Housing First: how two URBACT cities in Belgium implement the right to housing

Hear how two Belgian cities are fighting homelessness as part of the URBACT ROOF network.



Picture by Jeroen Adriansens & Bruno van herck ©

Partners in ROOF – and other related URBACT networks – have been contributing their experiences to the UIA-URBACT initiative 'Cities engaging in the right to housing' since early 2020. In this article, Zoe Lejeune of the Belgian National URBACT Point, tells us about how the right to housing has been implemented in Liège and Ghent.

The situation on the ground

On the streets of Liège and Ghent (BE), field and social workers, volunteers and other firstline teams walked around the city on the night of 27 October 2020, visiting the main spots where homeless people usually rest, sleep or wait for the daylight to come... In order to carry out an accurate count of homeless people, the King Baudouin Foundation had financed a census as well as a questionnaire designed to get to know the public better so as to be better able to support them.

This counting of homeless people is a first step towards designing the most suitable public responses. All in line with the #Housing First objective adopted by these two Belgian cities in the URBACT ROOF network: to provide a solution for long-term homelessness, usually combined with drug addictions and mental health problems.

"The objective is that in order to build coherent local policies, we need to know our homeless as well as possible. More than an enumeration, it's a census. We went looking for information to have multiple profiles. And we want to do it every two years," says Arnaud Jacquinet, coordinator of the Relais social du Pays de Liège (RSPL), the organisation in charge of projects aiming at helping homeless people in the city.

Experimentation with Housing First in Belgium

The Housing First concept was <u>first formalised</u> in the early 1990s in New York by an American psychology scholar who was convinced that the right to housing is a fundamental right, but also a key first step for ending structural homelessness. This concept ran counter to the prevailing view that other socio-personal challenges needed to be overcome first before someone would be 'ready' for their own house.

The Housing First paradigm is not just about providing housing, but about providing key services and respecting core principles alongside the housing. The <u>Housing First concept in Europe</u> identifies eight core principles, which are the drivers of the system in Belgium, including choice, person-centred planning and flexible support for as long as is required.



Eight core principles of the Housing First Concept in Europe. Source: https://housingfirsteurope.eu

For almost a decade now, the Federal Ministry in charge of the Fight against poverty, has financed a <u>Housing First experiment in Belgium</u>. Launched in 2013, the initiative was initially piloted in Belgium's five largest cities: Antwerp, Ghent, Brussels, Liège and Charleroi.

Housing is provided first, but alongside additional support – firstly by social and health workers, then by integration coaches for professional purposes, which is key. "The HF project induces a paradigm change at the level of social action and this is not easily accepted by all stakeholders," comments Arnaud Jacquinet.

Housing First in Belgium: It works!

Within the set of long-term solutions to end homelessness, Housing First has proven to be a key component in supporting the most vulnerable groups in Belgium and, since 2013, 18 cities have adopted the approach.

Renaud De Backer, Coordinator of the national Housing First Lab provides further details: "Concerning the experimental phase, we have consolidated date for 378 people who are placed on 3 different controlled trial groups. In the HF target group, after two years, 93% of them are still in housing. In comparison, only 48% of people in the classic help system are in housing. Since this experiment, more than 855 people are rehoused by HFB and 86% of them are still in housing". This compares to a retention rate of only 48% in the 'traditional' homeless support system.



Housing First in Belgium: it works! Source: Housing First Lab Belgium.

Many local stakeholders believe that we've reached a real political momentum in Belgium with great opportunities for HF to become more mainstream: "HF is mentioned in all regional and federal policy statements. It is the first time that four Belgian governments have cited the same programme, the same ambition, which is not yet common but which identifies a horizon in the fight against homelessness," continues Renaud De Backer.

Ongoing barriers to roll-out

Unfortunately, local experts and social workers identify several substantial barriers to further rolling out of Housing First implementation in Belgium. These include:

- a lack of resources;
- potential competition between vulnerable groups in accessing housing solutions in a context
 of inadequate supply social companies have insufficient resources to renovate or build new
 housing, while more and more households are added to waiting lists;
- insufficient development or recognition of complementary solutions in the private sector; and
- insufficient housing sector knowledge about the Housing First mechanism.

"Stress on the housing market forces precarious groups to compete at the bottom of the market. Financialization and policies that favour the market create and perpetuate this situation. Exclusionary policies that favour owners and investors should be turned towards more inclusive policies that guarantee affordable housing for all" argues Steven Vanden Broucke, URBACT Local Group coordinator in Ghent.

Advocating for Housing First: the URBACT ROOF network

These and other challenges are at the heart of the work of the <u>ROOF network</u> - an URBACT Action Planning Network set up in 2019 by the city of Ghent. At the local level, each of the nine EU partner cities are designing an integrated action plan: this means working in a transversal and multidisciplinary way. All stakeholders come together round the table, with the goal to eradicate homelessness in the long term, by making the shift to long-term housing. Today, the ROOF network partners are Braga, Ghent, Glasgow, Liège, Odense, Poznan, Timisoara, Thessaloniki and Toulouse Métropole.



"We hope that together with Liège we will be able to move the national policies in Belgium, because we have the French speaking and the Flemish speaking parts together," says Patricia Vanderbauwhede, coordinator of the URBACT ROOF network. But the goal is of course to contribute to ending homelessness in all ROOF network and European cities. To do so ROOF also advocates on the right to housing for all at the EU level. And Housing First is one of the key solutions to be advocated!

Cornerstones of the work and advocacy undertaken by ROOF are:

- The need for a multilevel approach to expand the Housing First model

Cities play a central role, but key opportunities in terms of housing – both public and private – need to be supported by regional, national and even EU policies and funding opportunities. Having a national strategy to support Housing First has proven key to the success of the projects in countries where it has widely spread. Sensitising MEPs, and building partnerships and coalitions of urban stakeholders are key objectives of ROOF's partners.

- Identifying the right stakeholders, especially in the housing sector

Setting up partnerships, and reaching a better collaboration between services (housing, social action, emergency, professional support, etc.) depends on the local context and opportunities, looking for strengths in the partners and having privileged access to the services concerned. URBACT provides cities with a method and tools – such as co-creation and participatory approaches – to set up global solutions, with the right political support.

- Numbers: quantifying homelessness and knowing the target audience of the programme

There is a need for leveraging Housing First at different levels to show first what the problem is and know it better, and then to show that the Housing First solutions actually work better than social emergencies, which need to focus on their very own tasks and target audience. The counting, or census, is a first step to evidence the issue as a key component of the housing strategy for cities. For this, the ROOF city partners have worked a lot around the <u>ethos light</u> methodology, developed by FEANTSA – the European Federation of National Organisations working with the Homeless.

Local, national and European advocacy: implementing the right to housing

The strength of URBACT is to have cities from different countries, in different parts of Europe, all supporting the same model and promoting the need for further funding of these solutions. "There was not a lot of political framework around Housing First so that's what we're trying to do with ROOF, to put it on the political agenda... to make sure that all levels work on homelessness, in a way that benefits the cities," says Patricia Vanderbauwhede.

"I think it's the role of cities to translate the local reality to the upper levels. Because in practice, it's us working with the people who are on the streets. It's us who can feel what is working and not, what is needed and not. There, we have a very important role to play: to be a a constructive partner of the upper governmental levels," continues Steven Vanden Broucke.

Further information

Housing First is but one of the key solutions for ending long-term homelessness and many other innovative solutions and collaborations will emerge in the coming months and years. Building on their joint 'Cities engaging in the right to housing' initiative over the course of 2020, UIA and URBACT are set to launch a new platform in spring 2021 featuring inspiring city case studies on collaborative housing, fair finance and other housing issues. Keep an eye out for updates!

Recent URBACT articles:

- https://urbact.eu/street-lockdown-roof-over-your-head-1
- EU cities explore fair finance to boost adequate and affordable housing
- Engaging cities to reject housing exclusion as a 'fact of life'
- Community-led housing a key ingredient of urban housing policy

See also several other inspiring projects on cities engaging in the right to housing in Belgium:

- <u>ICCARus</u> in Ghent (UIA):
- <u>CALICO</u> in Brussels Capital Region (UIA)
- <u>CURRANT</u> in Antwerp (UIA):
- URBACT ALT/BAU network, including the Belgian partner city Seraing