



"General practitioners and wellbeing in Belgium: Beyond the covid-19 pandemic"

Cholewa, Joanna ; Ponsar, Cécile ; de Rouffignac, Ségolène ; Pétré, Benoit ; Van Poel, Esther ; Willems, Sara ; De Jonghe, Michel

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GENERAL PRACTITIONERS AND WELLBEING IN BELGIUM: BEYOND THE COVID-19 PANDEMIC

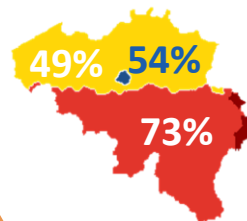
Cécile Ponsar, Cholewa Joanna, Ségolène de Rouffignac, Benoit Pétré, Esther Van Poel, Sara Willems, Michel De Jonghe
Centre Académique de Médecine Générale, UCLouvain, Département Santé Publique, ULiège, Department of Public Health and Primary Care, UGhent, Belgium

PRICOV-19



- Belgium: 479 GP respondents
- Mayo Clinic Wellbeing index
- Cut-off $\geq 2,00$: risk of distress
- 22 of 53 variables **8 categories**
- Binary logistic regression (SPSS)

Risk of distress in Belgium : 57%



Regional differences

- Flanders
- Brussels Capitale
- Wallonia



Stress predictors

- Patient base profile
- Practice characteristics

Protective factors

- Healthcare role
- Life balance

Magritte



Why risk is > in Wallonia?

Specific occupational stressors?

- Socio-economic factors?
- Cultural differences?
- Health system and resources.
- ... To be further studied



Categories affecting wellbeing



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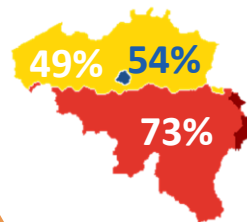
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Stress predictors

- Patients with \$ problems
- Fee for service practices

Protective factors

- Meaningfulness at work
- Preserving pers.-family time

Magritte



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Categories affecting well-being

