

Invisible disease, multidisciplinary answer: the need for a Belgian Long Covid Research Network



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Following a cohort of > 200 patients in Family Practice 201-2024
Data Collection in Primary Care

Family Practice; welcome, listen, hear, observe,
understand, support, explain



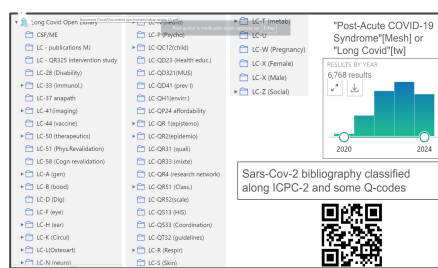
34 Patients verbatim word cloud (2021)

Identifying symptoms: using Human Phenotype Ontology

change of life	A pattern of unusual symptoms and two main determinants	loss of self
<ul style="list-style-type: none"> Fatigue (HPO: HP:0002378) Headache (HPO: HP:0002151) Muscle weakness (HPO: HP:0001324) Difficulty concentrating (HPO: HP:0100543) Short-term memory loss (HPO: HP:0002035) Dyspnea (difficulty breathing) (HPO: HP:0002094) Chest pain (HPO: HP:0100749) Leg pain (HPO: HP:0002378) Misadvised pain (HPO: HP:0003326) Cognitive impairment (HPO: HP:0100543) Sleep disturbances (HPO: HP:0001608) Anxiety (HPO: HP:0000739) 	<ul style="list-style-type: none"> Cold extremities (HPO: HP:0003703) Hypersensitivity to pain (HPO: HP:0032111) Braising (HPO: HP:0009791) Tachypnea (rapid breathing) (HPO: HP:0002789) Reduced ability to perform daily activities (HPO: HP:0007349) Impaired sense of smell (anosmia) (HPO: HP:0000458) Impaired sense of taste (ageusia) (HPO: HP:0001274) Gastrointestinal discomfort (bloating) (HPO: HP:0003279) Menstrual irregularities (HPO: HP:0000858) Sexual dysfunction (HPO: HP:0000137) Joint pain (HPO: HP:0002829) 	

Step 2024. Consultation - Recording of a 10 min consultation with a 36 year old woman, mother of two, third year of LC, detailed list of symptoms mentioned, mapped with their corresponding Human Phenotype Ontology (HPO) labels by a Language Model (ChatGPT4o) HPO codes not controlled

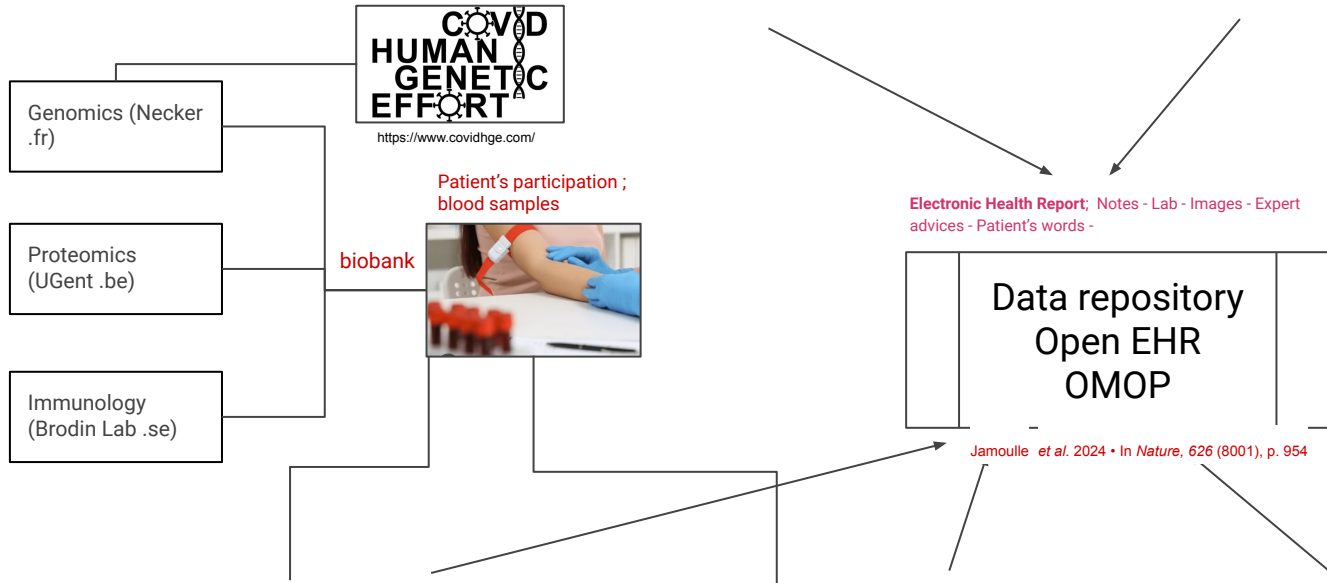
Knowledge Acquisition: PubMed and Google scholar
watch, Twitter, LinkedIn.



Narrative medicine: Qualitative research,
anthropological analysis of patient's interviews

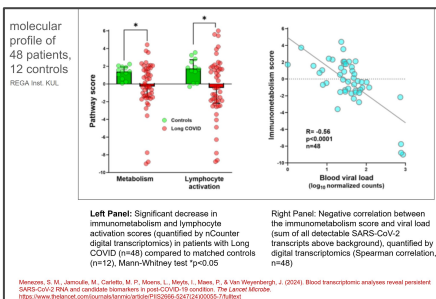
Mainly qualitative data about Medically Unexplained Symptoms
In the weeks that followed, she experienced dizziness, headaches, head pressure and helmet pressure. She was able to return to work part-time, but it was impossible for her to take on any more. Exhausted, she had to stop work completely. It was no longer possible for her to do sport, and she had numerous episodes of abdominal pain. At this point, she was more breathless when she exerted herself.
multitasking woman, executive, mother of two, former athlete, never sick, in her thirties diagnosed as Burnout

Schmitz O. Jamoulle. M, in press

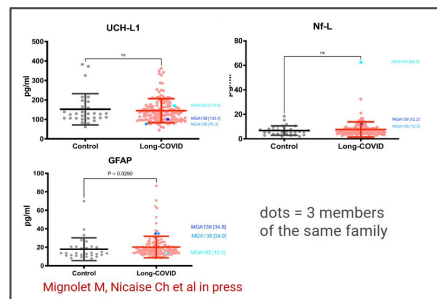


Jamoulle et al. 2024 • In Nature, 626 (8001), p. 954

Transcriptomics Rega KUL .be ; looking for human and viral RNAs



Neurobiology, UNamur .be; looking for neuronal damage



Nuclear medicine; SPECT-CT shows hypoperfusion

