Complications and Recurrence After Perineal Hernia Repair by Internal Obturator Muscle Transposition in 48 Dogs

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20-22 March 2025 Manchester Central

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I have no financial interest to declare



# Introduction

- Perineal hernias occur when the pelvic diaphragm muscles fail to support the rectal wall
- Occurs mostly in intact male dogs over 5 years old
- Etiology not completely understood, probably multifactorial
- Hormonal influence seems to be associated with perineal hernia
- Multiple surgical techniques have been described, internal obturator muscle transposition being one of the most prominent in the veterinary literature



# Introduction

### Objective of the study:

To describe complications associated with internal obturator muscle transposition for perineal hernia repair and identify risk factors for recurrence



### Retrospective study

- <u>Inclusion criteria:</u> dogs that underwent a perineal repair by transposition of the internal obturator muscle in our teaching hospital between 2016 and 2023
- Diagnosis performed by rectal palpation and all dogs had an abdominal and hernia ultrasound
- Exclusion:
  - Dogs with recurrence from a surgery performed elsewhere
  - Dogs where the internal obturator muscle transposition could not be performed

#### Procedure

- Before surgery: all dogs had lactulose and received a gastrointestinal diet between appointment and surgery
- Surgery performed in sternal recumbency
- Prescrotal castration performed in all intact males
- Organopexy performed at the same time of the surgery if needed
- Surgery performed by an ECVS diplomate or a resident in small animal surgery under direct ECVS Diplomate supervision
- Postoperative treatment: cefazolin for 2 weeks, lactulose and hyperdigestible diet until recheck. Elizabethan collar for two weeks until stitches removal

#### • Data

- Signalment (age, breed, neutering status)
- Clinical signs
- Complications (immediate, short-term, long-term)
- Follow-up:
  - Clinical follow-up at 4-6 weeks postoperatively
  - Owner questionnaire for long-term

#### • Statistical analysis

 Chi-Square test performed to identify risk factors for recurrence, including testicular and prostatic pathologies, organopexy, surgeon experience, postoperative tenesmus and unilateral versus bilateral hernias.





#### Cohort

- 48 cases included in our cohort
- All dogs were male dogs with a median age of 8.7 years [6-13]
- 79% (38/48) dogs were intact male dogs,
- Various breeds: Maltese 19%, cross-breed dogs 19%, Chihuahua 8%, Yorkshire terrier 8%, Boder Collie 6%, ...



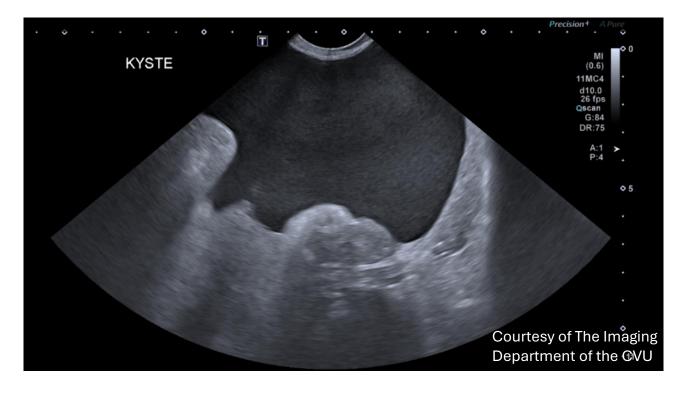
### **Clinical signs**

- 100% dogs had a perineal mass effect
- Most common sign: tenesmus in 69%
- Bilateral in 63% cases
- When unilateral, right hernia in 89% cases

	Number of cases	Percentage (%)
Fecal tenesmus	33	69
Constipation	11	23
Lethargy	8	17
Pain	8	17
Diarrhea	7	15
Stranguria	6	13
Anorexia	5	10
Hematochezia	4	8
Pollakiuria	3	6
Vomiting	3	6
Hematuria	2	4
Dysorexia	2	4
Hypothermia	1	2
Rectal Prolapse	1	2
None	4	8

#### **Abdominal ultrasound**

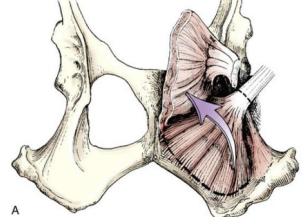
- Prostatic finding in 83% cases ((para)prostatic cysts mainly)
- Testicular nodules in 13% cases
- Hernia content: small bowels (58% cases), prostate (42%), urinary bladder (33%)



Paraprostatic cyst

#### **Treatment**

- Medical treatment:
  - 67% of dogs received lactulose preoperatively
  - Others were presented in an emergency setting
- Surgical treatment:
  - 89% had a neutering procedure at the time of the Internal obturator muscle transposition
  - 92% cases had no organopexy (colopexy nor cystopexy)
  - 1 dogs had a polypropylene mesh added to the transposition of the internal obturator muscle
  - All dogs had NSAIDs, lactulose and hyperdigestible diet postoperatively





From Tobias and Johnston, Veterinary
Surgery in Small animals

#### **Complications**

### Immediate (48 cases)

- 81% had no complication
- Tenesmus 4%, rectal prolapse 8%, dysuria 2%
- 1 dog with pain and paraparesis with a thrombus

### Short-term (35 cases)

- Median time to follow-up 1 month
- Complication rate 31%
- 9% had tenesmus, 9% had dysuria

### Long-term (20 cases)

- 35% had tenesmus for a median of 318 days
- 10% had dysorexia

#### Recurrence

- 26% dogs had a recurrence in medium to long term
- In 50% cases, recurrence occurred between 3 to 4 months postoperatively
- None of the tested risk factors (prostatic pathology, organopexy, tenesmus, surgery performed by a resident, bilateral pathology) were significantly associated with recurrence
- Dogs with testicular pathology had a higher recurrence rate (OR 3.33)

#### Moderate recurrence rate

- Transposition of internal obturator muscle is a successful technique for perineal hernia repair
- Recurrence rate in literature between 8-33%
- No systematic organopexy: debatable outcomes in literature

Use of Laparotomy in a Staged Approach for Resolution of Bilateral or Complicated Perineal Hernia in 41 dogs

Hervé N. Brissot DrVet, Gilles P. Dupré DrVet, Diplomate ECVS, Bernard M. Bouvy DrMedVet, MS, Diplomate ACVS & ECVS Effects of urinary bladder retroflexion and surgical technique on postoperative complication rates and long-term outcome in dogs with perineal hernia: 41 cases (2002–2009)

Jean-Guillaume Grand DVM, Stéphane Bureau DVM, and Eric Monnet DVM, PhD, DACVS

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### Surgical technique

- Just one technique studied here
- Traditional herniorraphy had a higher recurrence rate than internal obturator muscle transposition
- Fascia lata graft non inferior
- Ideally, prospective cohorts comparing surgeries

#### Factors for recurrence

- Surgeon experience here not a factor for recurrence
- Bladder retroflexion: here no influence on recurrence
- Here testicular pathology seems to have influence on recurrence 

  Hormonal influence on healing?
- BUT recent study

Dogs neutered prior to perineal herniorrhaphy or that develop postoperative fecal incontinence are at an increased risk for perineal hernia recurrence

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Other limitations

Retrospective nature of the study

Small sample of cases

Questionnaire follow-up (lack of global follow-up)

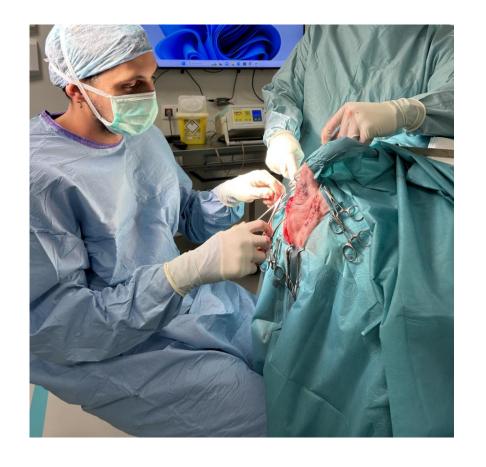


# Conclusion

Internal obturator muscle transposition for perineal hernia repair is associated with a moderate rate of complications and recurrence.

Testicular pathology may increase the risk of recurrence, possibly due to hormonal factors.

Further studies are needed to confirm these findings and identify strategies to improve outcomes



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# **Affiliation**



