acute phase are not available [250]. The lack of standardisation in diagnosing and managing DoC is a major barrier to advancing the field. The adoption of Common Data Elements by initiatives such as the Curing Coma Campaign [251] is an example of how data collection could be harmonised across institutions. Coordinated multicentre studies and global surveillance, using standardised definitions and behavioural assessments, will be essential to obtain reliable prevalence and incidence data, and to better inform neuro-prognostication, resource allocation, and long-term planning [36, 252–254]. A summary of current knowledge, immediate ICU actions, and remaining gaps in knowledge are provided in Table 3.

Future studies may focus on optimising study designs to include large samples enrolled across global sites, comprehensively characterising the level of consciousness using multiple modalities, and following participants long-term. Integrating clinical data with advanced neuroimaging, electrophysiology, and blood-based biomarkers may enable the development of personalised interventions and more accurate prognostic models, facilitating a precision medicine approach to DoC management. This approach has the potential to enhance prognostic

accuracy and optimise patient selection to test interventions aiming at improving recovery. Of note, special DoC populations, such as paediatric patients [253, 255, 256] and resource-limited areas including those from low- and middle-income countries [103, 257], are especially understudied and generalizability must be considered when designing trials and developing clinical guidelines. Considering that most patients with acute brain injury, especially TBI, are from lower-income countries, low-cost and broadly available tools must be favoured over costly technology when possible. Educational programmes for ICU personnel working in neurocritical care are also needed to ensure specialised teaching in the field.

Given the multifactorial, heterogeneous nature of DoC, it is unlikely that any single intervention will suffice to improve outcomes. An integrative, multimodal approach that combines pharmacological treatments, neuromodulation, regenerative therapies, and structured rehabilitation holds the greatest promise. This strategy involves tailoring interventions based on individual patient characteristics, including clinical presentation, neuroimaging findings, electrophysiological markers, and biochemical profiles. Given the heterogeneity of DoC, adaptive platform trial designs may be the optimal approach to simultaneously and efficiently evaluate multiple interventions. Such designs allow for dynamic patient stratification based on real-time data and enable modifications to trial protocols as new evidence emerges. Future trials should incorporate patient-centred functional outcomes, such as quality of life and other measures of independence, in addition to neurologic functional outcome measures.

Artificial intelligence and machine learning techniques offer unprecedented opportunities to integrate multimodal data. By leveraging these advanced computational methods, researchers may improve predictive models that enhance prognostic accuracy, help guide personalised treatment strategies [258, 259], and develop brain–computer interfaces that support communication [260]. However, successful integration of artificial intelligence into clinical practice will require rigorous validation, transparency in algorithm design, mitigation of the potential for amplifying existing self-fulfilling prophecies, and close collaboration between clinicians and data scientists [261–264].

### **Conclusions**

One of the most complex challenges in contemporary intensive care medicine is managing patients with impaired levels of consciousness because methods for prolonging life are becoming more effective, whilst interventions to improve recovery remain limited and prognostication is often uncertain. The 2025 ISICEM Roundtable provided a roadmap for intensivists seeking

**Table 3 Synthesis of current knowledge, immediate actions, and remaining gaps in the diagnosis, intervention, and prognosis of patients with disorders of consciousness**

What is known	What can be done now	Gaps
<p><b>Diagnosis</b></p> <ul style="list-style-type: none"> <li>-Routine bedside exams (e.g., GCS or FOUR scores) are insufficient to detect subtle signs of consciousness</li> <li>-Standardised behavioural assessments increase diagnostic and prognostic precision</li> <li>-Advanced technologies (e.g., task-based fMRI/EEG) can detect cognitive motor dissociation (CMD)</li> </ul>	<ul style="list-style-type: none"> <li>-Identify and avoid confounders (e.g., sedation, infection, seizure) that may mask consciousness</li> <li>-Identify reversible causes of DoC (via imaging, electrophysiology, laboratory tests, etc.)</li> <li>-Maximise arousal prior to behavioural assessment</li> <li>-Use standardised behavioural assessments (e.g., CRSR-FAST, SECONDS) to assess consciousness</li> <li>-Repeat assessments during the ICU admission to track recovery trajectory</li> </ul>	<ul style="list-style-type: none"> <li>-No well-defined endpoints exist for DoC</li> <li>-The term "coma" is used imprecisely to describe the full spectrum of DoC</li> <li>-Current behavioural assessment approaches lack standardisation</li> <li>-Subtle signs of consciousness may be missed without comprehensive evaluations</li> <li>-Advanced diagnostic tools require more validation</li> <li>-Access to these advanced tools is limited</li> <li>-The absence of systematic, precise surveillance of acute DoC admissions and outcomes limits the understanding of epidemiology</li> </ul>
<p><b>Intervention</b></p> <ul style="list-style-type: none"> <li>-No treatment has been proven to enhance recovery from acute DoC</li> <li>-Existing ICU guidelines are largely consensus-based and have limited evidence for use in DoC</li> <li>-Multiple pharmacological and neuro-modulatory interventions are under development</li> </ul>	<ul style="list-style-type: none"> <li>-Optimise overall ICU medical management and prevent complications</li> <li>-Initiate early rehabilitation, including family involvement, when there are no contraindications</li> </ul>	<ul style="list-style-type: none"> <li>-Evidence for ICU interventions targeting DoC is limited</li> <li>-Lack of patient stratification approaches to optimise clinical trial responsiveness</li> <li>-Intervention targets remain imprecise</li> <li>-Limited access to experimental interventions</li> </ul>
<p><b>Prognosis</b></p> <ul style="list-style-type: none"> <li>-Outcomes range from death and prolonged DoC to full recovery</li> <li>-WLST may affect study outcomes and interpretations if not well-informed or if mainly based on criteria unrelated to the neurological prognosis in accordance with patient wishes</li> <li>-Self-fulfilling prophecies in prognostication are a concern</li> <li>-Existing prediction models lack the accuracy to inform clinical decision-making at an individual patient level</li> </ul>	<ul style="list-style-type: none"> <li>-Employ a cautious, multifaceted approach to prognostication</li> <li>-Utilise multiple sources of information to improve prognostic accuracy</li> <li>-Communicate the range of outcomes and degree of uncertainty</li> <li>-Engage in shared decision-making and provide consistent information on the current situation and post-acute journey</li> <li>-Regularly reevaluate prognosis during and after the ICU course</li> <li>-Document level-of-care discussions</li> </ul>	<ul style="list-style-type: none"> <li>-Prognostic precision for individual acute DoC patients is limited</li> <li>-WLST rates and decision-making processes are underreported</li> <li>-Absence of decision-aids to help surrogate decision-makers with level-of-care decisions</li> <li>-Existing outcome assessment tools are not person-centred and may not measure outcomes that are meaningful to individuals with lived experience</li> </ul>

to navigate these complexities in a wide range of settings and with access to varying levels of resources. To summarise, consciousness can be masked by a wide range of factors that should be considered and if possible, treated, before conducting standardised, serial behavioural assessment, which is the foundation for precise phenotyping. There are no interventions proven to promote the recovery of consciousness in acute DoC. In the context of prognostic uncertainty and our suboptimal ability to prognosticate, caution is required when information about the recovery trajectory is provided at the bedside. Clear and consistent communication with surrogate decision-makers is paramount for optimising goal-concordant care for patients and providing support for their families. Progress in the management of DoC depends on the close collaboration of multiple disciplines. Intensivists, neurologists, neurosurgeons, radiologists, rehabilitation specialists, ethicists, and scientists must work together to advance our understanding of DoC and develop integrated treatment paradigms. International networks, collaborative research consortia, and professional organisation partnerships will be instrumental in driving innovation, disseminating best practices, and fostering the development of globally applicable research. Continuous reappraisal of current practices and innovation in diagnostic, therapeutic, and prognostic strategies, by this multidisciplinary team, is paramount. The ultimate goal is to improve both survival and quality of life for these vulnerable patients, ensuring that decisions in the ICU are guided by rigorous science and a deep commitment to patient-centred care.

The stepwise roadmap outlines six key domains of ICU care: (1) recognition of DoC after acute brain injury, (2) identification, mitigation, and treatment of confounding factors that may obscure consciousness, (3) standardised and serial behavioural assessments, (4) therapeutic interventions focussed on prevention of secondary injury and early rehabilitation, (5) multimodal approaches to prognostication whilst acknowledging uncertainty, and (6) structured family communication and supported decision-making.

#### Abbreviations

taVNS: Transauricular vagus nerve stimulation; CDE: Common data elements; CMD: Cognitive motor dissociation; CRS-R: Coma Recovery Scale-Revised; DBS: Deep brain stimulation; DoC: Disorders of consciousness; EEG: Electroencephalography; eMCS: Emerged from minimally conscious state; fMRI: Functional magnetic resonance imaging; FOUR: Full Outline of UnResponsiveness score; GCS: Glasgow Coma Scale; ICU: Intensive care unit; ISICEM: International Symposium on Intensive Care and Emergency Medicine; MCS: Minimally conscious state; MRI: Magnetic resonance imaging; rTMS: Repetitive transcranial magnetic stimulation; SECONDS: Simplified Evaluation of CONsciousness Disorders; TBI: Traumatic brain injury; tDCS: Transcranial direct current stimulation; TMS-EEG: Transcranial magnetic stimulation-electroencephalography; UWS:

Unresponsive wakefulness syndrome; VS: Vegetative state; WLST: Withdrawal of life-sustaining treatment.

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#### Acknowledgements

The authors thank the Neurocritical Care Society's Curing Coma Campaign for providing patient and family video perspectives used to frame the discussion.

#### Author contributions

The topics of the Roundtable were defined by Y.G.B., G.C., and F.S.T. Y.G.B. and G.C. prepared the initial draft and supervised the entire process. All authors participated in the discussion and contributed substantially to the Roundtable, providing critical revisions for important intellectual content. All authors revised the text and approved the final version.

#### Funding

The Roundtable was supported by an unrestricted educational grant from NeuroOptics. The Neurocritical Care Society provided travel funds for two participants (J.I.S. and P.V.). O.G. is a research associate at FRS-FNRS. A.F.T. is the chairholder of the Canada Research Chair in critical care neurology and trauma. The funders had no role in the conception, content, or review of this manuscript.

#### Data availability

Not applicable—no primary data were collected or analysed.

## Declarations

## Conflicts of interest

Marcello Massimini is co-founder and shareholder of Intrinc Powers. Jan Claassen is a minority shareholder at iCE Neurosystems. Virginia Newcombe holds investigator-led grants with Abbott and Roche Pharmaceuticals. All other authors declare no conflicts of interest related to this work. Chiara Robba is a Deputy Editor for Intensive Care Medicine. She has not taken part in the review or selection process of this article.

## Ethical approval

Ethics approval was not required, because this manuscript reports the results of an expert Roundtable discussion and does not involve human subjects or identifiable patient data.

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Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Received: 9 July 2025 Accepted: 12 November 2025

Published online: 15 December 2025

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