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# Linking interindividual variability in brain structure to behaviour

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# 10 <u>Abstract</u>

"What are the brain structural correlates of interindividual differences in behaviour?" More than a 11 decade ago, advances in structural MRI opened promising perspectives to address this question. The 12 initial wave of research then progressively led to substantial conceptual and methodological shifts. A 13 14 replication crisis has unveiled the limitations of traditional approaches, searching for associations between local measurements of neuroanatomy and behavioural variables in small samples of healthy 15 16 individuals. Given these methodological issues and broadening scepticisms regarding the idea of oneto-one mappings between psychological constructs and brain regions, new perspectives emerged. These 17 embrace the multivariate nature of structural brain-behaviour relationships and promote 18 19 generalizability, but also representation of the relationships between brain structure and behavioural data by latent dimensions of interindividual variability. Here, we review the past and present of the 20 21 study of structural brain-behaviour associations in healthy population and address current challenges 22 and open questions for future investigations.

24 The quest of the brain structural bases of differences between people in behavioural aspects such as 25 personality traits or intelligence has always impassioned scientists. In the last two decades, advances in structural imaging opened the door to a broad range of reports of associations between specific aspects 26 27 of human behaviour and local brain morphological features in healthy populations. This literature, in 28 turn, served as an empirical background on which further investigations and conceptual theories about 29 interindividual variability are still building, such as the interpretation of local brain morphological 30 differences between men and women<sup>1</sup> or the genetic bases of interindividual variability in psychological 31 measures<sup>2</sup>. However, this empirical pillar of cognitive neuroscience has recently been shaken by a replication crisis. 32

33 Accordingly, after a brief historical perspective on previous century practices and motivations, we here 34 first review the main developments and influential studies based on neuroimaging measures of brain 35 structure and describe the subsequent replication crisis that has progressively emerged in the study of 36 structural brain-behaviour associations (SBB). As main potential contributing or limiting factors, small 37 sample size and sampling variability, but also the multicollinearity of brain voxels/vertices, as well as 38 of behavioural variables are considered. These considerations converge with a conceptual shift from 39 one-to-one mapping between brain region and behavioural features towards a multivariate view. In that 40 view, we then address two perspectives. First, we consider the mapping of multiple brain variables to a 41 specific behavioural variable using predictive approaches. Second, we describe multivariate approaches 42 aiming to identify brain-behaviour latent dimensions by accounting for the multivariate nature of both 43 sets of data, brain variables and behavioural variables. In the last section, we also consider the possible 44 pitfalls and limitations in these new trends, as well as the challenges for an ideal out-of-sample replication. Finally, as a closing section, we discuss the interpretation pitfalls in line with current 45 methodological challenges. 46

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# 48 Mapping local brain structure to behaviour

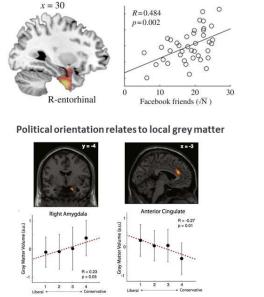
One striking feature of humankind is our marked inter-individual variability in behavioural aspects such 49 as personality and cognition. This observation has long driven the quest for elucidating their biological 50 51 bases. Over the past two decades, neuroimaging has offered the possibility to perform brain 52 morphometry in-vivo across samples of individuals and hence the examination of structural brain 53 features in relation to variability in individual traits<sup>3</sup>. In particular, current neuroimaging techniques 54 readily provide estimates of local grey matter volume and cortical thickness across the brain (see Box 55 1). As reviewed by Kanai and Rees in 2011<sup>3</sup>, reports of structural brain-behaviour (SBB) associations quickly ranged from common cognitive functions, such as working memory<sup>4</sup>, to social and affective 56 traits measured with standard questionnaires, such as personality traits<sup>2,5</sup> or impulsivity<sup>6</sup> but also 57 58 extended to a variety of aspects evaluated with specific instruments pertaining to dedicated theories or research aims. As illustrated in Fig. 1, complex behavioural aspects such as political orientation<sup>7</sup> and the number of Facebook friends were hence related to local grey matter volume (i.e. grey matter volume in specific parts of the brain). A vast SBB literature has hence emerged since the development of MRI techniques for quantifying brain structure.

63 Box 1: neuroimaging estimates of brain structure

*Grey matter Volume/Concentration (GMV)* is generally assessed using *voxel-based morphometry (VBM)*. This technique aims to quantitatively compare the T1-weighted scans across individuals by
examining the local composition of brain tissue after macroscopic differences have been discounted<sup>8</sup>.
This is done first by segmenting each anatomical scan into different tissue types and normalizing to a
template. The consequences of wrapping an individual scan to a template can then be accounted for by
adjusting grey matter images with the spatial deformations parameters. By doing so, local volume of
grey matter can be estimated in individuals<sup>9</sup>.

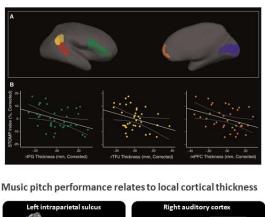
71 Cortical thickness is in contrast usually estimated using surface-based techniques as the cerebral 72 cortical grey matter has a sheet-like structure. After a minimal preprocessing of the images in the 73 volumetric space and assigning a neuroanatomical label (e.g., white matter, cortex) to each voxel, white/grey matter and grey matter/pial surfaces are delineated through an iterative process. A vertex 74 75 being the place where the points of neighbouring triangles on the surface meet, the cortical thickness at a given vertex is then defined as the distance between the final white and pial surfaces at that vertex<sup>10</sup>. 76 Structural properties of the vertices, such as cortical thickness, but also surface area and curvature could 77 78 then be studied across a group of individuals at each vertex $^{11}$ .

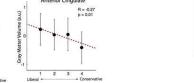
79 Beyond these macro-structural or morphological estimates of grey matter structure, myelination can also be quantified using T1/T2 ratio<sup>12</sup> and, in turn, be related to psychometric data, such as personality 80 scores<sup>13</sup>. Additionally, quantification of white matter properties at the individual level has been 81 82 facilitated by the development of diffusion MRI. After specific artefacts correction steps, techniques of 83 diffusion tensor imaging can be used to derive local measures (i.e. at each voxel) of white matter 84 properties from diffusion data. The most popular metrics are fractional anisotropy (FA), which reflects 85 the degree of diffusion anisotropy, and mean diffusivity (MD), which is used as an indicator of the overall magnitude of diffusion<sup>14</sup>. While popular measures of grey matter, such as GMV and cortical 86 thickness probe brain macrostructural features, popular diffusion-based metrics such as FA and MD, 87 tap more into white mater microstructural properties. As we here focus on the study of interindividuality 88 89 variability in brain morphometry features, we focused on the former measures. However, it should be 90 noted that the relationship between interindividuality variability in white matter microstructural features and behaviour has enjoyed a board interest in the scientific literature<sup>15</sup>. Finally, as the acquisition of 91 MRI images beyond T1-weighted scans are getting more common in large sample cohorts, additional 92 93 features of the brain microstructure can also be derived. Examples of these features, include, but are not 94 limited to, proxies of myelin concentration in the grey matter using quantitative multi-parameter maps (MPM)<sup>16</sup> and proxies of cellular cortical architecture using quantitative modelling of diffusion weighted 95 MRI<sup>17</sup>. Similarly to most popular structural metrics, interindividual variability in these structural 96 97 estimates have been related to age<sup>18</sup> and interindividual variability in psychometric data<sup>20</sup>, respectively. 98 Overall, the range of structural estimates that can be derived from MRI data will enable a rich, 99 multivariate, description of interindividual variability in local brain structure that can in turn be related to interindividual variability in behaviour. 100



Number of facebook friends relates to local grey matter

Theory of mind performance relates to local cortical thickness





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*Figure 1. Examples of mapping between local brain morphology and behavioural traits/performance.* 102 *Left panel: Mapping of political orientation and social network size*<sup>19</sup> *to local grev matter volume*<sup>7</sup>*. R* 103 104 value indicates correlation coefficient value and p value indicates the associated p-value. A linear 105 positive relationship between the square root-transformed number of Facebook friend and grey matter volume in the right entorhinal cortex could be found (top panel). Along the same line, a positive linear 106 107 relationship could be found between the degree of political orientation towards conservative and grey 108 matter volume in the right amygdala, while a negative one could be found between the former and grey matter volume in the anterior cingulate cortex. Right panel: Mapping of theory of mind performance 109  $(STOP)^{20}$  and musical performance<sup>21</sup> to local cortical thickness. A negative linear relationship could 110 be found between performance at a spontaneous theory of mind protocol (STOMP) and cortical 111 112 thickness in the right inferior frontal cortex (rIFG), the right temporo-parietal junction (rTPJ), the 113 medial prefrontal cortex (mPFC) (top panel). A linear positive relationship could be found between the 114 performance in processing relative pitch and cortical thickness in the left intraparietal sulcus and in 115 the right auditory cortex.

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#### 117 The replication crisis

A broad replication crisis has recently emerged in neuroscience and psychology<sup>22-24</sup> with some authors 118 even suggesting that the majority of published neuroscientific literature may not be replicable<sup>25</sup>. In that 119 context, the replicability of traditional SBB studies has likewise been questioned. A purely confirmatory 120 121 replication study of structural brain-behaviour correlations<sup>26</sup> has been conducted by re-addressing the findings of several SBB studies (Fig. 2). Strikingly, for almost all the examined associations, support 122 for the original results could not be found in the replication investigations. In fact, for most (previously 123

significant) relationships, confirmatory Bayesian hypothesis tests indicated evidence in favour of the
 null hypothesis<sup>26</sup>. These worrying findings were then followed by vivid discussions between the authors
 and others on the limitations in replication studies<sup>26-29</sup>.

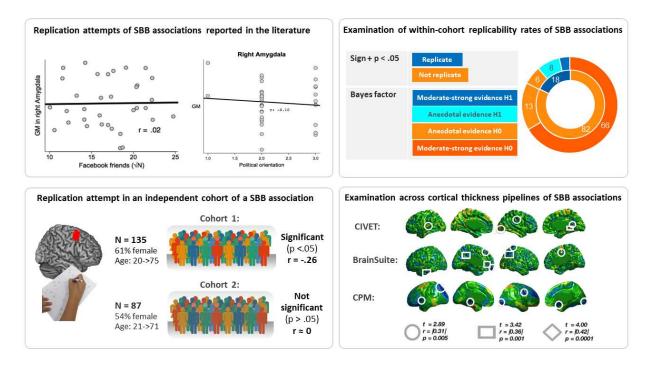
Along the same line, we highlighted that, a significant correlation between a standard measure of 127 cognitive control and GMV in a well-powered sample could not be replicated in a second, 128 demographically similar, sample even when using the same analysis pipeline (Fig. 2)<sup>30</sup>. It could be 129 argued, though, that the focus on specific region-of-interest in these replication attempts potentially 130 limited the replicability of observed relationships. To address this question, an extensive evaluation of 131 132 the replicability of SBB associations with an exploratory and confirmatory approach across a range of psychometric variables and by computing different replicability indices drawing from a single large 133 cohort of healthy adults<sup>31</sup> was then conducted. The ensuing results not only indicated that finding 134 135 significant associations is relatively unlikely, but also demonstrated that associations found in a wellpowered subset of subjects could hardly be replicated in a second, matched subset from the same cohort 136 (Fig. 2). These results point towards a publication bias for associations between brain structure and 137 behavioural measures in which null findings are likely to be very frequent, but unreported, whereas 138 significant findings receive more attention but have very poor replicability. 139

140 It bears mentioning, that these worrisome findings primarily pertained to voxel-based morphometry 141 (VBM), as this approach has been criticized as a relatively crude estimation of local neuroanatomy (see Box 1), which may contribute to the low replicability of probably rather delicate associations. This 142 raises the question, whether other approaches may lead to more replicable SBB associations. Directly 143 addressing this question, recent studies demonstrated that previous reports of association between 144 personality traits on one hand, and cortical thickness, surface area or white matter integrity on the other, 145 could likewise not be replicated in a large cohort<sup>32</sup>. These findings were corroborated by poor 146 replicability of associations between cortical thickness estimates and a range of behavioural 147 measurements within a high-quality large dataset of healthy young adults<sup>33</sup>. Thus, it appears that the 148 replication crisis in SBB associations does not concern a specific MRI measure of brain structure, but 149 150 is a general crisis that encompasses grey and white matter volumetric measurements, as well as surface-151 based measurements.

Altogether these findings resonate with a general context of replication concerns for neuroimaging 152 studies (e.g.<sup>34</sup>). In that context, inter-scanner variability in cortical thickness estimation remains as an 153 important factor to control for<sup>35,36</sup>. Furthermore, the validity and reliability of analysis software were 154 also discussed<sup>37,38</sup>. Worrisome differences for specific versions of a given software have hence been 155 reported a decade ago<sup>37</sup>. The low replicability of associations between cognitive factors and cortical 156 thickness when evaluated across different cortical thickness pipelines was also demonstrated<sup>39</sup> (Fig. 2). 157 However, for the recent versions of commonly used estimation pipelines, a relatively reliable thickness 158 estimation of cortical thickness and its interindividual variabilities has been demonstrated in spite of 159

focal estimation failures<sup>38</sup>. Hence, although the users community of neuroanatomical computational
 tools can be reassured to some extent, many issues pertaining to inter-scanner, cross-versions and local
 effect of processing pipelines variability should still deserve attention in SBB studies.

Besides these concerns on the quantification of individual brain structure with MRI techniques, the 163 psychometric properties of behavioural measures should also be carefully considered. The measurement 164 of core concepts in differential psychology, such as intelligence and personality traits, have generally 165 enjoyed continuous development and evaluation (e.g.<sup>40</sup>) aiming to improve their validity and reliability. 166 In contrast, more research-field-specific constructs may show poorer validity, reliability and/or 167 168 inadequate distribution for statistical analyses. The lack of variations in political orientation variables was, for example, one factor potentially contributing to SBB replication attempts failure (Fig. 2 top left 169 panel)<sup>26</sup>. Thus, when working on complex psychological concepts and brain estimates derived from 170 MRI techniques, the limited validity, reliability and distributions of variables from both, brain and 171 behaviour sides, should be kept in mind as limiting factors partly contributing to replication issues in 172 173 SBB studies.



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Figure 2. Poor replicability of structural brain-behavioural (SBB) associations. Top left panel: 175 replication attempts of previous SBB, GM: grey matter, r; correlation coefficient in the replication 176 sample<sup>26</sup>. While significant linear relationship between grey matter volume in the right amygdala and 177 the square root-transformed number of friend and also the political orientation was previously 178 evidence, replication investigations failed to evidence this relationship with a coefficient correlation 179 value r close to 0. Bottom left panel: illustration of the replication attempt of a found association 180 between grey matter volume in the dorsal premotor cortex and performance at the Trail Making Test 181 in an independent cohort<sup>30</sup>. While a significant negative correlation was found in a first sample (cohort 182 1), a replication attempt in another cohort (cohort 2) did not show a significant relationship. Right top 183 184 panel: within-cohort replication attempts of an association between perceptual IQ and grey matter volume (figure adapted<sup>31</sup>). The outer ring of the donut plot reflects Bayes factor indices while the inner 185

186 ring reflects p-value- and sign-based replication indices. While a significant association was initially found, replication attempts across 100 resampling show a high rate of replication failures when 187 considering p-value and direction of the association (82% of replication failure shown in the inner ring) 188 189 and correspondingly a high rate of moderate to strong evidence for no association (66% shown in the outer ring). Bottom right panel. Local cortical thickness associations with a working memory 190 component score across three different cortical thickness pipelines (CIVET, BrainSuite and CPM)<sup>39</sup>. 191 The significant associations based on r and t values vary in their spatial location across the different 192 used pipelines suggesting that different investigations of associations using different analysis' choices 193 194 provide different patterns of association.

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In sum, the replicability of SBB associations has been questioned across a range of behavioural measurements and various popular estimates of brain structure. Importantly, this pertains to replications of findings from previously published papers<sup>41</sup>, but also for within-study replications of findings in an independent sample and even when subsampling within a given cohort. These results should not lead however to the conclusion that association between brain structure and behavioural phenotype are per se unattainable. Rather, they suggest that the magnitude of such associations may be relatively limited and not reliably captured by current standard approaches.

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#### 204 Small effect sizes, power and false positives

Recent replication studies, but also explorative studies in very large datasets such as the UK BioBank, 205 have suggested that the effect size of associations between brain structure and behavioural aspects as 206 measured by standard psychometric tools in normal populations are likely very small<sup>31,32</sup>, seemingly 207 overall around 0.10 in terms of correlation coefficient<sup>41,42</sup>. The probability of finding an effect that is 208 genuinely true, e.g., an association between estimates of local brain structural and behavioural 209 measurements, that is, the power of an experiment, is directly related to both, the effect size and the 210 211 sample size. Consequently, the probability of finding a true effect is relatively limited in small samples. More precisely, samples consisting of ~200-300 participants appear to have low power to identify 212 reliable SBB-associations among healthy participants. Recent investigations actually point out that 213 substantially bigger cohorts of ~1000 participants are required for reliably identifying SBB associations 214 for standard cognitive tests (such as intelligence tests) and psychological scales (such as personality and 215 psychopathology scales)<sup>31,41</sup>. Hence, overall, small samples show extremely low power to find a real 216 217 association.

Yet, the vast majority of SBB studies forming the current literature is typically based on relatively small samples (n<200). It can therefore reasonably be stated that the probability of having reported spurious or inconclusive results in these studies is extremely high. While the exact factors driving spurious associations can remain as a topic of investigation, it can be assumed that report of statistically significant associations could be influenced by data dredging and related practices<sup>43</sup>. At the conceptual level, these issues imply that SBB findings and neuroscientific theories building on those must be taken

with caution. In turn, at the methodological level, together, small effect sizes for specific brainbehaviour associations and the false positive risk of data fishing expeditions imply that large cohorts and alternative approaches are needed to bring insight into the relationship between brain structure and behavioural aspects in healthy populations<sup>44,45</sup>.

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### 229 <u>Multivariate brain structure-behaviour mapping</u>

#### 230 *Multivariate analyses as an alternative approach*

231 From an epistemological standpoint, the first scientific evidence of mapping between brain structure and behavioural functions in humans emerged from lesions studies<sup>46</sup>. By showing causal relationship 232 between a relatively localized lesion and relatively specific behavioiral deficits, the first lesion studies 233 hence supported the concept of a relatively specific mapping between brain regions and the respective 234 235 behavioural function, such as between the hippocampus and episodic memory<sup>47</sup>. However, in the last 236 decades, this one-to-one mapping initial conceptualization has been revisited in favour of a many-tomany view, in particular following the boom of functional and structural neuroimaging studies in 237 healthy populations. Accordingly, the underlying mechanisms that give rise to the complex behavioural 238 aspects probed by psychometric tools are nowadays thought as not modularly localized to individual 239 brain regions, but to rather rely on distributed neural networks<sup>48,49</sup>. In other words, while the structural 240 241 integrity of some regions appears to be needed for normal functioning in one behavioural domain based 242 on seminal lesion studies in clinical populations, variations of performance in the range of normal 243 functioning seem to rely on structural variations across a range of brain regions.

Yet, the search for structural correlates of behavioural measurements in healthy populations has been 244 245 typically performed by capitalizing on statistical univariate approaches in which a statistical test of 246 association with a behavioural variable is performed locally in the brain, either with a general linear 247 model for each voxels or brain regions or with a correlation approaches with a-priori defined region(s)of-interest. Considering the small effect size and the often assumed spatially distributed nature of these 248 associations in the brain, univariate approaches appear particularly limited to capture complex brain-249 250 behaviour relationships. Furthermore, these approaches do not take into account the mutual dependencies between different brain voxels/vertices or regions which are readily seen in structural 251 covariance pattern<sup>50</sup>. For these reasons, in exploratory studies whose aim is to identify brain structural 252 253 features correlating with a given (set of) psychological variable(s), multivariate techniques offer an 254 alternative approach taking into consideration the multivariate nature of brain data<sup>51,52</sup>.

To consider the joint covariance of many brain regions (or voxels/vertices) with a given behavioural
variable, a multiple regression approach can be used. In that view, we will describe how brain structural

257 features can be conjointly mapped to a specific behavioural measure by using prediction techniques

258 taking the form of a regularized multiple regression. However, when studying brain and behaviour, it 259 is worth considering that mutual dependencies between multiple sources of measurements exist not only 260 between brain variables (voxels, vertices or regions), but also among behavioural measurements. From 261 an epidemiological standpoint, collinearity between behavioural measurements can be expected in a 262 population covariance framework, as it could be assumed that unique factors, such as age, education, 263 or culture, influence many aspects of the behavioural phenotype conjointly (see last section). 264 Furthermore, from a psychological standpoint, collinearity between different cognitive measures can 265 be assumed to happen because these different measurements tap onto the underlying process/hidden constructs or processes (e.g.<sup>53-55</sup>). This latter consideration generally justifies the use of factorial 266 analyses in psychological sciences to extract latent factors (also called synthetic variables)<sup>56</sup>. The 267 derived synthetic behavioural variable(s) can then be mapped individually to brain structure using either 268 269 univariate (such as the traditional voxel-wise GLM) or multivariate approaches. The former approach will not be addressed here as, from a conceptual standpoint, it could be assumed that synthetic variable 270 in healthy population psychometric data reflects a broad behavioural dimension (such as "fluid 271 272 intelligence") which could hence be expected to be multidetermined with regards to cognitive processes and thus would not map to specific brain regions<sup>57,58</sup>. The mapping of such synthetic variable to brain 273 structural features considered conjointly can be performed using a predictive framework as described 274 275 in the following section.

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#### 277 Predicting a behavioural variable from a brain structural multivariate pattern

A prediction framework enables mapping multiple brain structural features, considered jointly, to a 278 single behavioural variables. Concretely, a set of brain variables are used as predictors for a target 279 280 behavioural variable. As aforementioned, this variable of interest could be a measured variable, such as specific score at a questionnaire, but also a synthetic variable, such as a composite score defined based 281 282 on specific theories (e.g. typically an intelligence composite score) or a loading score computed based 283 on the data factorization. For instance, when starting from an applied clinical question or a psychological sciences standpoint, the demonstration of a relationship between a large set of brain 284 285 structural features and the investigated variable could contribute to the neurobiological validation of the 286 latter. Put it simply, if participants' score for this variable can be predicted from brain structural data, a 287 relationship between the brain structural features and the behavioural variable can be assumed. The 288 predictive power is generally evaluated within a machine learning framework with a cross-validation 289 setting (Box 2). By doing so, the generalizability of the fitted brain-behavioural relationship out of the 290 training sample is evaluated using the prediction accuracy in a validation or unseen dataset (Box 2).

Brain-based prediction of behavioural phenotype has enjoyed a vivid interest in the neuroimagingcommunity across the recent years. Presumably for conceptual reasons (behavioural function arise from

293 functional interaction between brain regions), the majority of psychometric prediction studies has 294 focused on brain resting-state functional connectivity as key features (or a combination of structural 295 and functional connectivity features). Accordingly, the main developments and discussions in brain-296 based predictions that SBB can now enjoy have originally arisen from functional (and/or diffusion) 297 studies. Nevertheless, in the last decade, a good dozen of studies have evaluated the prediction of a behavioural variable based on estimated brain structures using a cross-validation approach. These 298 299 pioneer implementations of a machine learning approach for SBB associations were generally 300 conducted in a hypothesis-driven framework to demonstrate associations between specific brain regions' structure (such as the amygdala<sup>59</sup> or the striatum<sup>60,61</sup>) and a specific cognitive<sup>60-62</sup>, mood<sup>59</sup> or 301 personality aspect<sup>63,64</sup>. In a related framework, the sample sizes used in the first predictive SBB studies 302 were generally relatively limited (below 20065, 10059,64,66 or even 5060,62 participants) leading to inflated 303 effect sizes, similar to observations made in univariate studies<sup>31</sup>. More generally, following a global 304 trend in the application of predictive approaches of phenotype from neuroimaging features, the 305 prediction power as reflected by prediction accuracy metrics was overestimated due to the limited 306 307 cohort size, improper cross-validation scheme affected by data leakage or double dipping<sup>67</sup>. Hence, the first studies in limited cohorts (<200 participants) generally reported very optimistic prediction accuracy 308 (in terms of correlation between the predicted and observed behavioural scores) ranging from 0.40 to 309  $0.74^{59-62,64-66}$ . However, when sample sizes got bigger (> 200 participants), lower prediction accuracies 310 were observed, within a range from 0.11 to  $0.28^{57,68,69}$ , in validation datasets (Fig. 3). 311

From a basic neuroscientific standpoint, the modest prediction of behaviour from brain structure in 312 healthy population may suggest a limited contribution of interindividual variability in brain structure to 313 314 interindividual variability in behaviour. However, it should be noted that, overall, the prediction 315 performance of behaviour based on brain structure is similar to performance achieved when instead brain functional features are used (usually functional connectivity estimates)<sup>70</sup>. Along the same line, 316 despite combination of structural features with functional features in multimodal frameworks generally 317 leads to increased predictive power than focusing on single modality in large cohorts<sup>71-73</sup>, the predictive 318 power remains relatively limited<sup>74,75</sup>. This state of the art hence highlights that predictive models of 319 behaviour based on neuroimaging markers in healthy populations still hold their own challenges, 320 regardless of the neurobiological aspect probed (brain structure or functional connectivity). 321 322 Acknowledging these global challenges, the contribution of brain structure to the prediction of behavioural phenotype remains an important research topic. Preliminary investigations<sup>74</sup> suggest that 323 using the same dataset of healthy adults, predictive models based on brain structural features may 324 325 perform as well, or even better, than those based on functional features for the prediction of some 326 behavioural scores (Fig 3.). It could also been seen from these investigations that, when prediction is 327 based on multimodal data, structural features (such as surface area, cortical thickness and grey matter 328 volume) tend to have higher weights than functional features in the prediction of many cognitive

measures<sup>74</sup>. Despite further studies are needed, brain structural features thus already appear to represent an important source of information in the study of brain-behaviour relationship. In the next section, we further discuss approaches that address this question while considering a range of behavioural variables jointly.

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### 334 Mapping sets of phenotypical variables to brain structural data

A complementary view to the mapping of multivariate brain features to one behavioural variable can 335 be offered by a "doubly-multivariate approaches" in which a set of brain variables are jointly mapped 336 to a set of behavioural variables<sup>76</sup>. More concretely, covariance patterns between two sets or blocks of 337 data, here behavioural and brain data, can be summarized along latent or hidden dimensions<sup>76</sup> that are 338 linear (or non-linear) combinations of brain (such as grey matter volume in several brain regions) and 339 340 behavioural variables. This doubly-multivariate approach hence enables the representation of broad 341 patterns of interindividual variability in brain structure and behaviour in a latent space formed by 342 emerging distinct dimensions. In addition to enabling possibly new structure-behaviour factors to 343 emerge as a result of considering both multivariate sets of features simultaneously, from a conceptual 344 standpoint, such approaches avoid the pitfall of focusing on a single a-priori behavioural aspect as a tree that hides the forest. Furthermore, from a data science or statistical standpoint, such approaches 345 take into account, both at the brain and behavioural level, that different variables can represent 346 347 redundant sources of variability.

Partial least squares correlation (PLSC) and the closely related canonical correlation analysis (CCA) 348 are the most popular techniques in that view<sup>77,78</sup>. Concretely, these techniques maximize the association 349 between linear combinations of brain and behavioural variables by searching for weight vectors or 350 directions, such that the projection of the dataset(s) (e.g., the brain and behaviour) onto the obtained 351 weight vector(s) has maximal correlation (CCA), or covariance (PLSC). The resulting profiles of 352 weights or individual correlations for each dataset can then also be examined providing insight into the 353 features that form the association. Hence, these approaches decompose the complex nature of brain-354 355 behaviour associations into parsimonious overlapping patterns, dissociating different aspects of brain-356 behaviour relationships. For example, the relationships between IQ scores and interindividual 357 variability in "morphometric similarity networks" have been explored in a large sample of adolescents with this approach<sup>79</sup>. Focusing on interindividual variability in standard intelligence measures hence 358 359 revealed two latent dimensions capturing interindividual variability in distinct brain systems roughly corresponding to language and cognitive control networks versus visual and memory networks. 360

362 However, generally, such doubly-multivariate approaches have been more intensively used to map brain functional connectivity to behavioural phenotype<sup>80,81</sup>, in particular in clinical populations<sup>82-86</sup>. When 363 focusing on a large healthy cohort (the Human Connectom Project, HCP<sup>87</sup>), such an approach revealed 364 365 a main mode or dimension of covariance linking brain connectivity to demographics and behaviour<sup>80</sup>. 366 Follow-up data-driven studies in the same cohort giving more attention to structural brain estimates 367 strikingly spotted light on the substantial contribution of brain structural interindividual variability in the initially reported population mode<sup>88,89</sup>. In particular, relating brain cortical thickness to a range of 368 369 behavioural/life style measures with a similar CCA approach in the same cohort (HCP) replicate the 370 main significant mode or dimension, initially reported with resting-state functional connectivity, portraying a positive vs negative pole of behavioural phenotype with measures such as fluid 371 372 intelligence, vocabulary, life satisfaction vs. behavioural aggression, tobacco use, cognitive failure (Fig. 373 3). Interestingly, the associated cortical thickness pattern showed a clear differentiation across the cortical hierarchy with positive correlations mostly at lower order sensory/motor areas and negative 374 correlations mostly at higher-order brain regions (including the frontal, anterior temporal, and parietal 375 cortices that encompass the most parts of the default mode network)<sup>88</sup>. The emergence of this pattern 376 offered by the doubly-multivariate approach suggests that interindividual variability in the pattern of 377 cortical thickness difference between the lower- and higher-order brain regions could be closely linked 378 379 to interindividual variability in phenotype.

380 A similar pattern has been observed in paediatric populations when CCA was applied to a large cohort 381 of adolescents<sup>90,91</sup>. Generally, across studies, higher cortical thickness in frontal regions appear to be associated with more negative life events, lower cognitive functions and more negative social 382 behaviour/increased psychopathology in healthy young populations<sup>88,90,91</sup>. Altogether, the results of 383 384 recent studies in large cohort using data-driven approaches hence suggest that broad patterns of 385 interindividual variability in brain structure can reliably relate to interindividual variability in behaviour and this, to a similar, or even greater extent than interindividual variability in functional connectivity<sup>89</sup>. 386 387 These findings further resonate with multimodal prediction modelling according to which brain 388 structural features importantly contribute to prediction of behavioural variables<sup>74</sup>. However, the emerging data-driven pattern can appear relatively minimalist, when expressed along a summary 389 positive vs. negative dimension spanning across different brain features, offering a very limited insight 390 391 into brain-behavioural phenotype relationships. Alternatively, when multiple and finer dimensions are 392 discovered, establishing their correspondence across different cohorts and their interpretation from a basic neuroscience standpoint may pose some conceptual challenges. Overall, the broader the spectrum 393 394 of variables included in the doubly-multivariate model, the highest the interpretation challenge. The 395 interpretation and neurobiological validity of such multivariate models is even obviously further 396 complicated when highly derivative features are used as inputs. For example, graph theory-based 397 features of brain structural mearsuments and transformed features thereof may be used as input for a

PLS analysis, or principal components (from Principal Component Analysis) are sometimes extracted 398 399 from functional connectivity networks derived with Independent Component Analysis and used as input for a CCA analysis. Generally, it should be kept in mind that highly derivative frameworks with 400 401 oversophisticated analyses may obfuscate our understanding from a neuroscientific conceptual 402 standpoint and easily degenerate into poorly informative neuro-informatics methods. Thus, the 403 exploratory nature of fully data-driven approach should still be complemented by carefully designed 404 SBB associations studies with clear neurobiological theorization and a predictive utility evaluation. In 405 the next section, we discuss further open general challenges for SBB association in healthy populations, 406 with regards to their replication, their relationships with non-brain and behaviour variables, as well as 407 their extrapolation to brain pathology, and finally their discussion beyond the informed expert scientific 408 community.

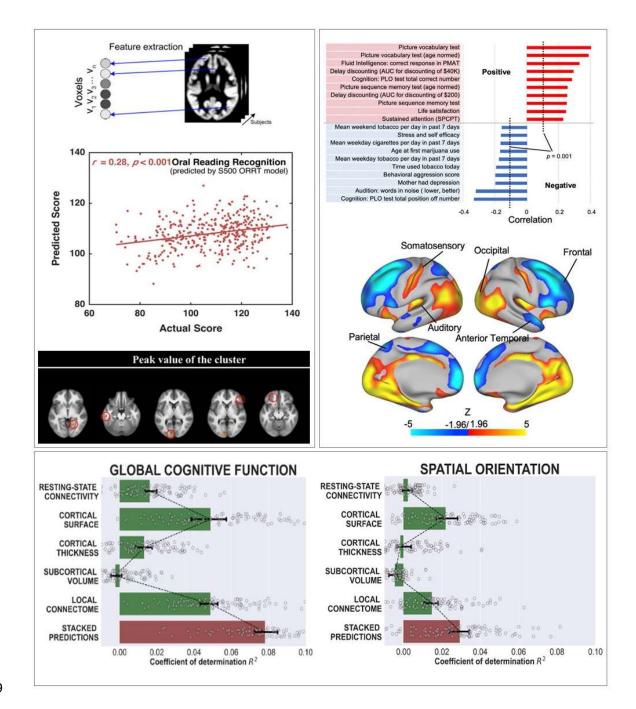


Figure 3. Machine learning/multivariate approaches to study structural brain-behaviour (SBB) 410 associations. Top left panel: prediction of oral reading recognition performance in a validation dataset 411 of the Human Connectom Project, r; coefficient correlation between predicted reading score and actual 412 413 reading score. The top row illustrates voxel-wise grev matter volume feature extraction. In each subject, the grey matter value estimates at each voxel are used as features or predictors to predict oral reading 414 recognition score. The middle panel shows that the predicted reading score in an unseen sample are 415 416 significantly correlated with the actual reading score for those subjects. The lower row illustrates some assumed contributing regions derived from the prediction model<sup>69</sup>. Top right panel: illustration of the 417 canonical mode linking interindividual variability in cortical thickness to interindividual variability in 418 behavioural variables in the Human Connectome Project<sup>88</sup>. The behavioural measures most strongly 419 correlated with the identified thickness-behaviour CCA mode are shown in the top panel. The positively 420 421 correlated subject measures (red) generally reflect positive traits, whereas the negatively correlated measures (blue) pertains to more negative behavioural aspects. The Fisher's z-transformed 422 423 correlations between local cortical thickness and the identified CCA mode are shown in the lower panel.

424 Positive correlations (red-yellow colours) were mainly observed in the lower-level sensory/motor 425 regions, while negative correlations (blue-cyan colours) mostly appeared in the higher-order cognitive brain regions. Bottom panel: comparison of the performance of predictive models of psychometric 426 variables using different brain structural and functional features<sup>74</sup>. Model performance is assessed by 427 the coefficient of determination (the higher the coefficient of determination, the higher the prediction 428 429 accuracy). For some psychometric variables (here a composite score of cognitive function and a score 430 of spatial orientation), a predictive model based on cortical thickness show similar or higher performance than one based on functional connectivity. "Stacked predictions" refer to models 431

- 432 *combining all types of features.*
- 433

# 434 Box 2: machine learning approaches in SBB

435 From a statistical standpoint, SBB studies as most types of neuroimaging studies fall into typical N<p problem (i.e. the number of data points is smaller than the number of variables) and multicollinearity 436 issues calling for multivariate analyses and features selection/reduction approaches<sup>92,93</sup>. Large sample 437 438 sizes enable proper assessment of generalizability and stability of the multivariate solutions within a 439 cross-validated setting. This ensures that the reported patterns are not driven by sample-dependent spurious covariations (despite this does not ensure that the pattern could be replicated in a completely 440 independent dataset). In particular, CCA/PLS approaches are particularly prone to overfitting and 441 although the effect size may seem high when the analyses is initially run on a dataset, the associations 442 are generally much lower in an independent dataset<sup>94</sup>. In other words, overfitting may give an 443 impression that the found associations between brain and behavioural variables is much stronger than 444 it would be in an independent hold-out dataset<sup>94</sup>. 445

Therefore, in a cross-validation setting, the original sample is divided into a train and test (holdout) 446 447 subsample (or set). In CCA/PLSC approaches, the multivariate patterns are derived based on the train 448 sample and the individuals' data of the holdout set are projected to the weight vectors from this train 449 sample. This process of randomly splitting the data into train and test sets is usually repeated for a limited number of times, e.g. 10<sup>80,95</sup>. Generalizability of the model is then evaluated by summarizing 450 (e.g. averaging) out-of-sample accuracies on the holdout sets. Stability can in turn be evaluated by the 451 similarity of the weights' profiles in the train sets across the cross-validation<sup>80,95</sup>. Beyond the standard 452 versions of CCA and PLSC, variants thereof are developed for neuroimaging-behaviour dataset, aiming 453 at reducing overfitting in high dimensional feature space, and extending the scope of analysis to address 454 nonlinearities in the data (regularized extensions such as sparse CCA/PLSC<sup>96</sup> and kernel CCA<sup>97</sup>). In 455 that context, the identification of the optimal parameters (hyperparameter tuning) for these extended 456 methods also requires a cross-validated setting<sup>95</sup>, which puts additional requirements for large sample 457 sizes<sup>98</sup>. 458

459 Similar concepts and constraints apply to predictive models in which multiple brain features are used 460 to predict a behavioural variable. The generalizability of the fitted model is assessed by using a crossvalidation scheme in which the behavioural scores predicted by the model are compared with the 461 observed scores. The model is hence fitted in the training sample and tested in the holdout set by 462 463 randomly splitting the dataset between train and test a certain number of times. As for specific variants of CCA/PLSC, some prediction algorithms require hyperparameter tuning, which is done through 464 465 nested cross-validation, which again requires large sample sizes. When the prediction performance of the model has been demonstrated, researchers are often tempted to look at the weights assigned to 466 individual brain features as an indication of the magnitude of the importance of the association between 467 the feature and the behavioural variable. However, because of the multicollinearity of the features, such 468 an approach can be dangerously misleading in a multivariate framework<sup>99</sup>. Accordingly, general caution 469 should remain in the neuroscientific interpretation of brain-behaviour associations patterns by focusing 470

471 on highest contributing features in a multivariate framework, be it a predictive or correlational472 framework.

As discussed above, these approaches have been generally used to investigate relationship between 473 474 functional connectivity and behavioural phenotype in clinical samples. For CCA/PLS approaches, this 475 context implies that, despite sample sizes that were generally larger than in univariate studies (> 100 participants), the number of subjects relative to the number of investigated features remains relatively 476 477 small, potentially leading to inflated effect size<sup>100</sup>. It has indeed recently been shown that for these 478 approaches, effect sizes decrease as the sample size increases (a similar statistical phenomenon as 479 reported for univariate analysis and predictive approaches). In other words, the effect sizes reported may often be inflated or at least overoptimistic. Furthermore, as most studies have included a range of 480 phenotypical variables beyond psychometric data (such as life style and demographic variables), the 481 specific magnitude of brain-behaviour associations in such multivariate approaches remains uncertain, 482 although it has been assumed to be small to moderate ( $\leq .30^{100}$ ). Given that most previous studies 483 contributing to this discussion point have focused on functional connectivity or multimodal brain data, 484 the question of the strength of associations between brain structure and behaviour in healthy populations 485 486 remains open for future studies.

487

### 488 **Open questions, challenges and interpretation pitfalls**

### 489 From association in healthy to clinical utility

490 Historically, as described above, the study of SBB associations has been strongly influenced in its 491 inception by early observations of associations between localized lesions and specific behavioural deficits<sup>46</sup>. However, later, it appears that the region-to-behaviour relationship, suggested by these 492 493 studies in clinical populations, do not in its simplest form, i.e. one-to-one mapping, extend into interindividual SBB patterns in the healthy populations. Nowadays with neuroimaging techniques 494 having spurred SBB studies in normal population, the relevance of the reverse conceptual extension can 495 similarly be questioned. To which extent the SBB patterns discovered in healthy populations relate and 496 can be used to better understand brain-symptom relationships in clinical population? is indeed a non-497 trivial question. While acknowledging that the application of machine learning techniques in 498 neuroimaging may remain at a premature stage, when a pure data-driven approach is taken, the patterns 499 of brain-behaviour associations revealed by these techniques do not readily echo the brain mapping 500 literature<sup>58</sup>. For instance, general intelligence score in a cohort of healthy adults has been found to be 501 best predicted by cerebellar grey matter volume<sup>57</sup> in an adult cohort (the enhanced NKI cohort<sup>101</sup>) and 502 to cortical thickness measurements in the sensori-motor cortex in the HCP cohort<sup>74</sup>. While such findings 503 504 would need "out-of-cohort" (see below) replication in the future, they currently highlight that the 505 scientific path from prediction-based neuroscientific discovery in heathy population to implications for 506 clinical populations is still long and convoluted.

Along the same line, one important question pertains to the relationship between the latent dimensionsof interindividual variability emerging in healthy populations and the SBB patterns that can be found

509 in clinical populations. As previously mentioned, CCA/PLSC approaches have been often used to identify dimensions linking neurobiological patterns to a range of symptoms or cognitive deficits<sup>82-86,102-</sup> 510 <sup>105</sup>. In that context, (sub)clinical and healthy populations were often mixed, e.g.<sup>86,106</sup>, based on the 511 512 assumption that symptom expression can be summarized on dimensions of psychopathology, which are 513 extensions of dimensions of brain-behaviour variability in the healthy population. However, this 514 assumption may not always hold true, which would result in artificial dimensions when pooling clinical 515 and healthy samples together, an issue that does not only concern multivariate correlational analyses, 516 but that could be less easily tackled in a pure multivariate data-driven framework. Attention should hence be given to the broad interpretation and implications of these latent dimensions in the future. 517 More concretely, scientific investigations should carefully evaluate whether latent dimensions of 518 interindividual variability reflect biological susceptibility from which brain-symptoms/brain-519 520 behavioural deficits dimensions in clinical populations represent extreme expression, or whether these normal dimensions reflect very general demographic aspects (such as general education) with limited 521 extrapolation to brain pathology mechanisms. In the next section, we further discuss the challenges of 522 523 generalizability, modelling confounds and the related interpretation issues.

524

## 525 *Absolute out-of-sample replications as an open challenge*

The replication crisis in SBB has not only pointed to the limitation of small samples in SBB and hinted 526 527 at a substantial publication bias, but also highlighted the critical need for out-of-sample replication of SBB findings. This calls for replication attempt in an independent dataset, that is, an "out-of-cohort" 528 529 replication. However, for practical reasons, in machine learning studies the focus is usually set on 530 generalization within the dataset (see Box 2). This practice unfortunately does not fully prevent the 531 statistical model to capture idiosyncrasies of the dataset from which it has been derived. This pitfall is 532 particularly likely for psychometric data because they rely on assessment tools that have been typically developed for a specific population in a specific context, whose validity across different subpopulations 533 may be variable<sup>107</sup>. Furthermore, psychometric data may be susceptible to examiner effect. Importantly, 534 neuroimaging estimates of brain structures are also susceptible to scanner and sequences effects<sup>36,108</sup>, 535 hence both psychometric and neuroimaging data are particularly prone to batch effect. 536

537 In this context it is particularly worrisome that the vast majority of studies capitalizing on large healthy 538 cohort of young adults, tend to focus on the few openly available datasets<sup>101,109</sup>. As can be seen from 539 the above review, studies in healthy population, aiming for large sample size and extended behavioural 540 phenotyping, tend to specifically rely on the HCP dataset<sup>87</sup> clearly biasing in the current literature. Due 541 to limited data (and computational) resources, these studies seldomly include replication in an 542 independent sample. Evaluating the extent to which standard and higher construct measurement 543 consistently map onto similar structural brain patterns across different cohorts will hence depend on the availability of additional healthy population cohorts in the future. In that regards, openly available datasets, representative of the world-wide populations, are needed. Diversity in the dataset is not only needed at the geographical level, but also in other demographic and sociocultural aspects. Such endeavours would not only enable conceptual replications, but also promote new discoveries on the factors influencing brain-behaviour relationships.

549

# 550 Covariance, Confounds, mediating variables and wise scientific interpretation

551 When aiming to understand how brain structure and behavioural phenotype are related, the explicit 552 definition of confounds and mediating variables play a major role. The definition as either confounds or mediating variables should rely on a-priori assumptions that should be carefully formulated or 553 evaluated. For instance, on the one hand, head morphometry (i.e. size but also shape) can be associated 554 555 with specific pattern of structural estimations in some part of the brain (resulting from normalization to 556 a standard template). On the other hand, it may also be indirectly associated to some specific patterns 557 of behaviour (for example women have typically smaller head and are early encouraged to develop care-taking behaviour). Consequently, head and therefore brain size can be considered as a confounder 558 with the potential to create spurious brain-behaviour associations (such as association between grey 559 560 matter volume and care-taking behaviour).

Illustrating that concern, in a healthy adults' cohort, when multimodal brain components including 561 several structural measures were correlated with a range of phenotypical variables, several components 562 detected simple associations between brain size (encoded in grey matter density and cortical area)and 563 gender, strength and endurance<sup>89</sup>. This raises the very concerning question of the extent to which the 564 SBB associations can be spuriously influenced by general head morphometry. In that view, head 565 morphometry should be controlled for as a confounding variable. In contrast, when a variable is 566 567 assumed to underlie a brain-behaviour association based on specific neurobiological assumption, this variable should deserve specific attention and mediation approaches to disentangle its relevant role 568 569 should be considered. A typical example of such case is the influence of age. If older age is assumed to go along with lower grey matter volume in some parts of the brain, which in turn results in reduced 570 571 cognitive abilities, age should not be considered as a confounder. Nevertheless, clear and documented 572 assumptions on confounders and mediators are rarely formulated and discussed in recent multivariate 573 studies. A range of variables are often controlled for (from in-scanner movements to education) or included in the multivariate model without any a-priori and/or post-hoc conceptual considerations of 574 the role of these variables (e.g.<sup>74,80</sup>). Yet, different adjustment or controlling can substantially modify 575 the pattern of results, and sometimes, in an unexpected way. For example, different strategies for brain 576 size adjustment may potentially result in negative associations of brain structure with behaviour and the 577 researchers should be aware that the interpretation is conditioned by the adjustments (see e.g.<sup>110,111</sup>). 578

579 Relatedly, it is generally acknowledged that brain-behaviour covariance does not mean causation, even 580 in a predictive design. Accordingly, evidence of a relationship is rarely explicitly presented as a causal 581 relationship. Nevertheless, the communication of the message outside the scientific community, in 582 particular by general media, who contribute to a simplified communication of the statistical results and 583 mass dissemination, is rarely carefully considered. Scientific researchers, themselves, may foster causal 584 interpretation through the terminology they used. While the exact neurobiological mechanisms 585 accounting for findings of SBB associations are not clear, the terminology used to some extent 586 implicitly conveyed the ideas of the behavioural aspects shown by individuals as "hard-wired" or "deeply biologically rooted". This can be seen by the terminology used by Kanai & Rees<sup>3</sup> in "the 587 structural basis of inter-individual differences in human behaviour and cognition". But this can also be 588 seen in the frequent use of the term "substrate" or "bases" (e.g.<sup>112,113</sup>), which is semantically related to 589 "foundation", in this literature. Further illustrating a-priori assumption on directionality of phenomenon 590 591 can be found on recent machine learning studies: "A parsimonious interpretation would be that the structural difference leads to functional changes. However, we should not exclude the possibility that 592 593 spontaneous brain activity underlying the resting state functional connectivity may help to shape brain structure and morphology, such as the cortical thickness"<sup>88</sup>. Hence brain structural patterns are often 594 implicitly assumed to determine functional patterns and behavioural phenotype and following that view, 595 596 these "bases" are often primarily assumed to emerge from nature.

597 Somewhat contrasting with this implicit view, compelling evidence of a relationship between human 598 skills and traits and brain morphometry were actually initially brought by several studies probing brain 599 plasticity<sup>114</sup>. Subtler changes were hence shown following new learning/training demonstrating dynamic relationships between regular behaviour and brain structural patterns. Along the same line, 600 601 current theories suggest that functional interaction between brain regions early in development may drive observed patterns of co-morphology between brain region, rather than the other way around<sup>115,116</sup>. 602 Furthermore, there is now a substantial literature on the relationship between external factors and brain 603 structure development<sup>117-119</sup>. Reinforcing these evidence, in a very large paediatric cohort, the variance 604 605 in the sociodemographic factors was found to be shared with the cognitive and brain structural features and accordingly, the relationship between brain structure and cognition was strongly related to the 606 sociodemographic factors<sup>120</sup>. Along the same line, several recent studies suggest that the relationship 607 608 between brain structure and behavioural phenotype is driven or mediated by family income in developmental cohorts<sup>121,122</sup>. Hence, altogether, all these lines of evidence point to brain plasticity as a 609 610 major aspect that should always be a-priori considered when interpreting, discussing relationships and 611 communicating the findings outside the scientific expert community.

612

614 A vast SBB association literature has been produced across the last two decades offering additional empirical background for differential psychology and cognitive neuroscience theories. However, this 615 616 empirical pillar has recently been shaken by a replication crisis. The poor replicability of SBB 617 associations has been hence demonstrated across a range of behavioural measurements and various popular estimates of brain structure. This crisis should lead the field to reconsider our scientific 618 approaches of SBB associations based on interindividual variability patterns in the healthy population. 619 620 In particular, large cohorts are crucially needed (~1000 participants). In parallel, machine learning techniques, by taking into consideration the multivariate nature of structural brain and behavioural 621 measurements and promoting robust association patterns, promise to offer a complementary view to the 622 more traditional univariate approaches. These new trends have already highlighted that interindividual 623 variability in brain structure relates to an extent, which is at least similar to the one of brain functional 624 connectivity to interindividual variability in behavioural phenotype. However, the conceptual validity 625 of the findings remains to be carefully evaluated with "out-of-cohort" and conceptual replication. This 626 627 challenge dramatically calls for the availability of additional cohorts. In that regards, geographic 628 diversity and socioeconomical diversity endeavours in new cohorts further hold the keys of the usefulness of the derived model and further insight into moderator factors in SBB associations. 629 630 Ultimately such endeavours could contribute to better identify the role of environmental factors in SBB 631 and develop actions for education and diseases prevention strategies.

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