

1 **New insights on polar bear (*Ursus maritimus*) diet from faeces based on Next**  
2 **Generation Sequencing technologies.**

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25            **Abstract**

26            Practical tools to quantify range-wide dietary choices on the polar bear have not been  
27 well developed impeding the monitoring of this species in a changing climate. Here we describe  
28 our steps toward non-invasive polar bear diet determination with the optimization of 454  
29 pyrosequencing of a 136 (base pair: bp) mitochondrial cytochrome b (*cytB*) fragment amplified  
30 from the extracts of captive and wild polar bear faeces.

31            We first determine *the efficacy, reliability and accuracy* of our method using polar bear  
32 faeces from captive polar bears fed known diets at the Cochrane Polar Bear Habitat (Canada, n  
33 = 5 faeces from 1 bear) and Metro Toronto Zoo (Canada, n =19 from 3 polar bears); and from  
34 wild (unfed) polar bears from a holding facility in Churchill (Canada; n=7 from 7 polar bears).  
35 We report 91% overall success in amplifying a 136 bp *cytB* amplicon from the faeces of polar  
36 bears. Our DNA analyses accurately recovered the vertebrate diet profiles of captive bears fed  
37 known diets. We then characterized multiyear vertebrate prey diet choices from free-ranging  
38 polar bears from the sea ice of the M'Clintock Channel (MC) polar bear Management Unit  
39 (Canada) (n =117 from an unknown number of bears). These data point to a diet unsurprisingly  
40 dominated by ringed seal (*Phoca hispida*) while including evidence of bearded seal  
41 (*Erignathus barbatus*), harbor seal (*Phoca vitulina*), muskox (*Ovibos* spp.), Arctic foxes  
42 (*Alopex lagopus*), wolves (*Canis lupus*), herring gull (*Larus argentatus*) and willow ptarmigan  
43 (*Lagopus lagopus*). We found low levels of contamination (<3% of sequences when present),  
44 suggesting *specific* process improvements to reduce contamination in range-wide studies.  
45 Together, these findings indicate that next generation sequencing-based diet assessments show  
46 great promise in monitoring free ranging polar bears in this time of climate change.

47

48            **Keywords** : Polar bear, *Ursus maritimus*, diet, next generation sequencing, climate  
49 change, mitochondrial cytochrome b, ringed seal

50            **Résumé**

51 La réduction de la calotte glaciaire arctique suite au changement climatique risque d'avoir un  
52 effet direct sur la capacité des ours polaires à capturer les phoques, leurs principales sources de  
53 nourriture. Une surveillance précise des changements alimentaires des ours polaires s'avère  
54 ainsi essentielle pour mieux cerner l'impact des changements climatiques sur la survie de cette  
55 espèce. Nous détaillons dans cette étude, l'optimisation d'une méthode non invasive basée sur  
56 le séquençage de dernière génération (next generation sequencing - NGS) d'un fragment du  
57 gène mitochondrial cytochrome b (cytB) de 136 bp à partir de fèces d'ours polaires sauvages  
58 collectées en milieu naturel.

59 Pour déterminer *l'efficacité, la fiabilité et l'exactitude* de notre méthode, nous avons analysé  
60 des fèces d'ours polaires en captivité dont le régime alimentaire était connu (Zoo Cochrane (n  
61 = 5), Toronto (Ontario, Canada) (n = 17) et des fèces d'ours polaires sauvages provenant de la  
62 ville de Churchill (Manitoba, Canada) (n= 7)) ainsi que de la région située au niveau du détroit  
63 de M'Clintock (Nunavut, Canada) (n= 117). Ces dernières fèces ont été analysées pour mieux  
64 cerner les choix alimentaires pluriannuels des ours polaires sauvages. Les profils alimentaires  
65 des ours captifs nourris avec des aliments connus ont été estimés avec précision et ont validé  
66 notre méthode. Notre étude sur les ours polaires sauvages du détroit de M'Clintock a révélé que  
67 même si le phoque annelé (*Phoca hispida*) constituait la majorité de leur régime alimentaire,  
68 le phoque barbu (*Erignathus barbatus*), le phoque commun (*Phoca vitulina*), le boeuf musqué  
69 (*Ovibos* spp.), le renard arctique (*Alopex lagopus*), le loup (*Canis lupus*), le goéland argenté  
70 (*Larus argentatus*) et le lagopède alpin (*Lagopus lagopus*) étaient également présents dans leur

71 régime alimentaire. Les risques de contaminations lors de l'utilisation de ces technologies NGS  
72 sont également discutés.

73 **Mots clés** : Ours polaire, *Ursus maritimus*, régime alimentaire, séquençage de dernière  
74 génération, changement climatique, gène mitochondrial cytochrome b, phoque annelé

75

## 76 **INTRODUCTION**

77         The anticipated changes in the Arctic climate and concomitant reduction in sea-ice  
78 quantity and quality is hypothesized to affect polar bear diet (Derocher *et al.* 2004). While  
79 reduced access to seals, the main prey of polar bears, is expected to negatively affect polar  
80 bears, their reproductive rates, and ultimately their persistence (Derocher *et al.* 2004; Gitay *et*  
81 *al.* 2002); dietary responses to a changing environment are unknown and practical tools to  
82 monitor these choices have not been well developed. Polar bear diet investigations have been  
83 largely based on direct observation (Dyck& Romberg 2007), morphological identification of  
84 prey remains from their scats (Iversen 2011; Gormezano and Rockewell 2013), biochemical  
85 analyses of fatty acids (FA) and or stable isotopes profiles from harvested tissue or biopsy plugs  
86 (Thiemann *et al.* 2007; Hobson *et al.* 2009, Galicia *et al.* 2015; Mc Kinney *et al.* 2017. These  
87 data collectively indicate that polar bears have a varied vertebrate diet including among others:  
88 ringed seal (*Pusa hispida*), bearded seal (*Erignathus barbatus*), walrus (*Odobenus rosmarus*),  
89 harp seal (*Pagophilus groenlandicus*), hooded seal (*Cystophora cristata*), harbor seal (*Phoca*  
90 *vitulina*) (Iversen, 2011), beluga (*Delphinapterus leucas*) (Mc Kinney *et al.* 2017), narwhal  
91 (*Monodon monocerus*) (McKinney *et al.* 2017), birds (Mc Kinney *et al.* 2017) and reindeer  
92 (*Rangifer tarandus platyrhyncus*) (Mc Kinney *et al.* 2017).

93         While informative, the above methods have two major limitations impeding their  
94 application in large scales studies. First, those requiring tissue from biopsy studies such as FA  
95 analyses or direct observations are labour intensive, costly, and can be stressful for the animal.  
96 Second, prey identification to the species level is not always possible. For example, FA  
97 techniques are based on the identification of FA structures that are transferred unaltered across  
98 trophic levels; however if prey and/or predator have identical FA profiles, no discrimination is  
99 possible (Thiemann *et al.* 2007). Further, while some polar bear prey, for example bearded seals

100 (*E. barbatus*), harbor seals (*Phoca vitulina*) and Atlantic walruses (*Odobenus rosmarus*), can  
101 be identified based on their non-methylene-interrupted FA profiles, those of other pinniped  
102 prey, for example harp seals (*Pagophilus groenlandicus*) and hooded seals (*Cystophora*  
103 *cristata*), as well as beluga whales (*Delphinapterus leucas*) and narwhals (*Monodon*  
104 *monoceros*) cannot be distinguished using FAs or they are present at low levels (ringed seals)  
105 (Thiemann *et al.* 2007, Galicia *et al.* 2015). While hairs of seals can be easily distinguished  
106 from hairs of reindeer and the guard hairs of polar bears based on morphology, no there are no  
107 species-specific features among the different seal species that polar bears consume (Iversen  
108 2011). At the extreme, soft/digestible dietary items that leave no/few hard traces in the gut or  
109 faeces will be less likely to be identified using non-molecular methods (Pompanon *et al.* 2012).

110         Although molecular assays of faeces hold potential for species level detection, the  
111 evaluation of these possibilities for the study of polar bears is in its infancy. To date, species  
112 specific oligonucleotide primers for some seals have been designed allowing the detection of  
113 different seal species in polar bear faeces (Iversen 2011), but this method fails to detect non-  
114 seal prey. The optimization of molecular methods that allow for the species-level detection of  
115 polar bear prey and plant food choices in as few as possible assays would enhance monitoring  
116 of real time polar bear dietary responses in a changing Arctic.

117         As part of efforts to develop non-invasive polar bear monitoring methods (Wong *et al.*  
118 2011, Van Coverden de Groot *et al.* 2013, Van Coeverden de Groot, 2019), we detail the  
119 optimization of a next generation sequencing (NGS) method that allows the identification of  
120 most vertebrate species comprising the diet of polar bears from their faeces. We tested a 136  
121 base pairs (bp) segment of the mitochondrial cytochrome b (*cytB*) sequence (Teletchea *et al.*  
122 2008; Galan *et al.*, 2012) amplified from polar bear faeces using 454 pyrosequencing for  
123 vertebrate prey identification. We evaluated: a) the efficacy of obtaining target *cytB* amplicons

124 from faeces collected under a variety of ‘field’ conditions using this method, b) the repeatability  
125 of our method in diagnosing the same vertebrate prey ID from repeated dilutions and extractions  
126 of the same faeces, and c) the accuracy of correctly detecting the vertebrate prey species  
127 consumed by polar bears using 24 faeces collected from polar bears at two zoos with known  
128 diets. After demonstrating the validity of this method, we profile 117 polar bear faeces collected  
129 from the M’Clintock Channel (MC) polar bear management unit in Nunavut, Canada during  
130 May of 2007-2011 and describe the vertebrate dietary choices of this population of bears.

131

## 132 **METHODS**

### 133 *Faecal Samples:*

134 We collected two sets of captive polar bear faeces (n=24) to evaluate the accuracy of our 454  
135 pyrosequencing *cytB* assay. We then applied this technique to faeces of wild polar bears held  
136 in a polar bear holding facility in Churchill Manitoba (n=7) and to faeces of the wild polar bears  
137 of MC collected during the month of May over 5 years from 2007-2011 (n=117, Figure 1).

138

### 139 *Faecal samples from captive polar bears fed known diets.*

140 Five faecal samples (A, B, D, E, and F) were collected from an adult male polar bear held in  
141 captivity at the Polar Bear Habitat (PBH in Cochrane, Ontario, Canada). As part of a diet study  
142 (Dyck & Morin, 2011) this bear was fed 3 different diets for 3 weeks at a time: a mixed “zoo”  
143 diet comprising grass, water melon, grapes, lettuce, chicken, deer, herring and chow pellets; a  
144 diet composed of harp seal flesh and blubber (approximately 1:1 ratio); and a diet composed of  
145 mainly Arctic char (*Salvelinus alpinus*) (Table 1; see Dyck & Morin, 2011 for details). The  
146 faeces were collected at different times during the three week the bear was fed a specific diet.  
147 During the period that the bear was fed the char (A&B) diet, faeces were collected on days 10

148 & 20, for the regular diet on day 14, and for seal (D&E) diet on days 10 & 20. These samples  
149 were used in the initial piloting of our methods.

150 To further assess the accuracy of our method, we assayed a second set from captive  
151 polar bears comprising 19 faecal samples from 3 captive polar bears housed at the Metro  
152 Toronto Zoo (MTZ in Canada). A sample was collected from each bear for each of six weeks  
153 with one bear having a 7<sup>th</sup> sample collected at a later date. These bears were each fed diets fairly  
154 typical of most captive polar bears which consisted mainly of horse meat with herring, smelt,  
155 rabbit, hard-boiled eggs, dog food and vegetables.

156

157 *Faecal samples from wild polar bears with unknown diets.*

158 We also analyzed faeces from 7 polar bears temporarily housed in a holding facility in Churchill  
159 Manitoba – Polar Bear ‘Prison’ (PBP) in 2007. These were ‘nuisance’ bears held in PBP until  
160 the Hudson Bay ice sheet forms at which time they were released. In contrast to the PBH and  
161 MTZ bears – they are not fed and our diet determinations reflect feeding before ‘incarceration’.  
162 The bears are provided with only water during their stay. The collection of these faeces relative  
163 to initial date of ‘incarceration’ is unknown. Finally, we used our method to quantify the recent  
164 dietary choices of 117 free ranging polar bears from the MC subpopulation in Nunavut collected  
165 from 2007-2011 (Figure 1). These samples were collected by Inuit collaborators using snow-  
166 machines as part of efforts to optimize ground based non-invasive methods of monitoring polar  
167 bears (Van Coeverden de Groot *et al.* 2013; Wong *et al.* 2011). The faecal samples were stored  
168 in freezer bags, kept frozen with snow and transported frozen to the Gjoa Haven Hunters and  
169 Trappers Association (HTA) freezer and finally to Queen’s University in Kingston, Canada.

170



171

172 Molecular & Analytical Methods – Pilot study with faeces from a single captive bear:

173 DNA was extracted from all faeces using the QIAamp Fast DNA Stool Mini Kit  
174 (Qiagen, Inc; Netherlands) following manufacturer protocols at Queen’s University and the  
175 American Museum of Natural History. In the pilot study, only 2 dilutions - 1 µl & 2 µl - from  
176 each of the extractions of the 5 faeces (from the single PBH bear) were used as template in the  
177 PCR. These two dilutions were assessed to find the best compromise between potential  
178 inhibitors and target DNA amplicon (Teletchea *et al.*, 2008; Galan *et al.*, 2012) concentration.  
179 The 136 bp amplicon of *cytB* was chosen because: i) it discriminates among most vertebrate  
180 species including those that show close evolutionary affinity (Teletchea *et al.*, 2008; Galan *et*  
181 *al.*, 2012), ii) its short length is suited for the PCR amplification of degraded DNA (Murphy *et*  
182 *al.*, 2000; Taberlet *et al.*, 1997), and iii) it has been successfully used in studies with degraded  
183 DNA extracted from non-invasive, museum and archaeological samples (Galan *et al.*, 2012,  
184 Pagès *et al.*, 2010; Pagès *et al.*, 2008; Teletchea *et al.*, 2008). Primers used to amplify this  
185 cytochrome b fragment were: (5’-  
186 CCATCTCATCCCTGCGTGTCTCCGACTCAGNNNNNNNGAYAAARTYCCVTTYCAY  
187 CC-3’) and H15546R (5’-CCTATCCCCTGTGTGCCTTGGCAGTCTCAGNNNNNNN  
188 AARTAYCAYTCDGGYTTRAT-3’) (Galan *et al.* 2012).

189 Following Galan *et al.* (2010), PCR amplicons were individually tagged with fusion  
190 primers and then pooled for 454 pyrosequencing. The fusion primers consist of an additional 7  
191 bp. sequence (the tag) and a 30 bp. A titanium adaptor at the 5' ends are necessary for emulsion-  
192 based clonal amplification (emPCR) and 454 GS-FLX pyrosequencing using Lib-L Titanium  
193 Series reagents. The combination of the forward and the reverse tagged-primers produces a

194 unique barcode for each amplicon. PCR blanks containing only water were used systematically  
195 to check for possible cross contaminations among samples.

196 The SESAME package for genotyping multiplexed individuals based on NGS amplicon  
197 sequencing (Megléczy *et al.* 2010) was used to characterize sequences. Sequences differing by  
198 at least one base-pair substitution were identified “variants” (Galan *et al.* 2010). We followed  
199 Galan *et al.* 2012 to classify all variants as “artefactual variants” (*i.e.* variants that resulted from  
200 polymerase errors during PCR and emPCR, and pyrosequencing errors) or “true variants” (*i.e.*  
201 variants that were retained after our validation procedure). “True variants” are henceforth  
202 referred to as “haplotypes”. Species identification of *cytB* haplotypes obtained from the  
203 different faecal DNA extracts was performed using the NCBI’s BLASTN program (Zhang *et*  
204 *al.*, 2000) against the database from GenBank (EMBL, DDBJ and PDB sequences).

205

#### 206 Molecular & Analytical Methods

207 We quantified *efficacy* in two ways: a) by calculating the probability of successfully  
208 amplifying *cytB* amplicons from captive and wild polar bear faeces, and b) via an estimate of  
209 prey identification repeatability where the same dietary item is identified across two dilutions  
210 from the same extract. Based on the results of our pilot assay of 5 faeces from the same bear  
211 held in Cochrane (PBH), we analyzed 1 $\mu$ L & 2 $\mu$ L dilutions from the initial extractions of  
212 individual faeces from each of 7 different bears PBP bears, 19 faeces from 3 different MTZ  
213 bears, and 117 faeces from an unknown number of MC bears. These dilutions were amplified  
214 with the 136 bp *cytB* primers as above. All PCR products were run out on 1.5% agarose gel  
215 stained with Ethidium bromide, and scored as FAIL – no product detected in agarose, WEAK  
216 – small amounts of PCR product detected and OK – appreciable amount of PCR product. To  
217 improve the diet characterization of those samples that performed poorly in the initial 2 PCRs

218 (one each of 1µl & 2µl dilutions of their initial extractions), those PBP, MTZ and MC samples  
219 that yielded only WEAK or FAIL in their first two PCRs were re-extracted. We performed PCR  
220 on these new extracts with 1µl & 2µl dilutions (as above) and scored them as FAIL, WEAK  
221 and OK. The WEAK and OK PCRs across original and subsequent extractions were sequenced.

222 As part of the evaluation of the efficacy of genetic prey identification from polar bear  
223 faeces collected under captive conditions and on the sea ice in May, we calculated the  
224 percentage of faeces that failed to amplify our target *cytB* amplicon across a maximum of 4  
225 PCRS (of 2 dilutions of 2 extracts) and those that had at least one WEAK PCR result across a  
226 maximum of 4 PCR's. The effect of re-extraction of PBP, MTZ and MC faecals on the  
227 determination of genetic prey identification is reported as the percentage of samples that  
228 improved from FAIL+FAIL in the first extract to at least one WEAK/OK in the two PCRs of  
229 the second extract.

230 Upon the completion of the PCRs from the first and second extraction of the PBP, MTZ  
231 and MC faecals (described above), molecular food item identification was performed on all  
232 WEAK or OK PCRs with the same protocol used for the pilot with PBH faecals (described  
233 above). By comparing the genetic identifications for MTZ polar bears using our *2 dilution – 2*  
234 *extraction protocol* with their known diets, we conducted an evaluation of the accuracy of our  
235 method. We used the *2 dilution – 2 extraction* method with 454 pyrosequencing to characterize  
236 vertebrate dietary choice of free ranging polar bears from M'Clintock Channel, Nunavut.

237

## 238 **RESULTS**

239 *Polar bear diet determination from NGS assays of their faeces – initial evidence from a single*  
240 *captive bear:*

241 Our pilot study of 454 diet determination from a 136 bp *cytB* sequence amplified from  
242 extracts of 5 polar bear faeces from a single bear (PBH) fed three different diets for three weeks  
243 over 9 weeks – suggests that our molecular diagnoses are accurate to vertebrate genus level  
244 (Table 1). Three out of 5 PBH faecals (A, B, & F) samples worked across both dilutions in the  
245 initial *cytB* PCR. [Neither extract for PBH D & E amplified across both dilutions and unlike the  
246 process followed for all other initial FAIL or WEAK PCRS (see above), they were not re-  
247 extracted nor were PCRs repeated in this pilot]. Across the 6 successful dilutions (from 3 PBH  
248 extracts) a total of 657 ‘reads’ were obtained with between 1 - 4 different *haplotypes* in each of  
249 the 6 dilutions (Table 1 & Figure 2). *CytB* sequences of the host (polar bear) represented a high  
250 proportion of the haplotypes for each of the 6 dilutions: 54% - 100% of the total and only polar  
251 bear DNA was recovered from both dilutions of PBH A.

252 The species ascribed to the non-polar bear haplotypes matched those of the ingested  
253 food items for PBH B & F. In the case of PBH B (bear fed a char diet), 39 & 46% (dilution 1  
254 & 2) of the total number of sequences were assigned to the correct genus for Arctic Char -  
255 *Salvelinus* (Salmonidae). For PBH F (collected when the bear was fed a harp seal diet), 9% &  
256 14% of the total number of sequences were identified as the harp seal *Phoca groenlandica*.  
257 PBH F also showed small traces of chicken and deer DNA. Both “exotic” chicken and deer  
258 sequences were found in a very low frequency (0.9 & 1.3%) but correspond to actual diet items  
259 the bear was fed as part of the regular diet preceding the collection of faecal F. In PBH F  
260 *Salvelinus* sequences were also obtained at a very low frequency (0.7%) likely reflecting char  
261 fed before the onset of the harp seal diet.

262 Our PBH pilot survey showed: a) accurate diet determination from polar bear faeces, b)  
263 host DNA always represented the largest fraction of recovered haplotypes, c) trace quantities  
264 of earlier diets may still be detectable after >3 weeks of consumption, d) the PCR of 1µl & 2µl

265 dilutions from a single extract of a target faeces yielded *cytB* amplicons were 60% successful,  
266 and e) the single extraction from a faeces does not always lead to the amplification of *cytB*  
267 haplotypes that can be sequenced and this failure would seem to be independent of diet. The  
268 above suggests that while 454 diet analysis of our larger dataset is effective, a second extraction  
269 should be attempted when the *cytB* PCR of the first extraction yields a FAIL or WEAK result.  
270 The PCR of 1µl & 2µl dilutions from between one and two extracts of the same faeces was  
271 followed for all subsequent 454 assays.

272

273 *Efficacy and accuracy of amplification and 454 sequencing of a 136 bp cytB amplicon for*  
274 *genetic determination of vertebrate prey from polar bear faeces*

275 Using our 2 Dilution – 2 extraction method we estimated our *efficacy* of generating 454  
276 amplicons that could be sequenced at 90.8% for the 143 polar bear faeces that we assayed herein  
277 (Table 2). The ‘source’ of the faeces affected the amplification success rates with most success  
278 achieved (100%) with the 7 faeces from the 7 bears held in the Churchill facility, followed by  
279 93% success with the 117 faeces collected in MC from an unknown number of bears, to 74%  
280 of the 19 MTZ faeces from 3 bears (Table 2).

281 From the 143 polar bear faeces we generated a total of 250 successful *cytB* PCR  
282 amplifications from the corresponding 1µl & 2µl dilutions. Our 454 sequencing of these PCR  
283 products yielded a total of 53 732 *cytB* reads corresponding to 3,010 distinct variants. These  
284 were subsequently assigned to the 250 dilutions (220 from 110 DNA extracts which worked  
285 with two dilutions; 30 which only worked for one dilution). The artefactual variants were sorted  
286 and discarded manually using SESAME. After this validation step (*i.e.* Substitution, Indel and  
287 Chimera excluded), the mean number of reads per successful PCR was 188.00. More than 50

288 validated reads were obtained for 91.88% of the samples, more than 100 for 80.77% of the  
289 samples.

290 From the above, we computed of a second estimate of *efficacy*, the proportion 1 $\mu$ l &  
291 2 $\mu$ l dilutions from the same extraction where the same prey items were identified when the host  
292 animal's sequences (polar bear, Arctic fox, wolf/dog) was excluded. Across all PBP, MTZ and  
293 MC samples, prey identification repeatability was = 84.6% across paired dilutions of the same  
294 extracts. Included in this estimate are those cases where only polar bear DNA was amplified  
295 in one of the paired extracts, while a prey item was identified in the other.

296 The initial accuracy estimates from the PBH sample were corroborated with our assay  
297 of the MTZ polar bears faeces (Figures 3 and 4). Of the 14 MTZ faecal samples that worked,  
298 two were discarded as results indicated only human haplotypes in the 4 extracts. The correct  
299 vertebrate dietary items were identified in the remaining 12 MTZ samples. We detected all  
300 known food items (*i.e.* horse, herring, rabbit, hard boiled eggs, cow, and smelt) fed to the 3  
301 MTZ bears in the 12 faeces – this despite the MTZ bears having a more varied diet than the  
302 single PBH bear fed the same diet for 3 consecutive weeks at time. Also, the assay showed high  
303 specificity discriminating between different species of fish consumed (*e.g.* capelin, *Mallotus*  
304 *villosus*; rainbow smelt, *Osmerus mordax*; walleye, *Sander vitreus*) (Figures 2 and 3). The  
305 sensitivity of the technique was further exemplified by our detection of DNA from two  
306 “contaminating” species in our 12 study faeces. We found a single read of *Canis*  
307 *lupus/familiaris* (in a single extract out of 2 “positives” from 2 independent extracts from the  
308 same faeces). This were never a diet item but wolves were in the next enclosure at the MTZ  
309 likely leading to this “contaminated” result. We also found 2 reads (0.0045%) of  
310 *Brachyramphus marmoratus* (Alcidae, marbled murrelet) in a single extract from a different  
311 faeces. This species was previously studied in one of our laboratories and although below

312 0.010% of all sequences in the sample, previous taxa studied in our laboratories would appear  
313 to represent a source of contamination in this sensitive assay (see below).

314

315 454 PyrosSequencing and determining wild polar bears diets

316 Of the 117 collected faecals from wild MC polar bears, 8 did not work across 4 dilutions  
317 of 2 extractions and 6 were excluded from further diet analysis because they were not polar  
318 bear. One sample (PBF07-05) yielded mainly *Canis* reads (131 and 110 reads for each replicate,  
319 see Figure 2) and may have come from the dog that accompanied the expedition that year but  
320 may have come from a wolf. Repeat assays of three samples (PBF08-10, -16 and -26) were  
321 shown to be from an arctic fox (numerous reads of *Alopex lagopus* associated with seal reads).  
322 Two samples (PBF10-03 and PBF10-08) were considered as unknown ‘predator’ origin as only  
323 prey seal sequences could be retrieved associated with human DNA (there were no polar bear  
324 sequences) .

325 The ringed seal comprises the main prey item in wild bears from M’Clintock Channel  
326 during May of 2007-2011 (*P. hispida*) DNA was in 86.14% of the faeces of wild bears; Figures  
327 2 & 4). Two other seals, the harbour seal, *Phoca vitulina* and the bearded seal, *Erignathus*  
328 *barbatus* form smaller but substantial portions of the polar bear diet with their DNA found in  
329 3.96% and 4.95% of MC faeces respectively). While these species are the most common  
330 vertebrate prey DNA reads found in MC faeces, our method points to other vertebrates  
331 contributing to the polar bear diet at this time of year in M’Clintock Channel. These include:  
332 carnivores, arctic foxes and wolves (5.94% and 0.99% of extracts had *Alopex* and *Canis lupus*  
333 DNA respectively – these faeces are distinguished from those believed to have come from foxes  
334 or wolves [see above] by the predominance of polar bear DNA reads in them); ungulates for  
335 example muskox, *Ovibos moschatus* (1.98% of extracts have *Ovibos* DNA reads); and birds for

336 example the Ptarmigan *Lagopus lagopus* and gulls *Larus* sp. (1.98% and 0.99% of extracts had  
337 *Lagopus* and *Larus* DNA reads, respectively). Unfortunately, the mini-barcode did not allow  
338 the discrimination among three putative gull species (*L. thayeri*, *L. hyperboreus*, *L. argentatus*).

339

## 340 **DISCUSSION**

341 With our 2 dilution - 2 extraction method we have optimized a next generation sequencing  
342 method to determine non-invasively the vertebrate prey of wild polar bears from their faeces  
343 using a 136bp *cytB* amplicon. Specifically we: a) determined the success of obtaining *cytB*  
344 amplicons for NGS sequencing across variety of polar bears faeces varies from 73.6% to 100%  
345 with a mean of 90.8% across all faeces, b) show our technique to be reliable and accurate by  
346 evaluating 4 captive polar bears fed known diets, and c) through the assay of 117 polar bear  
347 faeces from an unknown number of bears provide strong evidence that while the primary prey  
348 of these MC bears during the months of May 2007-2011 is the ringed seal - diverse vertebrate  
349 taxa comprise the diet of polar bears at this time. Below we discuss these findings as well as  
350 the use of our results to counter contamination in this sensitive assay, limitations of our findings  
351 and next steps given these finding and more recent technological advances.

### 352 *The efficacy, reliability & accuracy of our method.*

353 We showed decreased *cytB* amplification success - *efficacy* - in captive vs. wild polar bear  
354 faeces despite the improved collection and handling of the faeces of the captive polar bears by  
355 trained technicians. An explanation of these different success rates may be the better  
356 preservation of wild faeces in cold Arctic ambient temperatures. The samples from the captive  
357 bears were deposited in above zero temperatures although they were likely collected and frozen  
358 within 24 hours of defecation. In contrast, the wild faecals were immediately deposited into



359 “subzero” storage. This interpretation is consistent with other studies showing PCR success  
360 from faecal extracts are correlated with the freshness of fecal samples (McInnes *et al.* (2017).

361 While the *efficacy* of generating prey *cytB* amplicons using extractions from wild polar  
362 bear faeces is 93%, our early estimate of *reliability* for pooled MTZ, PBP and MC bears is  
363 lower at 84.6%. This is not unexpected as one of the dilutions contains 50% more DNA than  
364 the other and the two ‘sampling events’ of the same DNA will likely be different particularly  
365 with respect to prey template DNA which are already in low numbers. In addition, the faecal  
366 DNA extract contains DNA from the host, prey, bacteria, viruses, and other commensal and  
367 pathogenic taxa further reducing the likelihood of replicate sampling in dilutions differing by  
368 50%. The more useful estimate of reliability will come from the faeces of the *same* wild polar  
369 bears. This analysis awaits increased genotyping success (see below).

370 Our recovery of the (genetic identification) of the vertebrate diet items fed to the captive  
371 PBH and MTZ bears indicates our method is *accurate*. Although the ‘accuracy’ of our method  
372 is difficult to estimate - we cannot resolve to species level for all *cytB* amplicons from taxa in  
373 the same genus (see *Limitations* below) – the results of the captive bear assay means that we  
374 can accept with confidence the identification of vertebrate prey items including seal and other  
375 taxa that are known to be part of the polar bear diet including birds (see *Larus* difficulties below)  
376 and fish (Russel, 1975, Stempniewicz 2006; Dyck & Romberg 2007, Gormezano *et al.*, 2013,  
377 Iversen *et al.* 2013). The above validation means our detection of prey items believed to be  
378 uncommon in polar bear diet like muskox (*Ovibos* spp.), Artic foxes (*Alopex lagopus*) and  
379 wolves (*Canis vulpus*) is likely correct and the future detection of other vertebrate taxa not eaten  
380 by the polar bears in our study sample but known to have been consumed by polar bears in the  
381 wild for example: reindeers (*Rangifer tarandus*) (Iversen 2011) belugas (*Delphinapterus*

382 *leucas*), narwhals (*Monodon monoceros*) walruses (*Odobenus rosmarus*) (Derocher *et al.* 2004)  
383 or marine birds (*Larus* spp. (Stempniewicz 2006) is possible.

384

385 *Faceal NGS Contamination – a Road Map to Improved Quality Control.*

386 Our results suggest an acceptable level of contamination so as to not invalidate the  
387 results and importantly the identification of reads resulting from contamination allow for  
388 targeted quality control and specific method improvement steps that can reduce contamination,  
389 This will allow for more robust inferences of polar bear dietary patterns from polar bear faeces.  
390 Some of our faecals were clearly contaminated and not of polar bear origin: for example two  
391 MTZ faeces yielded only human DNA and the MC samples PBF08-10, PBF08-16 and PBF08-  
392 26 were from Arctic Fox and PBF07-05 was likely a wolf. These samples were excluded from  
393 further analysis. In all other instances, the contaminating sequences in captive and wild bear  
394 samples (Figure 2) were present at less than 3% frequency. This ratio is low and appears  
395 characteristic in similar amplicon sequencing studies using Next Generation Sequencing (NGS)  
396 (Pompanon *et al.* 2012). The characterization of these contaminating sequences in this study  
397 assists in reducing the effects of contamination in future studies by pointing to contaminating  
398 source at all our steps - from faecal collection in zoos and the wild to the final 454  
399 pyrosequencing step.

400 As in other high throughput sequencing (Shehzad *et al.* 2012), human haplotypes were  
401 identified in 2.50% (1,039 human reads out of 40,062 total reads including human non-  
402 functional nuclear paralogs) of the validated reads and found in 56.64% of the samples. The  
403 source of these human contaminating sequences could have occurred at all steps during the  
404 collection of these data and suggest a general improvement in sterile technique when handling  
405 faeces. The detection of cow, pig and herring sequences in wild polar bear faecals, however,

406 reflects faecal collection and storage procedures in our earlier field sampling. In our earlier  
407 fieldwork, the faecal storage coolers used in the field trips were first used to store meat for  
408 consumption during field work. This was changed in the later fieldwork. Similarly, the presence  
409 of wolf DNA in MTZ faecals likely represents contamination from animals in nearby exhibits.  
410 Finally, the presence of marbled murrelet (*Brachyramphus marmoratus*) in polar bear feces  
411 also represent contamination at the stage of DNA extraction as this taxa had been previously  
412 analyzed in our laboratories. The presence of these contaminating species clearly pointed to all  
413 steps in our method that needed improvement – in this case from field collection, to storage,  
414 through to lab sterilization.

#### 415 Limitations of the method

416 Although the detection of diverse array of prey species from faeces of anonymous polar  
417 bears suggest our method surpasses other molecular methods based on species-specific primers  
418 (Iversen 2011) and FA methods, there are limitations to current faecal extract molecular  
419 methods including our own. More specifically these limitations are: a) the inability to quantify  
420 the amount of prey ingested (Pinol *et al.*, 2018), b) the preferential amplification of polar bear  
421 mitochondrial DNA, c) inability of our 136 *cytB* amplicon to discriminate among some species  
422 of potential prey species, d) the lack identity of the defecating polar bear (meaning that we do  
423 not know how many individuals are encompassed by our field sampling), and e) the need to  
424 optimize the genetic identification of the plant diet of wild polar bears.

425 Unlike FA, we cannot provide quantitative estimates of the amount of prey items  
426 ingested from the amplicons amplified. More specifically, the number of reads obtained per  
427 sample cannot be directly linked to the quantity of ingested preys because: 1) preferential  
428 amplification of some species to the detriment of others is possible when dealing with mixtures  
429 of DNA templates as found in faecal DNA extracts (Polz and Cavanaugh 1998; Pompanon *et*

430 *al.* 2012); 2) tissues do not have the same density of mitochondrial DNA across species  
431 prohibiting quantitative PCR with these DNAs (Deagle *et al.* 2005); and 3) scat samples  
432 correspond to the end of the assimilation process and do not always reflect accurately food  
433 intake (*i.e.* difference survival of DNA during digestion). The quantification of ingested prey  
434 with 454 pyrosequencing and other NGS platforms of polar bear faecal extracts will remain a  
435 challenge.

436         The amplification of relatively larger amounts of host (polar bear) DNA will impede the  
437 amplification of prey DNA. In this regard, the reduction in the amplification of polar bear DNA  
438 amplicons may be achieved with addition of blocking oligonucleotides (Shehzad *et al.* 2012;  
439 Vestheim & Jarman 2008)). These oligonucleotides bind to the host DNA and prevent PCR  
440 elongation (Vestheim& Jarman 2008). While promising, the application of this technique to  
441 454 pyrosequencing and other NGS assays of polar bears may not be straightforward for two  
442 initial reasons.

443         The finding of an appropriate binding site for a species-specific primer next to a binding  
444 site of universal primer is difficult when the amplicon is small. Polar bear vertebrate diet  
445 includes related and distantly related species, which increases the difficulty of designing  
446 primers to inhibit the amplification of bear amplicons while allowing amplification of prey  
447 items. In addition, the amplification of the polar bear DNA ensures the faeces is from a polar  
448 bear (some of our samples were revealed to come from arctic foxes and from arctic wolves or  
449 dogs accompanying Inuit hunters). In this regard, it is important to know that the faeces is from  
450 a polar bear as evidenced by some sequenced polar bear amplicons.

451         We are unable to discriminate among some species and could only discriminate to the  
452 genus level for char, gulls, and deer. The discrimination between *Salvelinus elgyticus*, *S.*  
453 *taranetzi* and *S. neiva* is not possible because they share the same mini-barcode and are 100%

454 identical to the haplotype here detected. Numerous cases of hybridization and introgression  
455 have been indeed reported among the char species complex (e.g. *Salvelinus fontinalis* x *S.*  
456 *alpinus*, (Bernatchez *et al.* 1995); *S. alpinus* x *S. namaycush*, (Wilson & Bernatchez 1998); *S.*  
457 *malma* x *S. confluentus*, (Redenbach *et al.* 2002) meaning that mitochondrial marker could not  
458 be the most suitable tool to discriminate among char species. Similarly, with respect to the gull  
459 species *L. thayeri*, *hyperboreus*, *argentatus*, the mini-barcode does not allow discrimination.  
460 Gulls are described as a group of recent origin with weak reproductive barriers (Vigfusdottir *et*  
461 *al.*, 2008) and with taxonomic uncertainties. Finally, while it was impossible to discriminate  
462 between two closely related species : the mule deer, *Odocoileus hemionus*, and the white-tailed  
463 deer, *Odocoileus virginianus*, this is less problematic as it is unlikely that polar bears would eat  
464 these animals in the wild. This current lack of resolving power among closely-related species  
465 complexes in our current method can be partly addressed by PCR-ing those faecal extracts  
466 which the vertebrate prey could only be resolved to genus level with (prey) species-specific  
467 primers under more stringent conditions. Also, some members of these species groups are not  
468 found within the range of polar bears and can therefore be excluded as prey. Finally, other  
469 mitochondrial gene sequences for example Cytochrome Oxidase I (Gillet *et al.*, 2015; Galan  
470 *et al.*, 2018) may be used to distinguish among closely related taxa (Biffi *et al.*, 2017a and b;  
471 Andriollo *et al.* 2019). The complementary use of such primers would help to improve the  
472 resolving power of future NGS approaches.

473         The missing data for all these extracts are individual genotypes which distinguish among  
474 different polar bears. This identification is critical to a) determine patterns of consumption of  
475 the same bears over time and location and b) variation in diet among polar bears sampled at the  
476 same time and location. Here we describe only probabilities to obtain reliable and accurate

477 vertebrate diet profiles using our 454 pyrosequencing method and the diversity and relative  
478 abundance of prey type of wild polar bears in the same area (MC).

479 Despite the above limitations – this fast, sensitive and accurate method improved  
480 monitoring of polar bear populations in the wild. Using wild polar bear faecal samples and our  
481 *2 dilution – 2 extraction* 454 pyrosequencing method, it is possible to simultaneously  
482 determine: a) baseline dietary characteristics and b) dietary response to ongoing climate change  
483 for polar bears at a scale not previously possible for polar bears and that should be part of a  
484 long-term monitoring program (Vongraven and Peacock (2012). Further, it is important to  
485 highlight the potential new NGS platforms bring to a non-invasive Inuit inclusive methods for  
486 studying polar bear diets. Illumina technology - for example MiSeq, NextSeq, NovaSeq and  
487 HiSeq sequencers - offer much larger number of sequences per faecal extract (Gillet *et al.*,  
488 2015, Biffi *et al.*, 2017a, Biffi *et al.*, 2017b, Andriollo *et al.*, 2019). Higher sequence number  
489 allows more reads per prey items and therefore a more precise species identification. In  
490 conclusion, while our preliminary results define a baseline of polar bear feeding choices for  
491 M’Clintock Channel bears against which the impacts of future climate change and other  
492 disturbances can be measured, the application of newer NGS platforms will result in higher  
493 resolution real time profiles of vertebrate diets from these and any polar bear population.

494

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509

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698 **FIGURE LEGENDS**

699 Figure 1: Distribution of 103 polar bear faecals in M'Clintock Channel (MC, Nunavut , Canada)  
700 collected during May 2007 - 2011 and used in this study to genetically determine their most  
701 recent vertebrate meal. Most of these faeces indicated the most recent meal was the ringed seal  
702 (*Phoca hispida*; see Figure 2).

703 Figure 2: Difference in identified polar bear vertebrate prey items based on proportion of *cytB*  
704 sequences generated from 454 sequencing of *WEAK* and *OK* PCR's from 12 captive MTZ and  
705 101 wild MC polar bear faeces (See text for species identification). All sequences from the  
706 PCR's of up to 4 dilutions – 1 & 2 ul for each of two possible extracts - for each faeces are  
707 combined in these calculations. The different colours in a bar represent the sequence count (%)  
708 of the vertebrate taxa identified in the faeces. The predominance of host polar bear and ringed  
709 seal sequences is shown in panel A. The polar bear sequences were removed to better display  
710 relative proportion of prey items in panel B. The first 12 entries are from Metro Toronto Zoo  
711 bears with the next 8 =2007, 28 = 2008, 29 = 2009, 18 = 2010 and 18 = 2011 wild bears. The  
712 species name for the vertebrate taxa is shown.

713 Figure 3: The identity and relative frequency of non-polar bear vertebrates identified from the  
714 faeces of 3 captive polar bears in the Metro Toronto Zoo (MTZ), Canada. The single *Canis*  
715 *lupus* sequence likely reflects contamination from wolves housed in the adjacent enclosure.  
716 (For species identification and further detail see text). The results from the PCR's for all faeces  
717 are pooled.

718 Figure 4: The identity and relative frequency of vertebrate prey identified from 101 faeces from  
719 wild polar bears of M'Clintock Channel, Nunavut shows array prey items being consumed by  
720 these wild bears at this time of year during 2007-2011. While the most common food items are  
721 the seals *P. hispida* (86.14% of the faeces), *Phoca vitulina* (3.96%) and the bearded seal -



722 *Erignathus barbatus* (4.95%), other diet item at this time of the year include the arctic foxes -  
723 *Alopex lagopus* (5.94%), wolves - *Canis lupus* (0.99%), muskoxen, *Ovibos moschatus* (1.98%),  
724 birds, Ptarmigan - *Lagopus lagopus* (1.98%) and gulls *Larus sp.* (0.99%). [Unfortunately the  
725 136bp *cytB* sequence did not allow the discrimination between three putative gull species (*L.*  
726 *thayeri*, *L. hyperboreus*, *L. argentatus*)]. The results from the pooling of all PCR's for 101  
727 faeces are shown.

728 Table 1: Pilot study results of 454 pyrosequencing from faecal extracts of a captive polar bear at the Polar Bear Habitat (PBH) in the Cochrane  
729 Zoo. *PBH Sample* = bear fed Char for 3 weeks, 'Regular' diet for 3 weeks followed by Seal for the last 3 weeks. Faeces collected twice during the  
730 Char (A&B) feeding, once during the Regular (C) and twice during the Seal (D&E) feedings. *Dilution of Initial extraction* = 1 or 2ul of extract  
731 used in *cytB* PCR; *OTU* = the number of true sequence variants identified after validation (see text for details) of the PCR products; *Total # of*  
732 *sequences* = the number of unique sequences assigned to all OTU's. *OTU's* = the identity of the sequence assigned to 5 vertebrate taxa. *CytB*  
733 *BLAST match* = taxon to which *cytB* is assigned and *BLAST Identity* = % match to BLAST sequence. '\*' & '\*\*' indicates species level resolution  
734 impossible as different species share the same *cytB* mini-barcode sequences.

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744	PBH Sample			<b>A</b>		<b>B</b>		<b>D</b>		<b>E</b>		<b>F</b>	
	DIET			Char		Char		Regular		Seal		Seal	
745	Dilution of Initial extraction			1ul	2ul	1ul	2ul	1ul	2ul	1ul	2ul	1ul	2ul
746	# of Otu's			1	1	2	2	0	0	0	0	4	4
747	Total # sequences			93	206	41	50	0	0	0	0	116	151
748	Otu's	Cyt b BLAST match	% Blast identity										
749	1	<i>Ursus maritimus</i>	99	93 (100%)	206 (100%)	25 (61%)	27 (54%)					96 (82.8%)	134 (88.7%)
	2	<i>Phoca groenlandica</i>	99									17 (14.7%)	14 (9.3%)
	3	<i>Salvelinus sp.*</i>	100			16 (39%)	23 (46%)						1 (0.7%)
	4	<i>Gallus gallus</i>	100									1 (0.9%)	
	5	<i>Odocoileus sp.**</i>	100									2 (1.6%)	2 (1.3%)

750 Table 2: Summary statistics of our efficacy in obtaining a mitochondrial 136 *cytB* bp amplicon from the faeces of wild and captive polar bears.  
751 using our 2 dilution- 2 extraction method The overall (weighted) success rate was 91%. # of Bears = number of known bears from which faeces  
752 collected; *Faeces per bear* =# of faeces from each bear; *Total # of Faeces* =total number of faeces from Metro Toronto Zoo, Churchill holding  
753 facility (PBP) and M'Clintock Channel; *Original Extract* = number of extracts with *cytB* PCR results characterized as FAIL, WEAK or OK across  
754 1 & 2 ul dilutions; # *faeces re-extracted* = number of faeces with FAIL and WEAK results that were re-extracted; *2nd Extract* = number of 2<sup>nd</sup>  
755 extracts with *cytB* PCR results characterized as FAIL, WEAK or OK across 1 & 2 ul dilutions; *Combined success of 2 dilution - 2 extraction*  
756 *method* = number of extracts with *cytB* PCR results characterized as FAIL, WEAK or OK across 2 dilutions and 2 extractions; *Combined*  
757 *probability of success* =combined probability of WEAK or OK *cytB* amplification success for MTZ, PBP and MX polar bear faeces; *Increased*  
758 *success - 2nd extraction* = % of re-extracted faeces that resulted in WEAK or OK *cytB* PCR s.

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	# of Bears	Faeces per bear	Total # of faeces	Original Extract			# faeces re-extracted	2nd Extract			Combined success of 2 dilution - 2 extraction method			Combined probability of success	Increased success - 2nd extraction
				FAIL <sup>1</sup>	WEAK <sup>2</sup>	OK <sup>3</sup>		FAIL <sup>1</sup>	WEAK <sup>2</sup>	OK <sup>3</sup>	FAIL <sup>1</sup>	WEAK <sup>2</sup>	OK <sup>3</sup>		
<b>MTZ</b> <sup>4</sup>	3	6 or 7	<b>19</b>	11 (0.58) <sup>7</sup>	6 (0.32)	2 (0.11)	<b>17</b>	6 (0.35)	7 (0.41)	4 (0.24)	5 (0.26)	8 (0.42)	6 (0.32)	74%	65%
<b>PBP</b> <sup>5</sup>	7	1	<b>7</b>			7	<b>0</b>						7 (1.00)	100%	NA
<b>MC</b> <sup>6</sup>	?	?	<b>117</b>	16 (0.14)	10 (0.09)	91 (0.78)	<b>24</b> <sup>8</sup>	11 (0.46)	4 (0.17)	9 (0.38)	8 (0.07)	7 (0.06)	102 (0.87)	93%	54%

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764 Notes:

765 1. No *cytB* amplicon detectable in pcr's with 1 & 2ul dilutions of polar bear faecal extracts. 2. *cytB* amplicon weakly amplified in pcr's with 1 or  
766 2ul dilutions of polar bear faecal extracts. 3. *cytB* amplicon strongly amplified in pcr's with 1 or 2ul dilutions of polar bear faecal extracts. 4.  
767 Polar bear faeces from captive bears from Metro Toronto Zoo bears. 5. Polar bear faeces from bears held at Churchill holding facility –Polar Bear  
768 Prison (PBP). 6. Polar bear faeces collected from M'Clinotck Channel Management Unit in Nunavut Canada. 7. Bracketed values are the  
769 associated cell number as a percentage of number faecals extracted. 8. Although 26 faeces had FAIL or WEAK *cytB* amplifications, we only re-  
770 extracted and re-pcr'd 24 of them.

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Figure 1

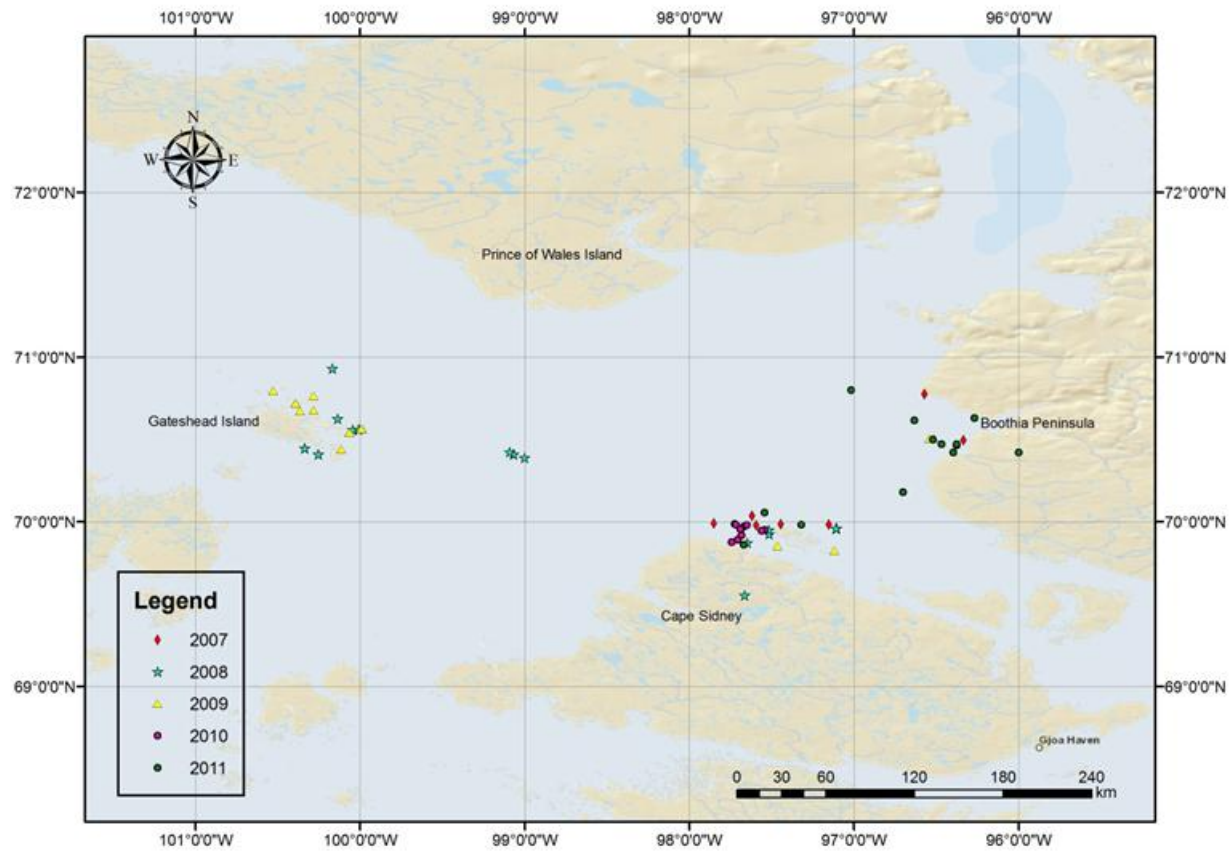
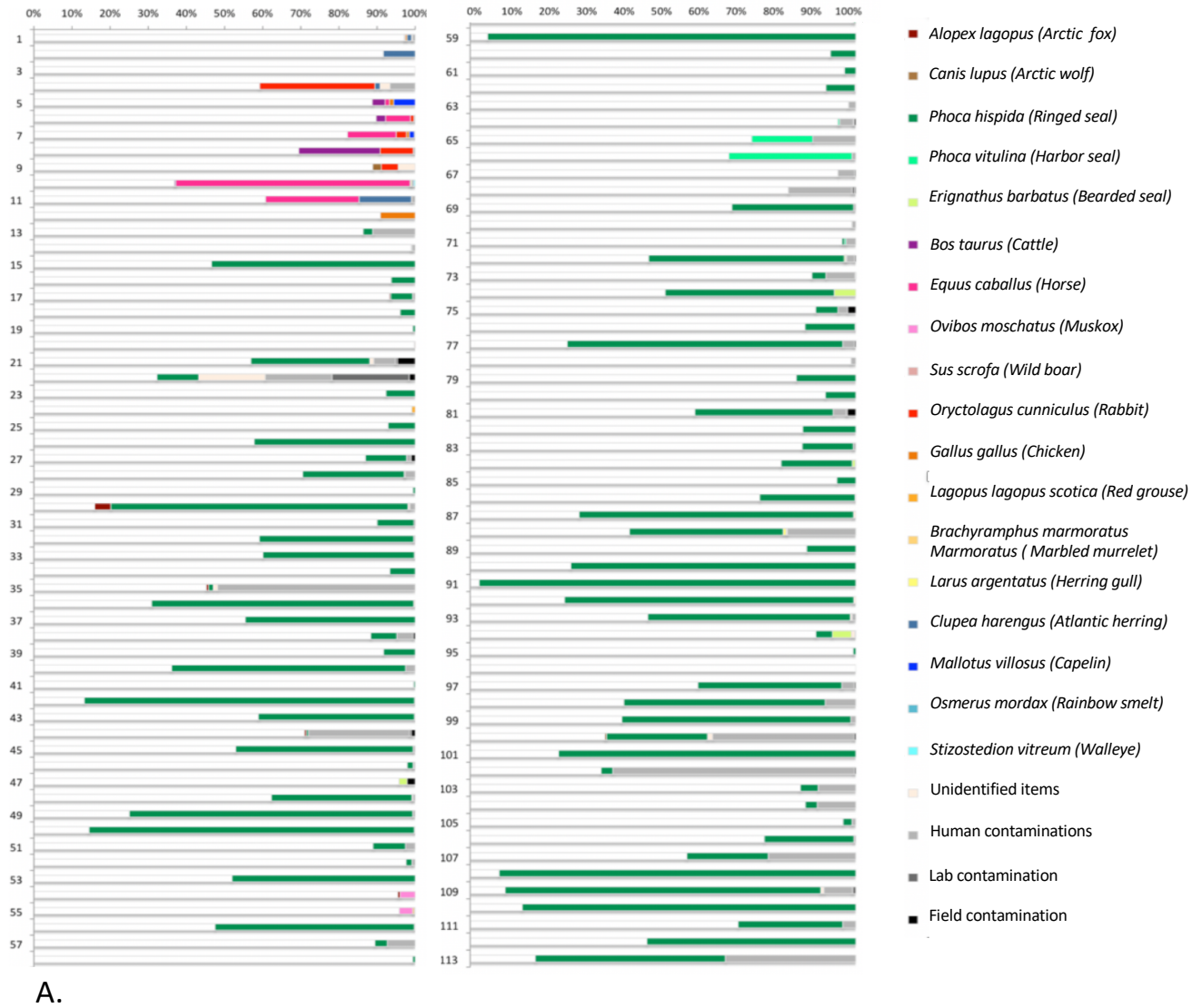
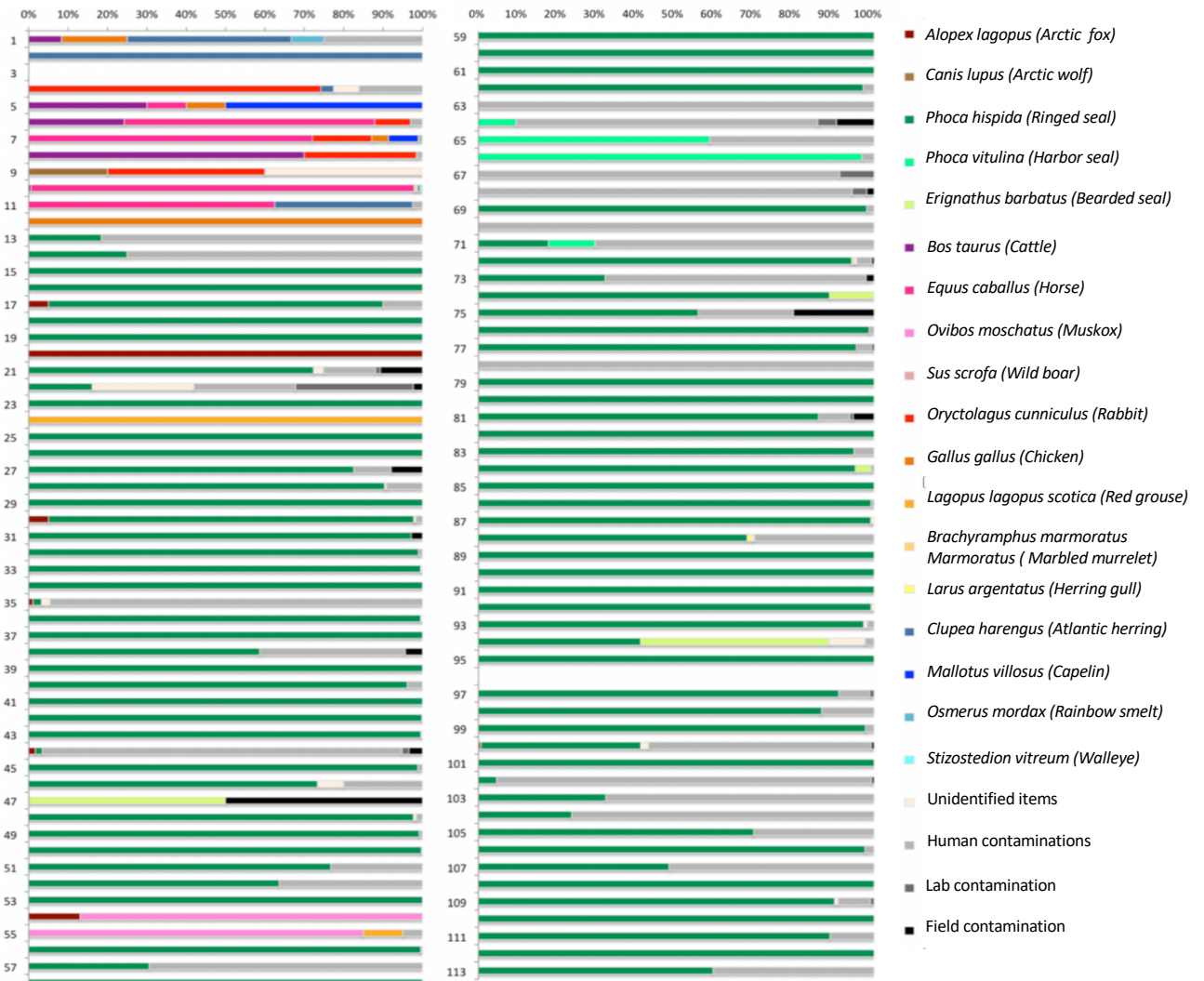


Figure 2





B.



Relative frequency

