

Couple and coparental relationships in the case of parental burnout (PB):

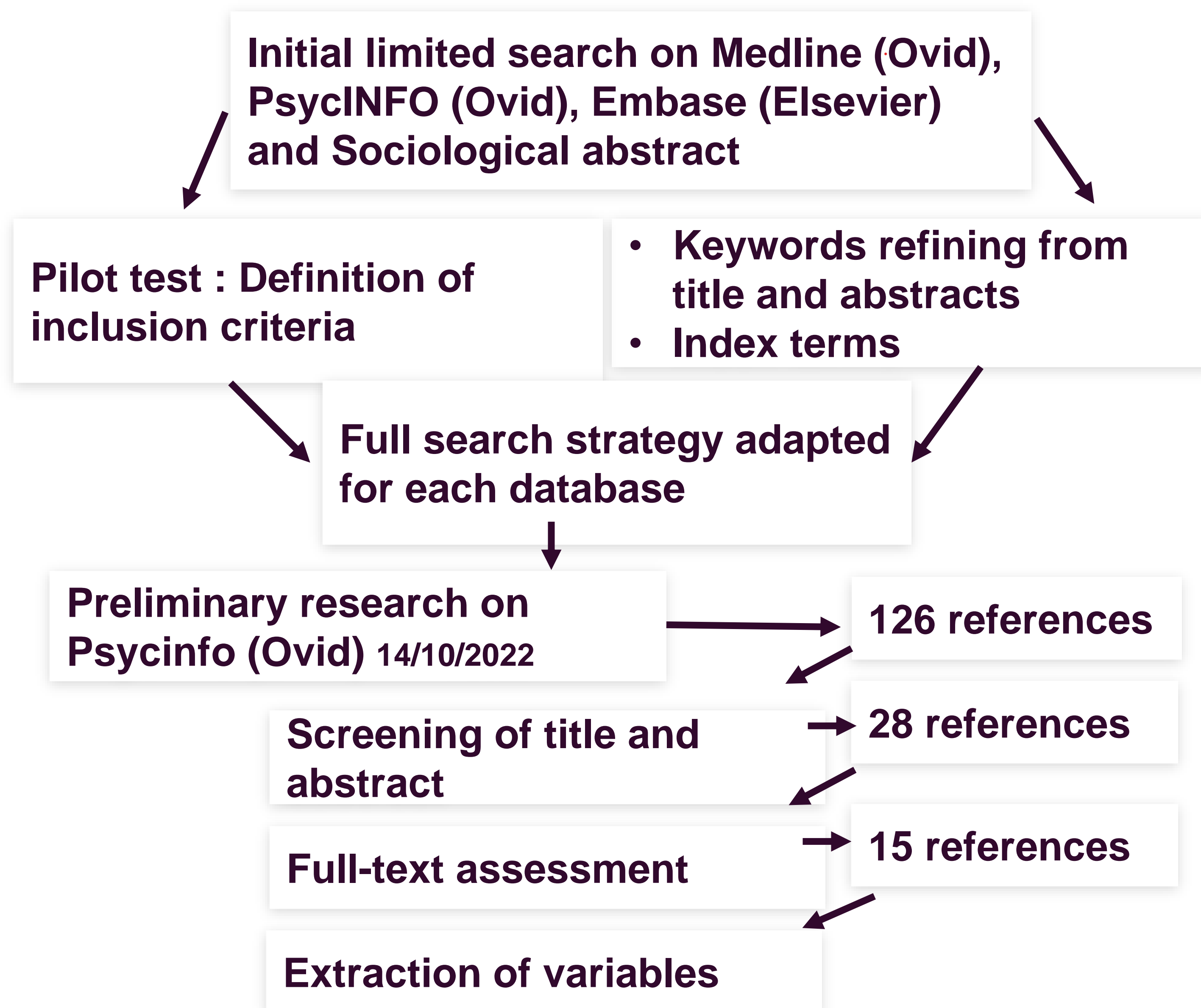
The conceptualization of a scoping review

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Background

- Characteristics of **parents' couple and coparental relationships** largely contribute to parental burnout (PB) variance (1).
- Existing reviews have outlined the evidence on PB conceptualization, assessment, risk factors and consequences (2,3,4), but none have focused on the parents' couple.
- Mapping evidence on the couple and coparental relationship in the context of PB could help to inform future research and clinical practice.

Methods

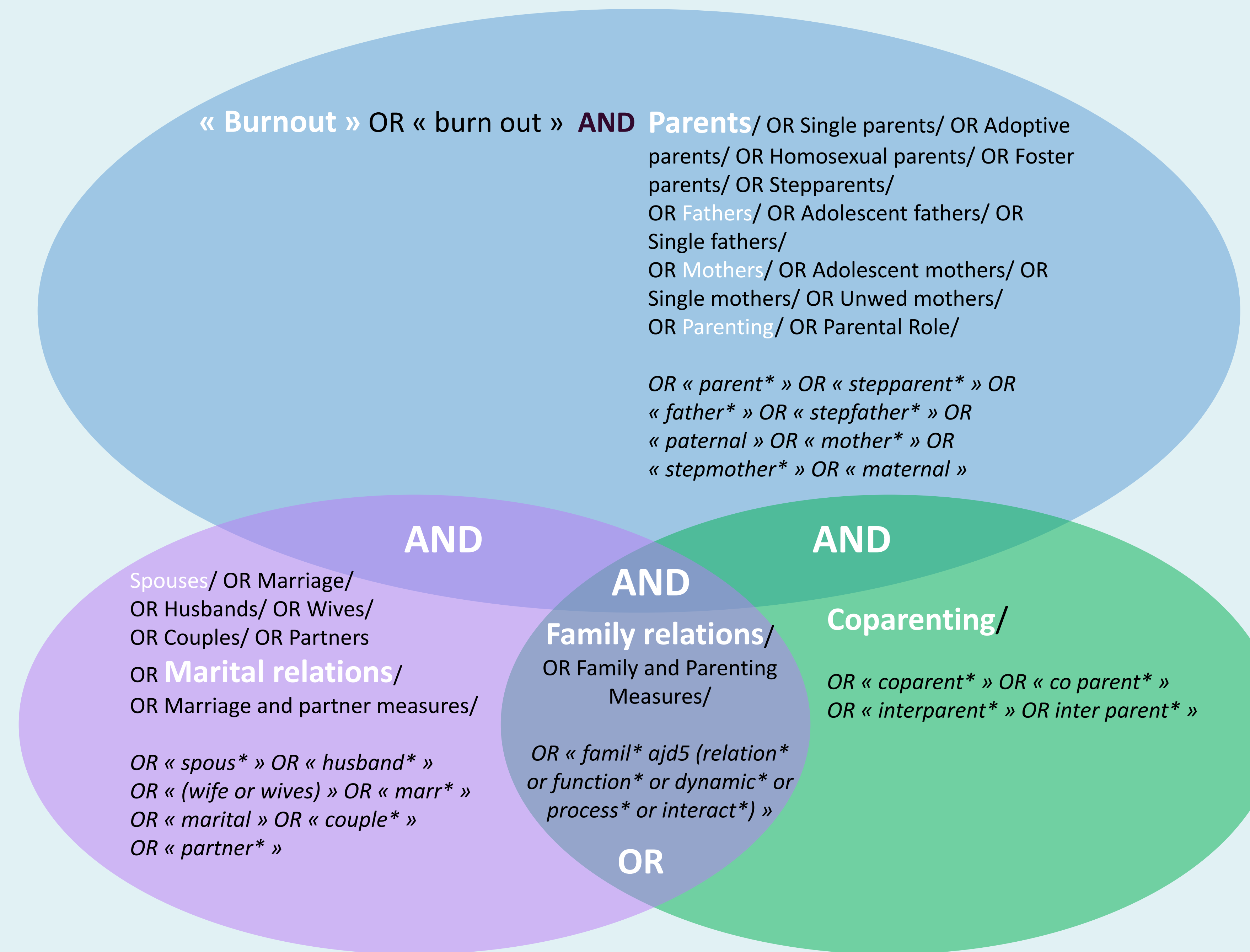


References

- (1) Mikolajczak et al. (2018). *Journal of Child and Family Studies* 27(2), 602-614.
 (2) Sánchez-Rodríguez et al. (2019). *Canadian Psychology/Psychologie canadienne* 60(2), 77-89.
 (3) Mroskova et al. (2020). *Central European Journal of Nursing and Midwifery* 11(4), 196-206.
 (4) Paula et al. (2022). *Revista Brasileira de Enfermagem*, 75(suppl 3), e20210203.

Search strategy on Psycinfo (Ovid)

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 "" Free language, ti.ab.id



Population	Parents
Concept	Parental burnout Couple factors Coparenting factors
Type of sources	- Published and unpublished primary studies - No limitation on date or context - In English, French, Italian or Spanish

Number of relevant references : 15

The most studied couple and coparental variables in the PB literature are :

- **Coparental agreement (5)**
- **Coparental support (4)**
- **Marital satisfaction (4)**
- **Conflict frequency (3)**

Less studied variables : Partner estrangement (2) ; Coparental closeness (2); Endorsement (2) and Undermining of partner parenting (2); Exposure of the child to conflict (2) ; Division of labour (1) ; Partner parental support (1) ; Gatekeeping behaviours (1) ; Romantic attachment (1) ; Love (1) ; Physical intimate partner violence (1)