



# ***Evaluating the impacts of a network on healthy eating promotion practices in schools***

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10th BAPH Symposium "Networks in Public Health",  
Mons, 2009





# A context

- The creation of **a network of actors involved in offering healthy food** in schools, financed by the Koning Boudewijn Stichting in 2007
- Network activities : **a series of seven visits to exemplar pilot projects** in several locus of the French-speaking community.



# Evaluation (12/2007 to 03/2008)

## ■ Objectives :

to appreciate the impact of this network on the spread of good practice and encouragement of exchanges between actors

## ■ Methods

- ☐ analysis of the documents inviting and encouraging participation in the visits,
- ☐ analysis of the coverage of network participants and other initiatives for promoting healthy eating in schools
- ☐ a questionnaire to participants (RA 18%, n = 30)



# Analysis

- attendance at the visits

- ☐ their involvement in one or more visits
- ☐ proximity to the place where the visit took place

- professional profiles of the participants

- ☐ their role in the school or school partner organisation
- ☐ their experience of health promotion projects

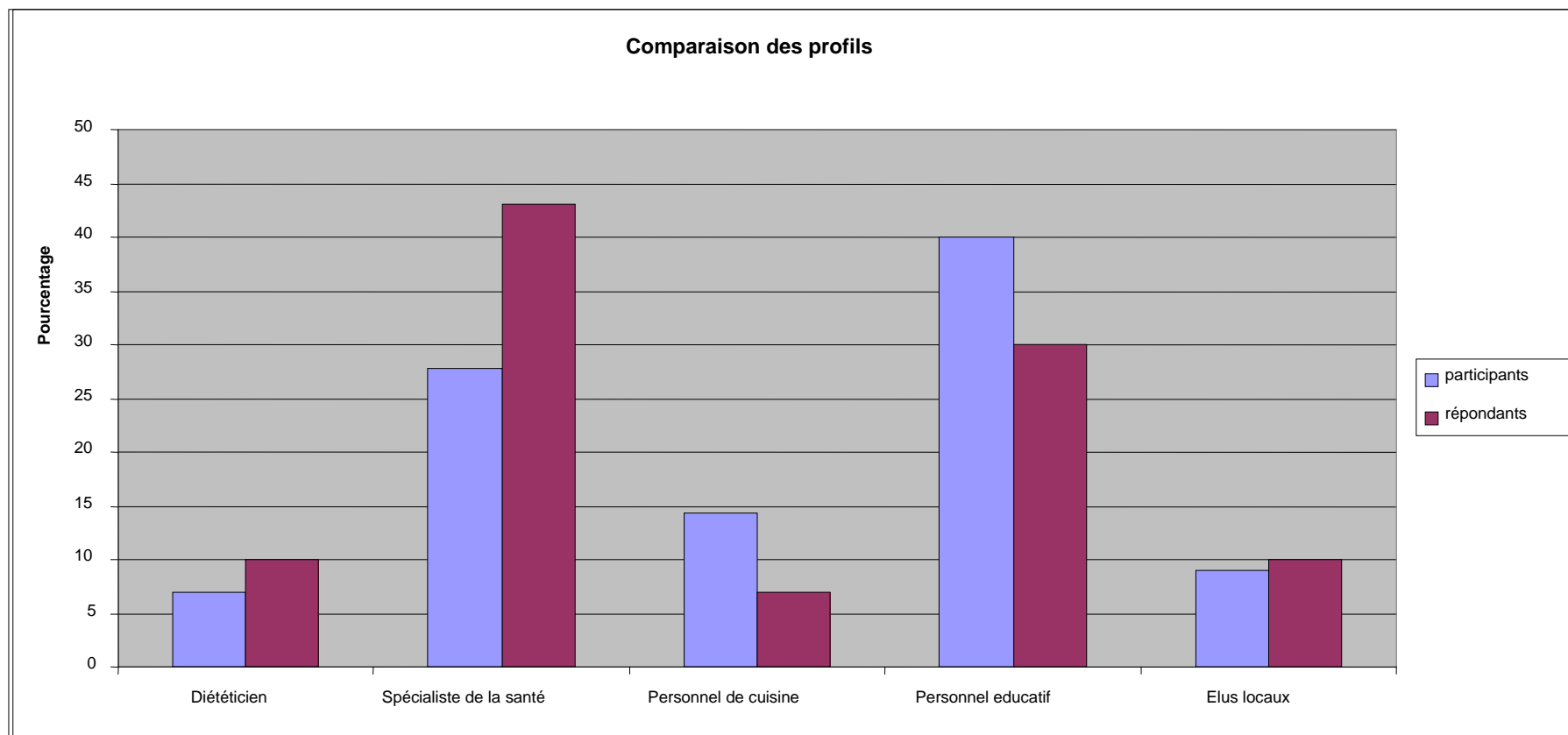


## Synergies avec d'autres programmes

- 22% de la participation individuelle au réseau promoteurs de projets FRB et leur partenaires
- Au maximum 63% des écoles représentées dans le réseau ne participent pas à d'autres programmes connus et simultanés

 **Réseau favorise rencontre d'acteurs novices et expérimentés**

# Répartition des types de professionnels représentés dans l'enquête





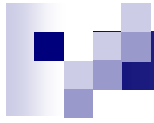
# Fréquentation des visites par les des répondants à l'enquête

*Tableau 2 : Nombre de participants en fonction du nombre de visites*

	1 visite	2 visites	3 visites	4 visites	5 visites	6 visites	Total
Nb de participants	184	26	15	2	2	1	230
<i>Pourcentage (%)</i>	<i>80</i>	<i>11</i>	<i>6,5</i>	<i>1</i>	<i>1</i>	<i>0,5</i>	<i>100</i>

*Tableau 12 : Répartition des participants en fonction du nombre de visites*

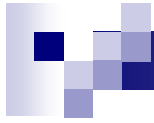
	1 visite	2 visites	3 visites	4 visites	5 visites	6 visites	Total
Nb de participants	13	5	8	1	1	2	30
<i>Pourcentage (%)</i>	<i>43</i>	<i>17</i>	<i>27</i>	<i>3</i>	<i>3</i>	<i>7</i>	<i>100</i>



# A network with 2 levels


- This “network” appears to have operated on two levels relating to different audiences and different impacts.
- The study on the impacts of the network in terms of the spread of new practices only affected one of these audiences.





# Impact on school-based actors

- the network mainly served as a means of awareness-raising and of supporting fledgling activities.
- the proximity of the activity remains a crucial motivating factor.



## **Impact on organisations already with experience in promoting healthy eating in schools**

- Exchange of good practice particularly involved people with particular motivation
- These people gladly participated in a greater number of visits, even when these took place far away.