

Intervention Programs for Children of Divorced Parents: Presentation of the Children's Support Group Developed in Belgium

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Abstract : Couple separations and divorces seem to be commonplace events. However, their frequency does not reduce their impact. Indeed, the adverse effects of parental divorce on children have been well documented. Thus, supporting the children from divorced families is a key concern. Several preventive interventions have been developed for children of divorced parents, such as Children's Support Group. The present paper aims at presenting the program that has been created in Liege (Belgium). The setting and the tools will be presented. This Children's Support Group is based on psychoeducational and systemic principles, art-therapy, and aims at acquiring coping skills and seeking social support. Also, the effectiveness of the program will be discussed. Results show that after parental divorce, a group intervention for children can be efficacious in promoting children's well-being and parent-child communication. This paper contributes to enrich the understanding of children's needs and to highlight the existence and efficacy of a program that helps them overcome the difficulties of divorce.

Keywords : art-therapy, children's support group, divorce, efficacy, separation

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