

Renal function in the geriatric patient

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BELGIUM



- Normal function
- How to estimate GFR?



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- How to estimate GFR?



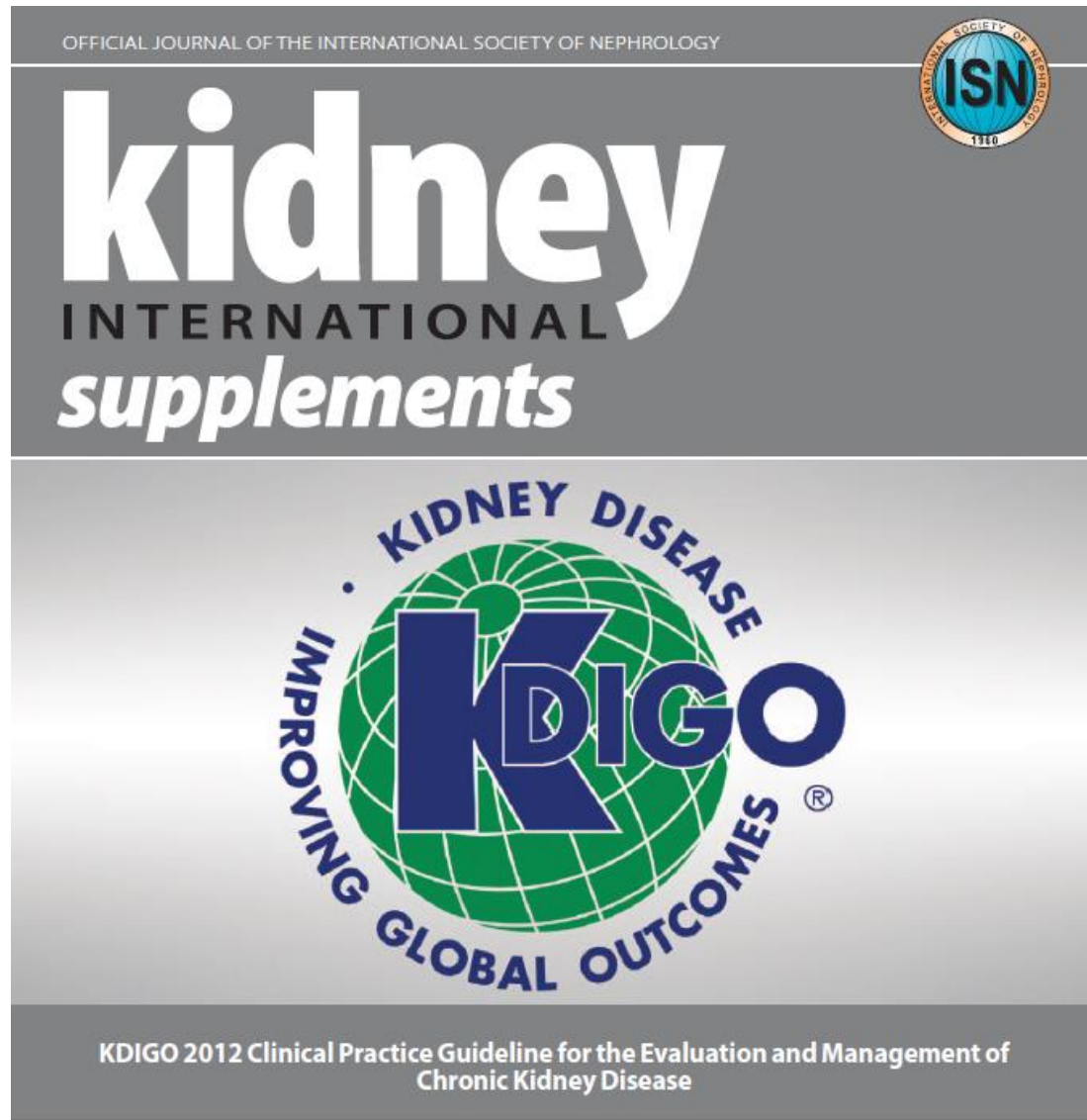
What is (normal) renal function in geriatrics?



- To be old
- This is just to be young for a longer time than others
- That's all



International guidelines in Nephrology



VOLUME 3 | ISSUE 1 | JANUARY 2013

<http://www.kidney-international.org>



GFR categories in CKD Chronic Kidney Disease

| GFR category | GFR (ml/min/1.73 m ²) | Terms |
|--------------|-----------------------------------|----------------------------------|
| G1 | ≥ 90 | Normal or high |
| G2 | 60-89 | Mildly decreased* |
| G3a | 45-59 | Mildly to moderately decreased |
| G3b | 30-44 | Moderately to severely decreased |
| G4 | 15-29 | Severely decreased |
| G5 | < 15 | Kidney failure |

Abbreviations: CKD, chronic kidney disease; GFR, glomerular filtration rate.

*Relative to young adult level

In the absence of evidence of kidney damage, neither GFR category G1 nor G2 fulfill the criteria for CKD.

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1.4.1: Evaluation of chronicity

1.4.1.1: In people with GFR < 60 ml/min/1.73 m² (GFR categories G3a-G5) or markers of kidney damage, review past history and previous measurements to determine duration of kidney disease. (*Not Graded*)

- If duration is > 3 months, CKD is confirmed. Follow recommendations for CKD.
- If duration is not > 3 months or unclear, CKD is not confirmed. Patients may have CKD or acute kidney diseases (including AKI) or both and tests should be repeated accordingly.

60 mL/min/1.73 m²



Justification of this unique cut-off

- Simplicity
- Half of measured GFR in young adults but arbitrary (and maybe not correct)
- Because $\text{GFR} < 60 \text{ mL/min/1.73 m}^2$ is associated with a higher mortality risk

Prognosis of CKD by GFR and Albuminuria Categories: KDIGO 2012

| | | | Persistent albuminuria categories Description and range | | | |
|--|-----|----------------------------------|--|-----------------------------|--------------------------|--|
| | | | A1 | A2 | A3 | |
| | | | Normal to mildly increased | Moderately increased | Severely increased | |
| | | | <30 mg/g <3 mg/mmol | 30-300 mg/g 3-30 mg/mmol | >300 mg/g >30 mg/mmol | |
| GFR categories (mL/min/1.73m ²) Description and range | G1 | Normal or high | ≥90 | | | |
| | G2 | Mildly decreased | 60-89 | | | |
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How to define a disease?

- as a statistical departure from normality
- as a condition that is associated causally with an increased risk of a disease -defined event or death



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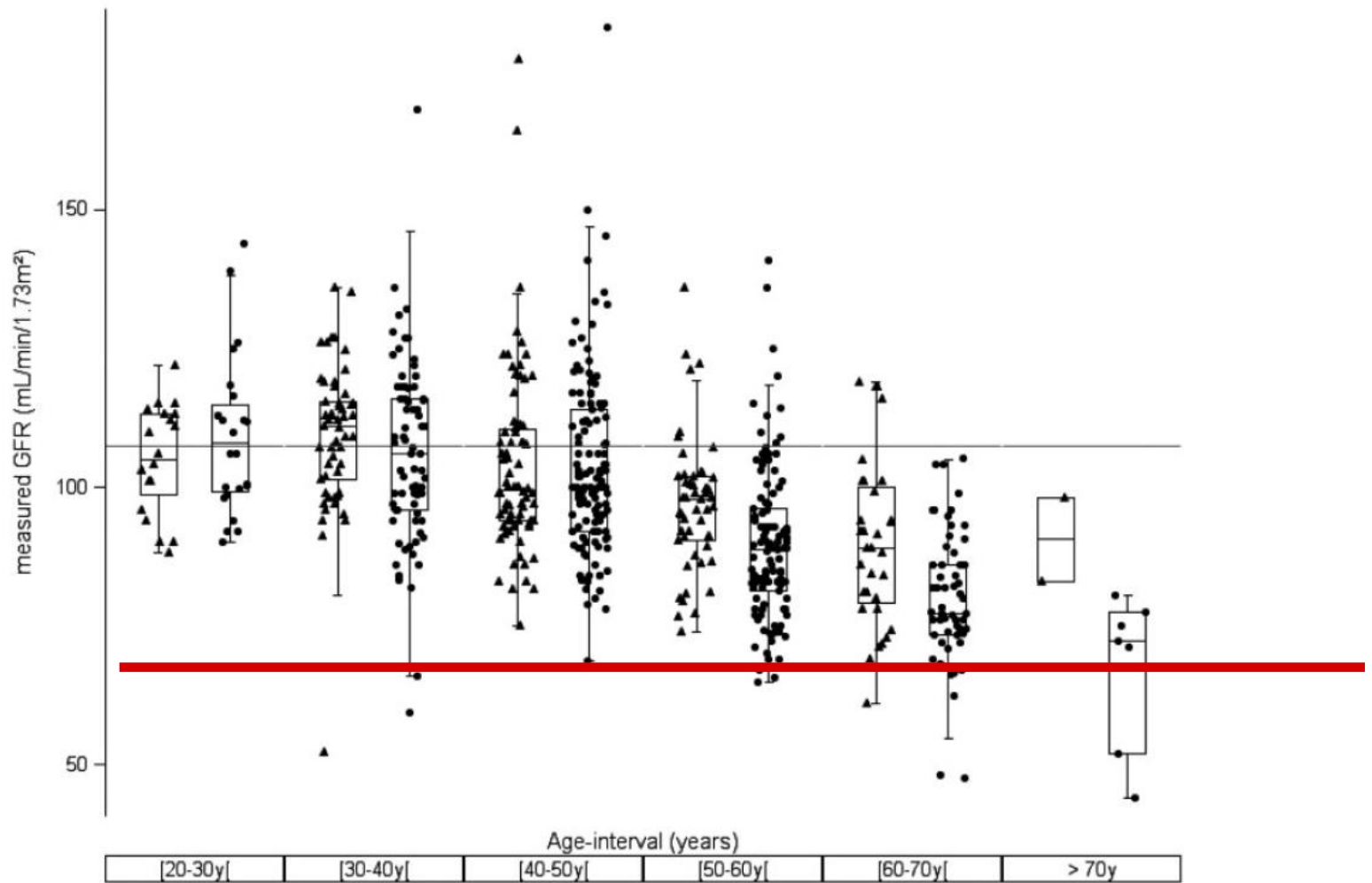


Fig. 1. Box plot for mGFR versus age decades for female (filled circles) and male (filled triangles) potential kidney donors ($n = 633$). A horizontal reference line is drawn at $GFR = 107.3 \text{ mL/min/1.73 m}^2$.

Measured GFR in 633 living kidney donors (Belgium, France)



- Healthy population in the Netherlands
- Equation CKD-EPI
- No diabetes, No hypertension, No specific therapy, Normal albuminuria
- 1663 men 2073 women

Nephrol Dial Transplant (2011) 26: 3176–3181

doi: 10.1093/ndt/gfr003

Advance Access publication 16 February 2011

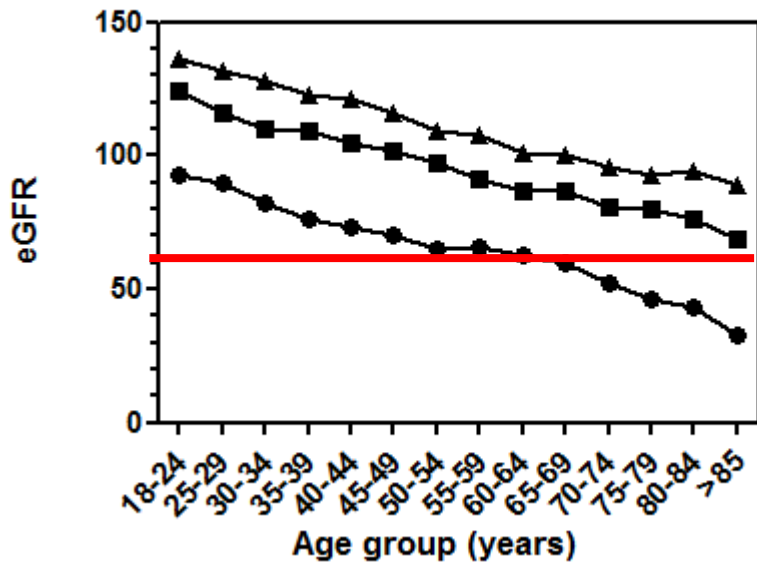
Introduction of the CKD-EPI equation to estimate glomerular filtration rate in a Caucasian population

Jan A.J.G. van den Brand¹, Gerben A.J. van Boekel¹, Hans L. Willems², Lambertus A.L.M. Kiemeny³, Martin den Heijer^{3,4} and Jack F.M. Wetzels¹

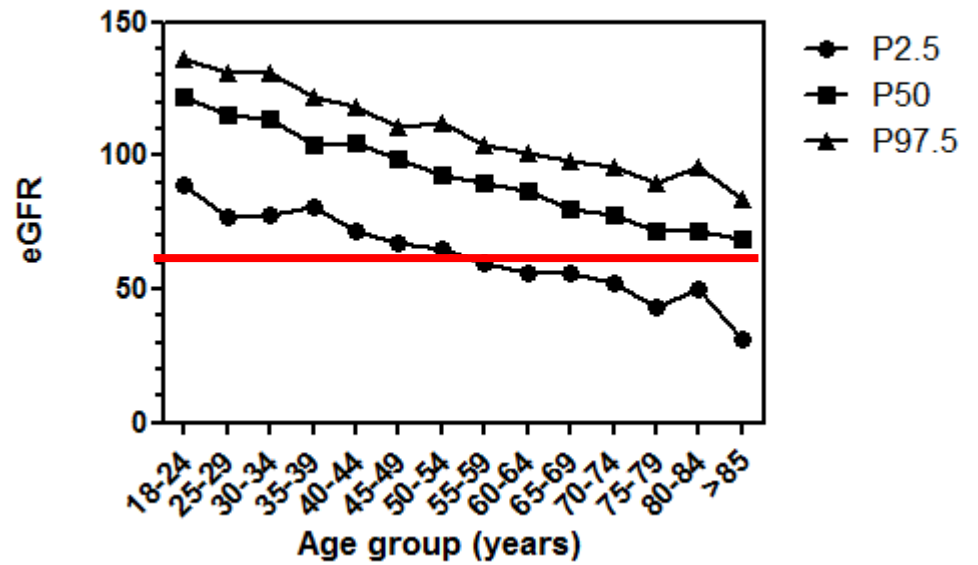
¹Department of Nephrology, Radboud University Nijmegen Medical Centre, Nijmegen, The Netherlands, ²Department of Laboratory Medicine, Radboud University Medical Centre, Nijmegen, The Netherlands, ³Department of Epidemiology, Biostatistics and Health Technology Assessment, Radboud University Medical Centre, Nijmegen, The Netherlands and ⁴Department of Endocrinology, Radboud University Medical Centre, Nijmegen, The Netherlands

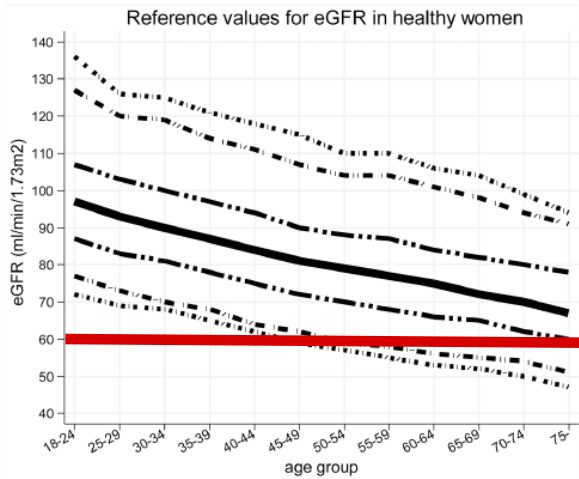
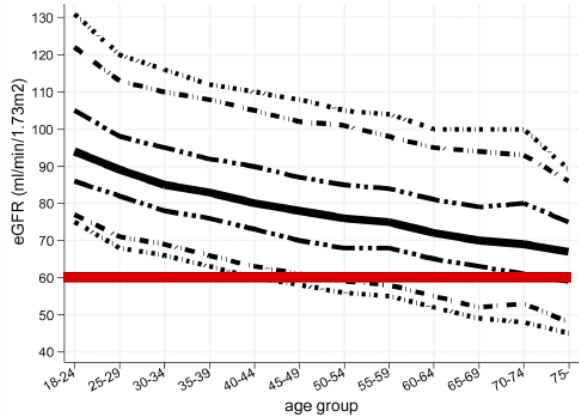


Men



Women





- - - 2.5 percentile - - - 5 percentile - - - 25 percentile - - - 50 percentile
 - - - 75 percentile - - - 95 percentile - - - 97.5 percentile

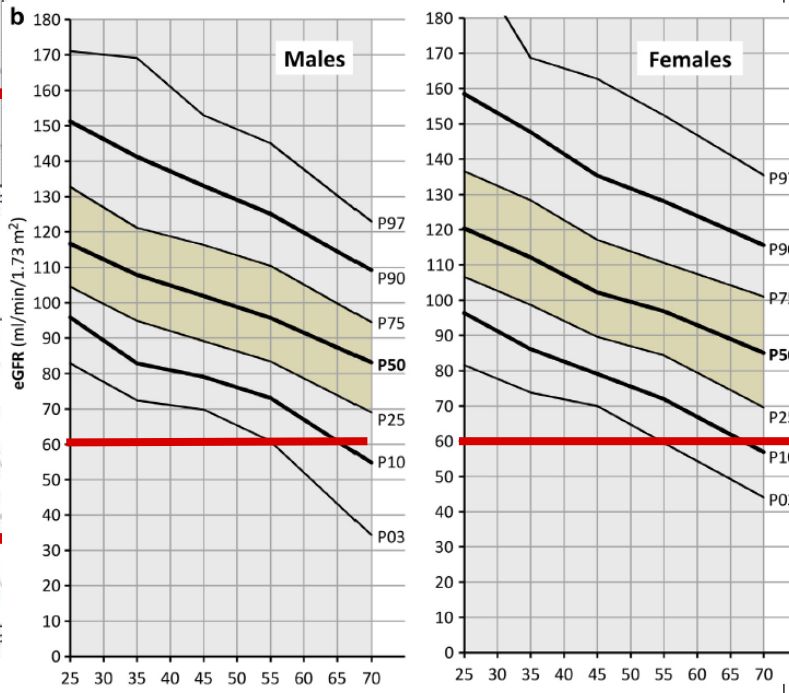
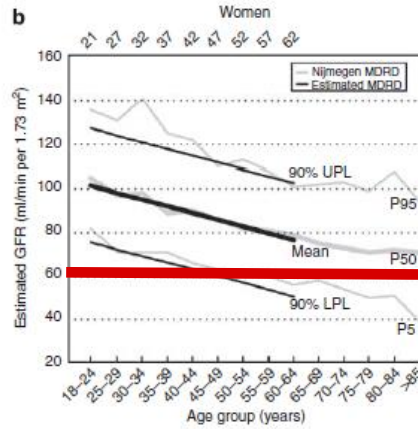
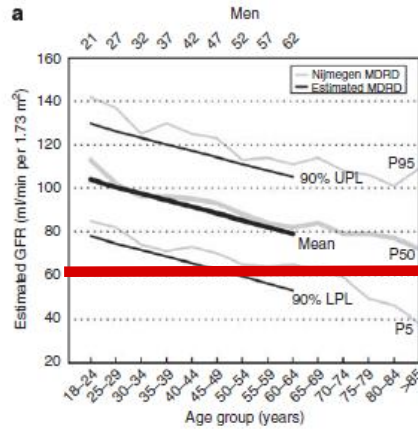


Figure 5 | Comparison of estimated GFR in two different cohorts. Mean, 5th, and 95th percentiles for expected eGFR by the re-expressed MDRD equation in living kidney donors (black lines) and eGFR by the re-expressed MDRD equation in subjects participating in the Nijmegen study²⁸ (gray lines) among different age groups for (a) men and (b) women.

The same in Japan...

Baba M, PlosOne, 2015

The same in USA...

Poggio ED, Kidney Int, 2009

The same in Morocco...

Benghanem Gharbi M, Kidney Int, 2015



- Concordant data worldwide
- eGFR is declining with aging
- A significant part of healthy subjects over 65 years have
eGFR < 60 mL/min/1.73m²



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ONLINE FIRST

Age and Association of Kidney Measures With Mortality and End-stage Renal Disease

JAMA. 2012;308(22):2349-2360

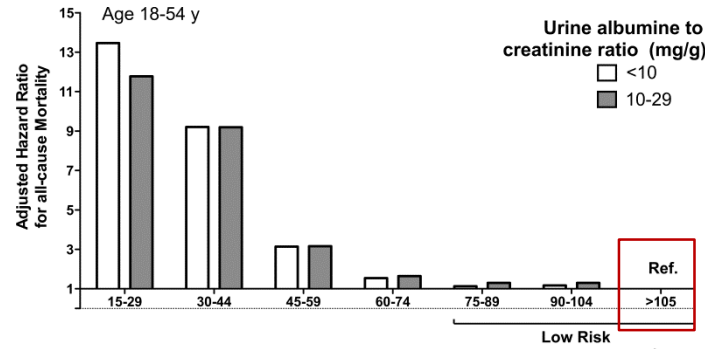
Published online October 30, 2012. doi:10.1001/jama.2012.16817

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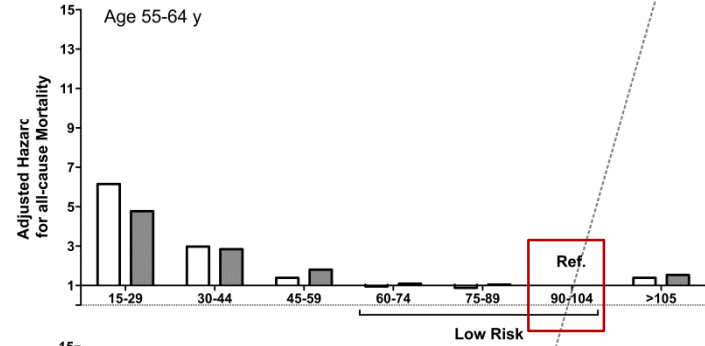
Age 18-54 y =>



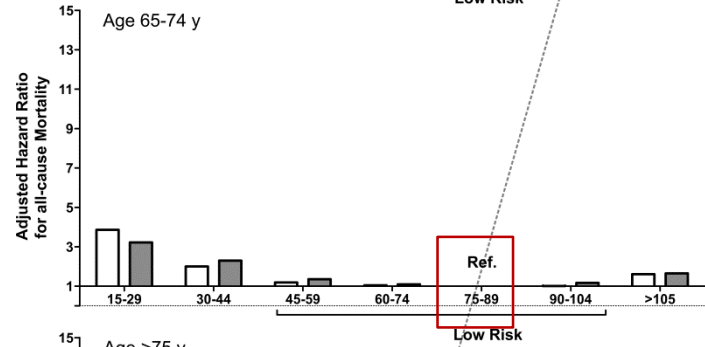
Data from:

JAMA. 2012;308(22):2349-2360

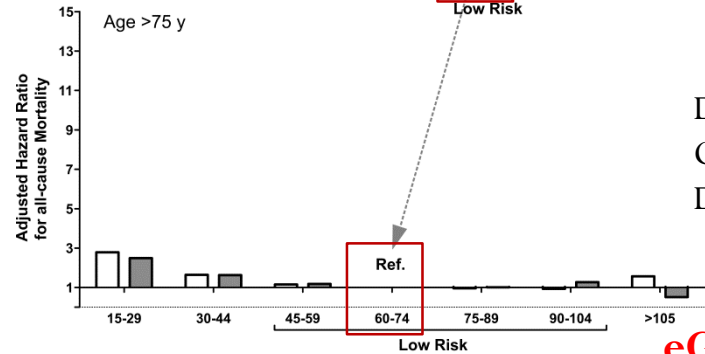
Age 55-64 y =>



Age 65-74 y =>



Age >75 y =>



Delanaye P, Clin Biochem Rev, 2016, p17
Glasscock RJ, J Bras Nefrol, 2017, p59
Delanaye P, J Am Soc nephrol, 2019, p1785



CKD: A Call for an Age-Adapted Definition

Pierre Delanaye ¹, Kitty J. Jager,² Arend Bökenkamp,³ Anders Christensson ⁴, Laurence Dubourg,⁵ Bjørn Odvar Eriksen ^{6,7}, François Gaillard,⁸ Giovanni Gambaro,⁹ Markus van der Giet,¹⁰ Richard J. Glassock,¹¹ Olafur S. Indridason,¹² Marco van Londen,¹³ Christophe Mariat,¹⁴ Toralf Melsom,^{6,7} Olivier Moranne,¹⁵ Gunnar Nordin ¹⁶, Runolfur Palsson,^{12,17} Hans Pottel,¹⁸ Andrew D. Rule ¹⁹, Elke Schaeffner,²⁰ Maarten W. Taal ²¹, Christine White,²² Anders Grubb ²³ and Jan A. J. G. van den Brand²⁴

Due to the number of contributing authors, the affiliations are listed at the end of this article.

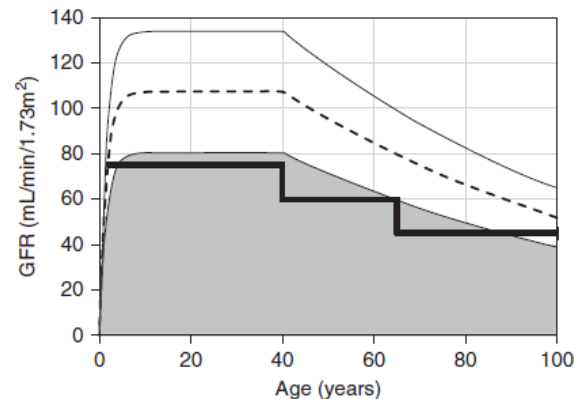


Figure 3. Age-specific thresholds in relation to age-specific GFR percentiles. GFR cut-off values and percentiles according to age (here percentiles of eGFR are calculated using the FAS equation). The bold line represents an age-adapted threshold for CKD: 75 ml/min per 1.73 m² for age below 40 years, 60 ml/min per 1.73 m² for age between 40 and 65 years, and 45 ml/min per 1.73 m² for age above 65 years. The dashed line represents the median (50th percentile) and the thin solid lines represent the 97.5th and 2.5th percentiles. The shaded zone is considered as below the normal reference intervals for GFR (<2.5th percentile).



The prevalence of chronic kidney disease in Iceland according to KDIGO criteria and age-adapted estimated glomerular filtration rate thresholds



see commentary on page 1090

Arnar J. Jonsson^{1,2}, Sigrun H. Lund¹, Björn O. Eriksen³, Runolfur Palsson^{1,2,4} and Olafur S. Indridason^{2,4}

¹Faculty of Medicine, School of Health Sciences, University of Iceland, Reykjavik, Iceland; ²Internal Medicine Services, Landspítali–The National University Hospital of Iceland, Reykjavik, Iceland; ³Metabolic and Renal Research Group, UiT The Arctic University of Norway, Tromsø, Norway; and ⁴Division of Nephrology, Landspítali–The National University Hospital of Iceland, Reykjavik, Iceland

Kidney International (2020) **98**, 1286–1295;

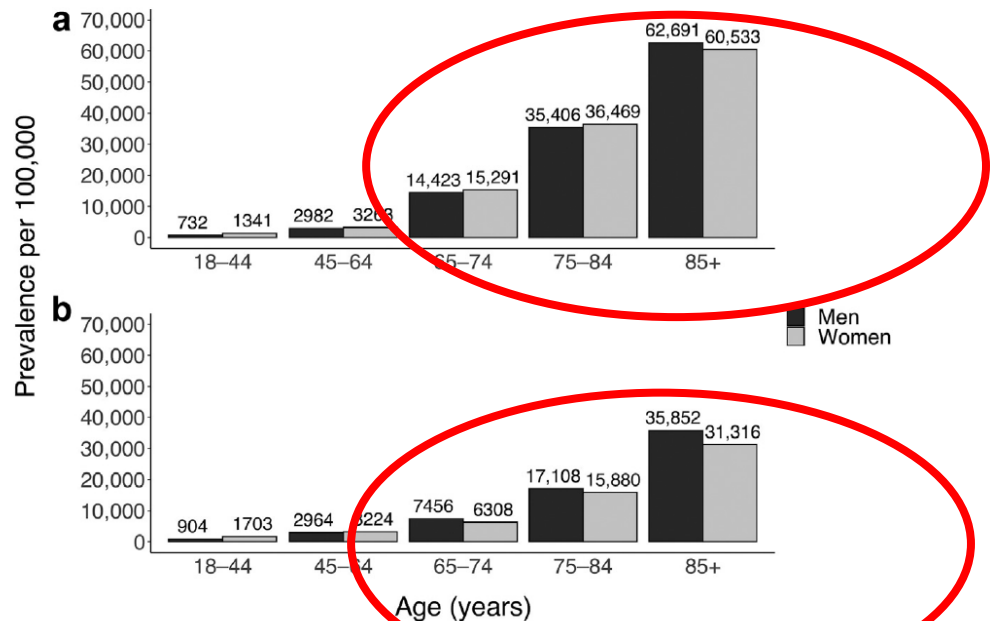


Figure 2 | Mean annual prevalence of chronic kidney disease stages 1–5 by age group and sex, using (a) the Kidney Disease: Improving Global Outcomes (KDIGO) definition and (b) age-adapted estimated glomerular filtration rate (eGFR) thresholds.

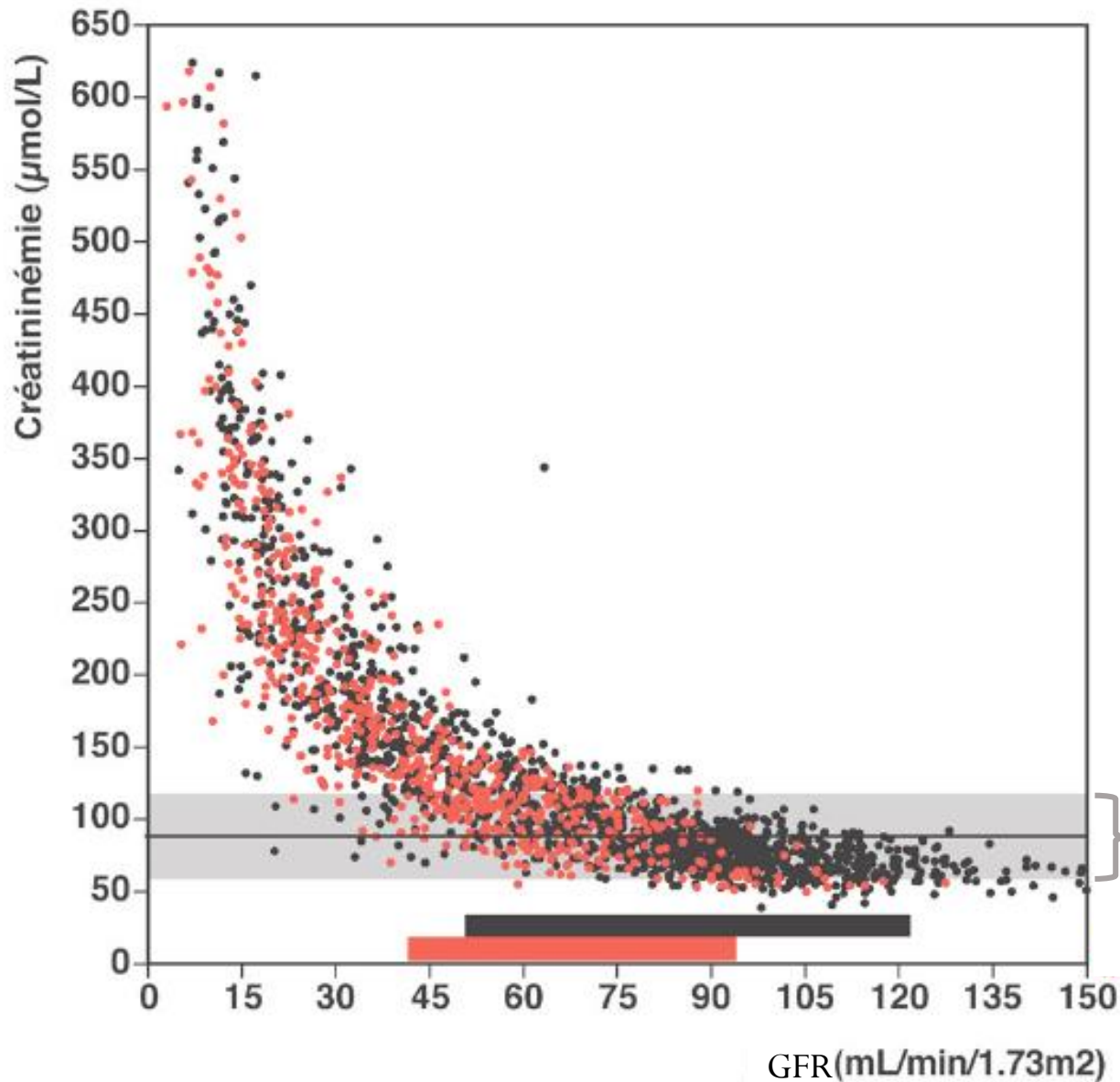


- Normal function
- How to estimate GFR?



- Normal function
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NephroTest Cohort (France)
 Which GFR for patients with
 serum creatinine measured at
 80 $\mu\text{mol/L}$ (0.9 mg/dL)?

IC 95% for subjects <65 years old

IC 95% for subjects >65 years old

S. Creatinine lab
 normality range

With the kind permission of Marc Froissart



Which one?

- Cockcroft
- MDRD
- CKD-EPI
- Others





KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease

Kidney International Supplements (2013) 3, 3; doi:10.1038/Kisup.2012.75

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- report $eGFR_{creat}$ in adults using the 2009 CKD-EPI creatinine equation. An alternative creatinine-based GFR estimating equation is acceptable if it has been shown to improve accuracy of GFR estimates compared to the 2009 CKD-EPI creatinine equation.



Statistics

- Good correlation: a “*sine qua non*” condition but insufficient
- Bias: mean difference between two values = the systematic error
- Precision: SD around the bias = the random error
- Accuracy 30% = % of eGFR between $\pm 30\%$ of measured GFR

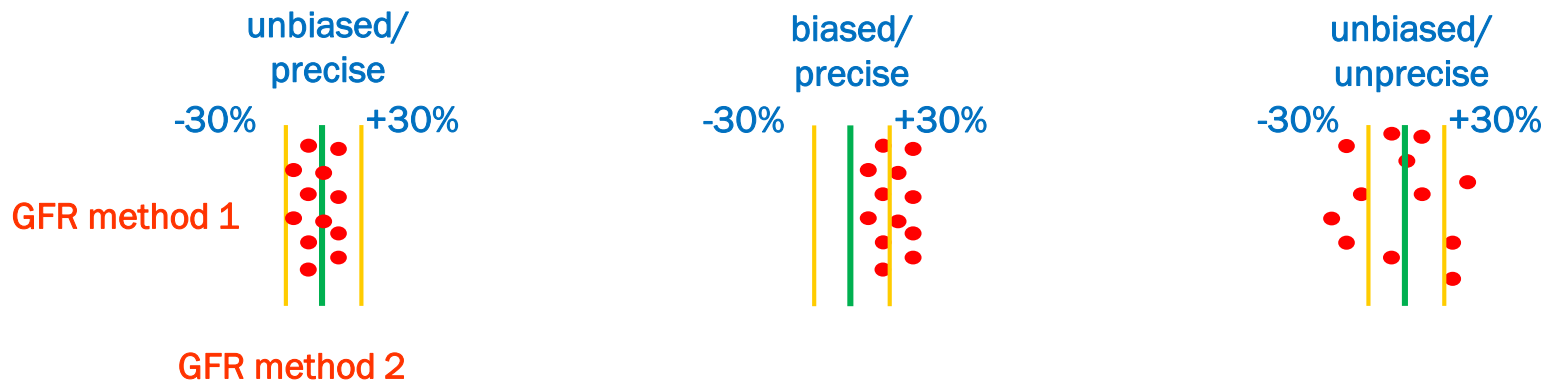


Table 1. MDRD study equations and Cockcroft equation commonly used for GFR estimation

Cockcroft and Gault

$$\text{GFR (ml/min)} = \frac{(140 - \text{age}) \times \text{weight (kg)}}{7.2 \times \text{SCr (mg/dl)}} \times 0.85 \text{ if woman}$$

4-Variable MDRD study equation (IDMS traceable)

$$\begin{aligned} \text{GFR (ml/min/1.73 m}^2\text{)} = \\ 175 \times \text{SCr (mg/dl)}^{-1.154} \times \text{age}^{-0.203} \times 0.742 \text{ (if woman)} \\ \times 1.21 \text{ for Black-American} \end{aligned}$$

Cockcroft DW, Nephron, 1976, 16, p31

Levey AS, Ann Intern Med, 1999, 130, p461



Cockcroft versus MDRD

| | Cockcroft | MDRD |
|----------------------------|----------------------|---------------|
| Population | Canada 1976 | USA 1999 |
| N | 249 | 1628 |
| Mean GFR | 73 | 40 |
| Measured GFR | Creatinine Clearance | Iothalamate |
| Assay | Jaffe (special) | Jaffe calibr  |
| % women | 4 | 40 |
| % black | 0 (?) | 12 |
| Mean age | 18-92 | 51 |
| Mean weight | 72 | 79.6 |
| Indexation for BSA | No | yes |
| Internal validation | no | yes |

Cockcroft DW, Nephron, 1976, 16, p31

Levey AS, Ann Intern Med, 1999, 130, p461



Predictive Performance of the Modification of Diet in Renal Disease and Cockcroft-Gault Equations for Estimating Renal Function

Marc Froissart,^{*†§} Jerome Rossert,^{†||} Christian Jacquot,^{‡§} Michel Paillard,^{*†§} and Pascal Houillier^{*†§}

**Department of Physiology and Biophysics, Georges Pompidou Hospital (AP-HP); †INSERM U652 and IFR 58;*

‡Department of Nephrology, Georges Pompidou Hospital (AP-HP); §René Descartes Medical School, Paris V University; and ||Paris VI University, Paris, France

Recent recommendations emphasize the need to assess kidney function using creatinine-based predictive equations to optimize the care of patients with chronic kidney disease. The most widely used equations are the Cockcroft-Gault (CG) and the simplified Modification of Diet in Renal Disease (MDRD) formulas. However, they still need to be validated in large samples of subjects, including large non-U.S. cohorts. Renal clearance of ⁵¹Cr-EDTA was compared with GFR estimated using either the CG equation or the MDRD formula in a cohort of 2095 adult Europeans (863 female and 1232 male; median age, 53.2 yr; median measured GFR, 59.8 ml/min per 1.73 m²). When the entire study population was considered, the CG and MDRD equations showed very limited bias. They overestimated measured GFR by 1.94 ml/min per 1.73 m² and underestimated it by 0.99 ml/min per 1.73 m², respectively. However, analysis of subgroups defined by age, gender, body mass index, and GFR level showed that the biases of the two formulas could be much larger in selected populations. Furthermore, analysis of the SD of the mean difference between estimated and measured GFR showed that both formulas lacked precision; the CG formula was less precise than the MDRD one in most cases. In the whole study population, the SD was 15.1 and 13.5 ml/min per 1.73 m² for the CG and MDRD formulas, respectively. Finally, 29.2 and 32.4% of subjects were misclassified when the CG and MDRD formulas were used to categorize subjects according to the Kidney Disease Outcomes Quality Initiative chronic kidney disease classification, respectively.

J Am Soc Nephrol 16: 763–773, 2005. doi: 10.1681/ASN.2004070549



Table 3. Bias, precision, and accuracy of the MDRD and CG formulas^a

| | N | Bland and Altman (ml/min per 1.73 m ²) | | Accuracy within (% of Subjects) | | | CRMSE (ml/min per 1.73 m ²) |
|-----------------------|------|---|-----------|------------------------------------|------|------|--|
| | | Bias | Precision | 15% | 30% | 50% | |
| MDRD formula | | | | | | | |
| high GFR ^b | 1044 | -3.3 | 17.2 | 61.3 | 92.4 | 98.8 | 17.5 |
| low GFR ^c | 1051 | 1.3 | 8.5 | 54.8 | 82.9 | 93.3 | 8.6 |
| overall | 2095 | -1.0 | 13.7 | 58.0 | 87.2 | 96.0 | 13.8 |
| CG formula | | | | | | | |
| high GFR ^b | 1044 | 0.4 | 19.4 | 56.1 | 88.0 | 97.4 | 19.4 |
| low GFR ^c | 1051 | 3.5 | 9.7 | 41.2 | 69.0 | 85.2 | 10.3 |
| overall | 2095 | 1.9 | 15.4 | 48.7 | 78.5 | 91.3 | 15.5 |

^aResults obtained with these formulas were compared with GFR values obtained by measuring the renal clearance of ⁵¹Cr EDTA. Bias is defined as the mean difference between estimated and measured GFR. Precision is 1 SD of bias. Accuracy was assessed by determining the percentage of subjects who did not deviate >15, 30, and 50% from measured GFR and by calculating the combined root mean square error (CRMSE).

^bMeasured GFR ≥60 ml/min per 1.73 m².

^cMeasured GFR <60 ml/min per 1.73 m².



The new CKD-EPI equation

ARTICLE

Annals of Internal Medicine

A New Equation to Estimate Glomerular Filtration Rate

Andrew S. Levey, MD; Lesley A. Stevens, MD, MS; Christopher H. Schmid, PhD; Yaping (Lucy) Zhang, MS; Alejandro F. Castro III, MPH; Harold I. Feldman, MD, MSCE; John W. Kusek, PhD; Paul Eggers, PhD; Frederick Van Lente, PhD; Tom Greene, PhD; and Josef Coresh, MD, PhD, MHS, for the CKD-EPI (Chronic Kidney Disease Epidemiology Collaboration)*

Ann Intern Med. 2009;150:604-612.

Table 2. The CKD-EPI Equation for Estimating GFR on the Natural Scale*

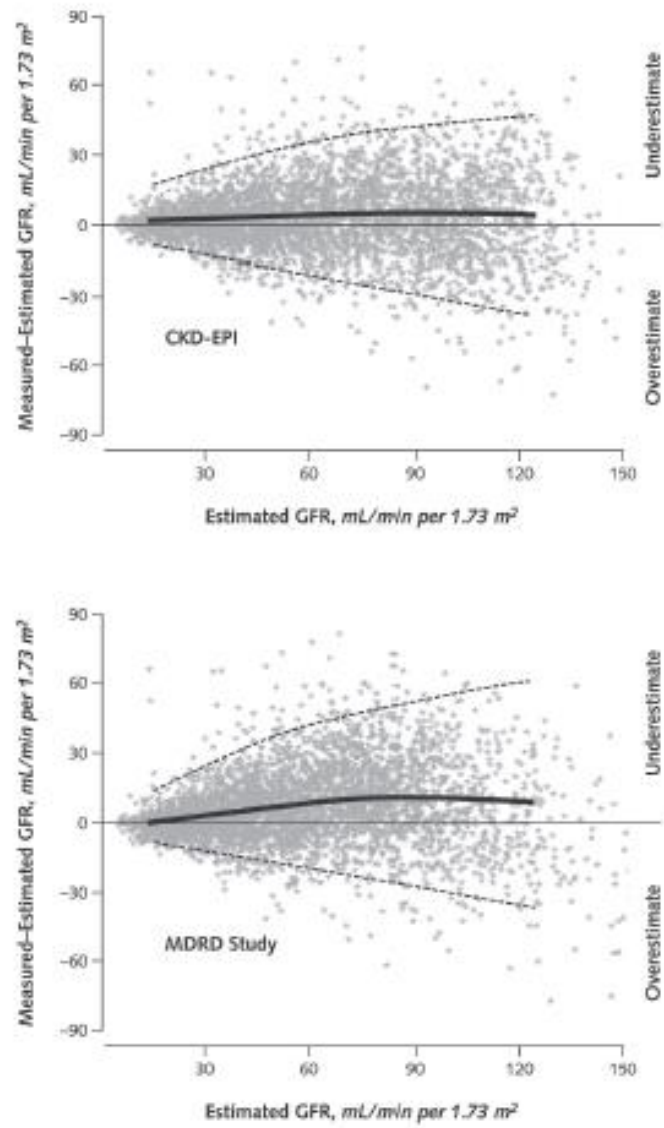
| Race and Sex | Serum Creatinine Level, $\mu\text{mol/L}$ (mg/dL) | Equation |
|-----------------------|---|---|
| Black | | |
| Female | ≤ 62 (≤ 0.7) | $\text{GFR} = 166 \times (\text{Scr}/0.7)^{-0.329} \times (0.993)^{\text{Age}}$ |
| | > 62 (> 0.7) | $\text{GFR} = 166 \times (\text{Scr}/0.7)^{-1.209} \times (0.993)^{\text{Age}}$ |
| Male | ≤ 80 (≤ 0.9) | $\text{GFR} = 163 \times (\text{Scr}/0.9)^{-0.411} \times (0.993)^{\text{Age}}$ |
| | > 80 (> 0.9) | $\text{GFR} = 163 \times (\text{Scr}/0.9)^{-1.209} \times (0.993)^{\text{Age}}$ |
| White or other | | |
| Female | ≤ 62 (≤ 0.7) | $\text{GFR} = 144 \times (\text{Scr}/0.7)^{-0.329} \times (0.993)^{\text{Age}}$ |
| | > 62 (> 0.7) | $\text{GFR} = 144 \times (\text{Scr}/0.7)^{-1.209} \times (0.993)^{\text{Age}}$ |
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- CKD-EPI
- Development dataset: $n=5504$
- Internal validation: $n=2750$
- External validation: $n=3896$
- Creatinine calibrated
- Median GFR in the development = $68 \text{ mL/min/1.73 m}^2$



Figure. Performance of the CKD-EPI and MDRD Study equations in estimating measured GFR in the external validation data set.



Two Novel Equations to Estimate Kidney Function in Persons Aged 70 Years or Older

Elke S. Schaeffner, MD, MS*; Natalie Ebert, MD, MPH*; Pierre Delanaye, MD, PhD; Ulrich Frei, MD; Jens Gaedeke, MD; Olga Jakob; Martin K. Kuhlmann, MD; Mirjam Schuchardt, PhD; Markus Tölle, MD; Reinhard Ziebig, PhD; Markus van der Giet, MD; and Peter Martus, PhD

BIS1:

$$3736 \times \text{creatinine}^{-0.87} \times \text{age}^{-0.95} \times 0.82 \text{ (if female)}$$

- n=610, iohexol, IDMS traceable enzymatic method
- Mean = 52 mL/min/1,73 m²

Ulf Nyman*, Anders Grubb, Anders Larsson, Lars-Olof Hansson, Mats Flodin, Gunnar Nordin, Veronica Lindström and Jonas Björk

The revised Lund-Malmö GFR estimating equation outperforms MDRD and CKD-EPI across GFR, age and BMI intervals in a large Swedish population

Clin Chem Lab Med 2014, 52(6), 815-824

Revised Lund-Malmö Study equation (LM Revised) [34]

$$e^{X-0.0158 \times \text{Age} + 0.438 \times \ln(\text{Age})}$$

Female pCr < 150 $\mu\text{mol/L}$: $X = 2.50 + 0.0121 \times (150 - \text{pCr})$

Female pCr \geq 150 $\mu\text{mol/L}$: $X = 2.50 - 0.926 \times \ln(\text{pCr}/150)$

Male pCr < 180 $\mu\text{mol/L}$: $X = 2.56 + 0.00968 \times (180 - \text{pCr})$

Male pCr \geq 180 $\mu\text{mol/L}$: $X = 2.56 - 0.926 \times \ln(\text{pCr}/180)$

- Lund-Malmö
- n=3495 (by 2847 subjects), iohexol, IDMS serum creatinine
- Mean GFR = 60 mL/min/1,73 m²



An estimated glomerular filtration rate equation for the full age spectrum

Hans Pottel¹, Liesbeth Hoste¹, Laurence Dubourg², Natalie Ebert³, Elke Schaeffner³, Bjørn Odvar Eriksen⁴, Toralf Melsom⁴, Edmund J. Lamb⁵, Andrew D. Rule⁶, Stephen T. Turner⁶, Richard J. Glassock⁷, Vandréa De Souza⁸, Luciano Selistre⁹, Christophe Mariat¹⁰, Frank Martens¹¹ and Pierre Delanaye¹²

$$\begin{aligned} \text{FAS} - \text{eGFR} &= \frac{107.3}{(\text{SCr}/\text{Q})} \quad \text{for } 2 \leq \text{age} \leq 40 \text{ years} \\ \text{FAS} - \text{eGFR} &= \frac{107.3}{(\text{SCr}/\text{Q})} \times 0.988^{(\text{Age}-40)} \quad \text{for age } > 40 \text{ years} \end{aligned}$$



Development and Validation of a Modified Full Age Spectrum Creatinine-Based Equation to Estimate Glomerular Filtration Rate

A Cross-sectional Analysis of Pooled Data

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- Subjects with measured GFR and standardized creatinine
- 11,251 development and internal validation
- 8,378 external validation
- 1,254 aged between 2 to 18 years
- 7 + 6 cohorts
- Only White people



Figure 1. The new EKFC equation.

| Age | SCr/Q | Equation |
|--------|----------|--|
| 2–40 y | <1 | $107.3 \times (\text{SCr}/\text{Q})^{-0.322}$ |
| | ≥ 1 | $107.3 \times (\text{SCr}/\text{Q})^{-1.132}$ |
| >40 y | <1 | $107.3 \times (\text{SCr}/\text{Q})^{-0.322} \times 0.990^{(\text{Age} - 40)}$ |
| | ≥ 1 | $107.3 \times (\text{SCr}/\text{Q})^{-1.132} \times 0.990^{(\text{Age} - 40)}$ |

Excel calculator:
send me an email!

Q Values

For ages 2–25 y:

Males:

$$\ln(Q) = 3.200 + 0.259 \times \text{Age} - 0.543 \times \ln(\text{Age}) - 0.00763 \times \text{Age}^2 + 0.0000790 \times \text{Age}^3$$

Females:

$$\ln(Q) = 3.080 + 0.177 \times \text{Age} - 0.223 \times \ln(\text{Age}) - 0.00596 \times \text{Age}^2 + 0.0000686 \times \text{Age}^3$$

For ages >25 y:

Males:

$$Q = 80 \mu\text{mol/L} (0.90 \text{ mg/dL})$$

Females:

$$Q = 62 \mu\text{mol/L} (0.70 \text{ mg/dL})$$

SCr and Q in $\mu\text{mol/L}$ (to convert to mg/dL, divide by 88.4)

Q values (in $\mu\text{mol/L}$ or mg/dL) correspond to the median SCr values for the age- and sex-specific populations. EKFC = European Kidney Function Consortium; SCr = serum creatinine.

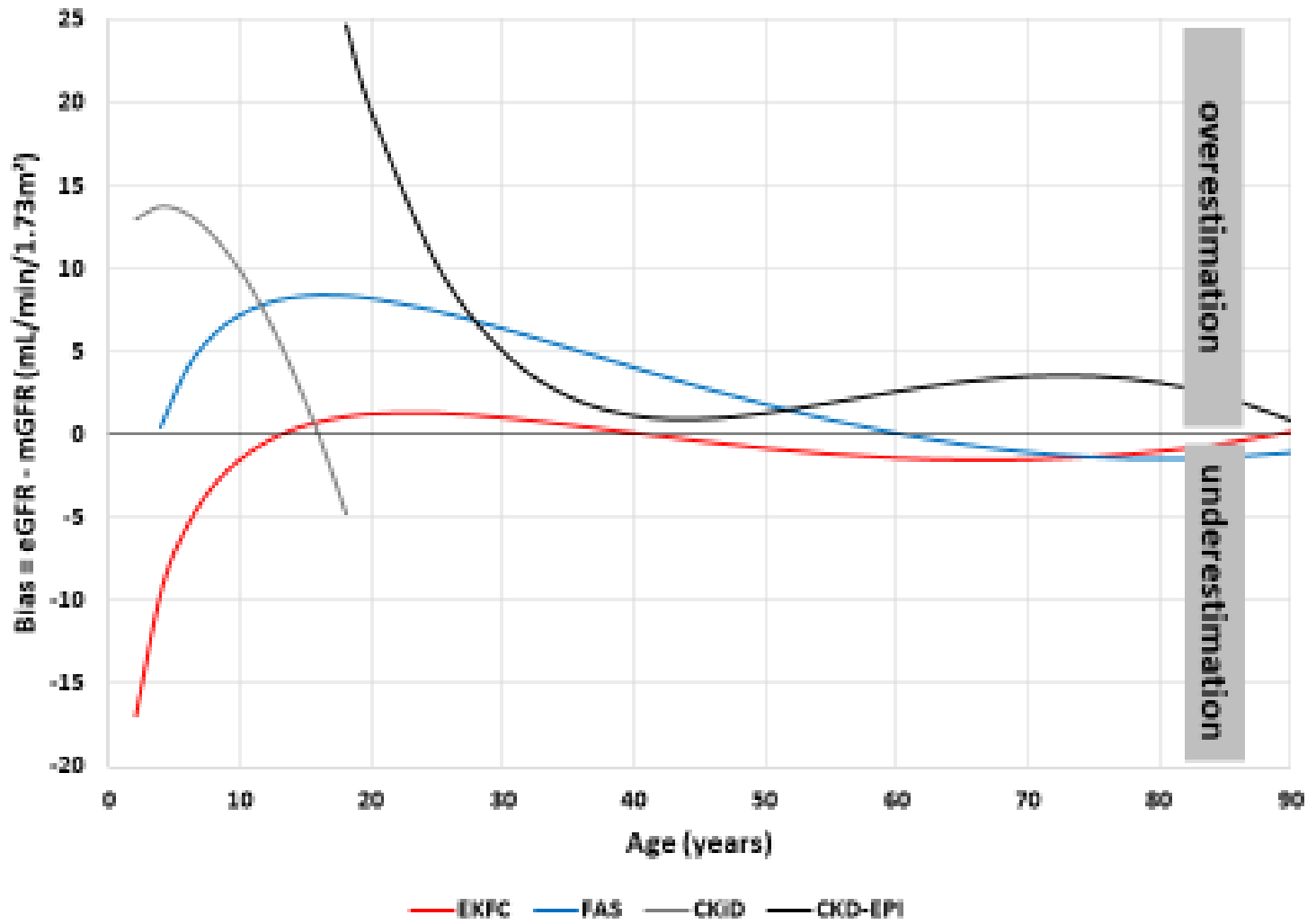


| | EKFC | FAS | CKD-EPI |
|--|---------------------|---------------------|---------------------|
| Adults aged ≥65 y | | | |
| Median bias (95% CI), mL/min/1.73 m ² | | | |
| All (n = 2567) | -1.2 (-1.0 to -1.6) | -1.1 (-1.5 to -0.6) | 3.0 (2.5 to 3.6) |
| eGFR <45 mL/min/1.73 m ² (n = 852) | -0.5 (-0.9 to -0.1) | 0.7 (0.2 to 1.2) | 0.5 (0.1 to 0.9) |
| eGFR ≥45 mL/min/1.73 m ² (n = 1715) | -2.0 (-2.6 to -1.3) | -2.9 (-3.7 to -2.4) | 5.1 (4.3 to 6.0) |
| Imprecision, SD (P25-P75) | | | |
| All (n = 2567) | 12.1 (-7.6 to 5.0) | 14.3 (-8.5 to 5.3) | 12.5 (-2.9 to 10.2) |
| eGFR <45 mL/min/1.73 m ² (n = 852) | 7.1 (-4.3 to 3.8) | 7.2 (-3.5 to 5.1) | 7.2 (-2.9 to 5.1) |
| eGFR ≥45 mL/min/1.73 m ² (n = 1715) | 13.9 (-9.6 to 6.1) | 16.7 (-10.8 to 5.8) | 14.3 (-2.9 to 13.1) |
| Accuracy P30 (95% CI), % | | | |
| All (n = 2567) | 85.3 (83.9 to 86.7) | 83.6 (82.1 to 85.0) | 80.7 (79.2 to 82.2) |
| eGFR <45 mL/min/1.73 m ² (n = 852) | 76.8 (73.9 to 79.6) | 73.9 (71.0 to 76.9) | 69.6 (65.5 to 73.7) |
| eGFR ≥45 mL/min/1.73 m ² (n = 1715) | 89.6 (88.1 to 91.0) | 88.4 (86.9 to 89.9) | 83.7 (81.9 to 85.4) |

CKD-EPI = Chronic Kidney Disease Epidemiology Collaboration; CKiD = Chronic Kidney Disease in Children Study; eGFR = estimated glomerular filtration rate; EKFC = European Kidney Function Consortium; FAS = full age spectrum; P25-P75 = interquartile range; P30 = accuracy within 30% of measured GFR.

* For children (aged 2 to <18 y) and adults in age subgroups 18 to <40 y, 40 to <65 y, and ≥65 y, according to the age-adapted thresholds for EKFC eGFR: 75, 60, and 45 mL/min/1.73 m², respectively.





Cystatin C

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Estimating Glomerular Filtration Rate from Serum Creatinine and Cystatin C

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John H. Eckfeldt, M.D., Ph.D., Harold I. Feldman, M.D., Tom Greene, Ph.D.,
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for the CKD-EPI Investigators*



Table 2. Creatinine Equation (CKD-EPI 2009), Cystatin C Equation (CKD-EPI 2012), and Creatinine–Cystatin C Equation (CKD-EPI 2012) for Estimating GFR, Expressed for Specified Sex, Serum Creatinine Level, and Serum Cystatin C Level.*

| Basis of Equation and Sex | Serum Creatinine† | Serum Cystatin C | Equation for Estimating GFR |
|---|-------------------|------------------|---|
| | mg/dl | mg/liter | |
| CKD-EPI creatinine equation‡ | | | |
| Female | ≤0.7 | | $144 \times (\text{Scr}/0.7)^{-0.329} \times 0.993^{\text{Age}} [\times 1.159 \text{ if black}]$ |
| Female | >0.7 | | $144 \times (\text{Scr}/0.7)^{-1.209} \times 0.993^{\text{Age}} [\times 1.159 \text{ if black}]$ |
| Male | ≤0.9 | | $141 \times (\text{Scr}/0.9)^{-0.411} \times 0.993^{\text{Age}} [\times 1.159 \text{ if black}]$ |
| Male | >0.9 | | $141 \times (\text{Scr}/0.9)^{-1.209} \times 0.993^{\text{Age}} [\times 1.159 \text{ if black}]$ |
| CKD-EPI cystatin C equation§ | | | |
| Female or male | | ≤0.8 | $133 \times (\text{Scys}/0.8)^{-0.499} \times 0.996^{\text{Age}} [\times 0.932 \text{ if female}]$ |
| Female or male | | >0.8 | $133 \times (\text{Scys}/0.8)^{-1.328} \times 0.996^{\text{Age}} [\times 0.932 \text{ if female}]$ |
| CKD-EPI creatinine–cystatin C equation¶ | | | |
| Female | ≤0.7 | ≤0.8 | $130 \times (\text{Scr}/0.7)^{-0.248} \times (\text{Scys}/0.8)^{-0.375} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |
| | | >0.8 | $130 \times (\text{Scr}/0.7)^{-0.248} \times (\text{Scys}/0.8)^{-0.711} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |
| Female | >0.7 | ≤0.8 | $130 \times (\text{Scr}/0.7)^{-0.601} \times (\text{Scys}/0.8)^{-0.375} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |
| | | >0.8 | $130 \times (\text{Scr}/0.7)^{-0.601} \times (\text{Scys}/0.8)^{-0.711} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |
| Male | ≤0.9 | ≤0.8 | $135 \times (\text{Scr}/0.9)^{-0.207} \times (\text{Scys}/0.8)^{-0.375} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |
| | | >0.8 | $135 \times (\text{Scr}/0.9)^{-0.207} \times (\text{Scys}/0.8)^{-0.711} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |
| Male | >0.9 | ≤0.8 | $135 \times (\text{Scr}/0.9)^{-0.601} \times (\text{Scys}/0.8)^{-0.375} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |
| | | >0.8 | $135 \times (\text{Scr}/0.9)^{-0.601} \times (\text{Scys}/0.8)^{-0.711} \times 0.995^{\text{Age}} [\times 1.08 \text{ if black}]$ |



Table 3. Use of the CKD-EPI Creatinine Equation (2009), CKD-EPI Cystatin C Equation (2012), and CKD-EPI Creatinine–Cystatin C Equations (2012) in the External-Validation Data Set Comprising 1119 Participants.*

| Variable | Estimated GFR | | | |
|---|---|---------------------|---------------------|---------------------|
| | Overall | <60 | 60–89 | ≥90 |
| | <i>ml/min/1.73 m² of body-surface area</i> | | | |
| Bias — median difference (95% CI) | | | | |
| Creatinine equation | 3.7 (2.8 to 4.6) | 1.8 (1.1 to 2.5) | 6.6 (3.5 to 9.2) | 11.1 (8.0 to 12.5) |
| Cystatin C equation | 3.4 (2.3 to 4.4) | 0.4 (–0.5 to 1.4) | 6.0 (4.6 to 8.5) | 8.5 (6.5 to 11.2) |
| Creatinine–cystatin C equation | 3.9 (3.2 to 4.5) | 1.3 (0.5 to 1.8) | 6.9 (5.0 to 8.9) | 10.6 (9.5 to 12.7) |
| Average of creatinine and cystatin C† | 3.5 (2.8 to 4.1) | 0.4 (–0.3 to 0.8) | 6.5 (4.6 to 8.4) | 11.9 (9.9 to 13.9) |
| Precision — IQR of the difference (95% CI) | | | | |
| Creatinine equation | 15.4 (14.3 to 16.5) | 10.0 (8.9 to 11.0) | 19.6 (17.3 to 23.2) | 25.0 (21.6 to 28.1) |
| Cystatin C equation | 16.4 (14.8 to 17.8) | 11.0 (10.0 to 12.4) | 19.6 (16.1 to 23.1) | 22.6 (18.8 to 26.3) |
| Creatinine–cystatin C equation | 13.4 (12.3 to 14.5) | 8.1 (7.3 to 9.1) | 15.9 (13.9 to 18.1) | 18.8 (16.8 to 22.5) |
| Average of creatinine and cystatin C equations† | 13.9 (12.9 to 14.7) | 7.9 (7.1 to 9.0) | 15.8 (13.9 to 17.7) | 18.6 (16.1 to 22.2) |
| Accuracy — % (95% CI)‡ | | | | |
| 1–P ₃₀ | | | | |
| Creatinine equation | 12.8 (10.9 to 14.7) | 16.6 (13.6 to 19.7) | 10.2 (6.4 to 14.2) | 7.8 (5.1 to 11.0) |
| Cystatin C equation | 14.1 (12.2 to 16.2) | 21.4 (18.2 to 24.9) | 12.7 (8.5 to 17.4) | 2.2 (0.6 to 3.9) |
| Creatinine–cystatin C equation | 8.5 (7.0 to 10.2) | 13.3 (10.7 to 16.1) | 5.3 (2.7 to 8.2) | 2.3 (0.9 to 4.2) |
| Average of creatinine and cystatin C equations† | 8.2 (6.7 to 9.9) | 12.1 (9.5 to 14.8) | 6.4 (3.6 to 9.7) | 2.9 (1.3 to 4.9) |
| 1–P ₂₀ | | | | |
| Creatinine equation | 32.9 (30.1 to 35.7) | 37.2 (33.1 to 41.2) | 31.1 (25.1 to 37.4) | 26.5 (21.7 to 31.4) |
| Cystatin C equation | 33.0 (30.3 to 35.7) | 42.1 (38.2 to 46.1) | 29.3 (23.6 to 35.4) | 19.4 (15.4 to 23.7) |
| Creatinine–cystatin C equation | 22.8 (20.4 to 25.2) | 28.6 (25.1 to 32.4) | 17.8 (13.3 to 22.9) | 16.2 (12.4 to 20.5) |
| Average of creatinine and cystatin C equations† | 23.7 (21.3 to 26.1) | 29.1 (25.7 to 32.8) | 17.6 (13.2 to 22.4) | 18.8 (14.6 to 23.2) |

BIS2: $767 \times \text{cystatin C}^{-0.61} \times \text{creatinine}^{-0.40} \times \text{age}^{-0.57} \times$
 0.87 (if female)
 CKD-EPI:

$$\text{eGFR} = 130 \times \text{cystatin C}^{-1.069} \times \text{age}^{-0.117} - 7,$$

$$\text{FAS}_{\text{cysC}} = \frac{107.3}{\frac{\text{ScysC}}{Q_{\text{cysC}}}} \times \left[0.988^{(\text{Age}-40)} \text{ when age} > 40 \text{ years} \right].$$

$$\text{FAS}_{\text{combi}} = \frac{107.3}{\alpha \times \frac{\text{Scr}}{Q_{\text{crea}}} + (1 - \alpha) \times \frac{\text{ScysC}}{Q_{\text{cysC}}}} \times \left[0.988^{(\text{Age}-40)} \text{ when age} > 40 \text{ years} \right].$$



Cystatin C

- + for Combined, children
- “Cost-effectiveness?”
- Some imprecision still persists at the individual level



Comparing GFR Estimating Equations Using Cystatin C and Creatinine in Elderly Individuals

Li Fan,^{*†} Andrew S. Levey,^{*} Vilmundur Gudnason,^{‡§} Gudny Eiriksdottir,[‡] Margret B. Andresdottir,^{||} Hrefna Gudmundsdottir,^{§||} Olafur S. Indridason,^{||} Runolfur Palsson,^{§||} Gary Mitchell,^{¶||} and Lesley A. Inker^{*}

J Am Soc Nephrol 26: 1982–1989, 2015.

N=805
+74 y

| Equation | Bias Median Difference | Precision IQR | Accuracy P ₃₀ |
|--------------------|---------------------------------|----------------------------------|----------------------------------|
| eGFR _{Cr} | | | |
| CKD-EPI | -2.7 (-3.3 to -2.1) | 12.1 (11.2 to 13.4) | 91.7 (89.9 to 93.4) |
| Japanese | 10.5 (9.8 to 11.2) ^c | 10.9 (9.7 to 12.1) ^a | 86.3 (83.9 to 88.6) ^c |
| BIS | 5.7 (5.1 to 6.4) ^c | 11.9 (10.6 to 12.7) ^a | 95.8 (94.4 to 97.1) ^b |

^aNo different than CKD-EPI.

^bBetter than CKD-EPI.

^cWorse than CKD-EPI.



Comparison of glomerular filtration rate estimating equations derived from creatinine and cystatin C: validation in the Age, Gene/Environment Susceptibility-Reykjavik elderly cohort

Table 2. Bias (median eGFR–mGFR, mL/min/1.73 m²), precision (IQR, mL/min/1.73 m²), absolute accuracy (median, percent) and P₃₀ accuracy (percentage of GFR estimated within 30% of mGFR) of GFR estimating equations based on creatinine and the combination of creatinine and cystatin C in the AGES-Kidney cohort (*n* = 805)

| Variables | LMR _{Cr} | FAS _{Cr} | CKD-EPI _{Cr} | MEAN _{LMR+CAPA} | FAS _{Cr+Cys} | CKD-EPI _{Cr+Cys} |
|--------------------------|-------------------------------------|-------------------------------------|------------------------|-------------------------------------|-------------------------------------|---------------------------|
| Bias | –4.8 (–5.4 to –4.2) ^a | –5.7 (–6.3 to –5.1) ^a | 2.7 (2.1 to 3.3) | –2.7 (–3.2 to –2.1) ^a | –5.9 (–6.5 to –5.4) ^a | 0.6 (–0.1 to 1.2) |
| Precision | 10.8 (10.1 to 11.5) ^b | 10.7 (9.9 to 11.9) ^b | 12.1 (11.2 to 13.4) | 9.3 (8.5 to 10.1) ^c | 10.0 (9.1 to 10.9) ^c | 10.2 (9.0 to 11.1) |
| Absolute accuracy | 11.4 (10.3 to 12.3) ^c | 12.1 (11.1 to 13.2) ^a | 10.2 (9.3 to 11.0) | 8.5 (8.0 to 9.2) ^c | 11.3 (10.5 to 12.3) ^a | 8.1 (7.5 to 8.9) |
| P ₃₀ accuracy | 95.0 (93.5 to 96.5) ^b | 95.8 (94.4 to 97.2) ^b | 91.7 (89.9 to 93.4) | 97.3 (96.2 to 98.4) ^b | 97.8 (96.7 to 98.8) ^b | 96.1 (94.8 to 97.4) |

Data are presented with 95% CIs.

^aSignificantly worse (*P* < 0.05) than corresponding CKD-EPI equation.

^bSignificantly better (*P* < 0.05) than corresponding CKD-EPI equation.

^cNo statistical difference (*P* ≥ 0.05) compared with corresponding CKD-EPI equation.

N=804, from 74 to 93 years old



Jonas Björk, Sten Erik Bäck, Natalie Ebert, Marie Evans, Anders Grubb, Magnus Hansson, Ian Jones, Edmund J. Lamb, Peter Martus, Elke Schaeffner, Per Sjöström and Ulf Nyman*

GFR estimation based on standardized creatinine and cystatin C: a European multicenter analysis in older adults

Table 2: Bias, precision and accuracy (95% confidence intervals) of creatinine, cystatin C and combined-marker equations in adults ≥ 70 years.

| Equations | Bias | Precision | Absolute accuracy | P ₁₅ accuracy | P ₃₀ accuracy |
|---|---------------------|------------------|-------------------|--------------------------|--------------------------|
| Creatinine (n=3226) | | | | | |
| BIS1 | 1.7 (1.2 to 2.0) | 11.6 (11.1–12.1) | 14.8 (14.1–15.5) | 50.7 (48.9–52.4) | 77.5 (76.1–78.9) |
| BIS1 (no Berlin data, n=2569) | 2.0 (1.6 to 2.4) | 11.6 (11.1–12.1) | 16.3 (15.5–17.1) | 46.6 (44.7–51.1) | 73.8 (72.1–75.5) |
| CKD-EPI | 3.6 (3.2 to 4.0) | 12.3 (11.9–13.0) | 16.3 (15.6–17.0) | 46.3 (44.6–48.0) | 76.4 (74.9–77.9) |
| FAS | 0.6 (0.3 to 0.9) | 11.1 (10.6–11.5) | 14.0 (13.4–14.5) | 53.3 (51.5–55.0) | 80.9 (79.5–82.3) |
| LMR | -0.7 (-1.0 to -0.4) | 10.5 (10.1–11.0) | 13.8 (13.3–14.3) | 54.2 (52.4–55.9) | 83.5 (82.2–84.8) |
| LMR (no Lund data, n=2309) | -1.0 (-1.5 to -0.6) | 11.0 (10.5–11.6) | 13.9 (13.3–14.4) | 53.9 (51.8–55.9) | 83.7 (82.2–85.2) |
| Cystatin C (n=2638) | | | | | |
| CAPA | -1.4 (-1.8 to -1.0) | 11.9 (11.3–12.6) | 15.7 (14.9–16.5) | 48.2 (46.3–50.1) | 80.3 (78.8–81.8) |
| CAPA (no Lund data, n=1721) | 1.0 (0.5 to 1.6) | 13.1 (12.3–13.8) | 14.1 (13.3–15.0) | 52.3 (49.9–54.7) | 82.5 (80.7–84.3) |
| CKD-EPI | -2.7 (-3.1 to -2.3) | 11.8 (11.3–12.5) | 16.4 (15.7–17.1) | 46.1 (44.2–48.0) | 78.8 (77.3–80.4) |
| FAS | -1.1 (-1.6 to -0.8) | 12.2 (11.7–12.8) | 15.1 (14.3–16.0) | 49.8 (47.9–51.8) | 80.9 (79.4–82.4) |
| Creatinine + cystatin C (n=2638) | | | | | |
| BIS2 | -1.2 (-1.5 to -0.8) | 10.5 (10.0–11.0) | 12.1 (11.6–12.8) | 58.4 (56.5–60.3) | 85.7 (84.4–87.0) |
| BIS2 (no Berlin data, n=1981) | -1.9 (-2.3 to -1.4) | 10.9 (10.4–11.4) | 14.0 (13.2–14.7) | 52.7 (50.5–54.9) | 82.6 (80.9–84.3) |
| CKD-EPI | -0.1 (-0.4 to 0.2) | 10.2 (9.6–10.8) | 12.8 (12.3–13.3) | 56.8 (54.9–58.7) | 86.8 (85.5–88.1) |
| FAS | -0.8 (-1.1 to -0.5) | 10.1 (9.7–10.7) | 12.2 (11.5–12.7) | 58.7 (56.8–60.6) | 85.7 (84.4–87.1) |
| MEAN _{LMR+CAPA} | -1.0 (-1.3 to -0.6) | 9.2 (8.8–9.6) | 11.9 (11.3–12.4) | 61.4 (59.6–63.3) | 88.7 (87.5–89.9) |
| MEAN _{LMR+CAPA} (no Lund data, n=1721) | 0.1 (-0.3 to 0.6) | 9.7 (9.1–10.3) | 11.1 (10.6–11.8) | 63.6 (61.4–65.9) | 89.0 (87.5–90.5) |

Median bias (eGFR–mGFR) and precision (interquartile range) expressed in mL/min/1.73 m², and median absolute accuracy ((eGFR–mGFR)/mGFR) expressed in percent, and P₁₅ and P₃₀ accuracy (percentage of GFR estimates within 15% and 30% of measured GFR).

5 cohortes > 70 y

Creatinine

Bias: worse for CKD-EPI

Precision: best for LM and FAS

Accuracy: LM>FAS>CKD-EPI

Cystatin C

No difference between

No difference with creat

Combined

+5 to 10% compared to creatinine

LM+CAPA slightly better

Why ?

- Safer in the old
- « History »
- Volume of distribution



« Safer » doses in the elderly

Nephrol Dial Transplant (2007) 22: 2894–2899
 doi:10.1093/ndt/gfm289
 Advance Access publication 16 June 2007

Original Article

Use of GFR equations to adjust drug doses in an elderly multi-ethnic group—a cautionary tale

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Open Access

Research



Renal function estimations and dose recommendations for dabigatran, gabapentin and valaciclovir: a data simulation study focused on the elderly

Anders Hellmén,¹ Ingegerd Odar-Cederlöf,¹ Göran Nilsson,² Susanne Sjövik,³ Anders Söderström,⁴ Mia von Euler,^{1,5} Gunnar Öhlén,⁶ Ulf Bergman^{1,7,8}

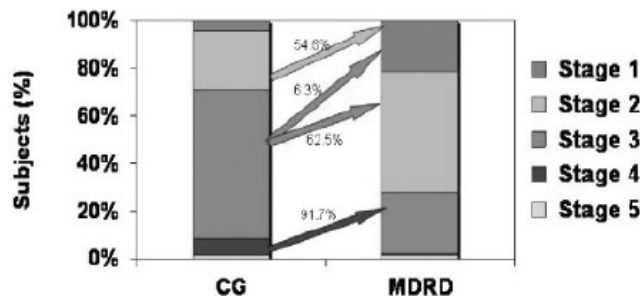
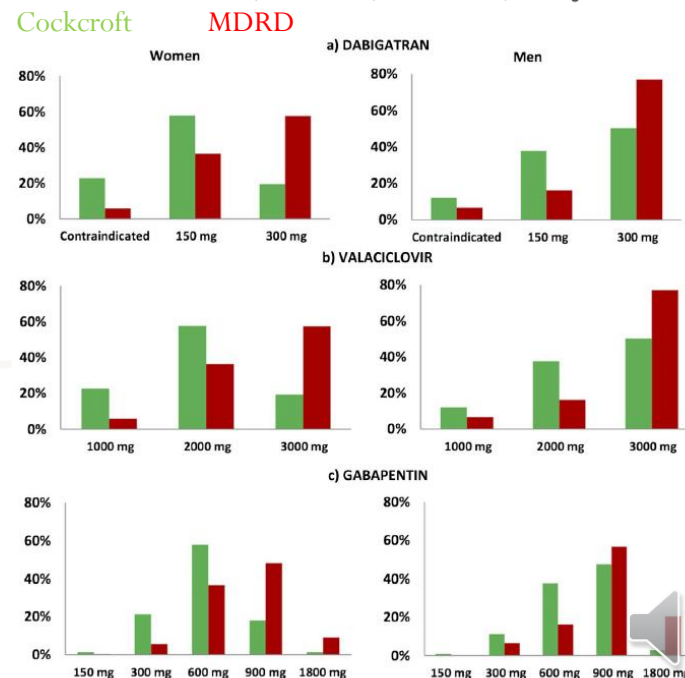


Fig. 2. Impact of MDRD on CG-based stages of CKD. In general, MDRD classified the majority of subjects into a different stage of CKD than CG. A 54.6% of subjects classified as stage 2 CKD by CG, were reclassified as stage 1 by MDRD. A 6.3% of patients classified as stage 3 CKD by CG were reclassified as stage 1 by MDRD and 62.5% were reclassified to stage 2 by MDRD. A 91.7% of patients classified as stage 4 by CG, were reclassified to stage 3 by MDRD.

Decrease in DIGOXINE dosage:

MDRD: 46/179

Cockcroft: 104/179



Cockcroft and History

**I think that history
will be kind
to me, because
I intend to
write it myself**

~ Winston Churchill ~



Cockcroft and volume of distribution

- Volume of distribution is important for drug dosage adaptation
- Weight is a proxy for volume of distribution



What about guidelines?



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

17 December 2015
EMA/CHMP/83874/2014
Committee for Medicinal Products for Human use (CHMP)

Guideline on the evaluation of the pharmacokinetics of medicinal products in patients with decreased renal function

They don't take position



Guidance for Industry

Pharmacokinetics in Patients with Impaired Renal Function — Study Design, Data Analysis, and Impact on Dosing and Labeling

DRAFT GUIDANCE

This guidance document is being distributed for comment purposes only.

Comments and suggestions regarding this draft document should be submitted within 60 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit comments to the Division of Dockets Management (HFA-305), Food and Drug Administration, 5630 Fishers Lane, rm. 1061, Rockville, MD 20852. All comments should be identified with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions regarding this draft document contact (CDER) Shiew-Mei Huang, 301-796-1541, or (CDER) Lei Zhang, 301-796-1635.

Either the C-G or MDRD equation can be used to assign subjects to a renal impairment group or stage, and PK results should be shown for both C-G estimates of creatinine clearance and eGFR. Creatinine clearance calculated using timed urine collections (e.g., 24 hours) is not suitable for routine clinical practice or clinical trials and in many settings does not improve estimates of GFR over that provided by prediction equations.



Limitations of eGFR = creatinine

Specific population: eGFR is not
magic!!
Keep our clinical feeling!!

- Anorexia Nervosa (Delanaye P, Clin Nephrol, 2009, 71, 482)*
- Cirrhotic (Skruzacek PA, Am J Kidney Dis, 2003, 42, 1169)*
- Intensive Care (Delanaye P, BMC Nephrology, 2014, 15, 9)*
- Severely ill (Poggio ED, Am J Kidney Dis, 2005, 46, 242)*
- Heart transplanted (Delanaye P, Clin Transplant, 2006, 20, 596)*
- Kidney transplantation (Masson I, Transplantation, 2013, 95, 1211)*
- Obese (Bouquegneau A, NDT, 2013, 28, iv122)*
- Elderly (Schaeffner E, Ann Intern Med, 2012, 157, 471)*
- Hyperfiltration (Gaspari F, Kidney Int, 2013, 84, 164)*



Measuring GFR: Why?

Question of precision!

- The decision to initiate dialysis
- Sarcopenic individuals
- Extreme body size
- Cirrhosis, ICU, Hyperfiltration
- Living kidney donation
- Dosing a potentially nephrotoxic drug
- Clinical research, EMA
- No definitive proof...





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CKJ Review

CKJ REVIEW

Iohexol plasma clearance for measuring glomerular filtration rate in clinical practice and research: a review. Part 1: How to measure glomerular filtration rate with iohexol?

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Conclusions

- GFR is physiologically declining with age
- The threshold for « normality » in the elderly could be 45 mL/min/1.73m²
- Estimating GFR in the elderly is difficult...and still subject of debate
- New EKFC equation
- Interest of cystatin C (combined equations)
- Measuring GFR in very specific populations/indications



**Thank you for your
attention!**

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