

Human Endometrial Leukemia Inhibitory Factor and Interleukin-6: Control of Secretion by Transforming Growth Factor- β -Related Members

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Key Words

Transforming growth factor- β · Leukemia inhibitory factor · Interleukin-6 · Maternal tolerance · Human endometrium

Abstract

Objective(s): The implantation process is closely linked to the fundamental question of the tolerance of the maternal immune system. The main objective of this study was to investigate whether different members of the transforming growth factor- β (TGF- β) superfamily could intervene in the first steps of embryo implantation by modulating the secretion of proimplantatory leukemia inhibitory factor (LIF) and in the tolerance of the fetal graft by regulating proinflammatory interleukin (IL)-6 secretion by human endometrial epithelium (EEC) in vitro.

Methods: EEC were isolated from biopsies collected from 16 informed and consenting fertile women and were cultured for 72 h. Cytokine measurements (LIF and IL-6) were realized by ELISA. **Results:** TGF- β_1 (from 10^{-12} to 10^{-8} M), $-\beta_2$, $-\beta_3$ and activin A (10^{-10} and 10^{-8} M) increased LIF secretion by EEC cultures. Inhibin B (10^{-10} and 10^{-8} M) did not stimulate LIF production by human

EEC. Contrastingly, TGF- β_1 (from 10^{-12} to 10^{-8} M), $-\beta_2$, $-\beta_3$ and activin A (10^{-10} and 10^{-8} M) reduced IL-6 release by the same cells. Activin A at 10^{-8} M also significantly reduced the stimulating effect of IL-1 β (10^{-9} M) which is known to stimulate LIF production by EEC. Only the highest concentration of inhibin B (10^{-8} M) reduced IL-6 secretion by EEC, but did not modulate IL-1 β -induced stimulation of IL-6 secretion. **Conclusion(s):** Besides their role in the control of the process of implantation and in the induction of embryonic mesoderm, different members of the TGF- β superfamily may also contribute in the reproductive process by enhancing endometrial proimplantatory LIF secretion and reducing proinflammatory IL-6 release by EEC.

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Introduction

Human embryonic implantation is a complex process including apposition and adhesion of the blastocyst to the maternal endometrial epithelium followed by invasion into the endometrium and decidua. An appropriate close contact and dialogue between endometrial epithelial cells

(EEC) and trophoblasts is a crucial step required for further embryonic development. Many molecules such as cytokines, chemokines, growth factors and hormones, from an endometrial or embryonic origin, play crucial roles in regulating endometrial cell function and actively participate to the cross-talk at the embryonic-maternal interface. The implantation process is also closely linked to the fundamental question of the tolerance of the maternal immune system towards the fetal allograft. Most tolerance mechanisms act at the fetal-endometrial interface and in the placenta. Several mechanisms have been proposed such as the modification of the cytokine environment at the time of the implantation. A 9-month dialogue initiated at the time of implantation characterizes the pregnancy. The immune and endocrine molecular parameters of this dialogue need to be finely tuned to ensure the success of the pregnancy.

Among the numerous and redundant factors that may intervene in the first steps of implantation, we were interested in the potent immunosuppressive transforming growth factor- β (TGF- β)-related peptides. TGF- β is a large superfamily of structurally related polypeptides such as inhibins (inhibin A and B), activins (activin A and B), LEFTY-A, Müllerian inhibitory factor, bone morphogenic proteins and growth differentiating factor [1], involved in many biological processes including cell growth, proliferation and differentiation, tissue and extracellular matrix remodeling, angiogenesis, apoptosis and immunosuppression [2–5]. Given that all these events occur during embryo implantation, TGF- β and related factors could be proposed as important mediators for successful implantation and tolerance of the maternal immune system against the fetal allograft. In mammals, there exist three different isoforms of TGF- β : TGF- β_1 , - β_2 and - β_3 [6, 7]. In human endometrium and placenta, TGF- β isoforms exhibit spatio-temporal expression patterns consistent with a role in implantation since the maximal expression is observed during the secretory phase [7–11], and TGF- β receptors act in concert with TGF- β ligands in human blastocyst [12]. TGF- β receptors I and II are expressed on human endometrial epithelium [13]. All three activins and inhibins subunits (α , β A and β B) mRNA and protein are expressed by human endometrium, primarily in glandular epithelium, with elevated expression in both endometrial epithelium and stroma in secretory phase and after the onset of decidualization [14–16]. The precise functions of endometrial-derived activin A are not yet known. Since there is an abundance of activin receptors in maternal endometrium and preimplantation embryonic tissues [17], it is hypothesized that activin A

could be an important endometrial-derived mediator of early placental development, both through promoting trophoblast invasion into decidua and stimulating placental hormone production [18].

Different cytokines are present at the embryonic-endometrial interface and represent as many potential key molecules for the implantation process and mediators for the dialogue at the apposition-adhesion steps of the implantation. Stewart et al. [19] evidenced first the importance of LIF in murine embryo implantation. Indeed, females lacking the *Lif* gene (*Lif*^{-/-}) are fertile, but their blastocysts fail to implant. The blastocysts of *Lif*^{-/-} mice are viable and, when transferred to wild-type pseudopregnant recipients, can implant and develop to term. The question whether LIF plays such a crucial role in human implantation is still unanswered. Evidence is that the pattern of *LIF* and its receptor expression in endometrium and trophoblast strongly suggests an important role for this cytokine at the time of implantation. In vivo studies are consistent since level of LIF in uterine flushings at day LH+10 of the cycle are lower in infertile women compared to fertile ones [20]. Interleukin (IL)-6 is a proinflammatory cytokine also secreted by human endometrium. IL-6 secretion exhibits a temporal profile in the human endometrium (epithelial and stromal fraction) during the menstrual cycle. Low in proliferatory phase, IL-6 secretion rises during the secretory phase and menstruation [21, 22]. Its receptor is present at the surface of the embryo, the placenta and the endometrium [23]. Although only development of concepti is compromised in IL-6^{-/-} mice and not implantation [24, 25], IL-6 seems to play a role in embryo implantation.

To gain further insight into the role played by the members of the TGF- β superfamily at the time of implantation, we have investigated their impact on the endometrial secretion of cytokines participating in the success of implantation and contributing to endometrial receptivity, namely LIF and IL-6. Particularly, we were interested into their secretion by EEC, which are the first cells encountered by the preimplantatory blastocyst when it enters the uterine cavity.

Materials and Methods

Reagents

Recombinant IL-1 β was provided by Preprotech (London, UK) and used at a final concentration of 10^{-12} M. TGF- β_1 was prepared according to the methodology of Cone [26] and used at 10^{-9} , 10^{-10} and 10^{-12} M. Human TGF- β_2 , - β_3 from Sigma-Aldrich (St. Louis, Mo., USA), activin A and inhibin B from R&D Systems (Abingdon, UK) were used at two final concentrations: 10^{-8} and 10^{-10} M.

Patients

Endometrial biopsies were collected from fertile (one previous delivery) ovulating women (n = 16) undergoing surgery for voluntary sterilization, or during hysteroscopy before assisted medical procreation because of male infertility. The stage of the menstrual cycle was established from women's menstrual history (based on the first day of the last menstruation) and from the histological dating performed by experienced pathologists, according to the criteria of Noyes et al. [27]. The mean age was 33.4 years (18–45 years). None of the patients received any hormonal treatment for 3 months prior to biopsy. The Ethics Committee of Liege Medical School approved the protocol, and informed consent was obtained from the patients.

Separation of Endometrial Epithelial from Stromal Cells

Endometrial biopsy samples were collected in Hanks' balanced salt solution containing penicillin (100 IU/ml) and streptomycin (100 µg/ml). EEC were isolated from stromal cells and cultured following the method described by Laird et al. [28]. The tissues were finely chopped with scissors and digested for 45 min at 37°C in 5 ml of Dulbecco's modified Eagle's medium (DMEM) containing 0.2% collagenase type 1a (Sigma-Aldrich). During incubation and at the end of incubation, the tissue was gently pipetted every 15 min to disperse the cells. EEC were separated from stromal cells by centrifugation for 20 min at 100 g. Pellets contained mainly epithelial cells present both as small clumps and as separated cells. EEC were further purified by unit density sedimentation. Pellets were re-suspended in 2 ml DMEM containing 10% fetal calf serum (FCS), 1% glutamine and antibiotics, and gently pipetted onto 8 ml of DMEM + 10% FCS in a test tube and left for 30 min at room temperature. Afterwards, EEC were in the lower 2 ml of supernatants. EEC were used for immunocytochemistry and cytokine production. Before cultured in serum-free medium, EEC were centrifuged at 100 g, and the pellets were washed twice with DMEM containing 1% glutamine, antibiotics, 0.3% bovine serum albumin and 25 mIU/ml human insulin. The epithelial nature of the cells pelleted was demonstrated by their intense staining with an mAb against human cytokeratin. These cells were not stained either by an mAb against vimentin (specific for stromal cells), or by an mAb staining all white blood cells (anti-CD45RB). Cytokeratin-positive EEC represented more than 95% of the total cell population.

Cell Cultures

EEC were plated into 24-well plates at 2×10^5 cells per ml and per well and cultured for 72 h in DMEM with 1% glutamine, 0.3% bovine serum albumin and 25 mIU/ml human insulin. Each treatment was applied in a micro volume (50 µl) at the beginning of incubation. Each condition was tested in triplicate. Too few epithelial cells after separation resulted in the exclusion of the explant from some treatments. The cells used for immunocytochemistry were cultured on multitest slides (10 wells) (ICN Biomedicals, Aurora, Ohio, USA) in media containing DMEM with 1% glutamine, 25 mIU/ml human insulin and 10% FCS.

Cytokine Immunoassays

Supernatants of cultured cells were collected for assay after 72 h. Collected media were stored for a short period (maximal delay of 15 days) at -20°C until cytokine measurements. All cytokine concentrations (IL-6 and LIF) were measured with specific ELISAs (Biosource-Europe, Nivelles, Belgium) according to appropriate in-

structions [29]. Sensitivities were 150 pg/ml for LIF and 3 pg/ml for IL-6.

Statistical Analyses

Because of individual variability, all data have been normalized and expressed as the percentage of the mean of control \pm SEM. For each experiment (except when specified), statistical analysis of the response to any kind of treatment was performed for the difference with control (untreated cells). The significance of differences was evaluated using unpaired nonparametric Mann-Whitney test with confidence intervals of 95%. Statistical analyses were performed using GraphPad Prism software.

Results

Cytokine Production

In basal conditions, cultured human endometrial epithelium in proliferative and secretory phase spontaneously secreted LIF and IL-6. Treatment with IL-1 β (10^{-9} M) strongly stimulated LIF and IL-6 production and was used as positive control in all cultures. Results obtained for the different members of the TGF- β superfamily tested (TGF- β_1 , - β_2 , - β_3 , activin A and inhibin B) were first analyzed according to the stage of the menstrual cycle, but no significant difference was observed between the two phases. Results were then pooled without distinction for the cycle phase.

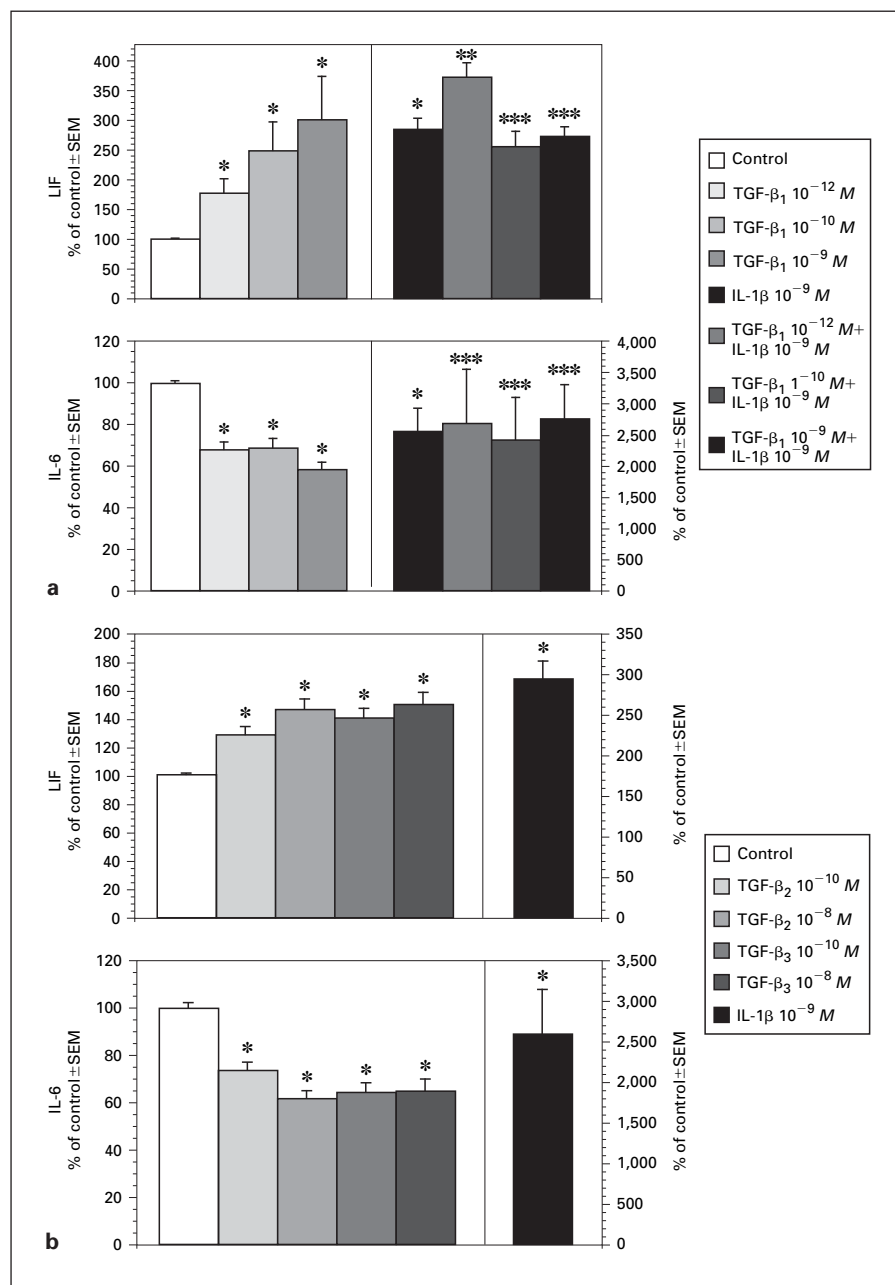
Effect of TGF- β_1 . An opposite effect on LIF and IL-6 production was observed when EEC were treated with TGF- β_1 (n = 16 patients). Indeed, TGF- β_1 (from 10^{-12} to 10^{-9} M) induced a concentration-dependent increase of LIF production and a concentration-dependent reduction of IL-6 production by EEC in culture. The addition of TGF- β_1 did not modify either the stimulating effect of IL-1 β on LIF or IL-6 production (fig. 1a).

Effect of TGF- β_2 and TGF- β_3 . TGF- β_2 and - β_3 both stimulated LIF production and reduced IL-6 secretion by EEC in culture (n = 6 patients) (fig. 1b). We could not observe any significant difference between the effect of TGF- β_2 compared to TGF- β_3 in terms of LIF and IL-6 secretion. The addition of TGF- β_2 and - β_3 did not modify the stimulating effect of IL-1 β on LIF and IL-6 production by the same cells (data not shown).

Effect of Activin A. Activin A induced an increase of LIF secretion by EEC in vitro and a significant inhibition of IL-6 production (n = 10 patients). Activin A had no impact on the stimulating effect of IL-1 β on LIF production but induces a reducing of the stimulating effect of IL-1 β on IL-6 production (fig. 2).

Effect of Inhibin B. Inhibin B did exert any significant effect neither on LIF production, nor on the stimulating

Fig. 1. a Production of LIF and IL-6 by 72-hour cultures of human EEC in basal condition (control), and after treatment with TGF- β_1 (10^{-12} to 10^{-9} M). Impact of TGF- β_1 on the stimulating effect of IL-1 β on LIF and IL-6 secretion by EEC. Results are expressed as percentage of control (mean \pm SEM). n = 16. **b** Production of LIF and IL-6 by 72-hour cultures of human EEC in basal condition (control), and after treatment with TGF- β_2 and TGF- β_3 (10^{-10} and 10^{-8} M). Results are expressed as percentage of control (mean \pm SEM). n = 6. * p < 0.0001 vs. control; ** p < 0.014 vs. IL-1 β (10^{-9} M); *** p < 0.0001 vs. control and not significant vs. IL-1 β (10^{-9} M) by Mann-Whitney test.



effect of IL-1 β on LIF or IL-6 secretion by EEC (n = 8 patients). Only inhibin B at 10^{-8} M induced a slight reduction of IL-6 secretion by EEC in culture (fig. 3).

Discussion

The reliability of the technique used for the separation of EEC from endometrial biopsy was confirmed by immunocytochemical analyses, with level of purity of more

than 95%. IL-1 β stimulates LIF production by human endometrium both by stromal [30] and epithelial cells [31]. Vandermolen and Gu [22] and Laird et al. [32] evidenced that IL-1 β stimulates IL-6 endometrial production. These effects are probably mediated by the interaction of IL-1 β with its receptor (IL-1R type I) which has been previously evidenced in human EEC [33, 34]. In our model, IL-1 β (10^{-9} M) also stimulates LIF and IL-6 production by EEC in culture and this was used as positive control in all our experiments. Since the degree of cyto-

Fig. 2. Production of LIF and IL-6 by 72-hour cultures of human EEC in basal condition (control), and after treatment with activin A (10^{-10} and 10^{-8} M). Impact of activin A on stimulating effect of IL-1 β (10^{-9} M) on LIF and IL-6 secretion. Results are expressed as percentage of control (mean \pm SEM). $n = 10$. * $p = 0.03$, ** $p = 0.0004$, *** $p = 0.0009$, **** $p < 0.0001$ vs. control; + $p = 0.04$, \times = not significant vs. IL-1 β (10^{-9} M) by Mann-Whitney test.

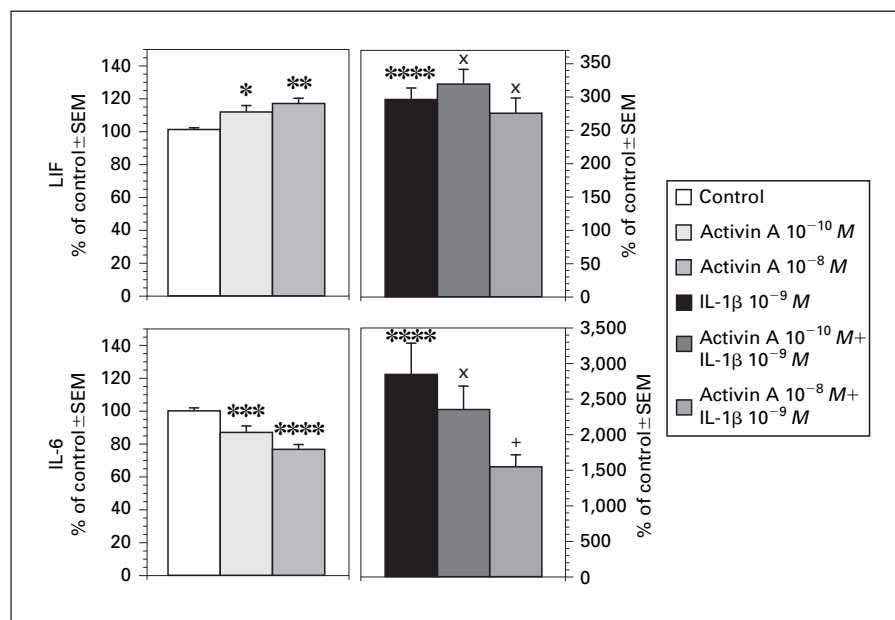
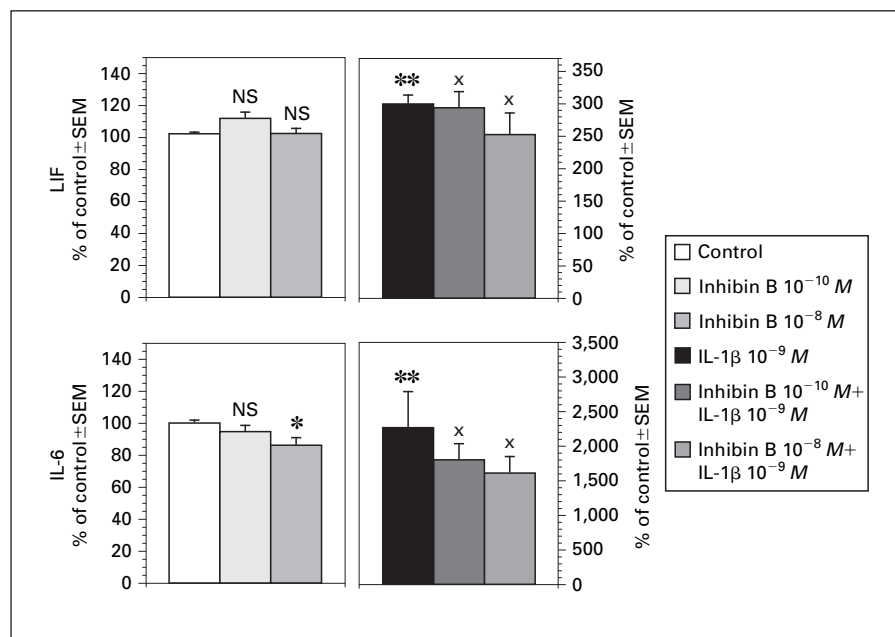


Fig. 3. Production of LIF and IL-6 by 72-hour cultures of human EEC in basal condition (control), and after treatment with inhibin B (10^{-10} and 10^{-8} M). Impact of inhibin B on stimulating effect of IL-1 β (10^{-9} M) on LIF and IL-6 secretion. Results are expressed as percentage of control (mean \pm SEM). $n = 8$. NS = Not significant, * $p = 0.003$, * $p < 0.0001$ vs. control; \times = not significant vs. IL-1 β (10^{-9} M) by Mann-Whitney test.



kine response significantly varied from one woman to another, all the cytokine data were normalized (see Materials and Methods section). Our studies indicate that TGF- β_1 , - β_2 and - β_3 isoforms significantly enhance LIF secretion by EEC in cultures, but this stimulating effect was not synergic with IL-1 β . The three isoforms of TGF- β reduced IL-6 release by EEC in culture. However, this effect was not able to interfere with the stimulating effect of IL-1 β (10^{-9} M) on IL-6 production. In human, TGF- β_1 is critical for regulating the protease network

thereby effectively controlling the extent to which the trophoblast may invade the maternal endometrium [35–37]. In vitro studies evidenced that TGF- β_1 (and other isoforms) inhibits trophoblast proliferation and promotes their differentiation into syncytiotrophoblast, controlling then the process of placentation [38, 39]. Later in the implantation process, TGF- β s intervene in the embryo development and in the induction of mesoderm within the embryo [40]. Earlier in the implantation process, tissue-derived TGF- β isoforms from a receptive secretory endo-

metrium could contribute to the adhesive phase of implantation by modulating embryo and early trophoblast fibronectin-integrin interaction. Our results further suggest such an early role for TGF- β isoforms in the implantation process by enhancing the production of the proimplantatory LIF by EEC. Infertile bonnet monkeys present a derangement in LIF and TGF- β_2 expression profiles during the peri-implantation. This suggests that TGF- β_2 signaling intervenes in the regulation of the progesterone-driven cascade of events leading to endometrial receptivity, and that any aberration in this signaling may adversely affect the subsequent molecular events such as expression of LIF [41].

The elucidation of the molecular mechanisms by which the immunologically distinct embryo is not rejected by the mother's immune system is an important question in reproductive medicine. Our experiments evidence that TGF- β isoforms induce an important reduction of the proinflammatory IL-6 production by EEC *in vitro*. More experiments are needed to elucidate whether the TGF- β isoforms could contribute to the maternal tolerance of the fetal graft through such an *in vivo* reduction of IL-6 by EEC during pregnancy. McLennan and Koishi [42] have recently demonstrated that in mice, concepti are exposed to significant levels of both fetal and maternal TGF- β_1 . The level of fetal TGF- β_1 is determinant of whether a conceptus is rejected or not, although the maternal TGF- β_1 and other factor are also important. Their data are consistent with maternal and fetal TGF- β_1 interacting to maintain pregnancy, within immune-competent mothers.

Activin A is expressed and produced by both the embryo and the human endometrial epithelium during the menstrual cycle [14]. In early pregnancy, activin A may facilitate implantation, because of its ability to promote cytotrophoblast differentiation towards an invasive phe-

notype and to stimulate the production of paracrine or endocrine agents involved in invasion such as placental hormones. Our results provide further information regarding the positive influence of activin A present at the maternal-fetal interface during the first steps of human implantation by enhancing proimplantatory LIF production. Interestingly, activin A was also shown to strongly reduce IL-6 production by a direct action on EEC and through the interference with the stimulating effect of IL-1 β . Activin A is an immunomodulatory molecule, but its role during the inflammatory response remains unclear. It appears to exert both pro- and anti-inflammatory effects, as defined by its impact on cytokine production [43].

Inhibins were originally isolated based on their ability to specifically suppress follicle-stimulating hormone secretion from pituitary cells *in vitro*. Though inhibin is secreted by endometrial gland [44], our results suggest that inhibin B is less implicated in the implantation process in term of LIF and IL-6 secretion by EEC.

In conclusion, this study evidences that treatment of human EEC in culture by the different TGF- β -related peptides tested (inhibin B excepted) increases proimplantatory LIF secretion and inhibits proinflammatory IL-6 secretion, suggesting a positive influence of these factors during the first steps of implantation, when embryo encounters the endometrial epithelium.

Acknowledgements

Sophie Perrier d'Hauterive is Research Fellow and Vincent Geenen is Research Director of the Belgian National Fund of Scientific Research (NFSR). This study was supported by Fondation L on Fredericq (Li ge Medical School) and F d ration Belge contre le Cancer.

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