

1 **Discovery of biomarker candidates associated with the risk of short- and mid/long-term**
2 **relapse after infliximab withdrawal in Crohn's patients: a proteomics-based study**

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26 **ABSTRACT**

27 **Objective** A subset of Crohn's disease (CD) patients experiences mid/long-term remission
28 after infliximab withdrawal. Biomarkers are needed to identify those patients.

29 **Design** New biomarkers of relapse were searched in the baseline serum of CD patients
30 stopping infliximab when they were under combined therapy (antimetabolite and infliximab)
31 and stable clinical remission (STORI cohort, n=102). From shotgun proteomics experiment
32 (discovery step), biomarker candidates were identified and further targeted by selected
33 reaction monitoring (verification step). The dataset was stratified to search for markers of
34 short- (<6 months) or mid/long-term relapse (>6 months). The risk of relapse and the
35 predicting capacity associated with biomarker candidates were evaluated using univariate Cox
36 model and log-rank statistic, respectively. To test their complementary predicting capacity,
37 biomarker candidates were systematically combined in pairs.

38 **Results** Distinct biomarker candidates were associated with the risk (hazard ratio: HR) of
39 short- (15 proteins, $2.9 < HR < 16.1$, $p < 0.05$) and mid/long-term (17 proteins, $2 < HR < 4.4$,
40 $p < 0.05$) relapse, they reflect different pathophysiological processes. In stratified and non-
41 stratified datasets, novel marker combinations exhibited a high predicting capacity as shown
42 by their higher Z-scores ($FDR < 0.001$) than CRP and faecal calprotectin (current references in
43 predicting relapse).

44 **Conclusion** We identified for the first time circulating biomarker candidates associated with
45 the risk of mid/long-term relapse in CD patients stopping infliximab. We also highlight a
46 sequence of pathophysiological processes leading to relapse, this could help to better
47 understand the disease progression. Our findings may pave the way for a better non-invasive
48 evaluation of the risk of relapse when contemplating anti-TNF α withdrawal in CD patients.

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52 **What is already known about this subject?**

- 53 ▶ After infliximab withdrawal, a subset of Crohn's disease (CD) patients experiences a
54 mid/long-term remission.
- 55 ▶ C-reactive protein (CRP) and faecal calprotectin are currently the most broadly used
56 biomarkers to predict a short-term (<6 months) relapse after infliximab withdrawal in
57 CD patients.
- 58 ▶ Biomarkers predicting a mid/long-term (>6 months) relapse are needed.

59 **What are the new findings?**

- 60 ▶ The risk of short- and mid/long-term relapse were associated with specific proteins
61 reflecting distinct pathological processes.
- 62 ▶ Novel and simple combinations of two biomarker candidates showed a high potential
63 to predict the relapse when they were compared to CRP and faecal calprotectin.

64 **How might it impact on clinical practice in the foreseeable future?**

- 65 ▶ By providing a mid/long-term perspective in predicting relapse, the new biomarker
66 candidates could become an essential tool for clinicians when contemplating
67 infliximab withdrawal in CD patients.

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76 INTRODUCTION

77 In Crohn's disease (CD), the introduction of biologics directed against the tumour necrosis
78 factor α (TNF α) noticeably improved the patient's quality of life by inducing and maintaining
79 remission and by reducing hospitalisations and surgical resections [1–3]. This relative success
80 leads to a new challenge for clinicians: when to stop anti-TNF α in patients experiencing long-
81 standing clinical remission[4–6]? In properly identified cases, stopping anti-TNF α would be
82 beneficial for both patients and healthcare system. Indeed, long-term exposure to anti-TNF α
83 has been associated with serious adverse events (e.g., infections, lymphoma, melanoma and
84 non-melanoma skin cancer)[7–10] and a loss of response[11,12]. On the other hand, chronic
85 treatment with anti-TNF α remains costly and its long-term cost-effectiveness is still
86 uncertain[13,14]. For instance, a Dutch study reported that anti-TNF α treatment represents the
87 main part (64%) of the healthcare costs related to the management of CD patients[15]. In this
88 context, intensive research has been conducted to find predictors of relapse[16]. The search of
89 biomarkers predicting the relapse after anti-TNF α withdrawal has been mainly conducted by
90 measuring classical parameters used in routine practice (e.g., C-reactive protein: CRP, faecal
91 calprotectin, haemoglobin, platelet count, leukocyte count)[16]. Although such approach is
92 simple and can be easily translated to clinical practice, it does not allow for the discovery of
93 new biomarkers showing interest in predicting relapse. Currently, CRP and faecal calprotectin
94 are recognised by experts as the best biomarkers to evaluate the risk of relapse after stopping
95 biologics[6]. However, these predictors seem to be essentially associated with the risk of
96 short-term relapse (<6 months)[17,18] while a median time to relapse ranging from 4.8 to
97 16.4 months after infliximab withdrawal has been reported[19]. Thus, identification of
98 biomarkers predicting a longer-term relapse (>6 months) is an unmet clinical need. From a
99 biological point of view, CRP and faecal calprotectin seem to testify of an ongoing
100 inflammation related to an advanced state of the pathophysiological process leading to

101 relapse. They most probably do not reflect the upstream defect of the immune system. This
102 fundamental part of the pathophysiological process could be captured by new biomarkers, i.e.,
103 proteins that would predict a mid/long-term relapse.

104 In the present study, we performed the classical workflow dedicated to the search of novel
105 protein biomarkers[20]. In a shotgun proteomics experiment (discovery step), we identified
106 biomarker candidates which were further targeted (verification step) by selected reaction
107 monitoring (SRM). The two experiments (discovery and verification) were conducted on
108 baseline serum of patients included in the study of infliximab diSconTinuatiOn in CrOhn's
109 disease patients in stable Remission on combined therapy with Immunosuppressors
110 (STORI)[21]. This study was specifically designed to investigate predictors of relapse after
111 infliximab withdrawal in CD patients.

112 To test the hypothesis of different biomarkers for the short- and mid/long-term relapse, we
113 also stratified the dataset according to the time to relapse, either short- (<6 months) or
114 mid/long-term (>6 months) relapse. The predicting capacity of the studied markers was
115 compared to CRP and faecal calprotectin.

116

117 **METHODS**

118 **Subjects and samples**

119 STORI is a prospective and multicentre study which aimed to determine the risk factors of
120 relapse in CD patients after stopping the infliximab treatment[21]. The included CD patients
121 (102 out of the initial 115 patients in STORI; Table 1) were on a corticosteroid-free clinical
122 remission, defined by a CD activity index (CDAI)<150 for at least 6 months and they were
123 treated with a combined therapy (infliximab and antimetabolites) for at least one year. At
124 baseline, these patients stopped infliximab and continued antimetabolite. To investigate
125 predictive markers of relapse, we analysed the blood samples taken at baseline. After blood

126 clotting and centrifugation, sera were stored at -80 C° until analysis. During the follow-up, a
127 relapse was defined by a CDAI>250 or a CDAI between 150 and 250 with a 70-point increase
128 from baseline over two consecutive weeks. The study protocol and documents were approved
129 by the French Ethics Committee- Hôpital Saint-Louis (CPP 2005/14) and the AFSSAPS
130 (0809/ALV/EG05). The investigational review board at each of the participating centers
131 approved the protocol. All patients gave their written informed consent before screening.
132 Patients or the public were not involved in the design, or conduct, or reporting, or
133 dissemination plans of our research.

134

135 **Biomarker discovery strategy**

136 Online supplementary methods.

137

138 **Clinical measurement of faecal calprotectin and CRP**

139 Faecal calprotectin and CRP were measured using respectively the PhiCal[®] ELISA (Lysaker,
140 Norway) and the high-sensitivity turbidimetric immunoassay (hsCRP) as previously
141 described[22]. CRP was measured in all samples (n=102) and faecal calprotectin was
142 measured on 77 available samples.

143

144 **Statistical analysis**

145 The dataset was stratified to search for markers of short- (<6 months) or mid/long-term
146 relapse (>6 months). Since the short- and the mid/long-term relapses are not defined in the
147 literature, this stratification strategy was somewhat arbitrary. However, this choice was
148 supported by data showing, as early as 4-6 months before the relapse, an elevation of CRP and
149 faecal calprotectin, the markers already associated with the prediction of short-term
150 relapse[17,18,23]. In the dataset corresponding to the short-term relapse (<6 months), the

151 mid/long-term relapsers (n=29) were classified as non-relapsers and the non-relapser follow-
152 ups were censored at 6 months. Thus, this dataset was composed of 102 patients (15 relapsers:
153 R and 87 non-relapsers: NR). The dataset corresponding to the mid/long-term relapse (>6
154 months) was obtained by eliminating short-term relapsers (n=15) and non-relapsers with a
155 follow-up inferior to 6 months (n=14). Thus, this dataset was composed of 73 patients (29 R
156 and 44 NR). All statistical analyses were performed in the stratified and non-stratified
157 datasets.

158 For each protein, an optimal cut-off was identified as the one maximising the Youden's index.
159 From these cut-offs, the classification of patients (below vs above the cut-off) was obtained
160 for each protein in each dataset. Then, association of each protein with time to relapse was
161 assessed with the univariate Cox model. This method generated for each protein the hazard
162 ratio (HR) which can be interpreted as a measure of a relative risk of relapse. The reference
163 (HR=1) was defined as the patients having a protein level under the cut-off. For a given
164 protein "A", a $HR > 1$ or a $HR < 1$ means that increase or decrease of "A" is associated with a
165 risk of relapse, respectively. The survival curves were estimated using the Kaplan-Meier
166 method and they were compared with the log-rank test.

167 We performed the systematic combinations of two biomarker candidates with the "AND" or
168 "OR" logical operators (n=2556 combinations per dataset and per logical operator). To control
169 the false discovery rate (FDR) associated with this high number of tested combinations, log-
170 rank p-values were adjusted with the Benjamini–Hochberg procedure. This correction was not
171 applied to CRP and faecal calprotectin since these biomarkers were used as references. The
172 proportional hazard assumption was checked using both the Schoenfeld's residuals test and
173 graphically by verifying whether the survival curves crossed. As appropriate, proteins that did
174 not respect the proportional hazard assumption were not presented. The strength of
175 association between two variables was evaluated with the Spearman's rank correlation.

176 Survival analyses and volcano plots were generated using lifelines Python library[24] and
177 ggplot2 R package, respectively. The p-values or FDR<0.05 were considered significant.

178

179 **RESULTS**

180 **Study population and overview of the biomarker discovery strategy**

181 The patients' clinical characteristics are presented in Table 1. We observed 44/102 relapsers
182 (R) with a median (interquartile range: IQR) time to relapse of 6.7 (4.2-11.2) months and
183 58/102 non-relapsers (NR), with a median (IQR) time of follow up of 22.9 (6.6-30.1) months.

184 The biomarker discovery strategy is presented in Figure 1. We used the asset of mass
185 spectrometry-based proteomics to investigate a large number of proteins during the discovery
186 step. We then developed an in-house targeted method using SRM, a mass spectrometry-based
187 technology allowing an accurate and robust quantitative approach with a high degree of
188 multiplexing and a broad dynamic range (around five orders of magnitude)[25,26]. Candidate
189 biomarkers highlighted by the discovery study were finally assayed by our SRM method
190 during a verification step. In the discovery step, 849 proteins were identified and quantified in
191 the serum pools of relapsers (n=6) and non-relapsers (n=7) patients from the STORI cohort
192 (online supplementary method 1). Among these proteins, 252 were considered candidate
193 biomarkers since they were differentially abundant between relapsers and non-relapsers
194 (online supplementary method 1, online supplementary table 1). After a technical
195 development (online supplementary method 2), 91/252 biomarker candidates were included in
196 the SRM method. During the verification step, the SRM method was applied to individual
197 samples of the STORI cohort (n=102, online supplementary method 3). After inspection of the
198 SRM data, 19 proteins were eliminated of the dataset (online supplementary method 4). The
199 curated SRM dataset contained 72 biomarker candidates (online supplementary table 2). The
200 quality controls of the SRM method are detailed in online supplementary method 4.

201

202 **Common and distinct markers associated with the risk of short- and mid/long-term**
203 **relapse**

204 We first stratified the dataset to test whether the studied proteins were associated with the risk
205 of short-term (<6 months) and/or mid/long-term (>6 months) relapse (see methods). The
206 median (IQR) time to relapse was 3.6 (2.8-4.1) and 9.8 (6.7-12.5) months in the short- and
207 mid/long-term relapse datasets, respectively.

208 We used faecal calprotectin and CRP as references since they are the most recognised
209 biomarkers of relapse after anti-TNF α withdrawal in CD patients. The faecal calprotectin was
210 added in the data analysis while CRP was a biomarker candidate included in our SRM method
211 (online supplementary table 2). As shown in Figure 2, the measure of CRP by SRM was
212 highly correlated ($r=0.96$) with the one performed by high-sensitivity turbidimetric
213 immunoassay (gold standard). In addition to support the quality of our in-house developed
214 SRM method, this result indicated that the measure of CRP by SRM can be used as an
215 appropriate reference.

216 In the stratified and non-stratified datasets, we determined the risk of relapse associated with
217 each protein through the hazard ratio (HR) generated by the univariate Cox model. As
218 hypothesised, we identified proteins specifically associated with the risk of short-term ($n=15$)
219 or mid/long-term ($n=17$) relapse (Figures 3, online supplementary table 3). We depicted the
220 Log₂ HR of each protein in volcano plots (Figure 4). For a given protein, a positive or a
221 negative Log₂ HR means a risk of relapse linked to an increase or a decrease level of this
222 protein, respectively (see methods). Patients who experienced a short-term relapse were
223 characterised by an innate immune response which seems to originate mainly from the liver.
224 Indeed, the risk of short-term relapse was specifically associated with increased circulating
225 levels of proteins that are mainly produced by the liver: acute-phase reactants (ceruloplasmin:

226 CP; haptoglobin-related protein: HPR; inter-alpha-trypsin inhibitor heavy chain H3: ITIH3;
227 leucine-rich alpha-2-glycoprotein: LRG1 and serum amyloid P-component: APCS) and
228 factors of the complement system (complement C3: C3; complement C4-B: C4B;
229 complement C5: C5; complement factor H: CFH and complement factor H-related protein 2:
230 CFHR2 and mannose-binding protein C: MBL2) (Figure 4A; online supplementary table 3).
231 As expected, increased circulating level of CRP was associated with the risk of short-term
232 relapse (Figure 4A). In the mid/long-term relapse dataset, the CRP variable did not respect the
233 proportional hazard assumption required for the Cox model thus forbidding to depict this
234 protein in the volcano plot (Figure 4B) since the associated statistic may not be valid. Herein,
235 the non-respect of this assumption simply testifies that CRP cannot predict the mid/long-term
236 relapse. Indeed, the survival curves showed the ability of CRP to predict short-term but not
237 mid/long-term relapse (Figures 5A and 5B).

238 Compared to the specific markers of short-term relapse, the specific markers of mid/long-term
239 relapse presented a distinct and heterogeneous biological meaning (Figures 4A and 4B; online
240 supplementary table 3). A decrease of their circulating levels was, in most of the cases
241 (13/17), associated with the risk of mid/long-term relapse. This may reflect a partial
242 weakening of the immune defence as shown by the distribution of carboxypeptidase N subunit
243 2 (CPN2), histidine-rich glycoprotein (HRG), immunoglobulin heavy constant alpha 1
244 (IGHA1), immunoglobulin J chain (JCHAIN), immunoglobulin kappa variable 4-1 (IGKV4-
245 1) and mannan-binding lectin serine protease 2 (MASP2). Some of the specific markers of
246 mid/long-term relapse are involved in angiogenesis (HRG; serpin family F member 1:
247 SERPINF1) and others seem to indicate an activation of leukocytes (neutrophil defensin:
248 DEFA1; L-selectin: SELL). In addition to liver, some of them (5/17) mainly originate from
249 immune cells: IGHA1, IGKV4-1, JCHAIN, SELL and DEFA1 (online supplementary table
250 3). Finally, some of the specific markers of mid/long-term relapse are involved in the

251 complement system. A decrease (CPN2 and MASP2) or an increase (complement component
252 C6: C6; complement factor B: CFB) of their circulating levels was associated with the risk of
253 mid/long-term relapse.

254 Ten proteins were associated with the risk of both short- and mid/long-term relapse (Figure 3).
255 Some of those markers were more significantly associated with the risk of either short-term
256 (alpha-1-acid glycoprotein 1: ORM1; beta-2-glycoprotein 1: APOH; beta-ala-his dipeptidase:
257 CNDP1; haptoglobin: HP; complement component C9: C9 and serotransferrin: TF) or
258 mid/long-term relapse (apolipoprotein A-I: APOA1) (Figures 4D and 4E; online
259 supplementary table 4). The distribution of HP, ORM1 and TF underlined, once again, that
260 short-term relapsers presented evident signs of an ongoing acute-phase response (Figure 4D).
261 Such observations emphasise the coherence of the present dataset. The complement
262 component C8 beta chain (C8B) and the plasminogen (PLG) presented a similar statistical
263 association with the risk of short- and mid/long-term relapse (Figures 4D and 4E; online
264 supplementary table 4). However, increased circulating level of C8B was associated with the
265 risk of short- and mid/long-term relapse while increased and decreased circulating level of
266 PLG were associated with the risk of short- and mid/long-term relapse, respectively (Figures
267 4D and 4E; online supplementary table 4). These examples show the different dynamics of
268 markers before the relapse. In a subset of the cohort (n=77), faecal calprotectin was associated
269 with the risk of short- and mid/long-term relapse (Figures 4D and 4E). In the non-stratified
270 dataset, haptoglobin and faecal calprotectin showed similar statistical association with the risk
271 of relapse (Figure 4F). As shown Figures 4C and 4F, if no stratification was applied, some
272 relevant markers and key biological information would have been missed.

273

274 **Comparison with CRP and faecal calprotectin highlights a high potential of novel**
275 **marker combinations in predicting relapse**

276 To evaluate the potential of markers in predicting relapse, we performed the systematic
277 combinations of two of them with the “AND” or “OR” logical operators and, the combination
278 presenting the best discriminatory ability (R vs NR, based on the log-rank Z-score) was
279 compared to CRP and faecal calprotectin in each dataset (Figure 5). Novel combinations of
280 markers showed a higher log-rank Z-score than CRP and faecal calprotectin in the short-term
281 relapse dataset (7.62 vs 3.32 vs 2.85, respectively), mid/long-term relapse dataset (6.11 vs NA
282 vs 3.66) and non-stratified dataset (5.99 vs 3.58 vs 3.97). Contrary to our marker
283 combinations, CRP was not able to predict the mid/long-term relapse as shown by the
284 crossing of the survival curves and the overlapping of their confidence intervals (Figures 5B
285 and 5H). Remarkably, the selected cut-off of faecal calprotectin was higher in the short-term
286 (193 $\mu\text{g/g}$) than the mid/long-term (85 $\mu\text{g/g}$) relapse dataset (Figures 5D and 5E). A high
287 number of novel marker combinations presented a $\text{FDR} < 0.05$ and a Z-score superior to CRP
288 and faecal calprotectin (short-term relapse dataset: $n=594$; mid/long-term relapse dataset:
289 $n=176$; non-stratified dataset: $n=104$; online supplementary table 5). Taken together, these
290 results support that the newly identified markers exhibit a high potential in predicting relapse.

291

292 **DISCUSSION**

293 In the present study, we found for the first time biomarker candidates associated with the risk
294 of mid/long-term relapse (>6 months) in CD patients after stopping infliximab. Given that for
295 those patients the median time to relapse ranges from 4.8 to 16.4 months[19], our findings
296 meet a clinical need. Actually, no study clearly evaluated the time-windows in which the
297 biomarkers have a capacity to predict a relapse. By stratifying our dataset according to time to
298 relapse, we evaluated the prediction time-windows of each studied markers including the
299 current reference biomarkers of relapse CRP and faecal calprotectin. As expected, we clearly
300 demonstrated that CRP can predict a relapse if and only if it occurs within 6 months after anti-

301 TNF α withdrawal. This lack of mid/long-term perspective constitutes a real issue when the
302 question of stopping anti-TNF α arises.

303 In the present study, high level of faecal calprotectin was associated with the risk of both
304 short- and mid/long-term relapse. It probably makes sense that a marker of mucosal
305 neutrophil infiltration as faecal calprotectin reflects the whole pathological process leading to
306 relapse. Indeed, neutrophil infiltration is closely linked to the development of Crohn's lesions
307 and it is an early feature of the disease[27,28]. In line with our results, low level of faecal
308 calprotectin (<56 $\mu\text{g/g}$) predicted stable remission (median follow-up of 11 months) in IBD
309 patients with mucosal healing[29]. In our work, we found a cut-off value higher for predicting
310 short-term (193 $\mu\text{g/g}$) than mid/long-term (85 $\mu\text{g/g}$) relapse. This is in agreement with another
311 study[18] and it seems to be coherent with the disease progression. Such an observation also
312 brings a new piece in the delicate debate around the optimal cut-off value of the faecal
313 calprotectin and it could partially explain the difficulty to find a unique cut-off[30].

314 Although faecal calprotectin is a very effective predictor of CD relapse, the use of faecal
315 samples is not well accepted by patients and it is subject to practical and methodological
316 limitations[30–32]. Herein, we reported that serum haptoglobin could predict the relapse with
317 a similar performance as faecal calprotectin in the non-stratified dataset (as it is usually
318 evaluated). The potential of haptoglobin in predicting relapse needs to be confirmed in an
319 independent study. Compared to faecal calprotectin and endoscopy, circulating biomarkers
320 have the advantage to provide an objective, non-invasive and well-accepted test to evaluate
321 the risk of relapse. By comparing our results with CRP and faecal calprotectin, we showed
322 that novel and simple combinations of two circulating proteins presented a high capacity to
323 predict the relapse.

324 Mucosal healing is thought to be a favourable prognostic factor[33]. An endoscopic activity
325 (CDEIS >0) has been identified as a risk factor for relapse in CD patients stopping

326 infliximab[21]. However, this parameter presented a lower prognostic value than biomarkers
327 (CRP and calprotectin) and ~30% of patients with mucosal healing (CDEIS equal to zero)
328 relapsed within two years after cessation of the treatment[21]. Mucosal healing can also be
329 defined histologically but currently there is no validated procedure and score to evaluate
330 residual histologic activity in CD[34]. Thus, biomarkers seem to present an added value over
331 invasive methods in terms of disease course prediction and evaluation of the degree of
332 remission.

333 Albeit descriptive, our data deserve to be discussed in the context of CD pathophysiology. As
334 hypothesised, our data clearly support that short- and mid/long-term markers of relapse reflect
335 distinct parts of the pathophysiological process leading to relapse. In a coherent manner, we
336 found that the short-term relapsers were characterised by an innate immune response of the
337 liver as demonstrated by the association between the short-term risk of relapse and the
338 increased circulating levels of acute-phase reactants and complement factors. Like
339 others[17,35], we found an association between the risk of relapse and the increased
340 circulating level of the acute-phase reactant ORM1 in CD patients. According to our results,
341 acute-phase reactants and complement factors mainly reflect an advanced state of the
342 pathophysiological process leading to clinical relapse. In this work, we also explored
343 upstream events by studying markers of mid/long-term relapse. In contrast to short-term
344 relapsers, patients who experienced a longer-term relapse were not characterised by an innate
345 immune response of the liver but they seemed to present a partial weakening of the immune
346 system. This temporal information is in favour of the debated theory according to which a
347 partial immunodeficiency would be a primary defect in CD[36]. Further investigations are
348 needed to challenge such hypothesis, this is beyond the scope of the present study. In
349 accordance with the partial weakening of the immune system, our most striking finding is
350 certainly the association of the decreased circulating levels of JCHAIN and IGHA1 with the

351 risk of mid/long-term relapse. In line with this result, a decrease of JCHAIN incorporation in
352 IgA has been reported in the mucosa of Crohn's patients compared to healthy subjects[37].
353 The secretory IgA constitutes the first line defence of the epithelium against pathogens. On
354 the other hand, JCHAIN is produced by glandular and mucosal plasma cells where it plays a
355 central role in secretory immunity. Its incorporation in IgA dimers and IgM pentamers
356 positively regulates their secretion by epithelial cells and allows to limit the inflammatory
357 process[38]. Thus, decreased circulating level of JCHAIN and IGHA1 could testify from a
358 specific defect (immune exclusion) of the intestinal mucosa that could advertise from early
359 pathological process leading to a remote relapse.

360 Together with the partial weakening of the immune system, our results suggest the presence of
361 a low-grade immune activation long time before the relapse. This hypothesis is supported by
362 faecal calprotectin, serum DEFA1 and SELL, three markers of leukocytes whose increases
363 were associated with the risk of mid/long-term relapse in our study.

364 Our data also support that modulation of angiogenesis could be an early predictor of relapse.
365 Indeed, proteins involved in angiogenesis (HRG, SERPINF1 and PLG) were associated with a
366 risk of mid/long-term relapse. SERPINF1 and PLG (via its Kringle fragments such as
367 angiostatin) are recognised as potent inhibitors of angiogenesis while HRG has complex pro-
368 and anti-angiogenic properties[39–41]. These results could testify from the well-established
369 role of angiogenesis in CD pathophysiology[42].

370 The present study demonstrates that integration of simple biological concepts in data analysis
371 can bring out fundamental information. Indeed, an analysis without stratification, as it is
372 conventionally done, leads to miss key information of the dataset. To take into account the
373 dynamic of the disease, we stratified the dataset according to time to relapse. We acknowledge
374 that such approach decreases the statistical power since it unbalances the cohort (number of
375 relapsers vs number of non-relapsers) and it reduces the sample size (mid/long-term relapse

376 dataset). However, as others, we reported that the use of prior knowledge in data mining is
377 able to reveal critical information missed by hypothesis-free approach exclusively based on
378 statistical data analysis[43]. For instance, principal component analysis did not allow to
379 separate short- and mid/long-term relapsers (data not shown). Thanks to our data mining
380 strategy, we brought out relevant relations between CD pathophysiology and markers.

381 In the field of biomarkers, SRM is seen as a promising technology since immunoassay has a
382 limited capacity of multiplexing and its development is time and cost consuming. Indeed,
383 SRM allows accurate, precise and robust measurements, all with a high degree of
384 multiplexing (50-100 analytes) and a broad dynamic range (around five orders of
385 magnitude)[25,26]. Such performance makes SRM attractive for the verification step in which
386 multiple candidate biomarkers must be assayed with a high degree of confidence. However,
387 application of this technology in proteomics is criticised and its contribution to biomarker
388 discovery remains limited[44]. Experts in the field pointed out the need of methodological
389 guaranties and transparency that would allow to generate more reliable and reproducible
390 results[44]. Taking into account these recommendations, we provided all the information
391 needed to transfer our SRM method to another laboratory and we enabled public access to raw
392 data and analysed files supporting our findings (online supplementary methods). We also
393 presented evidences showing the stability of the instrumental set-up, the high precision of the
394 measurements, the rightness of the normalisation strategy, the correctness of the target
395 identities and the quantotypic properties of the chosen peptides (online supplementary method
396 4). This clearly emphasises the high quality of the technical development and therefore the
397 reliability of the present data. In the verification step of the biomarkers discovery workflow,
398 the use of heavy peptides is recommended to prove target identities[44]. The absence of heavy
399 peptides is an analytical limitation of our study. However, the identity of the studied markers

400 is well supported by a deep verification of the data (online supplementary method 4) and by
401 coherent biological effects.

402 The main limitation of our study is certainly the absence of an independent cohort to evaluate
403 the predictive performance of the newly identified markers. This prevents to know the
404 generalisation capacity of our results and, at this stage, our study is not able to identify the
405 winning combinations of biomarkers. However, the present study did not aim to validate a
406 particular combination of biomarkers. Our objective was to show the capacity of our method
407 to bring out relevant and new markers in predicting relapse. Others studies are needed to
408 determine the predictive performance of the newly identified markers.

409 Other limitation of our study could be the influence of drugs on our results. Indeed, biologic
410 and immunosuppressive treatments (e.g., anti-TNF α and anti-metabolite), administered until
411 the blood sample, could have impacted the circulating level of the identified markers. Hence,
412 the biological functions highlighted may not really correspond to the natural history of the
413 disease but rather to the evolution of the pathological process under the influence of the
414 administered treatment.

415 In conclusion, we found for the first time biomarker candidates associated with the risk of
416 mid/long-term relapse after anti-TNF α withdrawal in CD patients. Novel and simple
417 combinations of two proteins showed a high potential to predict the relapse when they were
418 compared to CRP and faecal calprotectin, the current references in the field. Our finding could
419 constitute a crucial progress to identify a subpopulation of CD patients who could stop anti-
420 TNF α with an optimal risk-benefit ratio. We also demonstrated that proteins associated with
421 the risk of short- or mid/long-term relapse reflect distinct pathophysiological processes. This
422 observation allows to better understand the chronology of biological events leading to the
423 relapse.

424

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435

436 **Author Contributions**

437 NP, M-AM, YB, DL, J-FC and EL designed the experiments. The GETAID provided the
438 samples and the clinical information. M-AM performed the discovery study. M-AM, DB and
439 NP developed the SRM method. NP and M-AM performed the sample preparation. NP, M-
440 AM, DB, NS, GM, and ED-P managed the injection of the proteomic experiments and
441 provided advises for the raw data analysis. V-A H-T and NP performed the statistical analysis.
442 NP, M-AM, V-A H-T and EL interpreted the data. NP, M-AM, and EL wrote the paper.

443

444 **Competing interests**

445 None declared

446

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453

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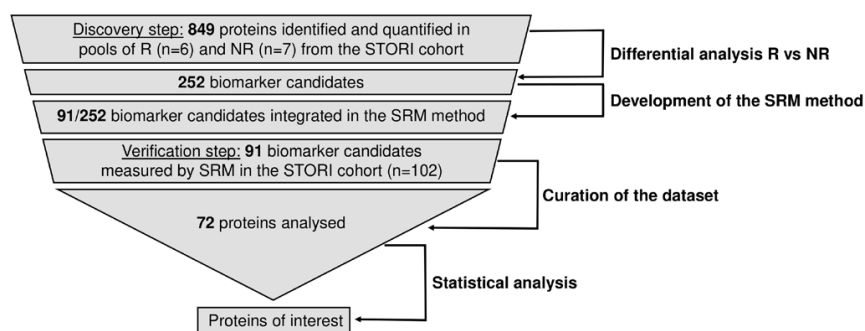
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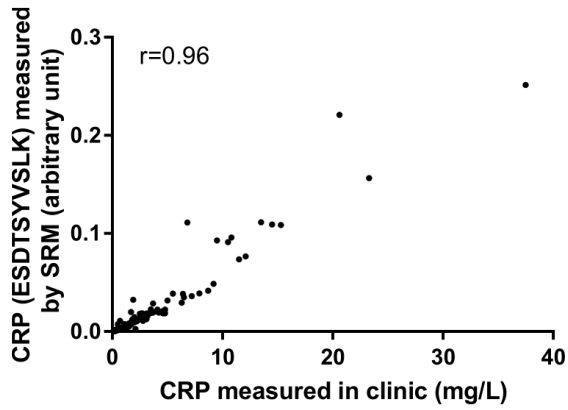
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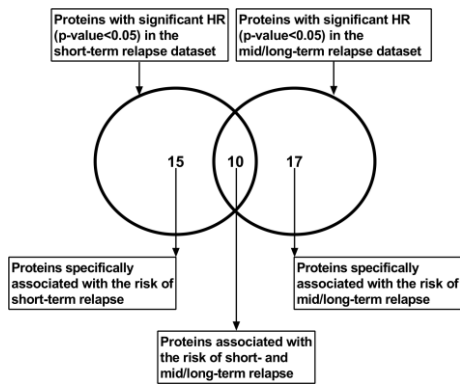
591 **Figure 1. Overview of the biomarker discovery strategy.** NR: non-relapsers; R: relapsers;

592 SRM: selected reaction monitoring.



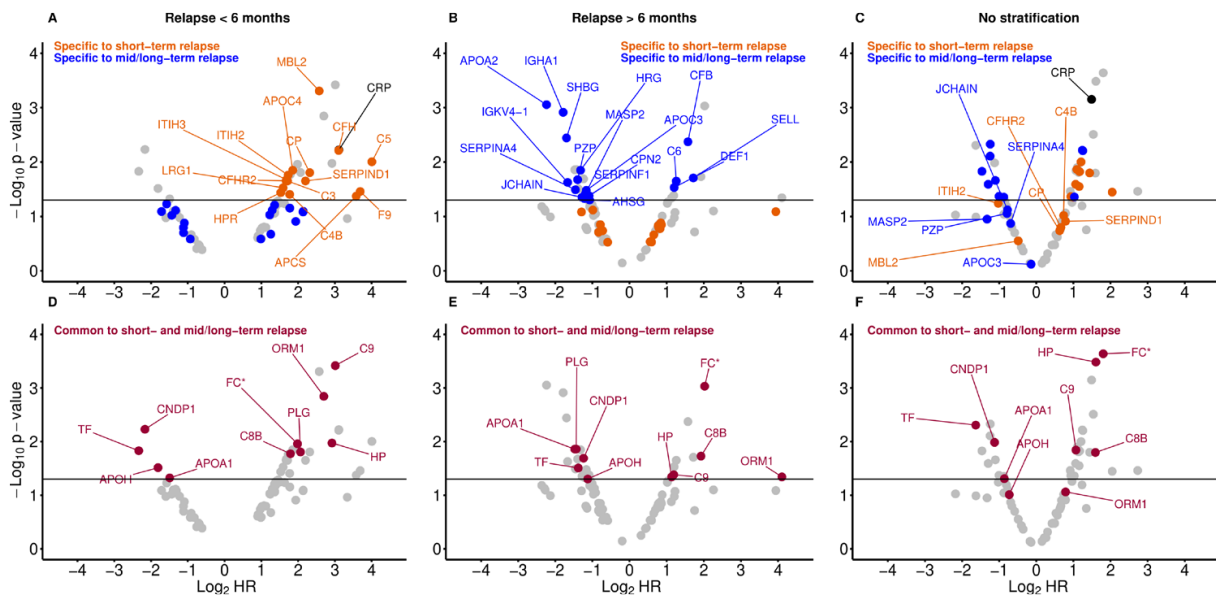
593

594 **Figure 2. Correlation between CRP measured by SRM and CRP measured in clinic.** The
 595 strength of association between CRP measured by SRM and CRP measured in clinic was
 596 evaluated using Spearman's rank correlation (n=102).



597

598 **Figure 3. Selection of the markers associated with the risk of short- and/or mid/long-**
 599 **term relapse.** Venn diagram showing the strategy to select markers associated with the risk of
 600 short- and/or mid/long-term relapse. HR: hazard ratio.



601

602 **Figure 4. Common and distinct markers associated with the risk of short- and mid/long-**

603 **term relapse.** In the stratified (relapse <6 months or >6 months) and non-stratified datasets,

604 volcano plots illustrated the distinct (A, B, C) and the common (D, E, F) markers associated

605 with the risk of short- and mid/long-term relapse. For each protein, the Log₂ hazard ratio (HR)

606 obtained from the univariate Cox model was plotted against its degree of significance (-Log₁₀

607 p-value). The horizontal line indicates the significance threshold (p-value=0.05). *Analysis of

608 faecal calprotectin (FC) was based on a subset of the cohort (n=77). AHSG: Alpha-2-HS-

609 glycoprotein; APCS: Serum amyloid P-component; APOA1: Apolipoprotein A-I; APOA2:

610 Apolipoprotein A-II; APOC3: Apolipoprotein C-III; APOC4: Apolipoprotein C-IV; APOH:

611 Beta-2-glycoprotein 1; C3: Complement C3; C4B: Complement C4-B; C5: Complement C5;

612 C6: Complement component C6; C8B: Complement component C8 beta chain; C9:

613 Complement component C9; CFB: Complement factor B; CFH: Complement factor H;

614 CFHR2: Complement factor H-related protein 2; CNDP1: Beta-Ala-His dipeptidase; CP:

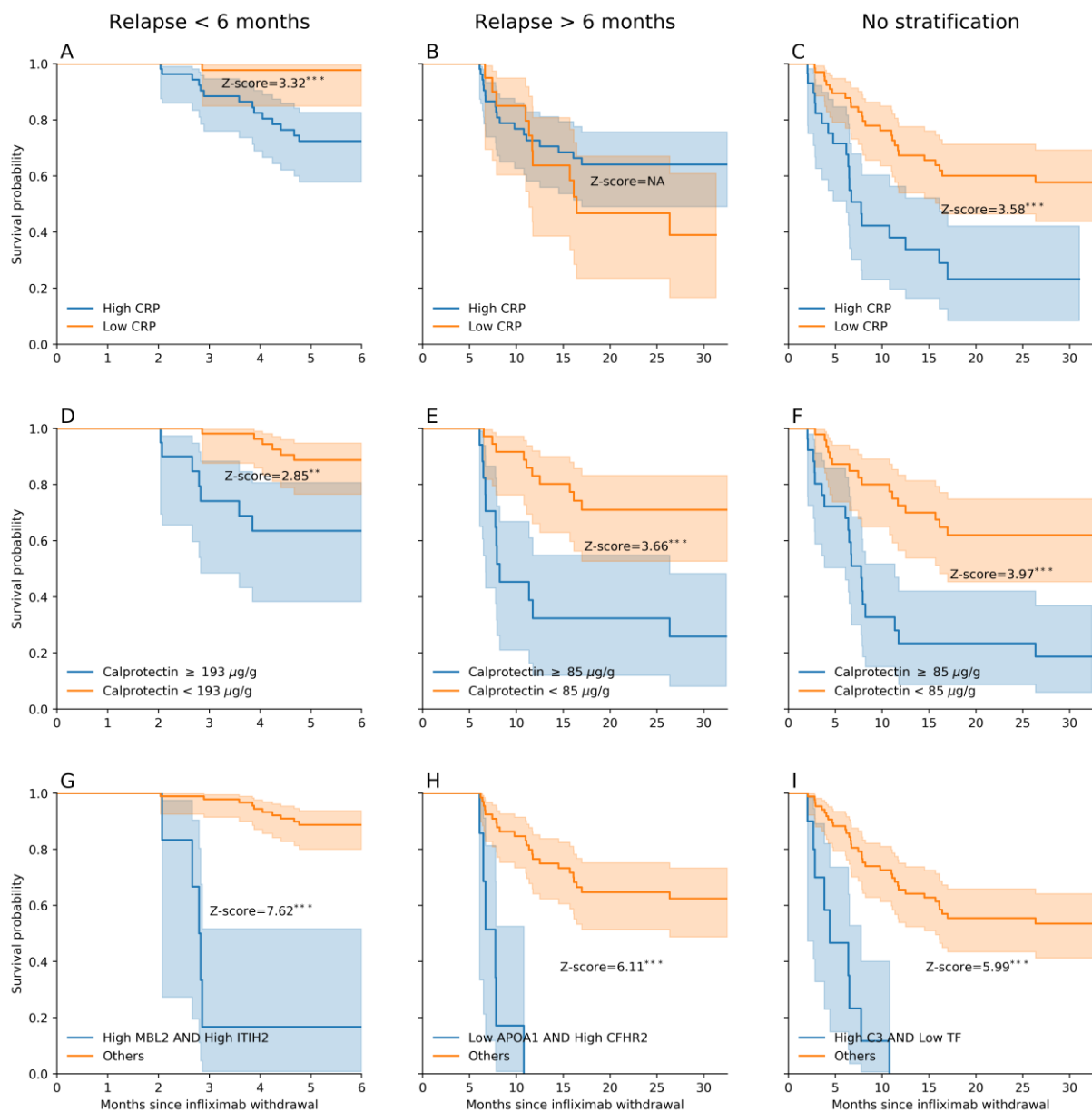
615 Ceruloplasmin; CPN2: Carboxypeptidase N subunit 2; CRP: C-reactive protein; DEFA1:

616 Neutrophil defensin 1; F9: Coagulation factor IX; HP: Haptoglobin; HPR: Haptoglobin-

617 related protein; HRG: Histidine-rich glycoprotein; IGHA1: Immunoglobulin heavy constant

618 alpha 1; IGKV4: Immunoglobulin kappa variable 4-1; ITIH2: Inter-alpha-trypsin inhibitor

619 heavy chain H2; ITIH3: Inter-alpha-trypsin inhibitor heavy chain H3; JCHAIN:
 620 Immunoglobulin J chain; LRG1: Leucine-rich alpha-2-glycoprotein; MASP2: Mannan-
 621 binding lectin serine protease 2; MBL2: Mannose-binding protein C; ORM1: Alpha-1-acid
 622 glycoprotein 1; PLG: Plasminogen; PZP: Pregnancy zone protein; SELL: L-selectin;
 623 SERPINA4: Kallistatin; SERPIND1: Heparin cofactor 2; SERPINF1: Serpin family F
 624 member 1; SHBG: Sex hormone-binding globulin; TF: Serotransferrin.



625

626 **Figure 5. Comparison with CRP and faecal calprotectin highlights a high potential of**
 627 **novel marker combinations in predicting relapse. In the stratified (relapse <6 months or >6**

628 months) and non-stratified datasets, the Kaplan-Meier survival curves were estimated for CRP
629 (A, B, C) and faecal calprotectin (D, E, F) according to their optimal cut-offs. For each
630 dataset, the systematic combinations of two markers were performed with the “AND” or
631 “OR” logical operators (n=2556 combinations per dataset and per logical operator). For the
632 combinations of markers presenting the best discriminatory ability (R vs NR, based on the
633 log-rank Z-score), the Kaplan-Meier survival curves were estimated in the stratified and non-
634 stratified datasets (G, H, I). “High” and “low” mean a circulating level of the protein above or
635 under the cut-off, respectively. Survival curves were compared with the log-rank test. To
636 control the false discovery rate (FDR) associated with the high number of tested
637 combinations, log-rank p-values were adjusted with the Benjamini–Hochberg procedure (G,
638 H, I). This correction was not applied to CRP and faecal calprotectin since these biomarkers
639 were used as references. Analysis of faecal calprotectin was based on a subset of the cohort
640 (n=77). **p-value or FDR<0.01; ***p-value or FDR<0.001. APOA1: Apolipoprotein A-I;
641 CFHR2: Complement factor H-related protein 2; C3: Complement C3; ITIH2: Inter-alpha-
642 trypsin inhibitor heavy chain H2; MBL2: Mannose-binding protein C; TF: Serotransferrin.
643

Table 1. Patients’ characteristics

Male, n (%)	47 (46)
Age, median years (IQR)	31 (25-39)
Disease duration, median years (IQR)	7 (4-12)
Active smoker, n (%)	38 (37)
CDAI (IQR)	35.7 (14.5-59.5)
Intestinal stricture before infliximab initiation, n (%)	11 (11)
Intestinal stricture at infliximab initiation, n (%)	5 (5)
Disease site	
Ileal, n (%)	13 (13)
Colonic, n (%)	31 (30)
Ileocolonic, n (%)	57 (56)
Upper gastrointestinal tract, n (%)	8 (8)
Perianal lesions, n (%)	36 (35)
Treatment history	
Methotrexate, n (%)	18 (18)
Azathioprine/mercaptopurine, n (%)	84 (82)
Duration of antimetabolite treatment, median years (IQR)	2.6 (1.7-4.5)
Duration of infliximab treatment, median years (IQR)	2.2 (1.6-3.1)
Previous surgical resection, n (%)	21 (21)

Endoscopy

CDEIS (IQR)	0.6 (0.0-2.8)
CDEIS=0, n (%)	39 (38)
Remaining ulcers, n (%)	31 (30)

Biologic variables

Haemoglobin level, g/L, median (IQR)	136 (127-144)
Haematocrit, %, median (IQR)	40 (37-43)
Leukocyte count, 10 ⁹ /L, median (IQR)	6.0 (4.9-7.3)
Platelet count, 10 ⁹ /L, median (IQR)	261 (225-310)
hsCRP level, mg/L, median (IQR)	1.9 (0.8-4.2)
Infliximab trough level, mg/L, median (IQR)	3.7 (1.9-7.9)
Faecal calprotectin, µg/g, n=77, median (IQR)	48.3 (29.7-193.1)

CDAI: Crohn's disease activity index; CDEIS: Crohn's disease endoscopic index of severity;
hsCRP: high-sensitivity CRP; IQR: interquartile range

644

645 **SUPPLEMENTARY METHODS**

646

647 **Supplementary method 1: biomarkers discovery**

648 *Sample preparation*

649 An identical volume of each serum samples (n=102) were mixed in 7 and 6 pools of non-
650 relapser (NR) and relapser (R) patients, respectively. These sample pools were depleted of the
651 20 most abundant proteins of human plasma (ProteoPrep™ 20 Plasma kit, Sigma, USA) as
652 previously described[1]. The protein concentration was determined using the RCDC Protein
653 Assay Kit (BioRad, USA) according to the manufacturer's instructions. Proteins (20 µg) were
654 precipitated using the 2D-clean up assay (GE Healthcare, USA) according to the
655 manufacturer's instructions. Then, samples were reduced, alkylated and digested as
656 previously described[2]. Finally, 3.5 µg of the protein digests were purified on ZipTip C18
657 (Merck, USA), dried in a vacuum centrifuge and stored at -20 C°. The dried samples were
658 reconstituted using 100 mM ammonium formate adjusted to pH 10. Each sample was spiked
659 with a commercial mixture of protein digest standard, the MassPREP™ Digestion Standard
660 Mixture (MPDSmix, Waters, USA). The MPDSmix contains four non-human proteins
661 digested: yeast alcohol dehydrogenase 1 (ADH1, P00330), bovine serum albumin (BSA,
662 P02769), yeast enolase 1 (ENO1, P00924), rabbit glycogen phosphorylase b (GPB, P00489).

663 To check the quality of the instrumental set-up, two different mix (MPDSmix 1 and
664 MPDSmix 2) were spiked in the R and NR pools.

665

666 *Liquid chromatography and mass spectrometry*

667 Samples (2.5 μg) were injected into the 2D-nanoAquity UPLC chromatography (Waters)
668 coupled online with the Q-TOF Synapt HDMSTM G2 system (Waters) using ion mobility as
669 supplementary separation. The mass spectrometer was equipped with a nano-electrospray
670 source operated in positive ion mode. The capillary voltage and the source temperature were
671 set to 2.9 kV and 100 $^{\circ}\text{C}$, respectively. The first dimension of UPLC separation was
672 performed at pH 10 on a X-Bridge BEH C18 column (5 μm , 300 $\mu\text{m} \times 50$ mm, Waters). The
673 samples were loaded at 2 $\mu\text{L}\cdot\text{min}^{-1}$ in a solution of 20 mM ammonium formate adjusted to pH
674 10. Then, samples were eluted in five steps (10.8, 14.0, 16.7, 20.4 and 65.0% of acetonitrile).
675 After a ten times dilution to pH 3, each eluted fraction was desalted on the trap column
676 Symmetry C18 (5 μm , 180 $\mu\text{m} \times 20$ mm, Waters) and subsequently separated (second
677 dimension of UPLC) on an analytical column BEH C18 (1.7 μm , 75 $\mu\text{m} \times 250$ mm, Waters).
678 The flow rate was constant (250 $\text{nL}\cdot\text{min}^{-1}$) and a linear gradient of solvent A (0.1% formic
679 acid in water) and B (0.1% formic acid in acetonitrile) was applied: 0 min, A/B: 99/1%; 1
680 min, A/B: 99/1%; 80 min, A/B: 65/35%; 90 min, A/B: 1/99% and hold for 5 minutes then
681 reconditioning of the column until 120 minutes. The data acquisition was performed in the 50-
682 1500 m/z range, a scan time of 0.6 s and a collision energy voltages set in independent
683 alternative scanning mode. The ion-mobility spectrometry (IMS) cell pressure was set to 2.49
684 mbar, the variable IMS wave velocity ranged from 850 to 1 200 $\text{m}\cdot\text{s}^{-1}$ and the wave height
685 was 40 V. A lock mass correction was applied using [Glu1]-Fibrinopeptide B ($[\text{M}^{+2\text{H}}]^{2+}$:
686 785.84206 m/z).

687

688 *Raw data processing*

689 To maximize the number of proteins identified and quantified, we combined results from
690 ProteinLynx Global SERVER™ (PLGS) 3.01 (Waters) and Progenesis QI 2.1 (Waters). The
691 processing parameters were set as follows: the MS TOF resolution and the chromatographic
692 peak width were set to automatic, the low and elevated energy detection threshold were set to
693 respectively 15 and 150 counts, the identification intensity threshold was 500 counts and the
694 lock mass window at 785.84206 m/z was set to 0.3 Da. Proteins were searched in the Uniprot-
695 human database (reviewed entries, release 2014_10) enriched with the 4 proteins of the
696 MPDSmix. The search parameters were set as follows: carbamidomethylation (C) as fixed
697 modification, oxidation (M) and phosphorylation (S, T, Y) as variable modifications,
698 maximum 2 miscleavages, minimum 3 fragments ion matches per peptide, minimum 7
699 fragments ion matches per protein, minimum 2 peptides per protein and a false discovery rate
700 (FDR) of 4% for protein identification. All the raw data and results of protein identifications
701 have been deposited in the ProteomeXchange Consortium via the PRIDE partner repository
702 with the dataset identifier PXD019008[3].

703

704 *Differential analysis*

705 For the differential analysis (R vs NR), we used three methods from distinct softwares: PLGS
706 3.01, Progenesis QI 2.1 and Perseus 1.5.31[4]. As others, we used different statistical
707 strategies to deal with the common problem of comparing a large quantity of variables in a
708 small number of group[5]. Each statistical method being differently sensitive to the dataset
709 structure (e.g., variance, type of distribution, effect size), using a unique statistical approach
710 risks to eliminate some true biomarker candidates while a discovery step intends to minimize
711 the number of false negative (assuming a high rate of false positive). Furthermore,
712 identification of proteins with PLGS and Progenesis QI is associated with distinct

713 quantification and normalisation strategies[6,7]. At a statistical level, the differential analysis
714 (R vs NR) is based on the one-factor ANOVA in Progenesis QI while a pairwise comparison
715 based on a Bayesian approach is used in PLGS. In Perseus, two-tailed t-tests were applied to
716 compare R vs NR. For all these statistical comparisons, the risk of type 1 error was set to 5%.
717 Then, proteins exhibiting a differential abundance (R vs NR) in one of the three statistical
718 methods were combined to yield a list of biomarker candidates (n=252, online supplementary
719 table 1).

720

721 **Supplementary method 2: development of the SRM method**

722 The discovery study and the SRM experiments were performed on two distinct separation
723 systems, respectively: 2D and 1D nanoUPLC. For the biomarker candidates assayed in SRM,
724 the retention time of the precursors was obtained via a 1D separation of digested serum
725 followed by shotgun proteomics.

726

727 *Sample preparation, liquid chromatography and mass spectrometry*

728 An identical volume of each serum samples (n=102) were mixed in one pool named super
729 pool (SP). The SP was treated as described above excepted that no depletion was performed.
730 Prior to injection, the SP sample was solubilized in 0.01% formic acid aqueous solution and
731 MPDSmix was spiked. This sample was injected into a 1D Acquity UPLC M-Class (Waters)
732 chromatography coupled online with a Q Exactive™ Plus Hybrid Quadrupole-Orbitrap™
733 mass spectrometer (Thermo Fisher Scientific, USA), equipped with a nano-electrospray
734 source operated in positive ion mode. The spray voltage and the temperature of the heated
735 capillary were set to 2.3 kV and 270 °C, respectively. Sample were loaded at 20 $\mu\text{L}\cdot\text{min}^{-1}$ on
736 the trap column Symmetry C18 (5 μm , 180 $\mu\text{m} \times 20$ mm, Waters) in 100% solvent A (0.1%
737 formic acid in water) during 3 minutes. Then, peptides were separated through the analytical

738 column HSS T3 C18 (1.8 μm , 75 μm \times 250 mm, Waters). The flow rate was constant (600
739 nL.min⁻¹) and the following linear gradient of A and B (0.1% formic acid in acetonitrile) was
740 applied: 0 min, A/B: 98/2%; 5 min, A/B: 93/7%; 135 min, A/B: 70/30%; 150 min, A/B:
741 60/40%. The total run time was 180 min: 150 min for the linear gradient and 30 min for
742 cleaning and re-equilibration steps. The mass spectrometer method consisted of one full MS
743 scan followed by full MS/MS scans of the 12 most intense ions. The parameters for MS
744 spectrum acquisition were: mass range from 400 to 1 750 m/z with R=70 000 (defined at m/z
745 200), automatic gain control (AGC) target of 1×10^6 and a maximum injection time of 50 ms.
746 The parameters for MS/MS spectrum acquisition were: 2.0 m/z isolation window with R=17
747 500 (defined at m/z 200), a stepped normalized collision energy of 25.0, AGC target of $1 \times$
748 10^5 and a maximum injection time of 50 ms. Raw data were recorded with Xcalibur Exactive
749 Serie 2.8.1.2806 (Thermo Fisher Scientific).

750

751 *Raw data processing*

752 Identifications of proteins were obtained using Proteome Discoverer 2.1.0.81 (Thermo Fisher
753 Scientific). Proteins were searched in the Uniprot-human database (reviewed entries, release
754 2014_10) enriched with the 4 proteins of the MPDSmix. The search parameters were set as
755 follows: trypsin as digestion enzyme, carbamidomethylation (C) as fixed modification,
756 oxidation (M) and phosphorylation (S, T, Y) as variable modifications, maximum 2
757 miscleavages, peptide length between 6 and 144 amino acids, precursor mass tolerance of 5
758 ppm, fragment mass tolerance of 0.02 Da, a minimal number of peptides per protein equal to
759 2 and a FDR of 1% at peptide and PSM level.

760

761 *Selection of the targeted peptides*

762 For each biomarker candidate, the peptides targeted by the SRM method were selected with
763 the help of empirical and theoretical information: 1) MS/MS identification and retention time
764 obtained in the shotgun experiments (see above); 2) guidelines for the selection of quantotypic
765 peptides[8]; 3) PeptidePicker web interface[9]; 4) data generated during preliminary SRM
766 experiments performed with the 1D chromatography. The final SRM method included 91
767 biomarker candidates, 208 peptides and 832 fragments. This method was exported from
768 Skyline 4.2[10] to MassLynx™ 4.1 SCN 843 (Waters) using scheduled detection with 4
769 minutes elution time windows for each targeted peptide.

770

771 **Supplementary method 3: verification of biomarker candidates using selected reaction** 772 **monitoring (SRM)**

773 *Sample preparation*

774 Serum protein concentrations of the 102 samples were determined using the BCA protein
775 assay (Thermo Fisher Scientific) according to the manufacturer's instructions. The yeast
776 enolase 1 (ENO1, P00924, Sigma, USA) was spiked in each sample and served as internal
777 standard. The serum proteins (20 µg) and the spiked ENO1 (93 ng) were digested with the
778 Trypsin/Lys-C Mix Mass Spec Grade (Promega, USA) according to the manufacturer's
779 instructions. Then, 3.5 µg of the resulting peptide mixtures were purified on ZipTip C18
780 (Thermo Fisher Scientific), dried in a vacuum centrifuge and stored at -20 C°. Before
781 injection, dried samples (3.5 µg) were reconstituted in 41.6 µL of 0.1% formic acid and 5.2
782 µL of a solution containing a synthetic stable isotope-labelled peptide of ENO1 (Thermo
783 Fisher Scientific): VNQIGTLSESIK (¹⁵N- and ¹³C-labeled lysine residue, 50 fmol.µL⁻¹)
784 solubilised in 5% acetonitrile. The quantity of VNQIGTLSESIK injected was 50 fmol. This
785 peptide was used to check the instrumental set-up stability across sample injections.

786

787 *Liquid chromatography and mass spectrometry*

788 Samples (0.675 µg) were injected into the 1D nanoAcquity UPLC M-class chromatography
789 coupled online with a triple quadrupole mass spectrometer Xevo™ TQ-S (Waters) equipped
790 with a nano-electrospray source operated in positive ion mode. The temperature of the source
791 and the capillary voltage were set to 100 °C and 2.9 kV, respectively. The separation of
792 peptides in the 1D nanoAcquity UPLC system was performed as described in the
793 Supplementary method 2. The SRM transitions were selected with a mass window of 0.75 Da
794 in Q1 and Q3. In the Q2, the collision gas pressure was 3.5e-3 (argon gas flow set at 0.15
795 mL.min⁻¹) and peptides were fragmented with a predicted collision energy[11]. The mass
796 spectrometer operated in a scheduled mode with a retention time window of 4 min. The dwell
797 time and the cycle time varied from 3 to 8 ms and 0.45 to 1.35 s, respectively. Given that the
798 minimum peak width was ~30 s, the number of points per peak was ~22 in the worst case
799 while experts recommend a minimum of 8[8].

800

801 *Raw data processing*

802 The raw files were imported in Skyline 4.2[10] and the SRM traces were manually integrated.
803 Addition of the two most intense fragments was used for the quantification of peptide. The
804 signal of each targeted peptide was normalised with the mean intensity of three peptides
805 (NVNDVIAPAFVK, TFAEALR, VNQIGTLSESIK) of the internal standard (ENO1 from
806 yeast). To determine protein quantification, the normalised intensities of peptides belonging to
807 the same protein was summed.

808

809 **Supplementary method 4: quality controls of the SRM method**

810 *Intra-day precision*

811 The precision of the SRM method was determined with a repeatability test. A serum pool of
812 NR patients (n=7) and a serum pool of R patients (n=7) were processed in technical triplicates
813 to determine the coefficient of variation (CV) of each peptide in biological conditions
814 representative of R and NR patients. In the biomarkers verification step, experts recommend a
815 high-to-moderate precision (CV<20-35%)[12]. In the present study, we followed this
816 guideline by eliminating peptides with a CV>30% (n=17) in either the pool of relapsers or
817 non-relapsers. The 154 peptides finally analysed were measured with a mean CV (\pm SD) of
818 6.0% (4.1) and 7.1% (5.8) in the pool of relapsers and non-relapsers, respectively. In this
819 regard, our intra-day precision shows similar performance to high-quality SRM data[5,13] and
820 ELISA (enzyme-linked immunosorbent assay).

821

822 *Normalisation method*

823 To correct for differences in sample amount injected, we normalised the data with an internal
824 standard (ENO1 from yeast, online supplementary method 3) spiked in every sample. In the
825 absence of established guideline, such a strategy needs to be evaluated. If this internal
826 standard do reflect the sample amount, normalisation should correct for differences in injected
827 quantity and thus it should ameliorate the precision. In the repeatability test, the average CV
828 without normalisation and with normalisation were respectively: 8.9 vs 6.0% for the relapser
829 pool; 10.9 vs 7.1% for the non-relapser pool. These results clearly indicate that our
830 normalisation method is appropriate.

831

832 *Inter-day precision*

833 Since we divided the sample preparation over a five days period and that samples were
834 injected over a period of three weeks, we controlled the inter-day variability associated with
835 this procedure. In each day of sample processing, the same sample (SP) was treated in parallel

836 of the others and this control was injected every 25 samples (5 times in all). Regarding this
837 quality control, the mean CV (\pm SD) for the 154 peptides was 14.5% (6.3). Therefore, the
838 intra- and inter-day precision were under 20% thus respecting the criteria established for a
839 verification step of the biomarker discovery pipeline[12].

840

841 *Run-to-run variation*

842 In SRM, the run-to-run variation needs to be carefully evaluated[8,12], especially in our case
843 where samples were injected during three weeks. To this end, we spiked a heavy peptide
844 (VNQIGTLSESIK) in all samples just before injection on the LC-MS system (online
845 supplementary method 3). The CV of this internal standard across all samples was 9.8%. To
846 control the stability of the instrumental set-up in the whole SRM method, we injected every
847 24 samples (5 times in all) a zip-tip replicate of the SP sample. Regarding this quality control,
848 we obtained a mean CV (\pm SD) of 10.0% (7.6) for the 154 peptides analysed. Altogether, these
849 results indicate that our instrumental set-up showed stable performances.

850

851 *Guaranties on target identity and quantotypic properties*

852 In SRM, guaranties are needed to establish the identity of the target[12]. In the present study,
853 the selected transitions were confidently identified by experimental MS/MS data from the
854 discovery study (online supplementary method 1). Furthermore, co-elution of fragments in
855 SRM was systematically observed for the 154 analysed peptides. Even if a peptide is correctly
856 identified and measured it does not mean that its level is stoichiometrically equivalent to the
857 protein level (quantotypic). Although no guideline exists to evaluate empirically the
858 quantotypic properties of a peptide, this assumption should be tested to ensure a reliable
859 inference on protein abundance[14]. The measure of different quantotypic peptides of a same
860 protein must converge in term of quantification. Thus, checking this postulate is a way to

861 evaluate the quantotypic properties of the selected peptides[14]. As already proposed[14], we
862 performed correlation matrices between the signal intensity of peptides belonging to the same
863 protein across the 112 samples injected. If this correlation was weak ($r < 0.5$), peptides were
864 eliminated of the analysis ($n=8$). Among the 72 proteins finally analysed (without the internal
865 standard ENO1), 51 were measured with 2 (25 proteins) or 3 (26 proteins) peptides presenting
866 signal intensities significantly and strongly correlated (mean \pm SD coefficient of correlation:
867 0.83 ± 0.11) across the 112 samples injected. On the other hand, 21 proteins were measured
868 with 1 peptide thus preventing to apply the correlation matrices described above. However, if
869 really quantotypic, one peptide can be used to quantify a protein. This assertion is supported
870 by the high correlation between CRP measured with one peptide (ESDTSYVSLK) in our
871 SRM method and CRP measured in clinic (Figure 2). In addition, the studied biomarkers
872 showed variations (R vs NR patients) in agreement with the literature and the
873 pathophysiological processes involved in CD (see results and discussion). Taken together,
874 these empirical controls sustain that the selected peptides present quantotypic properties.

875

876 *Curation of the dataset*

877 According to quality controls (see above) and verification of the dataset, some peptides of the
878 SRM method were excluded from the analysis: 1) peptides measured with a $CV > 30\%$ ($n=17$,
879 see above); 2) peptides with low quality signal, i.e., 1 or several transitions not detected ($n=5$),
880 too low intensity ($n=2$), two peaks ($n=2$), a retention time outside the window ($n=1$), partial
881 co-elution of fragments ($n=1$); 3) peptides belonging to proteins present in erythrocytes
882 ($n=11$) and impacted by haemolysis of some samples; 4) peptides not belonging to the three
883 “best flyers” (most intense) when four peptides per protein were measured ($n=9$); 5) peptides
884 of a same protein presenting signal intensities weakly correlated ($r < 0.5$, $n=8$, see above)
885 across the 112 samples injected; 6) peptides from potential contaminants (e.g., keratin, $n=3$).

886 The curated SRM method targeted 73 proteins (including the internal standard ENO1), 154
887 peptides and 616 fragments (online supplementary table 2).

888

889 *SRM data availability*

890 All the SRM raw files and the Skyline files (including those of the quality controls) are
891 available on Panorama with the dataset identifier PXD019434
892 (<https://panoramaweb.org/atQBcH.url>)[15].

893

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