

# Energising an exchange network between trainers in health promotion in the long term

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# A context

- Academical trainings in health promotion are incomplete and failed to adapt to the realities faced by professionals in the field
- Existence of different practices in de ongoing training initiatives relating to health promotion

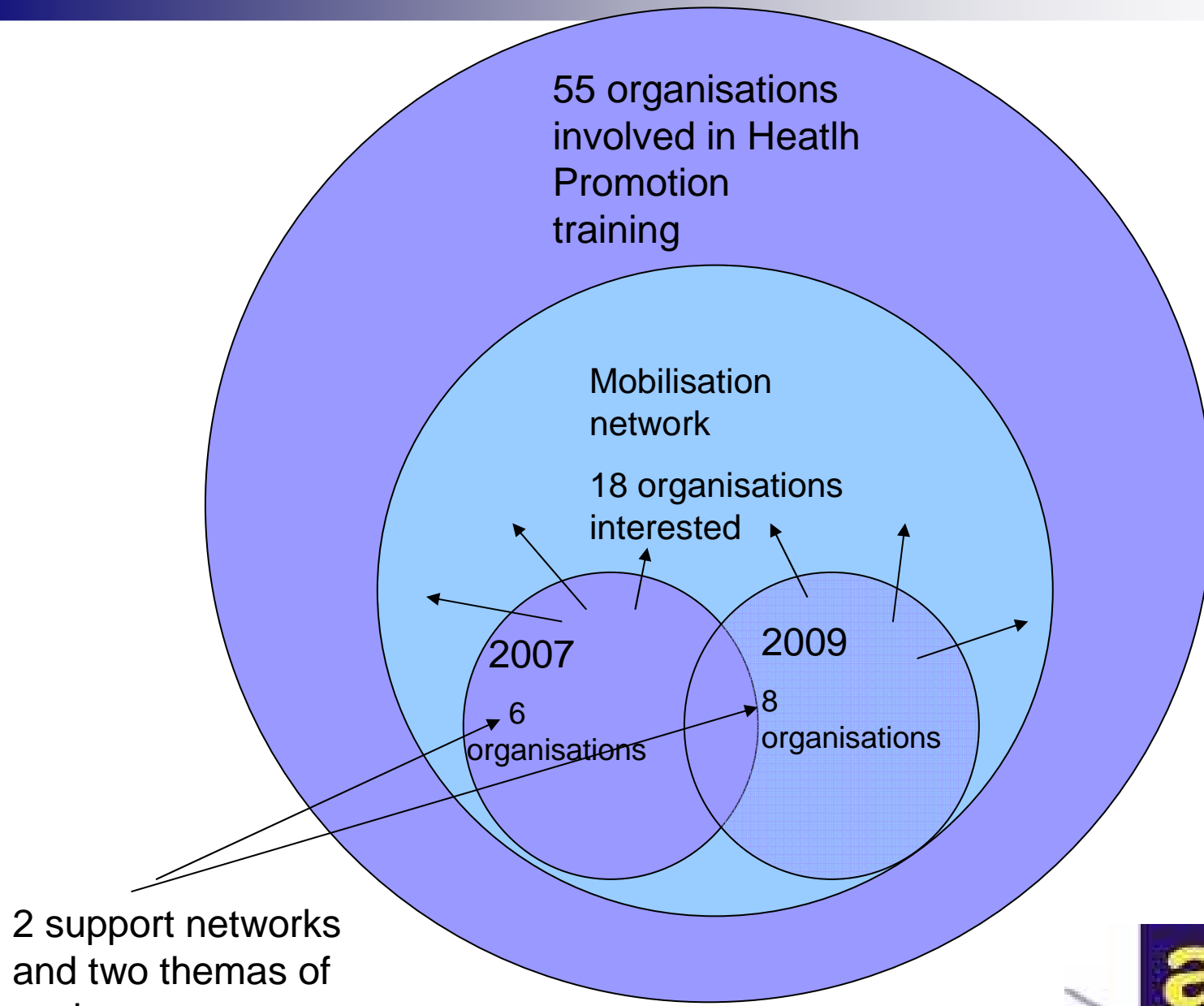
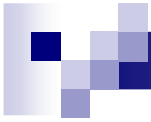
 wishes of exchanges, by drawing out the questions and formalisation of common denominators

# Networks of trainers using two modalities [1]

- A potential enlarged network = a mobilisation network
- A restricted network = a support network

*Why does the restricted support network fail to transform the enlargement network in a mobilisation one ?*

- [1] Lemieux Vincent, Les réseaux d'acteurs sociaux, collection sociologie, PUF, 1999.



2 support networks  
and two themas of  
exchanges

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# Efficient strategies in « support network » vs « mobilisation network »

## ■ Reading grids to exchange experiences:

- A reading grid including 13 circumstantial and structural variables [2]
- A reading grid specific to the evaluation questions

## ■ Meetings:

- To develop and analyse specific concerns (\*)
- To encourage the emergence of shared problems (\*)
- To exchange practices and resources

## ■ Papers and enlarged meeting about summaries of shared problems → shared solutions ?

- [2] Goudet Bernard, sociologue, Pôle Formation DIREPS GSO, Paradoxes de la formation et convictions d'un format de formation dans le champ de l'éducation pour la santé et la promotion de la santé.  
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# Difficult steps

- The formalisation of reports, questions and recommendations with a view to communication
- Use of internet forums to avoid it: has not been particularly in-depth

# A lot of challenges

- Accumulation of contributions from one year to the next
- Maintaining motivations of the various participants
- Acknowledging other's views and investing time in following them up.
- Competitive context for financing trainings