

#### Aging Well

#### A multidisciplinary

**Team** 



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### Societal challenge

#### **AGING WELL**

in Super-diverse

Post-industrial

Living

**Environments** 





Oulu Healthcare & Social care <u>Liège</u> Architecture & housing

<u>Bochum</u> Technology <u>Deusto</u> Evolving urban

Bochum Memory studies



## How we worked worked together

Research question,

methodology &

methods

Shared common interest; multiple backgrounds

Common ground: the end-user at the centre

Ruhr

Memory

Guest speakers & Participants' reactions (online)

N = 21

Deusto

Contemporary
City + Silver
Economy

Guest speakers & Participants' reactions (online)

N = 25

Zagreb

Anticipation & Personal Finances

Guest speakers & multi-generations panels of participants (online)

N = 14

Oulu

Past, Present & Future

Visit of the Lab + interviews at shopping mall

N = 29

Liège

Housing
Anticipation
Ageism

Workshop in 3 sub-groups (online)

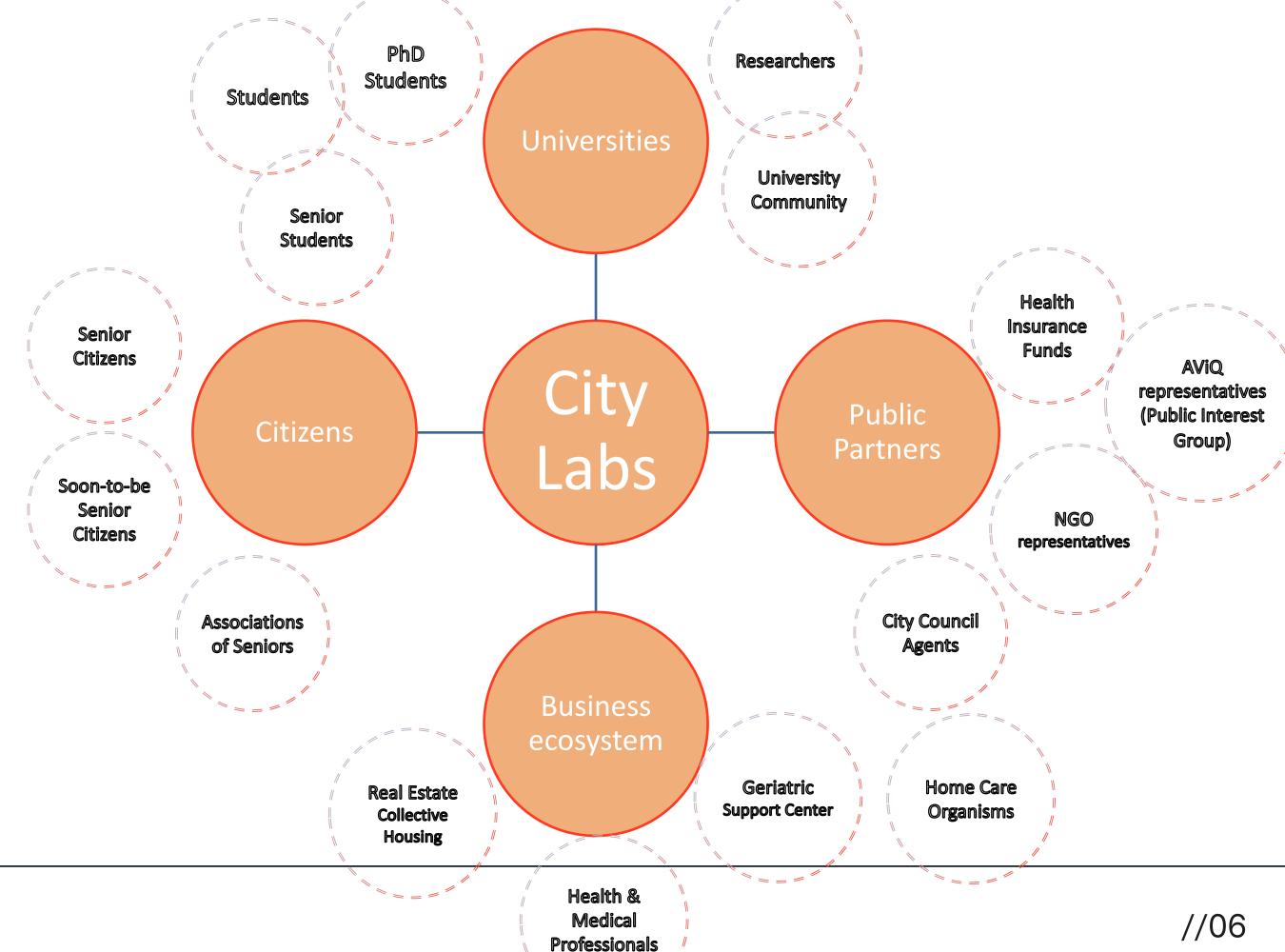
N = 29

Thematical & Methodological debrief



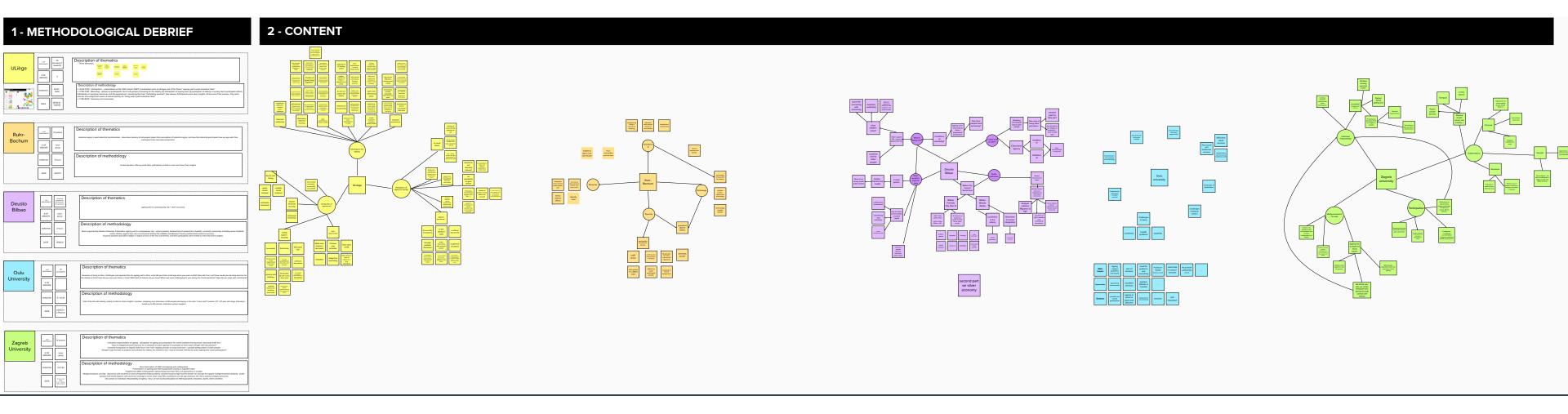
#### External societal partners

**The 5 City Labs** included...





#### Recurring needs & topics





Low level of anticipation (projection in the future is difficult)

Strong
attachement to
one's property
(even if
inadequate)

Property
Maintenance
Cost too high

Prejudices
against the
elderly (espcially
during covid)

**Recurring needs** 

& topics

(a glimpse)

Few safe spaces for LGBTQ elderly

Importance of purposeful volunteering to remain active (social value)

Selfdeterminism;
aging =
managing risks

Dissatisfaction
with public
transport
services & public
spaces

Dissatisfaction with poor group activities (ageism) vs.
Passivity



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with public
transport
services & public
spaces

Dissatisfaction
with poor group
activities
(ageism) vs.
Passivity

... and local

specificities:

Family support & care: different from one region to another

Poor Social and Healthcare Services

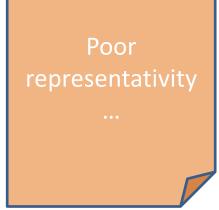
Various Legal frameworks for setting-up Collective Housing



Various levels of end-users' involvement

«Overwhelming» experts ...

... with their «own» agenda



Methodological

**Dissatisfactions** 

(a glimpse)

... but rich, complex & situated experiences

« Usual Suspects » Fatigue for oversolicited participants Digital Divide

So What?



Various levels of end-users' involvement

«Overwhelming» experts ...

... with their «own» agenda

Ease in recruiting participants

Poor representativity ...

... but rich, complex & situated

experiences

Methodological

**Dissatisfactions** 

(a glimpse)

« Usual Suspects » Fatigue for oversolicited participants Digital Divide

So What?

satisfactions:

... and

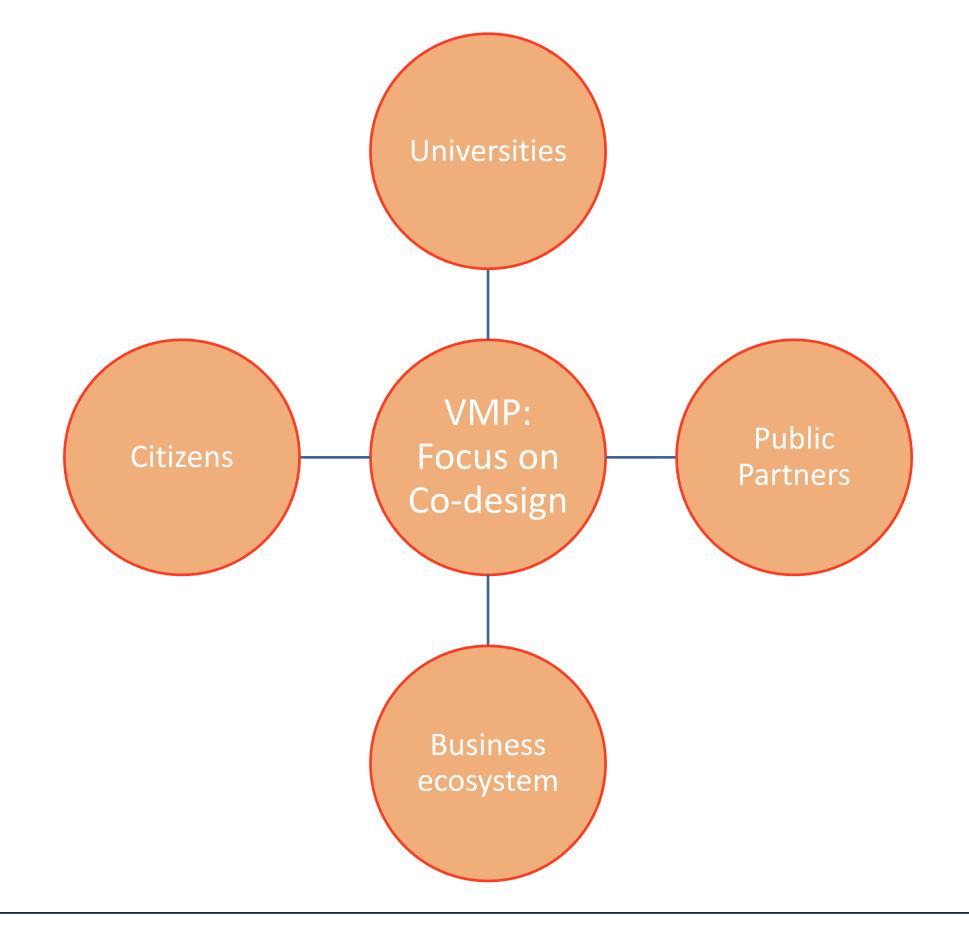
Strong & Shared Commitment to Age Well

Willingness from « pro » partners to include endusers & their trajectories



### Impact & outcomes

Next steps?







# Engaged Research Best Practice Showcase

www.unic.eu

