



# Deriving Aspects of Consciousness from Unconscious States

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# Consciousness

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awareness

perception

cognition

*imagination*

thought

**mind**

**experience**

self-awareness



NeuroEthics



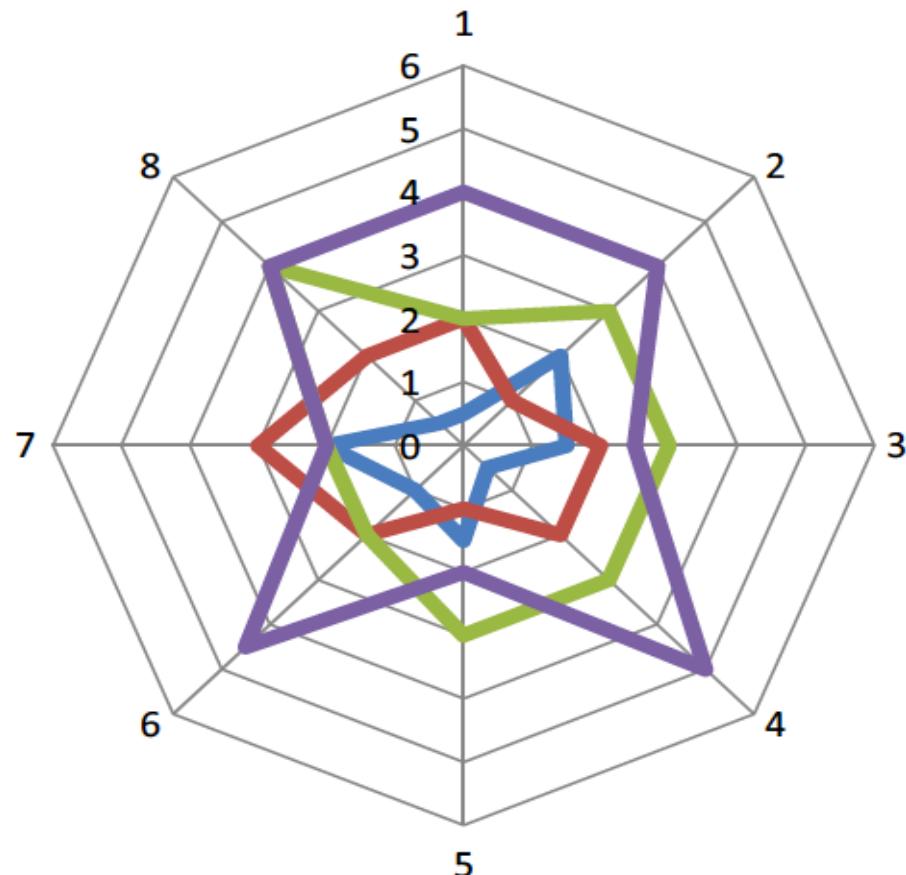
Animals



Psychotherapy

# Consciousness is multidimensional

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Bayne, Hohwy, Owen. *Trends Cogn Sci* 2016

## Questions

Which are these dimensions?

Which mechanisms support them?

# States of “Unconsciousness”

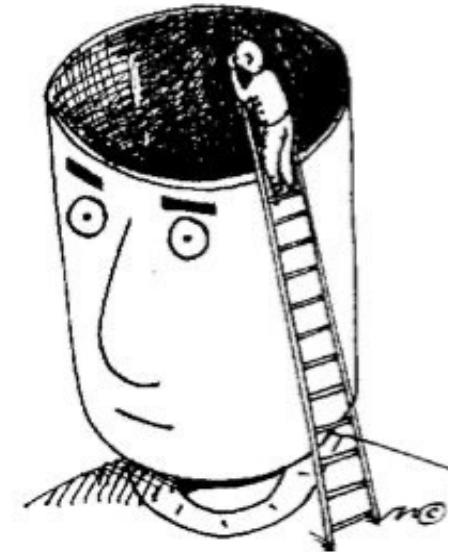
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Clinical  
Disorders of Consciousness  
Anaesthesia

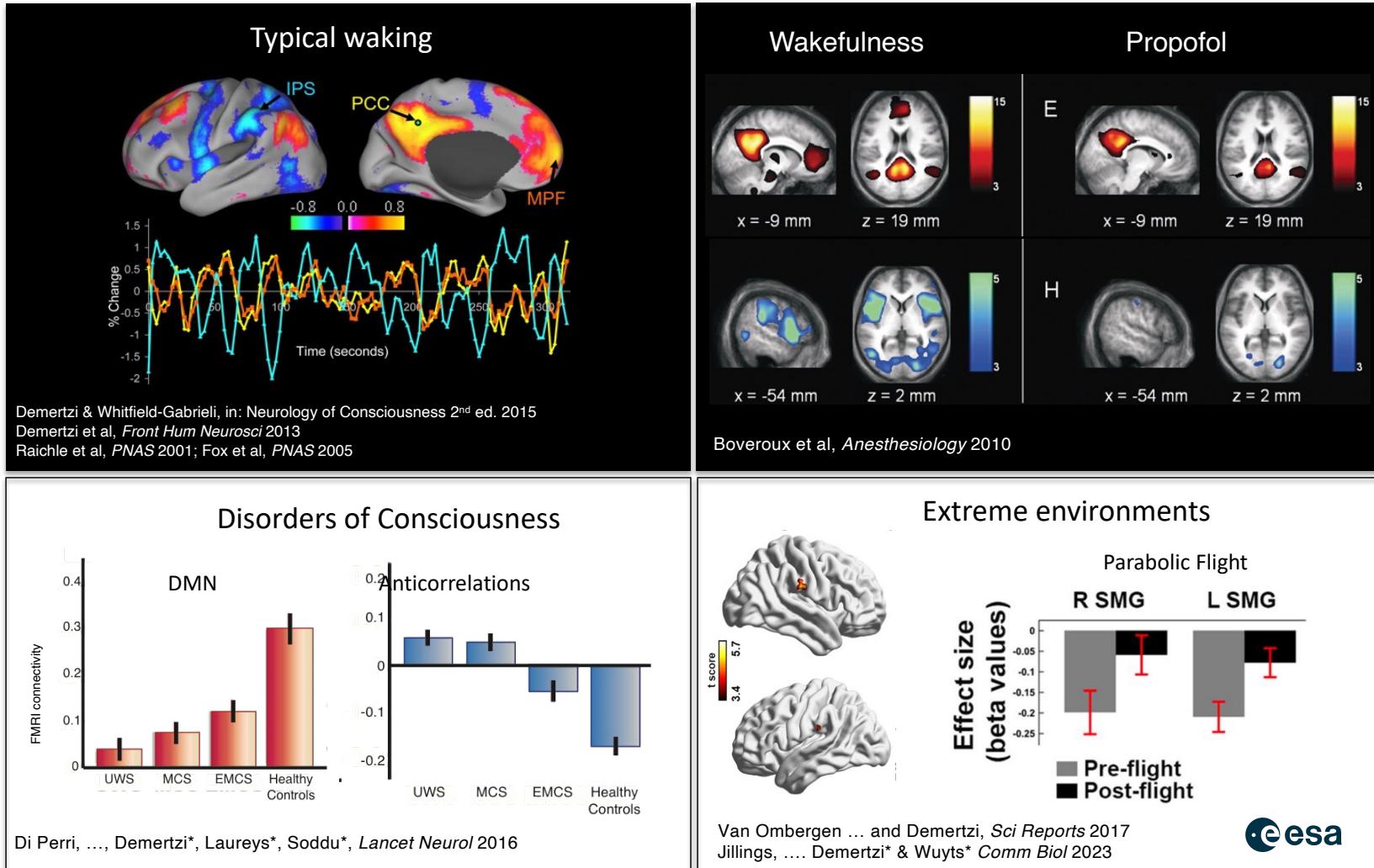


Physiological  
Sleep

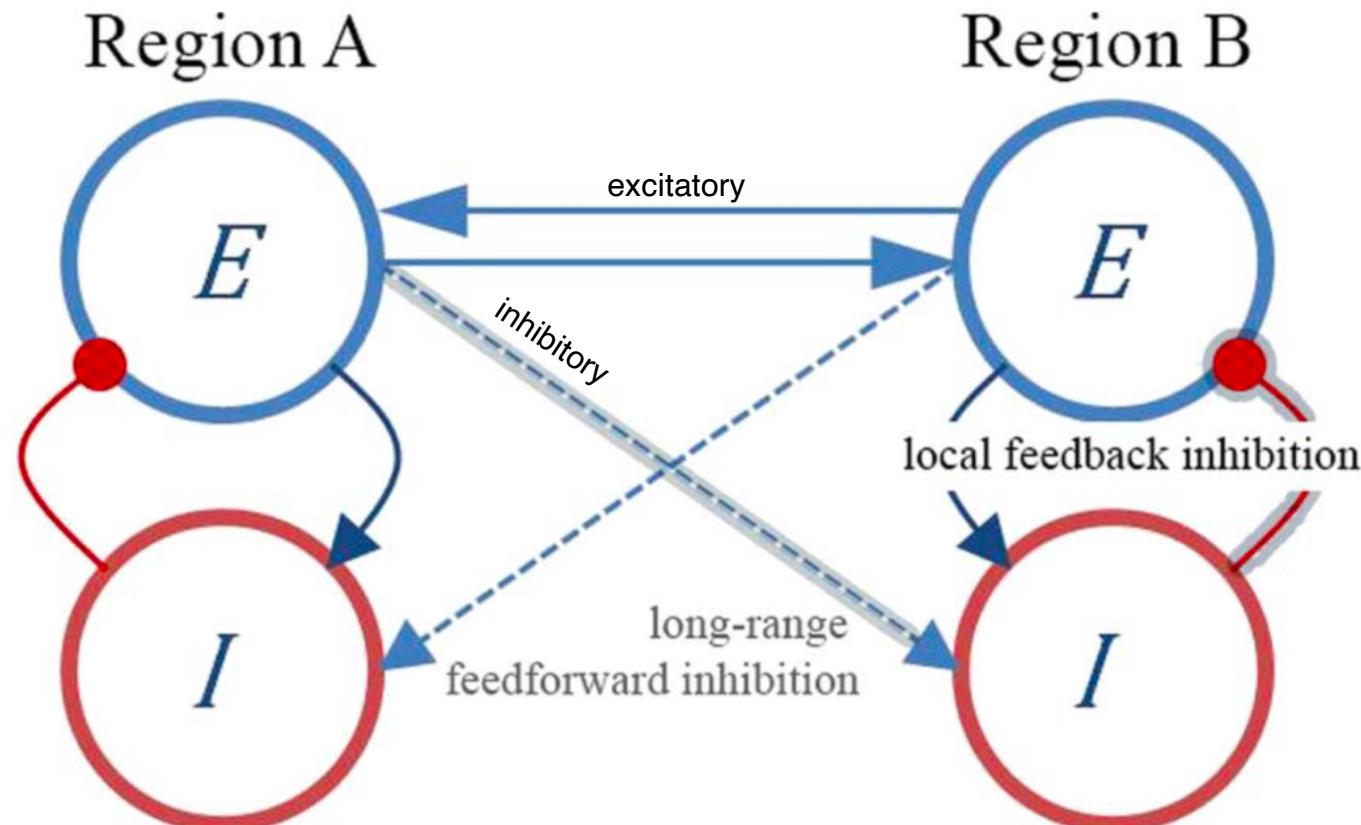


Wakefulness  
Mind Blanking

# Functional anticorrelations



# Anticorrelations as a result of neural inhibition

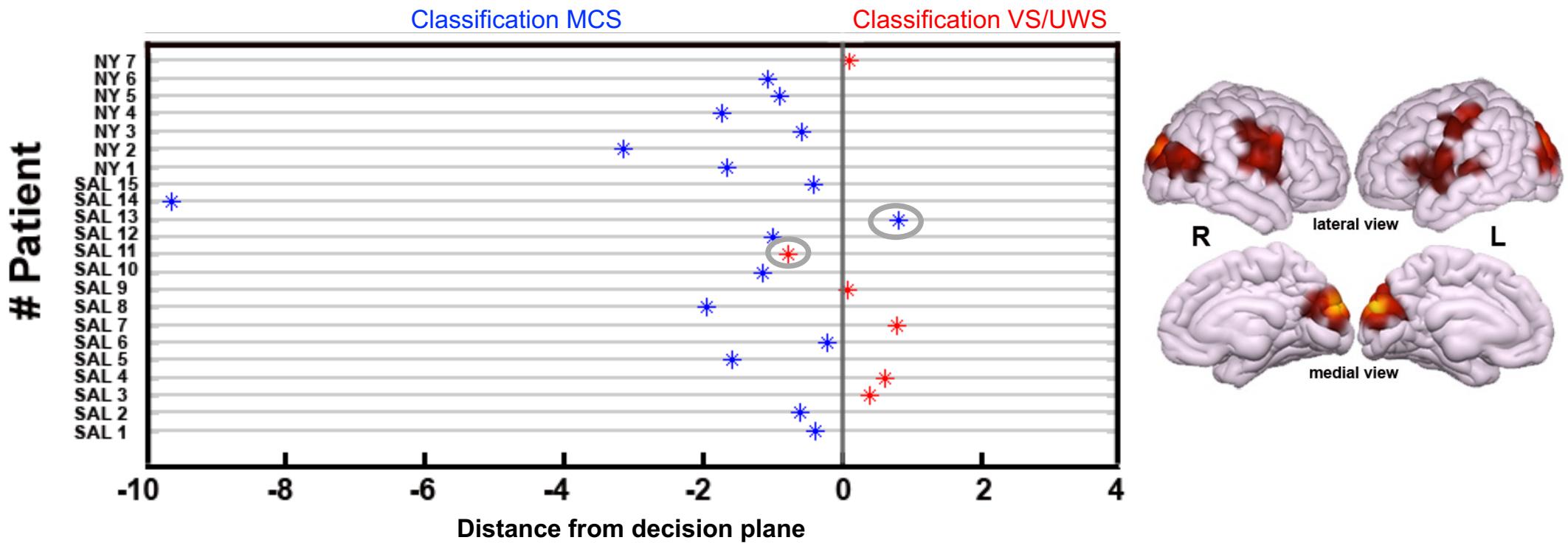


Ignition

Deco et al., *Sci Adv* 2021  
Joglekar et al, *Neuron* 2018

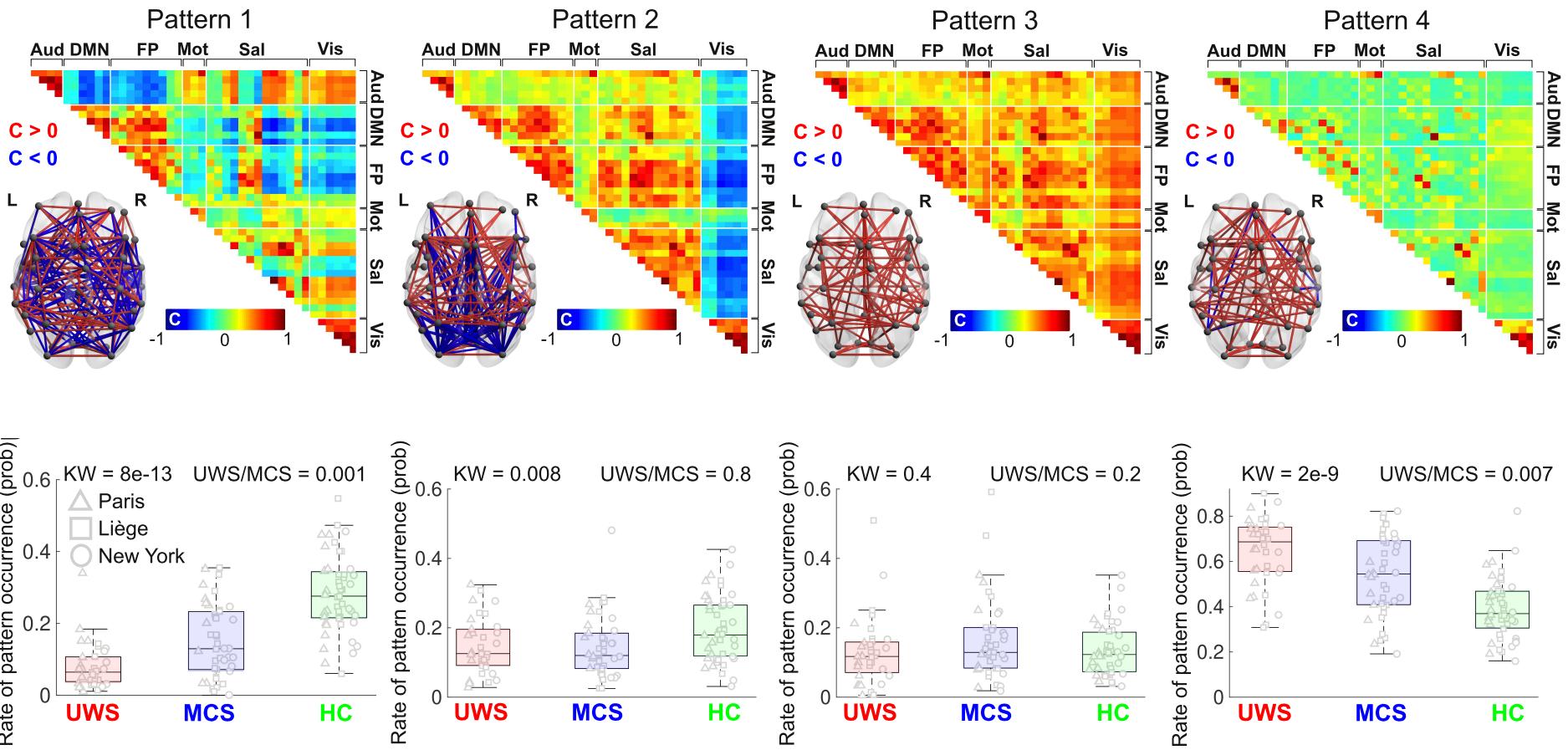
# DOC separation based on cross-modal interactions

- Training set: 45 DOC (26 MCS, 19 VS/UWS)
  - 14 trauma, 28 non-trauma, 3 mixed
  - 34 patients assessed >1m post-insult
- Test set:
  - **16 MCS, 6 VS/UWS** (15 non-trauma; all chronic)
  - 2 different centers



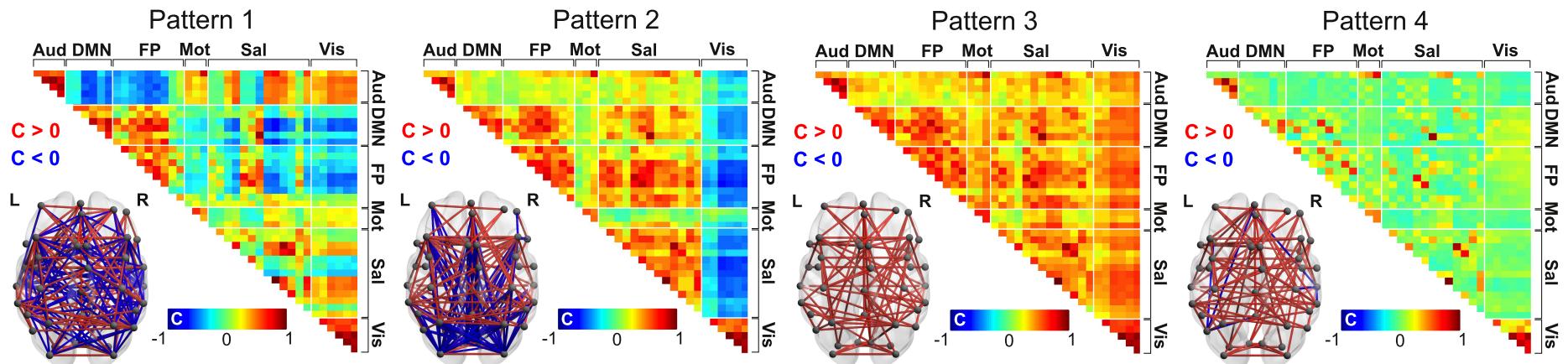
Demertzi & Antonopoulos et al, *Brain* 2015

# “Rich” connectivity in communicating states

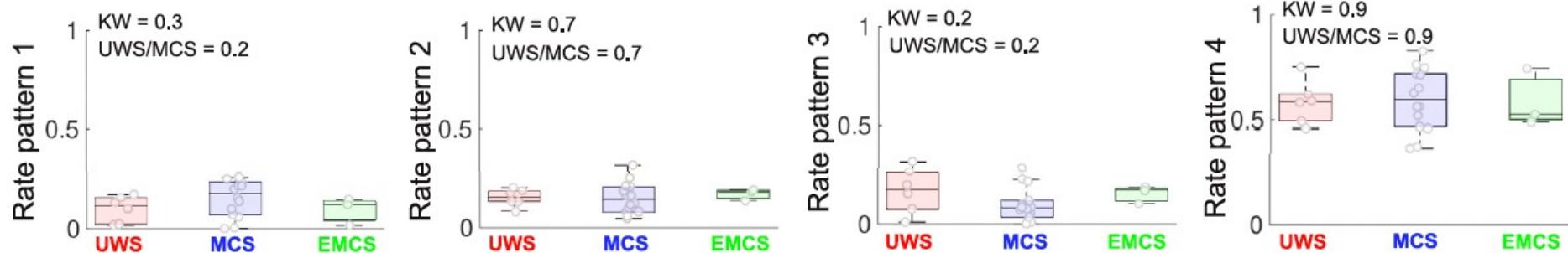


Demertzi & Tagliazucchi, Dehaene, Deco, Bartfeld, Raimondo, Martial, Fernández-Espejo, Rohaut, Voss, Schiff, Owen, Laureys, Naccache, Sitt.  
Science Advances 2019

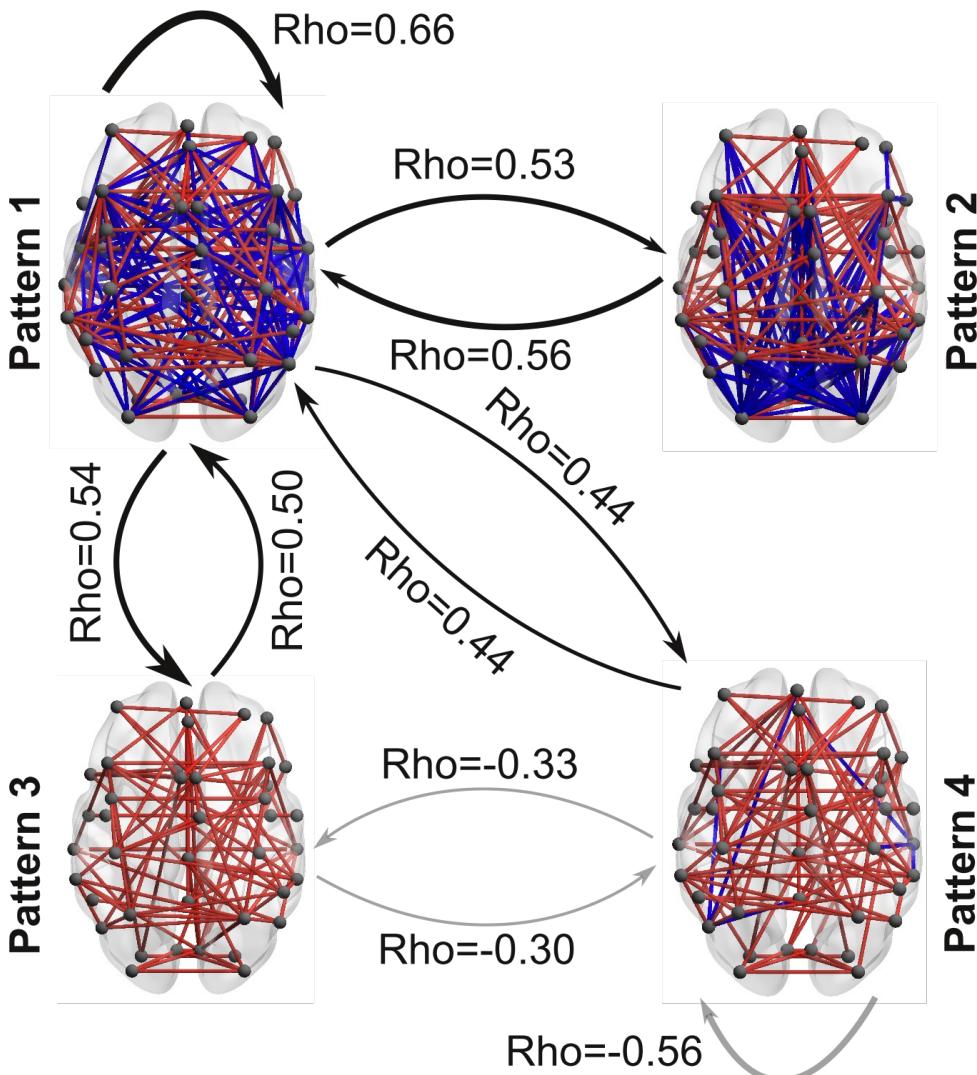
# Simple connectivity in “unconsciousness”



Propofol anesthesia



Demertzi & Tagliazucchi, Dehaene, Deco, Bartfeld, Raimondo, Martial, Fernández-Espejo, Rohaut, Voss, Schiff, Owen, Laureys, Naccache, Sitt.  
Science Advances 2019

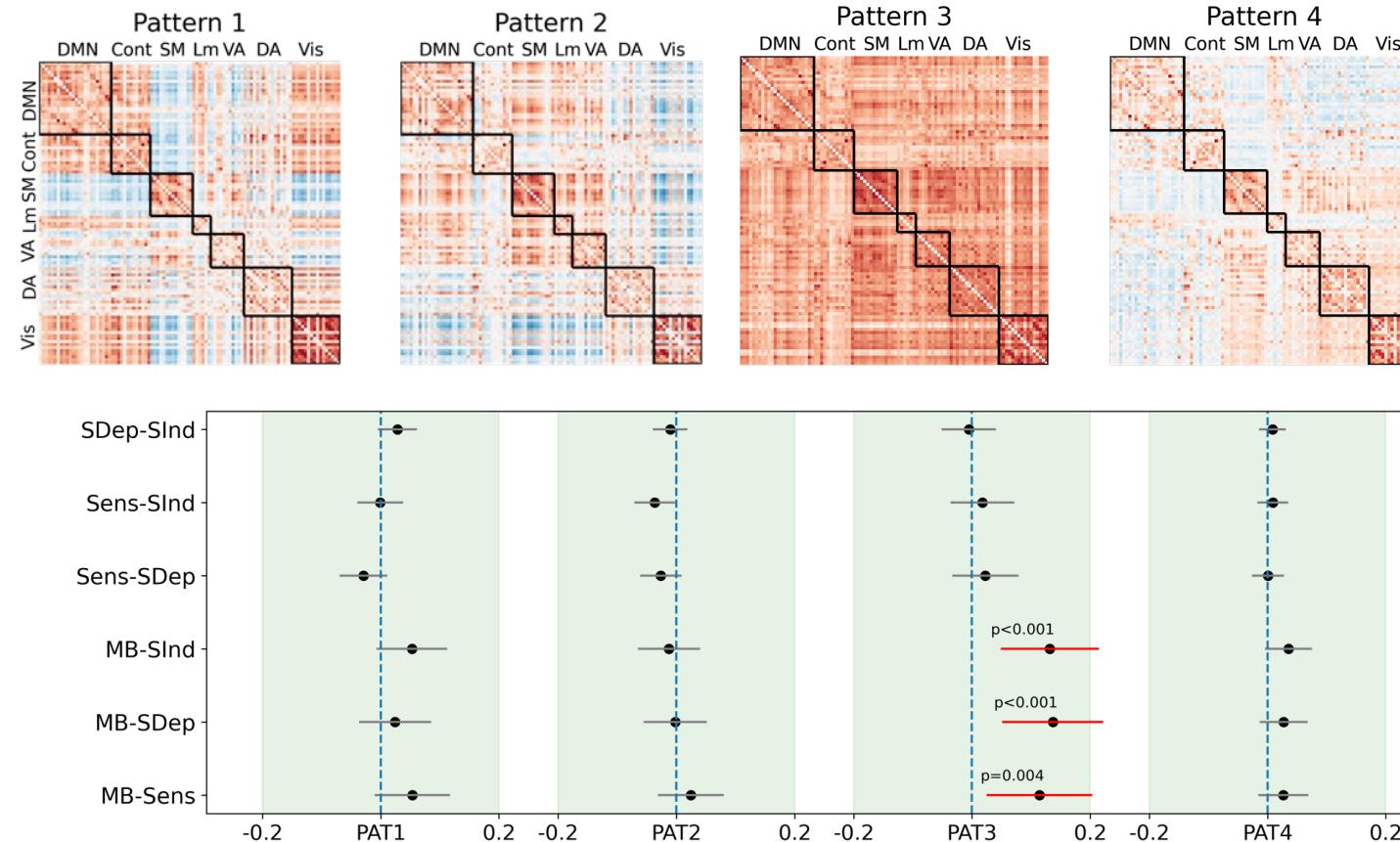


# Higher dynamism in conscious states

- Healthy > MCS > UWS
- UWS > MCS > Healthy

Demertzi & Tagliazucchi, Dehaene, Deco, Barttfeld, Raimondo, Martial, Fernández-Espejo, Rohaut, Voss, Schiff, Owen, Laureys, Naccache, Sitt.  
Science Advances 2019

# Simple connectivity in Mind Blanking: Low arousal



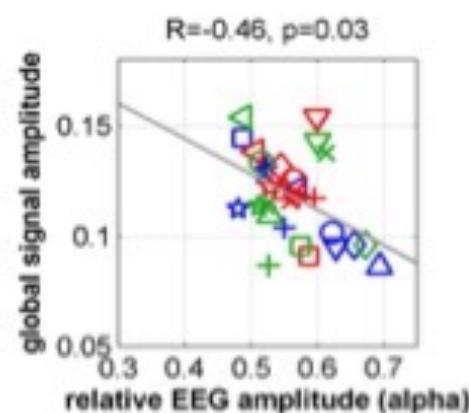
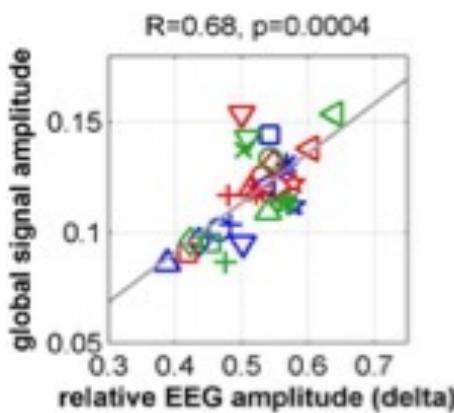
Global Signal Amplitude increases

Mortaheb, Van Calster, Raimondo, Klados, Boulakis, Georgoulaa, Majerus, Van De Ville\*, Demertzi\*. PNAS 2022

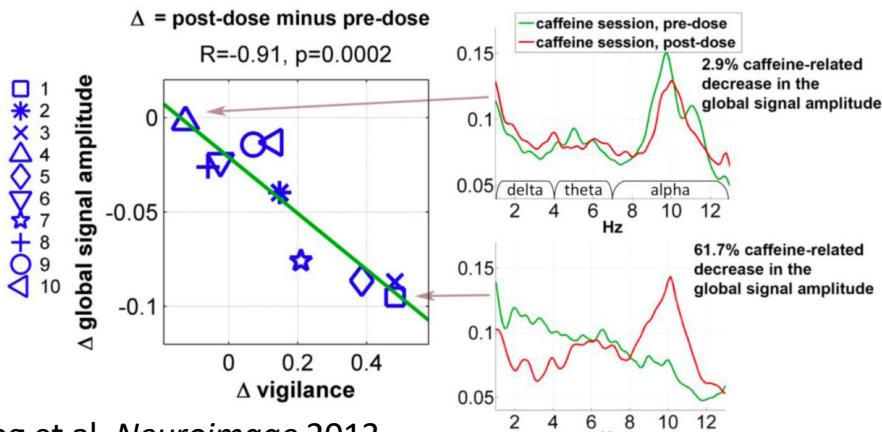
Van Calster, D'Argembeau, Salmon, Peters, Majerus, *J Cogn Neurosci* 2017

# Global Signal amplitude reflects levels of arousal

GS amplitude is linked to low arousal

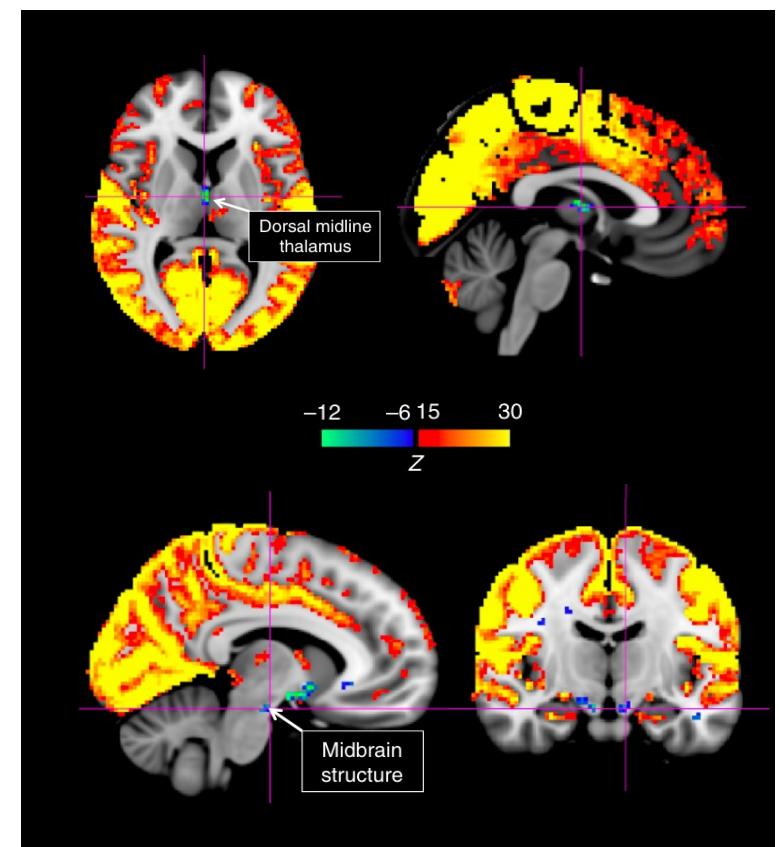


GS amplitude decreases with caffeine intake



Wong et al, *Neuroimage* 2013

GS amplitude linked to signal decreases in subcortical structures supporting arousal

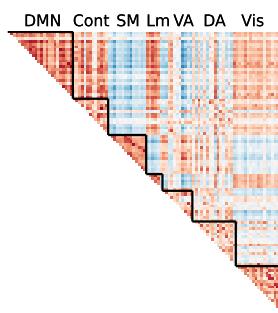


Liu et al, *Nat Communications* 2018

# Simple connectivity under Psilocybin: High Arousal

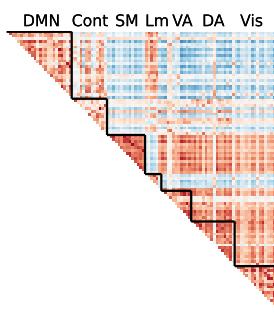
\*

Pattern 1



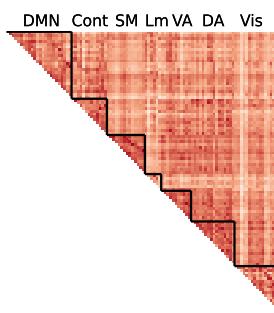
P = 0.485

Pattern 2



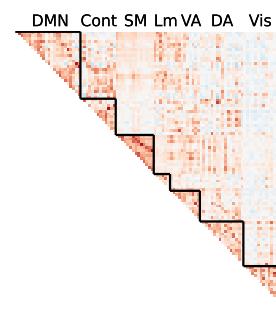
P = 0.02

Pattern 3



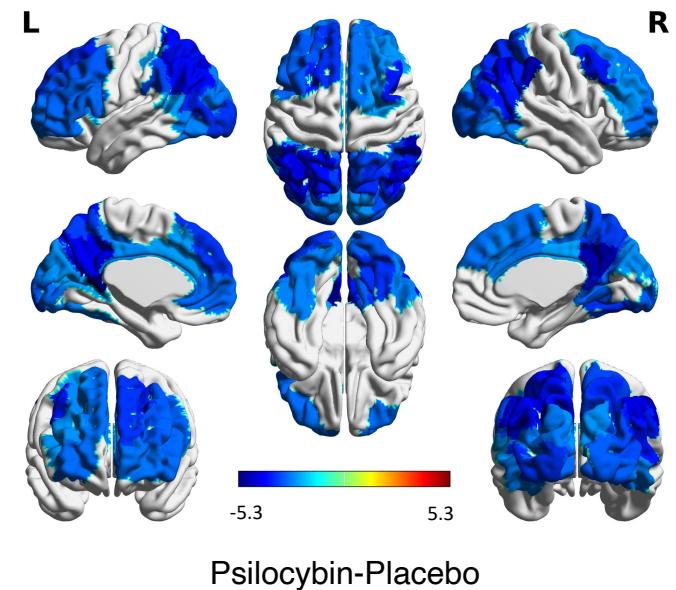
P = 0.001

Pattern 4

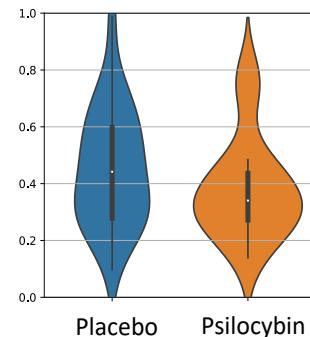
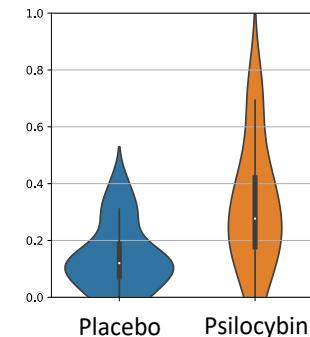
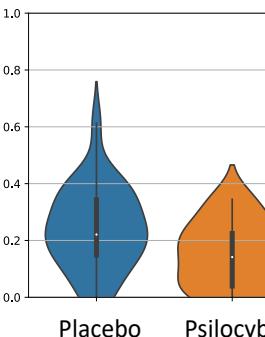
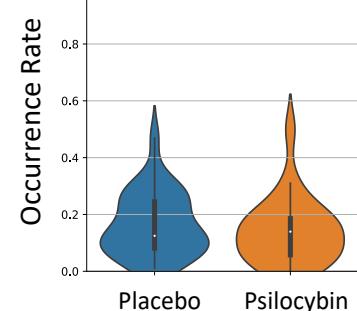


P = 0.217

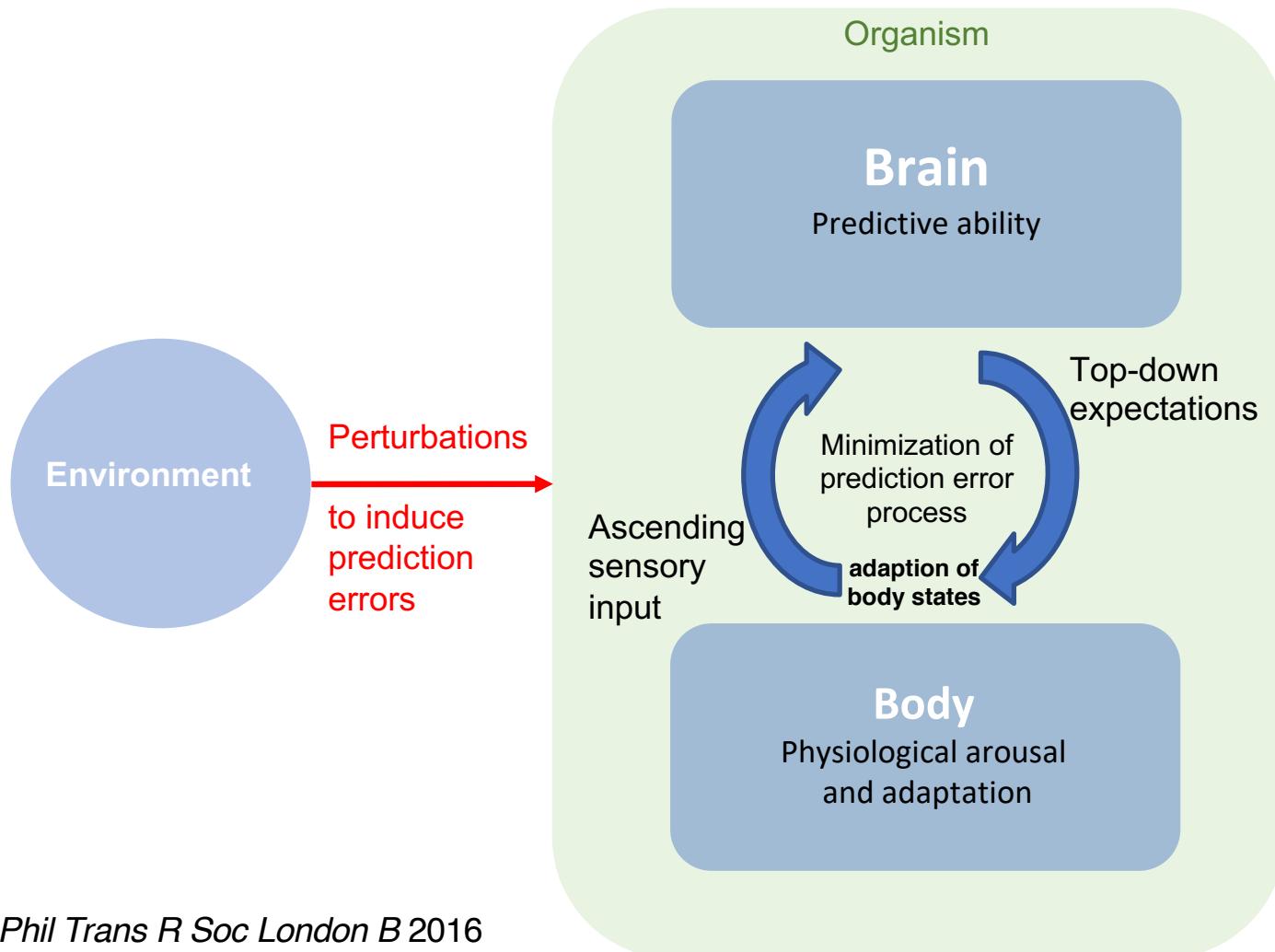
**BOLD amplitude reductions**



Psilocybin-Placebo



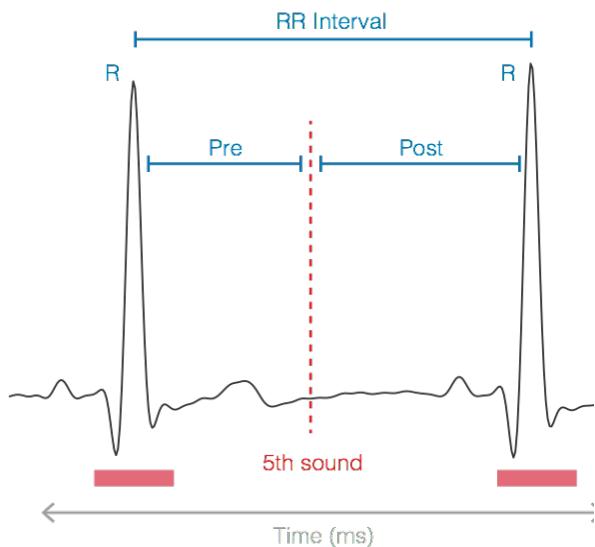
# The embodied perspective



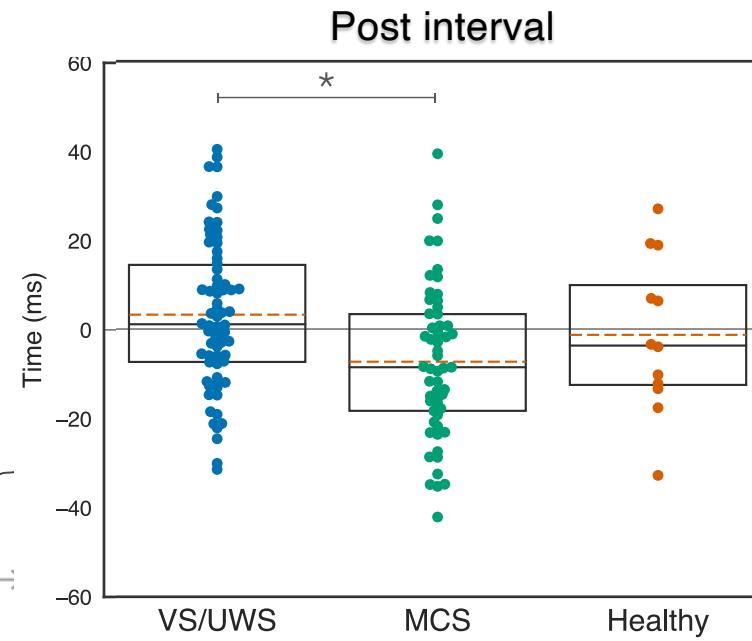
Seth & Friston. *Phil Trans R Soc London B* 2016

# Cardiac reactions to oddballs in MCS

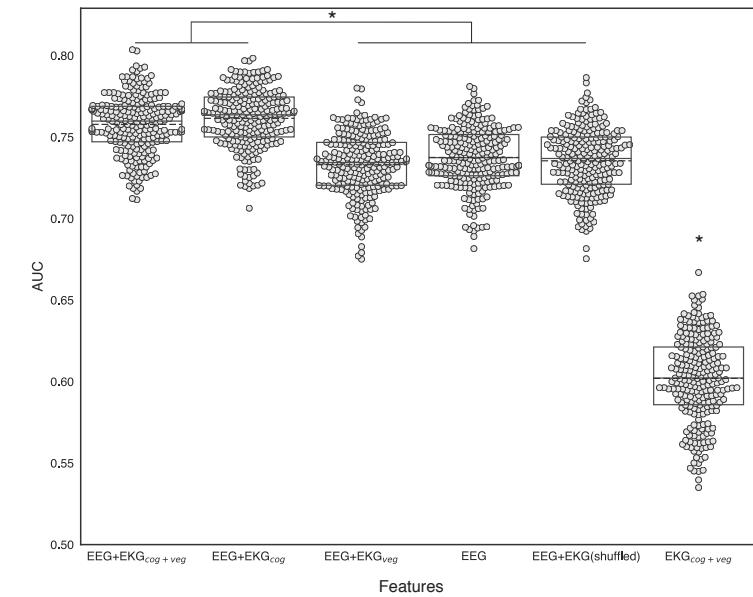
Auditory oddball paradigm  
*Bekinschtein et al., PNAS, 2009*



**Cardiac cycle-phase acceleration  
only in MCS**



Electrocardiographic markers carry  
independent information from EEG



Raimondo, Rohaut, Demertzis, Valente, Engemann, Salti, Fernandez Slezak, Naccache, Sitt. *Annals of Neurology* 2017

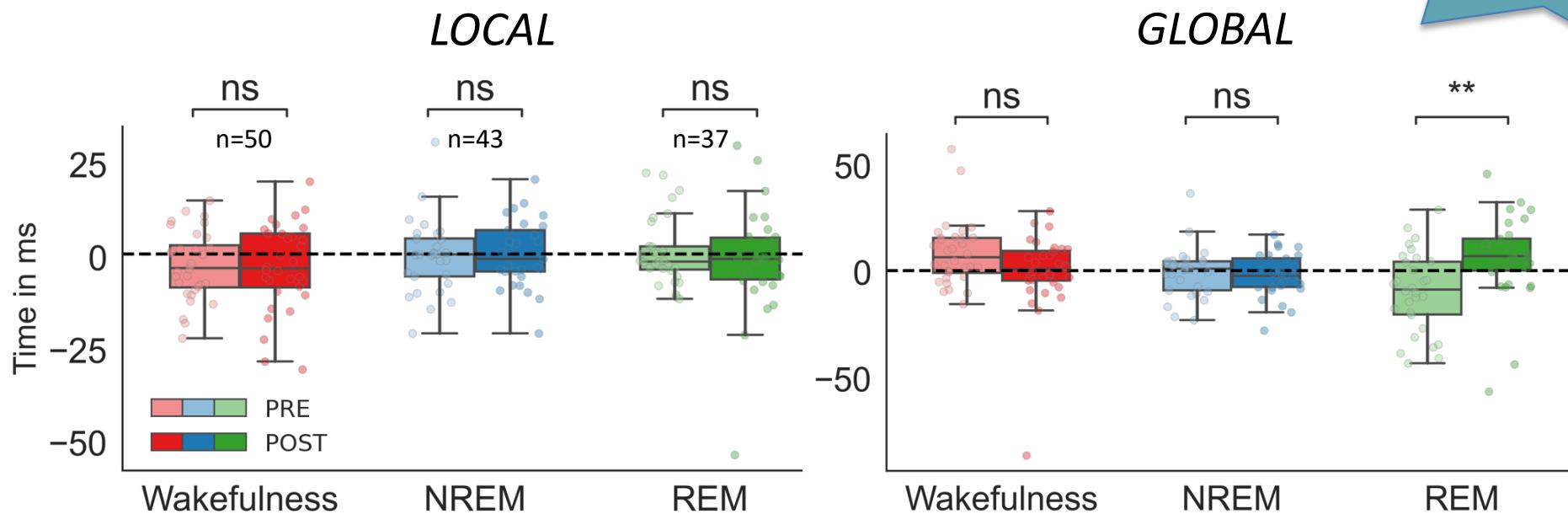
# Cardiac reactions to oddballs in sleep

EEG: Strauss, Sitt, King, Elbaz, Azizi, Buiatti, Naccache, van Wassenhove, Dehaene, S, *PNAS* 2015

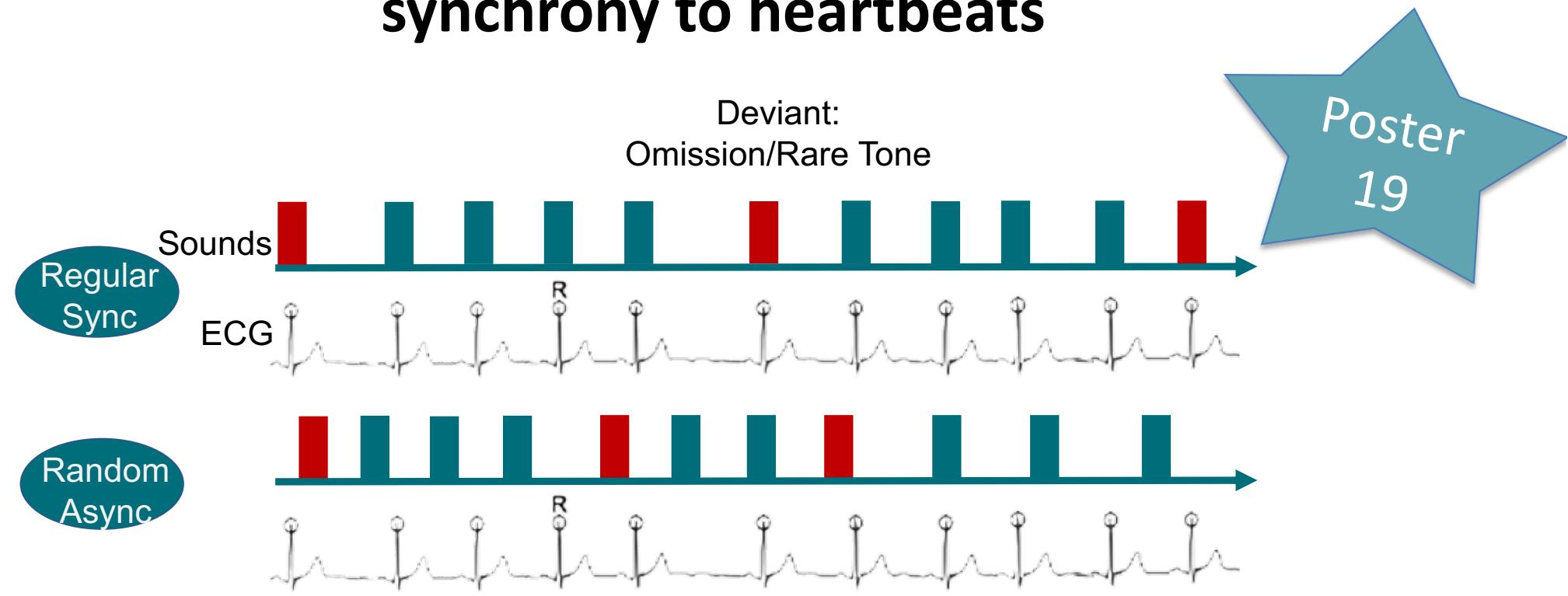
EEG: Blume, Niedernhuber, Spitschan, Slawik, Meyer, Bekinschtein, & Cajochen. *Sleep* 2022



Cardiac deceleration for global deviants only in REM



# Cardiac responses to omitted sounds presented in synchrony to heartbeats



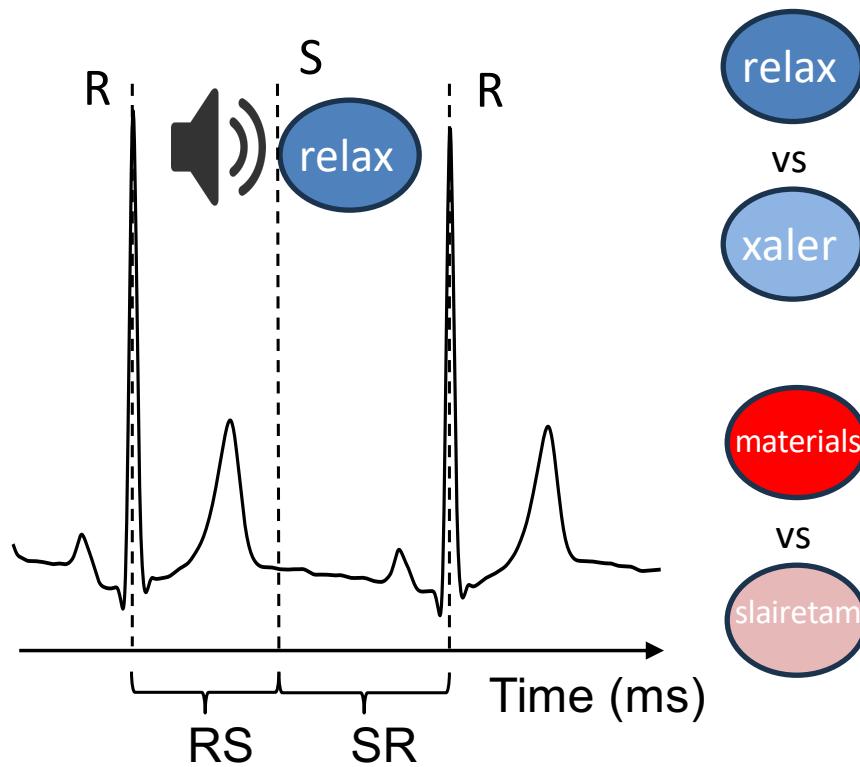
Poster  
19

Cardiac deceleration for sound omissions and rare tones in synchronous condition only

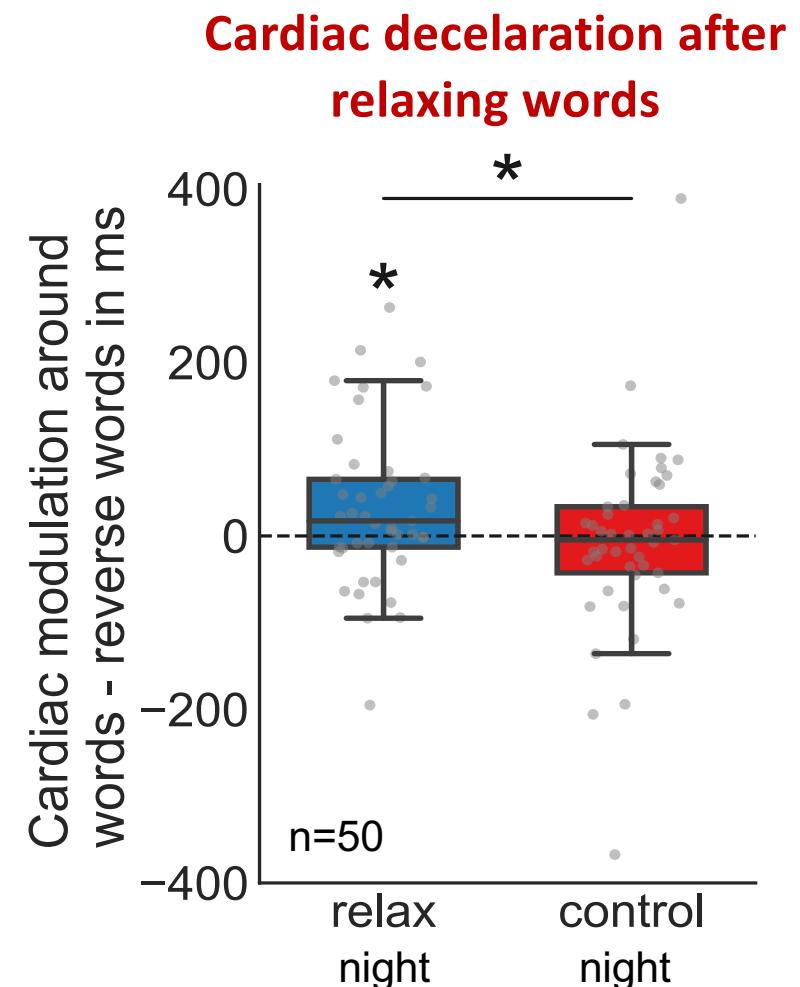
Koroma, Nguy, Pelentritou, De Lucia, Demertzis. *In prep*  
Pelentritou, Pfeiffer, Schwartz, De Lucia. *Comm Biology* 2024

# Cardiac responses to word-induced relaxation during sleep

Cardiac modulation = SR - RS



Koroma, Beck, Schmidt, Rasch, Demertzis, A. J Sleep Res 2024



# Consciousness is multidimensional

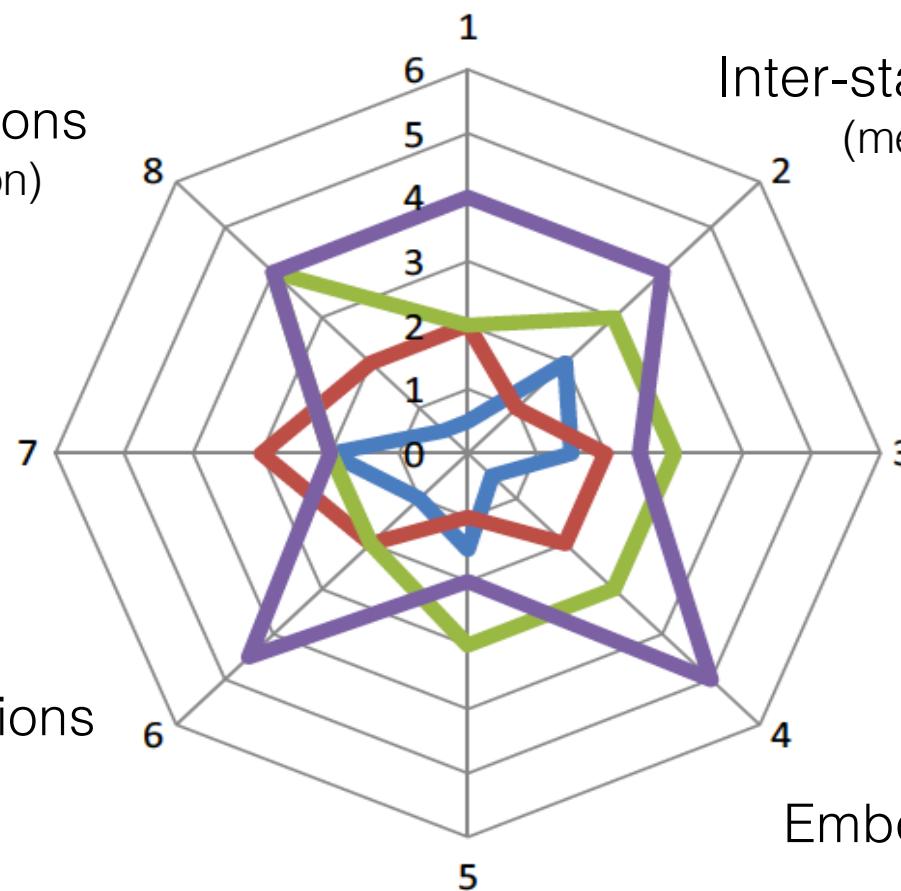
Cross-modal interactions  
(multi-sensory integration)

Inter-state dynamism  
(metastability)

“Rich” inter-regional  
communication  
(arousal)

Functional Anticorrelations  
(neural inhibition)

Embodied responsiveness  
(active inference)





Thank you!