nature medicine

Androgen receptor pathway inhibitors and taxanes in metastatic prostate cancer: an outcome-adaptive randomized platform trial

Received: 13 January 2024

Accepted: 19 July 2024

Published online: 20 August 2024

Check for updates

A list of authors and their affiliations appears at the end of the paper

ProBio is the frst outcome-adaptive platform trial in prostate cancer utilizing a Bayesian framework to evaluate efficacy within predefined biomarker signatures across systemic treatments. Prospective circulating tumor DNA and germline DNA analysis was performed in patients with metastatic castration-resistant prostate cancer before randomization to androgen receptor pathway inhibitors (ARPIs), taxanes or a physician's choice control arm. The primary endpoint was the time to no longer clinically beneftting (NLCB). Secondary endpoints included overall survival and (serious) adverse events. Upon reaching the time to NLCB, patients could be re-randomized. The primary endpoint was met after 218 randomizations. ARPIs demonstrated ~50% longer time to NLCB compared to taxanes (median, 11.1 versus 6.9 months) and the physician's choice arm (median, 11.1 versus 7.4 months) in the biomarker-unselected or 'all' patient population. ARPIs demonstrated longer overall survival (median, 38.7 versus 21.7 and 21.8 months for taxanes and physician's choice, respectively). Biomarker signature fndings suggest that the largest increase in time to NLCB was observed in *AR* (single-nucleotide variant/ genomic structural rearrangement)-negative and *TP53* wild-type patients and *TMPRSS2–ERG* fusion-positive patients, whereas no diference between ARPIs and taxanes was observed in *TP53*-altered patients. In summary, ARPIs outperform taxanes and physician's choice treatment in patients with metastatic castration-resistant prostate cancer with detectable circulating tumor DNA. ClinicalTrials.gov registration: [NCT03903835](https://clinicaltrials.gov/study/NCT03903835).

Metastatic castration-resistant prostate cancer (mCRPC) is a genetically and clinically heterogeneous disease that can be treated with different classes of systemic agents, such as androgen receptor pathway inhibitors (ARPIs) or taxanes. Retrospective analyses suggest that different tumor genotypes yield varying therapeutic benefits^{[1](#page-9-0)}. Although several prognostic biomarkers have been identified, the number of biomarkers predictive of therapeutic and clinical benefit remains small.

One reason for this is that traditional clinical trials have not been biomarker-driven and have not focused on prospectively investigating patient subgroups to identify patients who benefit more from a spe-cific treatment^{[2](#page-9-1)}. The advent of precision oncology, where treatment selection is optimized based on biomarkers, provides an opportunity to tailor treatments based on the molecular characteristics of the cancer but will inevitably lead to testing of a large number of hypoth-eses to evaluate combinations of treatments and biomarkers^{[3](#page-9-2)}. While

 e-mail: henrik.gronberg@ki.se

traditional two-armed randomized trials have focused on demonstrating a treatment effect in an all-comer population, precision oncology necessitates development of clinical trials that can accommodate this consequential multiplicative hypothesis testing scenario. In addition, precision oncology trials require prospective biomarker profiling that ideally is minimally invasive, representative and scalable, and provides real-time analysis⁴.

To meet these challenges, we have developed the Prostate Biomarkers (ProBio) platform trial. In contrast to traditional trials, platform trials provide an effective means to evaluate and screen for novel biomarker-treatment combinations^{[5,](#page-9-4)[6](#page-10-0)}. ProBio aims to infer treatment predictiveness or, in other words, to identify subsets of patients who benefit from a particular treatment class. In ProBio, treatment benefit is not approached as a binary variable (that is, benefit versus no benefit), but as a continuum (that is, a degree or extent of therapeutic benefit). Such differential treatment effects do not necessarily imply that a treatment will be effective exclusively in one subset of patients, but rather that its efficacy may vary across different patient groups. Thus, ProBio aims to elucidate whether certain biomarker signatures could help identify subsets of patients who might derive greater or longer clinical benefit from treatment. In ProBio, such treatment effects are measured as the relative impact (that is, an increase or decrease) on the expected survival time, referred to as the survival time ratio (STR; Methods).

ProBio uses a number of design elements to maximize the information gained from each patient entering the trial in order to rapidly sieve through multiple hypotheses. Specifically, similarly to for example the I-SPY breast cancer trial that shares the same objective, it uses a common control arm for all comparative contrasts together with outcome-adaptive randomization. Outcome-adaptive randomization, or the updating of randomization probabilities over time based on observed outcomes, aims to allocate more patients to investigational biomarker–treatment combinations that are more effective, and thus works as a screening device to focus enrollment on the combinations that are most probable to be successful. For trial participants, this means that they have higher probability to be randomized to agents that are performing well for patients with a similar biomarker profile. In addition, ProBio allows for re-randomizations of patients within the investigational arms when the primary no longer clinically benefitting (NLCB) endpoint is reached. This increases the amount of information provided by each patient enrolled in the trial. Upon NLCB, control arm patients remain and start a new line of therapy within the control arm.

ProBio uses predefined genetic biomarkers (Supplementary Fig. 1), assessed through synchronous circulating tumor DNA (ctDNA) and germline DNA analysis^{[7](#page-10-1)}, to randomize patients and prospectively compare the efficacy of different treatment classes to physician's choice of treatment. ctDNA allows for representative analysis of the cancer genome in a clinically acceptable time frame through a simple blood sample.

A knowledge gap in treatment of men with mCRPC is that randomized data to support which of the two main treatment classes, that is, taxanes and ARPIs, provide superior outcomes or to guide treatment decisions are limited and restricted to selected patients with mCRPC who have a poor prognosis^{[8](#page-10-2)}. Here we present the first results of ProBio upon reaching the stopping rule for graduation, that is, a probability over 85% that an investigational biomarker–treatment combination is superior compared to a physician's choice of treatment within that biomarker or patient group. The primary (that is, time to NLCB) and secondary (that is, overall survival) outcomes are compared in patients with first-line and second-line mCRPC, who were randomized to the investigational ARPIs and taxane-based chemotherapy arms, or the physician's choice of treatment control arm, across five different biomarker signatures or groups: (1) any biomarker subgroup combination (that is, biomarker-unselected or 'all' patients); (2) no single-nucleotide variants (SNVs) or genomic structural rearrangements (GSRs) in the *AR* gene and no alterations in the *TP53* gene (that is, *AR* (SNV/GSR) negative and *TP53* wild type); (3) homologous recombination deficiency (that is, deactivating somatic or high-impact germline alteration in DNA repair genes); (4) alterations in *TP53* (that is, *TP53* altered); and (5) presence of the transmembrane protease, serine 2–ETS-related gene (*TMPRSS2– ERG*) fusion; Fig. [1](#page-1-0) and Supplementary Fig. 1). Additional planned secondary endpoints not reported here are health-related quality-of-life outcomes and cost-effectiveness of ARPIs versus taxanes in mCRPC.

Results

Patients

Between February 2019 and November 2022, 343 patients with mCRPC were enrolled at 24 sites across three countries (Sweden, Belgium and Norway). Thirty-nine patients were excluded if they did not meet inclusion criteria, were not yet randomized, were withdrawn before randomization, or because of a technical failure during liquid biopsy profiling. ctDNA was detected in 203/304 (66.8%) evaluable patients, of whom 10 patients were excluded due to detection of microsatellite instability. The ctDNA fraction was estimated and the biomarker subgroup combinations were determined in eligible men with detectable ctDNA (*n* = 193) and subsequently used for randomization (Fig. [1](#page-1-0)). The ctDNA fraction levels were comparable across the different treatment arms (Table [1\)](#page-3-0). At first randomization, 39% of patients were *AR* (SNV/GSR) negative and *TP53* wild type, 12% were homologous recombination deficient, 45% carried *TP53* alterations and 31% were positive for the *TMPRSS2– ERG* gene fusion.

Sixty-four patients were assigned to the physician's choice control arm. Following disease progression, 28 patients received a subsequent line of treatment, for a total of 92 control arm randomizations available for primary outcome analysis (that is, time to NLCB). In the control arm, the treating physician chose an ARPI (37/92, 40%), a taxane (48/92, 52%) or other systemic agents (7/92, 8%; Supplementary Table 1). Concurrently, 129 patients were assigned to the investigational arms, of which 31 were assigned to ARPI and 56 were assigned to taxanes. Forty-nine patients were re-randomized upon progression, of which 20 were assigned to ARPIs and 19 were assigned to taxanes. Thus, a total of 51 and 75 randomizations were available for primary outcome analysis in the investigational ARPI and taxane arms, respectively. For the secondary outcome measure (that is, overall survival), analyses were restricted to patients from first randomization (Fig. [1\)](#page-1-0).

Clinical patient characteristics at baseline were evenly distributed between the physician's choice control and the investigational arms with comparable utilization rates of androgen deprivation therapy (ADT) monotherapy and ADT intensification (that is, either with docetaxel or ARPIs) before metastatic castration-resistant disease (Table [1\)](#page-3-0). The lines of systemic therapy that were initiated for mCRPC after randomization were comparable across all treatment arms. The type of progressive disease at trial entry was comparable

Fig. 1 | Trial design. a, The ProBio platform design, including control and investigational arms, with adaptive randomization after screening and ctDNA analysis. Upon reaching progression, patients were re-randomized. Follow-up and treatment response evaluation followed the PCWG3 recommendations. Investigational arms in transparent gray denote other investigational arms to which patients could have been randomized, which do not fall within the scope of the current paper. **b**, The CONSORT diagram detailing patient screening, randomization and follow-up. Inclusion and randomization updated until

25 November 2022, with results for ARPIs and taxanes. Data on other investigational arms pending. As of this date, 7 patients awaited liquid biopsy results and had not been randomized. An extra 4 months of follow-up were allowed until March 2023 for 193 randomized patients. Of 129 patients in the investigational arms, 49 reached the progression endpoint, remained in the trial, and were re-randomized. In the physician's choice group, 28 of 64 patients continued with new standard-of-care treatments. Follow-up included all-cause mortality from electronic health records. MSI+, microsatellite instability positive.

Table 1 | Baseline characteristics of the randomized patients stratified by randomization round

Information regarding treatment line and exposure to ARPIs and taxanes is updated up until the time of randomization. Continuous variables are shown as medians and interquartile ranges; categorical and binary variables are shown as numbers and percentages. ECOG, Eastern Cooperative Oncology Group performance status; PCWG3, Prostate Cancer Working Group 3; LN, lymph node; mHSPC, metastatic hormone-sensitive prostate cancer; nmCRPC, non-metastatic castration-resistant prostate cancer; AR*,* androgen receptor.

with bone (with or without nodal disease) progression most commonly observed in 104/151 (68.9%) patients. However, the systemic therapy class(es) to which the patients had been exposed before Pro-Bio differed at randomization. There were differences across the arms in the patients' prior exposure to ARPIs or taxanes since treatment class rechallenge was per protocol not allowed in the investigational ARPI arm (Table [1\)](#page-3-0). More prior taxane exposure was observed in the ARPI arm, and vice versa more prior ARPI exposure was observed in the taxanes arm. Patients randomized to the ARPI arm were typically ARPI-naive (46/51 (90.2%) randomizations), whereas 28/75 (37.3%) patients randomized to the taxanes arm had previously received a treatment with taxanes.

Table 2 | Efficacy results for the time to NLCB (left) and overall survival (right) in the five predefined biomarker signatures or groups

Efficacy assessed using STR comparing investigational arms (ARPIs and taxanes) to physician's choice (control group) and AR pathway to taxanes across the five predefined biomarker signatures or groups: (1) any biomarker subgroup combination (that is, biomarker-unselected or 'all' patients); (2) no SNV or GSRs in the *AR* gene and no alterations in the *TP53* gene (that is, AR (SNV/GSR) negative and *TP53* wild type); (3) homologous recombination deficiency (that is, deactivating somatic or high-impact germline alteration in DNA repair genes); (4) alterations in *TP53* (that is, *TP53* altered); and (5) presence of the *TMPRSS2–ERG* fusion (that is, *TMPRSS2–ERG* fusion positive). Posterior STR distributions summarized with medians and 90% CrI. Forest plot visualizations for the STRs for NLCB and overall survival are available in Supplementary Fig. 3. Posterior probability of superiority (PPS) calculated as STR exceeding one, guiding early termination decisions. Additional information on number of events and total number of randomizations (events/*N*) provided for each comparison.

At the time of analysis, the progression component event(s) to deem a patient as NLCB typically encompassed a composite of prostate-specific antigen (PSA), radiologic or clinical progression, and were similar across treatment arms (Supplementary Table 2).

Primary outcome

Randomization probabilities for investigational and control arms adapted over time (Supplementary Fig. 2). The prespecified stopping rules for graduation and primary outcome evaluation were met after 218 randomizations across the physician's choice and investigational treatment arms. ARPIs reached the prespecified threshold of superiority in the biomarker-unselected 'all' patients group (Table [2](#page-4-0) and Supplementary Fig. 3). The decision to publish the results was based on meeting the graduation criteria outlined in the protocol (see stopping rules for graduation and futility in the Methods and Supplementary Information), along with the recommendations provided by the data and safety monitoring board. These criteria and recommendations were carefully reviewed and followed, leading to the decision to publish the findings. The STR for the time to NLCB for ARPIs was 1.50 (90% credible intervals (CrI) 1.20, 1.86) compared to the physician's choice (median 11.1 versus 7.4 months) and 1.60 (90% CrI 1.28, 2.01) compared to taxanes (median 11.1 versus 6.9 months; Fig. [2,](#page-5-0) Table [2](#page-4-0) and Supplementary Fig. 3). The STR for the time to NLCB for taxanes was 0.94 (90% CrI 0.78, 1.12) compared to the physician's choice (median 6.0 versus 7.4 months).

The longer time to NLCB for patients treated with ARPIs compared to physician's choice and to taxanes was primarily observed in *AR* (SNV/GSR) negative and *TP53* wild-type patients and in *TMPRSS2– ERG* gene fusion-positive patients. No difference in the time to NLCB between ARPIs, taxanes or physician's choice was observed for *TP53*-altered patients. The time to NLCB was assessed for homologous recombination-deficient patients, albeit with marked uncertainty due to few randomizations to ARPIs for patients in this biomarker subgroup (Table [2](#page-4-0) and Supplementary Figs. 3 and 4). Results were robust in sensitivity analyses restricted to patients starting first-line treatment for mCRPC, patients starting first-line treatment for mCRPC who previously only received ADT monotherapy for hormone-sensitive disease and patients who did not undergo a drug class rechallenge and thus had not previously received the drug class to which they were randomized (Supplementary Table 3).

We observed differential treatment effects on the time to NLCB, which suggests a treatment-predictive value of the prespecified biomarker signatures (Supplementary Table 4 and Supplementary Fig. 5). Comparing the STRs, the effect of ARPIs versus taxanes was 44% (STR ratio 1.44, 90% CrI 1.05, 1.95) higher in *AR* (SNV/GSR)-negative and *TP53* wild-type patients compared to patients with alterations in these genes. Similarly, the effect was 42% (STR ratio 1.42, 90% CrI 1.03, 1.97) higher in *TMPRSS2–ERG* gene fusion-positive patients compared to *TMPRSS2– ERG* gene fusion-negative patients. Conversely, the STR decreased by 39% (STR ratio 0.61, 90% CrI 0.46, 0.80) in *TP53*-altered patients compared to *TP53* wild-type patients (Fig. [3\)](#page-6-0). For completeness, differential treatment effects were also assessed for homologous recombination deficiency, albeit with marked uncertainty due to few randomizations to ARPIs (Supplementary Table 4 and Supplementary Fig. 5).

Secondary outcome

The STR for overall survival in the biomarker-unselected 'all' patients group was 1.77 (90% CrI 1.29, 2.51) for ARPIs compared to physician's choice (median 38.7 versus 21.8 months) and 1.78 (90% CrI 1.28, 2.61) compared to the taxane arm (median 38.7 versus median 21.7 months; Fig. [2](#page-5-0) and Table [2\)](#page-4-0). The STR for overall survival for taxanes was 0.99 (90% CrI 0.78, 1.26) compared to the physician's choice (median 21.7 versus

Fig. 2 | Time to NLCB and overall survival. a,**b**, Posterior survival curves (smooth) and Kaplan–Meier (stepped) estimates for the time to NLCB (**a**) and overall survival (**b**) in all patients (that is, biomarker-unselected or any biomarker subgroup combination), grouped by randomization. Tick marks on

Kaplan–Meier curves denote censored patients. Weibull accelerated failure time models were used for survival estimates. Colored lines depict median posterior distribution, and shaded areas show 90% CrI. Insets: Patients at risk, cumulative events and estimated median survival times (in months) with 90% CrI.

21.8 months). The STR increase for ARPIs was observed in *TMPRSS2– ERG* fusion-positive patients, and in *TP53*-altered patients, whereas no difference was noted at the time of analysis for *AR* (SNV/GSR)-negative and *TP53* wild-type patients (Table [2](#page-4-0) and Supplementary Figs. 3 and 4).

Safety

The safety profile comparison between ARPIs and taxanes, both within the physician's choice control and investigational arms, indicates notable differences in adverse event (AE) and serious adverse event (SAE) rates, specific event prevalence estimates and treatment relatedness (Table [3](#page-8-0)). The overall AE rates (that is, all grades) were higher in the taxane groups compared to the ARPI groups, with at least half of them being treatment related. AEs resulting in investigational medicinal product interruption, dose adjustment or permanent discontinuation were more commonly observed in taxane-treated patients.

Among common AEs (that is, any grade), occurring in ≥5% of both ARPI-treated and taxane-treated patients, varying patterns were noted. Fatigue, back pain and anemia were more prevalent in the taxane groups compared to the ARPI groups. Rates of patients experiencing pain in the hip, dyspnea, fever or weight loss were similar across groups. Higher rates of nausea, diarrhea, dysgeusia, peripheral sensory and general neuropathy, and constipation were observed in taxane-treated patients. Thromboembolic events and neutropenia were observed in the taxane groups, but were not observed in the ARPI-treated patients.

Although the overall SAE rates were comparable in the taxane and ARPI groups, these were more treatment related in taxane-treated patients. Additionally, a higher rate of patients experiencing more than two SAEs was reported in the taxane groups. After system organ class classifications, the most common SAEs were infections and infestations, gastrointestinal disorders and cardiovascular disorders. Serious infections, vascular, musculoskeletal and connective tissue disorders were more commonly observed in taxane-treated patients. Grade 5 AEs were rare, with two occurrences in the taxane group, and one in the taxane physician's choice group, which were reported not to be treatment related. Overall, taxanes were associated with a higher incidence of both general and treatment-related AEs and SAEs compared to ARPIs.

Discussion

We present the first results from ProBio, a study that has established a framework for addressing key challenges faced by clinical trials in the precision oncology era. Specifically, ProBio's platform design, trial infrastructure and real-time liquid biopsy profiling have successfully enabled continuous and seamless prospective evaluation of systemic agents and cell-free DNA biomarkers, providing a new way to identify subsets of patients benefiting differentially from a particular treatment class.

The initial results demonstrate the superiority of ARPIs for the biomarker-unselected 'all' patient population compared to physician's choice and taxanes in patients with mCRPC and detectable ctDNA. On average, patients treated with ARPIs experienced a 55% and 77% longer time to NLCB and overall survival, respectively. To our knowledge, these are the first randomized data for comparing outcomes of ARPIs versus taxanes in patients with first-line or second-line mCRPC with detectable ctDNA. Although ARPIs are considered the standard of care for treatment of metastatic prostate cancer, it should be emphasized that the abiraterone acetate and enzalutamide registration trials in docetaxel-naive mCRPC were placebo-controlled, and thus not designed to infer which treatment modality (ARPIs or taxane-based chemotherapy) would have superior outcomes in patients with mCRPC[9](#page-10-3),[10.](#page-10-4) Randomized data on ARPIs versus cabazitaxel are limited

to a single phase 2 trial in poor prognosis ARPI-naive mCRPC, which reported improved clinical benefit rates for cabazitaxel without time to progression or overall survival being statistically different between treatment classes⁸. Our evidence on ARPIs being superior over taxanes is supported by results from observational and registry-based stud- $ies¹¹⁻¹³$ $ies¹¹⁻¹³$ $ies¹¹⁻¹³$. Additionally, the STAMPEDE trial results indicated improved progression-free and failure-free survival outcomes for patients with metastatic hormone-sensitive prostate cancer treated with abiraterone acetate compared to docetaxel¹⁴.

We further provided randomized-controlled insights into the treatment-predictive potential of the selected biomarker signatures and proposed novel ctDNA-defined patient subpopulations with differential treatment outcomes. Specifically, our data suggest that *AR* (SNV/GSR)-negative and *TP53* wild-type patients, or *TMPRSS2–ERG* fusion-positive patients, may derive greater benefits from ARPIs compared to taxanes. The results for *AR* (SNV/GSR)-negative and *TP53* wild-type patients were consistent with prior retrospective studies that reported superior outcomes on ARPIs¹⁵⁻¹⁷. However, for AR (SNV/ GSR)-negative and *TP53* wild-type patients, no difference in overall survival between ARPIs and taxanes was observed at the time of analysis. Longer follow-up will show whether the extended time to NLCB with ARPIs compared to taxanes for *AR* (SNV/GSR)-negative and *TP53* wild-type patients ultimately also translates into better overall survival.

Our findings suggest that *TMPRSS2–ERG* fusion-positive patients may benefit more from ARPIs compared to taxanes. ProBio initially aimed to clarify the potential predictive value of the *TMPRSS2–ERG* fusion in the context of taxane-based chemotherapy since retro-spective analyses were conflicting^{[18](#page-10-10)-24}. Anticipating that *TMPRSS2*-*ERG*-positive cases would define a subpopulation with increased benefit of taxane-based chemotherapy, data from ProBio suggested that the *TMPRSS2–ERG* status may be rather more informative in the context of ARPIs. This observation aligns with previous translational research. Upon castration resistance, *TMPRSS2–ERG* expression can be restored as testosterone-independent androgen biosynthesis is increased. As the *TMPRSS2–ERG* fusion promoter is regulated by the AR, its transcriptional output may be sensitized to novel ARPIs^{25,[26](#page-10-13)}.

In addition, ProBio provides a biomarker-driven randomized comparison between ARPIs and taxanes in patients with mCRPC with *TP53*-altered disease. Previous studies reported poor outcomes in ARPI-treated patients with mCRPC with a *TP53* inactivation^{15,16}. Whether these patients would have better outcomes if treated with a taxane was not clearly known. An exploratory subgroup analysis in patients with mCRPC who have a poor prognosis with a *TP53* defect during the ARPI versus cabazitaxel phase 2 trial was suggestive of no difference between both schedules^{[8](#page-10-2)}. Here, ProBio provides supporting evidence that the inferior outcomes in *TP53*-altered mCRPC are regardless of whether ARPIs or taxanes were administered. This emphasizes the need for alternative treatment strategies and echoes the previously made recommendation for careful monitoring of *TP53*-altered patients who are more likely to rapidly progress^{15,16}. Our data on overall survival indicate that these patients may still benefit from ARPI, although to a lesser extent compared to patients harboring other biomarker signatures.

Some limitations need to be considered when interpreting our results. Firstly, the chosen endpoint of NLCB as the termination point for treatment may lead to bias in open-label trials. While aligned with current standard-of-care practices to decide when to change a therapy, the NLCB endpoint deviates from the commonly used radiographic

Fig. 3 | Posterior survival curves and Kaplan–Meier estimates by therapy arm and biomarker signature status (positive versus negative). Posterior survival curves (smooth) and Kaplan–Meier estimates (step function) for the time to NLCB with ARPIs and taxanes. Left: Patients negative for a specific biomarker signature. Right: Patients positive for the respective biomarker signature. Survival curves were estimated using Weibull accelerated failure time survival models with an interaction term, enabling the assessment of differential progression-free survival endpoint in metastatic prostate cancer trials^{27,28}, known to be associated with overall survival. Pragmatic considerations (for example, mimicking standard of care, decreasing costs and the logistics of centralized imaging review) and common discordance in clinical, imaging and PSA progression events, both with ARPIs 29,30 29,30 29,30 29,30 and taxanes³¹, guided this choice. We recognize that such composite events can be differentially affected in different therapeutic contexts^{[32](#page-10-20)}. To exemplify, as ARPIs directly target AR signaling, the NLCB endpoint might have been more impacted by, for example, PSA-only progressive disease in ARPI-treated patients. However, the rates of PSA-only progressive disease, which might have driven the treating physician to deem a patient as NLCB, were overall low and comparable across the investigational treatment arms. The component events within a composite endpoint may also vary in frequency, warranting a detailed description of the different component events to infer the validity of the findings. Importantly, per PCWG3 recommendations, ProBio collects and provides the specific reasons for therapy discontinuation for NLCB reporting. The NLCB events during ProBio typically encompassed a combination of PSA, radiologic or clinical progression, with the different component events frequencies being comparable across the treatment arms (Supplementary Table 2). Results on overall survival for ARPIs in the biomarker-unselected 'all' patient population also supported the results on the NLCB endpoint.

Secondly, the absence of data on race and ethnicity may impact the generalizability of our findings, as these factors can affect treatment outcomes^{[33](#page-10-21)[,34](#page-10-22)}. Next, the smaller sample size used in ProBio compared to traditional clinical trials leads to wider credible intervals around point estimates. The design choice to use a relatively small maximum number of patients allowed in each treatment–signature combination (*n* = 150) needs to be contextualized within the framework of ProBio, whose purpose is to efficiently screen a large number of hypotheses to prioritize those most likely to be true for continued evaluation. The adaptive randomization allocates more patients to hypotheses that the data generated within the trial have shown to be plausible. This means that fewer patients are 'wasted' on hypotheses that are unlikely to be true. The shared control arm means that a larger proportion of patients are allocated to investigational treatment arms, decreasing the overall need for a large sample size. The relatively small maximum number of patients means that hypotheses graduating from the trial need to have large effect sizes such that they can have a real impact on improving patient outcomes and change standard of care. In fact, the observed sample size reported here is consistent with the expected size from extensive simulation studies in the planning phase of the trial³⁵. We presented several analyses comparing efficacy across arms and biomarker signatures or groups, which might raise concerns about multiple comparisons. ProBio was powered for the reported primary analysis (that is, the superiority of ARPIs in the biomarker-unselected 'all' patient population), which was planned and powered through statistical simulations. This primary analysis is based on predefined thresholds and forms the basis for our main conclusions. However, we also present results from additional analyses, such as comparisons between investigational arms and across the other predefined biomarker signatures. Akin to most clinical trials, ProBio is not powered to maintain a certain alpha level across all these additional analyses. For these secondary objectives, we used vague priors centered around null values of no differences in the Bayesian framework, which decreases the risk of spurious finding. Still, results from any secondary

treatment effects. The smoothed colored lines represent medians of the posterior distribution, while shaded areas depict corresponding 90% CrI. Top: *AR* (SNV/GSR) positive or *TP53* altered versus *AR* (SNV/GSR) negative and *TP53* wild type. Middle: *TMPRSS2–ERG* fusion negative versus *TMPRSS2–ERG* positive. Bottom: *TP53* wild type versus *TP53* altered. Homologous recombination deficiency was left out due to very few randomizations to ARPIs; preliminary results are available in Supplementary Fig. 5 and Table [3](#page-8-0).

Table 3 | Summary of AEs/SAEs

The table provides a descriptive comparison of the occurrence of the most common SAEs/AEs reported in patients who received an ARPI or taxanes, separately for those randomized to physician's choice (control group) and those in the experimental arm. IMP, investigational medicinal product. ^aNone were considered treatment related.

and exploratory analyses should be interpreted with caution as these are not as robust as the results from the primary analysis, but do serve to further corroborate the observed superiority and generate further valuable insights.

ctDNA was undetectable in 33% of the screened men, which is in line with other cohorts that synchronously analyze cell-free DNA and germline DNA[16](#page-10-14),[36](#page-10-24). Conversely, higher ctDNA detection rates have been reported with commercial cell-free DNA-only analysis approaches,

which are unable to control for clonal hematopoiesis of indeterminate potential and, therefore, may incorrectly classify patients as ctDNA positive due to false-positive biomarker findings in the white blood cell subpopulations³⁷. While having detectable ctDNA is necessary to infer the patients' biomarker signature profiles, it may limit the generalizability of our findings to a subset of patients who have a higher dis-ease burden and poorer prognosis^{[15](#page-10-8),[16](#page-10-14)}, which could potentially lead to inconsistencies when comparing biomarker findings from tissue-based studies. Encouragingly, exploratory analyses from the PROfound trial demonstrated consistent results of superior PARP inhibitor outcomes in mCRPC with homologous recombination deficiency, regardless if ctDNA was detectable or not³⁸.

Within our predefined ctDNA biomarker signatures, the *AR* biomarker definition excluded whole-gene *AR* copy number amplifications despite the ProBio assay being capable of detecting this event⁷. We chose to limit our definition to known AR ligand-binding domain mutations, GSRs and intra-AR copy number alterations based on prior research demonstrating the lack of independent prognostic value of whole-gene *AR* copy number amplification when correcting for ctDNA fraction^{[15](#page-10-8)[,16](#page-10-14)}. Additionally, AR structural rearrangement commonly co-occur with *AR* amplification and are typically driving the poor prognosis properties of AR-amplified disease¹⁵. Recently, extrachromosomal DNA carrying multiple *AR* copies has been described as a source of structural rearrangement complexity and was suggested as a novel treatment resistance mechanism^{[39](#page-10-27)}. Unfortunately, circulating free DNA consists of short pre-fragmented DNA that allows for the detection of *AR* rearrangement breakpoints but precludes any recreation of the original DNA molecules or infer the potential extrachromosomal DNA origin of these *AR* amplification events.

Although ProBio's prespecified biomarker signatures suggested differential treatment effects for ARPIs, they were unable to identify a patient subgroup sensitive to taxanes, warranting further refinement and enhancement of treatment selection strategies. Additionally, the tested biomarker signatures did not include novel biomarkers (for example, *SPOP*) reported after the finalization of the protocol²³. However, the ProBio assay covers genes beyond the prespecified biomarkers (Supplementary Information), allowing for retrospective analysis of, for example, quantitative analysis of AR copy number⁴⁰ or novel biomarker–treatment associations, which may improve the precision and efficacy of taxane therapy selection.

Clinical diversity (for example, stage and timing of metastasis) and heterogeneity in the prior treatment history introduce risks for potential bias in the comparative analyses. Initially, ProBio allowed enrollment of later-line patients with mCRPC, which, upon protocol amendment, was restricted to patients starting systemic therapy for first-line mCRPC. The graduation within the biomarker-unselected 'all' patient population may exhibit bias favoring ARPI therapy due to higher rates of rechallenging of the same drug class in the physician's choice and taxane arms, which in general is less effective than de novo therapy. Rechallenge or sequencing with a treatment from the same drug class was to be avoided in the ARPI arm (for example, no enzalutamide after prior abiraterone) 41 , whereas sequencing with taxanes was permitted (for example, cabazitaxel after prior docetaxel)⁴². Similarly, in order to permit analyses of overall survival, patients who undergo re-randomization in ProBio are not allowed to cross from the physician's choice control arm to the investigational arms, or vice versa. This has the consequence that re-randomizations are post-randomization events to the first randomization, which causes risk for potential bias in comparative analyses involving re-randomized patients. The robustness of the main analyses with respect to these different risks for potential biases is, however, substantiated by the concordance of results in all sensitivity analyses. ARPIs remained superior over taxanes in patients initiating first-line treatment for mCRPC, in patients initiating first-line treatment for mCRPC who were previously treated with ADT monotherapy for hormone-sensitive disease, and in patients naive

Intensification trials in metastatic hormone-sensitive disease have demonstrated that both metachronous and de novo metastatic patients overall benefit from therapy intensification with ARPIs⁴³⁻⁴⁵ or docetaxel⁴⁶, while the results presented here are from using these drugs in the castration-resistant setting. However, the uptake of doublet and triplet treatment modalities has been slow. A substantial group of patients with metastatic hormone-sensitive prostate cancer continues to receive ADT monotherapy and thus are ARPI- and taxane-naive at castration-resistant disease onset. This has been exemplified by real-world data⁴⁷ and recent population-based registry studies in Sweden and the United Kingdom^{[48](#page-11-3)[–50](#page-11-4)} meaning that ARPIs and docetaxel remain as effective treatment options in the castration-resistant setting. Therefore, there is a continued need for refined treatment strategies once patients reach castration-resistant disease. Once reached, current European Association of Urology (EAU)/National Comprehensive Cancer Network (NCCN) guidelines acknowledge the validity of both taxane-based chemotherapy and ARPIs for first-line metastatic castration-resistant disease without a clear preference $51,52$ $51,52$. The limited number of comparative trials has left treatment selection largely reliant on individual clinician and patient preference. The results presented in this Article provide therapeutic direction, offering clinicians evidence-based guidance for the therapeutic management of this still-prevalent patient population. Our findings underscore the importance of favoring ARPIs over taxane-based chemotherapy in patients with mCRPC with detectable ctDNA who are progressing on prior ADT monotherapy, and may be considered as contributing evidence to the field with the potential to refine existing guidelines upon further validation.

Our results demonstrate that, on average, ARPIs outperform taxanes in all ctDNA-positive patients with mCRPC who are ARPI-naive and with or without prior docetaxel exposure. This may be particularly the case in *AR* (SNV/GSR)-negative and *TP53* wild-type patients or *TMPRSS2–ERG* fusion-positive patients. Conversely, new treatment strategies might be relevant to *TP53*-altered patients considering their poor and similar short-term outcomes, irrespective of a treatment with ARPIs or taxanes. Furthermore, ProBio's biomarker-driven and outcome-adaptive design shows the feasibility of using ctDNA for treatment personalization and may represent a new model for precision medicine trials in oncology.

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at [https://doi.org/10.1038/s41591-024-03204-2.](https://doi.org/10.1038/s41591-024-03204-2)

References

- 1. Mateo, J. et al. Accelerating precision medicine in metastatic prostate cancer. *Nat. Cancer* **1**, 1041–1053 (2020).
- 2. Freidlin, B., McShane, L. M. & Korn, E. L. Randomized clinical trials with biomarkers: design issues. *J. Natl Cancer Inst.* **102**, 152–160 (2010).
- 3. Hu, C. & Dignam, J. J. Biomarker-driven oncology clinical trials: key design elements, types, features, and practical considerations. *JCO Precis. Oncol.* **3**, PO.19.00086 (2019).
- 4. Wyatt, A. W. et al. Concordance of circulating tumor DNA and matched metastatic tissue biopsy in prostate cancer. *J. Natl Cancer Inst.* **109**, djx118 (2017).
- 5. van der Velden, D. L. et al. The Drug Rediscovery protocol facilitates the expanded use of existing anticancer drugs. *Nature* **574**, 127–131 (2019).
- 6. Wang, H. & Yee, D. I-SPY 2: a neoadjuvant adaptive clinical trial designed to improve outcomes in high-risk breast cancer. *Curr. Breast Cancer Rep.* **11**, 303–310 (2019).
- 7. Mayrhofer, M. et al. Cell-free DNA profiling of metastatic prostate cancer reveals microsatellite instability, structural rearrangements and clonal hematopoiesis. *Genome Med.* **10**, 85 (2018).
- 8. Annala, M. et al. Cabazitaxel versus abiraterone or enzalutamide in poor prognosis metastatic castration-resistant prostate cancer: a multicentre, randomised, open-label, phase II trial. *Ann. Oncol.* **32**, 896–905 (2021).
- 9. Ryan, C. J. et al. Abiraterone in metastatic prostate cancer without previous chemotherapy. *N. Engl. J. Med.* **368**, 138–148 (2013).
- 10. Beer, T. M. et al. Enzalutamide in metastatic prostate cancer before chemotherapy. *N. Engl. J. Med.* **371**, 424–433 (2014).
- 11. Thurin, N. H. et al. Abiraterone acetate versus docetaxel for metastatic castration-resistant prostate cancer: a cohort study within the French nationwide claims database. *Expert Rev. Clin. Pharmacol.* **15**, 1139–1145 (2022).
- 12. Anton, A. et al. Real-world first-line systemic therapy patterns in metastatic castration-resistant prostate cancer. *BJUI Compass* **3**, 205–213 (2022).
- 13. Chowdhury, S. et al. Real-world outcomes in first-line treatment of metastatic castration-resistant prostate cancer: the prostate cancer registry. *Target. Oncol.* **15**, 301–315 (2020).
- 14. Sydes, M. R. et al. Adding abiraterone or docetaxel to long-term hormone therapy for prostate cancer: directly randomised data from the STAMPEDE multi-arm, multi-stage platform protocol. *Ann. Oncol.* **29**, 1235–1248 (2018).
- 15. De Laere, B. et al. TP53 outperforms other androgen receptor biomarkers to predict abiraterone or enzalutamide outcome in metastatic castration-resistant prostate cancer. *Clin. Cancer Res.* **25**, 1766–1773 (2019).
- 16. Annala, M. et al. Circulating tumor DNA genomics correlate with resistance to abiraterone and enzalutamide in prostate cancer. *Cancer Discov.* <https://doi.org/10.1158/2159-8290.CD-17-0937> (2018).
- 17. Conteduca, V. et al. Plasma androgen receptor and docetaxel for metastatic castration-resistant prostate cancer. *Eur. Urol.* **75**, 368–373 (2019).
- 18. Galletti, G. et al. ERG induces taxane resistance in castration-resistant prostate cancer. *Nat. Commun.* **5**, 5548 (2014).
- 19. Reig, Ò. et al. TMPRSS2–ERG in blood and docetaxel resistance in metastatic castration-resistant prostate cancer. *Eur. Urol.* **70**, 709–713 (2016).
- 20. Marín-Aguilera, M. et al. The influence of treatment sequence in the prognostic value of TMPRSS2–ERG as biomarker of taxane resistance in castration-resistant prostate cancer. *Int. J. Cancer* **145**, 1970–1981 (2019).
- 21. Rescigno, P. et al. Docetaxel treatment in PTEN- and ERG-aberrant metastatic prostate cancers. *Eur. Urol. Oncol.* **1**, 71–77 (2018).
- 22. Küronya, Z. et al. ERG expression can predict the outcome of docetaxel combined with androgen deprivation therapy in metastatic hormone-sensitive prostate cancer. *Urol. Oncol.* **37**, 289.e1–289.e9 (2019).
- 23. Swami, U. et al. SPOP mutations as a predictive biomarker for androgen receptor axis-targeted therapy in de novo metastatic castration-sensitive prostate cancer. *Clin. Cancer Res.* **28**, 4917–4925 (2022).
- 24. Rajpar, S. et al. The benefit of combining docetaxel to androgen deprivation therapy in localized and metastatic castration-sensitive prostate cancer as predicted by ERG status: an analysis of two GETUG phase III trials. *J. Clin. Oncol.* **35**, 5012 (2017).
- 25. Attard, G. et al. Characterization of ERG, AR and PTEN gene status in circulating tumor cells from patients with castration-resistant prostate cancer. *Cancer Res.* **69**, 2912–2918 (2009).
- 26. Cai, C., Wang, H., Xu, Y., Chen, S. & Balk, S. P. Reactivation of androgen receptor-regulated TMPRSS2:ERG gene expression in castration-resistant prostate cancer. *Cancer Res.* **69**, 6027–6032 (2009).
- 27. Morris, M. J. et al. Radiographic progression-free survival as a response biomarker in metastatic castration-resistant prostate cancer: COU-AA-302 results. *J. Clin. Oncol.* **33**, 1356–1363 (2015).
- 28. Rathkopf, D. E. et al. Radiographic progression-free survival as a clinically meaningful end point in metastatic castration-resistant prostate cancer: the PREVAIL randomized clinical trial. *JAMA Oncol.* **4**, 694–701 (2018).
- 29. Rao, A. et al. Impact of clinical versus radiographic progression on clinical outcomes in metastatic castration-resistant prostate cancer. *ESMO Open* **5**, e000943 (2020).
- 30. Bryce, A. H. et al. Radiographic progression with non-rising PSA in metastatic castration-resistant prostate cancer: post hoc analysis of PREVAIL. *Prostate Cancer Prostatic Dis.* **20**, 221–227 (2017).
- 31. Robbrecht, D. G. et al. Impact of progression at baseline and on-treatment progression events in three large prostate cancer trials. *Eur. J. Cancer* **125**, 142–152 (2020).
- 32. Walia, A., Tuia, J. & Prasad, V. Progression-free survival, disease-free survival and other composite end points in oncology: improved reporting is needed. *Nat. Rev. Clin. Oncol.* **20**, 885–895 (2023).
- 33. Rasmussen, K. M. et al. Survival outcomes by race and ethnicity in veterans with non-metastatic castration-resistant prostate cancer. *JAMA Netw. Open* **6**, e2337272 (2023).
- 34. Yamoah, K. et al. Racial and ethnic disparities in prostate cancer outcomes in the veterans afairs health care system. *JAMA Netw. Open* **5**, e2144027 (2022).
- 35. Crippa, A. et al. The ProBio trial: molecular biomarkers for advancing personalized treatment decision in patients with metastatic castration-resistant prostate cancer. *Trials* **21**, 579 (2020)
- 36. Annala, M. et al. Evolution of castration-resistant prostate cancer in ctDNA during sequential androgen receptor pathway inhibition. *Clin. Cancer Res.* **27**, 4610–4623 (2021).
- 37. Jensen, K. et al. Association of clonal hematopoiesis in DNA repair genes with prostate cancer plasma cell-free DNA testing interference. *JAMA Oncol.* **7**, 107–110 (2021).
- 38. Matsubara, N. et al. Olaparib eficacy in patients with metastatic castration-resistant prostate cancer and BRCA1, BRCA2, or ATM alterations identified by testing circulating tumor DNA. *Clin. Cancer Res.* **29**, 92–99 (2023).
- 39. Zivanovic, A. et al. Co-evolution of AR gene copy number and structural complexity in endocrine therapy resistant prostate cancer. *NAR Cancer* **5**, zcad045 (2023).
- 40. Jayaram, A. et al. Plasma androgen receptor copy number status at emergence of metastatic castration-resistant prostate cancer: a pooled multicohort analysis. *JCO Precis. Oncol.* **3**, PO.19.00123 (2019).
- 41. Khalaf, D. J. et al. Optimal sequencing of enzalutamide and abiraterone acetate plus prednisone in metastatic castration-resistant prostate cancer: a multicentre, randomised, open-label, phase 2, crossover trial. *Lancet Oncol.* **20**, 1730–1739 (2019).
- 42. de Wit, R. et al. Cabazitaxel versus abiraterone or enzalutamide in metastatic prostate cancer. *N. Engl. J. Med.* **381**, 2506–2518 (2019).
- 43. Fizazi, K. et al. Abiraterone plus prednisone in metastatic, castration-sensitive prostate cancer. *N. Engl. J. Med.* **377**, 352–360 (2017).

- 44. Chi, K. N. et al. Apalutamide for metastatic, castration-sensitive prostate cancer. *N. Engl. J. Med.* **381**, 13–24 (2019).
- 45. Davis, I. D. et al. Enzalutamide with standard first-line therapy in metastatic prostate cancer. *N. Engl. J. Med.* **381**, 121–131 (2019).
- 46. Sweeney, C. J. et al. Chemohormonal therapy in metastatic hormone-sensitive prostate cancer. *N. Engl. J. Med.* **373**, 737–746 (2015).
- 47. Dodkins, J. et al. Does research from clinical trials in metastatic hormone-sensitive prostate cancer treatment translate into access to treatments for patients in the 'real world'? A systematic review. *Eur. Urol. Oncol.* **7**, 14–24 (2024).
- 48. Corsini, C. et al. Survival trend in individuals with de novo metastatic prostate cancer after the introduction of doublet therapy. *JAMA Netw. Open* **6**, e2336604 (2023).
- 49. Gedeborg, R. et al. Uptake of doublet therapy for de novo metastatic castration sensitive prostate cancer: a population-based drug utilisation study in Sweden. *Scand. J. Urol*.<https://doi.org/10.2340/sju.v58.9572> (2023).
- 50. Dodkins, J. et al. 1790P Utilisation rates of treatment intensification for metastatic hormone sensitive prostate cancer (mHSPC) in England, UK. *Ann. Oncol.* **34**, S967 (2023).
- 51. Mottet, N. et al. *EAU Guidelines. Edn. presented at the EAU Annual Congress Milan 2023. ISBN 978-94-92671-19-6* (EAU Guidelines Ofice, 2023).
- 52. Schaeffer, E. M. et al. NCCN Guidelines Insights: Prostate Cancer, version 1.2023. *J. Natl Compr. Canc. Netw.* **20**, 1288–1298 (2022).

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional afiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit [http://creativecommons.](http://creativecommons.org/licenses/by/4.0/) [org/licenses/by/4.0/.](http://creativecommons.org/licenses/by/4.0/)

© The Author(s) 2024

Bram De Laere © $^{1.2,34}$ **, Alessio Crippa ©** $^{1.34}$ **, Andrea Discacciati** 1 **, Berit Larsson** 1 **, Maria Persson** 1 **, Susanne Johansson** 1 **,** $\boldsymbol{\mathsf{S}}$ anne D'hondt $\boldsymbol{\mathsf{\Theta}}$ ³, R. Bergström $\boldsymbol{\mathsf{\Theta}}$ ¹, Venkatesh Chellappa¹, Markus Mayrhofer⁴, Mahsan Banijamali¹, $\bm{\lambda}$ nastasijia Kotsalaynen^ı, Céline Schelstraete⁵, Jan Pieter Vanwelkenhuyzen ® 1-2, Marie Hjälm-Eriksson⁶, Linn Pettersson⁷, **Anders Ullén8 , Nicolaas Lumen5 , Gunilla Enblad ⁹ , Camilla Thellenberg Karlsson  10, Elin Jänes11, Johan Sandzén 12, Peter Schatteman¹³, Maria Nyre Vigmostad** Φ^{14} **, Martha Olsson¹⁵, Christophe Ghysel¹⁶, Brieuc Sautois** Φ^{17} **,** Wendy De Roock¹⁸, Siska Van Bruwaene¹⁹, Mats Anden²⁰, Ingrida Verbiene²¹, Daan De Maeseneer ^{® 22}, Els Everaert²³, Jochen Darras²⁴, Bjørg Y. Aksnessether²⁵, Daisy Luyten²⁶, Michiel Strijbos²⁷, Ashkan Mortezavi^{28,29}, Jan Oldenburg³⁰, **Piet Ost^{2,31}, Martin Eklund [®] ^{1,34}, Henrik Grönberg ^{® 1,32,34}⊠ & Johan Lindberg^{33,34}**

¹Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, Sweden. ²Department of Human Structure and Repair, Ghent University, Ghent, Belgium. ³Health, Innovation and Research Institute (Clinical Trial Unit), University Hospital Ghent, Ghent, Belgium. ⁴National Bioinformatics Infrastructure Sweden, Science for Life Laboratory, Department of Cell and Molecular Biology, Uppsala University, Uppsala, Sweden. 5 Department of Urology, University Hospital Ghent, Ghent, Belgium. 6 Department of Oncology, Capio Saint Göran's Hospital, Stockholm, Sweden. ⁷Department of Oncology, Länssjukhuset Ryhov, Jönköping, Sweden. ⁸Department of Oncology, Karolinska University Hospital, Stockholm, Sweden. 9 Department of Oncology, Uppsala University Hospital, Uppsala, Sweden. ¹⁰Department of Oncology, University Hospital of Umeå, Umeå, Sweden. ¹¹Department of Oncology, Sundsvalls sjukhus, Sundsvall, Sweden. ¹²Department of Oncology, Centralsjukhuset Karlstad, Karlstad, Sweden. ¹³Department of Urology, Onze Lieve Vrouwziekenhuis, Aalst, Belgium. ¹⁴Department of Oncology, Stavanger University Hospital, Stavanger, Norway. ¹⁵Department of Oncology, Centrallasarettet Växjö, Växjö, Sweden. ¹⁶Department of Urology, AZ Sint Jan Brugge AV, Bruges, Belgium. ¹⁷Department of Oncology, CHU de Liège - site Sart Tilman, Liège, Belgium. ¹⁸Department of Oncology, Ziekenhuis Oost- Limburg, Genk, Belgium. ¹⁹Department of Urology, AZ Groeninge, Kortrijk, Belgium. ²⁰Department of Oncology, Länssjukhuset i Kalmar, Kalmar, Sweden. ²¹Department of Oncology, Falu lasarett, Falu, Sweden. ²²Department of Oncology, AZ Sint-Lucas, Bruges, Belgium. ²³Department of Oncology, Vitaz campus Sint-Niklaas Lodewijk, Sint-Niklaas, Belgium. ²⁴Department of Urology, AZ Damiaan, Oostende, Belgium. ²⁵Department of Oncology, Ålesund Hospital, Ålesund, Norway. ²⁶Department of Oncology, Virga Jessa, Hasselt, Belgium. ²⁷Department of Oncology, GZA Sint-Augustinus, Antwerpen, Belgium. ²⁸Department of Urology, Universitätsspital Basel, Basel, Switzerland. ²⁹Department of Urology, Universitätsspital Zürich, Zürich, Switzerland. ³⁰Department of Oncology, Akershus University Hospital, Nordbyhagen, Norway. ³¹Department of Radiation Oncology, GZA Sint-Augustinus, Antwerpen, Belgium. ³²Prostatacancer Centrum, Capio S:t Görans Sjukhus, Stockholm, Sweden. 33Department of Medical Epidemiology and Biostatistics, Science for Life Laboratory, Karolinska Institutet, Stockholm, Sweden. 34These authors contributed equally: Bram De Laere, Alessio Crippa, Martin Eklund, Henrik Grönberg, Johan Lindberg.  e-mail: henrik.gronberg@ki.se

Methods

Trial design

ProBio is an ongoing, multicenter, randomized, outcome-adaptive, biomarker-driven platform trial (ClinicalTrials.gov registration: [NCT03903835](https://clinicaltrials.gov/study/NCT03903835)) in men with metastatic prostate cancer^{[35](#page-10-23),53}, approved by ethics boards in Sweden (ID: 2018/2206–32; 22 October 2018), Belgium (ID: BC-06057; 20 March 2020), Norway (ID: Søknadsnummer 81005/58005; 24 June 2020) and Switzerland (ID: BASEC 2021–02495; 01 March 2022). At inclusion and upon receiving the patient's written informed consent, the patient is enrolled in the electronic case report form system (SMART-TRIAL, Greenlight Guru) for data collection and treatment follow-up. Upon peripheral blood collection, synchronous analyses of plasma-derived ctDNA and whole-blood germline DNA are applied for biomarker assessment using an in-house laboratory-developed test (see 'Sample processing, bioinformatic anal-ysis and variant assessment' in the Supplementary Information)^{[7](#page-10-1)}. These analyses determine whether patients' tumors have genetic alterations in the *AR*, *TP53* or DNA repair genes, or harbor the *TMPRSS2–ERG* gene fusion. The four biomarkers categorize patients into sixteen (4×4) biomarker subgroup combinations, which are used for randomization (Supplementary Fig. 1). Since the prevalence of subgroup combinations can be low, we evaluated efficacy within five biomarker signatures or groups (that is, prespecified sets of subgroup combinations): (1) any biomarker subgroup combination (that is, biomarker-unselected or *'*all' patients); (2) no SNV or GSR in the *AR* gene and no alterations in the *TP53* gene (that is, *AR* (SNV/GSR) negative and *TP53* wild type); (3) homologous recombination deficiency (that is, deactivating somatic or high-impact germline alteration in DNA repair genes); (4) alterations in *TP53* (that is, *TP53* altered); and (5) presence of the *TMPRSS2–ERG* fusion (that is, *TMPRSS2*–*ERG* fusion positive; Supplementary Fig. 1).

Patients are randomized to either the control arm, or one of the investigational biomarker-driven treatment arms (Fig. [1a\)](#page-1-0). For the control arm patients, the treating physician selects a standard-of-care treatment. Participating physicians, both in the control and investigational treatment arms, are blinded to the biomarker results. ProBio uses outcome-adaptive randomization, which adapts over time to increase allocation to more promising treatments 35 . Adaptation takes into account information on the biomarker subgroup combinations and the accumulated evidence during the trial on the efficacy of the treatment arms. At disease progression⁵⁴, patients in the investigational arms can be re-randomized based on a new ctDNA analysis, whereas control arm patients can receive a new line of physician's choice treatment within ProBio, allowing each patient to contribute with multiple data points for outcome analyses.

ProBio's analytic framework compares different investigational treatment arms against the physician's choice control arm, and across the investigational arms within the prespecified biomarker signatures. The control group enables the evaluation of biomarker-guided treatment decisions versus physician's choice strategies. Randomized comparisons across investigational treatment arms assess treatment class efficacy. Stratified comparisons by biomarker status allow for interaction analysis to assess treatment-predictive potential by comparing treatment efficacy in patients with and without a specific biomarker. All comparisons use concurrently randomized patients.

An independent data safety and monitoring committee reviews data biannually together with unblinded study statisticians and provides recommendations for early termination based on graduation or futility stopping rules, that is, probability of superiority > 85% for graduation, and probability of superiority < 15% for futility on a minimum of 25 evaluated biomarker signature–treatment combinations. Additionally, the probability of superiority within all biomarker subgroup combinations belonging to the evaluated biomarker signature needs to be >70% or <50% for graduation or futility, respectively (see details on stopping rules for graduation and futility in Supplementary Information). Upon termination recommendation and data lock, a minimum follow-up of 4 months is ensured for all patients before final analyses. The trial protocol adheres to SPIRIT 2013 (ref. [55](#page-14-2)), was approved by ethics boards in Sweden, Belgium, Norway and Switzerland, and was conducted in accordance with the Declaration of Helsinki and Good Clinical Practice guidelines. The trial protocol is available as Supplementary Information. Reporting adhered to the Consolidated Standards of Reporting Trials (CONSORT) guidelines. We designed the trial, oversaw data collection by consortium members and take responsibility for data accuracy and trial fidelity. Only authors contributed to manuscript writing. Funding organizations (as detailed in Acknowledgements and Supplementary Information) were not involved in protocol development, data analysis or manuscript preparation.

Patients

Eligible patients had progressive mCRPC and were initiating first-line or second-line systemic therapy for mCRPC. The type of progressive disease at trial entry was recorded per Prostate Cancer Clinical Trials Working Group recommendations^{[54](#page-14-1)}, encompassing PSA only, bone only (with or without nodal disease), nodal disease only and visceral disease (with or without involvement of other sites). Recent routine laboratory (that is, hematology, biochemistry, enzymes and oncological markers) and conventional imaging (that is, computerized tomography or magnetic resonance imaging, and bone scintigraphy scans) results were mandatory for all participants. Prior ADT intensification with for example docetaxel or an ARPI for metastatic hormone-sensitive or non-metastatic castration-resistant disease was allowed, and continuous ADT was required. All patients had adequate performance score, bone marrow, renal and hepatic function to receive any treatment available in the ProBio platform. Initially, the study considered patients initiating first-line or second-line systemic treatment for mCRPC as eligible. However, after a protocol amendment in December 2020, enrollment was limited to patients starting first-line systemic treatment for mCRPC. Additionally, sequencing or rechallenging with ARPIs was not allowed from then on. This decision was primarily driven by ethical considerations and clinical efficacy evidence, with the known cross-resistance between ARPIs^{[41](#page-10-30)} in contrast to taxane sequencing (for example, cabazitaxel after docetaxel) after prior ARPI exposure^{[42](#page-10-31)}. However, it should be noted that any type of systemic therapy or ADT intensification before mCRPC was still allowed and that this has remained unchanged throughout the trial. Participants were excluded if their biomarker signature could not be determined due to undetectable ctDNA, technical failure or detection of microsatellite instability or a hypermutator genotype. Full eligibility criteria are provided in the protocol.

Biomarker signature definitions

The initial predefined biomarker signatures are defined as tumor properties or mutations in certain genes or pathways encompassing *AR*, *TP53*, homologous recombination deficiency genes and the *TMPRSS2–ERG* fusion (Supplementary Fig. 6). Only clonal alterations in *TP53*, *TMPRSS2–ERG* and homologous recombination deficiency genes qualified to categorize a patient as biomarker positive, whereas any hotspot SNV or GSR in the *AR* gene, regardless of clonality, qualified to classify a study participant as *AR* (SNV/GSR) positive.

Detailed information on bioinformatic analysis and somatic and germline variant assessment is provided in the Supplementary Information. The biomarker signature *AR* (SNV/GSR) negative and *TP53* wild type is defined by absence of relevant GSRs or hotspot single-nucleotide variation in *AR*, and without any relevant structural variation, mutation or homozygous deletion in *TP53*. The *TMPRSS2– ERG* fusion biomarker signature is defined by the detection of a gene fusion by structural rearrangements or by deletion through copy number alteration analysis. The *TP53*-altered biomarker signature is defined as the detection of high-impact structural variation affecting one or more exons, hotspot or high-impact point mutation, or a homozygous

deletion in the *TP53* gene. Homologous recombination deficiency is defined by the detection of relevant somatic or germline structural variation affecting one or more exons, hotspot or high-impact point mutation not known to be benign, or a homozygous deletion in *ATM*, *ATR*, *BARD1*, *BRCA1*, *BRCA2*, *BRIP1*, *CDK12*, *CHEK2*, *FANCA*, *MRE11A*, *NBN*, *PALB2*, *RAD50*, *RAD51*, *RAD51B*, *RAD51C* or *RAD51D*.

Treatments

ProBio initially randomized patients to either the control (that is, physician's choice) or an investigational treatment arm, including ARPIs (either 1,000 mg of abiraterone acetate or 160 mg of enzalutamide daily), taxanes (either docetaxel at a dosage of 75 mg or cabazitaxel at a dosage of 20–25 mg per square meter of body-surface area intravenously every 3 weeks), or carboplatin (area under the curve 4–5, every 3 weeks). Conditions for use were in accordance with the summary of product characteristics and local guidelines. Following protocol amendment, randomization was also opened to niraparib in combination with abiraterone acetate. Here, we compare the results of ARPIs and taxanes.

Randomization

The absence or presence of the four selected biomarkers (that is, *AR*, *TP53*, homologous recombination deficiency genes and *TMPRSS2*–*ERG* gene fusion) generated 16 distinct biomarker subgroup combinations. Each patient was exclusively assigned to one subgroup. Randomization was stratified on these subgroups, leading to varying randomization probabilities across different subgroup levels. While early termination was based on the evaluation of therapy classes within biomarker signatures, treatment arms were also compared against the control arm within specific biomarker subgroup combinations. Probabilities of superiority derived in the latter comparisons are utilized to update the initial randomization probabilities in each biomarker subgroup combination. We ensured that the randomization probabilities for the control arm, within each subgroup, are equal to or higher than the maximum randomization probabilities in the experimental arms. Consequently, randomization between a graduating therapy arm and physician's choice will mimic a 1:1 randomization scheme, which also has the advantage of mitigating the impact of potential temporal changes in the patient characteristics on the study outcomes.

Additionally, randomization takes into account prior systemic therapy exposure and avoids sequencing or rechallenging with second-generation ARPIs (for example, no randomization to enzalutamide when the patient was previously treated with abiraterone acetate). However, sequencing with taxanes was allowed (that is, cabazitaxel after prior therapy with docetaxel). To facilitate this, randomization probabilities for non-permitted treatment sequences were set to zero.

Outcomes

The primary endpoint was the time to NLCB, defined as the date and specific reason a therapy was ultimately discontinued^{[54](#page-14-1)}. This endpoint focuses on determining when a treatment should be discontinued when the patient is NLCB rather than strictly at the first evidence of progression. A patient was deemed NLCB according to the physician's judgment by taking into account the composite evaluation of PSA, conventional radiology and clinical assessment using the following progression definitions. Biochemical progression after a decline from baseline, was defined as the time from the start of therapy to the first PSA increase that is ≥ 25% and ≥ 2 ng ml−1 above the nadir. If there was no decline from baseline, PSA progression was defined as a ≥ 25% increase and a ≥ 2 ng ml−1 increase from baseline beyond 12 weeks. Radiologic progression was defined as the time from random assignment to the date when the first site of disease was found to progress, based on a manifestation-specific definition of progression, or death, whichever occurs first. Nodal and visceral disease was assessed by computed tomography. Bone disease was assessed by Tc99 bone scan with at least two new lesions on the first posttreatment scan to deem a patient progressive. Radiologic evaluation occurred at fixed intervals (that is, every 8 weeks for the first 24 weeks, followed by every 12 weeks) or triggered by clinical and/or biochemical progression as determined by the treating physician. For overall trial conduct, a local radiologic response assessment was used for the primary endpoint definitions. Clinical progression was defined based on the clinical judgment of various factors, including but not limited to AEs or disease-related complications, clinical deterioration, presence of clinically meaningful pain and an increase in analgesic consumption. Overall survival and SAE/AE rates were secondary endpoints. Overall survival was defined as the time from the initial study randomization to death from any cause. Information regarding all-cause mortality was updated biannually using electronic health records. Details on outcome definitions are provided in the protocol.

Statistical analysis

ProBio has been designed as a screening device to identify patient subgroups more likely to benefit from a therapy class. We set thresholds based on the posterior probability of superiority for treatment–biomarker combinations to exit the platform trial for an early indication of superiority (probability of superiority > 85%) or for futility (probability of superiority < 15%). These thresholds were calibrated through simulation studies to control type I error and ensure sufficient power^{[35](#page-10-23)}. The estimated type I error rate was less than 10% for each therapy when concurrently evaluating a maximum of five arms within five biomarker signatures and less than 5% for each biomarker signature–treatment combination. Power ranged between 65% and 83% depending on the simulation scenario. Each biomarker signature–treatment class combination allowed a maximum of 150 randomized patients.

We utilized a Bayesian Weibull accelerated failure time model^{[56](#page-14-3)} estimated on all data (that is, first and second randomization) for the time to NLCB and on first randomization data for overall survival. Using these fitted models, the posterior distribution of the treatment effect was calculated as the relative impact on the expected survival time, referred to as the STR. An STR above 1 implies longer expected survival, while an STR below 1 suggests shorter expected survival (for example, an STR of 1.2 is straightforwardly interpreted as a 20% increase in survival time, while an STR of 0.8 means a 20% decrease). We compared ARPIs and taxanes to the physician's choice group, as well as against each other using taxanes as a reference. We complemented the results for the time-to-event endpoints by providing the posterior survival curves, the corresponding Kaplan–Meier estimates and the estimated posterior median survival times. For the (log) STR, we adopted normal vague priors with mean 0 and standard deviation 0.5. Posterior distribution results were summarized by medians and 90% CrI, along with the posterior probability of superiority. Result robustness was assessed through prespecified subgroup sensitivity analyses, specifically focusing on patients starting first-line systemic therapy for metastatic castration-resistant disease, patients starting first-line systemic therapy for metastatic castration-resistant disease after prior ADT monotherapy (that is, patients naive for therapy intensification in metastatic hormone-sensitive or non-metastatic castration-resistant disease) and patients without prior exposure to the drug class under evaluation during ProBio (that is, no treatment class rechallenge). Within the investigational arms, the latter 'no treatment class rechallenge' sensitivity analysis thus encompassed a comparison of patients that were naive to the randomized drug class.

The treatment-predictive value of the biomarker signatures was assessed through interaction analyses comparing the ARPI to the taxane arm. The differential treatment effect was quantified by examining the posterior distribution of the interaction coefficient, which represents the multiplicative effect of a treatment in the biomarker-positive patients compared to the effect of the treatment in the biomarker-negative patients.

All patients receiving ARPIs or taxanes, including those in the control arm, were included in the safety population. In this analysis, the occurrence of AEs and SAEs were compared. All analyses were performed in R (version 4.2.2), with additional details being provided in the Supplementary Information.

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

All data relevant for the interpretation of our findings reported here are provided in the Article or the Supplementary Information. The data supporting the findings of this trial can be accessed under the following conditions: Requests for data access should be directed to the corresponding author. Access to the sequencing data requires approval from the Swedish Ethical Review Authority and an agreement with the data protection and legal unit at Karolinska Institutet. Data providing information on individual outcomes or genotypes are classified as personal registry information under Swedish law (Personal Data Act), thus prohibiting submission to a public repository. The data can be used for retrospective auxiliary research questions upon ethical committee approval. Researchers must provide a study-specific protocol conforming to local guidelines. Requests will be processed within 1–2 months upon submission of a complete and compliant auxiliary research-specific study protocol. For further details or to initiate a request, please contact the corresponding author.

Code availability

Code for the statistical analysis is available via GitHub at [https://github.](https://github.com/alecri/arpi_all/) [com/alecri/arpi_all/](https://github.com/alecri/arpi_all/).

References

- 53. De Laere, B. et al. Clinical trial protocol for ProBio: an outcome-adaptive and randomised multiarm biomarker-driven study in patients with metastatic prostate cancer. *Eur. Urol. Focus* **8**, 1617–1621 (2022).
- 54. Scher, H. I. et al. Trial design and objectives for castrationresistant prostate cancer: updated recommendations from the Prostate Cancer Clinical Trials Working Group 3. *J. Clin. Oncol.* **34**, 1402–1418 (2016).
- 55. Chan, A. -W. et al. SPIRIT 2013 Statement: defining standard protocol items for clinical trials. *Rev. Panam. Salud Publica* **38**, 506–514 (2015).
- 56. Brilleman, S. L., Elci, E. M., Novik, J. B. & Wolfe, R. Bayesian survival analysis using the rstanarm R package. Preprint at [https://arxiv.](https://arxiv.org/abs/2002.09633) [org/abs/2002.09633](https://arxiv.org/abs/2002.09633) (2020).

Acknowledgements

We thank all patients for their willingness to participate in this study. We thank the biobanks of the Karolinska Institutet (Stockholm, Sweden) and HIRUZ (Ghent, Belgium) for weekly processing of the biomaterial for genomic analysis. We also thank Clinical Genomics (Stockholm, Sweden) and National Bioinformatics Infrastructure Sweden (Uppsala, Sweden) for providing timely and cost-eficient DNA sequencing and analysis services. The ProBio consortium thanks the following funding organizations for the following awarded research grants: ALF Medicine (to H.G., 20190087), Swedish Cancer Society (to H.G., 211610P), Swedish Research Council (to H.G., 2021-00331), Krebsliga beider Basel (to A.M., KLbB-5580-02-2022) and Kom Op Tegen Kanker/Stand up to Cancer – Flemish Cancer Society (to P.O., STI.VLK.2020.0006.01; to B.D.L., STI.VLK.2022.0005.01). We extend our gratitude to all investigators, coworkers and staff involved in the ProBio trial. A complete list of ProBio consortium members is available in the Supplementary Information.

Author contributions

B.D.L., A.C., A.D., M.E., H.G. and J.L. conceived and designed the study. B.D.L., A.C., A.D. and J.L. acquired and analyzed the data. Statistics oversight was performed by M.E. (Inter)national trial management was undertaken by B.L., M.P., S.J., S.D. and H.G. Liquid biopsy sample processing, biobanking and preparation for analysis was performed by M.B., A.K., C.S. and J.P.V. DNA sequencing data processing, analysis, computational analysis and biomarker signature reporting was performed by R.B., V.C., M.M. and J.L. Genomics oversight was performed by J.L. Patient eligibility assessment, accrual, treatment and follow-up was performed by M.H.E., L.P., A.U., N.L., G.E., C.T.K., E.J., J.S., P.S., M.N.V., M.O., C.G., B.S., W.D.R., S.V.B., M.A., I.V., D.D.M., E.E., J.D., B.Y.A., D.L., M.S., A.M., J.O., P.O. and H.G. Clinical oversight, pharmacovigilance and trial coordination was performed by H.G. Country-specific coordination and principal investigators are A.M., J.O., P.O. and H.G. General and country-specific funding was obtained by B.D.L., A.M., P.O. and H.G. The first draft of the paper was written by B.D.L., A.C., M.E. and J.L. All authors contributed to data interpretation as well as commenting on previous versions of the paper. All authors read and approved the final paper.

Funding

Open access funding provided by Karolinska Institute.

Competing interests

A.C., A.D., B.L., M.P., S.J., S.D., M.B., A.K., C.S., J.V.W., M.H.E., L.P., E.J., J.S., P.S., M.N.V., M.O., S.V.B., M.A., I.V., E.E., J.D., D.L., M.S. and J.O. declare no competing interests. The following authors declare having received honoraria (privately or to institution/employer) from the following companies: MSD/Merck (B.S. and G.E.); Janssen-Cilag (B.S., B.D.L., A.M., C.T.K. and J.L.); AstraZeneca (B.D.L., C.T.K. and J.L.); ESMO (B.D.L.); Astellas (B.Y.A.); Pfizer (B.Y.A., H.G. and J.L.); BMS (BY.A. and W.D.R.); Ipsen (B.Y.A.); Johnson & Johnson Innovative Medicine (W.D.R.); Gilead (G.E.); Roche (G.E.); Pierre Fabre (G.E.); and Amgen (C.T.K.). The following authors declare having performed consulting or advisory roles for the following companies: Astellas (BS., A.U., D.D.M. and H.G.); Janssen-Cilag (B.S., P.O., A.U., H.G. and D.D.M.); BMS (B.S.); MSD/Merck (B.S., A.U., D.D.M. and P.O.); Bayer (B.S., P.O., H.G., A.M. and D.D.M.); AAA (P.O.); Novartis (P.O.); Pierre Fabre (A.U.); Pfizer (A.U. and D.D.M.); Roche (A.U.); Gilead (G.E.); Elicera Therapeutics (G.E).; XNK Therapeutics AB (G.E.); Sprint Bioscience AB (G.E.); Accord (H.G.); and AstraZeneca (H.G., D.D.M. and J.L.). The following authors declare having received research grants or sponsoring of trials from the following companaies: Bayer (P.O,. A.U. and N.L.); Janssen-Cilag (H.G.); AstraZeneca (H.G.); Merck (A.U. and W.D.R.); Pierre Fabre (A.U.); Ipsen (W.D.R. and N.L.); Johnson & Johnson Innovative Medicine (W.D.R.); and Roche Diagnostics (D.D.M.). The following authors declare having an unpaid membership in a (non-)governmental organization or advocacy organization: COMPERMED (B.D.L.); PSA Vlaanderen vzw (B.D.L. and C.G.); Swiss Urology (A.M.); Swedish Cancer Society (G.E.); and EAU Guidelines Urethral Stricture Panel (N.L.). The following authors declare having stock ownership or board membership: A3P AB (H.G. and M.E.); ClinSight AB (M.E.); Lighthouse Precision Oncology AB (B.D.L., J.L., M.M., R.B. and V.C.). The following authors declare having patents: J.L. and M.M. have filed a Swedish Patent Application (no. 2350786-6), 'Method of identifying and adjusting for systematic variability in DNA abundance measurements', which is applied in the current study to identify copy number alterations. However, the method will be made freely available under a GPL 3.0 license [\(https://github.com/ClinSeq/jumble/](https://github.com/ClinSeq/jumble)).

Additional information

Supplementary information The online version contains supplementary material available at [https://doi.org/10.1038/s41591-024-03204-2.](https://doi.org/10.1038/s41591-024-03204-2)

Correspondence and requests for materials should be addressed to Henrik Grönberg.

Peer review information *Nature Medicine* thanks the anonymous reviewers for their contribution to the peer review of this work. Primary Handling Editor: Lorenzo Righetto, in collaboration with the *Nature Medicine* team.

Reprints and permissions information is available at www.nature.com/reprints.

nature portfolio

Corresponding author(s): Henrik Grönberg

Last updated by author(s): Jul 10, 2024

Reporting Summary

Nature Portfolio wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Portfolio policies, see our Editorial Policies and the Editorial Policy Checklist.

Statistics

Software and code

Policy information about availability of computer code

eCRF clinical data collection (SMART-TRIAL, Greenlight Guru, Denmark) Data collection

Data analysis

DNA sequencing data analysis and computational genomics was performed using the following tools: BWA MEM (v.0.7.17-r1188) GATK (v4.1.2.0) Mutect2 (v4.1.2.0) Strelka (v2.9.10) VarDict (v1.8.3) VarScan2 (v2.4.4) SomaticSeq (v3.7.3) Ensembl Variant Effect Predictor (v110.1) HaplotypeCaller (v1.2.0) SVcaller (v0.1) CNVkit (v0.9.11) Jumble (v0.1, https://github.com/ClinSeq/jumble) PureCN (v1.12.2) IGV (v2.16.2)

Data and statistical analysis was performed in R (version 4.2.2). The code for the statistical analysis is available via a github repository https://github.com/alecri/arpi_all.

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

Data

Policy information about availability of data

All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our policy

All data relevant for the interpretation of our findings reported in this manuscript areis provided in the main manuscript or the supplemental information. The data supporting the findings of this trial can be accessed under the following conditions: Requests for data access should be directed to the corresponding author, Henrik Grönberg, at henrik.gronberg@ki.se. Access to the sequencing data requires approval from the Swedish Ethical Review Authority and an agreement with the data protection and legal unit at Karolinska Institutet. Data providing information on individual outcomes or genotypes is classified as personal registry information under Swedish law (Personal Data Act), thus prohibiting submission to a public repository. The data can be used for retrospective auxiliary research questions upon ethical committee (EC) approval. Researchers must provide a study-specific protocol conforming to local guidelines. Requests will be processed within 3-4 months upon submission of a complete and compliant auxiliary research-specific study protocol. For further details or to initiate a request, please contact Henrik Grönberg, at henrik.gronberg@ki.se.

Human research participants

Policy information about studies involving human research participants and Sex and Gender in Research.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection. \boxtimes Life sciences | Behavioural & social sciences | | Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see nature.com/documents/nr-reporting-summary-flat.pdf

March 202

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

Clinical data

Policy information about clinical studies All manuscripts should comply with the ICMJE guidelines for publication of clinical research and a completed CONSORT checklist must be included with all submissions.

