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# Novel insight into the evolution of volatile compounds during dynamic freeze-drying of *Ziziphus jujuba* cv. Huizao based on GC–MS combined with multivariate data analysis



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## ABSTRACT

To understand the evolution of aroma in jujubes during dynamic freeze drying (FD), the relationship between aroma compounds, precursors, and related enzyme activities were analyzed. Fifty-three volatiles were identified during FD processing. After FD, the total aroma contents were increased from 11,004 to 14,603 μg/kg, ketones content was significantly decreased by 54.11 %, resulted in the loss of creamy note in freeze-dried jujube (FDJ). Through the network analysis, serine, glycine, proline, valine, cysteine, arginine, glutamic acid, lysine and leucine had the significant correlation with pyrazines, dominated the roasty note of FDJ. Linoleic acid, *α*-linolenic acid and oleic acid with lipoxygenase had important effects on the increase of esters (from 412 to 9,486 μg/ kg), contributed fruity and sweet notes of FDJ. Besides, through the Mantel test, the influence degree of factors on the formation of FDJ aroma was ranked as temperature *>* enzyme activity *>* fatty acids *>* amino acids.

#### **1. Introduction**

Red jujubes (*Zizyphus jujuba* Mill.) are both used as food and medicine in China, their unique flavor is helpful to improve consumers' attraction and enhance market competitiveness [\(Gou et al., 2022](#page-11-0)). With the development of freeze drying (FD), freeze-dried red jujube made from *Ziziphus jujuba cv.* Huizao, has become a popular product, with better nutrition, appearance, color and aroma. However, the causes of aroma differences between raw and freeze-dried jujube and the aroma formation pathway during FD are still unclear. The development of aroma in freeze-dried red jujube is a dynamic and complex process that depends on the combined effects of drying condition, aroma precursors and enzyme activities.

Different from lower constant freeze-drying temperature (*<*30 ◦C) of experimental FD machine, which usually reported in the published literature, the multi-stage and variable-temperature freeze-dried procedure was used in industry. Fortunately, same procedure could be well achieved by the pilot scale FD. In which, a higher temperature of heating plate (85–65 °C) was used to provide higher latent heat for the sublimation of water, to accelerate the FD rate and shorten the FD time. In this process, the sample temperature will gradually increase from the

freezing temperature (−40 °C) to the heating plate temperature (65 °C), chemical and enzymatic reactions will occur and result in the production of different and new aroma.

In addition to higher temperature FD condition, red jujube contains rich aroma precursors, including amino acids, fatty acids and reducing sugars ([Song et al., 2019](#page-12-0)), which could provide a variety of metabolic pathways and chemical reaction, such as Maillard reaction for the aroma formation of freeze-dried red jujube. Fatty acids are the precursors of most aliphatic alcohols, aldehydes, ketones and esters that have a variety of oxidation pathways, among which lipoxygenase (LOX) oxidation pathway is involved in the synthesis of green flavor compounds (C-6 and C-9 aldehydes and alcohols) [\(Boukobza et al., 2001\)](#page-11-0). Reducing sugar is also a precursor for the metabolic synthesis of alcohols, acids, esters. During anaerobic respiration, monosaccharides are converted to pyruvate, which is catalyzed by dehydrogenases to form acetyl-CoA and further ester compounds ([El Hadi et al., 2013; Schwab et al., 2008\)](#page-11-0). In addition, amino acids could also form esters by acetyl-CoA or form pyrazines by Maillard reaction with reducing sugar ([Gonda et al., 2010](#page-11-0)).

Coupled with FD condition and aroma precursors, the aroma production of red jujube by pilot scale FD is more complex, involving lipid oxidation, Maillard reaction and lipid-Maillard interaction. Therefore,

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Available online 30 December 2022 0308-8146/© 2023 Elsevier Ltd. All rights reserved. Received 13 September 2022; Received in revised form 29 December 2022; Accepted 29 December 2022 the changes of aroma, reducing sugars, fatty acid and free amino acids, and related enzyme activities in the pilot scale freeze drying process of red jujube will be investigated; and to explore the correlation between aroma and aroma precursors and enzyme activities, main precursors of aroma-active compounds will be identified through the Mantel test and network analysis. It could provide novel insights into the aroma evolution in dynamic FD of red jujube, as well as guidance for future research including optimization of the freeze dried process to improve the aroma profile of red jujube.

## **2. Materials and methods**

## *2.1. Materials and chemicals*

Red jujubes (*Zizyphus jujuba* cv. Huizao) were obtained from local orchard in Akesu, Xinjiang, China, in November 2020. Mature fruits without any physical damage were selected, then collected and transported to Beijing within 2 days. All jujube samples were stored at 4 ◦C controlled atmosphere storage room until used. The water content of "Huizao" was 25.57 %, the pH was 5.5, and the solid soluble content was 69.0 %.

Oct-1-en-3-ol, 2,3-butanediol, hexanal, (*E*)-2-hexenal, (*E*)-2-heptenal, (*E*)-2-octenal, furfural, benzaldehyde, decanal, butane-2,3-dione, 3 octanone, 3-hydroxybutan-2-one, oct-1-en-3-one, 6-methyl-5-hepten-2 one, 6,10-dimethyl-2-undecanone, acetic acid, butanoic acid 3-methyl- , pentanoic acid, (*E*)-but-2-enoic acid, hexanoic acid, heptanoic acid, (*E*)-2-hexenoic acid, octanoic acid, nonanoic acid, methyl hexanoate, ethyl hexanoate, hexyl acetate, ethyl heptanoate, methyl octanoate, ethy octanoate, methyl decanoate, ethyl decanoate, methyl dodecanoate, ethyl dodecanoate, oxolan-2-one, 5-ethyloxolan-2-one, 6-methyloxan-2-one, 5-propyloxolan-2-one, 5-butyloxolan-2-one, 5 heptyloxolan-2-one, 5-hexyloxolan-2-one, 2,6-dimethylpyrazine, 2,6 diethylpyrazine, 2-ethyl-3,5-dimethylpyrazine, tetramethylpyrazine, limonene, *γ*-terpinene, naphthalene, 2-cyclohexene-1-one, *n*-alkane (C5- C40), Triton X-100, Dithiothreitol (DTT), crosslinked polyvinylpyrrolidone (PVPP), nicotinamide adenine dinucleotide (NADH), 5,5′ -dithiobis-(2-nitrobenzoic acid) (DTNB), acetoacetyl coenzyme A (acetyl CoA), MES-Tris buffer (pH 6.0), Tris-HCl buffer (0.5 mol/L, pH 8.0), acetaldehyde, butanolwere purchased from Yuanye Bio-Technology (Shanghai Yuanye Bio-Technology Co., ltd, Shanghai, China). 3-Oxobutan-2-yl acetate, 2-ethyl-6-methylpyrazine, styrene, *α*-farnesene, *p*-cymene and MgCl<sub>2</sub> were purchased from Macklin (Shanghai Macklin Biochemical Co., ltd, Shanghai, China). All of the chemical standards used above with purity  $\geq$  99 %, and other reagents were analytical grade.

#### *2.2. Freeze drying (FD) treatment*

Briefly, the kernel of jujubes was removed and the remaining part was cut into 5 mm slices; then 500 g jujube slices soaked in 80 ◦C water for 1 min to keep a relatively flat surface before freeze drying. Jujube slices were drained in a colander and put into − 40 ◦C refrigerator for 48 h. A pilot scale freeze dryer (Advantech Co., ltd. China) was used with drying conditions was as follows: The cold trap temperature and vacuum pressure were − 30 ◦C and 60 Pa, respectively; the drying temperature of the heating plate was from room temperature to 85 ◦C within 45 min and kept for 3 h, then decreased to 70 °C within 30 min and maintained for 5 h, and finally decrease to 65 ◦C within 30 min and kept for 1 h. The sample tray was in the middle of two heating plates and not directly connected, the diagram was shown in Fig. S1. At the same time, the temperature of jujube slices was monitored online through the temperature probe which equipped in FD machine (Fig. S2). The dynamic FD process included 0–10 stages, with drying time of 0, 105, 165, 225, 285, 345, 405, 465, 525, 585 and 645 min, respectively.

# *2.3. Volatile compounds analysis*

# *2.3.1. Extraction of volatile compounds by using headspace solid-phase microextraction (HS-SPME)*

The extraction method by HS-SPME of red jujube aroma was described by [Gou et al. \(2022\)](#page-11-0).

### *2.3.2. Determination of volatile compounds using gas*

*chromatography*–*mass spectrometry (GC*–*MS)* 

The volatile compounds were identified by GC–MS (QP-2010, Shimadzu, Japan) equipped with a DB-Wax column (60 m  $\times$  0.25 mm, 0.25 μm). The temperature programs were according to [\(Gou et al., 2022](#page-11-0)). The aroma compounds were identified by comparing the NIST17 library of the GC–MS and were confirmed by the retention indices (RI) and authentic aroma standards. The RI was calculated on the basis of the linear retention times of the *n*-alkanes (C5 − C40) in the DB-WAX columns under the same GC–MS conditions. Internal standard method was used for aroma quantitative analysis (2 μL 2-cyclohexene-1-one, 1 mg/ L). The content of each volatile compound was calculated based on the GC peak areas related to that of internal standard.

#### *2.3.3. Odor activity value (OAV)*

$$
OAV = C/OT \tag{1}
$$

where *C* was the concentration of the compound and OT was its orthonasal detection odor threshold. The threshold values referred to the literature in water ([Gou et al., 2022\)](#page-11-0).

#### *2.4. Sensory evaluation*

The panelist selection and training methods were according to [Gou](#page-11-0)  [et al. \(2022\) and Pu et al. \(2020\).](#page-11-0) The sensory evaluation was performed by 10 panelists (4 males and 6 females aged 23–28, healthy, without rhinitis, and nonsmokers) who were experienced and engaged in food flavor research for sensory evaluation. Panelists were trained for 4 weeks: Firstly, they were trained to distinguish and describe the aroma standards of red jujube for 4 weeks. Secondly, the panelists proceeded to conduct sensory evaluation of the red jujube sample. The aroma descriptors of red jujube were determined according to the experts' discussion on sensory attributes. In this study, The descriptors of red jujube were creamy (3-hydroxybutan-2-one), floral (5-butyloxolan-2-one), green (hexanal), fruity (methyl dodecanoate), roasty (2,6-dimethylpyrazine), sweet ((*E*)-but-2-enoic acid), sour (acetic acid), rancid (3-methylbutanoic acid) and nut (2-ethyl-6-methyl-pyrazine) ([Pu et al., 2022](#page-12-0)). Finally, the quantitative descriptive analysis (QDA) was conducted in triplicate by panelists, and scores for each sample in 0.5 increments, from 0.0 to 3.0 on the basis of 7-point scales (0, none; 1.5, moderate; and 3, very strong).

#### *2.5. Aroma precursor analysis*

#### *2.5.1. Sugar compounds analysis*

Sucrose, glucose, and fructose in red jujube were analyzed by highperformance anion-exchange chromatography with pulsed amperometric detection (ICS-3000, DIONEX Co., ltd. China) according to the method of [Song et al. \(2019\).](#page-12-0)

#### *2.5.2. Free amino acids analysis*

Amino acid was analyzed by automatic amino acid analyzer (L-8900, Hitachi, Japan) according to the method of [Song et al. \(2019\)](#page-12-0).

## *2.5.3. Fatty acids analysis*

The fatty acids of jujube were detected by gas chromatograph (GC) equipped with a flame ionization detector (FID) detector (GC, 2010, Shimadzu, Japan) according to the national standard of China (GB

# <span id="page-2-0"></span>5009.168-2016).

## *2.6. Analysis of enzymes activities*

# *2.6.1. Lipoxygenase (LOX) activity*

Sodium phosphate buffer (0.50 mol/L, pH 6.5) and 0.5 % Triton X-100 was used for LOX extraction [\(Lyu et al., 2021](#page-12-0)). And LOX activity was assayed according to [Amanpour et al. \(2019\)](#page-11-0).

# *2.6.2. Alcohol dehydrogenase (ADH) activity*

The MES-Tris buffer (0.1 mol/L, pH 6.0) with DTT (2 mmol/L) and PVPP (1 %) was used for ADH extraction. ADH activity assayed according to [Zhou et al. \(2019\) and Lara et al. \(2003\)](#page-12-0) with slight modifications. The reaction system containing 0.3 mL ADH crude enzyme, 2.4 mL MES-Tris buffer (pH 6.0), 0.15 mL NADH (1.6 mmol/L) and 0.15 mL acetaldehyde (80 mmol/L). The above reaction substrate was mixed and determined at 340 nm for 1 min.

## *2.6.3. Alcohol acyltransferase (AAT) activity*

The Tris-HCl (0.5 mol/L, pH 8.0), containing 0.1 %(V/V)Triton X-100 and 0.3 mg/g PVPP was used for AAT extraction. For AAT activity, the reaction substrate was 2.5 mL Tris-HCl (0.5 mol/L, pH 8.0, containing 0.5 mmol/L MgCl<sub>2</sub>), 150 μL acetyl CoA (0.5 mol/L, pH 8.0, containing 0.5 mmol/L acetyl CoA), 50 μL butanol (0.5 mol/L, pH 8.0, containing 20 mmol/L acetyl CoA) and 150 μL AAT crude enzyme. The above reaction substrate was incubated at 35 ℃ in water bath for 15 min, then 100 μL 1 mmol/L DTNB was added and allowed to stand at room temperature for 10 min and determined at 412 nm for 1 min ([Zhou](#page-12-0)  [et al., 2019\)](#page-12-0).

One unit (U) represents the variation of absorbance per minute. The specific activity of all enzymes was defined as U/g.







$$
(a) (b)
$$





3

# *2.7. Statistical analysis*

Software of SPSS version 20.0 (SPSS Inc., Chicago, IL) was applied for statistical treatment. Duncan's multiple test was used to verify significant differences among the samples at p *<* 0.05 level. Contents of different components were presented as the mean  $\pm$  SD (standard deviation). The clustered heatmap was plotted using TBtools version 1.0686 (Heatmap Illustrator, China). The Mantel test analysis was performed using the OmicStudio tools at<https://www.omicstudio.cn/tool>. The network correlation analysis was constructed using Cytoscape (v.3.4.0).

#### **3. Results and discussion**

#### *3.1. Sensory analysis of red jujube during freeze drying*

Aroma profiles of red jujube at different FD stages were evaluated by trained panelists. As shown in Fig.  $1(a)$ , the aroma profiles could be divided to two groups, the stages 0 (raw)-3 was one group with sweet (2.7), fruity (2.5), creamy (2.4), nut (1.8), sour/rancid (1.5), floral (1.4) and green (1.1) notes. While the stages 4–10 was the other group with roasty  $(2.7)$ , sweet  $(2.4)$ , fruity  $(2.2)$ , floral  $(1.4)$  and sour/rancid  $(0.8)$ notes. Among these aroma contributors, the aroma intensity of creamy, sour/rancid, green, and nut decreased significantly with FD time increased, and performed the lowest at the end of FD (stage 10), especially for creamy, green, and nut notes. In addition, the aroma intensity of roasty increased with FD time increased from stage 4. The aroma profile transformed from sweet dominated to roasty dominated during FD processing. To further investigate the aroma differences among samples, GC–MS combined with OAV were applied to analyze the volatile compounds responsible for the aroma differences of samples.

# *3.2. Dynamic changes in aroma compounds of red jujube during freeze drying*

A total of 53 aroma compounds were detected in the red jujube during FD processing for stage 0–10 (0–645 min), including 2 alcohols, 7 aldehydes, 7 ketones, 9 acids, 10 esters, 7 lactones, 5 pyrazines, 4 alkenes and 2 others ([Table 1](#page-4-0)). As shown in [Table 1](#page-4-0) and [Fig. 1\(](#page-2-0)b), the content of total aroma compounds in red jujube was significantly increased from 11,005 μg/kg to 14,605 μg/kg at stage 0–10. As reported, the average loss ratio of volatile compounds of freeze-dried banana slices and carvone in bread crumbs was 37.5 % and 55 %, respectively ([Dimelow et al., 2005; Mui et al., 2002](#page-11-0)). It can be seen, pilot scale freeze drying could enhance the aroma compared with traditional constant FD. However, the concentrations of aroma compounds undergoes complex changes during pilot scale FD processing, where they increased from 11,005 μg/kg to 15,726 μg/kg (stage 0 to 1), then decreased to 6,657 μg/ kg (stage 5), and finally increased to 14,605 μg/kg (stage 10). The contents of ketones, aldehydes and acids showed an obviously decreased trend during FD; meanwhile, esters showed an increased trend with FD time increased [\(Fig. 1\(](#page-2-0)b)). The clustering content heatmap revealed that there were two obvious groups (stage  $0-3$  and stage  $4-10$ ) (Fig.  $1(c)$ ), which was in accordance with the sensory evaluation result. These changes of aroma composition could explain the transformation of aroma profile in red jujube after FD.

Furthermore, odor activity value (OAV) was applied to explain the contribution of compounds to the overall aroma profile [\(Table 2\)](#page-6-0). Thirty aroma-active compounds (OAV *>* 1) were identified in all freeze-dried samples including 2 alcohols, 4 aldehydes, 5 ketones, 2 acids, 8 esters, 3 lactones, 3 pyrazines, 1 alkenes and 2 others. Stage 0–3 contained 27 important aroma compounds (OAV *>* 1), in which, ketones, aldehydes, alcohols, esters and pyrazines contributed the higher OAVs, and presented "creamy, fruit, sweet, green, floral and nut" characters. However, in the stage 4–10, there were only 20 aroma-active compounds (OAV *>* 1) in freeze dried samples, in which, esters and pyrazines dominated the OAVs, they contributed the sweet, fruit and roasty notes, respectively. These results were consisted with above discussed sensory evaluation.

Acids were the most numerous class of volatile compounds detected in the raw red jujube. The most abundant acids were acetic acid and hexanoic acid, with sour note. But they did not contribute a strong sour profile to red jujube due to the higher threshold. Otherwise, hexanoic acid, 3-methyl-butanoic acid and (*E*)-but-2-enoic acid were identified the key aroma-active compounds in "Huizao", they contributed the "sour and sweet" notes to red jujube ([Gou et al., 2022\)](#page-11-0). However, the contents of acids decreased significantly during FD processing and no longer provide the sour characteristics of freeze-dried jujube. In [Song](#page-12-0)  [et al. \(2020\)](#page-12-0) study, red jujube had the highest content of total acids after constant lower temperature FD (25 ◦C). The different result might be due to the totally different drying condition. The multi-stage and higher temperature used in this study could promote the chemical reaction occurred, and leading the acids transformed to esters. In addition, acids might be discharged by vacuum pump, due to they have lower vapor pressure and easily vaporized. Acetic acid also had an obvious loss ratio (45.90 %), which might be due to its polarity and better water solubility and easier evaporation with water, or involved in the chemical reaction.

As the second most abundant class of volatile compound in raw red jujube, ketones also contributed the most OAVs to the overall aroma of raw red jujube. A total of 7 ketones were detected throughout the FD stage, and were mainly existed in the front period of FD (stage 0–3). Among these ketones, butane-2,3-dione, 3-hydroxybutan-2-one and oct-1-en-3-one might contribute the creamy, fruit and green aroma to red jujube because of their relatively low thresholds. Furthermore, butane-2,3-dione, 3-hydroxybutan-2-one, 6-methyl-5-hepten-2-one and 3-oxobutan-2-yl acetate were identified the key aroma-active compounds in "Huizao" ([Gou et al., 2022](#page-11-0)). Similar to acids, most of ketones also decreased obviously with FD time, except for 6,10-dimethyl-2-undecanone, which might be produced by amino acid degradation or unsaturated fatty acid oxidation ([Zhang et al., 2019](#page-12-0)).

Esters provided the fruity, sweet, and floral notes for red jujube. As shown in [Table 1,](#page-4-0) as the FD time increased, the numbers and content of esters increased, especially ethyl esters, which enhance the fruity and sweet note of red jujube. However, in traditional constant FD, esters showed a decreased trendy ([Chin et al., 2008](#page-11-0)). In our previous study, only methyl decanoate, ethyl decanoate and methyl dodecanoate were identified as the key aroma-active compounds, meanwhile, ethyl heptanoate, ethyl dodecanoate and hexyl acetate also been key aromaactive compounds in "Huizao" after FD. Otherwise, esters also contributed the major OAVs during later FD stage (4–10) ([Table 2](#page-6-0)).

Pyrazines are generally results from the Maillard reaction, which are more favorable at high temperature. Though the percentage of pyrazines was decreased from 1.30 % to 0.77 % after FD, the OAVs contribution become higher (from 4.87 % to 19.75 %) [\(Table 1\)](#page-4-0). They have an important contribution to the nut flavor of raw red jujube and roasty flavor of freeze-dried red jujube due to the low threshold. And the 2 methypyrazine, 2,5-dimethylpyrazine, 2,6-dimethylpyrazine and 2 ethyl-3,5-dimethyl-pyrazine were identified as the key aroma compound in raw red jujube ([Gou et al., 2022; Zhu](#page-11-0) & Xiao, 2018).

A total 7 aldehydes were identified at different stages of FD, some aldehydes were not detected after stage 3, such as (*E*)-2-hexenal, (*E*)-2 heptenal, (*E*)-2-octenal and decanal. Aldehydes have green, fatty, grassy, and fresh characteristics ([Gou et al., 2021\)](#page-11-0). Thus, from stage 4, the red jujube samples no longer perceived the green note [\(Fig. 1](#page-2-0)). However, the content of furfural increased with FD time, with sweet, caramel, nutty, and baked notes. In general, furfural was commonly produced through non-enzymic browning, which could be promoted by the higher FD temperature. Alcohols were another important class of compounds for red jujube samples. The content of alcohols presented a slightly increase during FD, as was observed with [Song et al. \(2020\)](#page-12-0). That might be caused by glucose metabolism, amino acid decarboxylation and dehydrogenation with prolonged FD time or oxidation and degradation of polyunsaturated fatty acids ([Ye et al., 2022\)](#page-12-0). Among the

# <span id="page-4-0"></span>**Table 1**

The contents of aroma compounds in red jujube at different freeze drying stages.



(*continued on next page*)

# **Table 1** (*continued* )



Mean values with different lower-case letters in the same row correspond to significant differences at p *<* 0.05. Data are represented as the mean ± SD; "nd": Not detected. RI: Retention indices on DB-Wax columns were determined by *n*-alkanes.

#### <span id="page-6-0"></span>**Table 2**

The odor activity value (OAV) of aroma compounds in red jujube at different freeze drying stages.



detected alcohols, oct-1-en-3-ol was key aroma compound in raw red jujube, and 2,3-butanediol was the key aroma compound in freeze-dried "Huizao" (Zhu  $&$  [Xiao, 2018\)](#page-12-0). Lactones might be generated from the *β*-oxidation of fatty acids ([Xi et al., 2012\)](#page-12-0). The lactones showed maximum contents at the stage 3, and then decreased, but the contents had no significant changes after FD ([Table 1](#page-4-0)). Among these lactones, 5 propyloxolan-2-one, 5-butyloxolan-2-one and 5-ethyloxolan-2-one with sweet and fruity notes were key aroma compounds in raw "Huizao", and 5-heptyloxolan-2-one appeared from stage 7, was also identified as the key aroma compound of freeze-dried "Huizao".

# *3.3. Changes in aroma precursors in red jujube during freeze drying*

## *3.3.1. Changes in contents of sugars during freeze drying*

Sugars not only enhance the interaction between sweet and aroma compounds but also are the main precursor of aroma ([Saint-Eve et al.,](#page-12-0) 

[2014\)](#page-12-0). [Table 3](#page-7-0) presents the sugar contents calculated on a dry basis in red jujube samples, revealed that raw samples had the highest content (759 mg/g) of total sugars. Glucose had the highest loss ratio (43.89 %), followed by fructose (28.78 %) and sucrose (26.88 %) after FD. It is illustrated the main components involved in the reaction were reducing sugars, especially glucose. Reducing sugars could form esters under the action of enzymes, and can also undergo Maillard reaction with amino acids at high temperatures to generate pyrazines ([Song et al., 2019\)](#page-12-0).

# *3.3.2. Changes in contents of fatty acid during freeze drying*

Fatty acids are the most important precursors for the formation of fruit aroma components. The linear aliphatic alcohols, aldehydes, ketones and esters are mainly derived from fatty acid oxidation [\(Schwab](#page-12-0)  [et al., 2008](#page-12-0)). A total of 9 fatty acids were identified and quantified including lauric acid (C12:0), myristic acid (C14:0), myristoleic acid (C14:1n5), palmitic acid (C16:0), palmitoleic acid (C16:1n7), stearic

# <span id="page-7-0"></span>**Table 3**

The contents of reducing sugars, free amino acids and fatty acids (of dry weight basis) in red jujube at different freeze drying stages.



(*continued on next page*)

#### <span id="page-8-0"></span>**Table 3** (*continued* )



detected.

C12:0: lauric acid, C14:0: myristic acid, C14:1n5: myristoleic acid, C16:0: palmitic acid, C16:1n7: palmitoleic acid, C18:0: stearic acid, C18:1n9c: oleic acid, C18:2n6c: linoleic acid and C18:3n3: *α*-linolenic acid.

acid (C18:0), oleic acid (C18:1n9c), linoleic acid (C18:2n6c) and *α*-linolenic acid (C18:3n3) [\(Table 3](#page-7-0)). These fatty acids were also found in other varieties of jujubes [\(Song et al., 2019\)](#page-12-0). The fatty acid contents showed a trend of firstly increased from 2,097 μg/kg to 2,484 μg/kg (stage 0–3) and then decreased to  $1,261 \mu g/kg$  (stage 10), with fluctuations during FD stages. Among these fatty acids, the contents of C12:0, C14:0, C16:0 and C16:1n7 increased slightly at the end of FD. And the others showed a decreased content after FD, especially C18:2n6c and

C18:3n3, which were precursors of linear esters compounds through lipoxygenase pathway. This is also consistent with the result that the content of esters increased after FD.

*3.3.3. Changes in contents of free amino acids (FAAs) during freeze drying*  From [Table 3](#page-7-0), a total of 26 free amino acids were detected in all red jujube samples. The total free amino acids showed an increasing tendency firstly, and then decreased to 4,383 μg/kg at stage 3, finally

![](_page_8_Figure_9.jpeg)

**Fig. 2.** The enzyme activity changes of lipoxygenase (LOX) (a), alcohol dehydrogenase (ADH) (b) and alcohol acyltransferase (AAT) (c) during the different freeze drying stages, and the correlation between enzyme activities and fatty acids (d).

<span id="page-9-0"></span>increased and kept a range from 6,050 μg/kg to 7,115 μg/kg during stage 4–10. FAAs had different changes in red jujube during the whole FD stages. After FD, glycine (Gly), valine (Val), histidine (His), lysine (Lys), Leucine (Leu), cystathionine (Cysthi) and ethanolamine

(EOHNH2) were lost more, with a loss ratio of*>*90 %, followed by serine (Ser), arginine (Arg), *β*-aminoisobutyric acid (*β*-AiBA) and *γ*-aminobutyric acid (*γ*-ABA), with a loss of 65 %~75 %, aspartic acid (Asp), threonine (Thr), alanine (Ala), phenylalanine (Phe), *α*-aminoadipic acid

![](_page_9_Figure_4.jpeg)

(a)

![](_page_9_Figure_6.jpeg)

(b)

**Fig. 3.** Correlation analysis between classes of volatile compounds and precursors, enzyme activities and temperature by Mantel test. The upper right diagram showing the Spearman correlation of different classes of aroma compounds. A color gradient denotes the Spearman's correlation coefficients. The bottom left graph shows the Mantel test between effect parameters (reducing sugar, enzyme activies, FFA, FAA, and temperature) and different classes of aroma compounds mentioned above. FFA, free fatty acids; FAA, free amino acids (a) and Spearman correlation networks showing relationships between aroma-active compounds (OAV *>* 1) and flavor precursors, enzyme activities in red jujube during freeze drying stages. The left-hand circle represents the aroma-active compounds, and the right-hand circle represents the main flavor precursors and enzyme activities in the red jujube during freeze drying. The purple and blue lines respectively represent the positive and negative correlation between the aroma compounds and flavor precursors, enzyme activities. And correlation coefficients between them were calculated using values from all samples. Only significant correlations ( $|r|$ *>*0.6, p < 0.05) are indicated, and line thickness represents the correlation coefficients of interactions. (For interpretation of the references to color and letter in this figure, the reader is referred to the web version of this article.) (b). (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

(*α*-AAA) and cysteine (Cys) were lost*<*40 %. In addition, proline (Pro), tyrosine (Tyr), serine (Ser) and hydroxyproline (Hypro) increased 4 % ~40 %, while, methionine (Met), glutamic acid (Glu), citrulline (Cit), *o*phosphoethanolamine (PEA) and taurine (Tau) increased over 50 %. Combined the original content of raw red jujube, data fluctuation and ratio of FAAs, Ser, Gly, Pro, Val, Cys, Arg, Glu, Lys and Leu could be potential precursors for the characteristic aroma of freeze-dried red jujube. These amino acids might involve in Maillard reaction, Strecker degradation, decarboxylation or deamination and other reactions in the thermal reaction process, and form various volatile compounds ([El Hadi](#page-11-0)  [et al., 2013; Schwab et al., 2008](#page-11-0)). Pyrazine compounds with roasty and nut notes obtained by Strecker degradation of Cys or thermal reaction of Lys, Gly, Ser, Val, Leu and Arg (Adams & [De Kimpe, 2007; Deng et al.,](#page-11-0)  [2022; Wang et al., 2021\)](#page-11-0).

#### *3.4. Changes in key enzyme activities in red jujube during freeze drying*

Linear-chain aliphatic alcohols, aldehydes, ketones and esters, are commonly derived from the oxidative degradation of fatty acids and are generally formed by LOX pathways in fruits [\(Wu et al., 2020\)](#page-12-0). LOX, ADH, and AAT are important for the LOX pathway, which results in the synthesis of volatile compounds in red jujube samples. As displayed in [Fig. 2\(](#page-8-0)a–c), the activities of ADH and AAT were reached the highest values with 5.02 U/g and 2.24 U/g at the stage 1, and the highest value of LOX was 6.65 U/g at the stage 2. The activity changes of LOX, ADH and AAT showed a consistent trend, increased initially and then declined. Though the enzyme activities had some fluctuation, the activities of ADH, AAT and LOX were lost 76.9 %, 50.3 % and 74.0 % at the stage 10, respectively. In general, the enzyme activity is higher between 30 and 45 ℃ [\(Liu et al., 2013](#page-12-0)), while the temperature was higher than 57 ℃ after stage 2, which could cause the enzyme activity to decrease or even inactivate (Fig. S1).

From [Fig. 2\(](#page-8-0)d), LOX activity showed a significantly positive correlation with palmitic acid, oleic acid, linoleic acid and *α*-linolenic acid; ADH showed a positive correlation with lauric acid; AAT showed a positive correlation with oleic acid. In general, LOX recognizes the 1,4 pentadiene structure of linoleic acid and linolenic acid in unsaturated fatty acids to make them undergo oxidation and form hydroperoxide fatty acids, and hydroperoxide forms hexanal or hexenal under the action of hydroperoxide lyase (HPL) ([Schwab et al., 2008](#page-12-0)). Under the action of ADH, the corresponding alcohol is formed, such as, (*E*)-2 hexen-1-ol and the alcohol forms the corresponding ester, such as (*E*) ethyl hex-2-enoate under the action of AAT ([Guo et al., 2022\)](#page-12-0).

# *3.5. Correlation between aroma compounds and precursors and enzyme activities in red jujube during freeze drying*

# *3.5.1. Correlation analysis between classes of aroma compounds and precursors, enzyme activities and temperature*

In order to explore the correlation between classes content of aroma compounds, the Spearman correlation analysis was established [\(Fig. 3](#page-9-0)  (a) upper right). A correlation was also established between the class content of aroma compounds and precursors and temperature using the Mantel test [\(Fig. 3](#page-9-0)(a), bottom left). Spearman correlation showed that esters content was negatively correlated with the content of acids, lactones, pyrazines, aldehydes and ketones. The content of pyrazines, ketones, acids and aldehydes were positively correlated. Butane-2,3-dione and 3-hydroxybutan-2-one with creamy and sweet notes in red jujube as α-dicarbonyl compounds, could participate in the Maillard reaction and form pyrazines with roasty and nut notes ([Xiao et al., 2018](#page-12-0)). This result elucidated the positive correlation between ketones and pyrazines, also explained the aroma profile transformed from creamy and sweet to roasty after FD. With the Maillard reaction occurred, pyrazines as the products of Maillard reaction, ketones and acetic acid as the intermediate products would be produced [\(Gong et al., 2021](#page-11-0)). That could be explained the positive correlation between pyrazines, ketones, acids and

aldehydes.

Results of the Mantel test indicated that enzyme activity, fatty acids and free amino acids had significant correlations ( $p \leq 0.05$ ) with aldehydes, ketones, acids, lactones, pyrazines, alkenes and others. Amino acids and fatty acids could not only affect the volatile compounds alone, but also their interactions could affect the overall aroma to a great extent, which is mainly played by Maillard reaction. In Maillard reaction, amino compounds could be provided by amino acids, while carbonyl compounds could be converted from reducing sugar or fatty acids [\(Hou et al., 2017](#page-12-0)). In addition, some volatile oxidation products of fatty acids, such as acids, ketones, alcohols, would also react with the intermediate products of Maillard reaction to generate flavor compounds and contribute to the overall aroma. They might generate some heterocyclic compounds with long alkyl substituents, such as pyridines, pyrazines and so on ([Liu et al., 2020](#page-12-0)). In addition, temperature had a highly significant correlation ( $p < 0.01$ ) with the aldehydes, ketones, acids, lactones, pyrazines, alkenes and others. That illustrated the temperature was also a key influencing factor in the aroma formation during FD which is a complex process involved enzyme reaction and nonenzyme reaction. [Li et al. \(2022\)](#page-12-0) also found that temperature was an important parameter in aroma formation during drying processing of shiitake mushrooms. And based on PCA analysis, they inferred the aroma formation was dominated by enzymatic reactions in the predrying period and by non-enzymatic reactions in the post-drying period, which were all driven by temperature. In our study, combined the correlation value, the influence degree of factors on the aroma formation of freeze-dried jujube was ranked as temperature *>* enzyme activity  $>$  fatty acids  $>$  amino acids [\(Fig. 3](#page-9-0)(a)).

## *3.5.2. Correlation analysis between aroma-active compounds and flavor precursors, enzyme activities*

Based on the above analysis results, the correlation network among aroma-active compounds (OAV *>* 1), flavor precursors (including 3 fatty acids, 9 free amino acids and 3 reducing sugars), and enzyme activities was constructed using Cytoscape (v.3.8.2) based on the Spearman correlation analysis. Spearman correlation coefficients and p values were calculated and shown in [Fig. 3](#page-9-0)(b). There were 212 significant (p *<* 0.05) and strong ( $|r| > 0.6$ ) correlations between the aroma-active compounds and flavor precursors and enzyme activities. The letter A  $\sim$  I stand for alcohols, aldehydes, ketones, acids, esters, lactones, pyrazines, alkenes, and others, respectively.

From [Fig. 3](#page-9-0)(b), there were 3 fatty acids related to volatile compounds, of which the number of aroma-active compounds related to *α*-linolenic acid was the most (18), followed by linoleic acid (9) and oleic acid (6). That might be due to these fatty acids have unsaturated double bond, which could more easily form aroma compounds by oxidizing reaction. In addition, there were 9 free amino acids related to volatile compounds. The number of aroma-active compounds related to Lys (23) and Leu (23) was the largest, followed by Arg (21), Ser (20), Val (20) and Gly (19), Pro (15), Glu (8) and Cys (3). This result was consisted with section 3.2.3, these amino acids could be identified as the main FAAs precursors for the aroma-active aroma compounds of freeze-dried red jujube. Glucose had more correlations with aroma-active compounds among the 3 sugars, and LOX had greater correlation with aroma-active compounds than ADH and AAT.

As compounds that contribute greatly to the aroma of freeze-dried jujube, pyrazine compounds were mainly negatively correlated with Pro and Cys, and positively correlated with Gly, Lys, Val, Leu, Arg and Glu. This is consistent with Yu et al., (2021) and Kocadagli et al., (2021). In addition, there was also a significant positive correlation with *α*-linolenic acid and LOX, which might be due to the substances produced by fatty acids in the oxidation process involved in the Maillard reaction. Similar to pyrazines, precursors associated with ketones included 8 amino acids, 2 fatty acids and 1 reducing sugar, LOX and AAT also showed correlation with ketones. Among them, Arg, Lys, Leu, Val, Pro, Glu, Ser, Gly and *α*-linolenic acid were correlated with 3-octanone, <span id="page-11-0"></span>3-hydroxybutan-2-one, and oct-1-en-3-one. Ketone compounds showed a declined trend during the FD process, indicating that ketones were reactant during the FD process, and might be converted to other volatile compounds such as pyrazines or carboxylic acids [\(Xiao et al., 2018\)](#page-12-0).

There were 9 amino acids, 3 fatty acids and LOX significantly correlated with esters. Among these aroma-active compounds, ethyl decanoate, methyl dodecanoate and methyl decanoate were identified as the aroma-active compounds of "Huizao" and freeze-dried "Huizao". In addition, ethyl dodecanoate and ethyl heptanoate were identified as aroma-active compounds in freeze-dried "Huizao", ethy octanoate was also produced after FD. Generally, esters could be divided into two categories, one is acetyl coenzyme A and higher alcohols to produce acetates, the other is fatty acids and ethanol to produce fatty acid ethyl esters. Higher alcohols are mainly derived from amino acid catabolism, while acetyl coenzyme A could be produced through various pathways, including amino acid metabolism and fatty acid oxidation, and LOX is an important pathway for fatty acid oxidation [\(Schwab et al., 2008](#page-12-0)). Therefore, it could well explain the strong correlation between the dynamic changes of esters and amino acids, fatty acids and LOX enzyme activity.

Similar to esters, lactones were mainly related to *α*-linolenic acid, LOX enzyme activity and 8 amino acids. Chemically, they are cyclic esters formed by intramolecular condensation of hydroxy fatty acids (El Hadi et al., 2013). The typical lactones in "Huizao" and freeze-dried "Huizao" were *γ*-lactones. The 5-propyloxolan-2-one was identified as the key aroma-active compounds in "Huizao" before and after freezedrying, and the 5-heptyloxolan-2-one was identified as the key aromaactive compounds of freeze-dried "Huizao". In fact, most of the hypotheses on the biosynthesis of fruit lactones involved two main pathways for fatty acids, *β*-oxidation and LOX to produce aroma compounds. Although the importance of these compounds in fruit aroma, there is a lack of enzymatic research in fruit (El Hadi et al., 2013).

There were also many precursors related to aldehydes, including 2 fatty acids and 8 amino acids, and 3 sugars. The number of precursors related to (*E*)-2-heptenal and (*E*)-2-octenal were the most (11), followed by decanal (10), and most of the precursors were amino acids. Furthermore, these three aldehydes were not detected after FD stage 4, indicating that aldehydes were intermediate products during the FD process. There were few precursors related to alcohols, including Cys, Leu and α-Linolenic. The content of alcohols increased slightly after FD, oct-1-en-3-ol might be derived from fatty acids under the action of ADH, and 2,3-butanediol might be originated from metabolism of pyruvate ([Zhang et al., 2020](#page-12-0)).

## **4. Conclusion**

A total of 30 aroma-active compounds of 53 aroma compounds were detected in all red jujube samples during FD processing, and the aroma content increased 32.7 % after FD. From stage 3 in FD processing, the aroma profile of freeze-dried red jujube was transformed from sweet dominated to roasty dominated. In addition, there were 9 FAAs (Ser, Gly, Pro, Val, Cys, Arg, Glu, Lys and Leu) and 3 FFAs (oleic acid, linoleic acid and *α*-linolenic acid) selected as key aroma precursors; and LOX play an important role in aroma formation of freeze-dried red jujube. Through analysis of precursors and enzyme activities combined correlation analysis, glucose and FAAs involved in non-enzymatic reactions, they had the main correlation with the formation of esters, pyrazines and furfural; and the FFAs and LOX involved in lipid oxidation reactions, they had the main correlation with the formation of alcohols, aldehydes and lactones. In addition, the influence degree of factors on the aroma formation of freeze-dried jujube was ranked as temperature *>* enzyme activity *>* fatty acids *>* amino acids. The multi-stage and variabletemperature procedure of FD enhanced lipid pyrolysis reaction and non-enzymatic reaction efficiency, which significantly improved the aroma of red jujube.

aroma of red jujube is modified during the freeze-drying process and the origin of these olfactory changes. And reveals which flavor precursors are most important for the development of the characteristic red jujube flavor sought by consumers, thereby enabling the selection of the most suitable red jujube variety for the targeted technological transformation.

## **CRediT authorship contribution statement**

**Min Gou:** Data curation, Formal analysis, Methodology, Investigation, Writing – original draft. **Qinqin Chen:** Conceptualization, Writing – review & editing, Methodology, Validation. **Xinye Wu:** Investigation, Methodology. **Gege Liu:** Investigation. **Marie-Laure Fauconnier:**  Conceptualization, Supervision. **Jinfeng Bi:** Conceptualization, Resources, Supervision.

## **Declaration of Competing Interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## **Data availability**

The data that has been used is confidential.

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#### **Appendix A. Supplementary data**

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Furthermore, this study provides a better understanding of how the

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