



At the boundaries of mental state reportability

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Consciousness

and why I study it

awareness

perception

cognition

thought

imagination

mind

self-awareness

experience



NeuroEthics



Animals



Psychotherapy



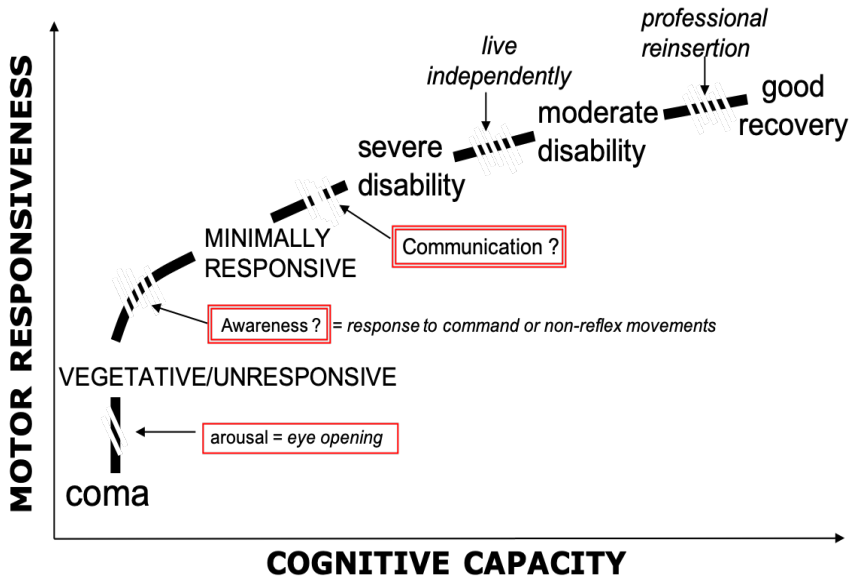
Limits of reportability

Clinical Unconsciousness

Source: Google pictures (Credit: CC-BY-SA; M Appelman)

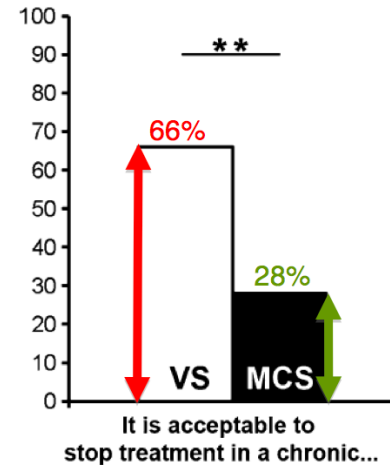
Disorders of Consciousness

Consciousness inferred from behavior



End-of-life support for “unconscious” patients

2,475 medical professionals



The resting paradigm

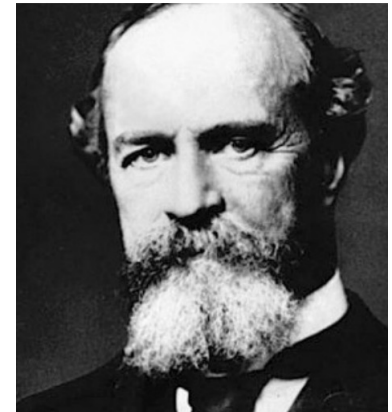


Brain ~2% body's weight
Evoked changes <5%
80% for neuronal signaling



"While conscious awareness is [...] energetically inexpensive, it is dependent upon a very complex, dynamically organized state of the brain that is achieved at great expense"

The stream of thought (Chapter IX)
The Principles of Psychology 1890

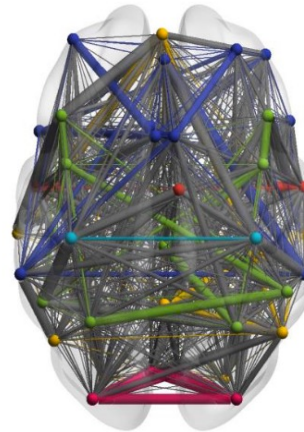
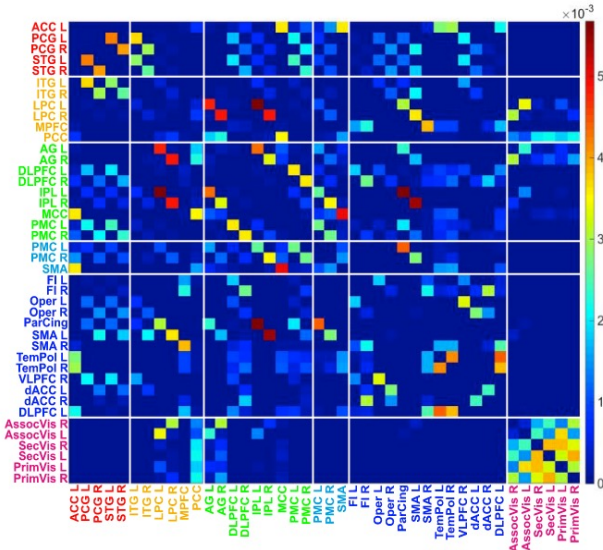


William James (1842-1910)

The brain as a network

100 billion neurons, ~100 trillion synaptic connections

The Connectome



Aud DMN FP
Mot Sal Vis

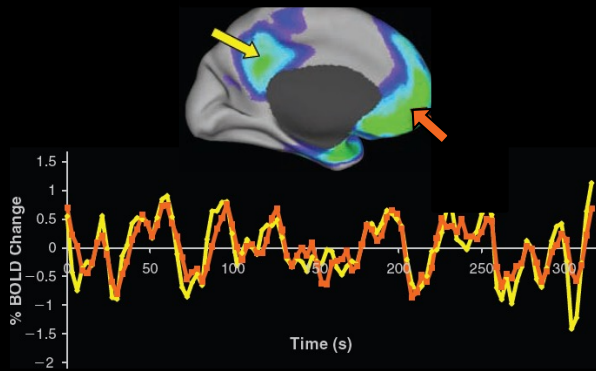
A matrix representing
all possible
pairwise anatomical
connections
between neural
elements of the brain

Sporns, Tononi, & Koetter.
PLoS Comput. Biol. 2005

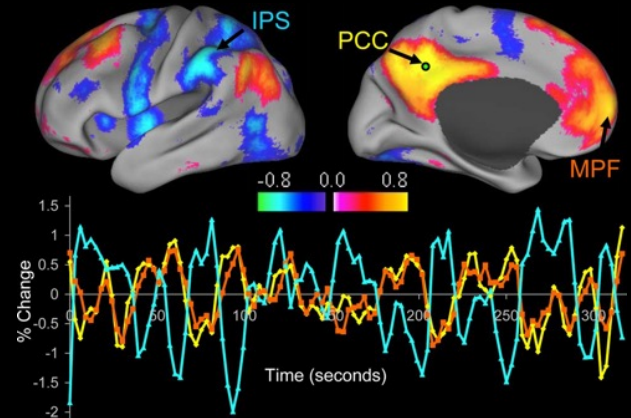
Default mode of brain function

Task deactivations

Task performance - Rest (fixation/eyes closed)



Functional anticorrelations



Demertzi & Whitfield-Gabrieli, in: *Neurology of Consciousness* 2nd ed. 2015

Demertzi, Soddu, Laureys, *Curr Opin Neurobiology* 2013

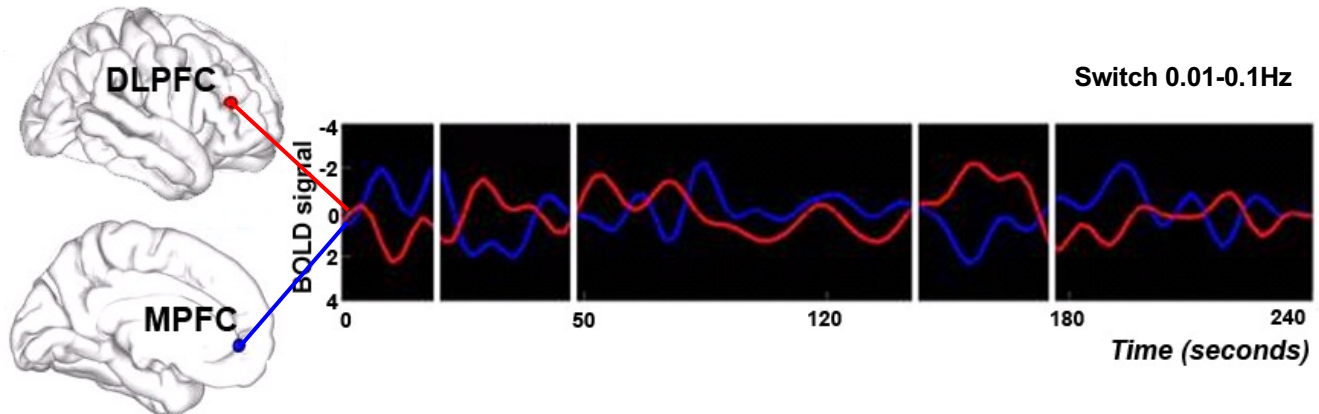
Demertzi et al, *Front Hum Neurosci* 2013

Raichle et al, *PNAS* 2001

Fox et al, *PNAS* 2005

Anticorrelations inform cognitive function?

External awareness
or anticorrelated network

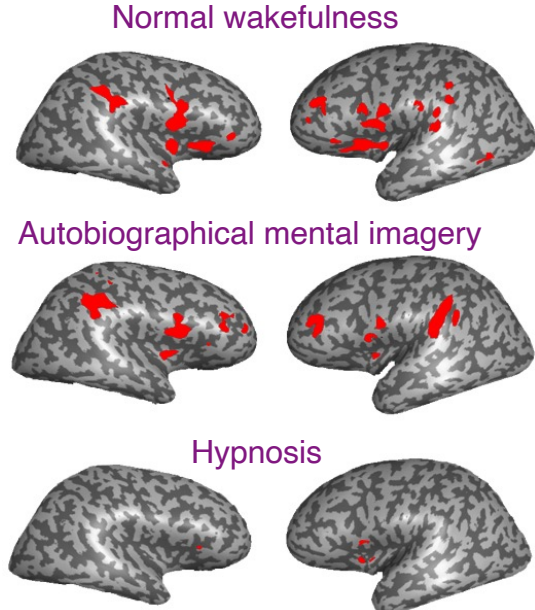
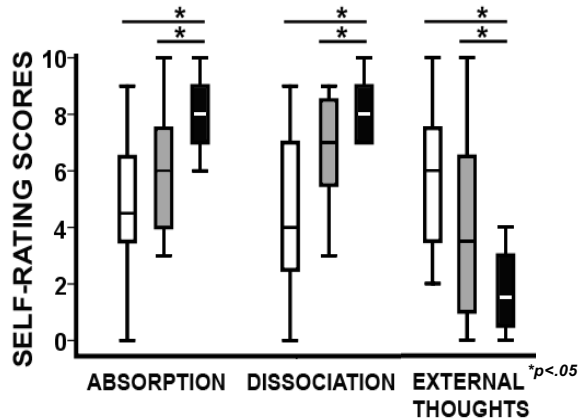


Internal awareness
or Default mode network

- Vanhaudenhuyse*, Demertzi* et al, *J Cogn Neurosci* 2011
 Demertzi, Soddu, Laureys, *Curr Opin Neurobiology* 2013
 Demertzi & Whitfield-Gabrieli, in: *Neurology of Consciousness* 2nd ed. 2015
 Demertzi et al, *Front Hum Neurosci* 2013
 Demertzi, Kucyi, Ponces-Alvarez, Keliris, Whitfield-Gabrieli, Deco. *Netw Neurosci* 2022

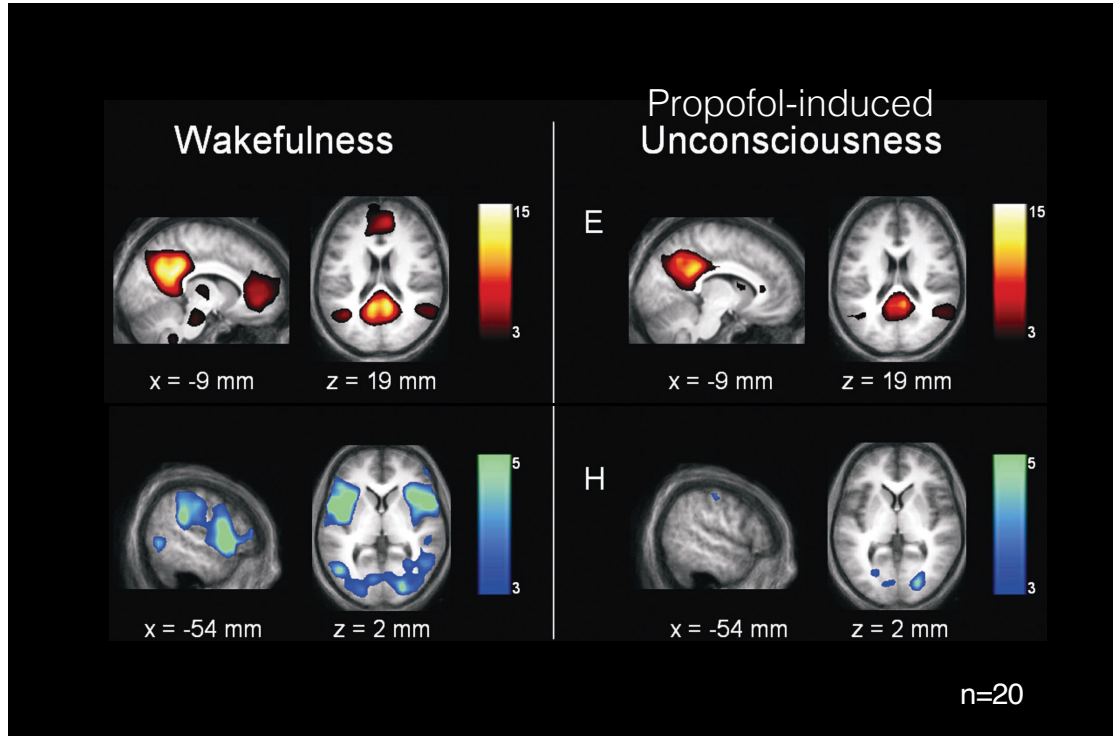
Modified awareness reduces anticorrelations

- Normal wakefulness
- ▒ Autobiographical mental imagery
- Hypnosis

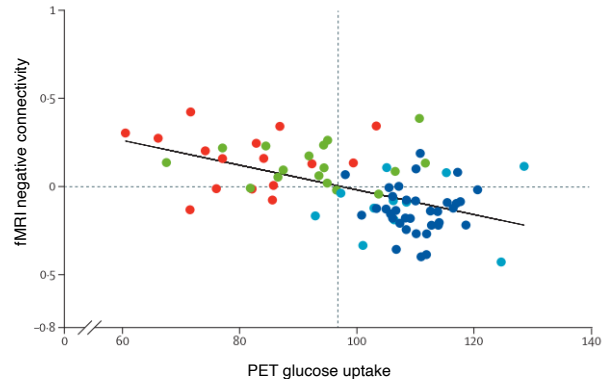
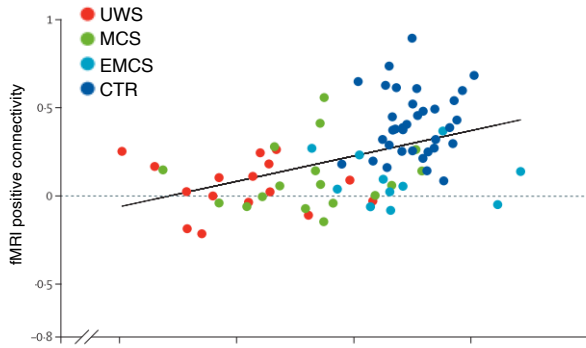
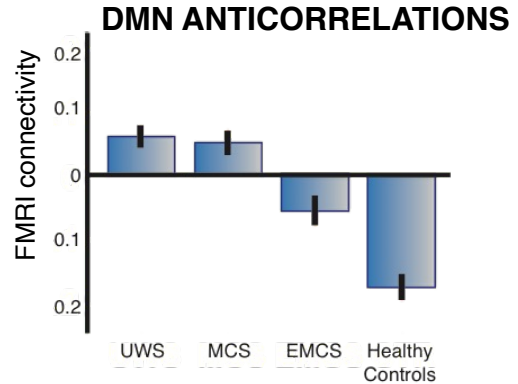
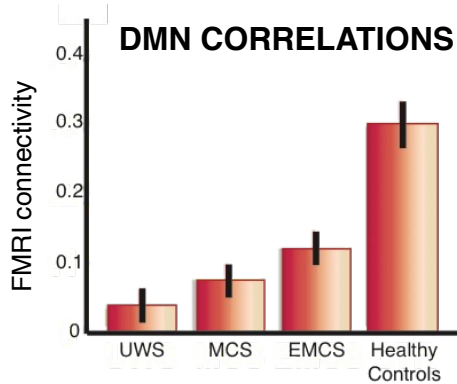


p<0.05 corrected for multiple comparisons

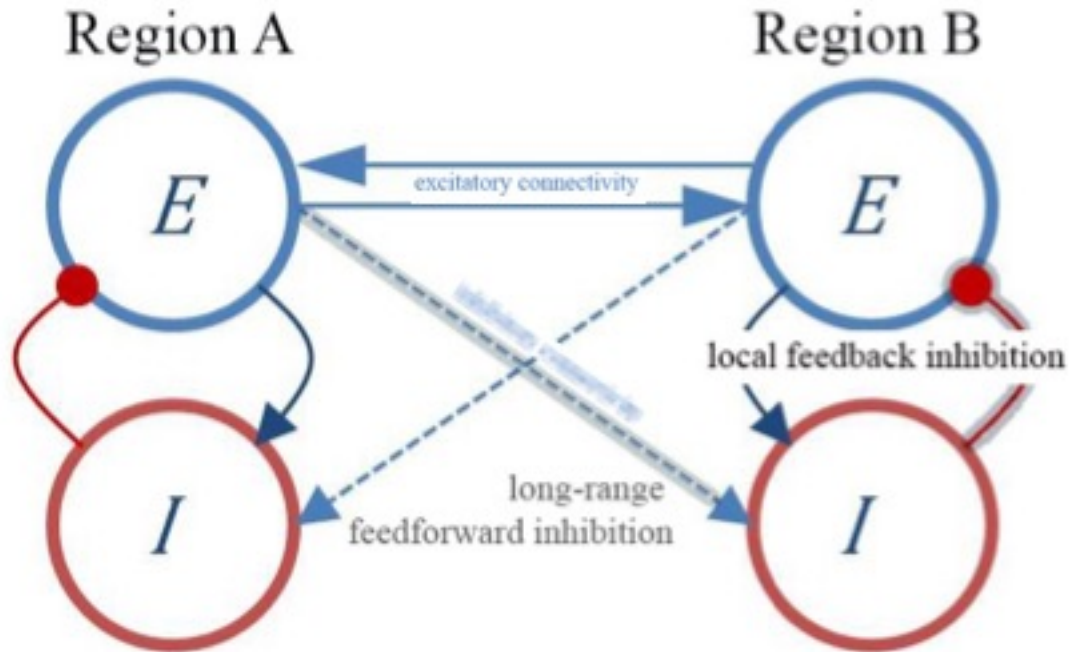
Modified arousal reduces anticorrelations



No anticorrelations in DOC



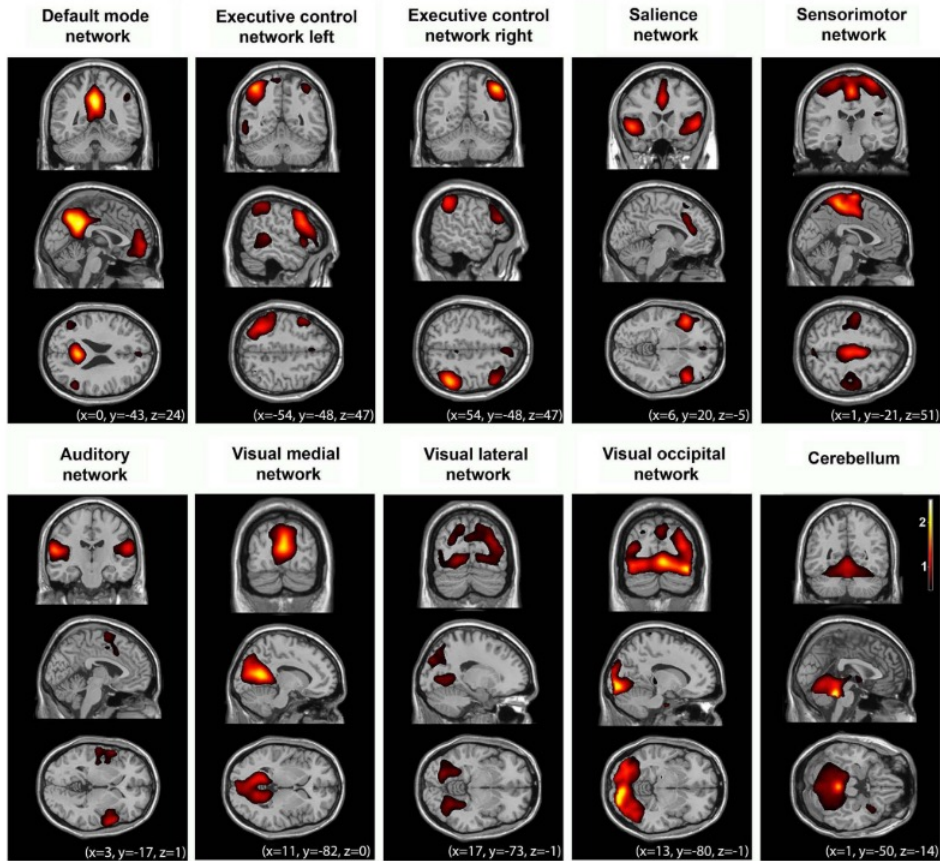
Anticorrelations as a result of neural inhibition



Ignition

Deco et al., *Sci Adv* 2021
Joglekar et al., *Neuron* 2018

More networks during rest



Biswal et al., *Magn Reson.*

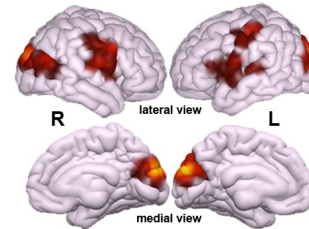
Med 1995

Smith et al, *PNAS* 2009

Heine et al, *Front Psych* 2012

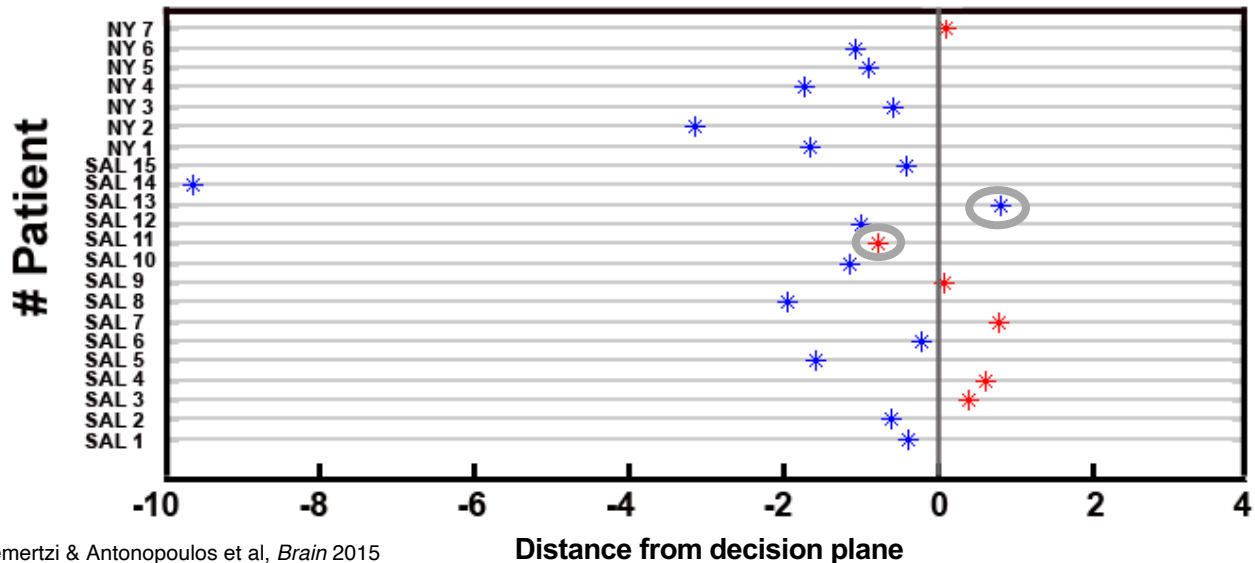
Lower cross-modal interaction in UWS

- Training set: 45 DOC (26 MCS, 19 VS/UWS)
 - 14 trauma, 28 non-trauma, 3 mixed
 - 34 patients assessed >1m post-insult
- Test set:
 - **16 MCS**, **6 VS/UWS** (15 non-trauma; all chronic)
 - 2 different centers



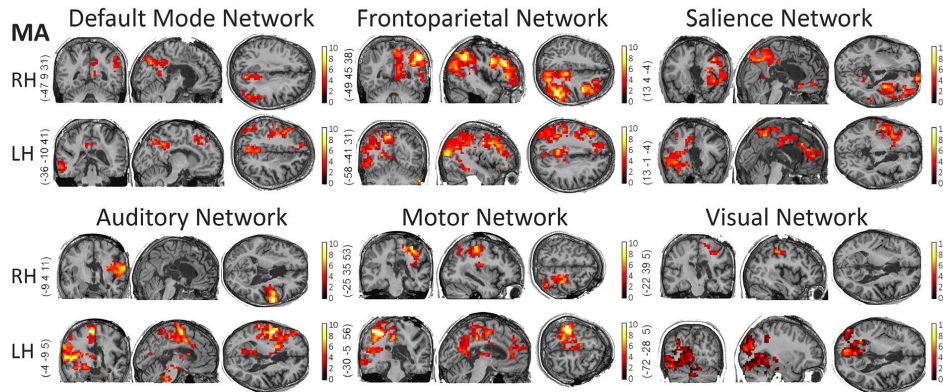
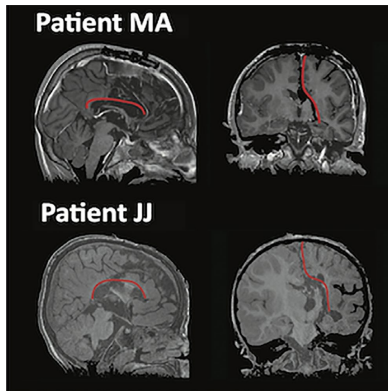
Classification MCS

Classification VS/UWS

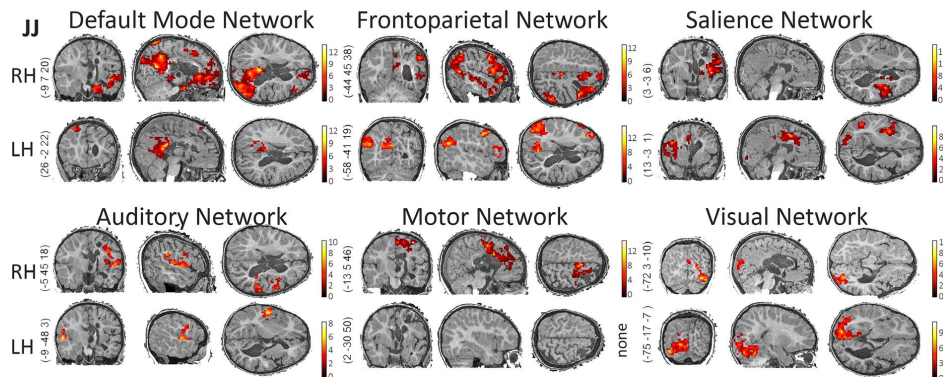
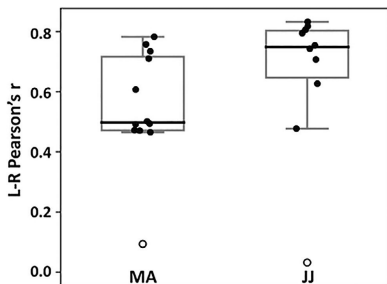


Lower cross-modal interaction in the isolated brain

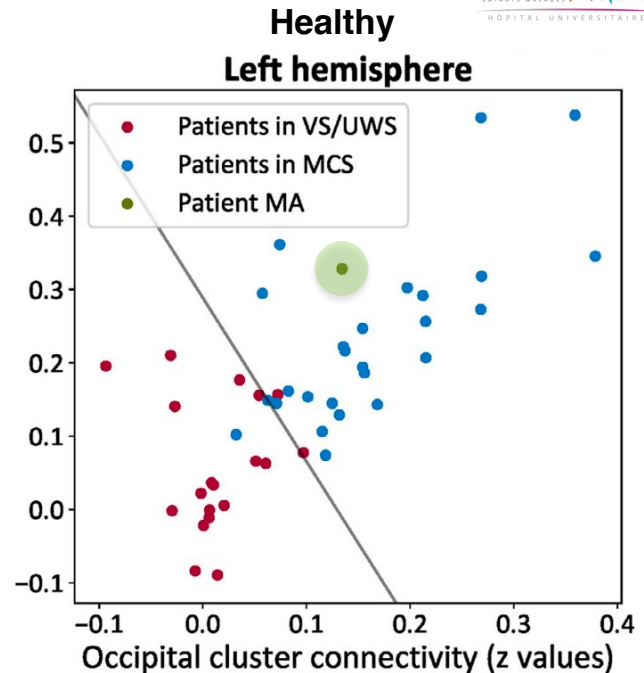
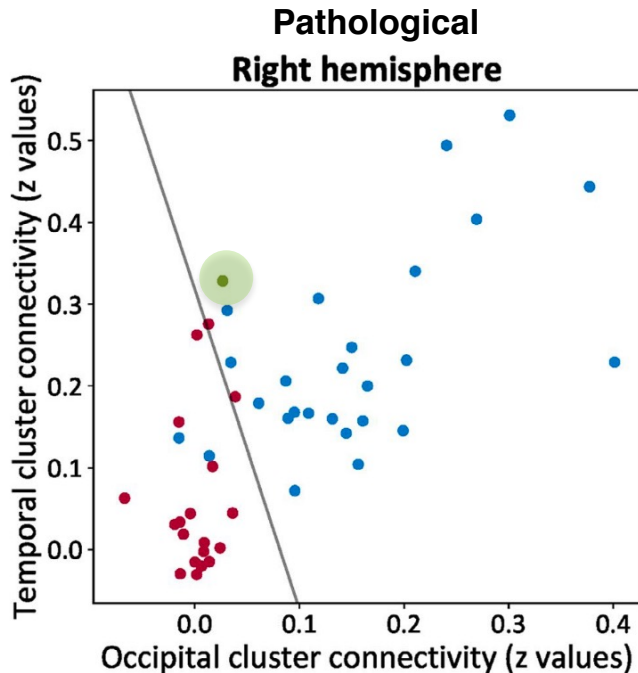
Complete hemispherotomy



Inter-hemispheric connectivity

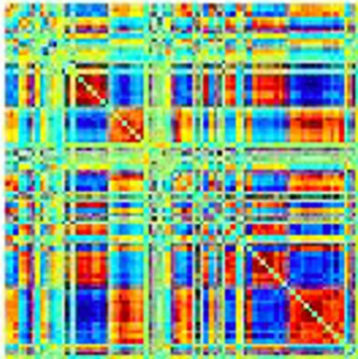


Lower cross-modal interaction in the isolated brain

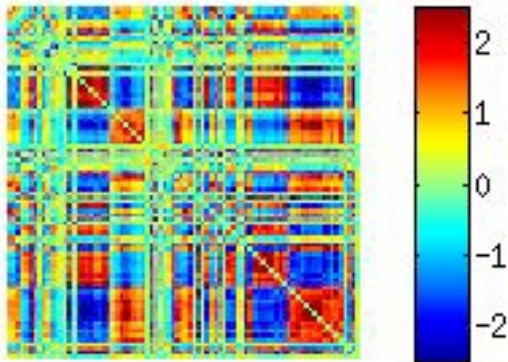


Brain dynamics and cognition

Averaged connectome



Time-varying connectome



Typical wakefulness

Performance, emotion and cognition

Alavash et al, *Neuroimage*, 2016; Shine et al *Neuron*, 2016; Friston *Neuroimage*, 1997; Thompson et al, *Hum Brain Mapp*, 2013

Unconsciousness

Rigid spatiotemporal organization, less metastable dynamics

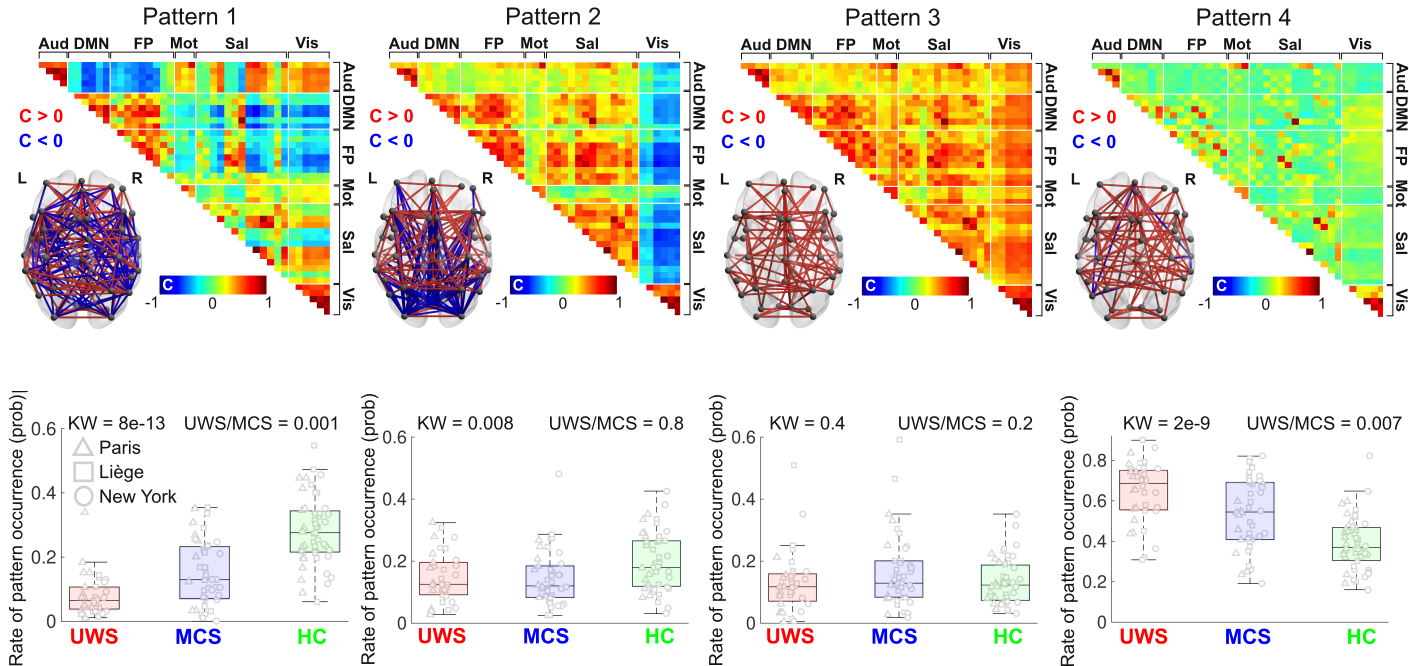
- **sleep** (Tagliazucchi et al, *PNAS* 2013; Wang et al, *PNAS* 2016; Wilson et al., *Neuroimage* 2015; Chow et al, *PNAS* 2013)
- **anesthesia**
 - **humans** (Tagliazucchi et al, *J. R. Soc. Interface* 2016; Kafashan et al, *Front Neural Circuits*, 2016; Amico et al, *PLoS One* 2014)
 - **animals** (Bartfeld et al, *PNAS* 2014; Grandjean et al, *Neuroimage* 2017; Liang et al, *Neuroimage* 2015)



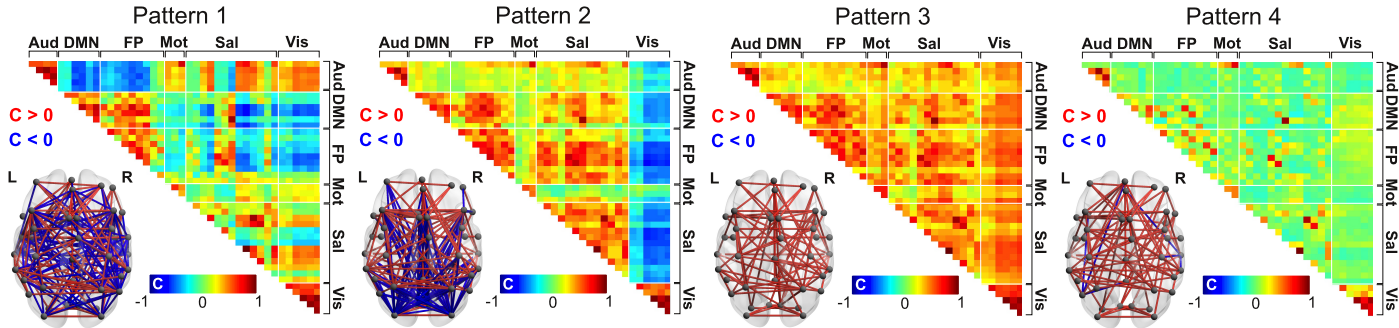
The brain cannot map the complexity of internal and external world

(Dehaene et al, *Trends Cog Sci*, 2006; Tononi et al, *Nat Rev Neurosci*. 2016)

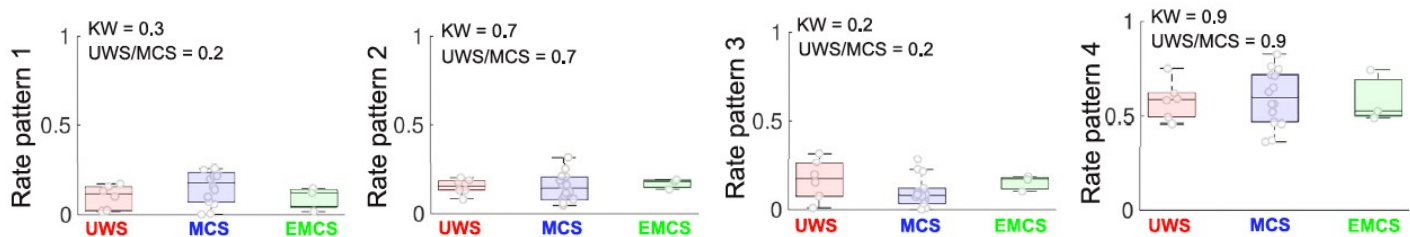
Complex patterns in higher conscious states



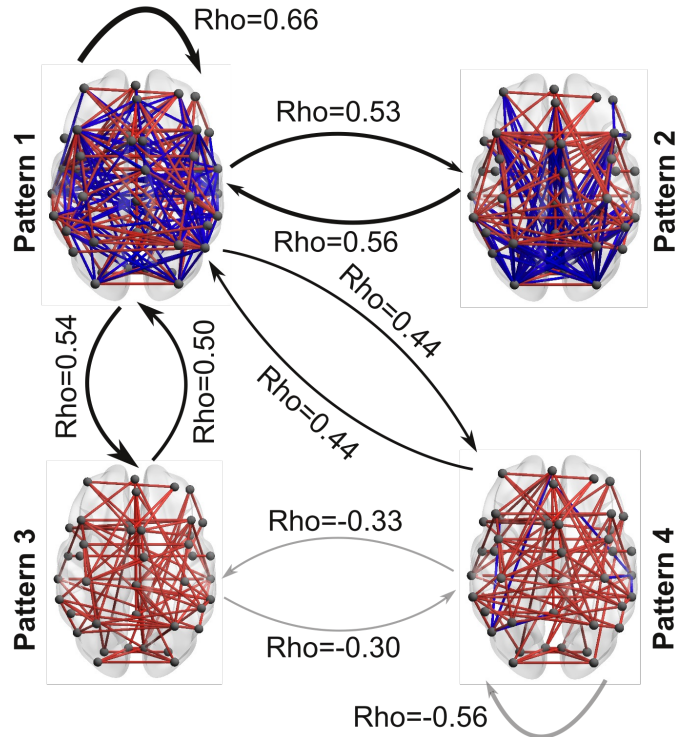
Complex patterns in higher conscious states

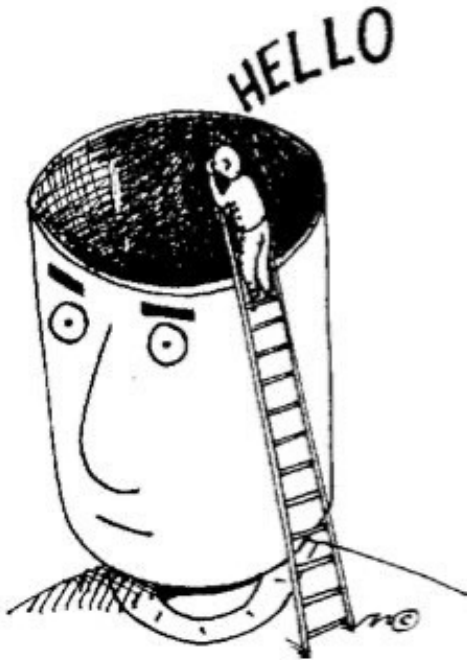


Propofol anesthesia



More chances to transition when conscious

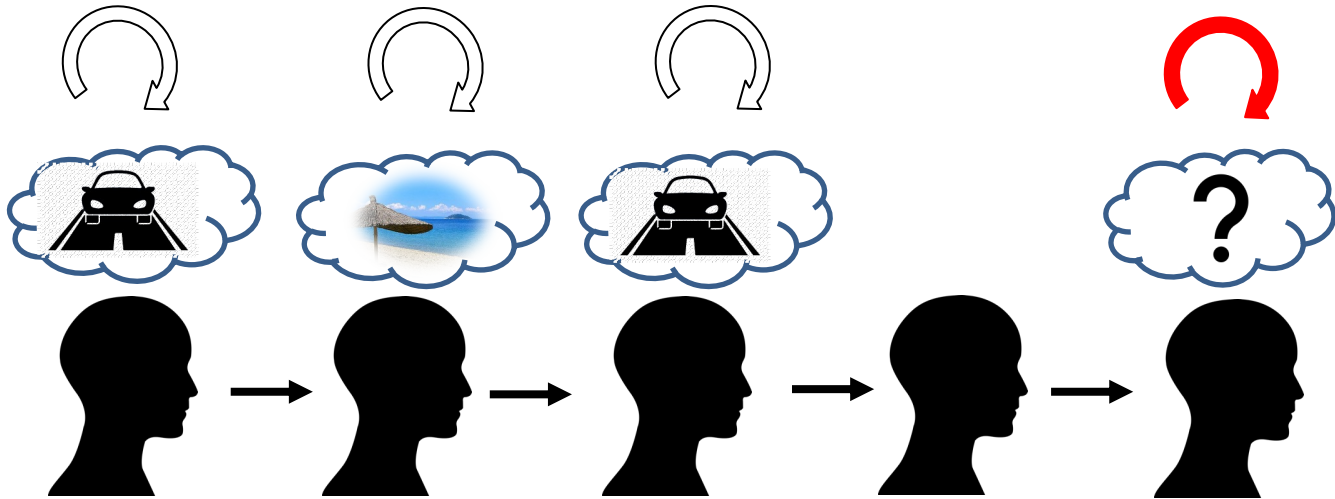




Limits of reportability

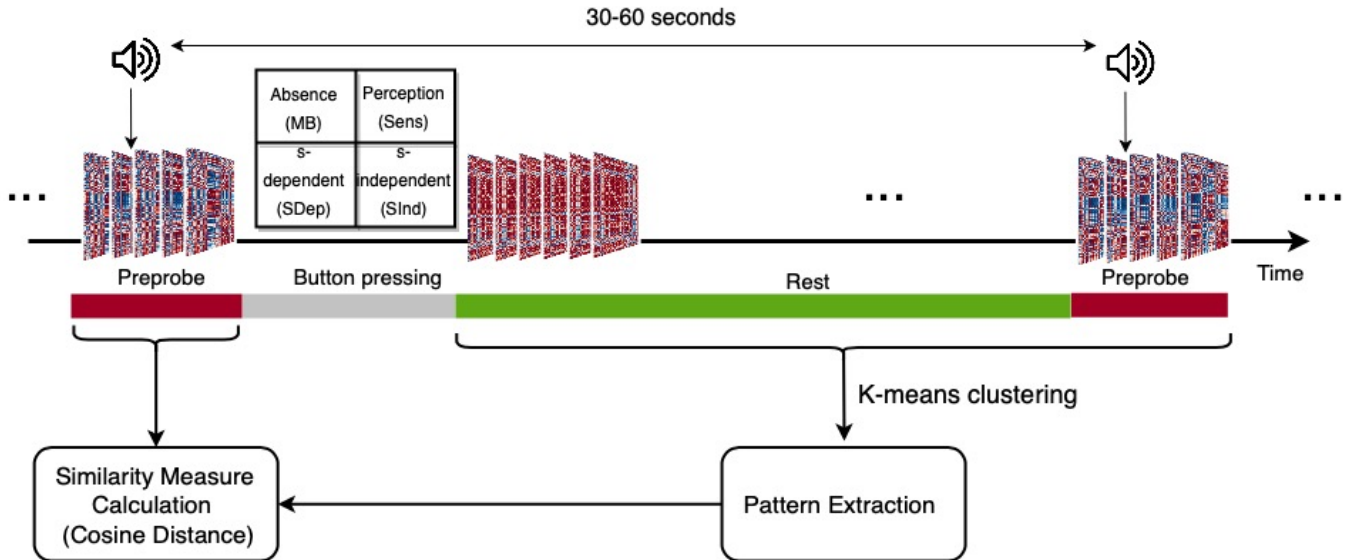
Typical Conscious state

Mental states



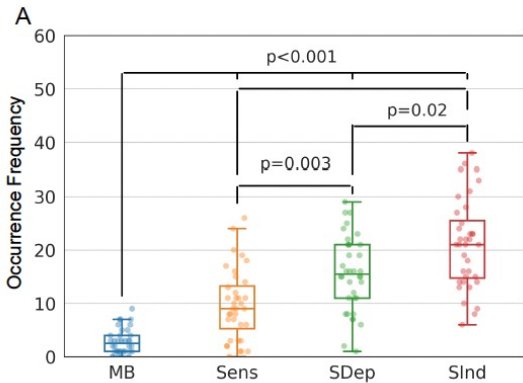
Slide courtesy: Boulakis Paris

Experience-sampling

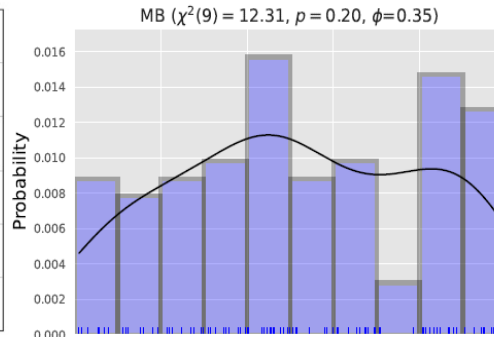


Mind Blanking has a distinct behavioral profile

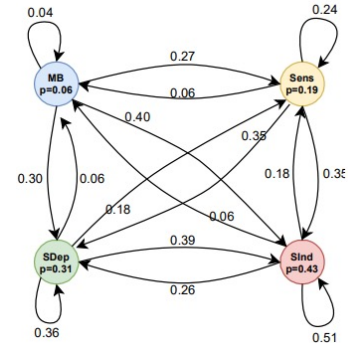
Less frequent



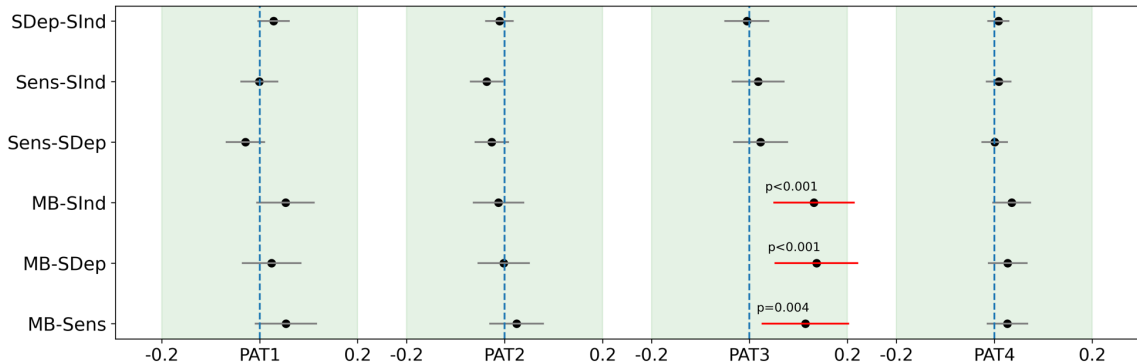
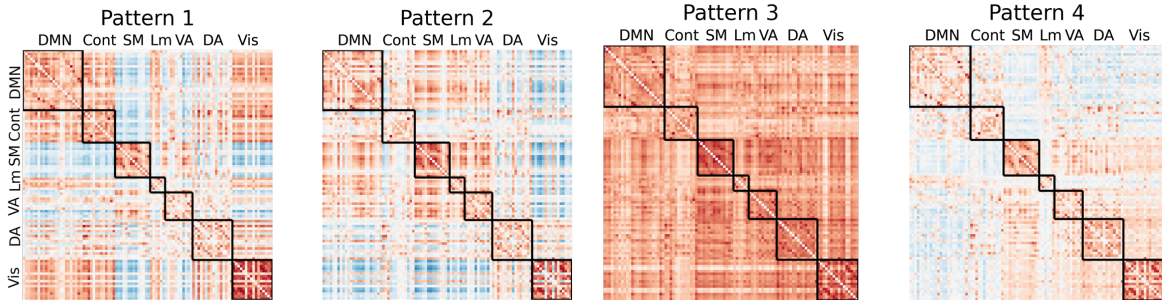
Equally probable across time



Transient relay



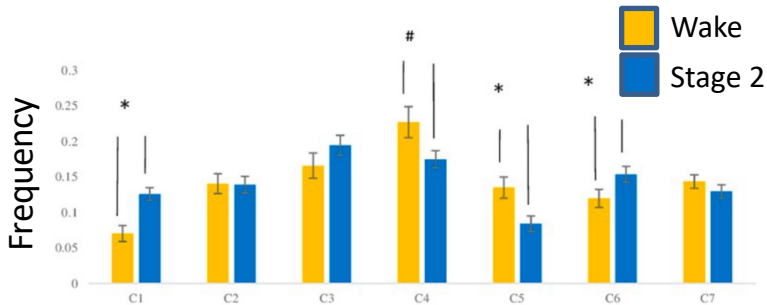
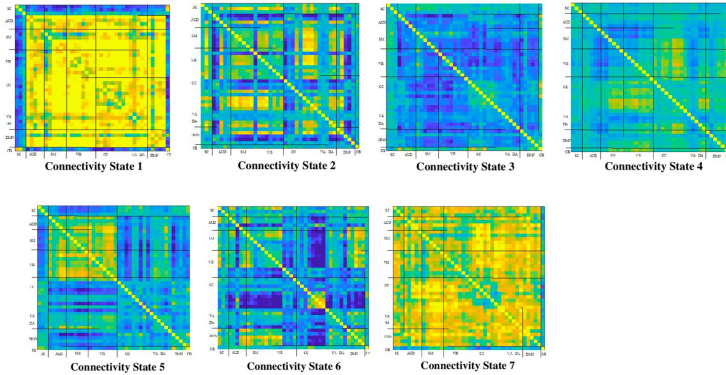
MB is linked to a hyper-connected state



Higher functional connectivity due to slow waves

NREM sleep

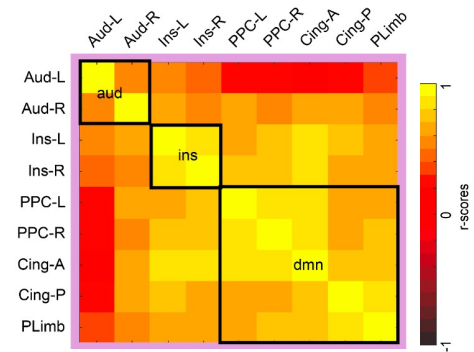
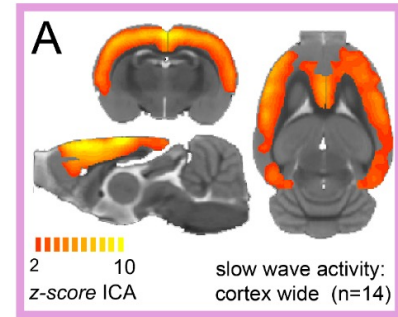
Humans



El-Baba et al, *PLOS One* 2019

Isoflurane anesthesia

Rats



Aedo-Jury et al, *eLife* 2019

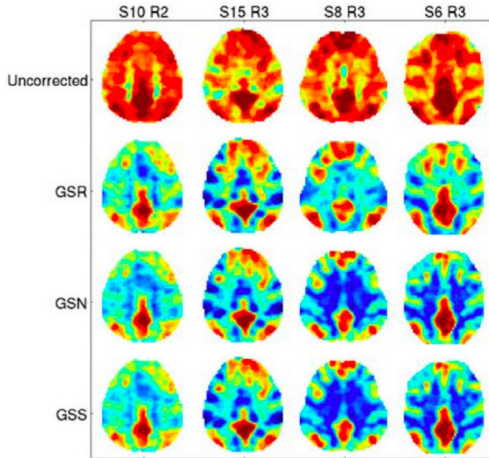
Lower cortical arousal in MB?

Global signal

Average voxel timeseries

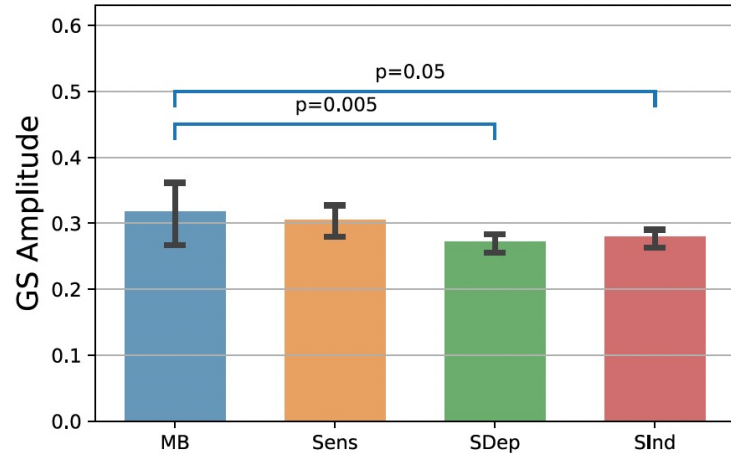
Zarahn, Aguirre, D'Esposito, *NeuroImage* 1997
 ("Global flow" in PET, Friston et al., 1990)

PCC Correlation Maps



Liu et al, *NeuroImage* 2017

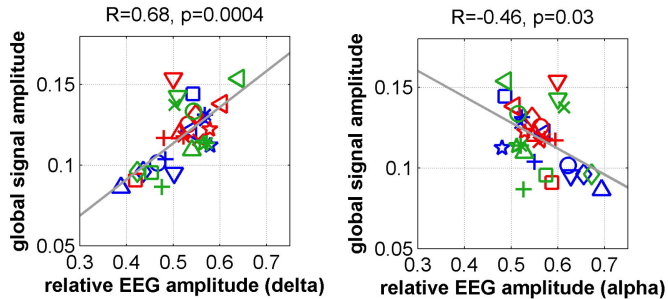
Higher Global Signal Amplitude around MB reports



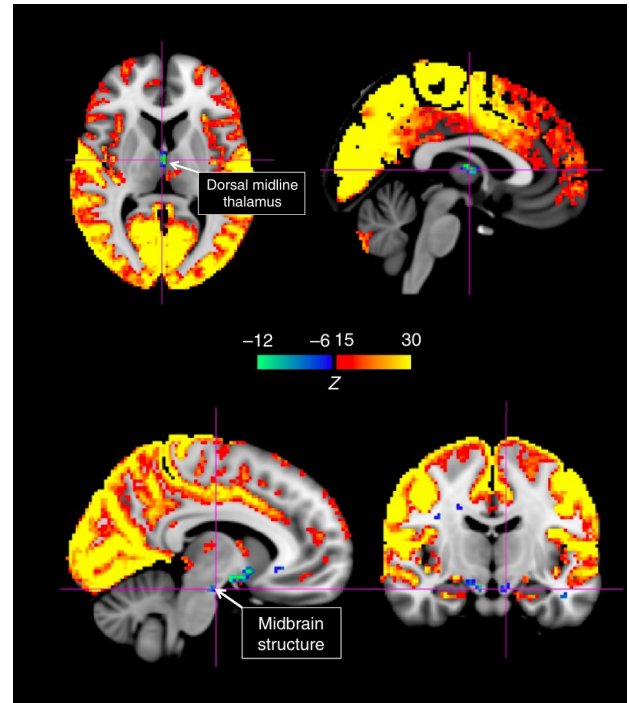
Mortaheeb et al, *PNAS* 2022

GS amplitude and Arousal

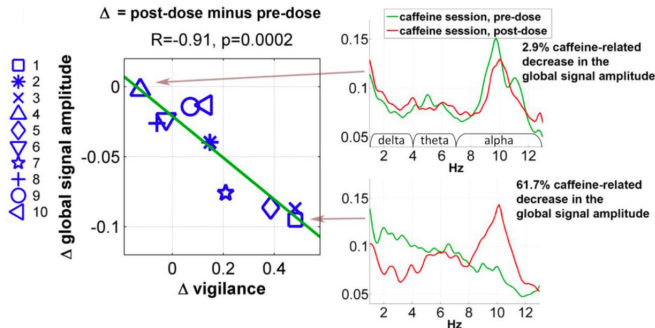
GS amplitude is linked to low arousal



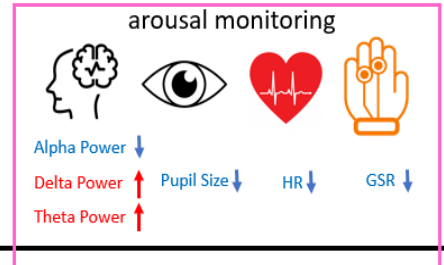
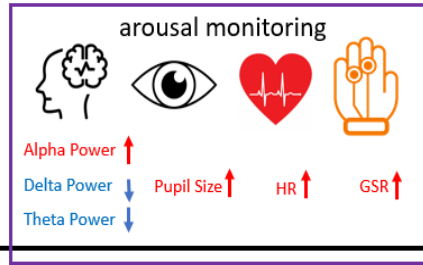
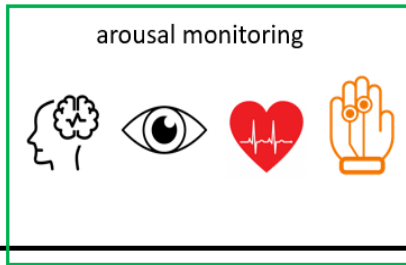
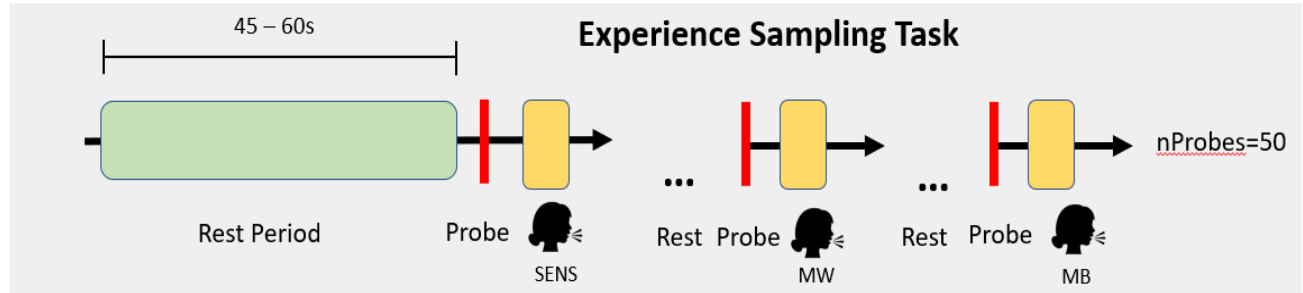
GS amplitude linked to signal decreases in subcortical structures of arousal



GS amplitude decreases with caffeine intake



Hypothesis: Mental state reportability has an embodied component



Day 1 – Baseline measurements



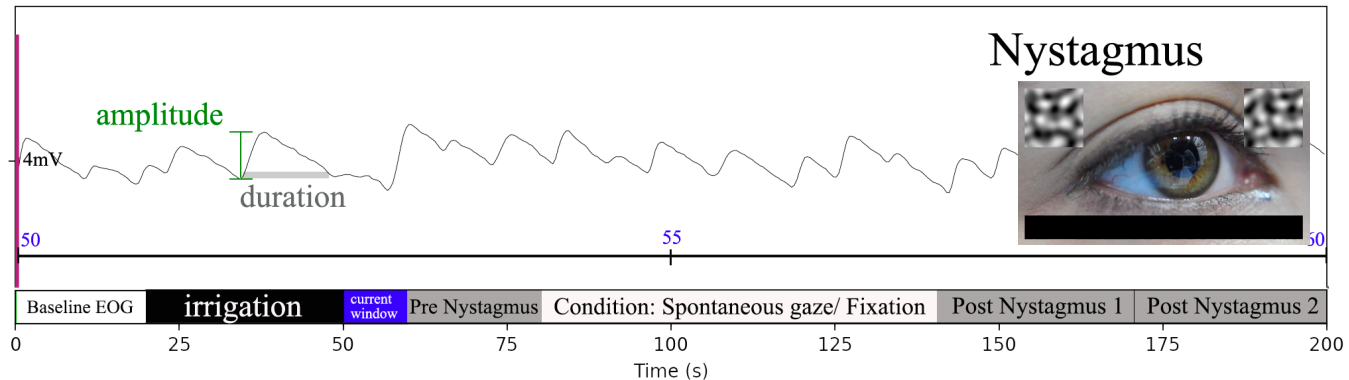
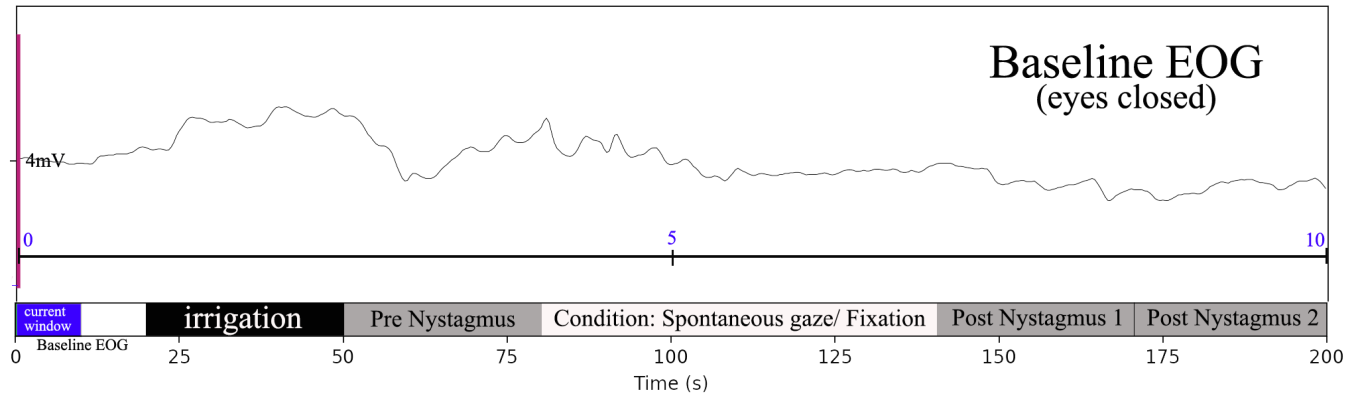
Day 2 – High Arousal



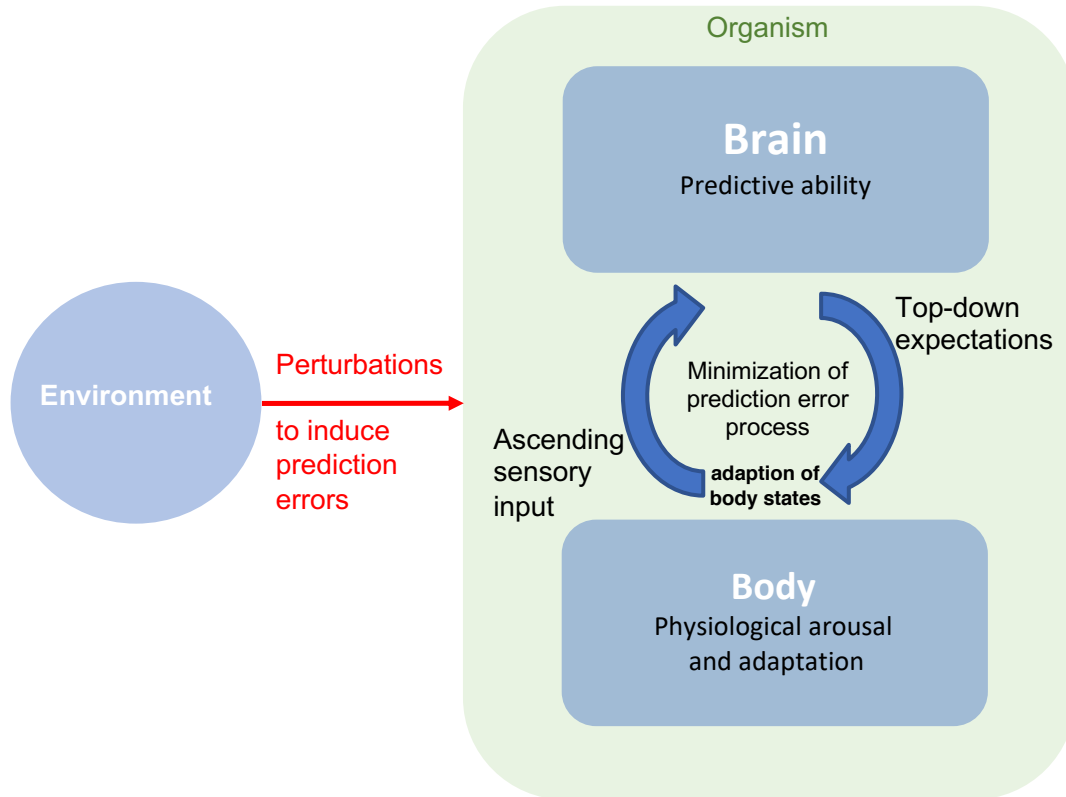
Day 3 – Low Arousal

time

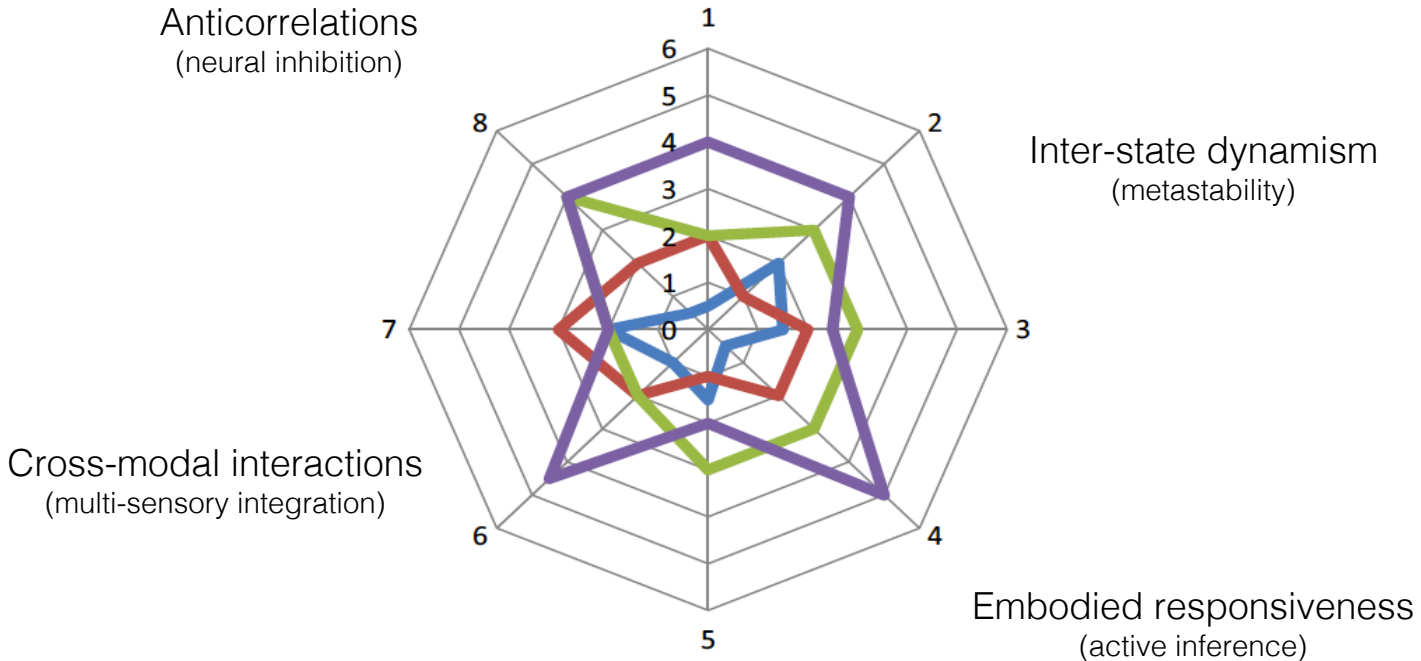
Evidencing sentience in low arousal by probing brain-body interactions



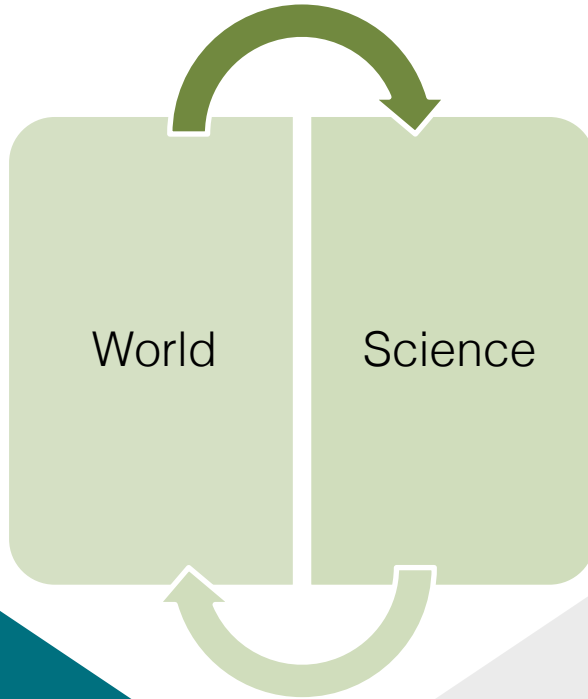
The Active Inference principle



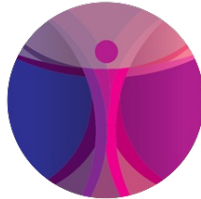
Consciousness is multidimensional



Consciousness



Physiology of Cognition Lab



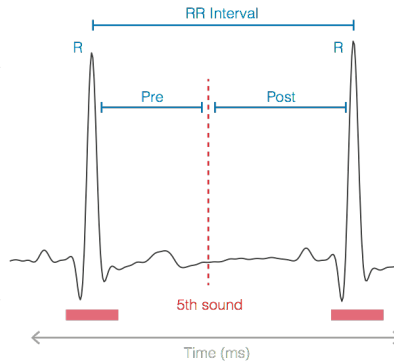
GIGA Institute
Cyclotron Research Center
Université de Liège

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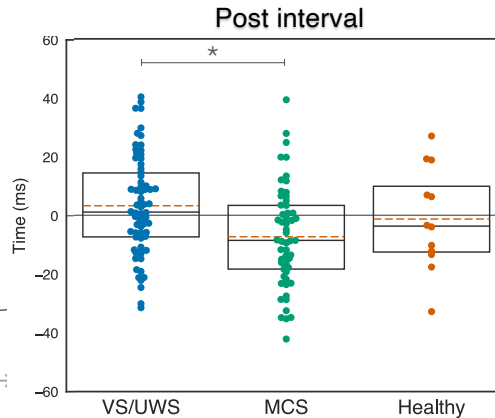
 [Ademertzi@mastodon.social](https://mstdn.social/@ademertzi)

Cardiac reactions to oddballs in MCS

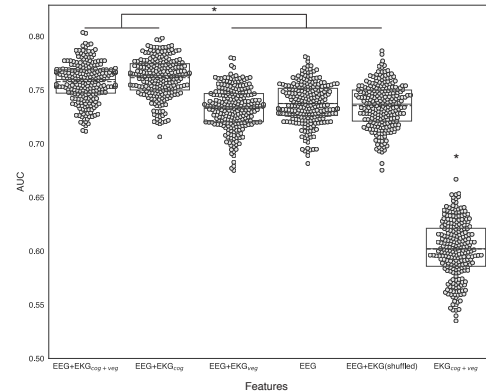
Auditory oddball paradigm



Cardiac cycle-phase acceleration only in MCS



Electrocardiographic markers carry independent information from EEG

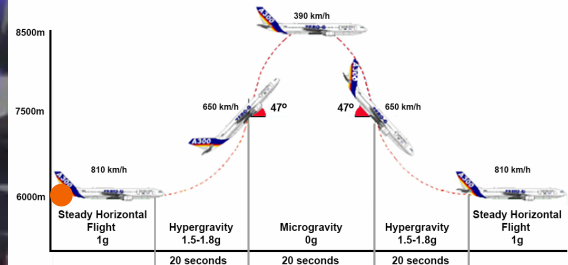


Extreme environment reduces anticorrelations

Parabolic flight



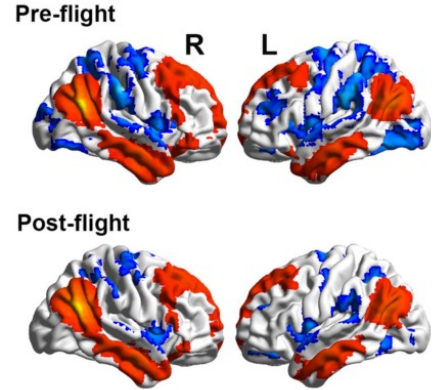
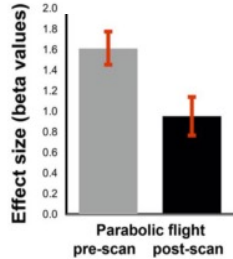
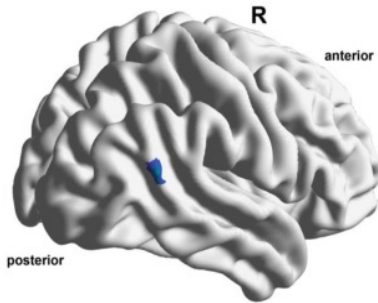
European Space Agency



Flight trajectory

Angelique Van Ombergen¹, Floris L. Wuyts¹, Ben Jeurissen², Jan Sijbers², Floris Vanhevel³, Steven Jillings¹, Paul M. Parizel³, Stefan Sunaert⁴, Paul H. Van de Heyning¹, Vincent Dousset⁵, Steven Laureys⁶ & Athena Demertzi^{6,7}

Extreme environment reduces anticorrelations



Post – Pre flight

