

Understanding PE teachers' opinions about physical fitness assessment in children aged 10- 11 years



Brau Amélie^{1,2} Vercruysse Benoit^{1,3} Fontaine Anne-Marie⁴
Meunier Bruno⁴ Mouton Alexandre²

¹ Pedagogical Department, Physical Education, Haute Ecole Robert Schuman, Belgium

² Department of Motor Sciences, University of Liège, Belgium

³ Faculty of Motor Sciences, University of Louvain, Belgium

⁴ Sports Service, Province of Luxembourg, Belgium

AIESEP World Congress, Santiago de Chile 4th - 7th July 2023



Background |

1) BACKGROUND

- Campaign: physical fitness assessment
- 8 physical fitness tests
- Between October and November
- 5000 pupils (aged 10-11) from elementary school
- +/- 210 schools (2/3 of all elementary schools)



1) BACKGROUND



Students & teachers

Participation & students' supervision



External assessors

Explanation of tests and evaluation



Students & teachers

Communication of results

1) BACKGROUND

A large teal arrow graphic pointing to the right, composed of three overlapping horizontal bars. The word "Limits" is written in white on the top bar.

Limits

Evaluation of physical skills

Performances

Teachers, PE teachers were not sufficiently involved

Tests were not adapted to the new health & physical education curriculum

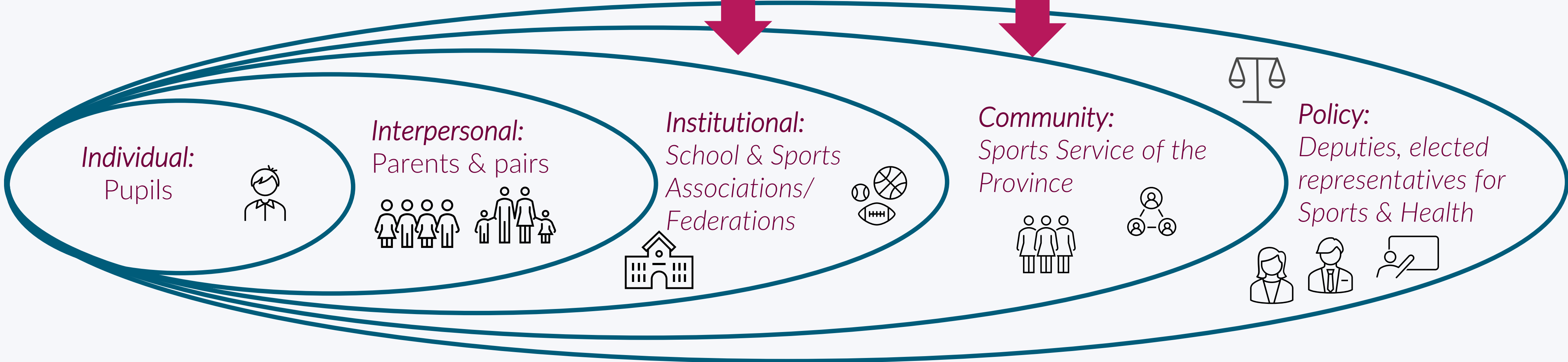
1) BACKGROUND



Objectives

Links with PE lessons

PE teachers' Involvement



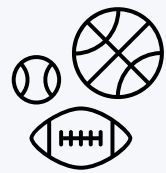
Individual:
Pupils



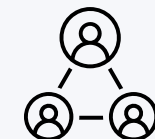
Interpersonal:
Parents & pairs



Institutional:
School & Sports
Associations/
Federations



Community:
Sports Service of the
Province



Policy:
Deputies, elected
representatives for
Sports & Health



Method





Interviews

2) METHOD



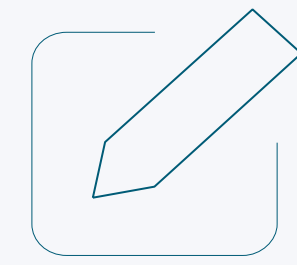
Free participation for all PE teachers during the campaign

Thematic areas of discussion: use of the physical fitness tests during PE lessons, PE teacher's implication regarding the campaign, advantages and limits, evolution of this campaign

Recorded interviews

Online survey (short answers and open questions)

2) METHOD



Online questionnaire

For all PE teachers

1. Profile
2. Integration of the new health & physical education curriculum
3. Knowledge about the campaign/tests
4. Results
5. Evolution

Results

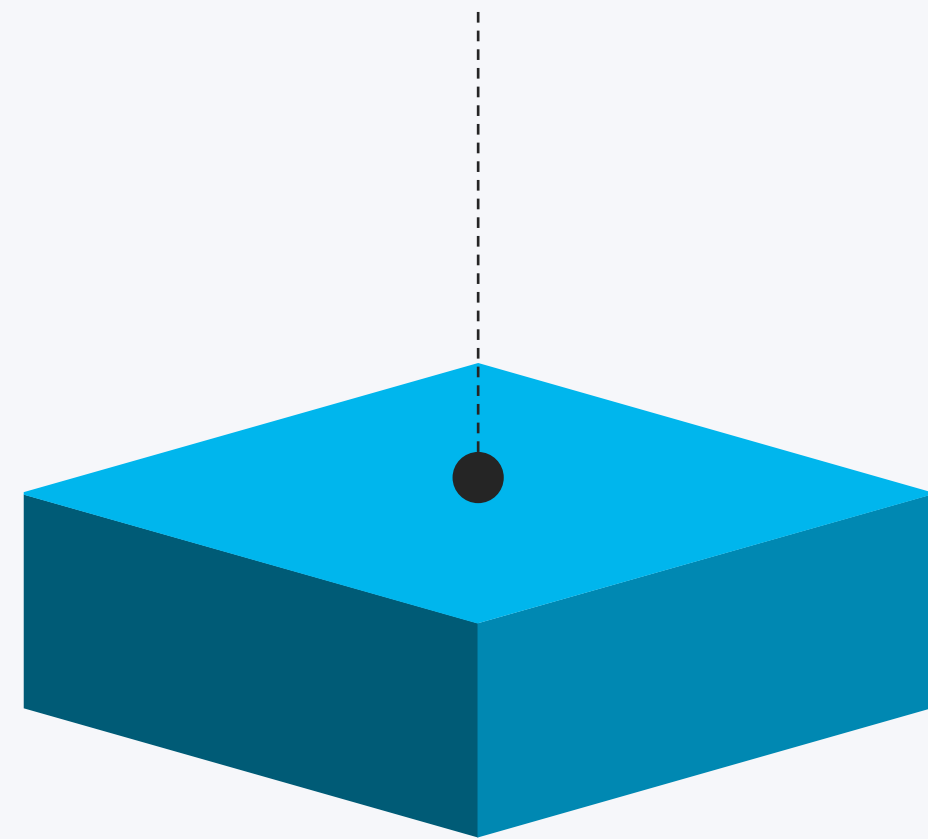


3) RESULTS



Step 1

Interviews

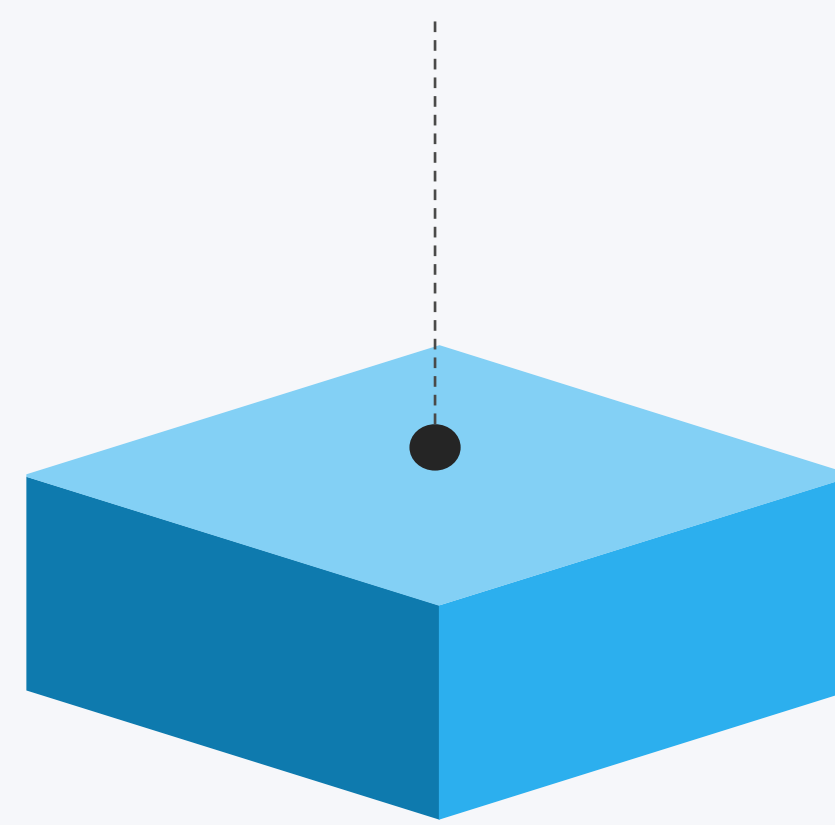


N= 45

First contact

Step 2

Online survey



N= 37

1) Teachers' profiles

Age groups		%
21 - 30 years	4	11
31 - 40 years	10	24
41 - 50 years	9	27
over 51 years	14	38

Average seniority 21 years

68% recreational physical activities

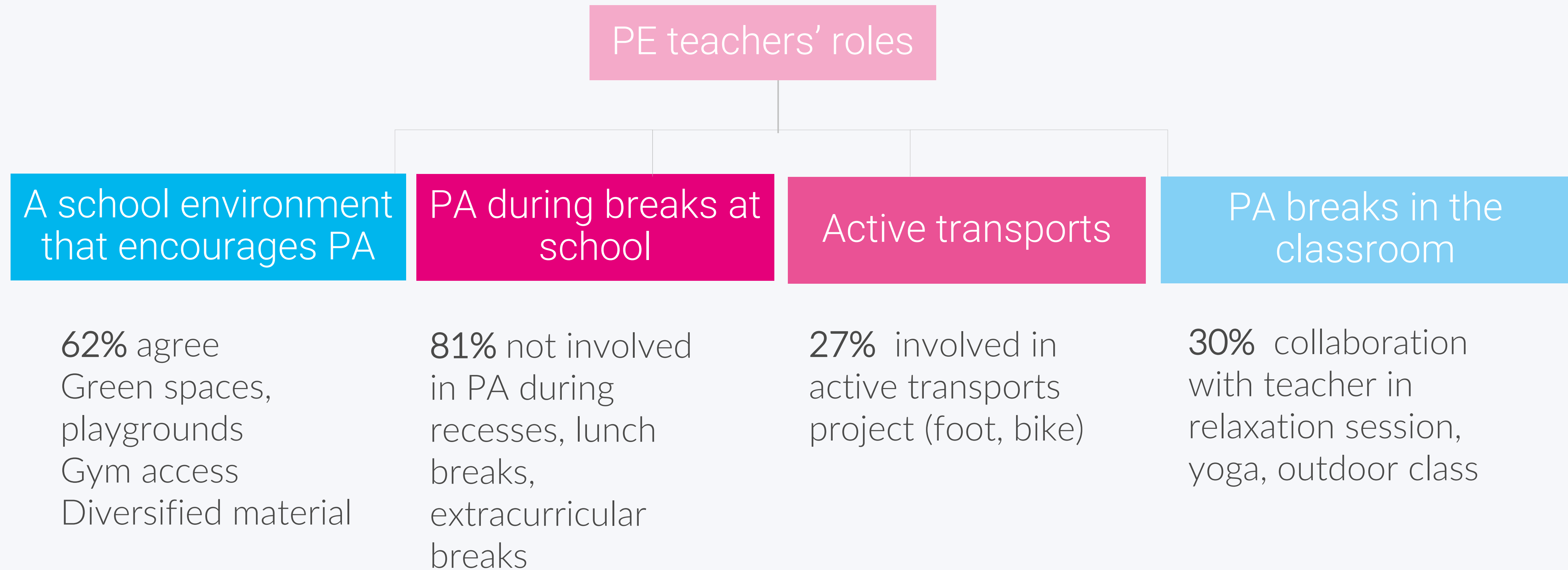
32% competitive sports

46% trainers or members of sports club

3) RESULTS



2) Integration of the new health & physical education curriculum

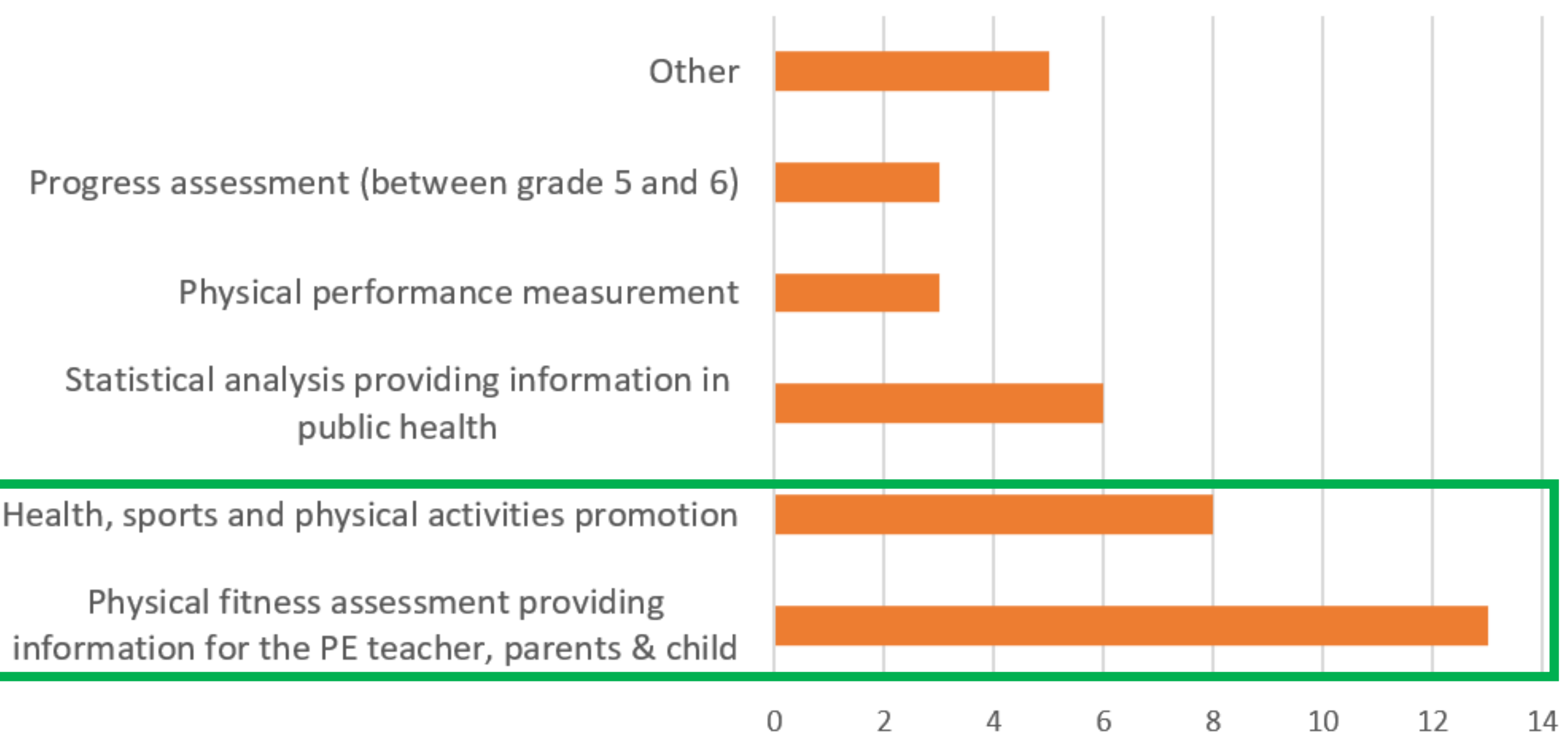


3) RESULTS

3) Knowledge about the campaign/tests

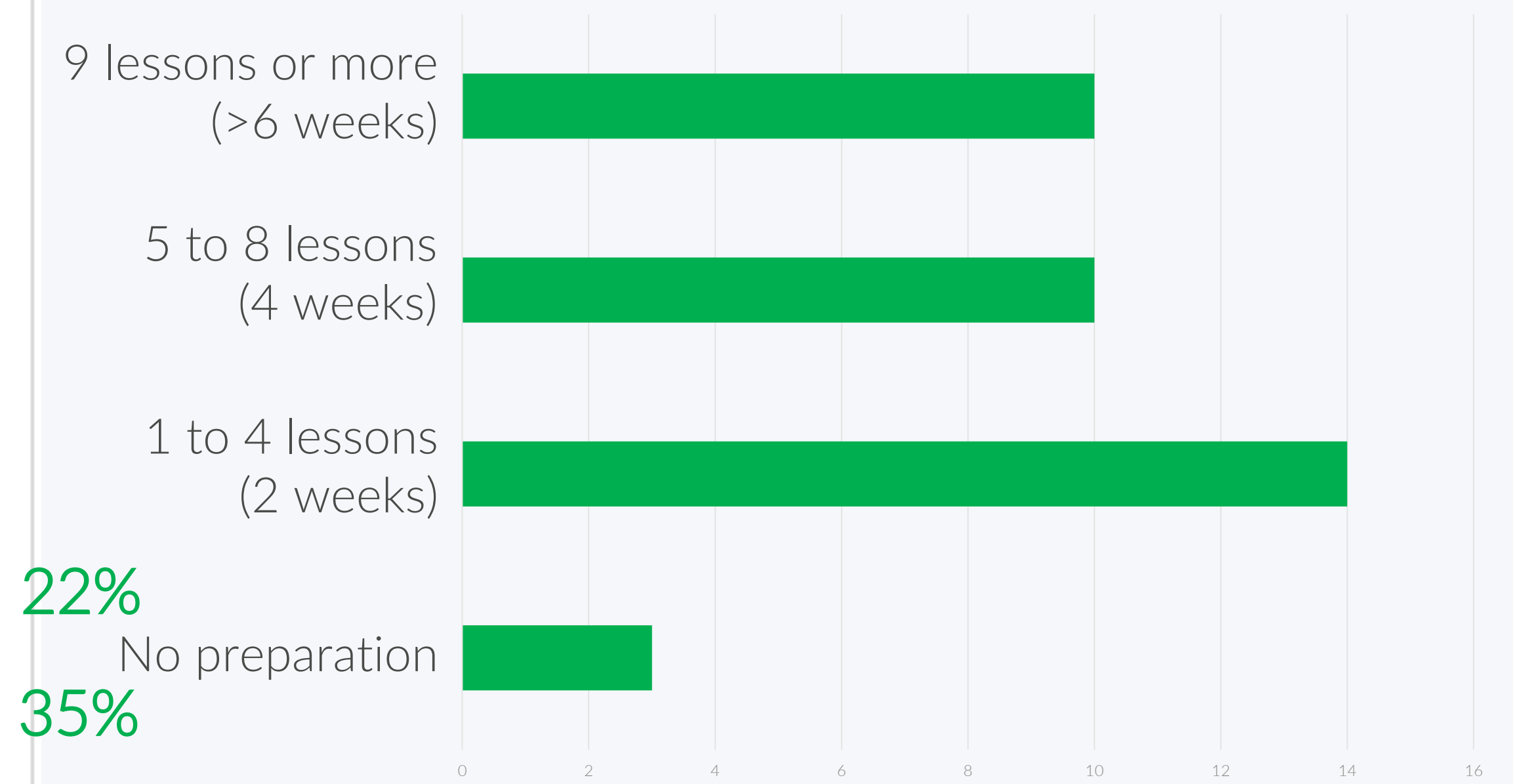
Objectives

Number of answers according to objectives categories



Links with lessons

Number of answers from PE teachers according the number of lessons for preparing the campaign



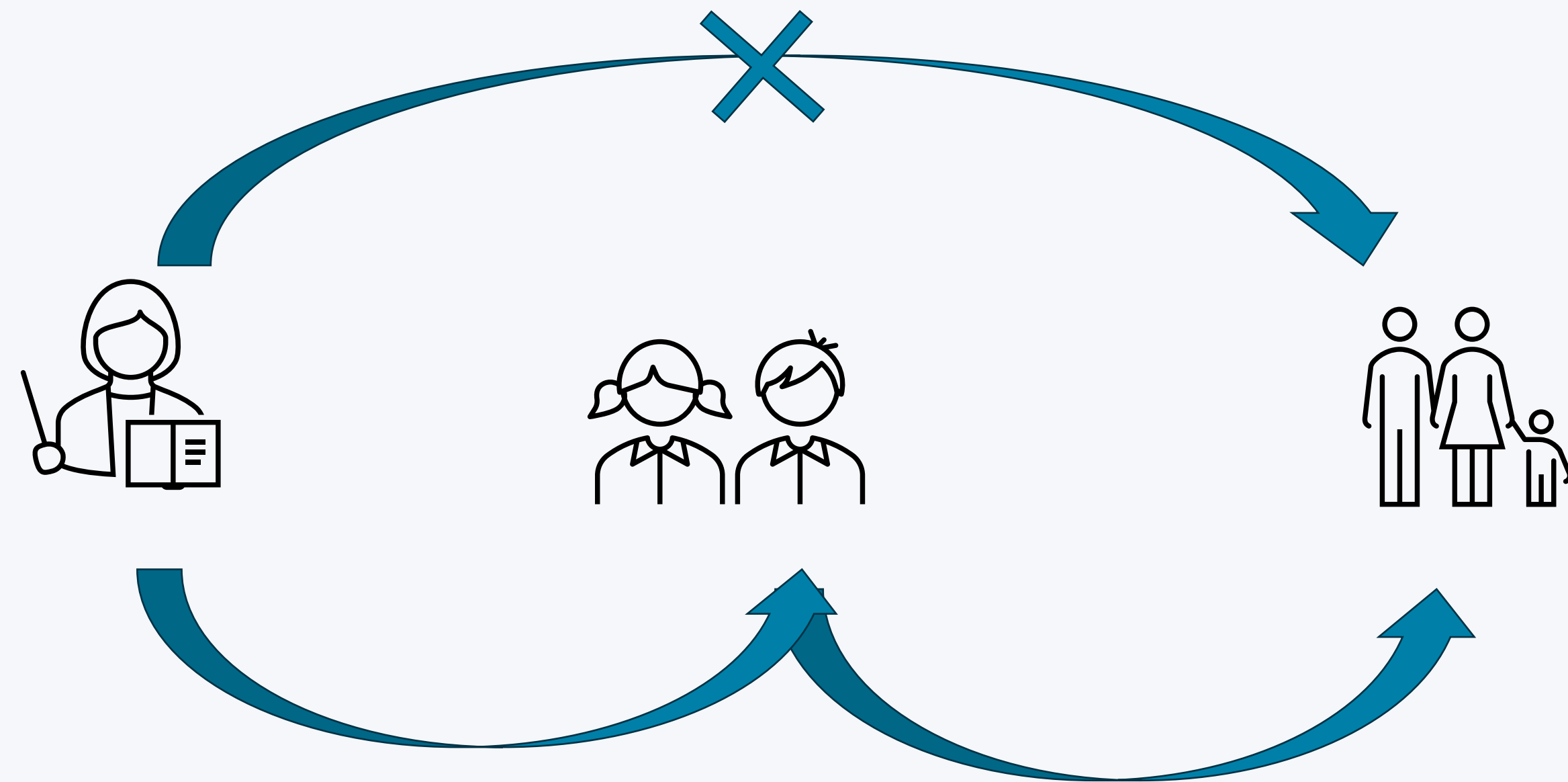
Physical fitness throughout the school year (76%)
Retest physical fitness (22%)

3) RESULTS



4) Communication of results

No communication with the parents about the results



Individually or in front of the class

Medals 81% (motivation, award)

92% transmission of individual results to the students

38% writing communication (mail, school diary)

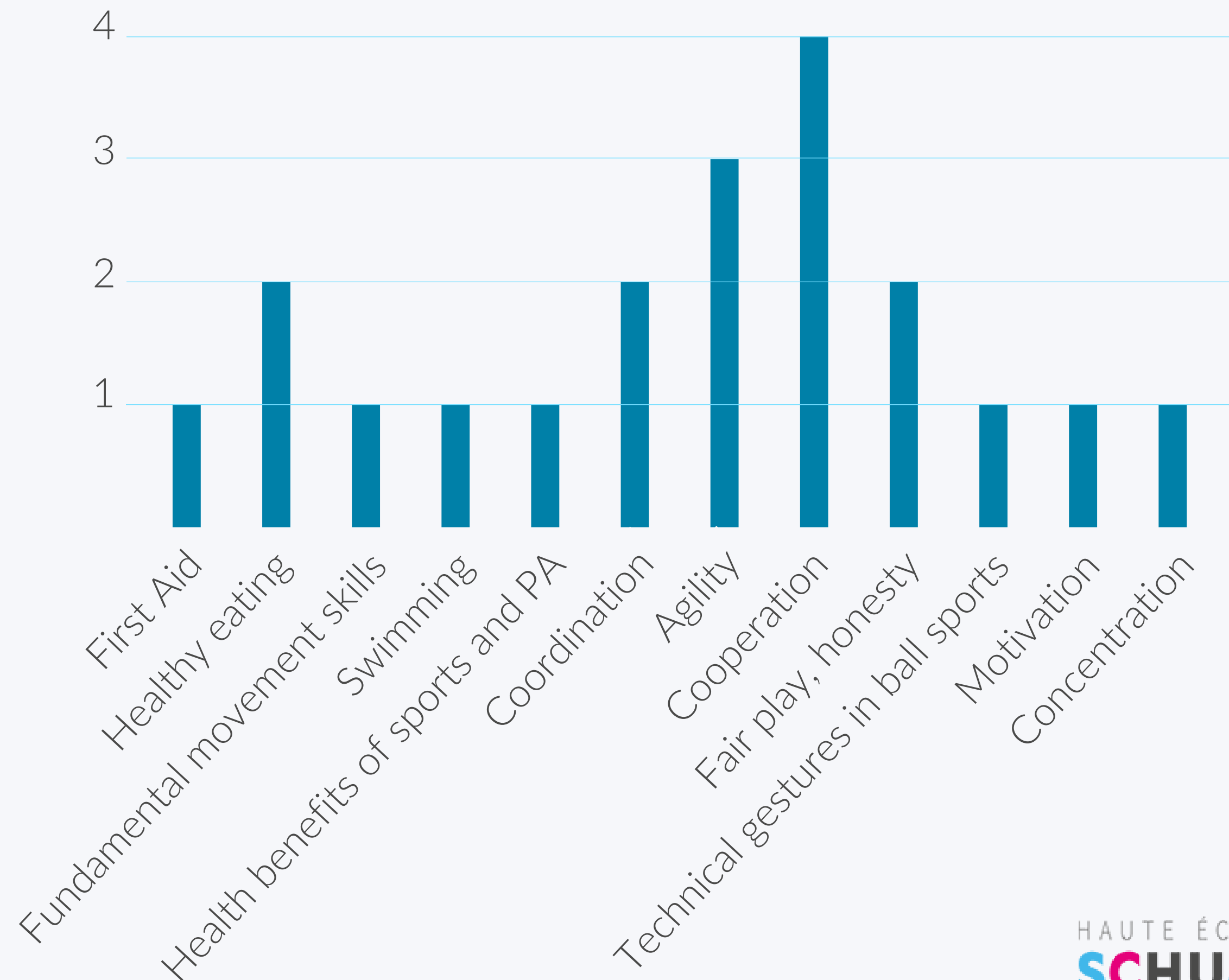
70% assumption???

3) RESULTS



5) A new design for the next campaign

Number of answers according to competencies



Tests

Stands about health topics

A variety of sport disciplines

Evaluation in PE lessons

Discussion



4) DISCUSSION



Teachers with more seniority more interest

Low teachers' interventions according to the new curriculum outside PE lessons

PA during breaks at school

Active transports

PA breaks in the classroom

Test training versus teaching

Physical fitness not sufficient

4) DISCUSSION



Teachers with more seniority more interest

Low teachers' interventions according to the new curriculum outside PE lessons

Test training versus teaching

Physical fitness not sufficient

Health and safety
management

Socio-motor skills &
citizenship

Motor skills & expression

4) DISCUSSION

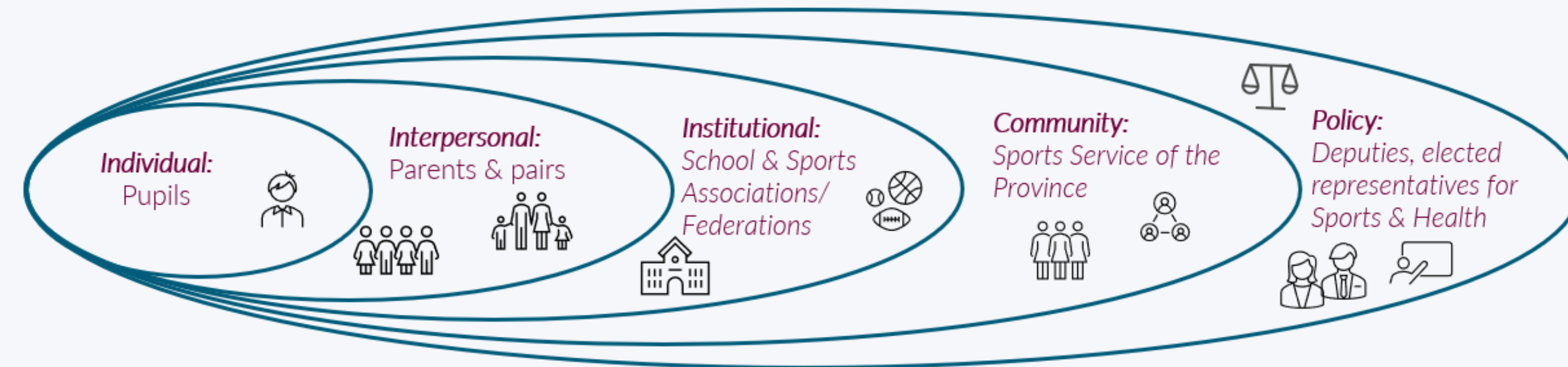


Lack of communication between different stakeholders

Lack of involvement for PE teachers

⇒ Barriers for collaboration & communication between stakeholders

For the future, PE teachers interested in collaboration



Conclusion & Perspectives

5) CONCLUSION AND PERSPECTIVES



No benefit from H&PE

Improve collaboration between PE teachers, researchers, parents & sports service of the Province

New objectives of the campaign 2023, physical & motor assessment, health promotion

Perspective intervention (campaign & teaching)

THANK YOU FOR YOUR ATTENTION

Contact: amelie.brau@hers.be



REFERENCES



- Enseignement.be - Les référentiels du tronc commun. (n.d.). Enseignement.be. Retrieved February 12, 2023, from <http://enseignement.be/index.php?page=28597>