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Healing in Patients With Crohn's Disease         Peter Bossuyt, ** Erwin Dreesen, <sup>§</sup> Jordi Rimola, <sup>®</sup> Sofie Devuysere, <sup>¶</sup> Yves De Bruecker, <sup>®</sup> Ragna Vanslembrouck, <sup>®</sup> Valérie Laurent, ** Magaly Zappa, <sup>‡‡</sup> Celine Savoye-Collet, <sup>§§</sup> Benjamin Pariente, <sup>III</sup> Jérôme Filippi, <sup>¶¶</sup> Filip Baert, <sup>#±</sup> Geert D'Haens, ** David Laharie, <sup>‡±±</sup> Laurent Peyrin-Biroulet, <sup>§§§</sup> and         Séverine Vermeire, <sup>‡</sup> on behalf of the TAILORIX study group         *Department of Gastroenterology, Inelda G Clinical Research Center, Inelda General Hospital, Bonheiden, Belgium; <sup>®</sup> Department of Patrimacotical and Pharmacological Sciences, Catholic University of Leuven, Leuven, Belgium; <sup>®</sup> Department of Patology, Department of Radiology, Nancy University Hospital, Nardoeuver-les-Nancy, France; <sup>®</sup> Department of Radiology, Boepartment of Radiology, Nancy University Hospital, Nardoeuver-les-Nancy, France; <sup>**</sup> Department of Radiology, Nancy University Hospital, Nardoeuver-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Nardoeuver-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Nardoeuver-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Vandoeuver-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Vandoeuver-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Vandoeuver-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Vandoeuve-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Vandoeuve-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Vandoeuve-les-Nancy, France; <sup>**</sup> Department of Gastroenterology, Amsterdam University Hospital, Vandoeuve-les			
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Department of Gastroenterology, Imelda GI Clinical Research Center, Imelda General Hospital, Bonheiden, Belgium;         "Department of Gastroenterology and Hepatology, University Hospitals Leuven, Catholic University of Leuven, Leuven, Belgium;" (BDD Unit, Radiolog, Imenator, Catholic University of Leuven, Leuven, Belgium; "Department of Radiology, Inneces, Satholic University Headiology, Innelda General Hospital, Bonheiden, Belgium; "Department of Radiology, Narcy University Hospitals Leuven, Catholic University Hospital, Bonheiden, Belgium; "Department of Radiology, Narcy University Hospital, Vandoeuvre-les-Nancy, France; "Department of Radiology, Rouen University Hospital, Normandy University, HOROUEN, Rouen, France; "Department of Gastroenterology, AD Delta, Roeselare, Belgium; "Department of Gastroenterology, AD Delta, Toeselare, Edgium; "Department of Gastroenterology, AD Department of Gastroenterology, AD Delta, Roeselare, Edgium; "Department of Gastroenterology, AD Delta, Roeselare, Edgium; "Department of Gastroenterology, AD Department of Hepato-Gastroenterology, Nancy University Hospital, Vandoeuvre-les-Nancy, France         BACKGROUND & AIMS:       Higher infliximab trough levels are associated with clinical and endoscopic remission in patients with Crohn's disease (CD). We investigated pharmacodynamic features of infliximab and radiological healing.         METHODS:       We performed a substudy of the TAILORIX trial (patients with active luminal CD in Europe, treated with infliximab), analyzing baseline and week 54 magnetic resonance enterography (MRE) data. MREs were scored using the MaRIA score by blinded central readers. Radiologic response and remission were defined,			
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<ul> <li>Belgium; <sup>5</sup>Department of Pharmäceutical and Phärmacological Sciences, Catholic University of Leuven, Leuven, Belgium; <sup>1</sup>IBQ</li> <li>Unit, Radiology Department, Hospital Clinic of Barcelona, Barcelona, Spain; <sup>8</sup>Department of Radiology, Imelda General Hospital, Bonheiden, Belgium; <sup>1</sup>INSEFM U947 and Department of Radiology, University Hospital Leuven, Catholic University of Leuven, Leuven, Belgium; <sup>1</sup>NSEFM U947 and Department of Radiology, Nancy University Hospital, Vandoeuvre-lès-Nancy, France; <sup>11</sup>Department of Gastroenterology, Boayin Hospital, Clichy, France; <sup>18</sup>Department of Gastroenterology, Ansetrdam, Liniversity Medical Centre, University Apelta, Roeselare, Belgium; <sup>1**</sup>Department of Gastroenterology, Amsterdam, Iniversity Medical Centre, University Hospital, Resselare, Belgium; <sup>1**</sup>Department of Gastroenterology, Höpital Haut-Lévéque, Bordeaux University Hospital, Pessac, France; and S<sup>485</sup>INSERM U1256 NGERE and Department of Hepato-Gastroenterology, Nancy University Hospital, Vandoeuvre-lès-Nancy, France</li> <li>BACKGROUND &amp; AIMS:</li> <li>Higher infliximab trough levels are associated with clinical and endoscopic remission in patients with Crohn's disease (CD). We investigated pharmacodynamic features of infliximab and radiological healing.</li> <li>METHODS:</li> <li>We performed a substudy of the TAILORIX trial (patients with active luminal CD in Europe, treated with infliximab), analyzing baseline and week 54 magnetic resonance enterography (MRE) data. MREs were scored using the MaRIA score by blinded central readers. Radiologic response and remission were defined, based on MARIA criteria in all segments, as scores below 11 and 7, respectively. We collected data on infliximab trough levels, biomarkers, and endoscopic endoscopy findings. Our primary aim was to evaluate pharmacodynamic features associated with radiologic response and remission, based on MRE assessments at baseline and as 4 weeks after initiation of infliximab therapy.</li> <li>RESULTS:</li></ul>			
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Disease Endoscopic Index of Severity; CR, central reader; FISP, fast imaging with steady-state precession; ICC, intraclass correlation; IQR, interquartile range; MaRIA, Magnetic Resonance Index of Activity; MRE, magnetic resonance enterography; PEG, polyethylene glycol; ROC, receiver operating characteristics; TAILORIX, randomized controlled trial

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**CONCLUSIONS:** 

predictive value; 78% positive predictive value) and with continuous pharmacologic evidence of response (infliximab trough levels above 5.0  $\mu$ g/ml at all time points) (P = .034).

In a substudy of data from the TAILORIX trial of patients with active luminal CD, we identified a relationship between exposure to infliximab and radiologic evidence of outcomes.

Keywords: Biomarker; Prognostic Factor; Anti-TNF Agent; Response to Therapy; TAILORIX.

rohn's disease (CD) is an inflammatory disease L that affects the gastrointestinal tract over a variable extent. The major clinical characteristic that discriminates CD from ulcerative colitis is the transmural nature of the inflammation.<sup>1</sup> The current gold standard to assess disease activity in CD is endoscopy.<sup>2</sup> The regression of intraluminal lesions (ie, endoscopic remission) is associated with favorable long-term outcomes in CD.<sup>3</sup> During the last decades newer modalities to assess also this transmural aspect of disease activity in CD emerged.<sup>4</sup> Magnetic resonance enterography (MRE) provides an assessment of the luminal, mural, and extraluminal manifestation of CD. Disease activity scores have been developed to systematically assess the severity of inflammation on MRE.<sup>5,6</sup> It has been documented that as early as week 2 after the start of infliximab, improvement in disease activity based on MRE can be detected. Only a minority of patients achieve complete disappearance of inflammatory lesions on MRE during maintenance therapy with infliximab.<sup>7</sup> Radiologic response has also been associated with better outcomes in CD patients, and recent evidence suggests that radiologic healing might be the ultimate therapeutic goal in CD.<sup>8-11</sup> It is well-established that there is a clear exposure-response relationship for infliximab, with higher infliximab trough 151 levels being associated with endoscopic remission.<sup>1</sup> 152 Currently no data are available on the effect of infliximab 153 on radiologic remission in patients with CD.

154Q5 Therefore the aim of this study was to evaluate the pharmacodynamics of infliximab in radiologic response and remission in patients with CD on the basis of MRE assessments at baseline and at 54 weeks after initiation of infliximab therapy by using the data of the TAILORIX study.<sup>13</sup>

## Methods

## Patient Population

The multicenter (27 centers in Belgium, France, and 166 the Netherlands) randomized controlled trial investi-167 168 gating tailored treatment with infliximab for active luminal Crohn's disease TAILORIX aimed to explore the 169 role of tailored treatment with infliximab in biological 170 naive patients with active luminal CD.<sup>13</sup> In total, 167 171 patients were screened, and 122 patients with moderate 172 173 to severely active CD (Crohn's disease activity index 174 220-450) were started on infliximab in combination

with an immunomodulator. Patients were randomized at week 14 after standard induction regimen (infliximab 5 mg/kg week 0-2-6) to receive 1 of 3 regimens of monitoring-based dosage adjustments, on the basis of clinical symptoms only or on a combination of clinical symptoms, C-reactive protein levels, fecal calprotectin levels, and infliximab trough levels.

At weeks 0, 12, and 54, patients underwent a prescheduled ileocolonoscopy. The endoscopic activity of disease was scored blindly on the basis of the Crohn's Disease Endoscopic Index of Severity (CDEIS).<sup>14</sup> MREs were performed in a priori selected centers (n = 5). Selection was based on ability to perform high quality MRE and recruitment potential. Patients consented separately to participate in the MRE substudy. These patients (representing >50% of the total number of included patients per selected site) underwent an MRE at week 0 and week 54 or at the early termination visit. For the current analysis all patients with at least 1 MRE in the TAILORIX study were included, irrespective of treatment group to which the patients were assigned in the study. Clinical, biochemical, endoscopic, and pharmacologic data from the TAILORIX trial were available for these patients.

## Magnetic Resonance Imaging Methodology

211 MRE was performed in 5 of the 27 participating 212 centers. The MRE was preferentially performed on the 213 same day as the ileocolonoscopy. The patient had nil per 214 215 mouth on the day of the examination. Forty-five minutes 216 before the MRE the patient ingested  $\approx 1500$  mL polyethylene glycol (PEG) 4000 (or 3350), with additional 217 oral ingestion of 500 mL water or PEG 15 minutes before 218 examination. At the start of the examination 0.5 mg 219 glucagon was administrated intravenously just before 220 221 intravenous injection of gadolinium. The patient was 2.2.2 placed in procubitus position with a phased array body 223 coil. The following sequences were performed: coronal and axial true fast imaging with steady-state precession 224 (true FISP) sequence, with breath hold, without fat 225 suppressed, and with a slice thickness of 5 mm and a 226 skip of 0 mm; coronal true FISP sequence, with breath 227 228 hold, with fat suppression, and with a slice thickness of 5 229 mm and a skip of 0 mm; coronal and axial T2 weighted 230 images using single shot fast spin echo sequence with a slice thickness of 5 mm and a skip of 0 mm; and coronal 231 3-dimensional T1-weighted gradient echo sequence with 232

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233 breath hold with a slice thickness of 2-3 mm. Sixty sec-234 onds after injection of gadolinium (0.1 mmol/kg), coro-235 nal and axial gadolinium enhanced 3-dimensional 236 gradient echo sequence with breath hold, with a slice 237 thickness of 2-3 mm was acquired. Axial 2-dimensional 238 T1-weighted gradient echo sequence after injection of 239 gadolinium with a slice thickness of 5 mm and a skip of 240 0 mm was acquired. The images were archived on a Data 241 on Picture Archiving and Communication System and 242 compact disk. 243

# Magnetic Resonance Enterography Central Reading

247 All MRE images were de-identified. The MRE studies 248 were centrally reviewed by 6 different central readers 249 (CRs) as prespecified in the protocol; all of them had 250 more than 10 years of experience in abdominal imaging. 251 The MRE studies were assigned randomly to the 252 different CRs. Every CR was blinded to patient data and 253 clinical information. Every CR scored  $\approx$  24 MRE studies 254 randomly; in this way all MREs were randomly scored 255 twice by 2 different CRs. The MREs were scored by using 256 the Magnetic Resonance Index of Activity (MaRIA).<sup>5</sup> The 257 MaRIA index was calculated by using the previously 258 published formula:  $1.5 \times$  wall thickening (mm) +  $0.02 \times$ 259 RCE (relative contrast enhancement) + 5  $\times$  edema +260  $10 \times$  ulcers.<sup>5,15</sup> Global MaRIA score is based on terminal 261 ileum and all colonic segments. For the calculation of the 262 MaRIA index an electronic clinical research form was 263 used that automatically calculated the score. The 264 threshold for discrepancy between 2 readers was set at a 265 difference of 1.5 points in the MaRIA index per segment, 266 if active disease was present (MaRIA >7 in at least 1 267 segment). If there was a discrepancy between 2 CRs in at 268 least 1 segment (independent of any discrepancy in the 269 global MaRIA index), then the images were adjudicated 270 by a third independent CR (JR). In case no adjudication 271 was needed, then the mean of the scores of the 2 CRs was 272 used. The global MaRIA was the sum of the mean scores 273 per segment (in case no adjudication was needed) and/ 274 or the adjudicated scores per segment. Global radiologic 275 response and remission were defined as MaRIA score in 276 all segments <11 and <7, respectively, in patients with 277 active radiologic disease at baseline. Segmental radio-278 logic response and remission were defined as MaRIA 279 score in one segment <11 and <7, respectively.<sup>16</sup> 280

## Statistical Analysis

284Statistical analysis was done by using SPSS 26.0 (IBM285Corp, Armonk, NY) and Graphpad Prism 5.01 (GraphPad286Software, San Diego, CA). Continuous variables with non-287normal distribution are described as medians with288interquartile range (IQR). Categorical variables are289described as percentages. For time independent evalua-290tion of continuous variables we used the Mann-Whitney

## What You Need to Know

## Background

Increased exposure to infliximab results in higher rates of endoscopic healing in patients with Crohn's disease (CD). Radiologic remission, determined by magnetic resonance enterography, associates with long-term outcomes but is difficult to achieve.

## Findings

Radiologic remission was achieved in approximately one-third of patients with luminal CD treated with infliximab. An infliximab trough level of 7.8  $\mu$ g/mL at the end of induction therapy was associated with radiologic response and remission.

## Implications for patient care

Radiologic healing is difficult but achievable for patients with luminal CD. Monitoring trough levels of infliximab can guide treatment, and optimizing dosing during induction therapy could improve longterm outcomes.

test, and for categorical variables we used the  $\chi^2$  tests (univariate analysis). Correlation with outcomes was based on patients with radiologic active disease at baseline (extrapolated for missing MRE baseline) and available MRE at week 54 (n = 31). The Wilcoxon signed-rank test was performed to test differences between 2 measurements at different time points in the same patient. Intraclass correlation (ICC) (2-way random model and absolute agreement type) was used to test the inter-rater reliability of a continuous score (MaRIA score).<sup>17</sup> For this we categorized the continuous values (severe partial MaRIA  $\geq$ 11; active partial MaRIA <11; inactive partial MaRIA <7). Results of ICC analysis were classified as very good (coefficients, 0.81-1.00), good (0.61-0.80), moderate (0.41-0.60), fair (0.21-0.40), and 329 poor (<0.21). Two-tailed *P* value <.05 is considered as 330 331 statistically significant. No correction for multiple testing 332 was applied. Receiver operating characteristics (ROC) curves were used to determine cutoff values of contin-333 uous variables. 334

## Results

## Patient Population

In total, 36 of the 122 patients (30%) in the TAILORIX 341 trial had at least 1 MRE. The majority (31/36) had both a 342 baseline and week 54 MRE; these patients were analyzed 343 in the PD analysis to assess correlation between drug  $\frac{96}{100}$ 344 exposure and outcomes over time. Two patients had no 345 baseline MRE, 2 patients had an MRE at the moment of 346 early termination (week 26 and week 32, respectively), 347 and 1 patient had no week 54 MRE. The patient 348

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Table 1. Patient Characteristics of Patients Included in TAILORIX Trial With at Least 1 MRE and Total Evaluable TAIL	ORIX 4
Cohort <sup>12</sup> and Infliximab Exposure Data of MRE Cohort	4

	MRE TAILORIX cohort, $n = 36$	Total TAILORIX cohort, $n = 116^{12}$
Median age (IQR), y	35.7 (25.6–48.6)	30 (22–45)
Median disease duration (IQR), mo	1.5 (0.6–22.4)	7 (1–78)
Gender distribution (M/F)	18/18	58/68
Median baseline C-reactive protein (IQR), mg/L	22 (7.8–34.3)	20.0 (9.0–36.5)
Median baseline fecal calprotectin (IQR), $\mu g/g$	1501 (780–1800)	1462.5 (726–1800)
Median CDAI (IQR)	282 (246–321)	280 (236–321)
Dosing regimen <sup>13</sup> (%)	Dosing regimen 1: 39	Dosing regimen 1: 36.9
	Dosing regimen 2: 33	Dosing regimen 2: 30.3
	Control group: 27.8	Control group: 32.8
Median yearly infliximab dose per body weight (only in patients reaching week 54) (IQR), mg/kg/y	55.31 (44.9–67.8)	
Median infliximab trough level week 14 (IQR), µg/mL	5.8 (3–8)	
Median infliximab trough level week 54 (IQR), $\mu g/mL$	6.5 (4–11)	
Infliximab trough levels >2 $\mu$ g/mL at any time point (%)	24/36 (67)	
Infliximab trough levels $>3 \ \mu$ g/mL at any time point (%)	19/36 (53)	
Infliximab trough levels $>5~\mu$ g/mL at any time point (%)	9/36 (25)	
Infliximab trough levels $>7 \ \mu$ g/mL at any time point (%)	4/36 (11)	
Need for dose adjustment (%)	21/36 (58)	

CDAI, Crohn's disease activity index; IQR, interquartile range; MRE, magnetic resonance enterography; TAILORIX, randomized controlled trial investigating tailored treatment with infliximab for active luminal Crohn's disease.

characteristics are presented in Table 1. As per inclusion criteria of the TAILORIX trial, all patients had moderate to severely active CD and active endoscopic lesions at baseline.

#### Magnetic Resonance Enterography Results

From the 69 MREs included in the study, in total 53 MREs had discrepancy between the 2 CRs in at least 1 segment based on the prior established threshold. A total of 123 segments (123/414, 29.7%) therefore needed adjudication. Of these segments 53% had inactive disease, and 47% had active disease of which 60% had severe disease. The ileal (n = 27, 63% active disease) and the sigmoidal segments (n = 28, 68%) inactive disease) needed most adjudications. There was no difference in the number of studies with discrepancy between baseline (n = 27) and week 54 (n = 24). Overall, on the basis of the ICC analysis the reliability of the scoring of the different readers was moderate to good at baseline.

Table 2. Intraclass Correlation Between the 2 Random Readers

395	Readers		
396 397	Segment	Week 0	Week 54
398 399 400 401 402 403	lleum Ascending colon Transverse colon Descending colon Sigmoid colon Rectum	$\begin{array}{l} 0.746 \ (P < .0001) \\ 0.792 \ (P < .0001) \\ 0.751 \ (P < .0001) \\ 0.514 \ (P = .021) \\ 0.602 \ (P = .004) \\ 0.726 \ (P = .001) \end{array}$	$\begin{array}{l} 0.671 \ (P=.002) \\ 0.249 \ (P=.231) \\ 0.434 \ (P=.076) \\ 0.177 \ (P=.311) \\ -0.133 \ (P=.626) \\ 0.688 \ (P=.002) \end{array}$

NOTE. Results of ICC analysis were classified as very good (coefficients, 0.81-1.00), good (0.61-0.80), moderate (0.41-0.60), fair (0.21-0.40), and poor (<0.21).

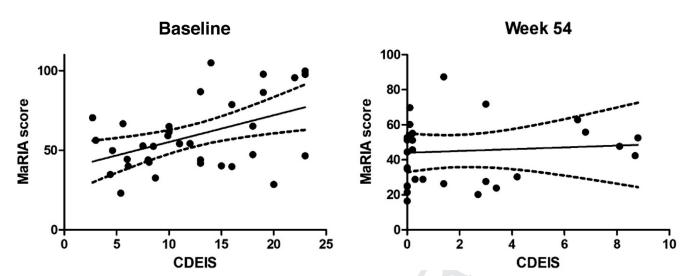
At week 54 the correlation was only good in the ileum and rectum (Table 2).

The radiologic response and remission rate at week 54 were 36.4% and 30.3%, respectively. The results of the final MaRIA scores per segment are shown in Supplementary Figure 1A and B. There was a significant decrease in the median global MaRIA score from baseline to the end of the study from 53 (IQR, 42–73) to 43 (IQR, 28–53) (P = .001).

In patients with active disease at baseline, the segmental radiologic remission rate in the ileum was only 25%. The segmental radiologic remission rates were higher in the colonic segments (70% ascending, 80% transverse, 87% descending, 75% sigmoid, and 44% rectum) (Supplementary Figure 1C). In all segments apart from the rectum there was a significant decrease in median segmental MaRIA score at week 54 compared with baseline.

### Correlation Between Radiology and Endoscopy

Endoscopic remission (CDEIS <3) was achieved in a much higher proportion of patients (71%) than radiologic remission. There was a correlation between the global MaRIA and the CDEIS (continuous variables) at baseline ( $\kappa = 0.46$ ; P = .008). At week 54 no correlation was seen between the CDEIS and the global MaRIA score ( $\kappa = 0.06$ ; P = .75). The reason for the absence of any correlation at week 54 was the floor phenomenon that was seen in pa-tients with endoscopic remission (CDEIS < 3) who still had high MaRIA scores (Figure 1). When correlating endo-scopic and radiologic remission (categorical variables) in patients at week 54, no association was seen when using either CDEIS <3 (P = .107) or CDEIS <4 (P = .06) as definition of endoscopic remission. 

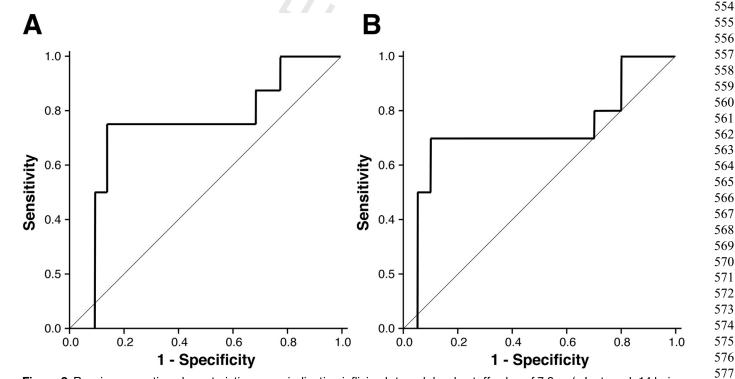


**Figure 1.** Correlation between the CDEIS and MaRIA score at baseline ( $\kappa = 0.46$ ; P = .008) and week 54 ( $\kappa = 0.06$ ; P = .75); trend line (*full line*), 95% confidence interval (*dotted line*). CDEIS, Crohn's Disease Endoscopic Index of Severity; MaRIA, Magnetic Resonance Index of Activity.

# Pharmacodynamics of Infliximab and Radiologic Response and Remission

Radiologic remission at week 54 was correlated with infliximab trough levels at week 14 (P = .049). On the basis of a ROC analysis infliximab trough level value of 7.8  $\mu$ g/mL at week 14 was identified as cutoff to predict radiologic remission over time (area under the curve 0.74; sensitivity 75%; specificity 86%; negative predictive value 90%; and positive predictive value 67%)

(Figure 2*A*). Radiologic response at week 54 was correlated with infliximab trough levels at week 14 (P = .048) and with continuous pharmacologic response (infliximab trough levels >5.0 µg/mL at all time points) (P = .034). An ROC-based infliximab trough level cutoff value of 7.8 µg/mL was identified (area under the curve 0.73; sensitivity 70%; specificity 90%; negative predictive value 86%; and positive predictive value 78%) for being predictive for radiologic response (Figure 2*B*). There was a numerically but not statistically significant difference



519<br/>520Figure 2. Receiver operating characteristics curve indicating infliximab trough level cutoff value of 7.8 μg/mL at week 14 being<br/>associated with (A) radiologic remission at week 54 (area under the curve 0.74; sensitivity 75%; and specificity 86%; negative<br/>predictive value 90% and positive predictive value 67%); (B) with radiologic response at week 54 (area under the curve 0.73;<br/>sensitivity 70%; and specificity 90%; negative predictive value 86% and positive predictive value 78%).577<br/>578<br/>578

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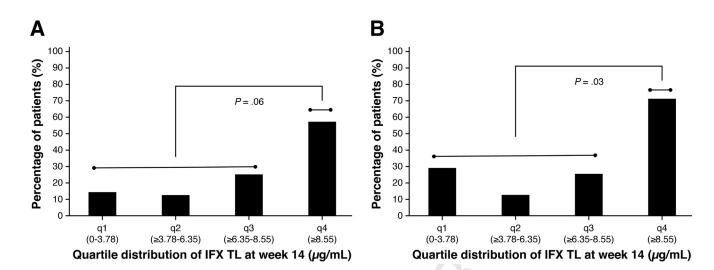
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**Figure 3.** Radiologic remission (*A*) and response (*B*) at week 54 per infliximab (IFX) trough level (TL) quartile at week 14. Significantly higher radiologic response rate for the highest quartile (P = .03).

600 in infliximab trough levels at week 54 among patients 601 with or without radiologic remission (P = .13)(Supplementary Figure 2). When looking at the inflix-602 603 imab trough levels per quartile at week 14, patients in 604 the highest quartile had the highest radiologic response 605 (P = .03) and remission (P = .06) rate at week 54 606 (Figure 3). Comparing patients with both endoscopic and 607 radiologic remission (median infliximab trough level, 8.5; 608 IQR, 4.6–10.4) with patients with only endoscopic 609 remission (median infliximab trough level, 5.8; IQR, 2.7-6.5), a numeric but no statistically significant dif-610 ference was seen in the infliximab trough levels at week 611 612 14 (P = .095): no difference was seen at week 54 (P =.35). A subgroup of 21 patients had dose escalation 613 614 during maintenance therapy with infliximab. In this 615 subgroup continuous pharmacologic response (inflix-616 imab >7  $\mu$ g/mL at all time points) was associated with radiologic response (P = .039) and remission (P = .019). 617 No difference was seen in the radiologic remission (P =618 619 .59) or response (P = .76) rates comparing patients with 620 or without dose adjustments during maintenance. 621

## Discussion

625 This substudy of the prospective TAILORIX study shows that radiologic remission and response can be 626 627 achieved with infliximab in patients with early luminal 628 CD, although to a much lower extent than endoscopic 629 remission. Infliximab trough level of 7.8  $\mu$ g/mL at the 630 end of induction (week 14) was associated with both 631 endoscopic response and remission. A continuous high 632 infliximab exposure (infliximab  $>5 \ \mu g/mL$  at all time 633 points) was associated with radiologic response. This 634 study confirms the exposure-response relationship of 635 infliximab for radiologic remission. Previously an 636 observational cross-sectional study showed association 637 between adalimumab levels and bowel wall thickness based on intestinal ultrasound.<sup>18</sup> Several studies have 638

shown the exposure-response relationship for infliximab with endoscopic remission. A post hoc analysis of the Active Ulcerative Colitis Trials 1 and 2 showed that infliximab levels of 5.1  $\mu$ g/mL and 6.7  $\mu$ g/mL at week 14 were associated with endoscopic improvement and remission at week 30, respectively.<sup>19</sup> Also infliximab maintenance trough levels  $\geq 7.5 \ \mu g/mL$  are associated with long-term endoscopic response in ulcerative colitis.<sup>20</sup> Although proactive therapeutic drug monitoring is not supported by robust evidence at this stage, <sup>12,13,21–23</sup> our results do suggest that optimal induction dosing could improve the outcomes of the patient. Moreover, in patients with dose adjustments maintenance infliximab trough levels  $>7 \ \mu g/mL$  were associated with radiologic remission. Because radiologic remission is more difficult to achieve than endoscopic remission, higher drug exposure might be needed to reach this target.

At baseline there was a correlation between the 675 endoscopic and radiologic disease activity that is in line 676 with prior observations for MaRIA and other MRE 677 scores.<sup>24</sup> However, at week 54 there was a striking 678 disconnect between endoscopic and radiologic remis-679 sion, suggesting that radiologic remission is a more 680 difficult target to reach. Less than half of the patients 681 with endoscopic remission achieved radiologic remis-682 sion. Data suggest that radiologic healing implies favor-683 able clinical long-term outcomes.<sup>8–10</sup> Although it might 684 be difficult to discriminate chronic bowel damage from 685 active disease on MRE,<sup>25</sup> this is not applicable to our 686 cohort. With a median disease duration of 1.5 months we 687 do not expect a high burden of bowel damage. Other 688 studies showed better correlation between endoscopic 689 and radiologic remission. In the original development 690 cohort of the MaRIA score an optimal correlation was 691 seen between MaRIA and CDEIS (r = 0.82, P < .001), but 692 74% of this cohort had active endoscopic disease. 693 Furthermore, the scoring methodology was not the same 694 in the original MaRIA article compared with the meth-695 odology used in the current study (different CDEIS 696

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697 calculation, blinding of the endoscopist, number of ra-698 diologists involved). Better correlation is also seen when 699 using less robust scoring of radiologic remission such as in the pediatric ImageKids study,<sup>26</sup> in which the defini-700 701 tion of radiologic remission was based on a visual 702 analogue scale indicating the radiologist global assess-703 ment. In this study there was a match of endoscopic and 704 radiologic remission in 69% of the patients, and only a 705 minority of the patients had persisting radiologic signs of 706 disease activity in absence of endoscopic lesions (6%). 707 Efforts have been made to minimize the limitations of the 708 current MaRIA score, leading to a more simplified 709 version that correlates strongly with the CDEIS.<sup>27</sup> Of 710 note, there is clear difference in radiologic healing rate 711 according to the location of the disease. Colonic segments 712 have higher radiologic healing rates than the active dis-713 ease located in the ileum. These findings are in line with 714 what is seen in this cohort on an endoscopic level (un-715 published data, Riviere et al, UEGW 2019). 716 Our study has several strengths. First, a robust meth-

717 odology for the central reading of the MREs was applied, 718 with random allocation of the MREs to 6 experienced ra-719 diologists. A low threshold was set for the need for adju-720 dication, resulting in an optimal scoring. Second, this is a 721 unique cohort of patients with prospectively collected 722 clinical, pharmacologic, endoscopic, and radiologic data. 723 Our study also has some limitations. The patient cohort was 724 relatively small, with only 36 patients included of which 31 725 had baseline and week 54 MRE; however, this is counter-726 balanced by the fact that we used objective endpoints such 727 as the infliximab trough levels and radiologic healing in 728 luminal CD. Of note, different dose adjustment regimens 729 were possible in the TAILORIX trial. However, in this study 730 all patients had an identical induction regimen with inflix-731 imab. Furthermore, we focused not on the dosing as such 732 but on the effective drug exposure based on the infliximab 733 trough levels. Third, MREs were performed on the different 734 MR systems with variable performance. This could indeed 735 influence the quality of the scoring and the inter-rater 736 variability. In addition, it is striking that the inter-rater 737 variability was mainly high in the colonic segments. That 738 can be explained by poorer performance of radiologic 739 scoring in the colon compared with the ileum. By using a 740 stringent protocol for the imaging and a balanced central 741 reading methodology, we could minimize the impact of this 742 variance. One could argue that the correlation between 743 endoscopic and radiologic disease activity might be better 744 when applying more thorough CR training and optimizing 745 the MRE sequences, in particular T2-fat saturation. Finally, 746 we found no significant association between the infliximab 747 trough level at week 14 and the endoscopic outcome. This 748 comparison between the target trough levels for the 749 different outcomes is not possible.

In conclusion, this prospective study indicates the
exposure-response relationship for infliximab for radiologic response and remission in luminal CD. Adequate
infliximab trough levels at the end of induction are
associated with beneficial radiologic outcomes at 1 year.

The target of radiologic remission is achievable but to a lower extent compared with endoscopic remission.

## **Supplementary Material**

Note: To access the supplementary material accompanying this article, visit the online version of *Clinical Gastroenterology and Hepatology* at www.cghjournal.org, and at https://doi.org/10.1016/j.cgh.2020.04.052.

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#### Reprint requests

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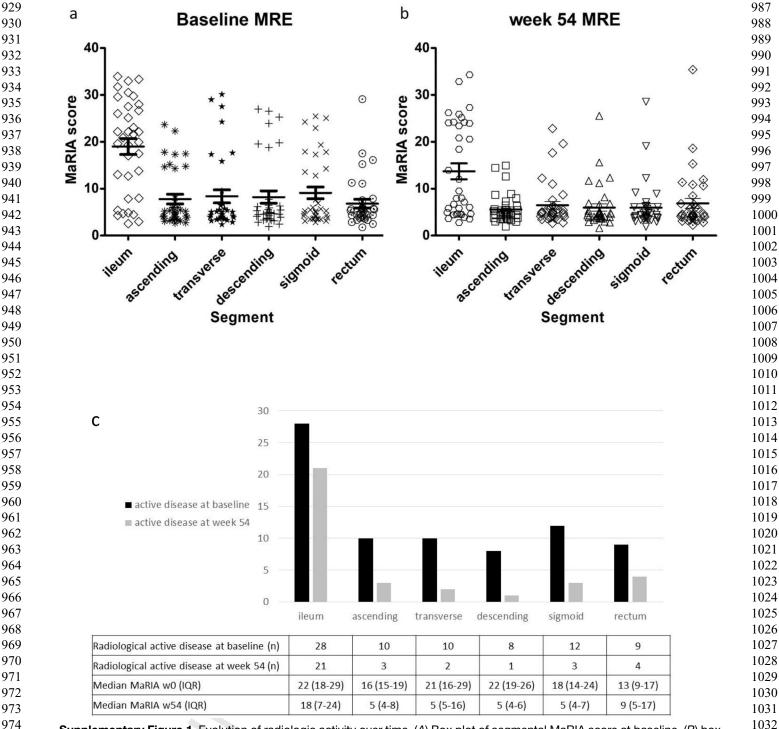
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#### Conflicts of interest

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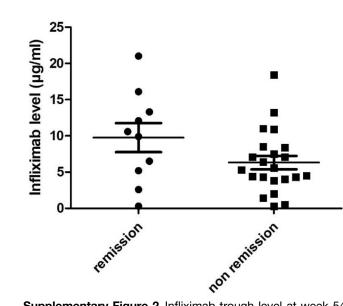
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**Supplementary Figure 1.** Evolution of radiologic activity over time. (*A*) Box plot of segmental MaRIA score at baseline, (*B*) box plot of segmental MaRIA score at week 54 (*1 dot* per patient, *bars* = mean with standard error of the mean), (*C*) evolution of number of patients with active disease per segment (MaRIA score  $\geq$ 7), and evolution in median segmental MaRIA score from baseline to week 54 in patients with active segmental disease (decrease all *P* < .02, except rectum *P* = .16). IQR, interquartile range; MaRIA, Magnetic Resonance Index of Activity; MRE, magnetic resonance enterography.

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**Supplementary Figure 2.** Infliximab trough level at week 54 in patients with and without radiologic remission at week 54 (P = .13) (*1 dot* per patient, *bars* = mean with standard error of the mean).