Introduction to Gradient-Based Direct Policy Search

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In this course, we use the classic reinforcement learning notations:

- $s \in \mathcal{S}$ for the states,
- $a \in \mathcal{A}$ for the actions,
- V(s) for the state value function,
- Q(s, a) for the state-action value function,
- $\pi(a|s)$ for the stationary stochastic policy,
- $\mu(s)$ for the stationary deterministic policy,
- arg max gives a subset or a single value depending on the context.

Direct Policy Search

Markov decision process

An MDP is represented by its model $\mathcal{M} = (\mathcal{S}, \mathcal{A}, T, R, p_0, \gamma)$:

- States $s_t \in \mathcal{S}$,
- Actions $a_t \in \mathcal{A}$,
- Transition distribution $T(s_{t+1}|s_t, a_t)$,
- Reward function $r_t = R(s_t, a_t)$,
- Initial distribution $p_0(s_0)$,
- Discount factor $\gamma \in [0, 1[.$

In MDPs, states satisfy the Markov property:

$$p(s_{t+1}|s_0, a_0, \dots, s_t, a_t) = p(s_{t+1}|s_t, a_t)$$
$$= T(s_{t+1}|s_t, a_t).$$

Definition (Stationary stochastic policy)

A stationary stochastic policy $\pi \in \Pi = S \to \Delta(A)$ is a mapping from a state to a distribution over the actions, whose density writes $\pi(a_t|s_t)$.

$$V^{\pi}(s) = \mathbb{E}_{\substack{a_t \sim \pi(\cdot \mid s_t)\\s_{t+1} \sim T(\cdot \mid s_t, a_t)}} \left[\sum_{t=0}^{\infty} \gamma^t R(s_t, a_t) \middle| s_0 = s \right]$$

Theorem (Optimality of stationary stochastic policies in MDPs) There exists an optimal stationary stochastic policy. Do not solve a more general problem as an intermediate step. — Vladimir Vapnik, 1998

As we care about optimal behaviour, why not directly learning a policy ?

Definition (Problem Statement)

In Direct Policy Search we look for a policy $\pi^* \in \Pi$ maximizing the expect discounted sum of rewards (i.e., the expected return of the policy):

$$J(\pi) = \mathbb{E}_{\substack{s_0 \sim p_0(\cdot) \\ a_t \sim \pi(\cdot \mid s_t) \\ s_{t+1} \sim T(\cdot \mid s_t, a_t)}} \left[\sum_{t=0}^{\infty} \gamma^t R(s_t, a_t) \right].$$

Questions :

- 1. Is this policy optimal in the sense of Bellman ?
- 2. Is a Bellman optimal policy optimal for DPS ?

Policy-based RL has several advantages compared to value-based RL:

- 1. We optimize the true control objective.
- 2. It extends to continuous state-action spaces.
- 3. Sometimes simple behaviours are optimal while value functions are complex.

We will focus on stochastic policies as their expected return is usually smoother than deterministic policies.

Policy-Gradient Methods

Direct policy search is usually solved with **policy-gradient** methods.

- 1. We represent the policy with a differentiable parametric function π_{θ} .
- 2. We perform stochastic gradient ascent on the expected return.

We commonly use Gaussian policies in which actions are draw as

 $a_t \sim \mathcal{N}(\cdot | \mu_{\theta}(s_t), \Sigma_{\theta}(s_t)).$

How to represent such a distribution with a neural network ?

Policy Gradient Theorem

$$\nabla_{\theta} J(\pi_{\theta}) = \nabla_{\theta} \mathbb{E}_{\substack{s_0 \sim p_0(\cdot) \\ a_t \sim \pi_{\theta}(\cdot \mid s_t) \\ s_{t+1} \sim T(\cdot \mid s_t, a_t)}} \left[\sum_{t=0}^{\infty} \gamma^t R(s_t, a_t) \right]$$

- 1. How to compute the gradient ?
- 2. Gradient of a Monte-Carlo estimates of J will not work... Why?

Theorem (Policy Gradient Theorem)

For any differentiable policy π_{θ} , the policy gradient of $J(\pi_{\theta})$ is [Sutton et al., 1999]

$$\nabla_{\theta} J(\pi_{\theta}) = \mathbb{E}_{\substack{s_0 \sim p_0(\cdot) \\ a_t \sim \pi_{\theta}(\cdot|s_t) \\ s_{t+1} \sim T(\cdot|s_t, a_t)}} \left[\sum_{t=0}^{\infty} \gamma^t Q^{\pi_{\theta}}(s_t, a_t) \nabla_{\theta} \log \pi_{\theta}(a_t|s_t) \right],$$

where

$$Q^{\pi_{\theta}}(s,a) = \mathbb{E}_{\substack{a_t \sim \pi_{\theta}(\cdot \mid s_t)\\s_{t+1} \sim T(\cdot \mid s_t,a_t)}} \left[\sum_{t=0}^{\infty} \gamma^t R(s_t, a_t) \middle| s_0 = s, a_0 = a \right].$$

- How to approximate the state-action value function $Q^{\pi_{\theta}}$?
- How to approximate the expectation ?

Using Monte-Carlo over n i.i.d. trajectories, we get

$$\hat{\nabla}_{\theta} J(\pi_{\theta}) = \left\langle \sum_{t=0}^{T-1} \gamma^{t} \hat{Q}_{t} \nabla_{\theta} \log \pi_{\theta}(a_{t}|s_{t}) \right\rangle_{n}$$
$$\hat{Q}_{t} = \sum_{t'=t}^{T-1} \gamma^{t'-t} r_{t} .$$

- Is this estimate unbiased when $T \to \infty$, why ?
- What is the influence of the horizon T on the gradient ?
- In practice we neglect the γ^t in the gradient expression...
- Show that $\|Q^{\pi_{\theta}} \mathbb{E}[\hat{Q}_t]\| \leq \frac{\gamma^{T-t}}{1-\gamma} \max_{s,a} R(s,a).$

Proof Property

In summary, the REINFORCE algorithm writes as follows.

Algorithm 1: REINFORCE algorithm

- 1 Initialise θ randomly.
- 2 for $k \leftarrow 1, \ldots, K$ do
- **3** Sample n trajectories with the current policy in the MDP
- 4 Update $\theta_k = \theta_{k-1} + \alpha_k \hat{\nabla}_{\theta} J(\pi_{\theta})$

The policy gradient is usually computed by automatic differentiation on the loss

$$\mathcal{L}(\theta) = -\left\langle \sum_{t=0}^{T-1} \gamma^t \hat{Q}_t \log \pi_\theta(a_t | s_t) \right\rangle_n \,.$$

Variance Reduction and Actor-Critic Methods

Baseline

- The gradient estimate can be subject to a large variance !
- Subtracting a baseline from the cumulative reward can decrease the variance.

$$\hat{\nabla}_{\theta} J(\pi_{\theta}) = \left\langle \sum_{t=0}^{T-1} \gamma^{t} \left(\hat{Q}_{t} - b_{t} \right) \nabla_{\theta} \log \pi_{\theta}(a_{t}|s_{t}) \right\rangle_{n}$$

• In practice, it is common to choose the mean cumulative reward

$$b_t = \left\langle \sum_{t'=t}^{T-1} \gamma^{t'-t} r_t \right\rangle_n.$$

Baselines keep the gradient estimate unbiased !

Theorem (Policy Gradient Theorem with Baseline) For any differentiable policy π_{θ} , for any function of the state f, the policy gradient of $J(\pi_{\theta})$ is

$$\nabla_{\theta} J(\pi_{\theta}) = \mathbb{E}_{\substack{s_{0} \sim p_{0}(\cdot) \\ a_{t} \sim \pi_{\theta}(\cdot|s_{t}) \\ s_{t+1} \sim T(\cdot|s_{t},a_{t})}} \left[\sum_{t=0}^{\infty} \gamma^{t} (Q^{\pi_{\theta}}(s_{t},a_{t}) - f(s_{t})) \nabla_{\theta} \log \pi_{\theta}(a_{t}|s_{t}) \right].$$

When we use the mean cumulative rewards as baseline, we use an approximation of the state value function !

Proof Theorem

Advantage Actor Critic

- Actor-Critic Algorithms use a function approximator (the critic) when estimating $Q^{\pi_{\theta}}(s_t, a_t) f(s_t)$!
- Advantage Actor-Critic (A2C) learns the value function V_{ϕ} of the current policy [Mnih et al., 2016]

$$\hat{\nabla}_{\theta} J(\pi_{\theta}) = \left\langle \sum_{t=0}^{T-1} \gamma^t \left(\left(\sum_{t'=t}^{T-1} \gamma^{t'-t} r_{t'} + \gamma^T V_{\phi}(s_T) \right) - V_{\phi}(s_t) \right) \nabla_{\theta} \log \pi_{\theta}(a_t | s_t) \right\rangle_n.$$

How to learn the parameters of V_{ϕ} ?

The first approach is Monte-Carlo Learning !

$$\min_{\phi} \left(V_{\phi}(s) - \mathbb{E}_{\substack{a_t \sim \pi_{\theta}(\cdot \mid s_t) \\ s_{t+1} \sim T(\cdot \mid s_t, a_t)}} \left[\sum_{t=0}^{\infty} \gamma^t R(s_t, a_t) \middle| s_0 = s \right] \right)^2 \forall s$$

In practice we perform gradient descent on the empirical estimate for each state encountered:

$$\mathcal{L}(\phi) = \left\langle \sum_{t=0}^{T-1} \left(V_{\phi}(s_t) - \sum_{t'=t}^{T-1} \gamma^{t-t'} r_{t'} \right)^2 \right\rangle_n.$$

This approach is unbiased but subject to high variance !

The second approach is Temporal-Difference (TD) Learning !

$$\min_{\phi} \left(V_{\phi}(s) - \mathbb{E}_{\substack{a_t \sim \pi_{\theta}(\cdot \mid s_t) \\ s_{t+1} \sim T(\cdot \mid s_t, a_t)}} [R(s_t, a_t) + \gamma V_{\phi}(s_{t+1}) \mid s_t = s] \right)^2 \forall s$$

In practice we perform (quasi) gradient descent on the empirical estimate for each state encountered:

$$\mathcal{L}(\phi) = \left\langle \sum_{t=0}^{T-1} \left(V_{\phi}(s_t) - r_t - \gamma V_{\phi}(s_{t+1}) \right)^2 \right\rangle_n.$$

This approach is more stable but provides biased value functions !

We usually combine both worlds with multi-step TD-learning and solve

$$\min_{\phi} \left(V_{\phi}(s) - \mathbb{E}_{\substack{a_t \sim \pi_{\theta}(\cdot \mid s_t) \\ s_{t+1} \sim T(\cdot \mid s_t, a_t)}} \left[\sum_{t=0}^{T-1} \gamma^t R(s_t, a_t) + \gamma^T V_{\phi}(s_T) \middle| s_0 = s \right] \right)^2 \forall s$$

In practice, the update direction is computed differentiating

$$\mathcal{L}(\phi) = \left\langle \sum_{t=0}^{T-1} \left(V_{\phi}(s_t) - \sum_{t'=t}^{T-1} \gamma^{t'-t} r_{t'} - \gamma^{T-t} V_{\phi}(s_T) \right)^2 \right\rangle_n.$$

In summary, the A2C algorithm writes as follows.

Algorithm 2: A2C algorithm

- 1 Initialise θ randomly.
- 2 for $k \leftarrow 1, \ldots, K$ do

3 Sample n trajectories with the current policy in the MDP

- 4 Update $\phi_k = \phi_{k-1} \alpha_k \hat{\nabla}_{\theta} \mathcal{L}(\phi)$
- 5 Update $\theta_k = \theta_{k-1} + \beta_k \hat{\nabla}_{\theta} J(\pi_{\theta})$

- This algorithm is more sample efficient... Why ?
- It is said to be an on-policy algorithm.
- As such, the algorithm is prone to converge towards local extrema...

Entropy Regularization

- Large variance decreases the expected return of the policy.
- In practice the gradient ascent thus tends to reduce the variance.
- The policy converges towards a deterministic policy.
- The policy has a larger but less concave return...

The gradient ascent converges to a locally optimal deterministic policy !

A simple approach is to add a constant disturbance to the actions, a Gaussian policy would provide actions distributed as

 $a_t \sim \mathcal{N}(\cdot | \mu_{\theta}(s_t), \Sigma_{\theta}(s_t) + \Lambda_k).$

How to increase the variance of other distributions (e.g., mixture, beta-distribution, normalizing flow) ?

The preferred approach is to provide an entropy bonus $\mathcal{H}(\pi_{\theta})$ to the return.

$$\mathcal{H}(\pi_{\theta}) = \mathbb{E}_{\substack{a_t \sim \pi(\cdot | s_t) \\ s_{t+1} \sim T(\cdot | s_t, a_t)}} \left[\sum_{t=0}^{\infty} \gamma^t \log \pi_{\theta}(a_t | s_t) \right]$$

The gradient can be estimated.

- 1. By automatic differentiation if (for each state) the conditional entropy of the policy has a closed form.
- 2. By providing reward bonuses proportional to the log-likelihood of the sampled actions otherwise.

Algorithm 3: A2C algorithm with entropy regularization

- 1 Initialise θ randomly.
- 2 for $k \leftarrow 1, \ldots, K$ do
- **3** Sample n trajectories with the current policy in the MDP
- 4 Update $\phi_k = \phi_{k-1} \alpha_k \hat{\nabla}_{\theta} \mathcal{L}(\phi)$
- 5 Update $\theta_k = \theta_{k-1} + \beta_k \hat{\nabla}_{\theta} J(\pi_{\theta}) + \lambda_k \hat{\nabla}_{\theta} \mathcal{H}(\pi_{\theta})$

Conclusions

In summary:

- We introduced direct policy search.
- We saw how to optimize a policy with the PG Theorem.
- Variance reduction lead us to the A2C algorithm.
- Entropy regularization enhances the performance of A2C.

Next week:

- We will dive into more complex on-policy algorithms.
- We will see a first off-policy method.

References

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