



Prise en charge des complications de la maladie rénale chronique :  
anémie, acidose métabolique et hyperparathyroïdie

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BELGIQUE

# Timing of Onset of CKD-Related Metabolic Complications

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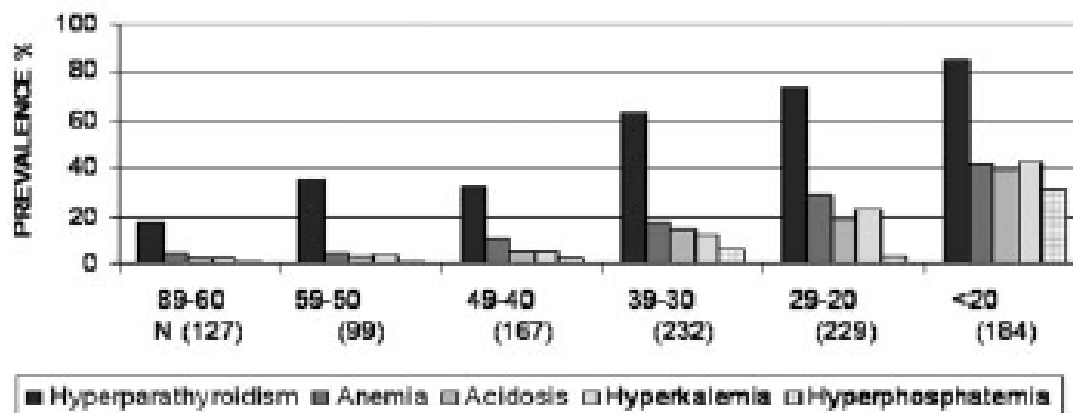
*J Am Soc Nephrol* 20: 164–171, 2009.

**Table 1.** Baseline characteristics of the 1038 cohort patients<sup>a</sup>

Characteristic	Value
Age (yr; mean ± SD)	59 ± 15
Men (%)	69
Black (%)	6
Renal disease (% biopsy-proven) <sup>a</sup>	
vascular nephropathy	34 (10)
glomerulonephritis	19 (55)
diabetic kidney disease	13 (10)
tubulointerstitial nephritis	11 (20)
polycystic kidney disease	5 (0)
undetermined	17 (5)
BMI (%; kg/m <sup>2</sup> )	
<25	43
25 to 30	37
≥30	20
Diabetes (%)	26
BP ≥130/80 mmHg (%)	65
Any antihypertensive treatment (%)	92
ACEi or ARB treatment (%)	77
Albuminemia (g/L; mean ± SD)	39.5 ± 5.1
Proteinuria (%; g/g creatinine)	
<0.5	53
0.5 to 1.0	15
≥1.0	32
mGFR (ml/min per 1.73 m <sup>2</sup> ; mean ± SD)	37 ± 17
eGFRcl (ml/min per 1.73 m <sup>2</sup> ; mean ± SD)	38 ± 17
eGFRms (ml/min per 1.73 m <sup>2</sup> ; mean ± SD)	36 ± 16
CKD stages based on mGFR/eGFRcl/eGFRms (%)	
2 (60 to 89 ml/min per 1.73 m <sup>2</sup> )	12/10/7
3 (30 to 59 ml/min per 1.73 m <sup>2</sup> )	48/55/53
4 (15 to 29 ml/min per 1.73 m <sup>2</sup> )	31/28/31
5 (<15 ml/min per 1.73 m <sup>2</sup> , not on dialysis)	9/7/9

<sup>a</sup>Percentages in parentheses are those of biopsy-proven diagnoses among patients with each type of renal disease. mGFR, measured glomerular filtration rate; eGFRcl, estimated glomerular filtration rate, using the MDRD Study equation with serum creatinine values calibrated by the Cleveland Clinic Laboratory; eGFRms, eGFR using the MDRD equation with serum creatinine values standardized to mass spectrometry.

mGFR (mL/min/1.73m<sup>2</sup>)



**Table 2.** Prevalence of metabolic complications<sup>a</sup> in the cohort

	Prevalence of Complications		Prevalence of Treatment among Patients with Complications	
	<i>n</i>	%	<i>n</i>	%
	Hyperparathyroidism	610	59	87
Anemia	210	20	37	18
Acidosis	160	15	35	22
Hyperkalemia	176	17	87	49
Hyperphosphatemia	84	8	32	38

<sup>a</sup>Hyperparathyroidism was defined as a PTH >60 pg/ml or active vitamin D treatment; anemia was defined as Hb<110 g/L according to K/DOQI-based criteria or erythropoiesis-stimulating agent (ESA) treatment; acidosis was defined as tCO<sub>2</sub> <22 mmol/L or bicarbonate treatment; hyperkalemia was defined as plasma potassium concentration >5 mmol/L or ion exchange resin treatment; hyperphosphatemia was defined as plasma phosphate concentration >4.3 mg/dl (1.38 mmol/L) or phosphate binder treatment.

# Anémie



**KDIGO Clinical Practice Guideline for Anemia in Chronic Kidney Disease**

VOLUME 2 | ISSUE 4 | AUGUST (2) 2012

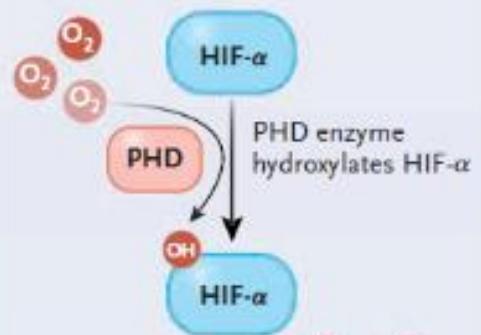
<http://www.kidney-international.org>

# Inhibiteur de la prolyl-hydroxylase du facteur induit par l'hypoxie (HIF-PHI)

- 10 à 20% des patients répondent mal à l'EPO, notamment à cause de l'inflammation
- Rares cas d'aplasie (Ac anti EPO)
- Traitement SC

- HIF = facteur de transcription clef qui active une série de gènes (entre 500 et 1000 gènes) dans différentes cellules en réponse à l'hypoxie
- Si O<sub>2</sub> normal (pas besoin d'EPO): HIF $\alpha$  est hydroxylé au niveau de deux résidus proline par un groupe d'enzymes PHD (prolyl-hydroxylase domains containing proteins)

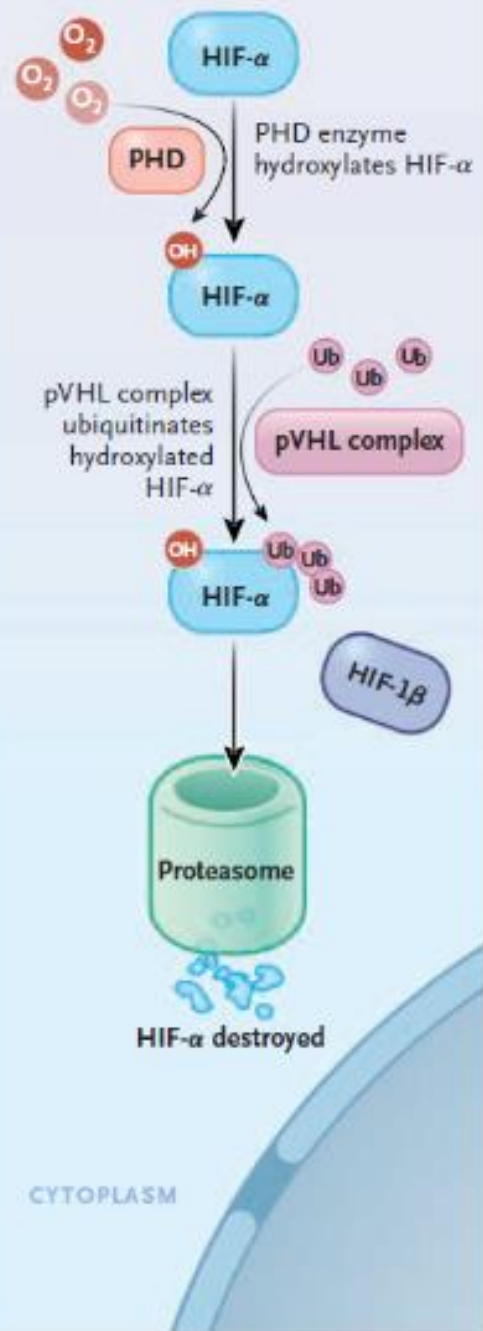
A Normoxia



- Cette hydroxylation permet à une autre enzyme pVHL (ubiquitine ligase) de reconnaître HIF $\alpha$  et d'y « coller » des résidus d'ubiquitines
- Ces ubiquitines entraînent HIF $\alpha$  vers le protéasome qui est une sorte de broyeur de protéines



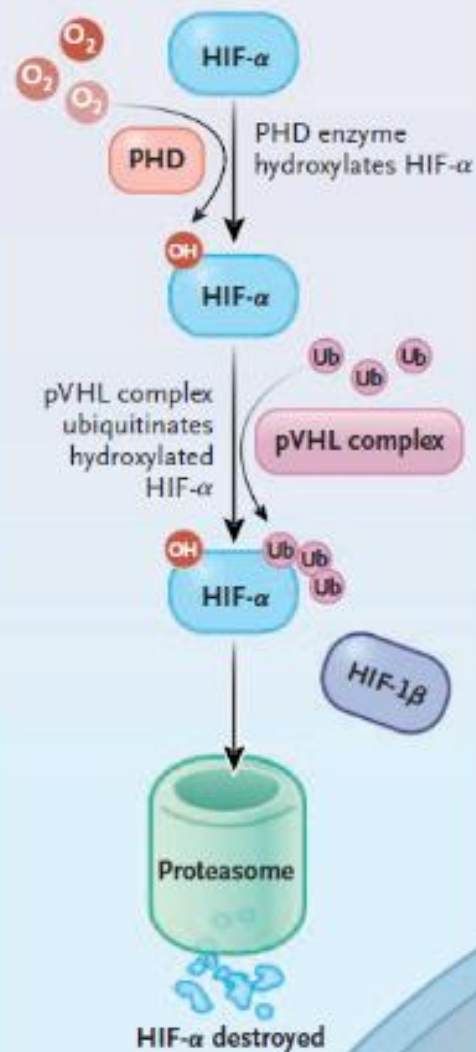
**A Normoxia**



# En cas d'hypoxie...

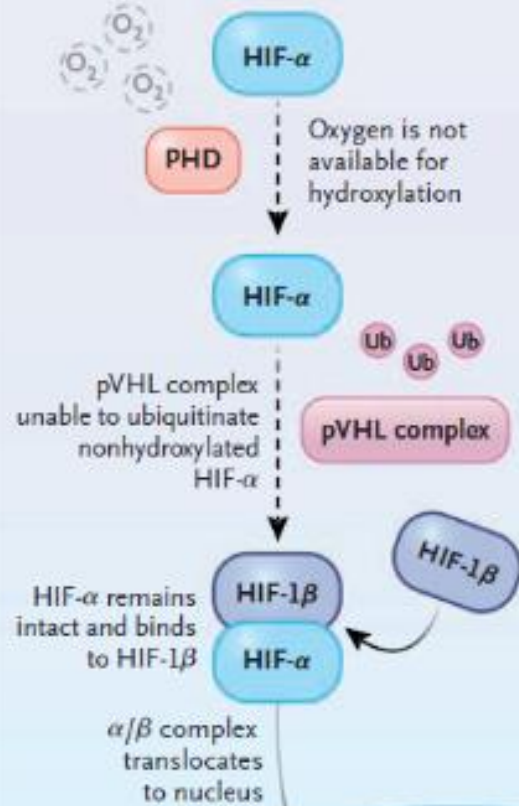
- La diminution d'O<sub>2</sub> empêche l'activation des PHD, donc plus d'hydroxylation des prolines, donc plus de « collage » des ubiquitines, donc HIF $\alpha$  n'est pas dégradé et va se lier à son partenaire nucléaire HIF $\beta$
- Le complexe HIF pénètre le noyau et active le gène de la synthèse d'EPO

### A Normoxia



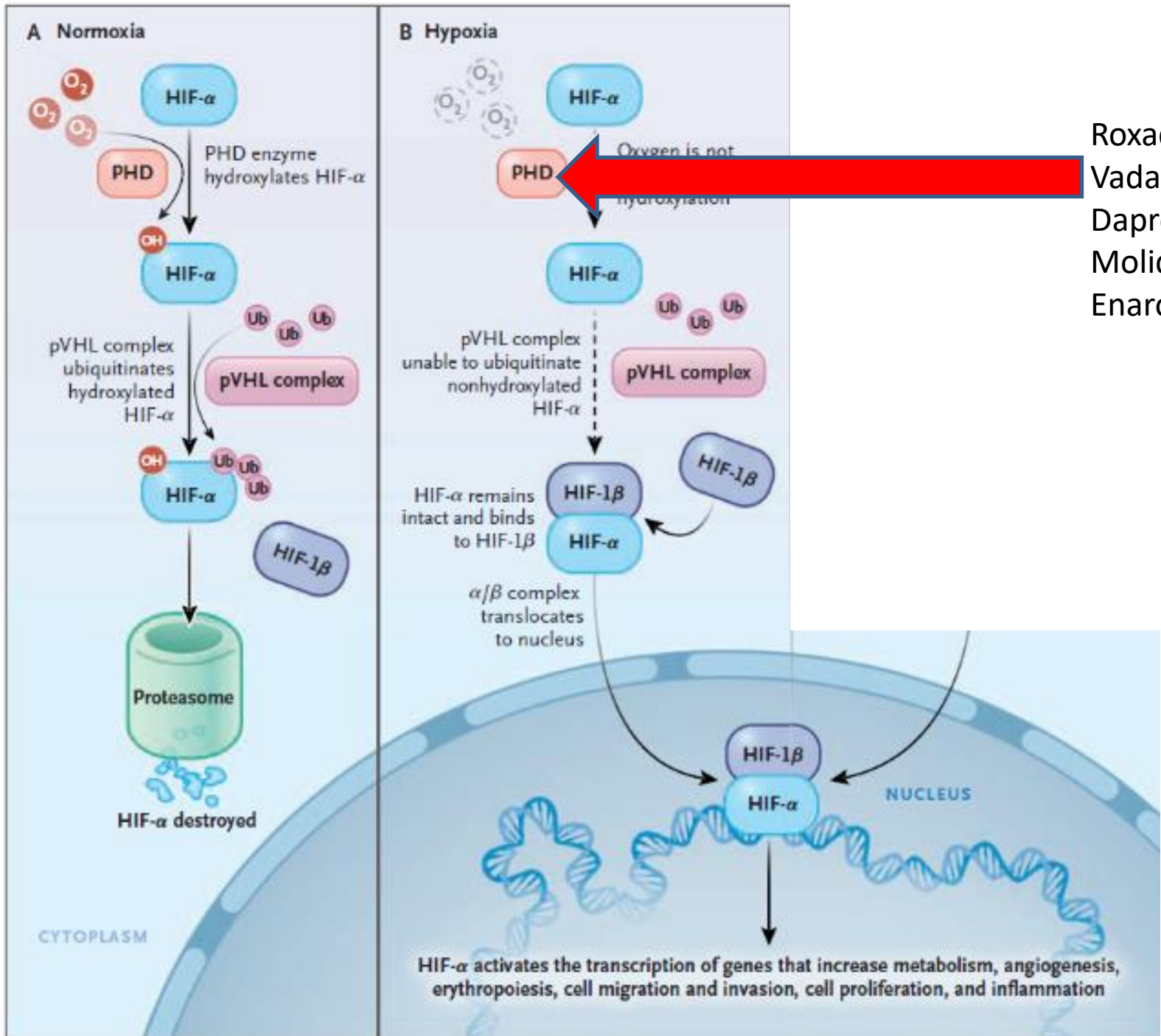
CYTOPLASM

### B Hypoxia



HIF- $\alpha$  activates the transcription of genes that increase metabolism, angiogenesis, erythropoiesis, cell migration and invasion, cell proliferation, and inflammation

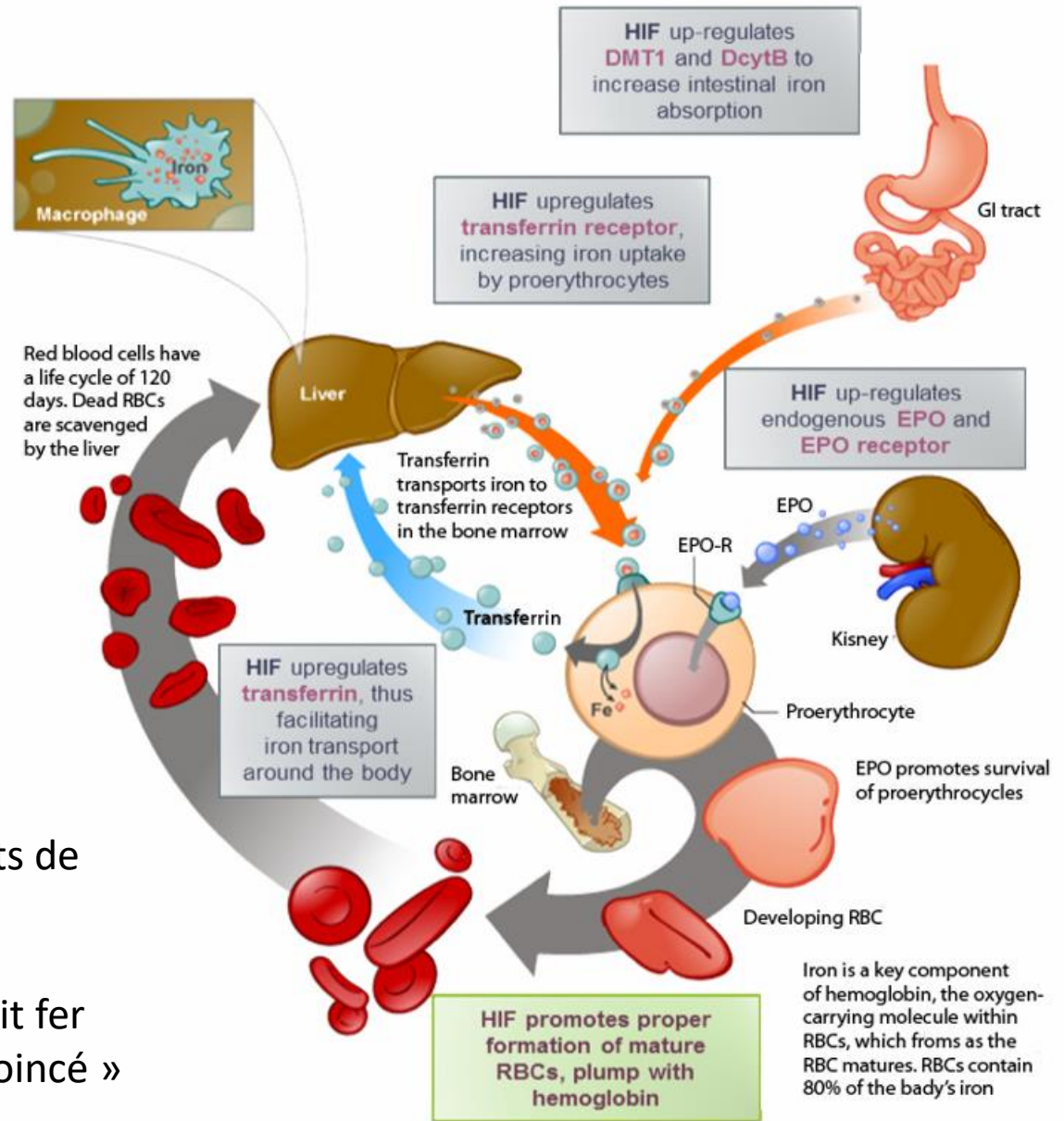
NUCLEUS



Roxadustat  
 Vadadustat  
 Daprodustat  
 Molidustat  
 Enarodustat

# HIF agit aussi au niveau du métabolisme du Fer

+ HIF contrecarre les effets de l'hepcidine qui lors de l'inflammation limite la disponibilité du Fer (déficit fer fonctionnel) qui reste « coincé » dans le système reticulo-endothéliale



# Ces traitements

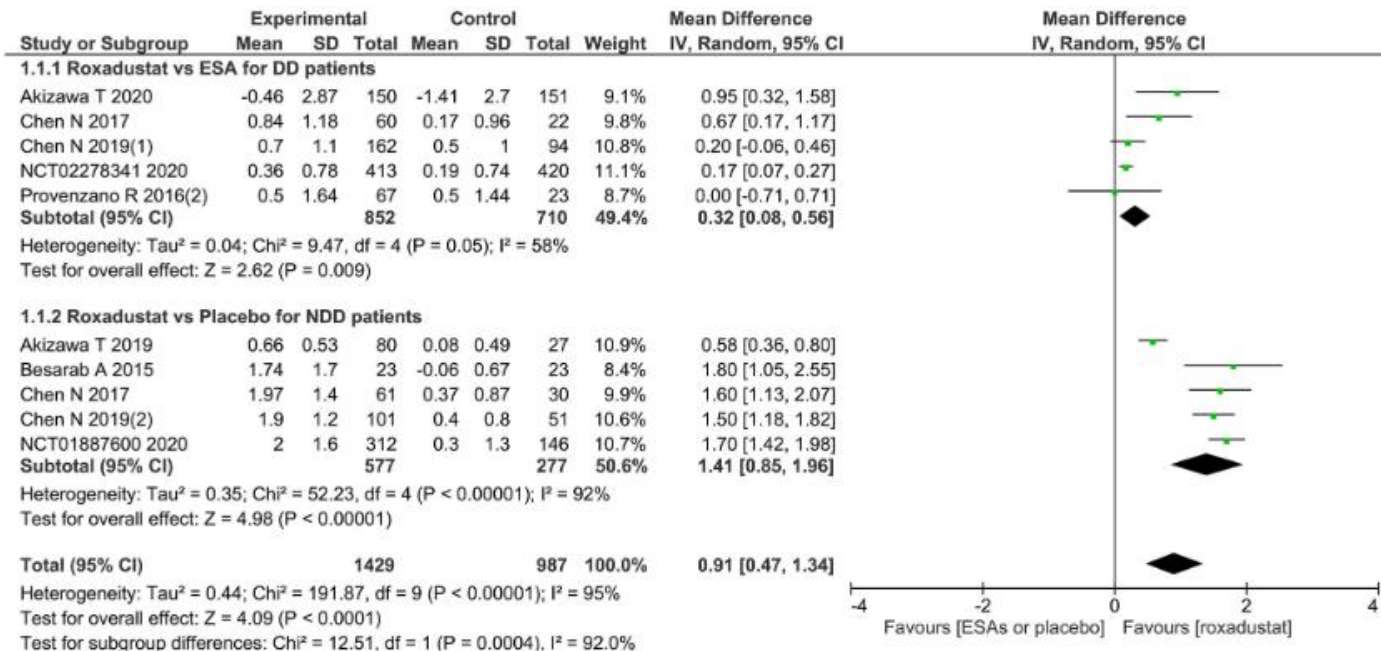
- PO
- 3x/sem
- Diminuent la ferritine
- Diminuent la saturation en transferrine
- Diminuent l'hépcidine (modérément)
- Augmentent la capacité de transport de Fer
- Fer sérique stable
- Effet sur quantité de Fer utilisé en pratique = ?



# Efficacy and safety of roxadustat for anaemia in dialysis-dependent and non-dialysis-dependent chronic kidney disease patients: A systematic review and meta-analysis

Li Zheng<sup>1,2</sup> | Jinhui Tian<sup>1</sup> | Deping Liu<sup>3</sup> | Yan Zhao<sup>2</sup> | Xiaoyong Fang<sup>2</sup> |  
 Yatong Zhang<sup>4</sup> | Yuming Liu<sup>5</sup>

*Br J Clin Pharmacol.* 2022;88:919–932.



**FIGURE 3** Meta-analysis results showing  $\Delta Hb$  after treatment with roxadustat



## Efficacy and safety of HIF prolyl-hydroxylase inhibitor vs epoetin and darbepoetin for anemia in chronic kidney disease patients not undergoing dialysis: A network meta-analysis



Qiyan Zheng<sup>a,b,1</sup>, Huisheng Yang<sup>c,1</sup>, Luying Sun<sup>a,b</sup>, Ruojun Wei<sup>a,b</sup>, Xinwen Fu<sup>a,b</sup>, Yahui Wang<sup>a,b</sup>, Yishan Huang<sup>a,b</sup>, Yu Ning Liu<sup>a,b,\*</sup>, Wei Jing Liu<sup>a,b,d,\*</sup>

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<sup>d</sup> Zhanjiang Key Laboratory of Prevention and Management of Chronic Kidney Disease, Guangdong Medical University, Zhanjiang, Guangdong 524001, China

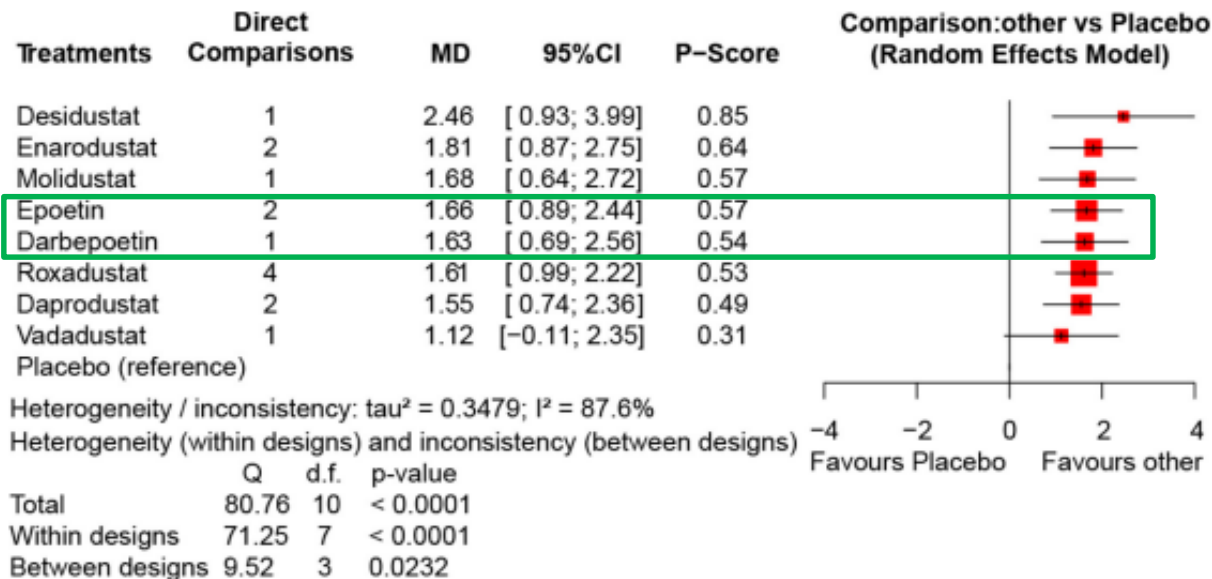


Fig. 3. Forest plots of network meta-analysis of all trials for the efficacy of hemoglobin level elevation.

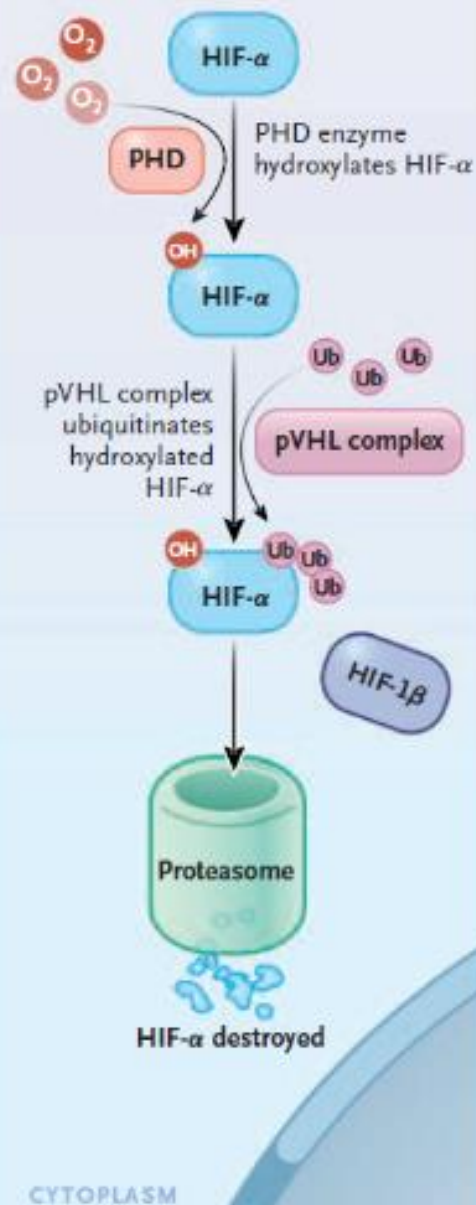


- Non infériorité par rapport à EPO
- Vraiment plus efficace en cas d'inflammation?
- Pourrait être utile si anémie aplastique
- Certaines données suggèrent que le Fer PO est plus efficace avec ces traitements (intéressant en pré-dialyse)
- Risque CV =? (surtout en pré-dialyse...)
- Risque oncogénique à long terme?

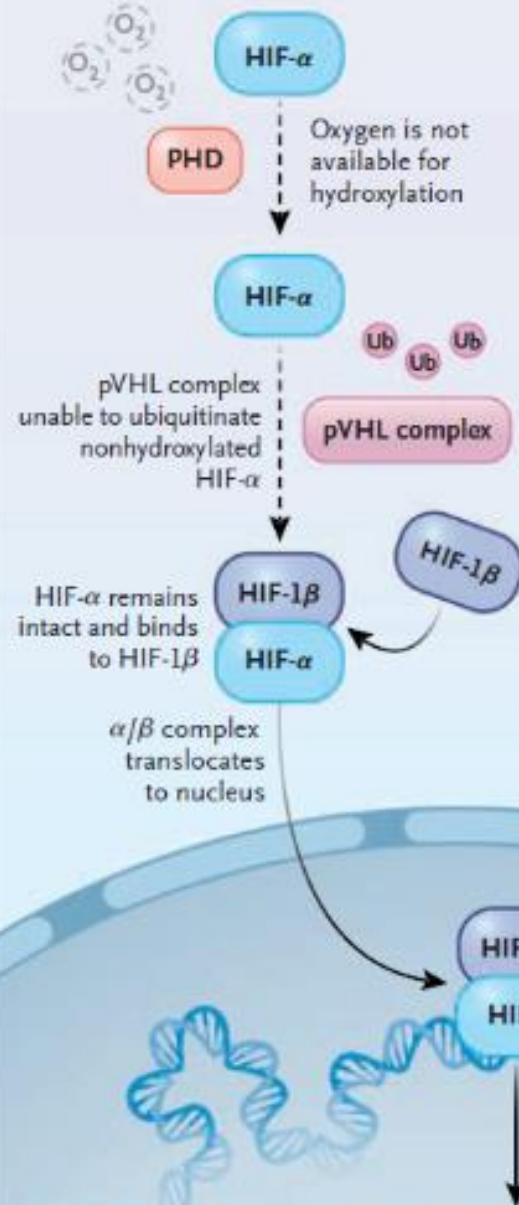
# Von Hippel-Lindau

- Mutation de pVHL
- État pré-cancéreux (K rein, phéochromocytomes, etc)
- HIF $\alpha$  est activé en continu et produit donc EPO mais aussi VEGF qui est impliqué dans certaines tumeurs
- Anti-VEGF sont d'ailleurs utilisés pour le K du rein...

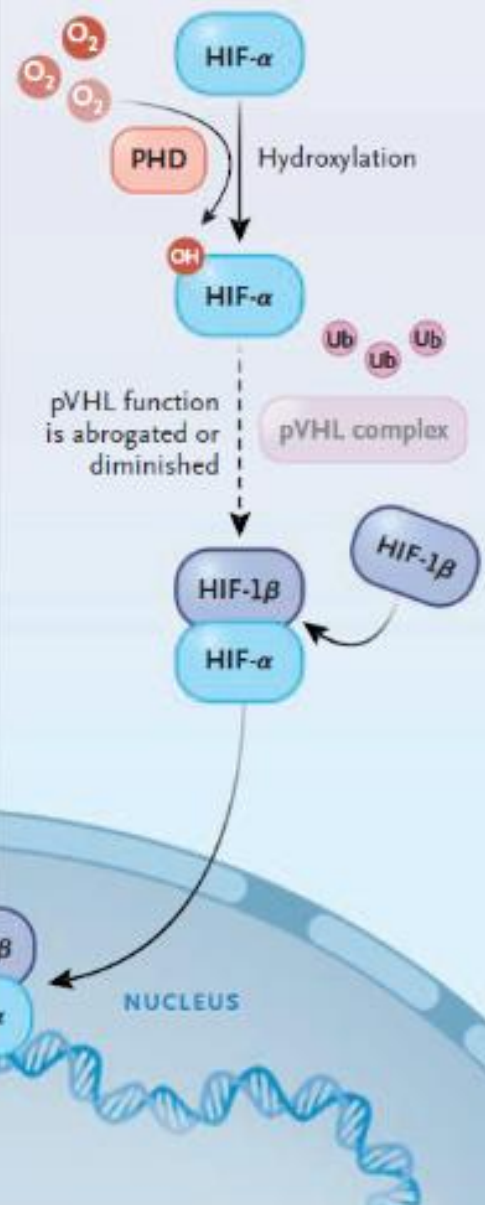
### A Normoxia



### B Hypoxia




### C The von Hippel-Lindau Syndrome



EDITORIAL COMMENT

# Hypoxia-inducible factor stabilizers: 27 228 patients studied, yet a role still undefined

Steven Fishbane, Deepa A. Malieckal and Ji H. Ng 

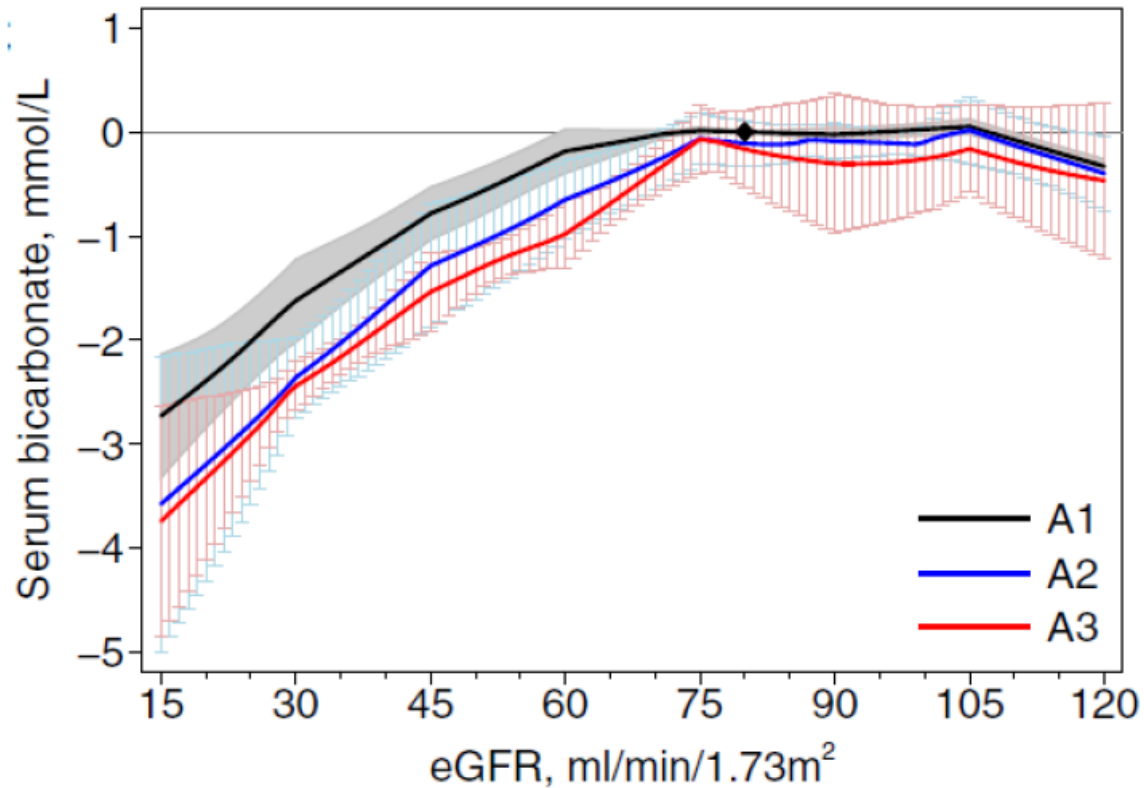
Zucker School of Medicine at Hofstra / Northwell, Great Neck, NY, USA

Correspondence to: Steven Fishbane; E-mail: [sfishbane@northwell.edu](mailto:sfishbane@northwell.edu)

PRIX??????

# Acidose

- Diminution excrétion des protons avec la diminution du DFG
- Définition: Bicarbonates  $< 22$  mEq/L



**Figure 23.** Association between estimated glomerular filtration rate (eGFR) with serum bicarbonate concentration in general population and high risk cohorts from the Chronic Kidney Disease (CKD) Prognosis Consortium, by level of albuminuria (A1–A3). The y axis represents the meta-analyzed absolute difference from the mean adjusted value at eGFR of 80 ml/min per 1.73 m<sup>2</sup> and albumin excretion <30 mg/g. Adapted from Inker *et al.* Relationship of Estimated GFR and Albuminuria to Concurrent Laboratory Abnormalities: An Individual Participant Data Meta-analysis in a Global Consortium. *AJKD* Figure 2.<sup>431</sup>

tubular ammoniogenesis ↓  
glomerular filtration of organic acid residues ↓



## cMA in CKD

□ experimental evidence  
■ clinical evidence



protein metabolism  
balance negative



loss of bone mineral  
density



CKD progression

pro	con
May et al. [19]	none
Mitch et al. [18]	
Movilli et al. [20]	Melamed et al. [23]
Verove et al. [21]	
Mircescu et al. [50]	



cMA in CKD most likely affects protein metabolism negatively

pro	con
Krieger et al. [34]	none
Lefebvre et al. [28]	Chen et al. [35]
	Melamed et al. [23]



no homogenous evidence that cMA in CKD affects bone stability

pro	con
Gadola et al. [45]	Jara et al. [48]
Nath et al. [44]	
Torres et al. [47]	none
Shah et al. [53]	
de Brito-Ashurst et al. [22]	
Mahajan et al. [41]	
Di Iorio et al. [54]	
Caravaca-Fontán et al. [55]	
Goraya et al. [39]	
Goraya et al. [40]	
Goraya et al. [65]	
Garneata et al. [66]	
Mathur et al. [51]	
Phisitkul et al. [52]	



cMA in CKD aggravates CKD progression



**Practice Point 3.9.1: In people with CKD, consider using dietary and/or pharmacological treatment to prevent severe acidosis (e.g., bicarbonate <16 mmol/l).**

**Practice Point 3.9.2: Monitor people with CKD to ensure correction of serum bicarbonate does not result in concentrations exceeding the upper limit of normal and does not adversely affect BP control, serum potassium, or fluid status.**

# A Systematic Review and Meta-Analysis on Effects of Bicarbonate Therapy on Kidney Outcomes



Sebastian Hultin<sup>1,2,3</sup>, Chris Hood<sup>1,4</sup>, Katrina L. Campbell<sup>1,5</sup>, Nigel D. Toussaint<sup>1,6</sup>, David W. Johnson<sup>1,7,8</sup> and Sunil V. Badve<sup>1,3,9</sup>

<sup>1</sup>Australasian Kidney Trials Network, The University of Queensland, Brisbane, Australia; <sup>2</sup>University of Sydney, Sydney, Australia; <sup>3</sup>Department of Nephrology, St George Hospital, Sydney, Australia; <sup>4</sup>Department of Nephrology, Middlemore Hospital, Auckland, New Zealand; <sup>5</sup>Healthcare Excellence and Innovation, Metro North Hospital and Health Service, Brisbane, Australia; <sup>6</sup>Department of Nephrology, The Royal Melbourne Hospital, Parkville, Australia; <sup>7</sup>Department of Nephrology, Princess Alexandra Hospital, Brisbane, Australia; <sup>8</sup>Translational Research Institute, Brisbane, Australia; and <sup>9</sup>The George Institute for Global Health, University of New South Wales Medicine, Sydney, Australia

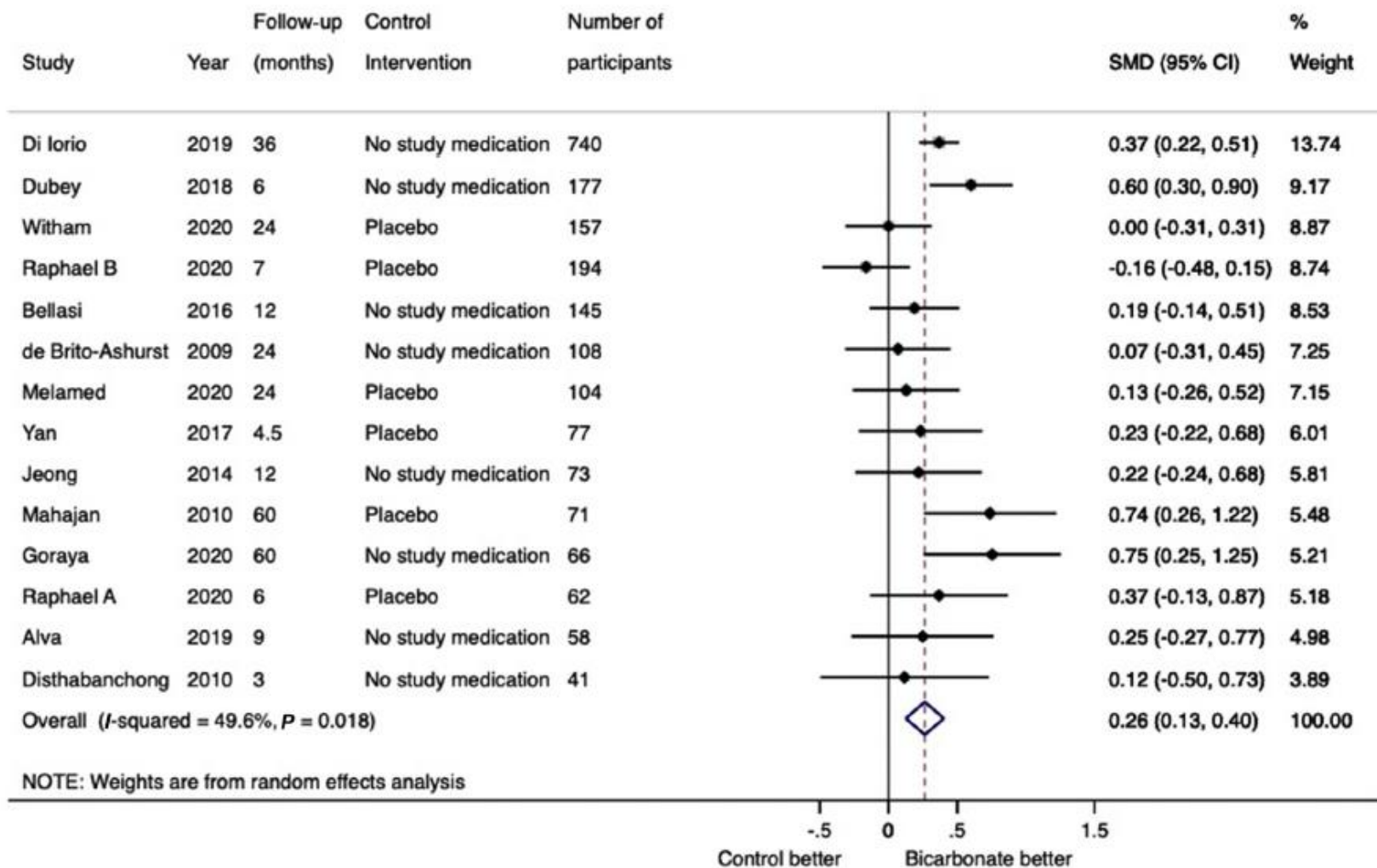
*Kidney Int Rep* (2021) 6, 695–705;

- 15 études, 2445 participants, suivi 12 mois
- RCT, eGFR<60 et/ou protéinurie, au moins 3 mois
- Bicarbonate de Sodium
- 6 vs placebo

**Table 1.** Summary of studies included in the systematic review

Study (reference no.)	Inclusion criteria	n	Experimental intervention	Control intervention	Jadad score	Male sex, %	Age, y	Diabetes mellitus, %	Baseline kidney function	Baseline proteinuria	Baseline serum bicarbonate, mmol/l	Follow-up, mo
Mathur 2006 (46)	Serum creatinine <4 mg/dl	40	Sodium bicarbonate 1.2 mEq/kg/d; target serum bicarbonate 22–26 mmol/l	Placebo	3	63	40.5	NR	Serum creatinine 2.9 mg/dl	NR	19.4	3
de Bristo-Ashurst 2009 (42)	CrCl 15 to 30 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate 16–20 mmol/l	134	Sodium bicarbonate 600 mg thrice daily; target serum bicarbonate ≥23 mmol/l	No study medication	3	52	54.8	36	CrCl 20.4 ml/min per 1.73 m <sup>2</sup>	1.75 g/d	19.9	24
Mahajan 2010 (33)	Hypertension, urine ACR 200–2000 mg/g; eGFR 60–90 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate >24.5 mmol/l	80	Sodium bicarbonate 0.5 mEq/kg/d	Placebo	1	48	51.3	0	eGFR 75.5 ml/min per 1.73 m <sup>2</sup>	Urine ACR 421 mg/g	26.1	60
Dishabanchong 2010 (36)	eGFR ≤60 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate ≤22 mmol/l	44	Sodium bicarbonate 1.8 to 3.6 g/d; target serum bicarbonate 21–43 mmol/l	No study medication	2	48	62.8	49	eGFR 18.8 ml/min per 1.73 m <sup>2</sup>	NR	20.9	3 to 4
Jeong 2014 (43)	eGFR <30 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate <22 mmol/l	80	Sodium bicarbonate 1000 mg thrice daily; target serum bicarbonate >22 mmol/l	No study medication	1	71	54.6	26	eGFR 16.9 ml/min per 1.73 m <sup>2</sup>	NR	18.7	12
Bellasi 2016 (35)	eGFR 15–44 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate <24 mmol/l	145	Sodium bicarbonate 0.5 mmol/kg twice daily; target serum bicarbonate 24–28 mmol/l	No study medication	3	57	65.5	100	CrCl 33.5 mL/min	NR	21.4	12
Yan 2017 (39)	eGFR 15–59 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate 16–20 mmol/l, non-thyroid illness syndrome	84	Sodium bicarbonate 1–2 g/d; target serum bicarbonate 22–27 mmol/l	Placebo	3	58	53.1	39	eGFR 18.8 ml/min per 1.73 m <sup>2</sup>	NR	16.3	5
Dubey 2018 (37)	eGFR 15–59 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate <22 mmol/l	188	Sodium bicarbonate 0.5 mEq/kg/d; target serum bicarbonate 24–26 mmol/l	No study medication	3	71	50.2	15	eGFR 30.6 ml/min per 1.73 m <sup>2</sup>	NR	18.1	6
Aiva 2019 (40)	eGFR 15–30 ml/min per 1.73m <sup>2</sup> , serum bicarbonate 10–20 mmol/l	67	Sodium bicarbonate 1.8 g/d; target serum bicarbonate >23 mmol/l	No study medication	2	71	72.6	3	eGFR 21.8 ml/min per 1.73 m <sup>2</sup>	NR	16.7	9
Dilorio 2019 (45)	eGFR 15–59 ml/min per 1.73m <sup>2</sup> , serum bicarbonate 18–24 mmol/l	795	Sodium bicarbonate up escalated by 25%/wk; target serum bicarbonate 24–28 mmol/l	No study medication	3	62	67.6	30.7	eGFR 33.4 ml/min per 1.73 m <sup>2</sup>	Urine ACR 208 mg/g	21.7	36
Gotaya 2019 (30)	eGFR 30–59 ml/min per 1.73 m <sup>2</sup> , urine ACR >200 mg/g; hypertension, serum bicarbonate 22–24 mmol/l	72	Sodium bicarbonate 0.3 mEq/kg/d	No study medication	1	44	53.8	0	eGFR 42.6 ml/min per 1.73 m <sup>2</sup>	Urine ACR 316 mg/g	23	60
Witham 2020 (44)	eGFR 15–30 ml/min per 1.73 m <sup>2</sup> , serum bicarbonate <2 mmol/l, age >60 y	300	Sodium bicarbonate 500–1000 mg thrice daily; target serum >22mmol/l	Placebo	5	57	73.9	50.5	eGFR 18.9 ml/min per 1.73 m <sup>2</sup>	Urine ACR 79.9 mg/g	20.4	24
Melamed 2020 (41)	eGFR 15–59 ml/min per 1.73m <sup>2</sup> , serum bicarbonate 20–26 mEq/l	149	Sodium bicarbonate 0.4 mEq/l/kg/d	Placebo	5	54	61	62	eGFR 36.2 ml/min per 1.73m <sup>2</sup>	NR	24	24
Raphael 2020 (34)	eGFR 15–89 ml/min per 1.73m <sup>2</sup> , urine ACR <30 mg/g, serum bicarbonate 22–28 mEq/l	74	Sodium bicarbonate 0.5 mEq/kg/d in 2 divided doses	Placebo	5	97	72	100	eGFR 51 ml/min per 1.73 m <sup>2</sup>	Urine ACR 121 mg/g	24	6
Raphael 2020 (18)	eGFR 20–44 ml/min per 1.73 m <sup>2</sup> or eGFR 45–59 with urine ACR >50 mg/g, serum bicarbonate 20–28 mEq/l	192	Sodium bicarbonate 0.8 mEq/kg/d (high dose) or 12 mEq/d (low dose)	Placebo	5	68	66	54	eGFR 35 ml/min per 1.73 m <sup>2</sup>	NR	24	7

ACR, albumin-creatinine ratio; CrCl, creatinine clearance; eGFR, estimated glomerular filtration rate; NR, not reported



**Figure 3.** Forest plot showing the effect of bicarbonate therapy on change in kidney function (eGFR or creatinine clearance) from baseline to last measurement. CI, confidence interval; SMD, standardized mean difference.

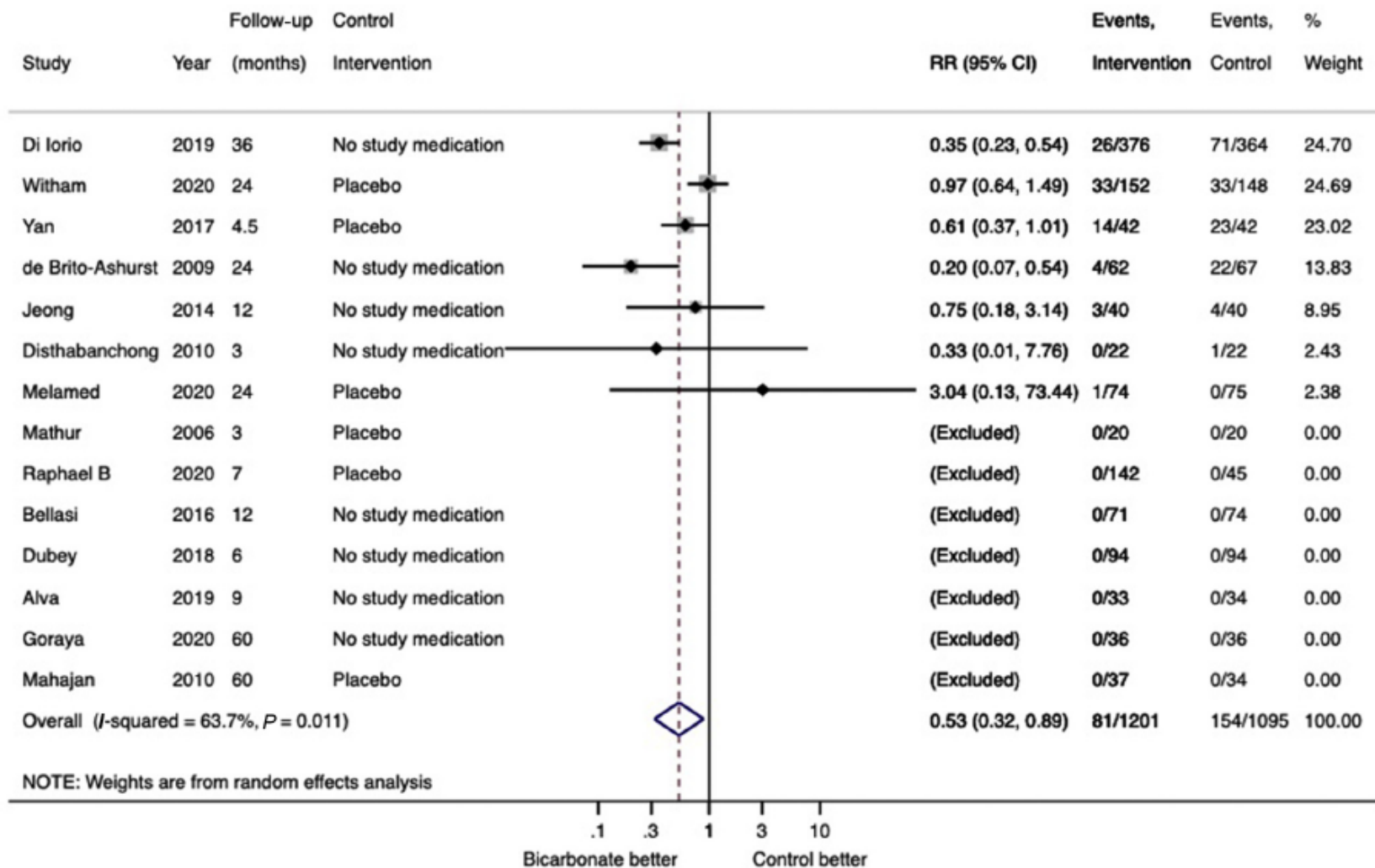
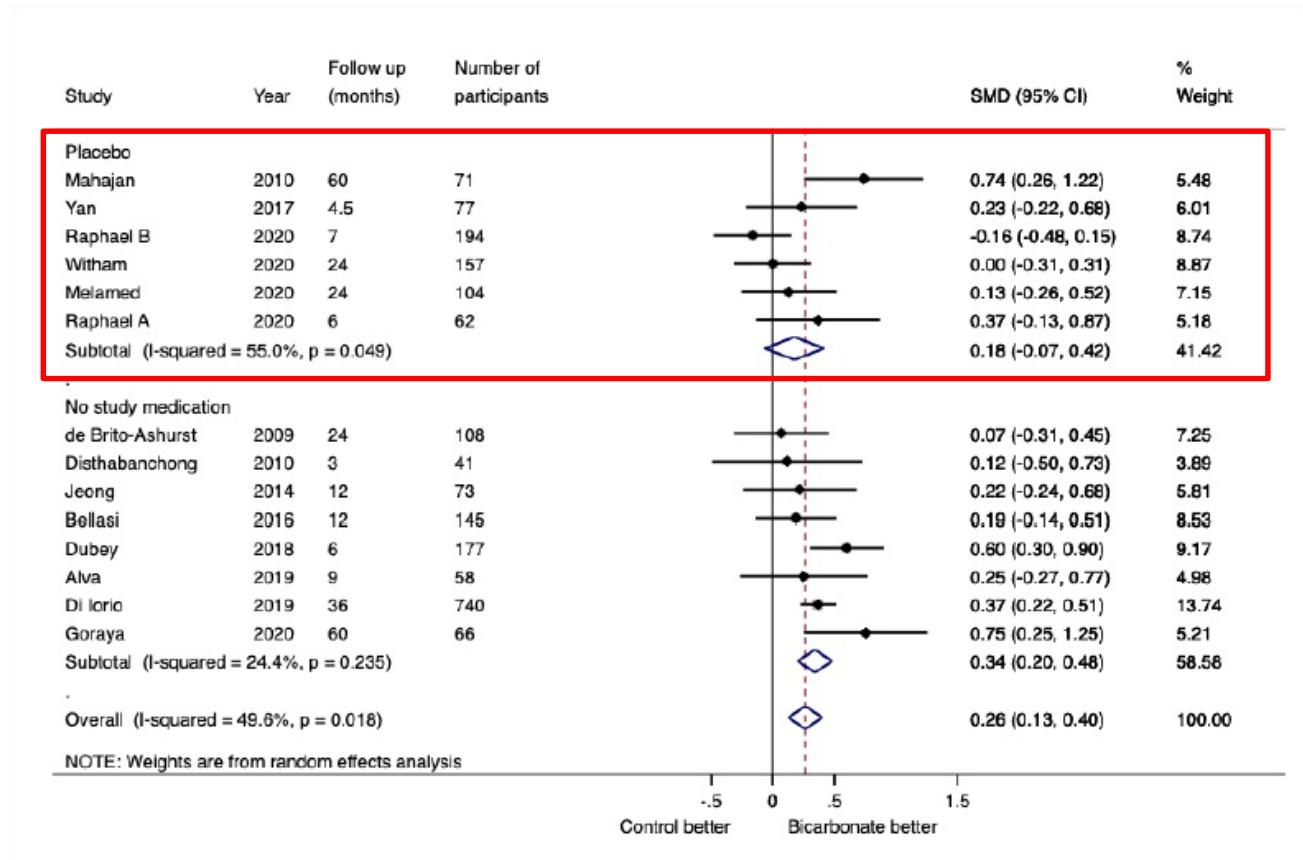


Figure 4. Forest plot showing the effect of bicarbonate therapy on progression to kidney failure. CI, confidence interval; RR, risk ratio.

**Figure S1. Subgroup analysis of the effect of bicarbonate therapy on change in kidney function 1: according to the use of placebo or no study medication in the control arm.**

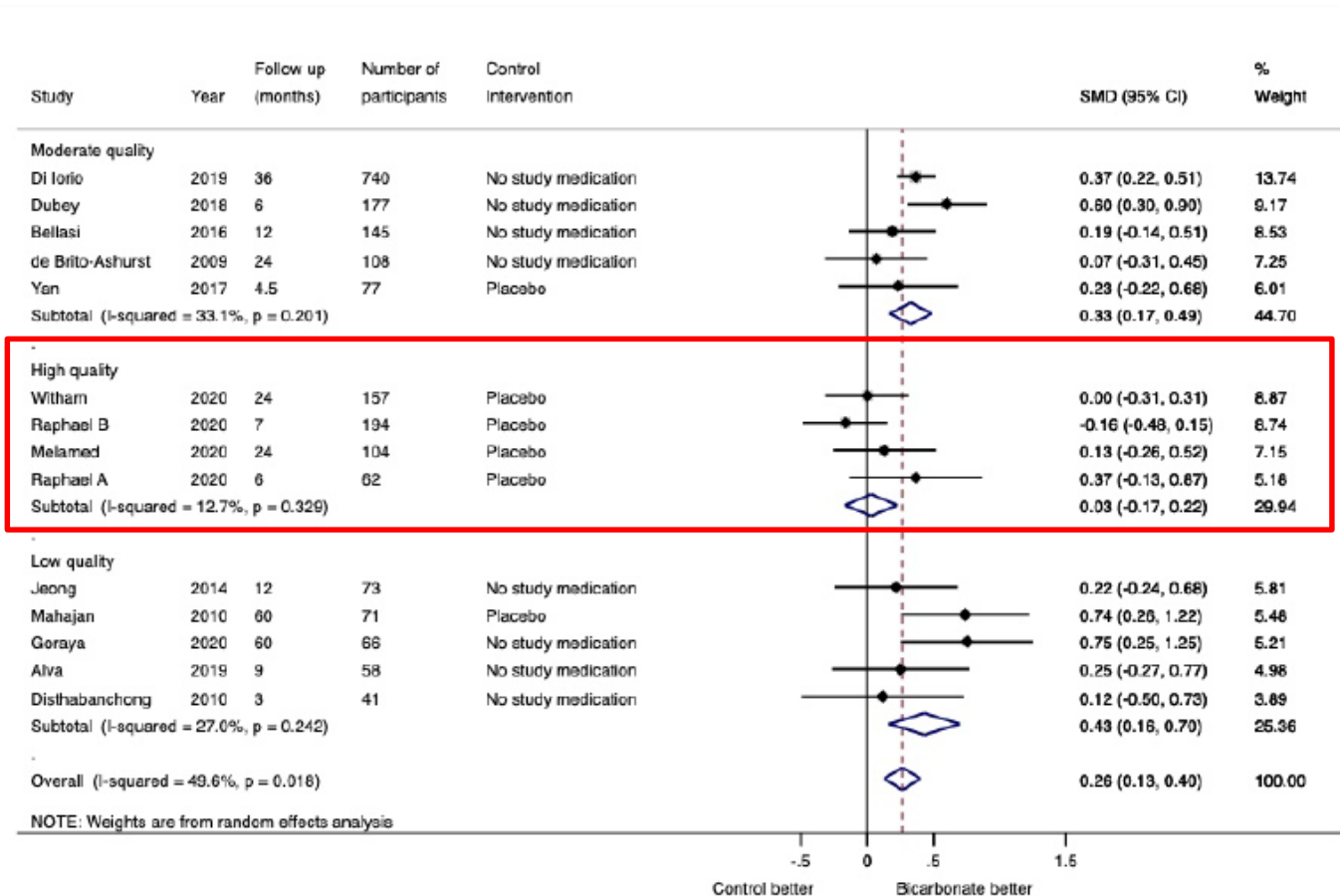
Forest plot showing subgroup analysis according to the use of placebo or no study medication on the effect of bicarbonate therapy on the change in kidney function. Interaction p-value 0.22.





**Figure S3. Subgroup analysis of the effect of bicarbonate therapy on the change in kidney function 3: according to trial quality.**

Forest plot showing subgroup analysis according to trial quality on the effect of bicarbonate therapy on the change in kidney function. Interaction p-value 0.03.



RESEARCH ARTICLE

Open Access

# Clinical and cost-effectiveness of oral sodium bicarbonate therapy for older patients with chronic kidney disease and low-grade acidosis (BiCARB): a pragmatic randomised, double-blind, placebo-controlled trial



The BiCARB study group

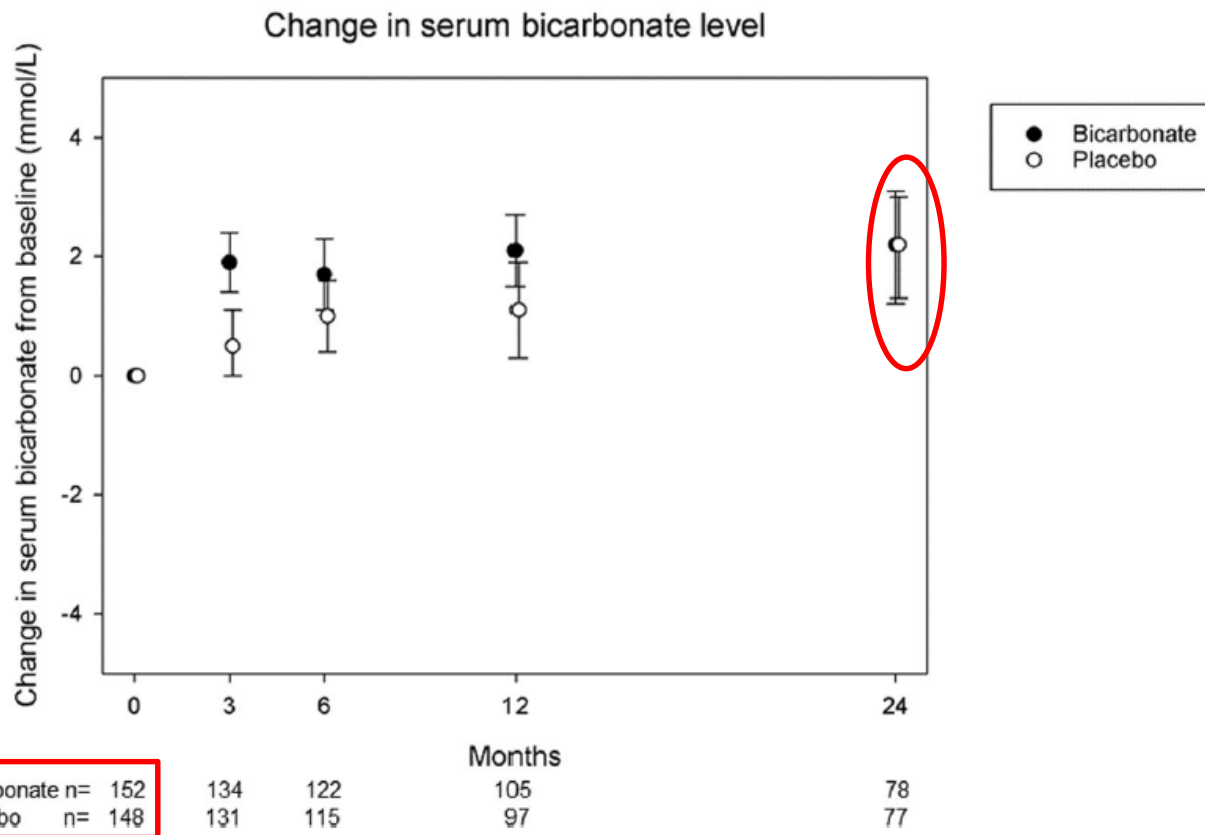
Pragmatique, multicentrique (27 centres UK), double-blind, placebo-controlled randomised trial

≥ 60 ans, eGFR < 30 mL/min/1.73 m<sup>2</sup>

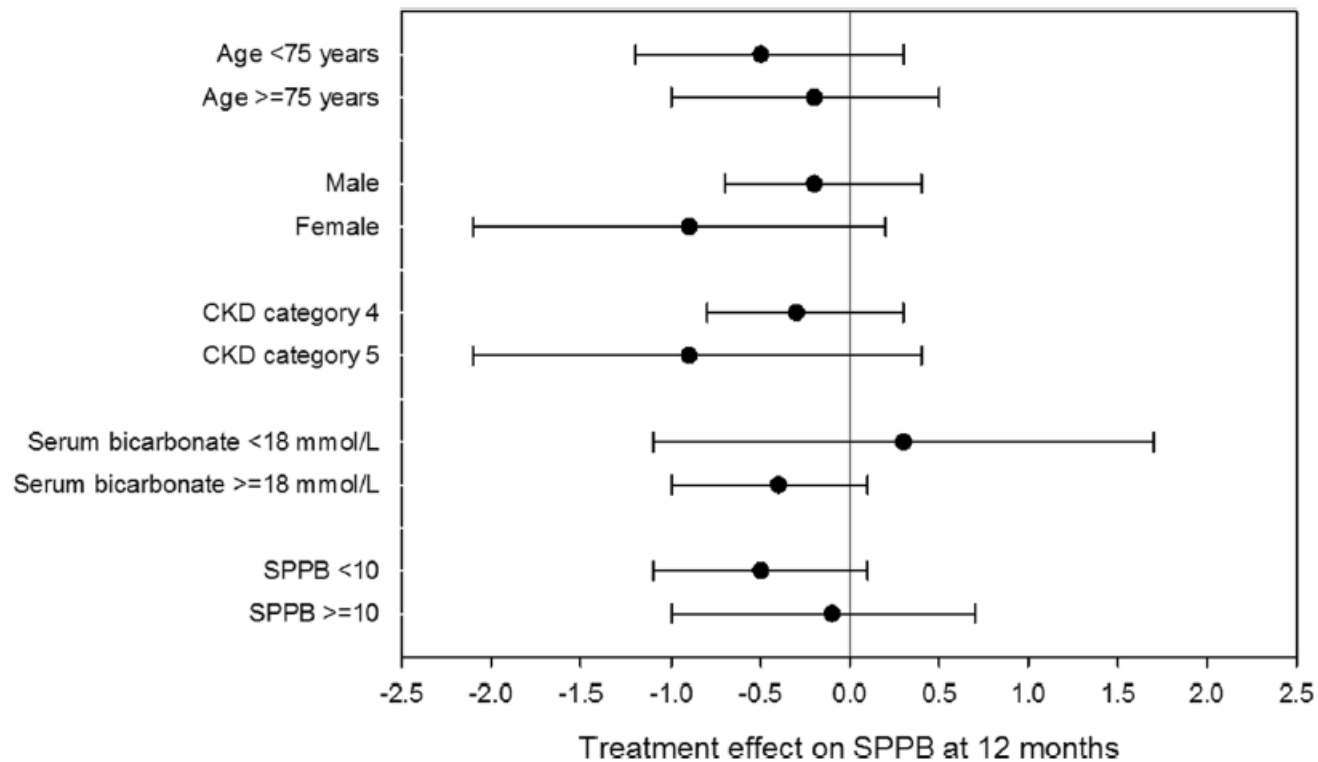
bicarbonate < 22 mmol/L

sodium bicarbonate (jusqu'à 3 g/j) ou placebo pour 2 ans





**Fig. 2** Serum bicarbonate concentrations. Values are mean and 95% CI



**Fig. 3** Subgroup analyses for the primary outcome (Short Physical Performance Battery). Values are mean and 95% CI

### Renal biochemistry

Serum bicarbonate (mmol/L)	1.1 (0.6 to 1.6)	< 0.001
Serum potassium (mmol/L)	0.0 (-0.1 to 0.1)	0.80
eGFR (mL/min/1.73 m <sup>2</sup> )*	0.6 (-0.8 to 2.0)	0.39
Serum creatinine (umol/L)*	-8 (-28 to 13)	0.46
Serum cystatin C (mg/L)*	-0.01 (-0.17 to 0.14)	0.89
Log [urinary albumin/ creatinine ratio]	0.32 (-0.05 to 0.70)	0.09

(repeated measures analyses using data from all available timepoints, adjusted for age, sex and CKD category)

	Treatment effect (bicarbonate- placebo) (95% CI)	<i>p</i>
Physical function and anthropometry		
Six-min walk distance (m)	-33 (-62 to -4)	0.02
Grip strength (kg)	-1.5 (-2.8 to -0.2)	0.03
Weight (kg)	0.2 (-2.9 to 3.4)	0.89
Mid-arm muscle circumference (cm)	0.0 (-0.6 to 0.6)	0.99
Triceps skinfold thickness (mm)	-1 (-2 to 1)	0.34
Mid-thigh circumference (cm)	0.1 (-0.8 to 1.1)	0.80

**Table 3** Adverse events by MedDRA System Order Class (SOC)

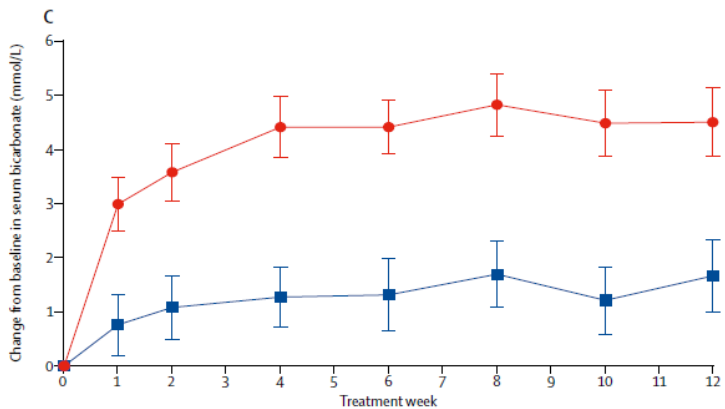
	Bicarbonate (n = 152)	Placebo (n = 148)
Number of adverse events per participant (%)		
0	21 (13.8)	16 (10.8)
1	23 (15.1)	41 (27.7)
2	27 (17.8)	35 (23.6)
3	35 (23.0)	15 (10.1)
4 or more	46 (30.3)	41 (27.7)
Total number of adverse events	457	400

# Design and population of the VALOR-CKD study: a multicenter, randomized, double-blind, placebo-controlled trial evaluating the efficacy and safety of veverimer in slowing progression of chronic kidney disease in patients with metabolic acidosis

Vandana S. Mathur<sup>1</sup>, David A. Bushinsky<sup>2</sup>, Lesley Inker<sup>3</sup>, Gerrit Klaerner<sup>4</sup>, Elizabeth Li<sup>5</sup>, Dawn Parsell<sup>6</sup>, Vlado Perkovic<sup>7</sup>, Yuri Stasiv<sup>8</sup>, Michael Walker<sup>9</sup>, Donald E. Wesson<sup>10</sup>, David C. Wheeler<sup>11</sup> and Navdeep Tangri<sup>12</sup>

Veverimer versus placebo in patients with metabolic acidosis associated with chronic kidney disease: a multicentre, randomised, double-blind, controlled, phase 3 trial

Donald E. Wesson, Vandana Mathur, Navdeep Tangri, Yuri Stasiv, Dawn Parsell, Elizabeth Li, Gerrit Klaerner, David A. Bushinsky



Lancet 2019; 393: 1417–27

## Design and population of the VALOR-CKD study: a multicenter, randomized, double-blind, placebo-controlled trial evaluating the efficacy and safety of veverimer in slowing progression of chronic kidney disease in patients with metabolic acidosis

### Background



Veverimer is a novel polymeric hydrochloric acid binder being developed to treat metabolic acidosis and slow progression of CKD.



Objective: to evaluate efficacy and safety of veverimer on kidney disease progression in patients with CKD and metabolic acidosis.

### Study design



**RCT:**  
Veverimer once daily vs. placebo



**Inclusion criteria:**  
Serum bicarbonate 12–20 mmol/L  
eGFR 20–40 mL/min/1.73 m<sup>2</sup>



**Composite primary outcome:**  
Development of ESKD, sustained eGFR decline of ≥40% from baseline, or death due to kidney failure

### Baseline characteristics



N = 1480



Mean age  
65.1 years



42% female



35 countries



**eGFR (mL/min/1.73 m<sup>2</sup>):**  
Mean (SD) 29.1 (6.3)  
34% with eGFR ≤ 25



**Serum bicarbonate (mmol/L):**  
Mean (SD) 17.5 (1.4)  
62% with serum bicarbonate ≤ 18



**uACR (mg/g):**  
Median 201  
35% with uACR ≥ 30 to ≤ 300  
43% with uACR > 300



**Comorbidities:**  
98% hypertension  
56% diabetes  
32% heart failure

### Conclusion

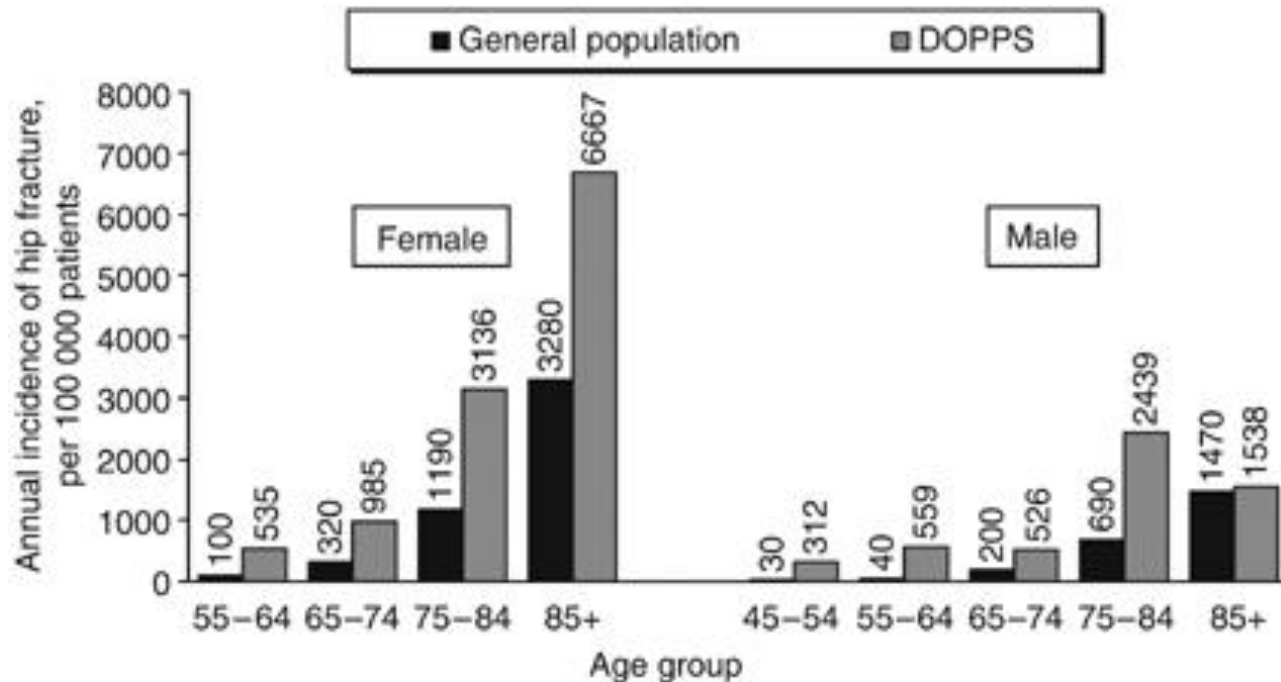
VALOR-CKD has recruited a large population of people with metabolic acidosis at high risk for CKD progression to determine the effects of veverimer on the risk of progressive loss of kidney function. Results are anticipated in 2022.

# Si traiter, comment faire?

- Bicarbonate de Sodium
- Régime végétarien (fruits et légumes)

# Hyperparathyroidie

# Incidence de la fracture de la hanche chez le patient dialysé vs. en population générale



## High rates of death and hospitalization follow bone fracture among hemodialysis patients

Francesca Tentori, MD<sup>1,2</sup>, Keith McCullough, MS<sup>1</sup>, Ryan D. Kilpatrick, PhD<sup>3</sup>, Brian D. Bradbury, DSc<sup>3,4</sup>, Bruce M. Robinson, MD<sup>1,5</sup>, Peter G. Kerr, MD<sup>6</sup>, and Ronald L. Pisoni, PhD<sup>1</sup>

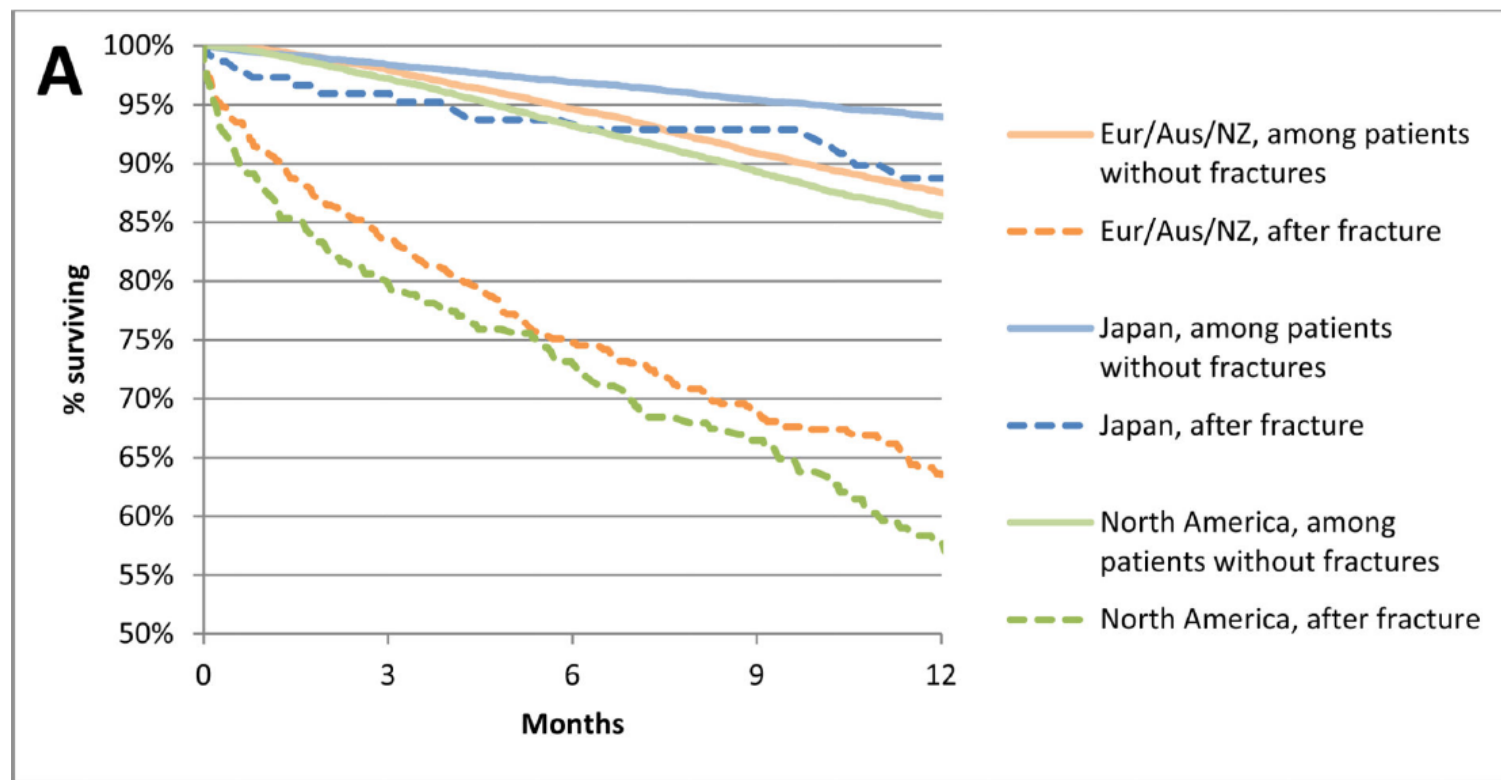
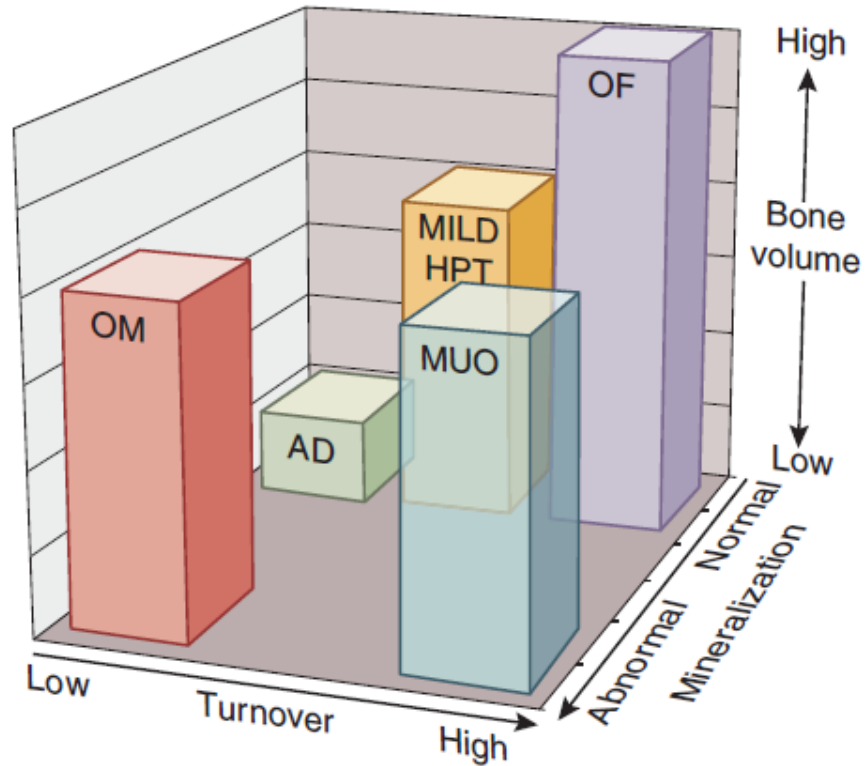


Figure 5A & 5B. Time to death and hospitalization among DOPPS participants who experienced and those who did not experience a fracture requiring hospitalization, by DOPPS region

Panel A: Unadjusted survival (time to death) by DOPPS region.



# La santé osseuse en MRC en 3D (volume versus turnover versus minéralisation)



# Diagnostic et suivi

# Biomarqueurs en MRC (Focus sur le turnover)

**In patients with CKD stages 3–5D, we suggest that measurements of serum PTH or bone-specific alkaline phosphatase can be used to evaluate bone disease because markedly high or low values predict underlying bone turnover (2B).**

# KDIGO Guidelines

## August 2009

4.2.3. In patients with CKD stage 5D, we suggest maintaining iPTH levels in the range of approximately two to nine times the upper normal limit for the assay (2C).

We suggest that marked changes in PTH levels in either direction within this range prompt an initiation or change in therapy to avoid progression to levels outside of this range (2C).

see commentary on page 240

# Inter-method variability in PTH measurement: Implication for the care of CKD patients

J-C Souberbielle<sup>1</sup>, A Boutten<sup>2</sup>, M-C Carlier<sup>3</sup>, D Chevenne<sup>4</sup>, G Coumaros<sup>5</sup>, E Lawson-Body<sup>1,6</sup>, C Massart<sup>7</sup>, M Monge<sup>8</sup>, J Myara<sup>9</sup>, X Parent<sup>10</sup>, E Plouvier<sup>11</sup> and P Houillier<sup>12</sup>, Working group on PTH and vitamin D, Société Française de Biologie Clinique (SFBC)

<sup>1</sup>Hôpital Necker-Enfants Malades, Paris, France; <sup>2</sup>Hôpital Bichat, Paris, France; <sup>3</sup>Centre Hospitalier Lyon-Sud, Lyon, France; <sup>4</sup>Hôpital Robert Debré, Paris, France; <sup>5</sup>Centre Hospitalier Universitaire, Strasbourg, France; <sup>6</sup>Hôpital de Gonesse, Gonesse, France; <sup>7</sup>CHU Pontchaillou, Rennes, France; <sup>8</sup>Laboratoire Pasteur CERBA, St ouen l'aumone, France; <sup>9</sup>Hôpital Charles Foix, Ivry sur Seine, France; <sup>10</sup>Centre hospitalier, Colmar, France; <sup>11</sup>Centre hospitalier, Meaux, France and <sup>12</sup>Hôpital Européen Georges Pompidou, Université Paris-Descartes, INSERM U 652, Paris, France

Assay	PTH (ng/l)	PTH (ng/l)	PTH (ng/l)	Median bias (%)
Allegro intact PTH	150	300	1000	0
N-tact PTH IRMA	83	160	517	-44.9 (-68.0; -26.2)
PTH IRMA Immunotech	188	369	1216	23.9 (-6.1; 108.3)
ELISA-PTH	149	290	948	-1.6 (-24.3; 47.2)
Total intact PTH IRMA	134	262	857	-14.5 (-41.5; 23.5)
DSL PTH IRMA	323	638	2108	123.0 (53.1; 188.9)
DSL PTH ELISA	264	523	1734	79.6 (-8.0; 180.9)
Elecsys PTH	161	311	1011	7.3 (-13.8; 80.3)
Immulite 2000 intact PTH	212	410	1334	37.8 (3.8; 130.8)
PTH-ACS 180	185	374	1256	18.8 (-9.9; 69.4)
PTH AdviaCentaur	168	342	1154	9.5 (27.6; 55.6)
Intact PTH advantage	174	339	1109	14.6 (-10.4; 72.2)
LIAISON N-tact PTH	111	223	748	-23.4 (-68.2; -1.9)
Ca-PTH IRMA	84	165	543	-44.8 (-65.6; -22.8)
BiolIntact PTH advantage	109	214	704	-27.6 (-53.0; 12.5)

DSL, diagnostic system laboratories; ELISA, enzyme-linked immunosorbent assay; IRMA, immunoradiometric assay; PTH, parathyroid hormone.

These values were calculated according to the equations presented in Table 2. The median bias value (right column), expressed in %, is, for a given method (A), the median (minimum-maximum) of the ratios, ((value measured with A-value measured with the Allegro assay)/value measured with the Allegro assay) in the 47 serum pools. As we considered the Allegro-intact PTH as the reference, the bias with this method is, by definition, 0.

# KDIGO Guidelines

## August 2009

4.2.3. In patients with CKD stage 5D, we suggest maintaining iPTH levels in the range of approximately **two to nine times the upper normal limit for the assay (2C)**.

We suggest that marked changes in PTH levels in either direction within this range prompt an initiation or change in therapy to avoid progression to levels outside of this range (2C).

***Importance la valeur normale  
supérieure d'une trousse de dosage de  
la PTH?***

# La PTH chez les patients dialysés

- ☑ PTH n'est pas un marqueur de turnover osseux car ce dernier est un processus long alors que la concentration de PTH varie rapidement en fonction du  $\text{Ca}^{++}$
- ☑ Des valeurs élevées sont associées à un haut remodelage osseux
- ☑ Des valeurs basses sont associées à un faible remodelage osseux

**Pas parfait: Bonafide** *Behets GJ, 2014, KI, 2015, p846*

17% (25/146) des sujets avec PTH>300 pg/mL (Advia Centaur) et PALO>21 ng/mL exclus car turnover normal (mais pas d'OA!)

**3.1.4 In patients with CKD stages 3–5D, we recommend that therapeutic decisions be based on trends rather than on a single laboratory value, taking into account all available CKD–MBD assessments (1C).**

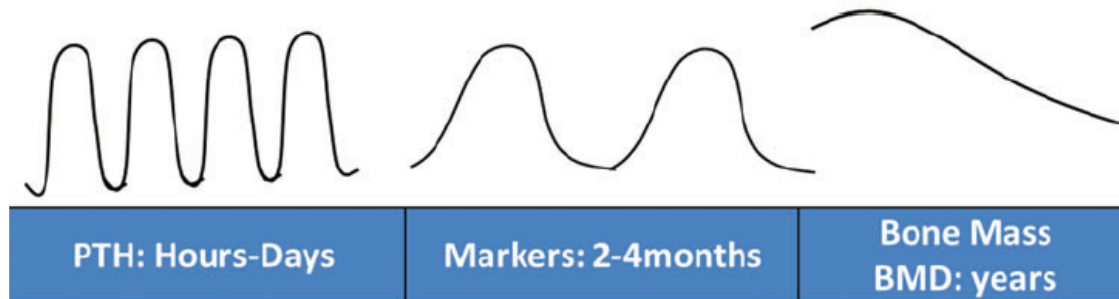


## Can we use circulating biomarkers to monitor bone turnover in CKD haemodialysis patients? Hypotheses and facts

Pierre Delanaye<sup>1</sup>, Jean-Claude Souberbielle<sup>2</sup>, Marie-Hélène Lafage-Proust<sup>3</sup>, Guillaume Jean<sup>4</sup> and Etienne Cavalier<sup>5</sup>

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### Kinetics of variations of PTH and Bone Parameters



**FIGURE 1:** Kinetics of variations of PTH and bone parameters. PTH, parathormone; BMD, Bone Mineral Density.

# Nouveaux biomarqueurs du turnover osseux

Nephrol Dial Transplant (2014) 29: 997–1004

doi: 10.1093/ndt/gft275

Advance Access publication 17 July 2013

## Can we use circulating biomarkers to monitor bone turnover in CKD haemodialysis patients? Hypotheses and facts

Pierre Delanaye<sup>1</sup>, Jean-Claude Souberbielle<sup>2</sup>, Marie-Hélène Lafage-Proust<sup>3</sup>, Guillaume Jean<sup>4</sup> and Etienne Cavalier<sup>5</sup>

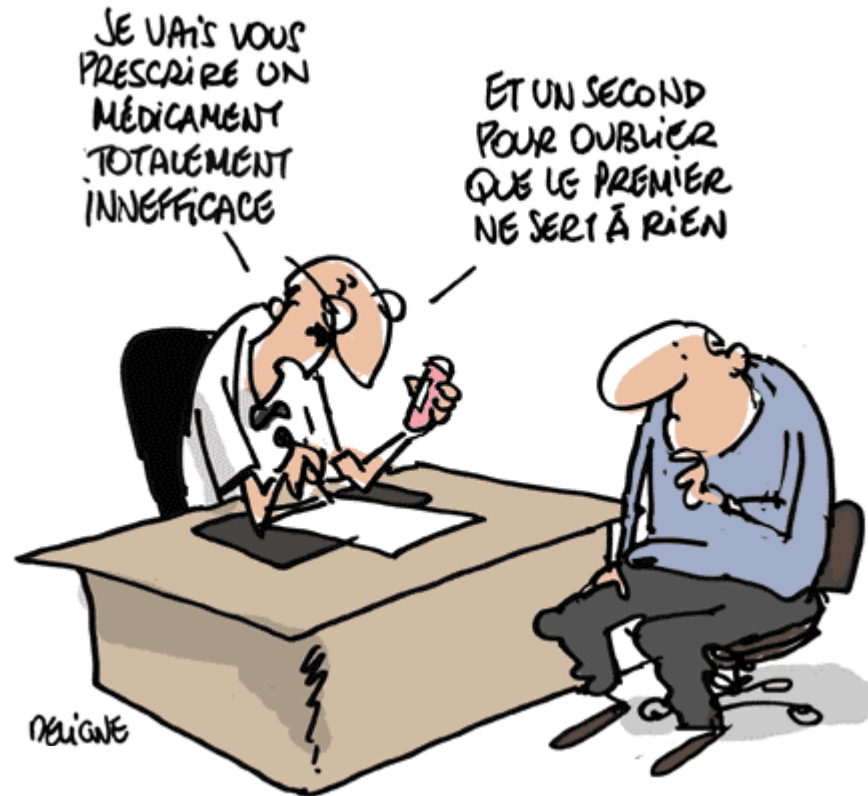
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- TRAP-5B: phosphatase acide R au tartrate
- CTX: partie C terminale du télopetide du collagène de type 1 (beta-Crosslaps)
- P1NP: partie N-terminale du procollagène de type 1
- Ostéocalcine: *Coen G, KI, 1985, p783 Malluche HH, KI, 1984, p869*
- Sclérostine

# Diagnostic

- Pas si simple en dialyse...
- En MRC, quelle est la valeur normale de PTH=?
- Collaboration clinico-biologique
- Place de la PBO Torres PU, Sem Nephrol, 2014, p612
- Place de l'échographie et de la scintigraphie

# Comment traiter?



# Choix thérapeutique pour hyperPTH

- Calcium
- Vitamine D native
- Vitamine D active
- Vitamine D active “modifiée”
- Cinacalcet
- PTHx

# Qu'est ce qui va guider notre choix?

- Individualisé
- Tendances
- Calcémie (bilan calcique)
- Phosphorémie
- (PBO, QDR, Calcifications, autres biomarqueurs)

# Vitamine D native/Calcium

- Vitamine D native à tout le monde Delanaye P, Nephrol Ther, 2015
- ...puis je monitorise
- Calcium comme traitement de l'hyperPTH:  
Soit si hypocalcémie  
Soit pour chélater le phosphore
- Dose maximale de calcium?
- Dose minimale même en cas de "normocalcémie"  
(patient dénutri)?
- Bain en calcium a un effet sur PTH aussi

Jean G, NDT, 2013 et Ok E, JASN, 2016

# Cholecalciferol in haemodialysis patients: a randomized, double-blind, proof-of-concept and safety study

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Laurent Weekers<sup>1</sup>,  
Xavier Warling<sup>2</sup>,  
Martial Moonen<sup>2</sup>,  
Nicole Smelten<sup>3</sup>,  
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Keywords: vitamin D, calcification, parathormone

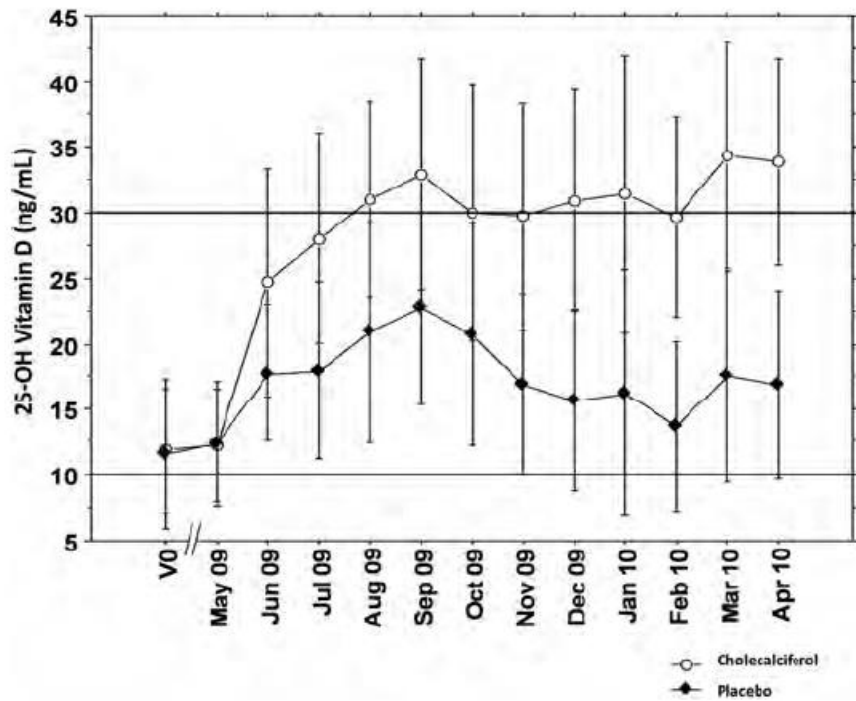
Nephrol Dial Transplant (2013) 28: 1779–1786



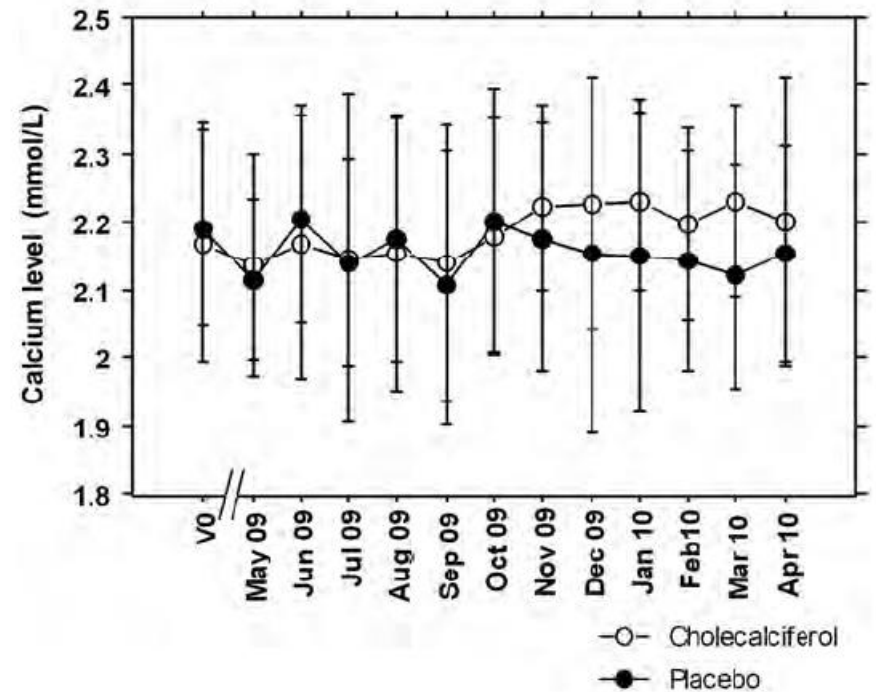
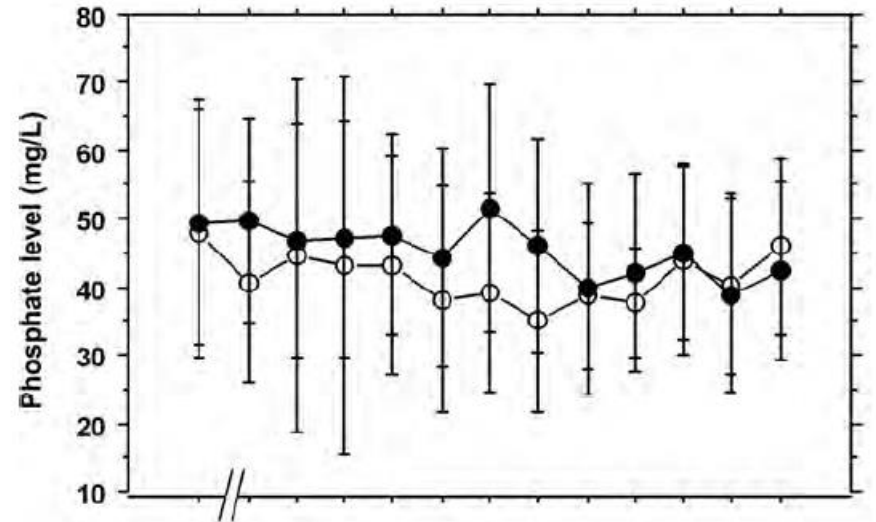
**Table 1. Clinical and biological characteristics of patients that have completed the study. Data are expressed as mean  $\pm$  SD if the distribution is normal and median (IQR) if not specified**

	Placebo <i>n</i> = 14	Cholecalciferol <i>n</i> = 16	P
Age (years)	73 $\pm$ 12	75 $\pm$ 9	0.50*
Sex ratio (% female)	36	25	0.52
Dialysis vintage (month)	56 $\pm$ 39	44 $\pm$ 46	0.47*
$K_t/V$	1.36 $\pm$ 0.17	1.37 $\pm$ 0.17	0.87*
Calcium (mmol/L)	2.16 $\pm$ 0.15	2.18 $\pm$ 0.12	0.75*
Phosphorus (mg/L)	45 $\pm$ 11	46 $\pm$ 13	0.79*
Parathormone (pg/mL) Median (IQR)	240 [195–410]	312 [206–447]	0.36**
25-Hydroxyvitamin D(ng/mL)	12 $\pm$ 6	12 $\pm$ 5	0.90*
Use of phosphate binder (all) (%)	58	38	0.28
Use of phosphate binder (calcium-based) (%)	43	32	0.51
Use of phosphate binder (sevelamer) (%)	36	50	0.43
Use of calcitriol analogue (%)	57	31	0.15
Caltriol analogue doses ( $\mu$ g/week)	0.88 $\pm$ 1.05	0.59 $\pm$ 1.04	0.5*
Abdominal calcification score	8 $\pm$ 8	8 $\pm$ 5	0.52*

Baseline characteristics of patients randomized in the study who completed the study. These values were compared between placebo and vitamin D-treated patients with Student's *t*-test (\*), Mann–Whitney *U*-test (\*\*), or  $\chi^2$  test. Values are expressed as mean  $\pm$  SD, if not specified.



**FIGURE 2:** 25-Hydroxyvitamin D (ng/mL) levels over a 1-year period in the placebo and cholecalciferol groups. Data are expressed as mean  $\pm$  SD.



**Table 2. Changes in the main safety variables over the 1-year study period**

	Placebo			Cholecalciferol (25 000 IU, every 2 weeks)			
	Baseline	Delta over 1 year	P <sup>a</sup>	Baseline	Delta over 1 year	P <sup>a</sup>	P <sup>b</sup>
N	14			16			
Parathormone (pg/mL) Median (IQR)	240 (195–410)	80 (–58 to 153)	–	312 (206–447)	–115 [–192 to 81]	–	0.02*
Calcium (mmol/L)	2.16 ± 0.11	–0.01 ± 0.14	0.79	2.18 ± 0.15	0.02 ± 0.21	0.71	0.65
Phosphorus (mg/L)	45 ± 11	–3 ± 10	0.35	46 ± 13	0 ± 13	0.94	0.59
Calcification score	8 ± 8	2 ± 3	0.03	8 ± 5	2 ± 2	0.0003	0.89

Values are given as mean ± SD or as median (interquartile range).

<sup>a</sup>P-value for a paired *t*-test for within treatment groups variation over 1 year.

<sup>b</sup>P-value for the *t*-test or \*Mann–Whitney test comparing the change from baseline to 1 year between treatment groups. Values are expressed as mean ± SD, if not specified.

Vitamine D active(s)

# Vitamine D active

- Premières études chez l'homme au début des années 70  
Brickman AS, NEJM, 1972, p891

## The New England Journal of Medicine

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Volume 287

NOVEMBER 2, 1972

Number 18

### ACTION OF 1,25-DIHYDROXYCHOLECALCIFEROL, A POTENT, KIDNEY-PRODUCED METABOLITE OF VITAMIN D<sub>3</sub>, IN UREMIC MAN

ARNOLD S. BRICKMAN, M.D., JACK W. COBURN, M.D., AND ANTHONY W. NORMAN, PH.D.

**Abstract** Only the kidney is capable of producing 1,25-dihydroxycholecalciferol (1,25diOHC), the probable active form of vitamin D. The possibility that parenchymal damage in chronic renal disease impairs production of 1,25diOHC and accounts for "vitamin-D-resistant" uremia prompted our evaluation of its effect in uremic man. Three patients with advanced renal failure showed significant responses to daily treatment with only 100 U (2.7 µg) of 1,25diOHC for six to 10 days: serum calcium and phosphorus rose; intestinal ra-

dioactive calcium (<sup>47</sup>Ca) absorption increased by 30 to 220 per cent; and fecal calcium decreased by 25 to 71 per cent in those undergoing balance studies. In contrast, 40,000 U (1 mg) of vitamin D<sub>3</sub> caused no change in serum calcium and phosphorus and had negligible effects on <sup>47</sup>Ca absorption. Thus, 1,25diOHC is highly active in uremic man, and its impaired production may account for certain abnormalities of calcium homeostasis in uremia. The agent may hold future promise in management of disordered calcium metabolism in uremia.

Références	Echantillon	Comparateurs	Calcium	Phosphore	PTH	Commentaires
Maxwell, 1978 [1]	13 9 Dialysés	D <sub>3</sub> : 1200 U/J PO Calcitriol : jusque 1,5 µg/j PO (dose moyenne 0.5 µg/j)	Stable Augmente 5 patients avec au moins une fois >2.63 mmol/L	ND	ND	Randomisé, double aveugle 11 semaines 400 U D <sub>3</sub> /J 8 semaines avant dans les 2 groupes
Berl, 1978 [2]	16 15 Dialysés	D <sub>3</sub> : 400 U/J PO et augmentation jusqu'à 1200 Calcitriol : 0,5 µg/j PO et augmentation jusqu'à 1.5	Stable Augmente de 2.26 à 2.56 mmo/L 5 patients avec au moins une fois >2.88 mmol/L	Stable Stable	Mesuré chez 15 et 13 patients Stable Diminution chez 11/13	Randomisé, double aveugle 12 semaines 400 U D <sub>3</sub> /J 8 semaines avant dans les 2 groupes
Baker, 1986 [3]	38 38 Dialysés	Placebo Calcitriol : 0,5 µg/j PO (max 1 µg/j)	Stable Fréquemment > 2.75 mmol/L	ND	Augmente Diminue	Randomisé 5 ans (plus que 7 patients à 5 ans)
Nordal, 1989	14 14 MRC	Placebo Calcitriol: 0.25 µg/j PO	Diminue Augmente 7 patients au moins une fois hypercalcémie	Stable Stable	Stable Diminue	Randomisé, double aveugle Amélioration de la biospie osseuse (high turnover)
Baker, 1989 [3]	6 7 MRC	Placebo Calcitriol : 0,2 à 0.5 µg/j PO	Stable Augmente 4 patients au moins une fois hypercalcémie	Stable Stable		Randomisé, double aveugle 12 mois Amélioration de la biospie osseuse (high turnover)
Hamdy, 1995 [7]	87 89 MRC	Placebo Alphacalcidol 0.25 à 1 µg/j	Stable Augmentation >3 mmol/L 1 fois chez 3 patients	Stable Stable	Augmente Diminue puis stable	Randomisée, double aveugle 2 ans Effet positif de l'alfacalcidol sur l'os

# Vitamine D active

- Le calcitriol et l'alfacalcidol sont efficaces!!!
- Efficacité surtout si P contrôlé !
- Risque d'hypercalcémie (mais à l'époque...)
- Risque d'os adynamique

# IV ou PO ?

- Premières études IV dans les années 80

Andress, NEJM, 1989, p274

Slatoposky, J Clin Invest, 1984, p2136

- Plus efficace? Moins d'hypercalcémie?

## INTRAVENOUS CALCITRIOL IN THE TREATMENT OF REFRACTORY OSTEITIS FIBROSA OF CHRONIC RENAL FAILURE

DENNIS L. ANDRESS, M.D., KEITH C. NORRIS, M.D., JACK W. COBURN, M.D.,  
EDUARDO A. SLATOPOLSKY, M.D., AND DONALD J. SHERRARD, M.D.

**Abstract** Osteitis fibrosa, a frequent complication of chronic renal failure, is characterized by increased rates of bone formation and bone resorption due to increased secretion of parathyroid hormone (PTH). Effective treatment with oral calcitriol is often impossible in patients with osteitis fibrosa, because low doses may cause hypercalcemia. Because short-term infusions of intravenous calcitriol are capable of suppressing the secretion of parathyroid hormone in patients with uremia without causing hypercalcemia, we evaluated the effectiveness of long-term intermittent calcitriol infusions (1.0 to 2.5  $\mu\text{g}$  three times weekly, during dialysis) in treating severe osteitis fibrosa in 12 consecutive patients on hemodialysis whose disease was refractory to conventional therapy.

After a mean ( $\pm$ SE) treatment period of  $11.5 \pm 1.4$  months, the mean bone-formation rate declined from  $1642 \pm 277$  to  $676 \pm 106 \mu\text{m}^2$  per square millimeter per day ( $P < 0.01$ ) in the 11 patients who successfully completed the study. Similar reductions occurred in the osteoblastic osteoid ( $18 \pm 3$  to  $9 \pm 2$  percent;  $P < 0.01$ ) and the degree of

marrow fibrosis ( $6.2 \pm 1.7$  to  $3.5 \pm 1.3$  percent;  $P = 0.01$ ). Concomitant serum biochemical changes included increased calcium levels ( $2.55 \pm 0.03$  to  $2.67 \pm 0.05$  mmol per liter;  $P < 0.01$ ), decreased alkaline phosphatase levels ( $489 \pm 77$  to  $184 \pm 32$  U per liter;  $P < 0.001$ ), and decreased levels of PTH (amino-terminal,  $172 \pm 34$  to  $69 \pm 16$  ng per liter in five patients,  $P < 0.03$ ; and carboxy terminal,  $1468 \pm 467$  to  $1083 \pm 402$  ml-eq per liter in six patients,  $P$  not significant). Although the majority of the patients had transient episodes of asymptomatic hypercalcemia, this complication could be quickly reversed by temporarily halting treatment or decreasing the dose of calcitriol.

We conclude that long-term intermittent infusions of intravenous calcitriol are effective in ameliorating osteitis fibrosa in patients on dialysis. Patients whose osteitis fibrosa is refractory to oral calcitriol and who are candidates for parathyroidectomy should be considered first for intravenous calcitriol therapy. (N Engl J Med 1989; 321:274-9.)



# IV versus PO

Références	Echantillon	Comparateurs	Calcium	Phosphore	PTH	Commentaires
Fischer, 1993 [4]	11 Dialysés	Calcitriol IV 3X/sem 2 µg Calcitriol PO 3X/sem 2 µg	Augmente et 11 épisodes d'hypercalcémie (>2.7 mmol/L) chez 8 patients Augmente et 10 épisodes d'hypercalcémie (>2.7 mmol/L) chez 7 patients	Stable  Stable	Diminue  Diminue	Crossover (IV puis PO chez 6, inverse chez 5) 4 mois <b>Effet identique sur la PTH</b> , le calcium et le phosphore
Mazzaferro, 1994 [5]	12 Dialysés	Calcitriol IV 3X/sem 0.015 µg/Kg (1 µg pour 70 kg) Calcitriol PO 3X/sem 0.015 µg/Kg (1 µg pour 70 kg)	Stable  Stable	Diminue  Stable		Randomisé 8 mois <b>Modification du bain en calcium dans le groupe IV</b> <b>Effet plus important du groupe IV sur PTH</b> <b>Amélioration des paramètres d'ostéite fibreuse à la biospie dans le groupe IV</b>
Quarles, 1994 [6]	9 10 Dialysés	Calcitriol IV 3X/sem 2 à 4 µg Calcitriol PO 3X/sem 2 à 4 µg	Augmente et 80% avec au moins une fois >2.6 mmol/L Augmente et 56% avec au moins une fois >2.6 mmol/L	Diminue  Diminue	Diminue  Diminue	Randomisé, double aveugle 36 semaines <b>Même diminution de PTH</b> Même fréquence d'hypercalcémie et d'hyperphosphatémie (>7 mg/dL) Echec du traitement sur la PTH si hyperP
Indridason, 2000 [8]	11 20 21 Dialysés	Calcium Calcitriol PO, 0.5 µg/j  Calcitriol IV, 1 µg IV 3x/sem But=calcémie à 2.5-2.6 mmol/L	Augmente et 2 épisodes d'hypercalcémie/patient /an Augmente et 3 épisodes d'hypercalcémie/patient /an  Augmente et 3.4 épisodes d'hypercalcémie/patient /an	Diminue et 0.9 épisodes d'hyperP/patient/an Augmente et 4.2 épisodes d'hyperP/patient/an  Augmente et et 4.9 épisodes d'hyperP/patient/an	Diminue  Diminue  Diminue	Randomisé 40 semaines Doses moyennes à la fin : Calcium : 5.6 g, calcitriol PO : 3.9 µg/sem, IV : 4.6 µg/sem (2.2g de calcium constant dans les 2 groupes calcitriol) Effet sur calcémie idem dans 3 groupes Effet sur P idem entre PO et IV <b>Effet sur PTH idem</b> (surtout si compliance prise en compte)

# Bolus IV

- Efficace: oui
- Plus efficace: moins sûr
- Moins hyperCa et moins hyperP: probablement pas
- Plus cher
- Compliance

# Les dérivés de la vitamine D active

- Paricalcitol
  - Maxacalcitol
  - Doxercalciferol
  - Oxacalcitriol
  - Falecalcitriol
- 
- Physio: Activateur sélectif du VDR, à savoir action au niveau du R des parathyroïdes mais pas (ou moins) de l'intestin
- 
- Nombreuses études animales: moins d'hyperCa, moins d'hyperP, moins de calcifications, moins d'HVG
  - Etudes versus placebo: Diminution PTH de 42% à 6 mois et 2% d'hypercalcémie

- Trois études comparant paricalcitol et calcitriol(1 “+” et deux “-”)

Sprague SM, Kidney Int, 2003 et Am J Kidney Dis, 2001

Hansen D, Kidney Int, 2011 (cross over, alphacalcidol)

- 4 études randomisées comparant autres analogues et vitamines actives: pas de différence en terme d’hypercalcémie

# Paricalcitol versus calcitriol



Article

---

## A Randomized Multicenter Trial of Paricalcitol versus Calcitriol for Secondary Hyperparathyroidism in Stages 3–4 CKD

*Daniel W. Coyne,\* Seth Goldberg,\* Mark Faber,<sup>†</sup> Cybele Ghossein,<sup>‡</sup> and Stuart M. Sprague<sup>§</sup>*

*Clin J Am Soc Nephrol* 9: 1620–1626, 2014.

# Coyne, 2014

- Etude randomisée, prospective, ouverte
- Stade 3-4, PTH > 120 pg/mL
- 1 µg/j de paricalcitol *versus* 0.25 µg/j calcitriol
- Doses titrées selon PTH et hypercalcémie (2.63 mmol/L)
- Doses maximales 4 et 1 µg/j respectivement
- 24 semaines

# Coyne, CJASN, 2014

Table 1. Demographics and baseline data

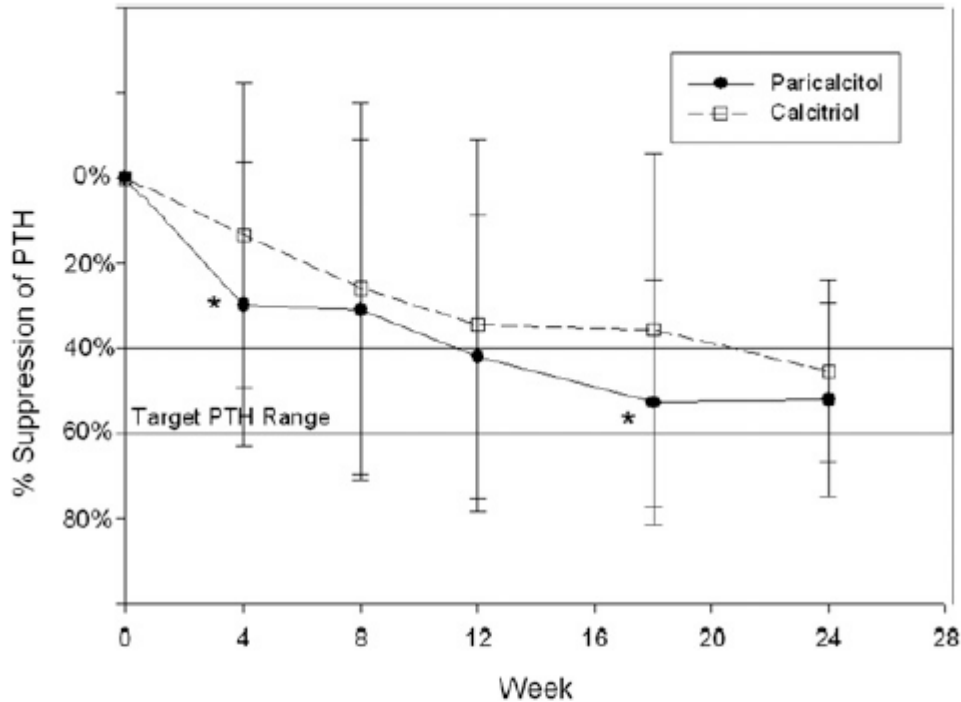
Characteristic	Paricalcitol Group (n=54)	Calcitriol Group (n=56)
Age (yr)	66.6±13.2	64.7±12.6
Weight (kg)	92.4±21.7	97.6±28.4
BP (mmHg)		
Systolic	132.5±16.5	136.5±18.2
Diastolic	71.1±11.9	71.7±11.7
Race		
African American	33 (61)	41 (73)
Caucasian	18 (33)	14 (25)
Other	3 (6)	1 (2)
Creatinine (mg/dl)	2.49±0.72	2.63±0.83
eGFR (ml/min per 1.73 m <sup>2</sup> )	27.8±9.3	27.0±9.2
cCa (mg/dl)	9.32±0.35	9.36±0.40
Phosphorus (mg/dl)	3.66±0.56	3.74±0.52
PTH (pg/ml)	176 (142, 221)	209 (158, 287) *
Albumin (g/dl)	3.9±0.36	3.75±0.38
Alkaline phosphatase (U/L)	80 (65, 104)	77.5 (70.75, 94.5)
Urine phosphorus/creatinine ratio (mg/g)	418 (341, 562)	435 (322, 504)

Data are expressed as the mean±SD, n (%), or median (interquartile range). cCa, albumin-corrected calcium; PTH, parathyroid hormone.

# Coyne, 2014

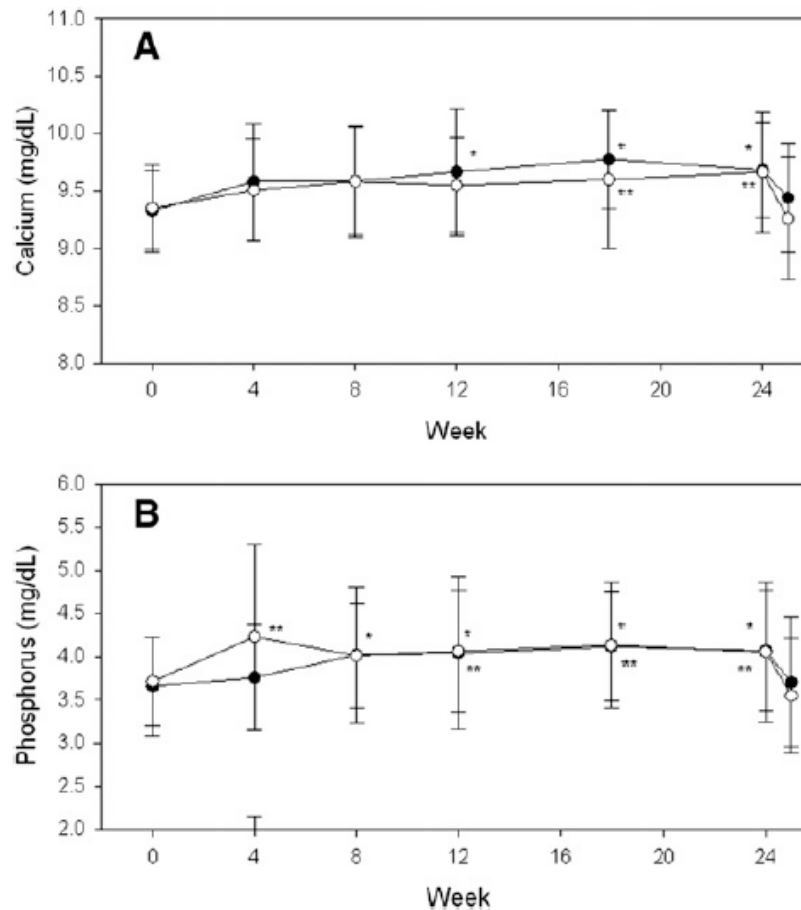
- Nombre d'hypercalcémie: idem dans les deux groupes (paricalcitol n=3 et calcitriol n=1)





**Figure 2. | Percentage change in mean PTH suppression over time.** The target PTH suppression was 40%–60% below each patient's baseline PTH measurement. Solid symbols are the paricalcitol group, and open symbols are the calcitriol group. All on-treatment results were significantly below baseline PTH in both groups ( $P < 0.05$ ). \* $P < 0.01$  (PTH suppression was significantly greater at these times in the paricalcitol group compared with the calcitriol group).

- Diminution de PTH à 24 sem: -52±23% pari et -46 ±21% calci NS
- Dose finale  
Pari: 1.3 ±0.8 µg/ j Calci: 0.5 ±0.3 µg/j
- Target -40/-60%  
Pari: 98% Calci :87%  
P=0.03
- Target plus vite si pari (8 versus 12 semaines)
- Risque de “sur-effet” = diminution de +60%: pari: 83% calci 52% (p<0.001)



Ca et P montent dans les deux groupes (augmentation < 0.5 mg/dL) mais pas de différence entre les groupes

**Figure 4. | Mean change in calcium and phosphorus during and after withdrawal of treatment.** Data are shown as the mean values  $\pm$  SD from baseline in serum calcium (A) and phosphorus (B) during treatment and 1 week after treatment withdrawal at week 24. Solid symbols are the paricalcitol group, and open symbols are the calcitriol group. \* $P < 0.05$  versus baseline for paricalcitol; \*\* $P < 0.05$  versus baseline for calcitriol. Week 25 calcium and phosphorus values are also significantly lower than week 24 values ( $P < 0.05$ ), but are not different from baseline.

# Conclusions

- Peu d'hypercalcémie: c'est possible si titrage de la dose avec le paricalcitol et le calcitriol
- Efficacité comparable
- Paricalcitol agit plus vite
- Un peu plus d'objectif atteint mais au prix d'un peu plus d'"oversuppression"
- Coût-bénéfice?

# Vitamine D active(s)

- Jamais d'analogues
- Jamais d'IV
- (quasi) Jamais en dehors d'une stratégie de **traitement** d'hyperPTH (sauf si hypoCa post PTHx)
- Pour le traitement de l'hyperPTH si

La 25-OH est normale

Il n'y a pas d'hyperP

Il n'y a pas d'hyperCa

- Titration des doses (+Delivery Observed Treatment)
- Pas de monitoring



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journal homepage: [www.elsevier.com/locate/cca](https://www.elsevier.com/locate/cca)



## Monitoring 25-OH and 1,25-OH vitamin D levels in hemodialysis patients after starting therapy: Does it make sense?

Pierre Delanaye<sup>a,b,\*</sup>, Antoine Lanot<sup>c,d,e</sup>, Antoine Bouquegneau<sup>a</sup>, Xavier Warling<sup>f</sup>,  
Luc Radermacher<sup>f</sup>, Catherine Masset<sup>f</sup>, Jean-Marie Krzesinski<sup>a</sup>, Olivier Moranne<sup>b</sup>,  
Etienne Cavalier<sup>g</sup>

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<sup>b</sup> Department of Nephrology-Dialysis-Apheresis, Hôpital Universitaire Carémeau, Nîmes, France

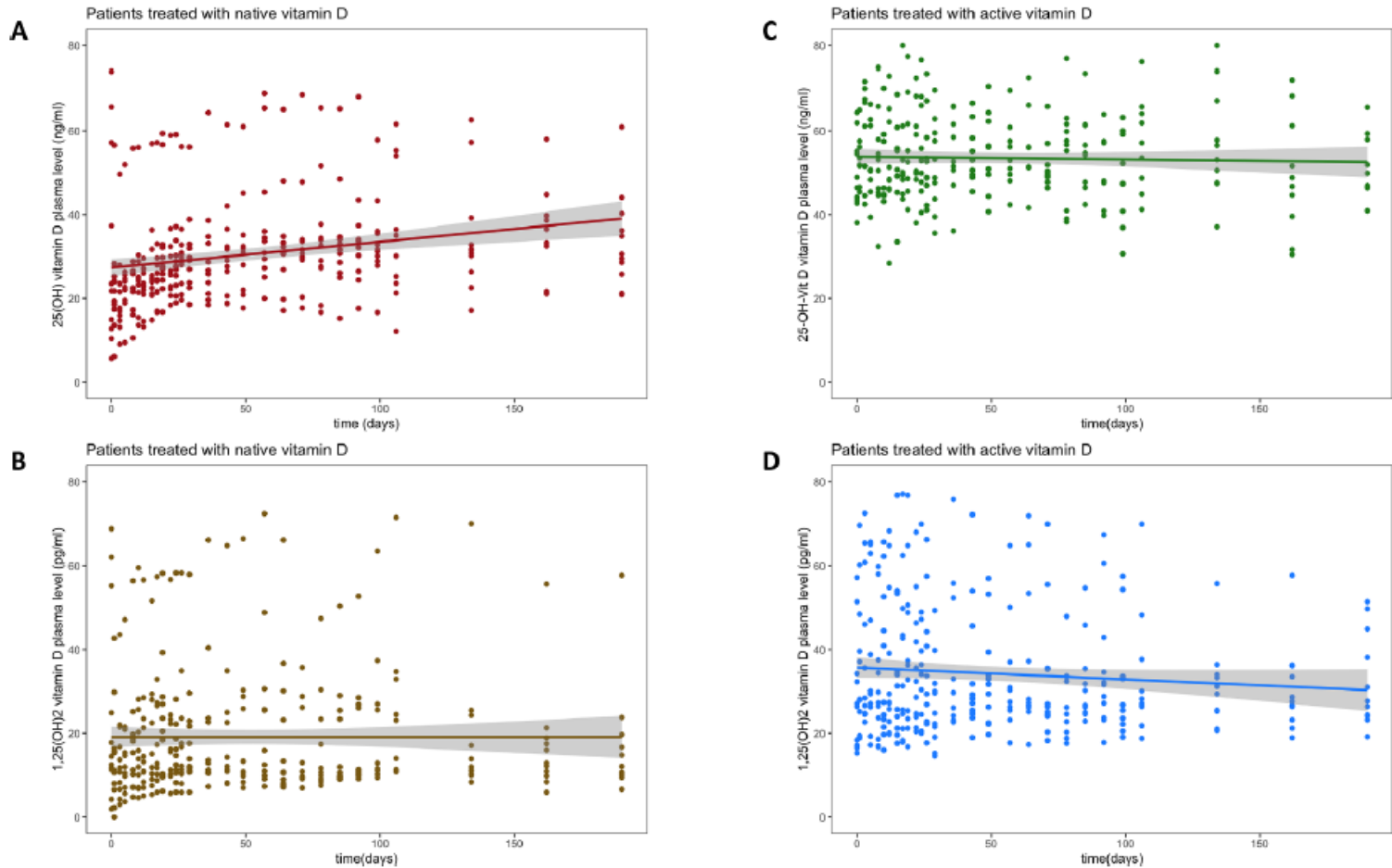
<sup>c</sup> Normandie Université, UNICAEN, CHU de Caen Normandie, Néphrologie, Caen, France

<sup>d</sup> Normandie Université, UNICAEN, UFR de Médecine, Caen, France

<sup>e</sup> "ANTICIPE" U1086 INSERM-UCN, Centre François Baclesse, Caen, France

<sup>f</sup> Department of Nephrology-Dialysis, Centre Hospitalier « La Citadelle », Liège, Belgium

<sup>g</sup> Department of Clinical Chemistry, University of Liège, CHU Sart Tilman, Liège, Belgium



**Fig. 2.** Scatter plot and linear regression modeling the evolution of serum levels of: A. 25(OH) vitamin D in the group of patients treated with native vitamin D. B. 1,25(OH)<sub>2</sub> vitamin D in the group of patients treated with native vitamin D. C. 25(OH) vitamin D in the group of patients treated with active vitamin D. D. 1,25(OH)<sub>2</sub> vitamin D in the group of patients treated with active vitamin D.

# Cinacalcet

*The NEW ENGLAND JOURNAL of MEDICINE*

ORIGINAL ARTICLE

## Effect of Cinacalcet on Cardiovascular Disease in Patients Undergoing Dialysis

The EVOLVE Trial Investigators\*

ABSTRACT

**N Engl J Med 2012.**

**Table 1. Characteristics of the Patients at Baseline.\***

Characteristic	Cinacalcet (N= 1948)	Placebo (N= 1935)
Age (yr)		
Median	55.0	54.0
10th to 90th percentile	35.0–74.0	35.0–73.0
Female sex (%)	41.5	39.7
Race (%) †		
White	57.7	57.7
Black	21.0	22.1
Other	21.3	20.2
Body-mass index ‡		
Median	26.3	26.4
10th to 90th percentile	20.4–36.4	20.6–36.7
Duration of dialysis (mo)		
Median	45.4	45.1
10th to 90th percentile	8.5–142.0	9.9–149.6
Blood pressure (mm Hg)		
Systolic		
Median	140	141
10th to 90th percentile	110–176	111–177
Diastolic		
Median	80	80
10th to 90th percentile	60–100	60–100
Medical history (%)		
Diabetes	33.6	33.5
Type 1	3.7	4.2
Type 2	29.8	29.4
Cardiovascular disease	95.4	94.6
Hypertension	92.5	91.7
Heart failure	23.1	23.6
Peripheral vascular disease	16.1	16.6
Coronary-artery bypass grafting	6.9	8.0
Percutaneous coronary intervention	6.7	6.8
Myocardial infarction	12.3	12.6
Stroke	8.3	10.0
Transient ischemic attack	5.1	3.8
Amputation	6.2	6.7
Atrial fibrillation	10.4	11.6

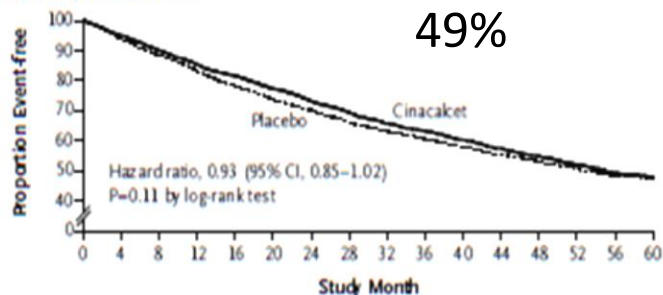
\* There were no significant differences between the two groups except for mean diastolic blood pressure ( $P=0.02$ ) and transient ischemic attack ( $P<0.05$ ).

† Race was self-reported.

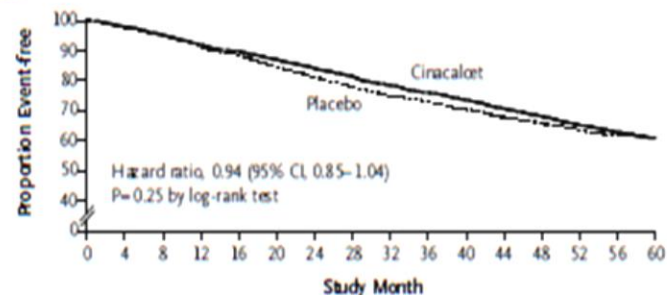
‡ The body-mass index is the weight in kilograms divided by the square of the height in meters.



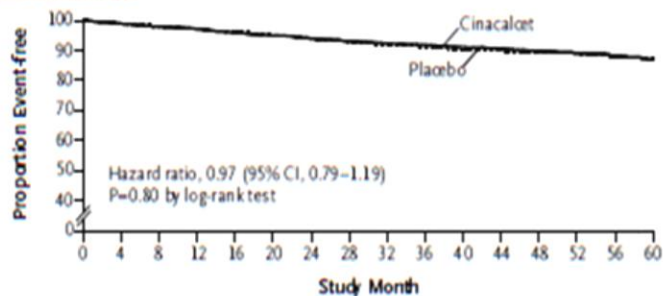
		<b>Cinacalcet (N=1948)</b>	<b>Placebo (N=1935)</b>
<b>Laboratory parameters</b>			
iPTH (pg/mL)			
Median		695	690
p10, p90		362, 1707	363, 1683
Corrected calcium (mg/dL)			
Median		9.8	9.8
p10, p90		9.0, 10.7	9.0, 10.7
Phosphorus (mg/dL)			
Median		6.3	6.2
p10, p90		4.9, 8.3	4.9, 8.4
Ca x P (mg <sup>2</sup> /dL <sup>2</sup> )			
Median		60.9	60.3
p10, p90		48.0, 81.8	47.5, 82.3
25(OH) D (ng/mL) *			
Median		17	18
p10, p90		8, 37	8, 38
Bone-specific alkaline phosphatase (µg/L)			
Median		23.12	22.90
p10, p90		11.46, 71.03	11.53, 66.55

**A Primary Composite End Point****No. at Risk**

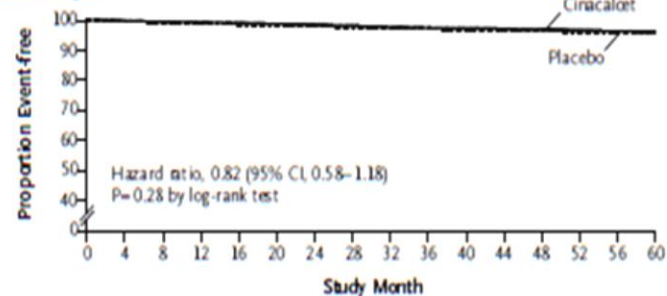
Placebo	1935	1804	1693	1579	1476	1384	1312	1224	1160	1109	1053	996	940	650	404	114
Cinacalcet	1948	1842	1739	1638	1556	1472	1384	1303	1230	1177	1115	1051	989	679	399	113

**B Death****No. at Risk**

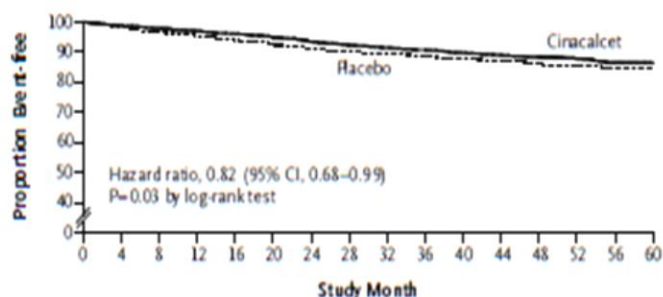
Placebo	1935	1882	1828	1754	1694	1622	1559	1486	1426	1388	1334	1283	1232	886	537	162
Cinacalcet	1948	1903	1845	1779	1736	1680	1621	1565	1507	1462	1412	1354	1292	899	546	167

**C Myocardial Infarction****No. at Risk**

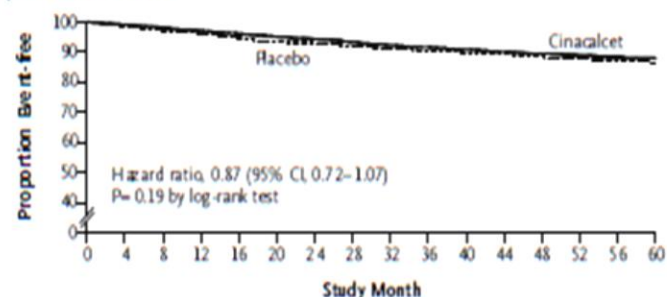
Placebo	1935	1857	1780	1684	1603	1521	1443	1366	1298	1254	1193	1136	1089	754	463	133
Cinacalcet	1948	1877	1799	1715	1648	1579	1512	1439	1377	1326	1268	1204	1139	785	466	137

**D Unstable Angina****No. at Risk**

Placebo	1935	1858	1792	1703	1621	1548	1476	1400	1335	1293	1233	1181	1129	787	485	138
Cinacalcet	1948	1891	1822	1742	1686	1624	1556	1484	1423	1371	1317	1252	1187	812	482	140

**E Heart Failure****No. at Risk**

Placebo	1935	1842	1753	1652	1565	1478	1404	1333	1264	1216	1159	1110	1054	737	464	129
Cinacalcet	1948	1873	1798	1712	1649	1579	1499	1422	1357	1301	1242	1176	1115	769	452	128

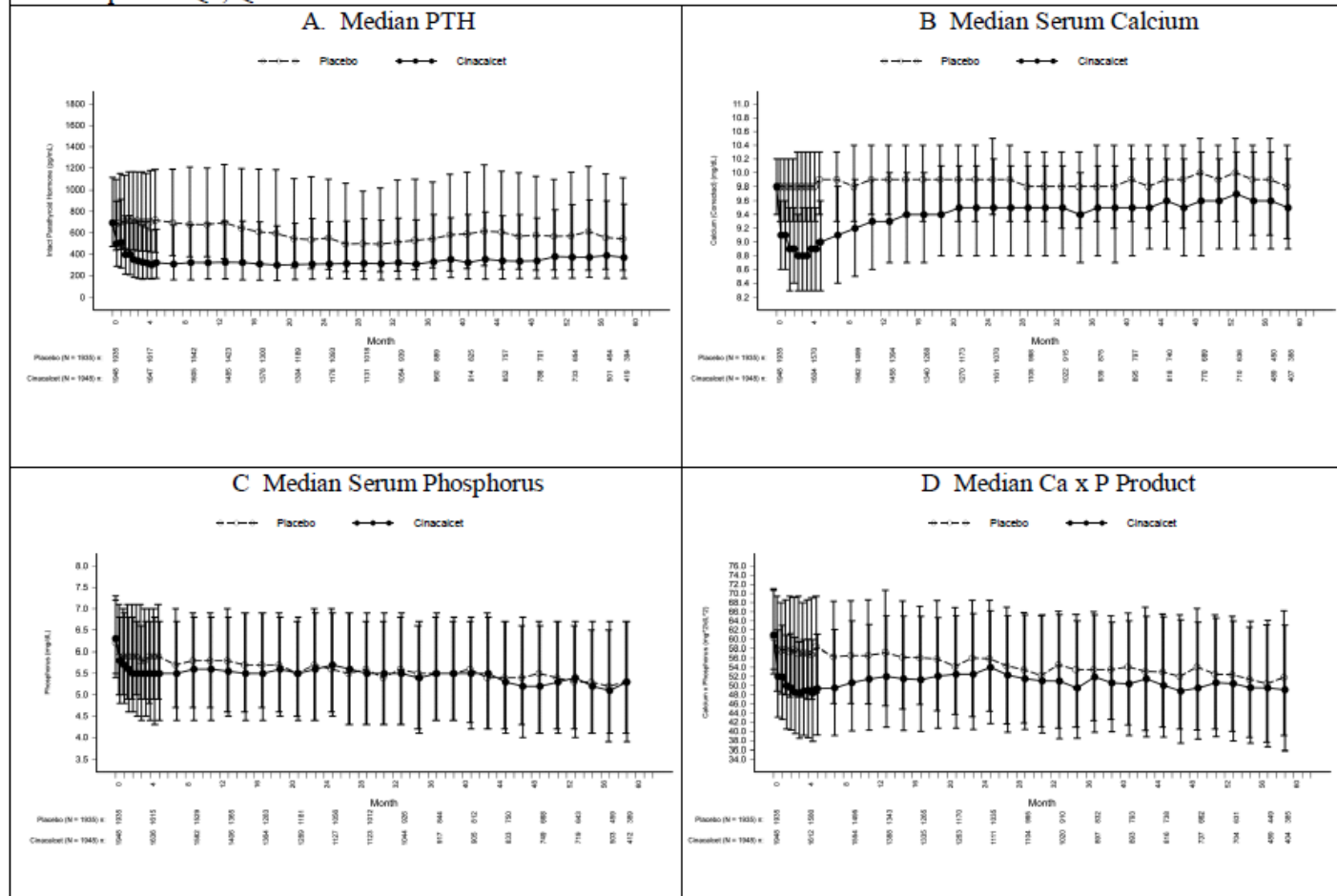
**F Peripheral Vascular Event****No. at Risk**

Placebo	1935	1843	1766	1667	1575	1491	1433	1348	1279	1236	1184	1129	1077	750	470	137
Cinacalcet	1948	1882	1802	1711	1647	1586	1513	1438	1376	1326	1266	1196	1137	776	465	137

# Résultats négatifs mais...

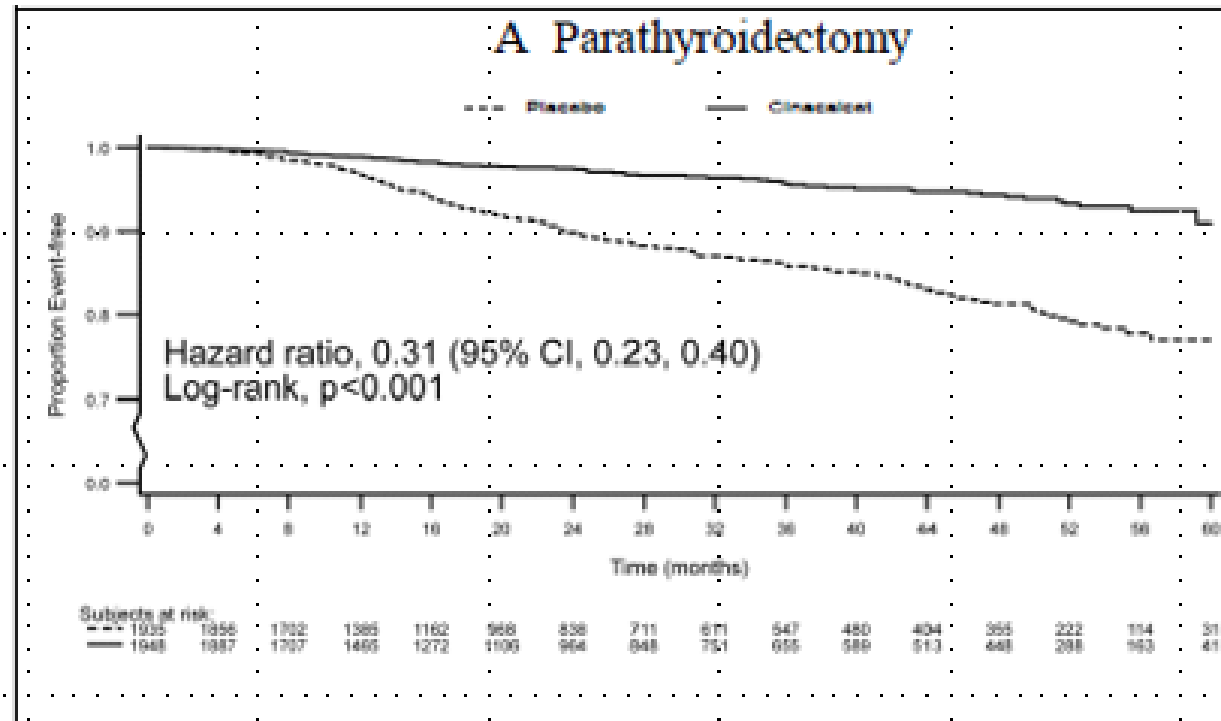
Figure S4: Biochemical parameters during the study (intent-to-treat analysis)

I bars represent Q1, Q3

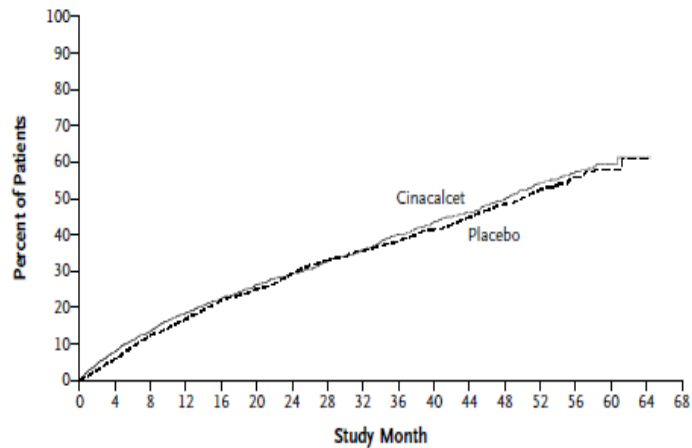


N = Number of patients in the intent-to-treat analysis set  
 n = Number of patients with laboratory value at the study visit  
 PTH = plasma intact parathyroid hormone

# Résultats négatifs mais...



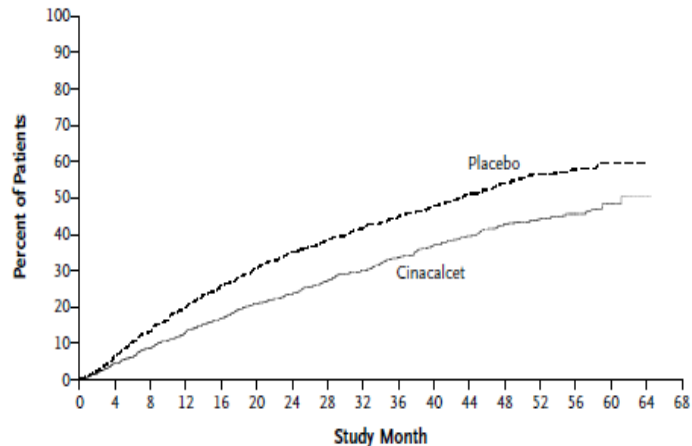
**A Discontinuation of Study Drug for Protocol-Specified Reasons**



**No. at Risk**

Placebo	1923	1667	1419	1211	1033	897	777	675	595	530	461	396	336	205	105	30	2
Cinacalcet	1938	1686	1491	1312	1180	1050	953	852	769	667	591	527	445	290	158	37	3

**B Discontinuation of Study Drug for Non-Protocol-Specified Reasons**



**No. at Risk**

Placebo	1923	1668	1421	1213	1033	900	787	688	609	543	476	409	351	218	115	35	2
Cinacalcet	1938	1689	1499	1322	1191	1060	966	863	780	680	605	541	458	302	167	44	3

Cinacalcet stoppé:

**66,7%**

16% pour ES, 21% pour raisons « administratives » ou souhait du patient et 22% selon protocole

Placebo stoppé:

**70,5%**

12% pour ES, 31% pour raisons « administratives » ou souhait du patient et 20% selon protocole

**Cinacalcet débuté dans le groupe placebo: 19.8%**

**Figure 2. Cumulative Incidence of Study-Drug Discontinuation in the As-Treated Population.**

Shown are Kaplan–Meier curves comparing cinacalcet with placebo with respect to the time to discontinuation of a study drug for protocol-specified reasons (Panel A) and non-protocol-specified reasons (Panel B).

# Effets secondaires

**Table 2. Adverse Events.\***

Event	Cinacalcet (N=1938)			Placebo (N=1923)		
	No. of Patients	Exposure-Adjusted Rate†	Crude Incidence‡	No. of Patients	Exposure-Adjusted Rate†	Crude Incidence‡
		<i>no. of patients/ 100 patient-yr</i>	<i>% of patients</i>		<i>no. of patients/ 100 patient-yr</i>	<i>% of patients</i>
All adverse events§	1806	273.2	93.2	1748	217.8	90.9
Nausea§	563	18.3	29.1	299	9.1	15.5
Vomiting§	497	15.4	25.6	264	8.0	13.7
Diarrhea	397	12.0	20.5	360	11.5	18.7
Serious adverse events	1338	53.3	69.0	1351	56.9	70.3
Treatment-related events						
Adverse events§	890	35.3	45.9	363	11.3	18.9
Serious adverse events¶	69	1.8	3.6	44	1.2	2.3
Events associated with important identified risk						
Convulsions	48	1.2	2.5	30	0.8	1.6
Hypocalcemia§	240	6.7	12.4	33	0.9	1.7
Hypersensitivity reaction	183	4.9	9.4	160	4.6	8.3
Additional adverse events of interest						
Acute pancreatitis	20	0.5	1.0	20	0.5	1.0
Possibly drug-related hepatic disorder	45	1.1	2.3	50	1.4	2.6
Nervous system disorder	711	24.3	36.7	586	20.5	30.5
Ventricular arrhythmia	18	0.4	0.9	23	0.6	1.2
Neoplastic event††						
Any	115	2.9	5.9	90	2.5	4.7
Fatal	25	0.6	1.3	23	0.6	1.2
Calciphylaxis	6	0.1	0.3	18	0.5	0.9
Hypercalcemia	32	0.8	1.7	36	1.0	1.9
Hyperphosphatemia	28	0.7	1.4	30	0.8	1.6

## CONCLUSIONS

In an unadjusted intention-to-treat analysis, cinacalcet did not significantly reduce the risk of death or major cardiovascular events in patients with moderate-to-severe secondary hyperparathyroidism who were undergoing dialysis. (Funded by Amgen; EVOLVE ClinicalTrials.gov number, NCT00345839.)

JAMA | **Original Investigation**

# Effect of Etelcalcetide vs Placebo on Serum Parathyroid Hormone in Patients Receiving Hemodialysis With Secondary Hyperparathyroidism Two Randomized Clinical Trials

JAMA. 2017;317(2):146-155.

Geoffrey A. Block, MD; David A. Bushinsky, MD; John Cunningham, DM; Tilman B. Drueke, MD; Markus Ketteler, MD; Reshma Kewalramani, MD; Kevin J. Martin, MB, BCH; T. Christian Mix, MD; Sharon M. Moe, MD; Uptal D. Patel, MD; Justin Silver, MD; David M. Spiegel, MD; Lulu Sterling, PhD; Liron Walsh, MD; Glenn M. Chertow, MD, MPH

**COMBINAISON DE 2 ESSAIS CONTROLES RANDOMISES EN DOUBLE AVEUGLE, DE PHASE 3**

**OBJECTIF PRIMAIRE:**

**% de pts ayant une réduction de PTH initiale >30%**

**OBJECTIFS SECONDAIRES:**

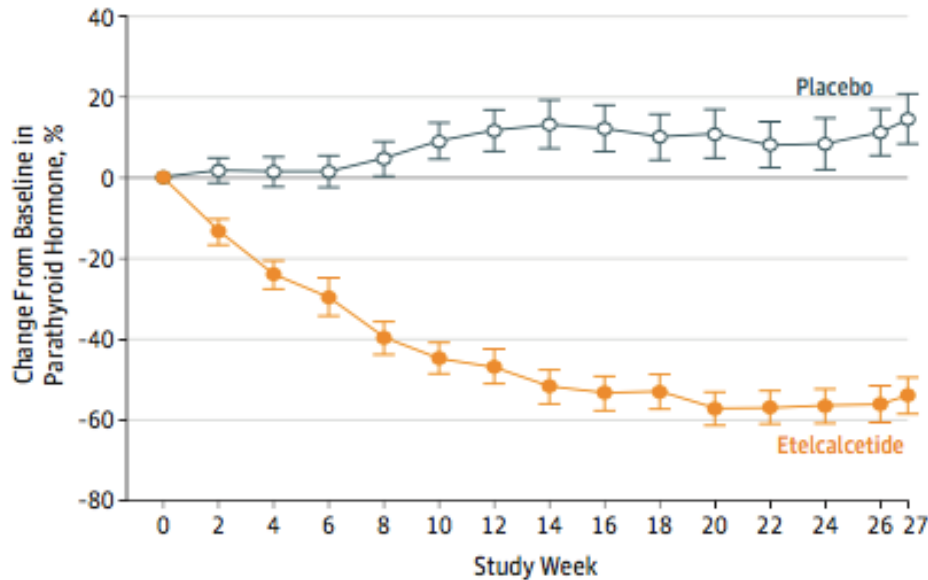
**% de patients ayant une PTH < ou égale à 300 pg/ml**

**% de réduction PTH, calcium et phosphore**

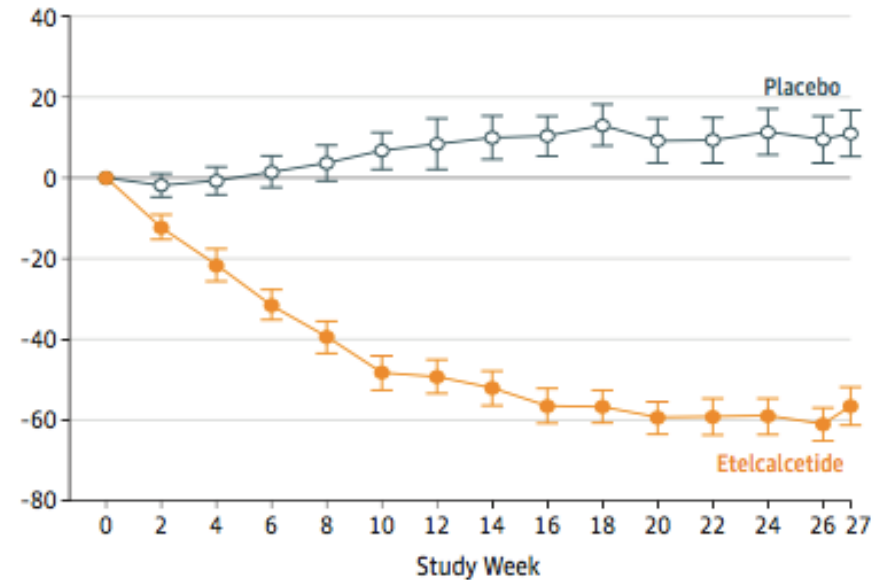


# OBJECTIF PRINCIPAL

**A** Parathyroid hormone concentrations in trial A



**B** Parathyroid hormone concentrations in trial B



No. of patients	0	2	4	6	8	10	12	14	16	18	20	22	24	26	27
Etelcalcetide	251	230	230	221	223	224	218	217	217	218	216	215	210	207	217
Placebo	254	244	242	235	230	229	229	222	216	205	198	191	183	182	191

252	238	229	232	226	229	226	222	220	218	209	211	206	198	204
259	246	246	245	241	237	227	235	224	222	218	211	200	186	201

**PROPORTION DE PATIENTS AYANT UNE REDUCTION >30% PTH**

**74-75,3% vs 8,3-9,6% (p<0,001)**

# Effect of Etelcalcetide vs Cinacalcet on Serum Parathyroid Hormone in Patients Receiving Hemodialysis With Secondary Hyperparathyroidism A Randomized Clinical Trial

JAMA. 2017;317(2):156-164.

Geoffrey A. Block, MD; David A. Bushinsky, MD; Sunfa Cheng, MD; John Cunningham, MD; Bastian Dehmel, MD; Tilman B. Drueke, MD; Markus Ketteler, MD; Reshma Kewalramani, MD; Kevin J. Martin, MB, BCh; Sharon M. Moe, MD; Uptal D. Patel, MD; Justin Silver, MD; Yan Sun, MS; Hao Wang, PhD; Glenn M. Chertow, MD, MPH

## ESSAI CONTROLE RANDOMISE EN DOUBLE AVEUGLE et DOUBLE PLACEBO, DE PHASE 3

### OBJECTIF PRIMAIRE:

% de pts ayant une réduction de PTH initiale >30%

**NON INFERIORITE**

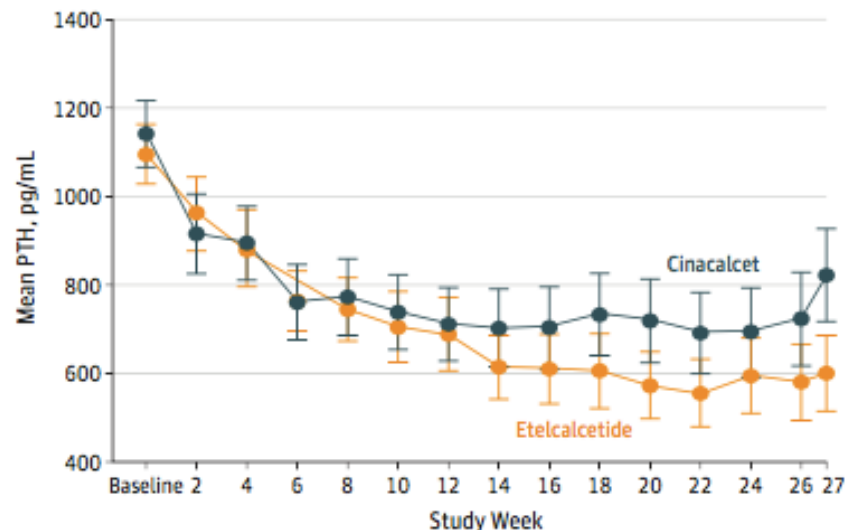
### OBJECTIFS SECONDAIRES:

% de patients ayant une réduction > 50% de PTH

% de patients ayant une réduction > 30% de PTH

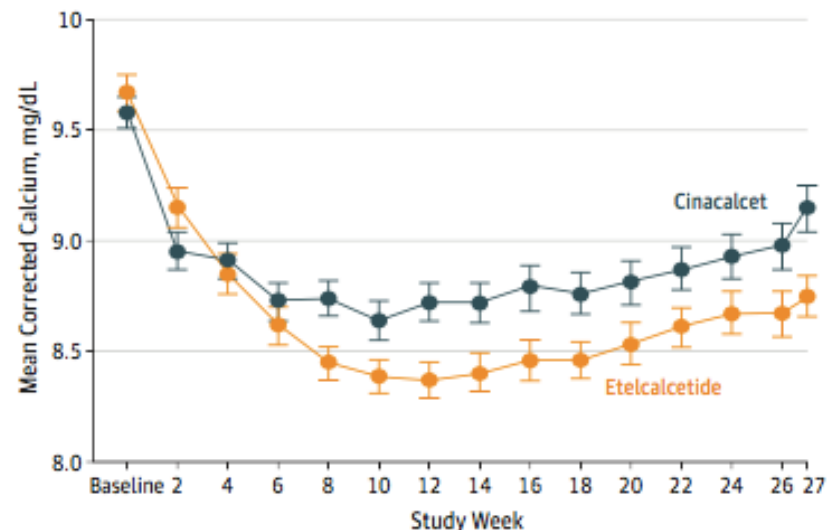
Nombre de jours /semaine de nausées/vomissements (2 mois)

**SUPERIORITE**

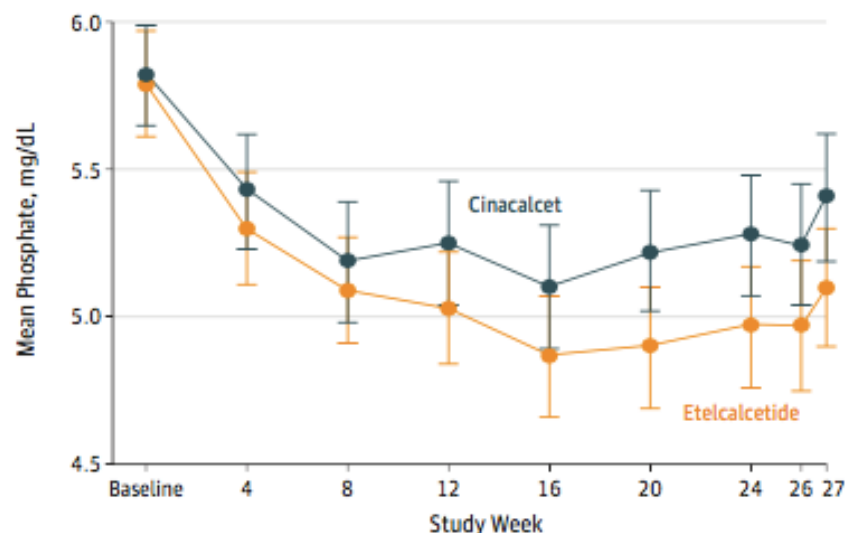
**A** Parathyroid hormone concentrations

No. of patients

Etelcalcetide	338	293	300	304	303	291	288	288	277	277	270	256	265	255	276
Cinacalcet	341	286	300	302	308	299	302	298	291	291	293	288	283	274	289

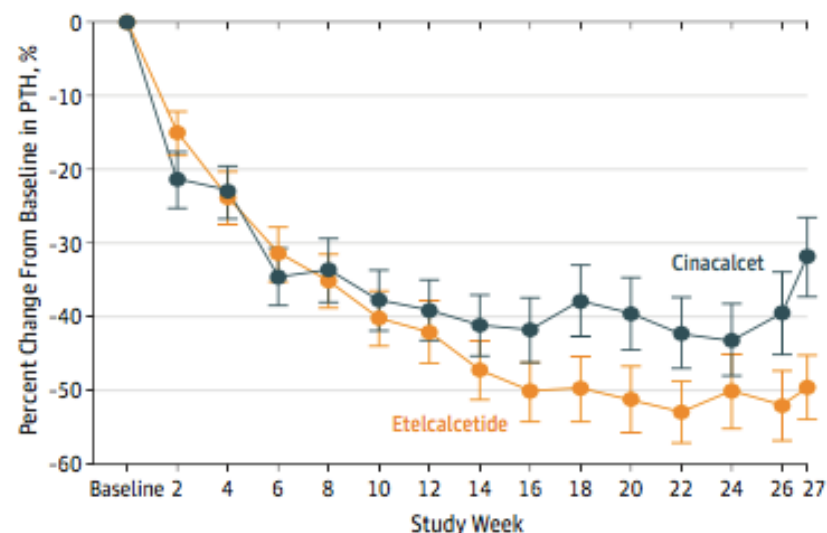
**B** Calcium concentrations

338	290	299	308	300	290	291	291	274	279	266	257	267	251	273
341	291	304	304	312	296	298	301	291	292	289	284	283	272	284

**C** Phosphate concentrations

No. of patients

Etelcalcetide	335	301	304	288	274	269	265	255	277
Cinacalcet	339	304	310	298	295	293	284	276	287

**D** Parathyroid hormone concentrations change from baseline

293	300	304	303	291	288	288	277	277	270	256	265	255	276
286	300	302	308	299	302	298	291	291	293	288	283	274	289

# Effets secondaires

**Pas moins d'effets secondaires digestifs!**

<i>Nombre de patients (%)</i>	<b>Etelcalcétide N = 338</b>	<b>Cinacalcet N = 341</b>
Ostéopathie adynamique	0	0
Insuffisance cardiaque	10 (3,0)	2 (0,6)
<b>Convulsions</b>	3 (0,9)	2 (0,6)
Hypersensibilité	19 (5,6)	17 (5,0)
<b>Hypocalcémies</b>	240 (71,0)	207 (60,7)
Diminution de la calcémie asymptomatique	233 (68,9)	204 (59,8)
Hypocalcémie symptomatique	17 (5,0)	8 (2,3)
Hypophosphatémie	5 (1,5)	3 (0,9)
Réaction à l'injection	68 (20,1)	53 (15,5)
Torsades de pointes / allongement QT	1 (0,3)	0
Tachyarythmies ventriculaires	0	0

# Etelcalcetide: IV

est-ce que l'efficacité de l'etelcalcetide n'est pas due, du moins en partie, à la compliance meilleure (vu que le traitement est administré en dialyse) ?

# Cinacalcet/etelcalcétide

- Traitement de l'hyperPTH
- Sans hésiter si hypercalcémie et/ou hyperphosphatémie
- Facteur "limitant": hypocalcémie
- Titration des doses (dans les deux sens)
- Je m'autorise l'hypocalcémie

Cinacalcet ou vitamin D active

- Traitements vraiment concurrents?



# PTHx

- Solution extrême et irréversible
- De moins en moins pratiquée en Europe
- Pas anodin
- Attention dans le post-op immédiat car “bone-hungry syndrome” et risque +++ d’hypocalcémie

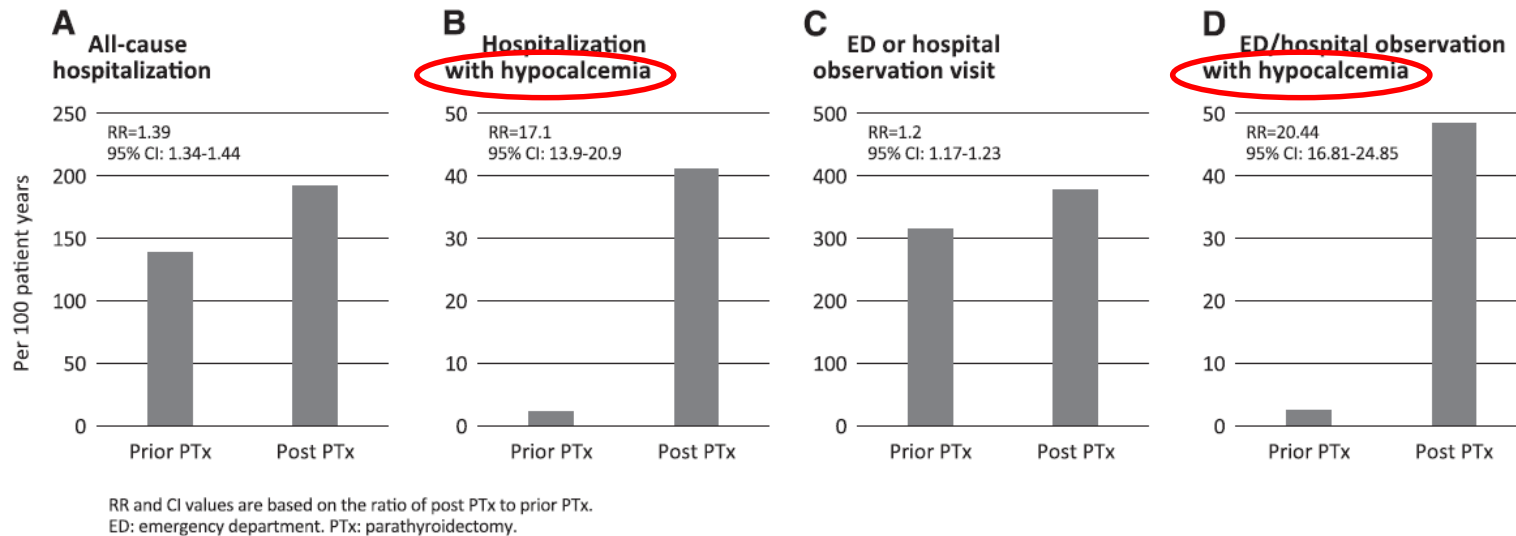
# Clinical Outcomes after Parathyroidectomy in a Nationwide Cohort of Patients on Hemodialysis

*Areef Ishani,<sup>\*†‡</sup> Jiannong Liu,<sup>\*</sup> James B. Wetmore,<sup>\*</sup> Kimberly A. Lowe,<sup>§</sup> Thy Do,<sup>§</sup> Brian D. Bradbury,<sup>§</sup> Geoffrey A. Block,<sup>||</sup> and Allan J. Collins<sup>\*</sup>*

- USRDS
- N=4435
- 2007-2009
- Suivi 1 an

- Mortalité postop-30 jours = 2%

(post-op de néphrectomie pour don: 0.031% à 90 jours, post-op de néphrectomie pour néo: 2.6%)  
(Mortalité à 30 jours de PTHx en population générale = 0.11%)



**Figure 2. | Event rates in the 1 year before and 1 year after parathyroidectomy.** (A) Total hospitalizations. (B) Total hospitalizations with hypocalcemia. (C) Total emergency department or observation visits. (D) Total emergency department or observation visits with hypocalcemia. RR and 95% CI values are based on the ratio of postparathyroidectomy to prior parathyroidectomy. 95% CI, 95% confidence interval; ED, emergency department; PTx, parathyroidectomy; RR, rate ratio.

MERCI  
de  
votre attention

3 - 6 OCTOBRE 2023

8<sup>ÈME</sup> CONGRÈS  
DE LA SOCIÉTÉ  
FRANCOPHONE  
DE NÉPHROLOGIE,  
DIALYSE ET  
TRANSPLANTATION

PALAIS  
DES  
CONGRÈS LIÈGE

DATES À  
RETENIR

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