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TOPIC

Physicochemical and Thermal properties of
Mango (*Mangifera indica L*) Seed Kernel Fats
from Various Ivorian Varieties

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Mango is the most popular fruits in **Ivory Coast**

Annual production of fruit: 180 000 tons per year

Considerable amounts of mango seeds from manufacturing and consumption are **unexploited**.

Mango seed kernels contain approximately 3.7 to 15% fat (DM)

Mango kernel fat (MKF) attracted attention because of its similar characteristics to those of cocoa butter

Ivoirian mango might be an interesting source of edible fat.

- **The aim of this work was to characterize different Ivoirian mango seeds kernel fat (MSKF) in order to improve knowledge regarding their physicochemical characteristics and to evaluate their potentialities**



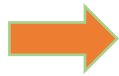
Mango seed discarded as waste
(Ivory coast)

□ Sampling-Treatment- Fat extraction (solvent)

- Seven Ivorian mango seed varieties were collected: *Amelie* (AM), *Kent* (KT), *Palmer* (PR), *Keitt* (KI), *Brooks* (BR), *Dadiani* (DI) and *Djakoumankoun* (DN)



Fresh mango seeds



Sun-dried mango seeds



Sun-dried mango seed kernels



mango seed kernels powder



Extracted mango seed kernel fat (MSK fat)

□ Physicochemical and Thermal characterization of the extracted fats



□ Physicochemical characteristics

Table 1.

Parameter	Mango variety						
	KT	BR	PR	KI	AM	DI	DN
Fat content (% of DM)	7.57 ± 0.06 ^d	9.26 ± 0.03 ^b	8.12 ± 0.02 ^c	7.45 ± 0.02 ^d	4.89 ± 0.05 ^e	9.37 ± 0.02 ^b	9.57 ± 0.01 ^a
Free fatty acid (FFA, %)	1.63 ± 0.08 ^c	0.90 ± 0.01 ^e	1.83 ± 0.05 ^b	2.06 ± 0.04 ^b	4.57 ± 0.08 ^a	1.18 ± 0.08 ^{de}	1.30 ± 0.07 ^d
Peroxyde value (PV, Meq O ₂ /kg)	0.11 ± 0.01 ^b	0.12 ± 0.03 ^{ab}	0.13 ± 0.04 ^{ab}	0.11 ± 0.01 ^b	0.25 ± 0.07 ^a	0.11 ± 0.01 ^b	0.11 ± 0.01 ^b
Iodine value (IV, gI ₂ /100 g)	55.26 ± 0.22 ^a	47.27 ± 0.35 ^{cd}	55.16 ± 0.01 ^a	53.25 ± 0.03 ^a	60.38 ± 0.58 ^a	49.79 ± 0.12 ^{bc}	42.72 ± 0.06 ^d

■ **Fat content: 4,89 – 9,57%**

■ Quality parameters

FFA: 0,9 – 4,57%

PV: 0,11 – 0,25 MeqO₂/kg

(Codex Alimentarius (%FFA ≤ 2 ; PV < 15))

■ **IV: 42.72 - 60.38 g/100g**

(measure of the degree of unsaturation of fat)

Semi-solid (room temp): AM, KT, PR, KI, DI, BR

Solid fat (rom temp): DN

□ Fatty acid composition (FAC)

Table 2.

Fatty acid	This study							Kassi et al,2019	Muchiri et al,2012	Lieb et al,2019		
	Sample (maceration extraction)							maceration		Soxhlet		
	KT	BR	PR	KI	AM	DI	DN	KT	BS	KT	KI	PR
C16:0 (P)	9.39 ±0.04	8.69 ±0.4	9.39 ±0.16	10.64 ±0.03	13.44 ±0.9	9.50 ±0.2	8.28 ±0.12	9.7	8.33	10.57	8.4	6.5
C18:0 (S)	35.07 ±0.01	42.54 ±0.57	34.25 ±1.79	35.61 ±1.02	30.26 ±2.27	40.62 ±0.08	48.33 ±0.02	31.06	41.66	30.74	35.1	35.6
C20:0 (A)	1.82 ±0.08	2.15 ±0.21	1.67 ±0.15	1.74 ±0.13	1.67 ±0.23	1.72 ±0.05	2.29 ±0.02	1.00	0.85	1.64	2.5	2
SFA	46.28 ±0.13	53.38 ±0.76	45.30 ±2.09	48.00 ±0.92	45.37 ±1.61	51.85 ±0.06	58.89 ±0.09	41.76	50.84	42.68	47.8	45.5
C18:1n9 (O)	47.00 ±0.03	41.23 ±0.66	47.86 ±1.62	45.51 ±0.52	43.93 ±0.66	41.44 ±0.01	35.92 ±0.09	58.24	49.16	46.37	45.1	47.8
C18:2n6 (L)	6.23 ±0.23	5.22 ±0.06	6.33 ±0.37	6.08 ±0.12	9.58 ±1.91	6.39 ±0.02	4.88 ±0.02	0	0	10.4	6	5.7
C18:3n3(Ln)	0.49 ±0.07	0.17 ±0.05	0.50 ±0.11	0.42 ±0.02	1.11 ±0.36	0.32 ±0.02	0.31 ±0.02	nd	nd	0.60	0.6	0.6
PUFA	6.72±0.09	5.39±0.10	6.83±0.47	6.50±0.10	10.70±2.27	6.71±0.04	5.19±0.01	nd	nd	11	6.6	6.2
UFA	53.72 ±0.13	46.62 ±0.76	54.70 ±2.09	52.01 ±0.92	54.63 ±1.67	48.15 ±0.06	41.11 ±0.09	58.24	49.16	57.37	52.2	54.4

- Six main fatty acids
- Oleic and stearic acids are the major FA (74,20 - 84,25%)
- DN had the highest SAFA content (58,89%) and AM lowest(45,37%), inversely for PUFA
- Variety-dependent FA profile
- KT and PR had similar FA profiles
- Intra and inter-regional variability were observed

✓ IV seems to be correlated with FA profile of all sample studied

▪ FA: fatty acid PUFA: polyunsaturated FA SAFA: saturated fatty acid
 AM: Amelie KT: Kent PR: Palmer KI: Keitt BR: Brooks DI: Dadiani DN: Djakoumankoun

Triacylglycerol composition (TAG)

TAG	AM	BR	DI	DN	KI	KT	PR
LLL	0.29	0.08	0.08	0.03	0.07	0.15	0.12
OLLn	0.18	0.05	0.03	0.01	0.02	0.09	0.09
PLLn	0.31	0.10	0.09	0.12	0.08	0.14	0.11
OLL	1.92	0.88	0.96	0.63	1.10	1.27	0.90
PLL	0.43	0.11	0.11	0.05	0.14	0.21	0.17
POLn	0.53	0.31	0.34	0.21	0.47	0.42	0.34
PLnP	0.06	0.02	0.03	0.03	0.02	0.02	0.01
OOL	3.14	1.58	1.76	0.86	2.06	2.47	2.16
SLL+POL	3.52	1.75	1.98	1.33	2.15	2.26	1.89
PLP	0.95	0.34	0.39	0.41	0.42	0.46	0.33
OOO	7.76	4.78	4.81	2.45	7.25	8.39	7.93
SLO+OOP	10.86	7.46	8.71	5.21	9.31	10.14	8.88
SLP+POP	4.84	3.20	3.56	3.59	3.70	3.48	3.10
SOO	20.80	20.71	22.88	15.54	22.64	25.77	25.47
SLS+SOP	15.36	16.22	17.12	17.93	15.59	14.04	13.72
AOO	2.48	1.95	1.73	1.52	2.21	2.17	2.26
SOS	23.94	36.98	32.87	45.83	29.38	26.29	29.68
AOS	2.63	3.46	2.55	4.25	3.39	2.23	2.83
Monounsaturated TAGs (StUS)	53.21	63.96	60.89	74.65	57.15	51.58	54.11
Diunsaturated TAGs (StUU)	33.49	28.67	31.48	21.37	32.34	36.05	34.69
Triunsaturated TAGs (UUU)	13.29	7.37	7.63	3.98	10.50	12.37	11.21
Trisaturated TAGs (StStSt)	0	0	0	0	0	0	0

- 22 TAGs were identified in all the fat samples StUSSt (9), StUU (8) and UUU (5)
- No StStSt TAGs were observed.
- Major TAGs found : SOS (23,94 – 45,83%), SOO (15,54 – 25,77%), OOO (2,45 – 8,39%).
- Variety-dependent TAG composition. KT and PR have similar TAG profile
- Among the 7 varieties, AM and DN stand out with their very distinct profile.

St: saturated acid
U: unsaturated acid

S: stearin acid
O: oleic acid

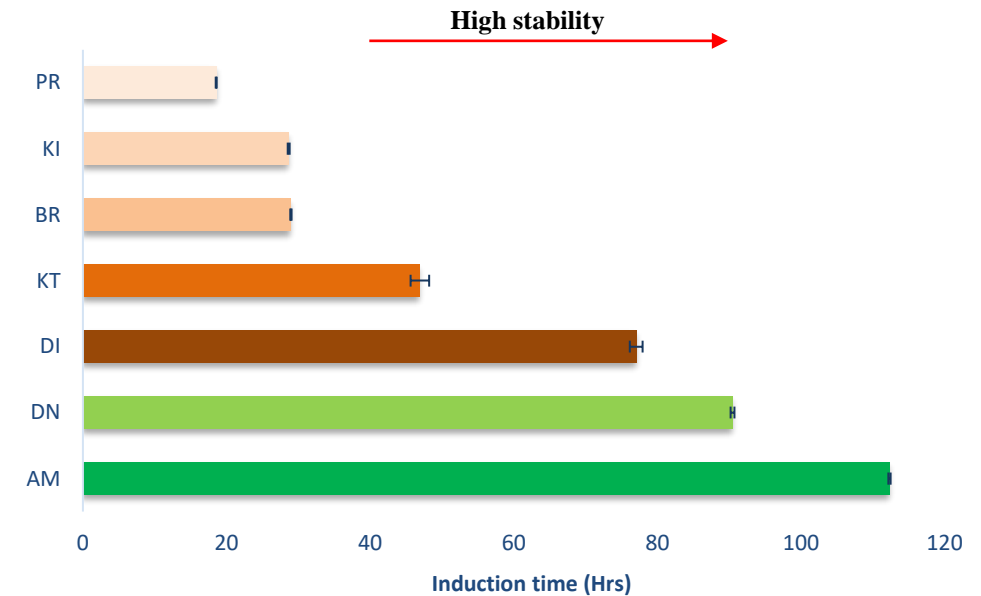
□ Sterol composition

Sterol composition (mg/Kg)	Mango variety						
	AM	KT	PR	KI	BR	DI	DN
Campesterol	535.44 ±0.01 ^a	300.15 ±0.02 ^b	2.48.33 ±0.01 ^c	682.92 ±0.01 ^d	323.18 ±0.02 ^e	383.23 ±0.01	299.04 ±0.02
Stigmasterol	1190.82 ±0.01 ^a	549.82 ±0.01 ^b	402.67± 0.01 ^c	948.35 ±0.02 ^d	516.48 ±0.08 ^e	485.77 ±0.01 ^f	639.55 ±0.02 ^g
β-sitosterol	4854.98 ±0.1 ^a	3120.51 ±0.01 ^b	2079.80 ±0.02 ^c	5355.91 ±0.02 ^d	2672.97 ±0.01 ^e	2762.94 ±0.1 ^f	2204.52 ±0.01 ^g
D5-avenasterol	0	68.29 ±0.01 ^a	53.88 ±0.02 ^b	136.59 ±0.01 ^c	35.83 ±0.03 ^d	105.435 ±0.01 ^e	58.03 ±0.02 ^f
24- methylenecholesterol	0	0	1.16 ±0.01 ^d	9.46 ±0.01 ^a	6.90 ±0.07 ^b	4.34 ±0.01 ^c	0
Total sterol	6881.24 ±0.03 ^a	4038.74 ±0.06 ^b	2785.83 ±0.06 ^c	7133.22 ±0.05 ^d	3555.34 ±0.15 ^e	3741.70 ±0.04 ^f	3201.14 ±0.06 ^g

KI had the higher sterol content (7133,22 mg/kg) and DN had the lower one (3201,14 mg/kg)

β-sitosterol was the most abundant sterol in the 7 MSK fats

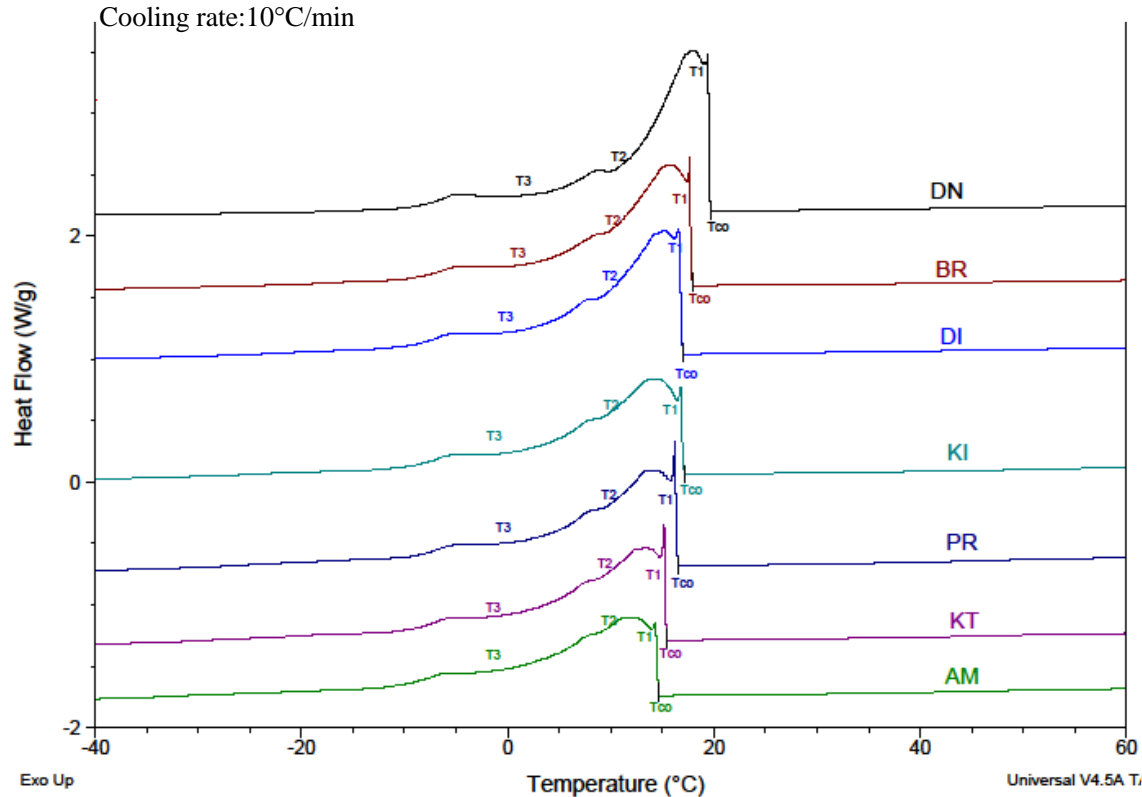
□ Oxidative stability index (OSI,110°C)



- OSI value ranged from 18,59 to 112,35 hrs
- AM had the higher OSI value (112,35 hrs), despite its higher PUFA level (10,70%)
- Oxidative stability of MKF might be affected by sterol species and concentration, besides the FA composition.

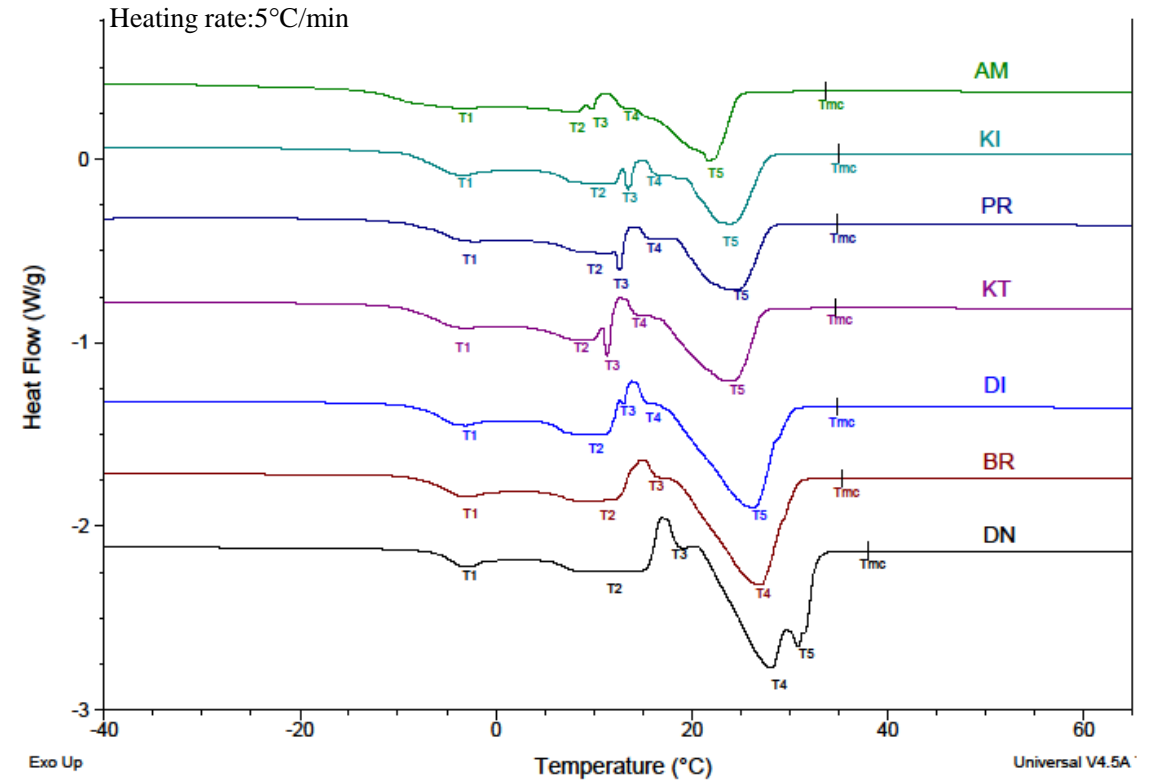
Thermal behaviour of MSK fats

DSC Crystallization profile



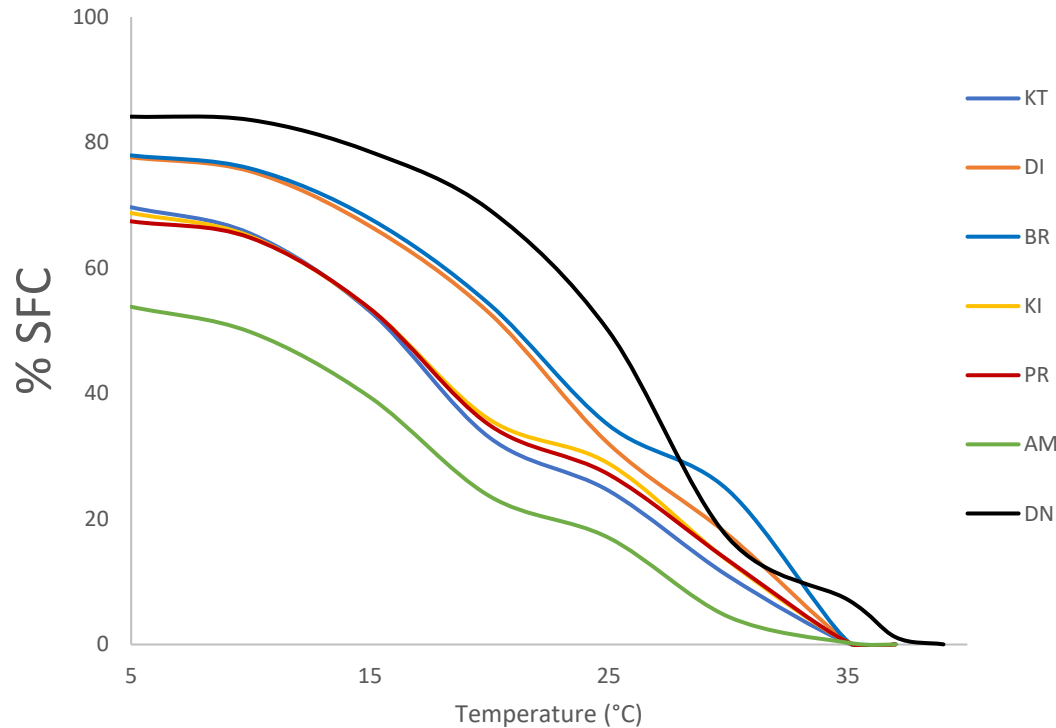
- 3 major exothermic regions (TAG groups)
- DN displayed the higher crystallization onset temp ($T_{co} = 19,63^{\circ}\text{C}$) and AM exhibited the lower ($14,72^{\circ}\text{C}$)
- T_{co} are related to high StUSSt TAG content

DSC Melting profile



- Complex melting profiles \Leftrightarrow diversity of TAGs
- 3 melting point regions: very low ($-20 - 2^{\circ}\text{C}$), low ($4 - 16^{\circ}\text{C}$) and high ($17 - 40^{\circ}\text{C}$)
- VLMP (UUU TAGs), LMP (SUU TAGs), HMP (StUSSt TAGs)
- Complete melting temperature around 35°C , except DN (38°C)

□ Melting profile by pNMR



- **Solid Fat Content (SFC)**
- Quantity of TAGs at a particular temperature.
- DN presents the higher SFC value and AM the lower.
- SFC profiles linked to the FAC and TAG profiles
- Complete melting temperature for all samples around 35°C, except for DN (38°C).
- KT and PR showed similar melting profile ⇔ similar TAGs composition
- Results are in agreement with those of the DSC analysis.

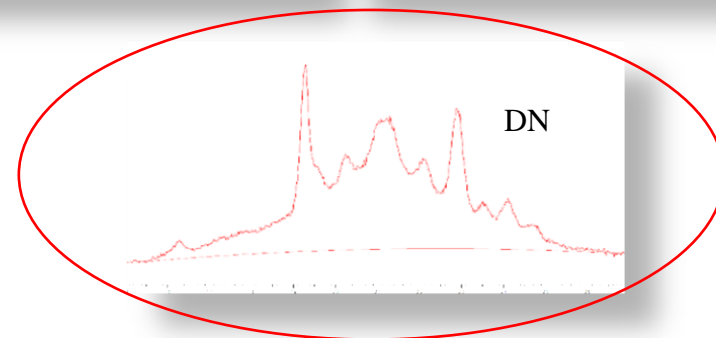
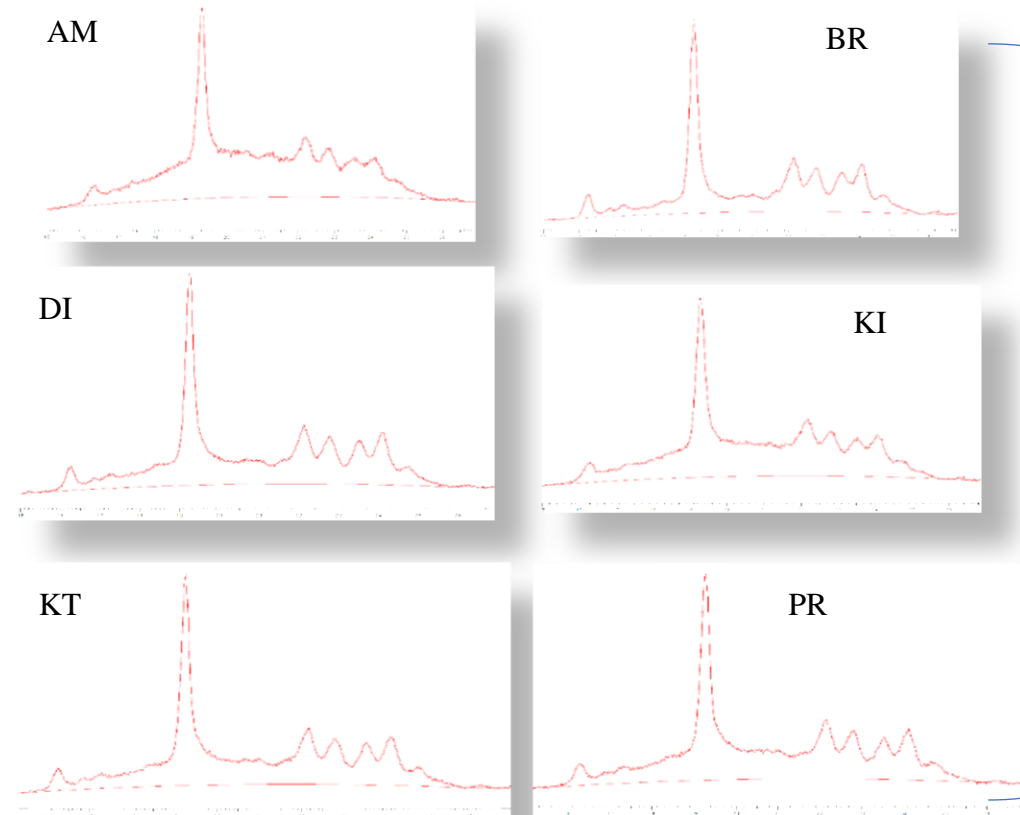
Fat composition	DN	BR	DI	KI	KT	PR	AM
SAFA	58.89	53.38	51.85	48.00	46.28	45.30	45.37
PUFA	5.19	6.83	6.71	6.50	6.72	6.83	10.70
SUS TAG	74.65	63.96	60.89	57.15	51.58	54.11	53.21
UUU TAG	3.98	7.37	7.63	10.50	12.37	11.37	13.29

□ Study of polymorphic behaviour by XRD


Six main peaks, one with very high intensity around 4.60 Å (**β structure**): in all samples except for DN

DN showed a different polymorphic behavior: blend of the β' and β structure

β -form appears to be the most prevailing and stable polymorph for the all mango seed kernel fats studied



□ Hierarchical top-down classification



Class	Sample	SAFA (%)	StUSSt TAG (%)	UUU TAG (%)	IV, wajs (gL ₂ /100g)	state
1	DN	58.89	74.65	3.98	42.72	Hard (solid)
2	BR	53.38	63.96	7.37	47.27	Intermediate (semi-solid)
	DI	51.85	60.89	7.63	49.79	
3	PR	45.30	54.11	11.21	55.16	Soft (semi-solid)
	KT	46.28	51.58	12.37	55.26	
	KI	48.00	57.15	10.50	53.25	
4	AM	45.37	53.21	13.29	60.38	Very soft (semi-solid)

All fats studied were extracted from Ivorian mango varieties



Different physicochemical characteristics
Different thermal behaviour

- ✓ The seven Ivorian mango varieties might offer numerous applications in the food, pharmaceutical and cosmetics industries.



THANK YOU FOR YOUR
ATTENTION !!!



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