Diagnosis and treatment in patients with disorders of consciousness



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Overview

- Disorders of Consciousness
 - Clinical entities
 - Consciousness and the brain
 - Brain processing in DOC
- Diagnosis
 - Consciousness
 - Nociception and pain

Break



Overview

- Paraclinical diagnosis
 - Active paradigms
 - Passive paradigms
 - Case reports
- Treatments
 - Pharmacological
 - Brain stimulation
- Locked-in Syndrome
- Near-death experiences

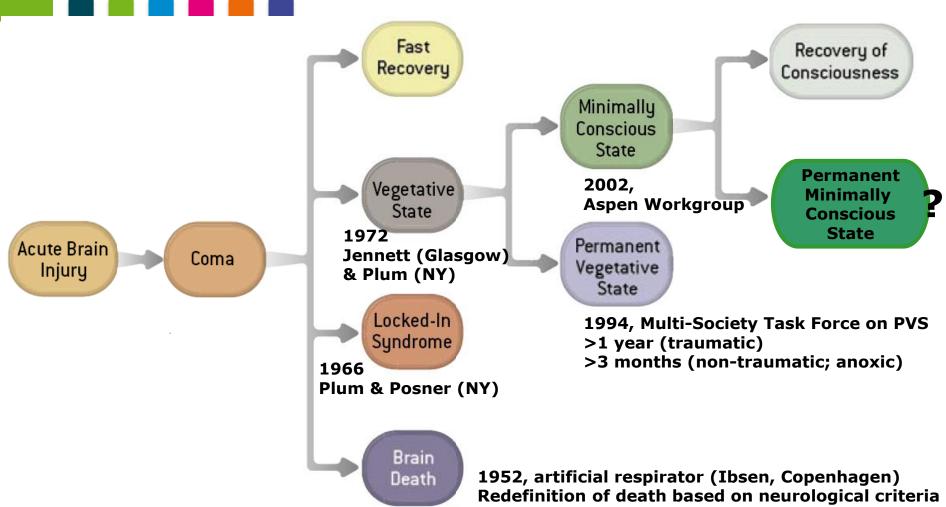
Disorders of consciousness

Clinical entities





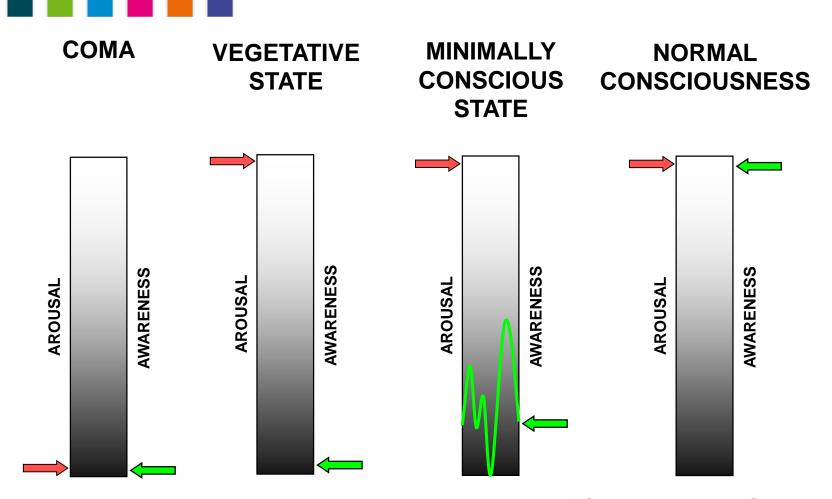
Clinical entities



Laureys, Scientific American, 2007



Clinical entities



Laureys et al, Lancet Neurol, 2004; the European Task Force on Disorders of Consciousness, BMC Med, 2010



Coma

- No eyes opening
- No sign of consciousness
- Lasting min 1 hour





Vegetative/unresponsive wakefulness syndrome

- No sign of consciousness
- No environment interaction
- No voluntary behavior in response to visual, auditive, tactile and painful stimuli
- No language comprehension no language expression
- Wake-sleep cycle

Arousal



Vegetative/unresponsive wakefulness syndrome

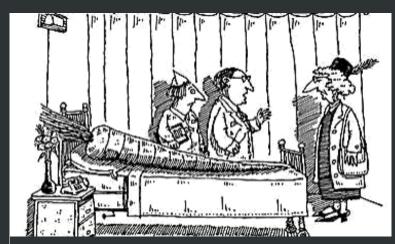
BMC Medicine

Highly accessed

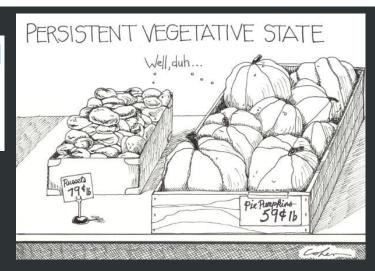
Open Access

Unresponsive wakefulness syndrome: a new name for the vegetative state or apallic syndrome

Steven Laureys¹ , Gastone G Celesia² , Francois Cohadon³ , Jan Lavrijsen⁴ , José León-Carrión⁵ , Walter G Sannita^{6,7} , Leon Sazbon⁸ , Erich Schmutzhard⁹ , Klaus R von Wild^{10,11} , Adam Zeman¹² and Giuliano Dolce¹³ for the European Task Force on Disorders of Consciousness¹



"There's nothing we can do... he'll always be a vegetable."

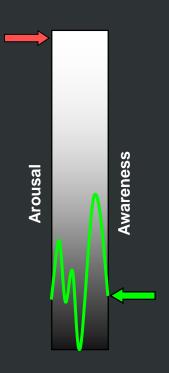






Minimally conscious state

- Limited but clearly discernible evidence of self or environmental awareness - one or more of the following behaviors:
 - Following simple commands
 - Gestural or verbal yes/no responses (regardless of accuracy)
 - Intelligible verbalization
 - Purposeful behavior, including movements or affective behaviors that occur in contingent relation to relevant environmental stimuli:
 - appropriate smiling/vocalizations or gestures
 - reaching for objects
 - touching or holding objects
 - visual pursuit or fixation





MCS: new terminology

Minimally Conscious state

MCS +
Following simple command

MCS+ > MCS-

MCS Pain localisation
Visual pursuit
Accurate smiling or crying



Minimally conscious state

MCS plus

- reproducible command following
- intelligible verbalizations
- intentional communication

MCS minus

- Purposeful behavior, including movements or affective behaviors that occur in contingent relation to relevant environmental stimuli:
 - appropriate smiling/vocalizations or gestures
 - reaching for objects
 - touching or holding objects
 - visual pursuit or fixation





Minimally conscious state

Emergence from MCS:

- Functional interactive communication
- Functional use of two different objects

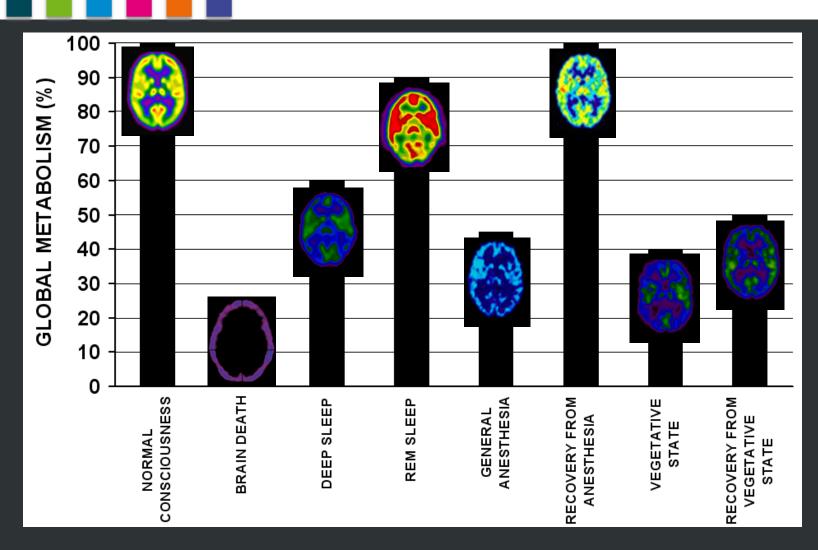
Disorders of consciousness

Consciousness and the brain





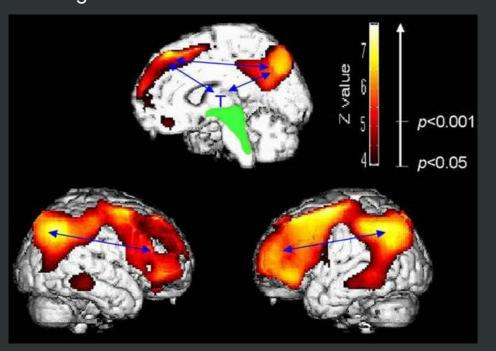
Consciousness # whole brain





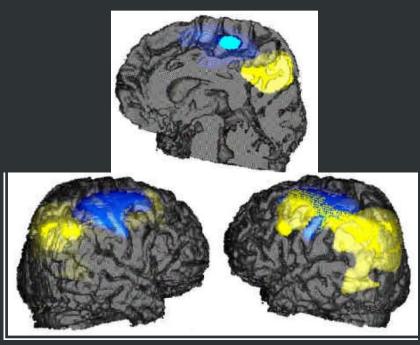
Consciousness ≈ frontoparietal

areas that are systematically dysfunctional in the vegetative state



Laureys et al, Neuroimage 1999

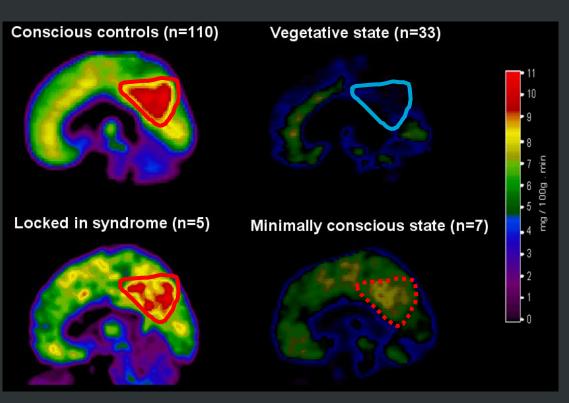
areas that recover metabolism after recovery from the vegetative state



Laureys et al, J Neurol Neurosurg Psychiatry, 1999

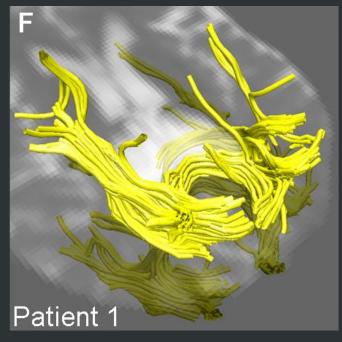


Precuneus ≈ hub in the network



Laureys et al, Lancet Neurology, 2004

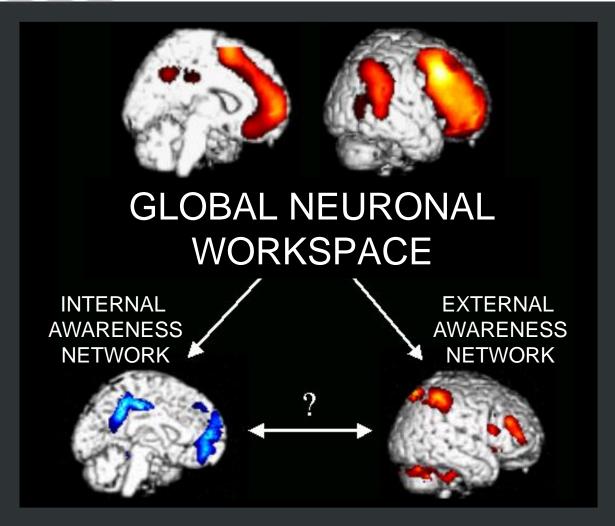
Axonal re-growth in Terry Wallis



Voss et al, J Clin Invest, 2006

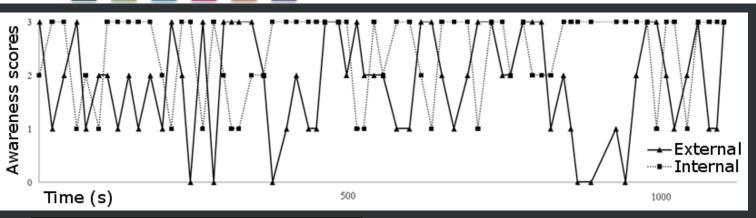


Two awareness networks





External vs internal awareness

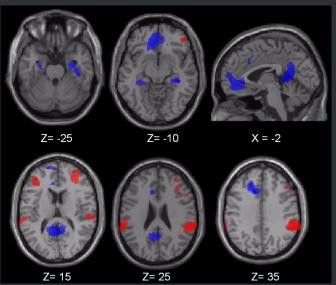


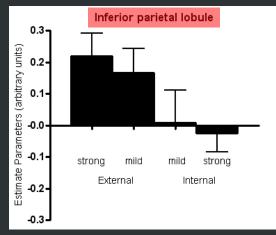
Subjects' ratings

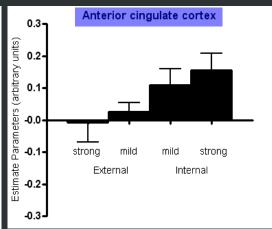
Anti-correlated

Switching 0.05 Hz (range 0.01-0.1Hz)

/20 s (range 10-100 s)







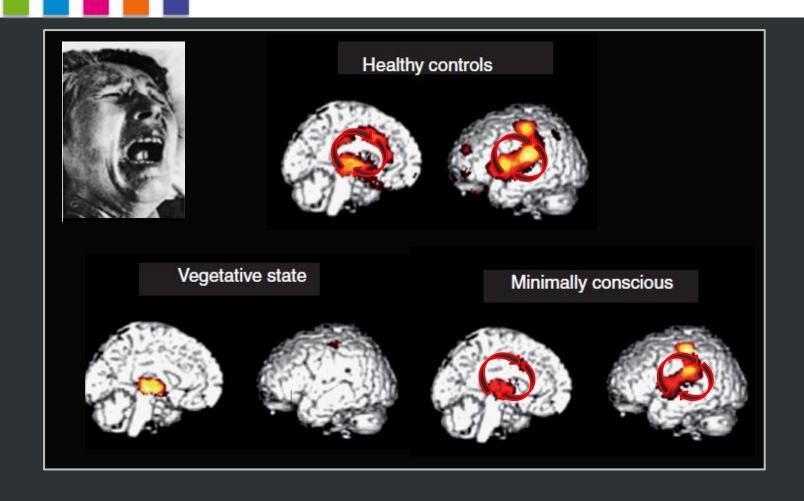
Disorders of consciousness

Brain processing in DOC



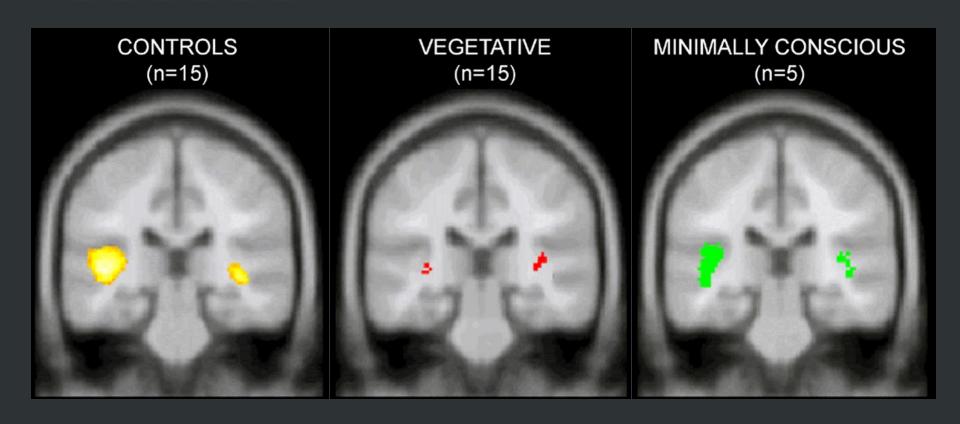


Can they feel pain?



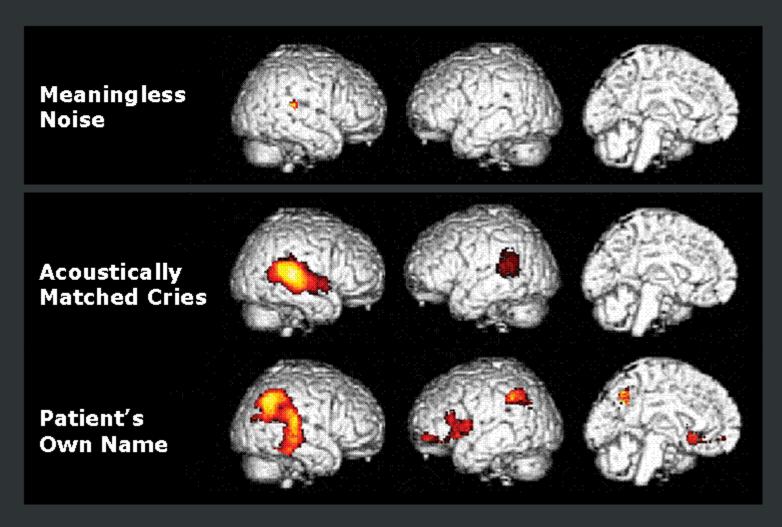


Can they hear us?





Emotion





Conclusion

- DOC: different clinical entities associated with various level of consciousness: coma, VS/UWS, MCS (plus and minus)
- Neural correlates of conscious awareness
 - ≈ emergent property of widespread fronto-parietal connectivity
- Non communicative patients with DOC may be able to perceive external world
 - Audition
 - Pain/emotion

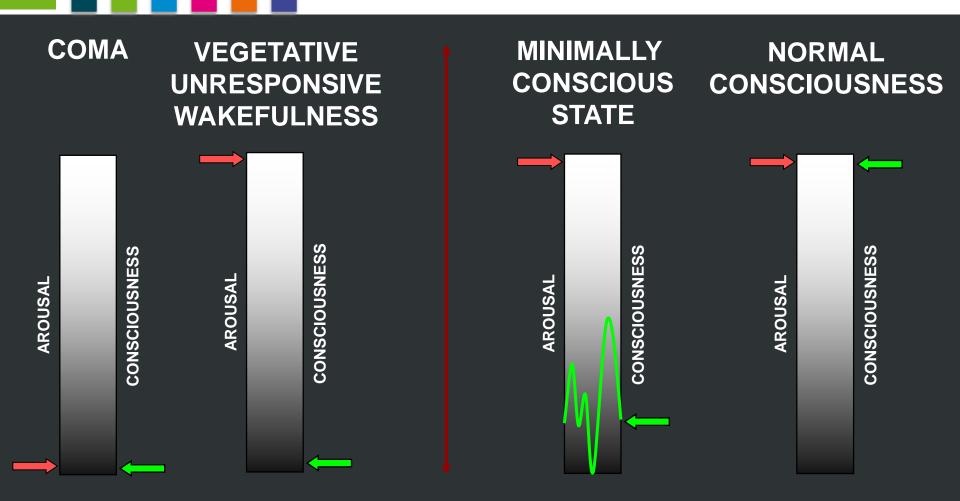
Diagnosis

Consciousness



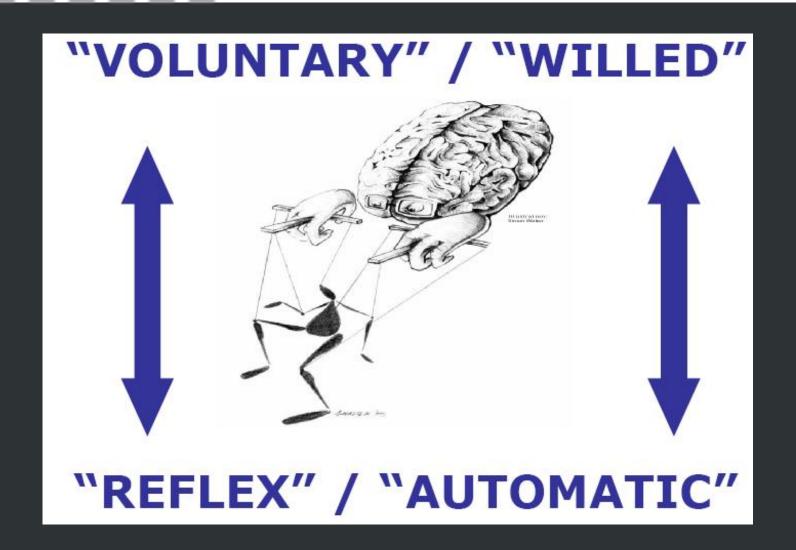


Clinical entities



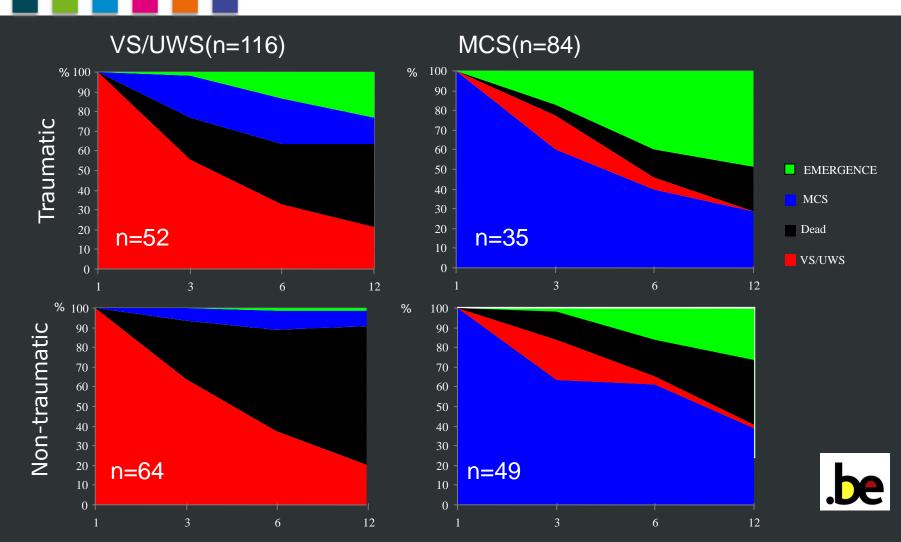


"Reflex" versus "Voluntary"





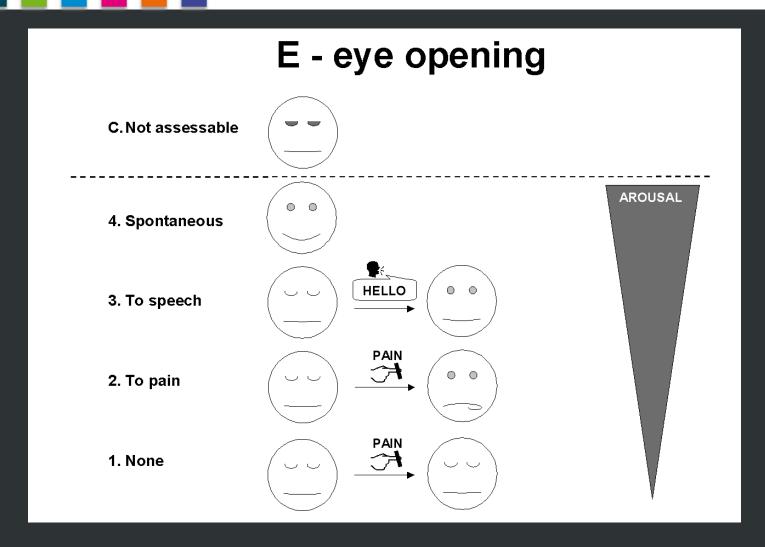
Prognosis



Bruno et al, Coma and disorders of consciousness, Eds Schnakers and Laureys, 2012

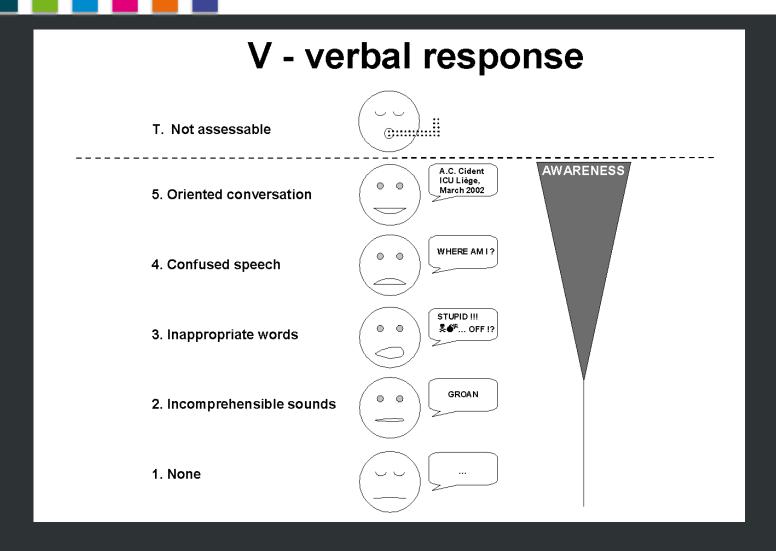


Glasgow Coma Scale





Glasgow Coma Scale

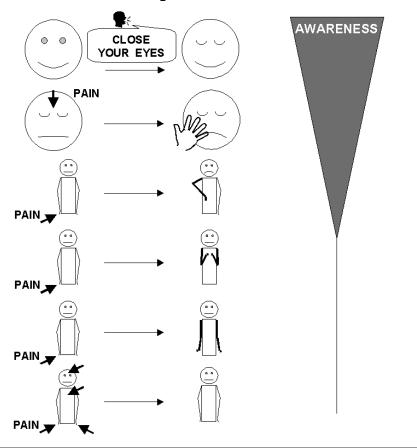




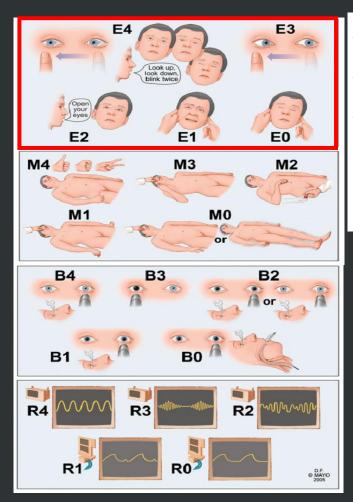
Glasgow Coma Scale

M - motor response

- 6. Obeys simple commands
- 5. Localizes pain
- 4. Withdraws (normal flexion)
- 3. Stereotyped flexion
- 2. Stereotyped extension
- 1. None



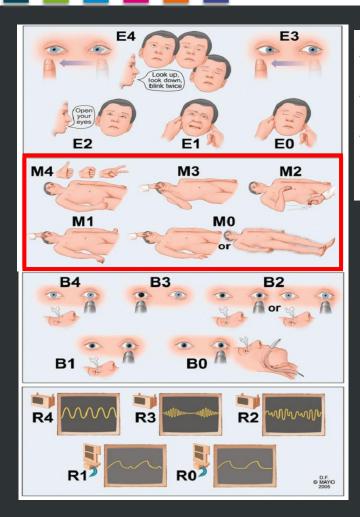




Grade the best possible response after at least 3 trials in an attempt to elicit the best level of alertness. A score of **E4** indicates at least 3 voluntary excursions. If eyes are closed, the examiner should open them and examine tracking of a finger or object. Tracking with the opening of 1 eyelid will suffice in cases of eyelid edema or facial trauma. If tracking is absent horizontally, examine vertical tracking. Alternatively, 2 blinks on command should be documented. This will recognize a locked-in syndrome (patient is fully aware). A score of **E3** indicates the absence of voluntary tracking with open eyes. A score of **E2** indicates eyelids opening to loud voice. A score of **E1** indicates eyelids open to pain stimulus. A score of **E0** indicates no eyelids opening to pain.

- 4 Eyelids open or opened, tracking or blinking to command
- 3 Eyelids open but not tracking
- 2 Eyelids closed but opens to loud voice
- 1 Eyelids closed but opens to pain
- Eyelids remain closed with pain

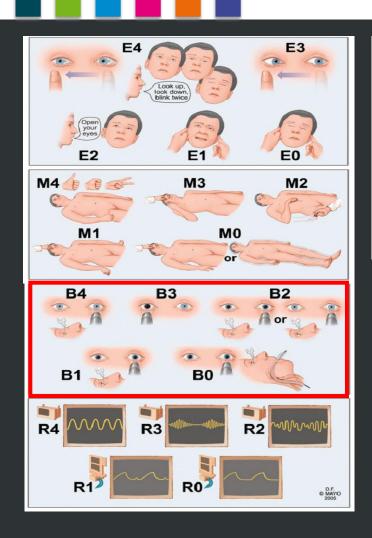




Grade the best possible response of the arms. A score of M4 indicates that the patient demonstrated at least 1 of 3 hand positions (thumbs-up, fist, or peace sign) with either hand. A score of M3 indicates that the patient touched the examiner's hand after a painful stimulus compressing the temporomandibular joint or supraorbital nerve (localization). A score of M2 indicates any flexion movement of the upper limbs. A score of M1 indicates extensor posturing. A score of M0 indicates no motor response or myoclonus status epilepticus.

- 4 Thumbs up, fist, or peace sign to command
- 3 Localizing to pain
- 2 Flexion response to pain
- 1 Extensor posturing
- O No response to pain or generalized myoclonus status epilepticus

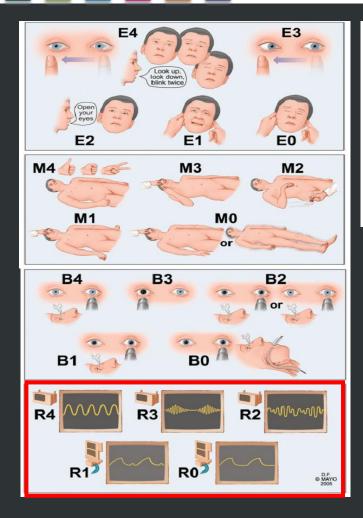




Grade the best possible response. Examine pupillary and corneal reflexes. Preferably, corneal reflexes are tested by instilling 2-3 drops of sterile saline on the cornea from a distance of 4-6 inches (this minimizes corneal trauma from repeated examinations). Cotton swabs can also be used. The cough reflex to tracheal suctioning is tested only when both of these reflexes are absent. A score of **B4** indicates pupil and cornea reflexes are present. A score of **B3** indicates one pupil wide and fixed. A score of **B2** indicates either pupil or cornea reflexes are absent, **B1** indicates both pupil and cornea reflexes are absent and a score of **B0** indicates pupil, cornea and cough reflex (using tracheal suctioning) are absent.

- 4 Pupil and corneal reflexes present
- 3 One pupil wide and fixed
- 2 Pupil or comeal reflexes absent
- 1 Pupil and comeal reflexes absent
- Absent pupil, corneal, and cough reflex





Determine spontaneous breathing pattern in a nonintubated patient, and grade simply as regular **R4**, irregular **R2**, or Cheyne-Stokes **R3** breathing. In mechanically ventilated patients, assess the pressure waveform of spontaneous respiratory pattern or the patient triggering of the ventilator **R1**. The ventilator monitor displaying respiratory patterns is used to identify the patient generated breaths on the ventilator. No adjustments are made to the ventilator while the patient is graded, but grading is done preferably with PaCO2 within normal limits. A standard apnea (oxygen-diffusion) test may be needed when patient breathes at ventilator rate **R0**.

- 4 Not intubated, regular breathing pattern
- 3 Not intubated, Cheyne-Stokes breathing pattern
- Not intubated, irregular breathing pattern
- 1 Breathes above ventilator rate
- Breathes at ventilator rate or apnea



GCS or FOUR?

	GCS	FOUR
VS/UWS	71	63
MCS	75	83

n = 146



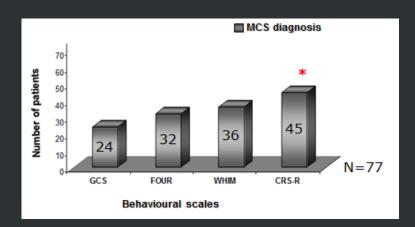
Coma Recovery Scale-Revised (CRS-R)

AUDITORY FUNCTION SCALE

- 4 Consistent Movement to Command *
- 3 Reproducible Movement to Command *
- 2 Localization to Sound
- 1 Auditory Startle
- 0 None

VISUAL FUNCTION SCALE

- 5 Object Recognition *
- 4 Object Localization: Reaching *
- 3 Visual Pursuit *
- 2 Fixation *
- 1 Visual Startle
- 0 None



MOTOR FUNCTION SCALE

- 6 Functional Object Use
- 5 Automatic Motor Response *
- 4 Object Manipulation *
- 3 Localization to Noxious Stimulation *
- 2 Flexion Withdrawal
- 1 Abnormal Posturing
- 0 None/Flaccid

OROMOTOR/VERBAL FUNCTION SCALE

- 3 Intelligible Verbalization
- 2 Vocalization/Oral Movement
- 1 Oral Reflexive Movement
- 0 None

COMMUNICATION SCALE

- 2 Functional: Accurate
- 1 Non-Functional: Intentional *
- 0 None

AROUSAL SCALE

- 3 Attention
- 2 Eye Opening w/o Stimulation
- 1 Eye Opening with Stimulation
- 0 Unarousable









Misdiagnosis

n=103 post-comatose patients

- 44 clinical consensus diagnosis 'vegetative state'
 - 18 signs of awareness
 - (Coma Recovery Scale-Revised)

41% potential misdiagnosis

- 41 clinical consensus diagnosis 'minimally conscious state'
 - 4 (10%) had emerged from the MCS

Diagnosis

Nociception and pain





Pain

"Unpleasant <u>sensory and emotional</u> experience associated with real or potential tissue damage"

"The inability to communicate verbally does not negate the possibility that an individual is experiencing pain and is in need of appropriate pain-relieving treatment."



Pain

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Nociception

"The neural process of encoding noxious stimuli" (transduced and encoded by nociceptors).

"Pain sensation is not necessarily implied".



Pain

"Unpleasant <u>sensory and emotional</u> experience associated with real or potential tissue damage"

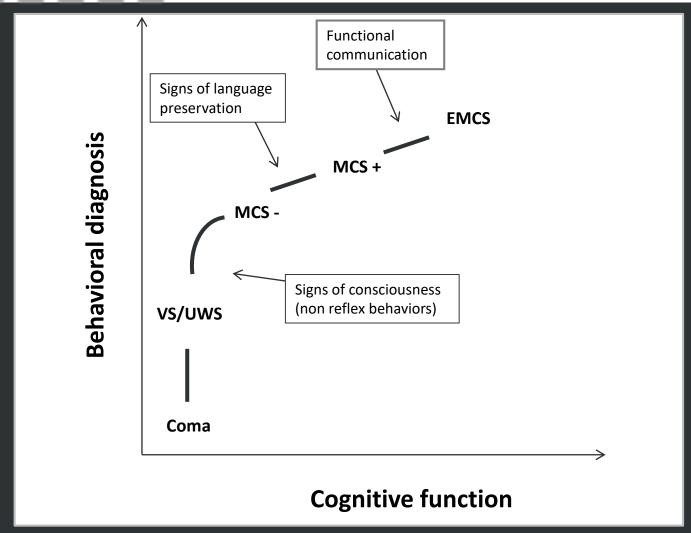
"The inability to communicate verbally does not negate the possibility that an individual is experiencing pain and is in need of appropriate pain-relieving treatment."

Nociception

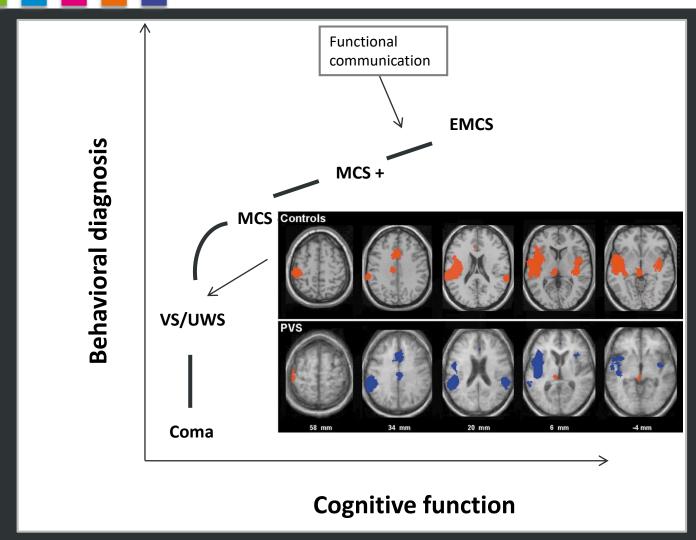
"The neural process of encoding noxious stimuli" (transduced and encoded by nociceptors). "Pain sensation is not necessarily implied".

→ « Pain is always subjective »

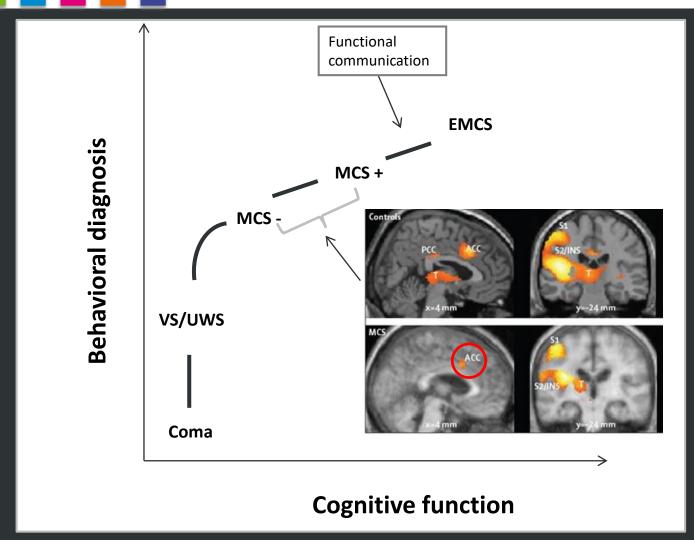














Behavioral scales

Population	Pain scales	Facial expression	Vocalization/ Verbalization	Body movements	Consolability	Arousal	Physiological parameters	Activity pattern
Demented elderly	DOLOPLUS2 (77)	√	√	√				√
1	PACSLAC (Pain Assessment Checklist for Seniors with Limited Ability to Communicate) (78)	√		1				√
	ECPA (L'Echelle Comportementale pour Personne Agées) (79)	√	√	√				√
	PAINAD (Pain Assessment in Advanced Dementia) (80)	√	√	√	√		√	
	NOPPAIN The Non-Communicative Patient's Pain Assessment Instrument) (81)	√	√	√				
	CNPI (Checklist of Nonverbal Pain Indicators) (82)	√	√	√				
	Abbey Pain Scale (83)	√	√	√			√	√
Newborns/preverbal	PIPP (Premature Infant Pain Profile) (84)	√					√	
children	NIPS (Neonatal Infant Pain Scale) (85)	√	√	√		√	√	
	CHEOPS (Children's Hospital of Eastern Ontario Pain Scale) (86)	√	√	√				
	FLACC(Face, Legs, Arms, Cry, Consolability) (87)	√	√	√	√			
	PPPM (Parents' Postoperative Pain Measure) (88)		√	√				√
Sedated/intubated	BPS (Behavioral Pain Scale) (89)	√		√				
patients	COMFORT Scale (90)	√		√		√	√	



Nociception Coma Scale

VERBAL RESPONSE

- 3 Verbalisation intelligible
- 2 Vocalisation
- 1 Groaning
- 0 None

MOTOR RESPONSE

- 3 Localization to noxious stimulation
- 2 Flexion withdrawal
- 1 Abnormal posturing
- 0 None/Flaccid

VISUAL RESPONSE

- 3 Fixation
- 2 Eyes movements
- 1 Startle
- 0 None

FACIAL EXPRESSION

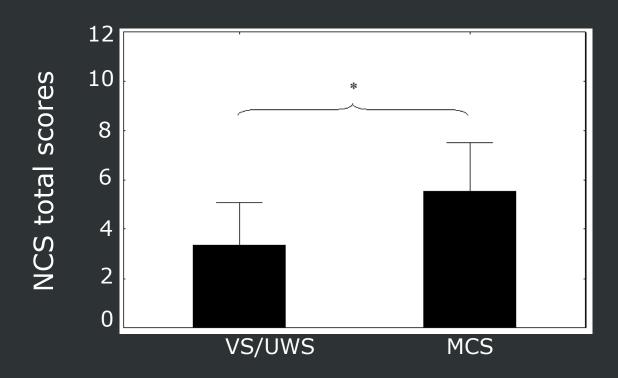
- 3 Cry
- 2 Grimace
- 1 Oral reflexive movement/Startle response
- 0 None

Total score: 12



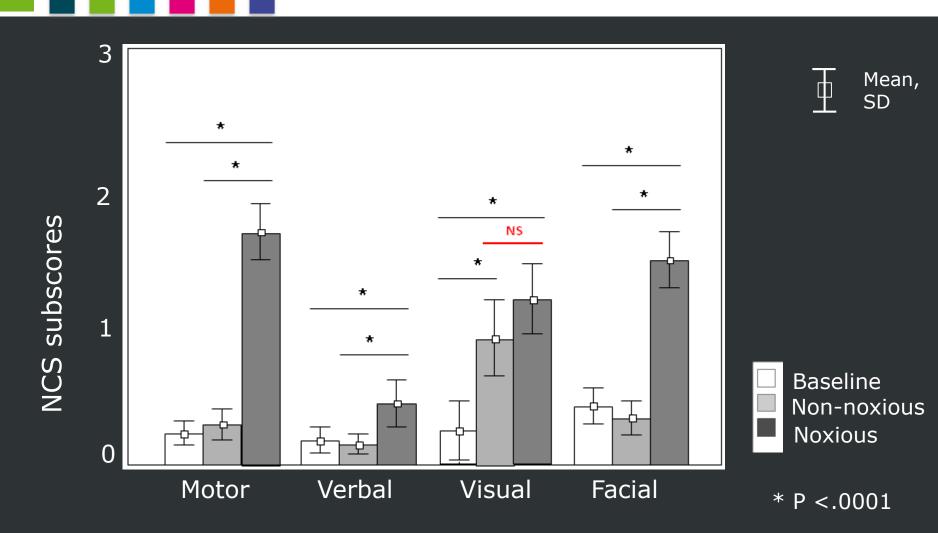
Nociception Coma Scale

- Concurrent validity: good
- Interrater reliability: good to excellent
- Effect of clinical diagnosis: yes





Nociception Coma Scale revised

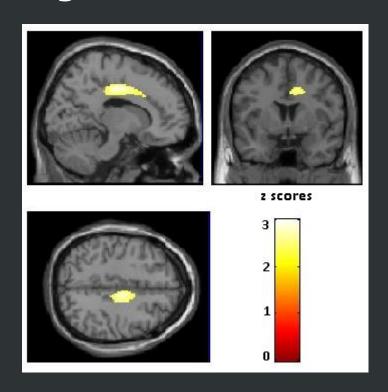


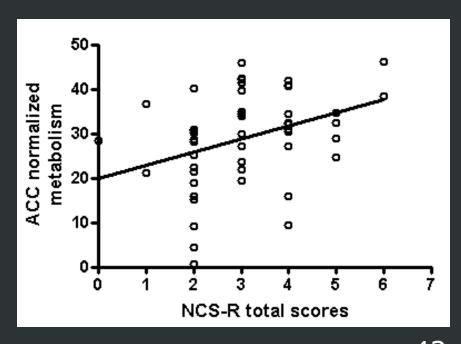


NCS-R and brain metabolism

NCS-R total scores correlate with posterior part of the anterior cingulate cortex

→cognitive-affective dimension of pain (Rainville, 1997)



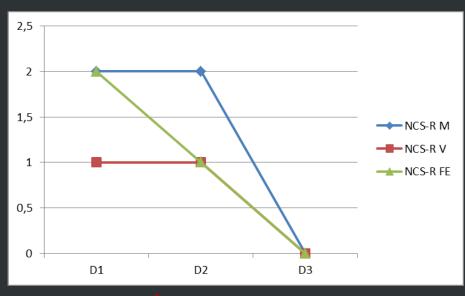


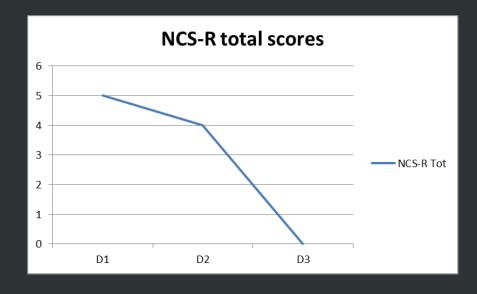
n = 42



NCS-R and clinic

21 yo, MCS, Polytrauma 8 days post injury Treatment: 1mg perfuzalgan before cares (mobilisation) Revised





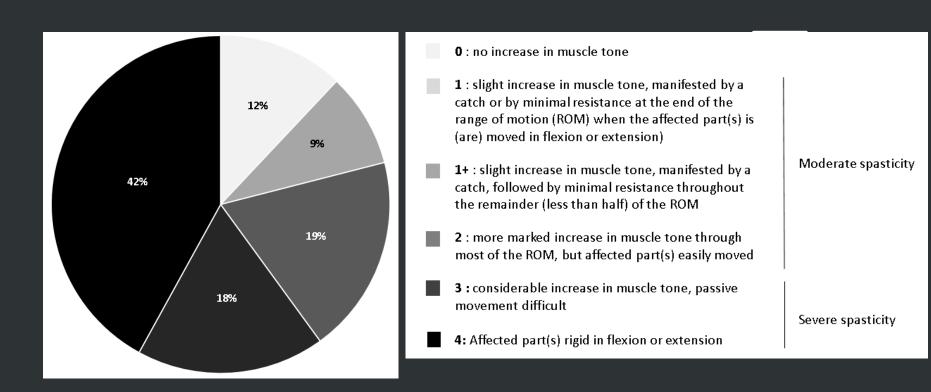


1mg/h morphine (continuous)



Spasticity in chronic DOC

Prevalence: 88% (n=59) suffered from spasticity (MAS≥1) and 60% (n=39) suffered from severe spasticity (MAS≥3)





Conclusion: guidelines on clinical management

- High rate of misdiagnosis if non sensitive scales are used
 - Acute stage/ICU: FOUR
 - Chronic stage : CRS-R
- Useful for monitoring recovery/medical complications
- Caveats
 - Language dependent
 - Relying strongly on motor abilities



Conclusion: guidelines on clinical management

- Need to improve management of potential pain: 76% documented potential pain, 59% not treated with analgesics
- NCS-R: useful tool for clinical management of nociception/pain:
 - Sudden increase in NCS-R scores can alert clinicians of a potential pain/medical complications, further investigation is needed
- Caveats
 - Motor/verbal dependent

BREAK (~15 min)



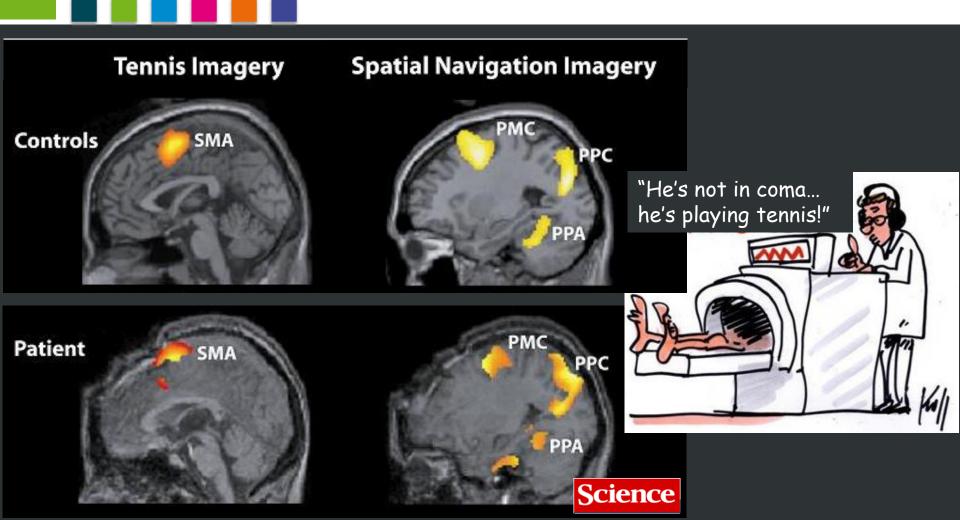
Paraclinical diagnosis

Active paradigms





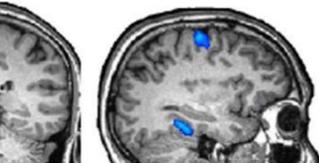
Active paradigm – fMRI



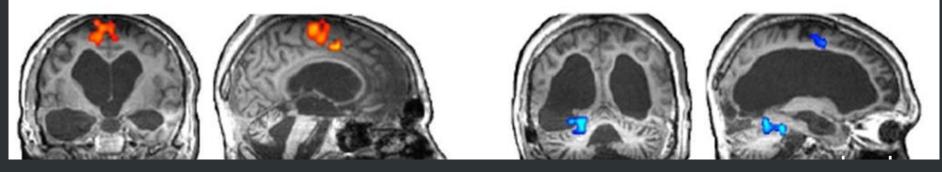


Active paradigm – fMRI



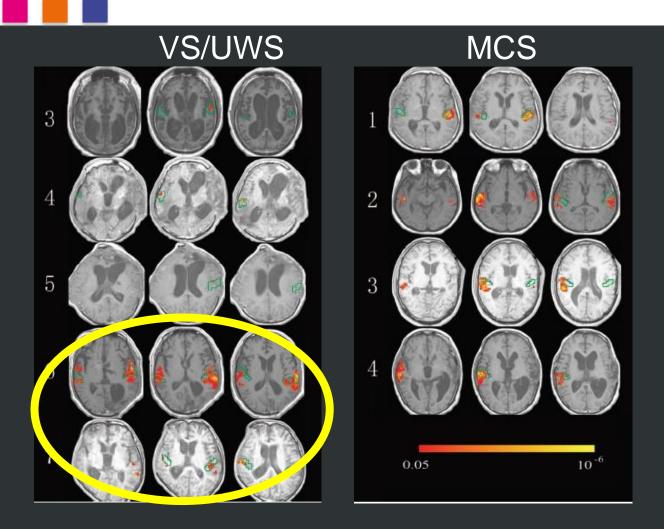


Answers « YES » Answers « NO » **« VEGETATIVE STATE »**





Active paradigm – fMRI



Atypical cortical activity



Activation studies predict outcome

n=48 patients

6 fMRI studies (n=17) and 8 PET (n=32)

32 non-traumatic

38% "high level" activation (n=18)

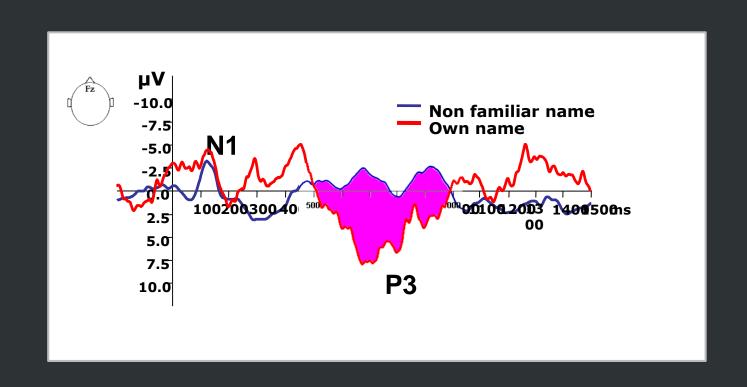
- 7 traumatic
- 82% (9/11) recovered consciousness (6 traumatic)

62% absent or primary "low level" cortical activation (n=30)

- typical activation pattern (n=25; 52%; 8 traumatic)
 - 84% (21/25) failed to recover (7 traumatic)
- no cortical activation (n=5; 10%; 1 traumatic)
 - 100% (4/4) failed to recover (1 traumatic)

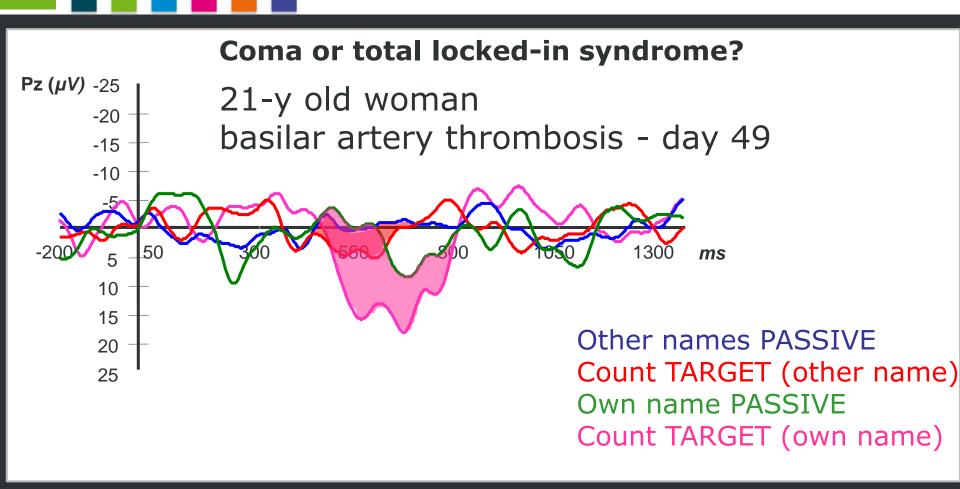


Active paradigm – EEG





Active paradigm – EEG





Active paradigm – EEG











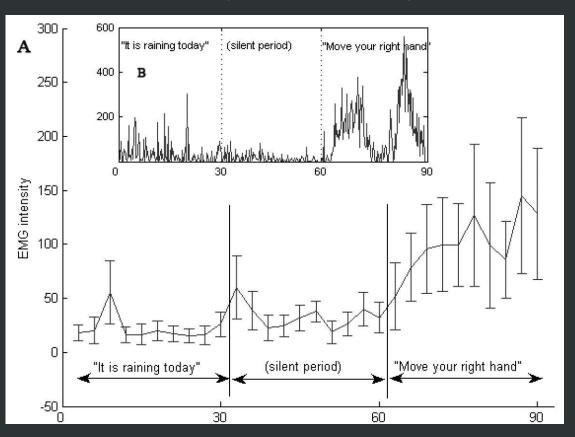
3/16 UWS patients successfully completed task

www.thelancet.com



Active paradigm – EMG

\ll Move your right hand \gg - 1/8 UWS & 2/2 MCS increased EMG



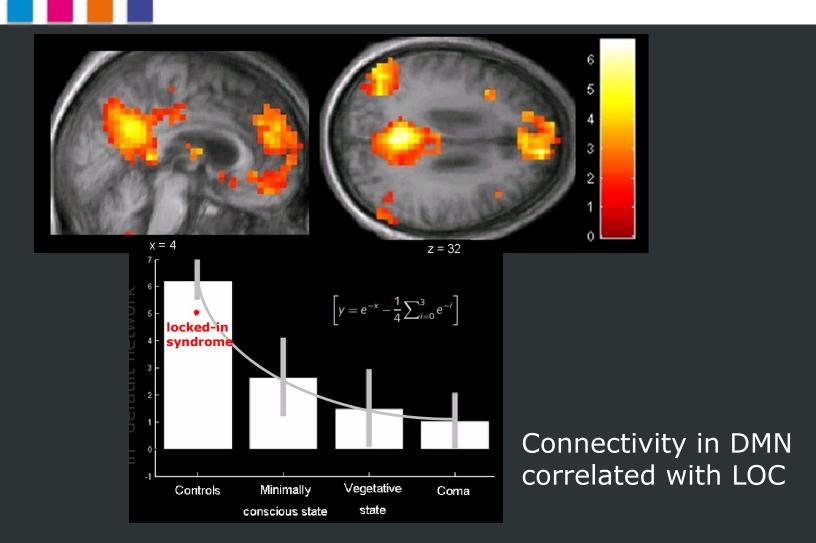
Paraclinical diagnosis

Passive paradigms





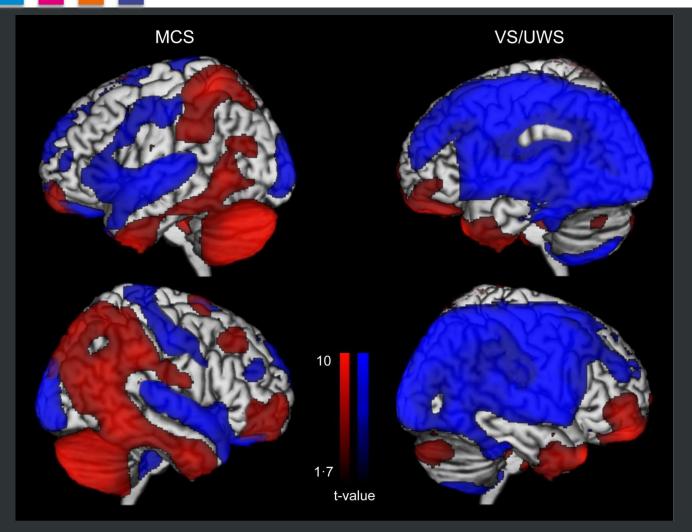
Default mode network





- 126 patients (81 MCS, 41 VS/UWS, 4 locked-in syndrome)
- Traumatic (n=48) and non-traumatic (n=78) etiology
- Chronic (>1 month, n=110) and subacute (n=16) setting
- Coma Recovery Scale Revised
- Fluorodeoxyglucose positron emission tomography (FDG-PET)
- Functional magnetic resonance imaging during mental activation tasks (fMRI)





Thibaut et al, J Rehabil Med, 2012; Stender and Gosseries et al, The Lancet, 2014



	Clinical consensus diagnosis	FDG-PET	Mental imagery fMRI
Completed examinations (out of 122)	122 (100%)	112 (91%)	72 (59%)
Number of interpretable examinations (out of all completed)	89 (73%)	112 (100%)	70 (97%)
Overall congruence with CRS-R (95% CI)	78%	85%	63%
Congruence with CRS-R diagnoses of VS/UWS	95%	67%	89%
Sensitivity to MCS	67%	93%	45%
Overall outcome prediction	-	74%	56%
Positive outcome prediction	-	67%	63%
Negative outcome prediction	-	92%	52%



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Overall congruence with CRS-R (95% CI)	78%	85%	63%
Congruence with CRS-R diagnoses of VS/UWS	95%	67%	89%
Sensitivity to MCS	67%	93%	45%
Overall outcome prediction	-	74%	56%
Positive outcome prediction	-	67%	63%
Negative outcome prediction	-	92%	52%



	Clinical consensus diagnosis	FDG-PET	Mental imagery fMRI
Completed examinations (out of 122)	122 (100%)	112 (91%)	72 (59%)
Number of interpretable examinations (out of all completed)	89 (73%)	112 (100%)	70 (97%)
Overall congruence with CRS-R (95% CI)	78%	85%	63%
Congruence with CRS-R diagnoses of VS/UWS	95%	67%	89%
Sensitivity to MCS	67%	93%	45%
Overall outcome prediction	-	74%	56%
Positive outcome prediction	-	67%	63%
Negative outcome prediction	-	92%	52%



Transcranial Magnetic Stimulation/Electroencephalography (TMS/EEG)





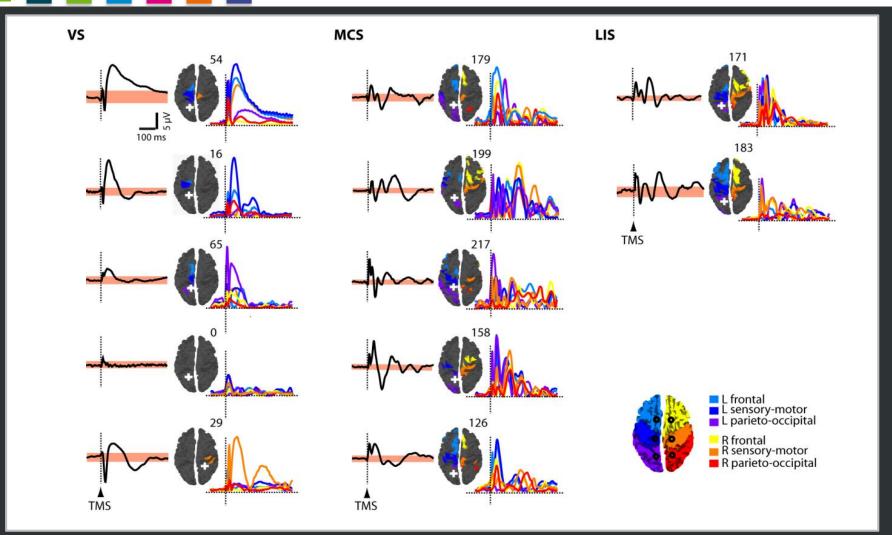




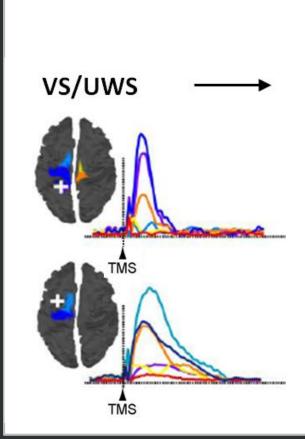
TMS/EEG

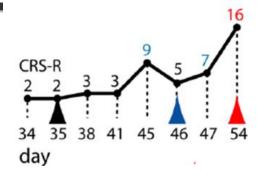
Deep sleep Wakefulness **TMS TMS** 0 ms 0 ms **TMS TMS**



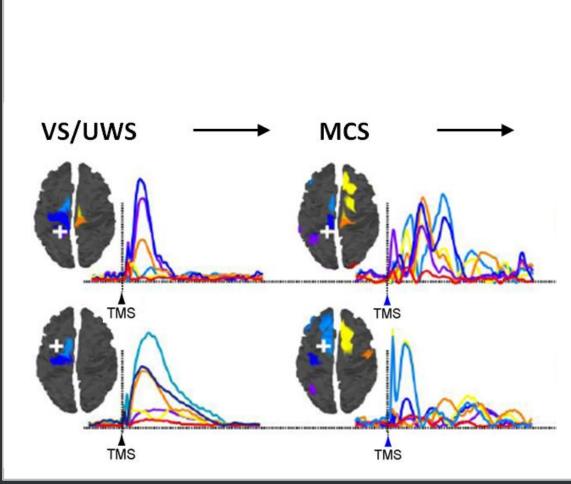


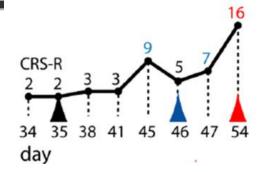




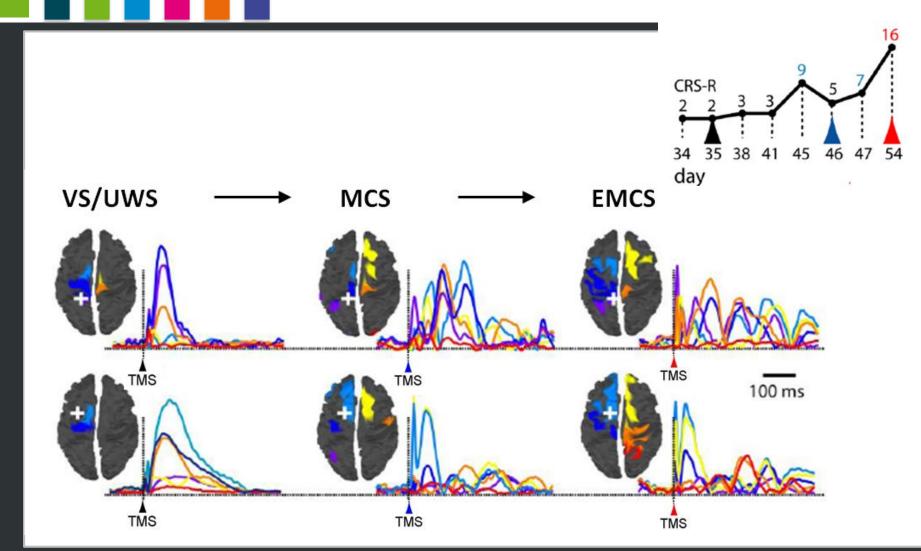






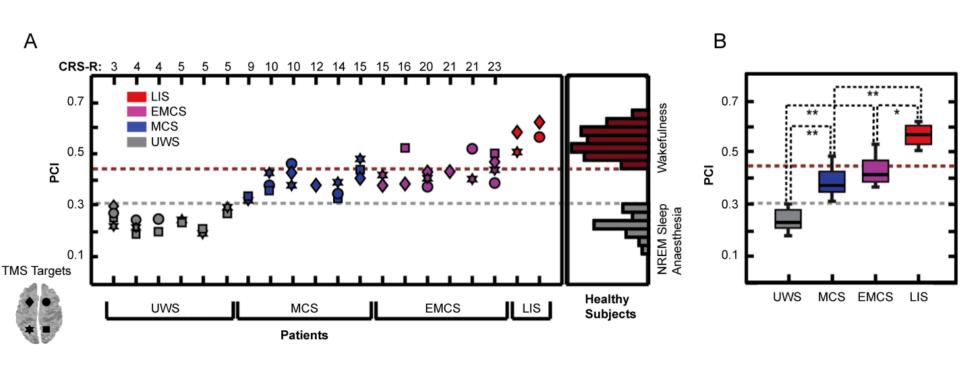








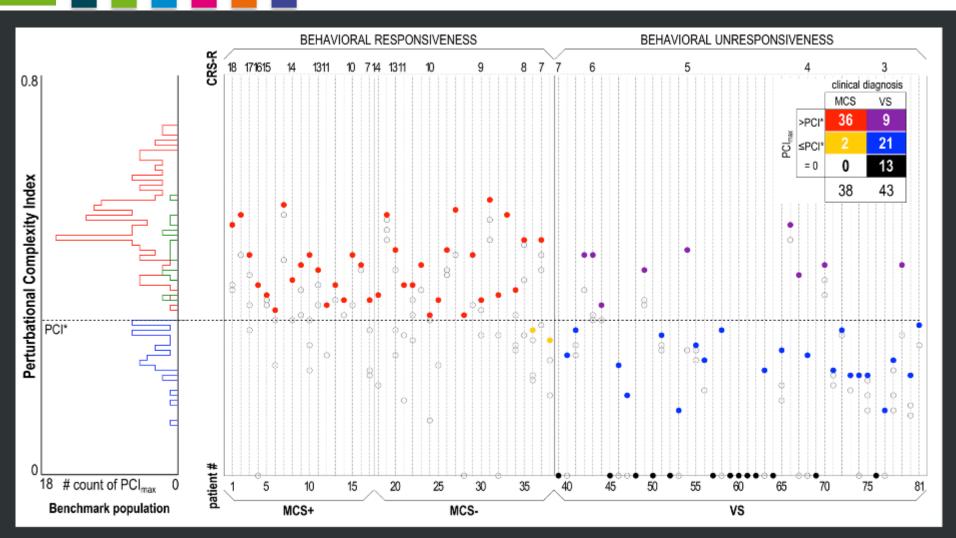
Perturbational complexity index (PCI)





Perturbational complexity index in comatose patients





Paraclinical diagnosis

Case reports





Patient :

Etiologie

0 - Néant

2 - Fixation*

Diagnostic initial:

FONCTION AUDITIVE

2 - Localisation de sons

FONCTION VISUELLE

3 - Poursuite visuelle*

1 - Réflexe de sursaut au bruit

5 - Reconnaissance des objets

4 - Localisation des objets : atteinte*

1 - Réflexe de clignement à la menace

4 - Mouvement systématique sur demande*

3 - Mouvement reproductible sur demande*

Behavioral assessment

ÉCHELLE DE RÉCUPÉRATION DU COMA VERSION REVUE FRANÇAISE @2004 Formulaire de rapport

Examinateur:

Date atteinte cérébrale :

Date admission:

FONCTION MOTRICE

2 - Flexion en retrait

1 - Réflexes oraux

0 - Néant

0 – Néant ÉVEIL 3 - Attention

4 - Manipulation d'objets*

6 – Utilisation fonctionnelle des obje 5 - Réaction motrice automatique 3 – Localisation des stimulations nociceptives* 1 - Posture anormale stéréotypée 0 - Néant / Flaccidité FONCTION OROMOTRICE/VERBALE 3 – Production verbale intelligible* 2 - Production vocale / Mouvements oraus 1 - Non fonctionnelle : intentionnelle* - Ouverture des yeux sans stimulation

TMS-EEG



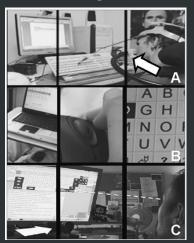
MRI



PET scan









EEG





Case reports

- 41 years old
- 4 years et 9 months post anoxia

- Diagnosis : vegetative/unresponsive state

- 35 years old
- 6 years and 10 months post ischemic stroke

Diagnosis : vegetative/unresponsive state



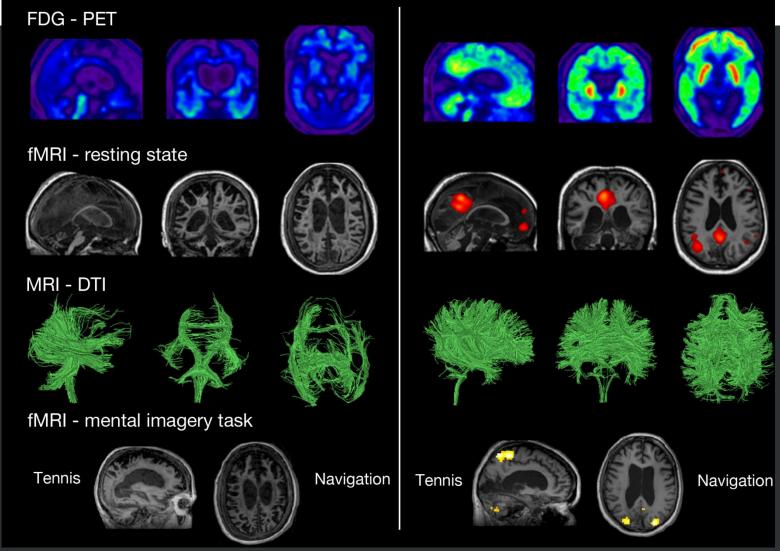
Case reports

CRS-R						
FONCTION AUDITIVE 4-Mouvement systématique sur demande*						
3-Mouvement reproductible sur demande*						
2 – Localisation de sons						
1 – Réflexe de sursaut au bruit 0 – Néant	X	X	X	X	X	X
FONCTION VISUELLE 5 – Reconnaissance des objets*						
4 – Localisation des objets : atteinte*						
3 – Poursuite visuelle* 2 – Fixation*						
1 – Réflexe de clignement à la menace						
0 – Néant	X	X	X	X	X	X
FONCTION MOTRICE 6 – Utilisation fonctionnelle des objets+						
5 – Réaction motrice automatique*						
4 – Manipulation d'objets*						
3-Localisation des stimulations nociceptives*						
2 – Flexion en retrait						
1 – Posture anormale stéréotypée	X	X	X	X	X	X
0 – Néant / Flaccidité						
FONCTION OROMOTRICE/VERBALE 3 – Production verbale intelligible*						
2 - Production vocale / Mouvements oraux						
1 – Réflexes oraux	X	X	X	X	X	X
0 – Néant COMMUNICATION		 				
2 – Fonctionnelle : exacte+						
1 – Non fonctionnelle: intentionnelle*						
0 – Néant	X	X	X	X	X	X
ÉVEIL 3 – Attention						
2 – Ouverture des yeux sans stimulation			X	X		
1 – Ouverture des yeux avec stimulation	X	X			X	
0 – Aucun éveil						X
Score total	4	4	5	5	4	3

CRS-R					
FONCTION AUDITIVE 4-Mouvement systématique sur demande*					
3-Mouvement reproductible sur demande*					
2 – Localisation de sons					
1 – Réflexe de sursaut au bruit					
0 – Néant	X	X	X	X	X
FONCTION VISUELLE 5 – Reconnaissance des objets*					
4 – Localisation des objets : atteinte*					
3 – Poursuite visuelle*					
2 – Fixation*					
1 – Réflexe de clignement à la menace					
0 – Néant	X	X	X	X	X
FONCTION MOTRICE 6 – Utilisation fonctionnelle des objets*					
5 – Réaction motrice automatique*					
4 - Manipulation d'objets*					
3-Localisation des stimulations nociceptives*					
2 – Flexion en retrait	X		X	X	X
1 – Posture anormale stéréotypée		X			
0 – Néant / Flaccidité					
FONCTION OROMOTRICE/VERBALE 3 – Production verbale intelligible*					
2 - Production vocale / Mouvements oraux					
1 – Réflexes oraux	X	X	X	X	X
0 – Néant					
COMMUNICATION 2 - Fonctionnelle : exacte+					
1 – Non fonctionnelle : intentionnelle*					
0 – Néant	X	X	X	X	X
ÉVEIL 3 – Attention					
2 – Ouverture des yeux sans stimulation					
1 – Ouverture des yeux avec stimulation	X	X	X	X	X
0 – Aucun éveil					
Score total	4	3	4	4	4



Case reports





Conclusion

- Behavioral assessment ≈ 40% misdiagnosis
- FDG-PET complement beside examinations and can predict long-term recovery of patients in chronic VS/UWS
- Active fMRI/EEG/EMG paradigms are less suited for differential diagnosis, but may provide a strong complementary tool
- TMS-EEG may provide for the first time a passive measure of consciousness at the single subject level
- Encourage to use multimodal assessment of the level of consciousness!

Treatment

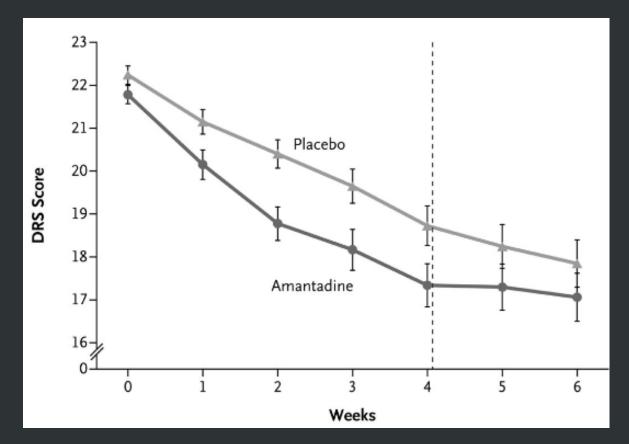
Pharmacological





Amantadine

Dopaminergic agent (Parkinson)

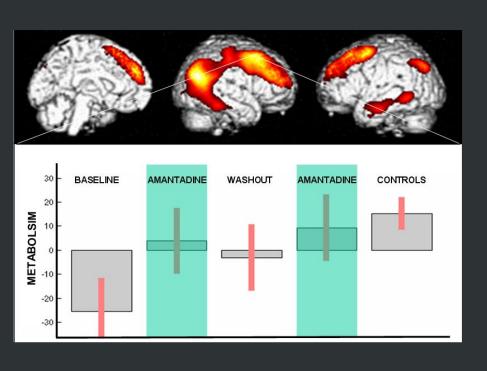


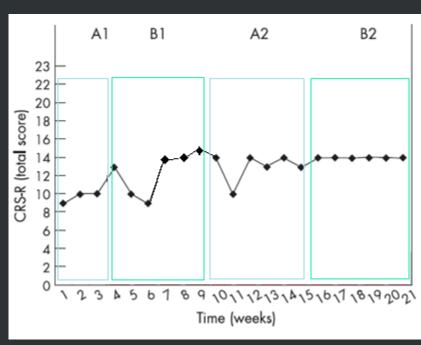
n = 184



Amantadine

Dopaminergic agent (Parkinson)







Zolpidem

short-acting nonbenzodiazepine GABA-A agonist hypnotic

1/15 responders = 6.7%

Whyte and Meyers, Am J Phys Med Rehabil, 2009

4/84 responders =5%

Whyte et al, Am J Phys Med Rehabil, 2014

4/60 responders

= 6.7%

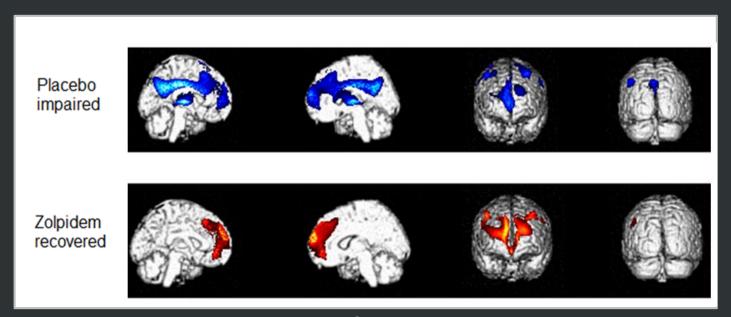
Without change of diagnosis

Thonnard and Gosseries et al, Funct Neurol 2014



Zolpidem

short-acting nonbenzodiazepine GABA-A agonist hypnotic



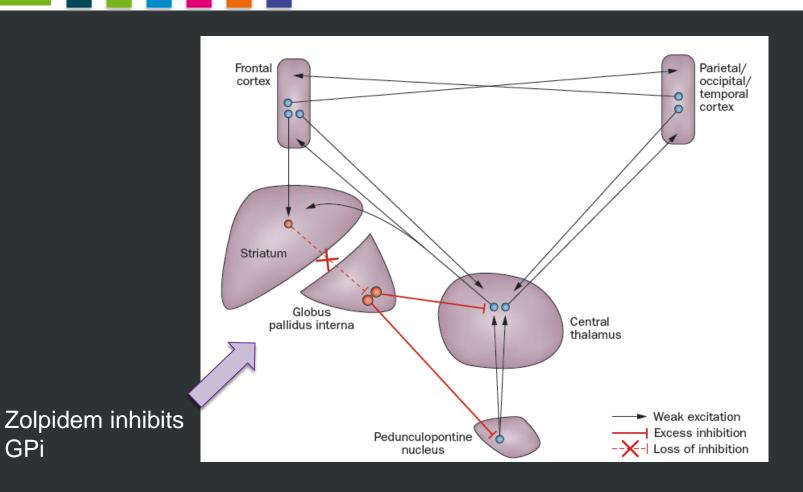
Chatelle et al, Front. Hum. Neurosci., 2014

n=3 MCS responders



GPi

Zolpidem



Chatelle et al, Front Hum Neurosci, 2014 Williams et al, Elife, 2013

Treatment

Brain stimulation





Recent RCTs on NIBS in DOC

Thibaut et al, 2014 Single session (20 minutes) of active and sham stimulation over the left DLPFC with 25 TBI, 30 non-TBI 30 MCS, 25 UWS TOCS Thibaut et al, 2017 TIDCS Thibaut et al, 2017 TIDCS Thibaut et al, 2017 TIDCS TRIBBUTE et al, 2018 TIDCS TRIBBUTE et al, 2018 TIDCS TRIBBUTE et al, 2018 TIDCS	
Thibaut et al, 2017 11 TBI, 5 non-TBI 16 MCS 3months minutes a day) over the DLPFC. CRS-R performed before, after 5 days of tDCS and at 1-week follow-up TDCS 13 Solution minutes a day) over the DLPFC. CRS-R performed before, after 5 days of tDCS and at 1-week follow-up Behavioral (CRS-R total score) and EEG 4=0.43; at 1 week follow-up: d=0.57 Behavioral (CRS-R total score) and EEG	
Estraneo et al, 2017 1 TBI, 12 non-TBI 7 UWS, 6 MCS 1 TBI, 12 non-TBI 7 UWS, 6 MCS DLPFC (20 min/day). EEG and CRS-R at baseline, after 5 days and 3-month follow-up UWS). At the group level, no statistical difference between the two groups.	
tDCS 26 1 to 18 20 sessions of DLPFC for 20 days NIBS N Time since injury Procedure Results	Effect sizes
tDCS Martens et al, 2018 TO MCS TO M	
tDCS Huang et al, 2017 33 MCS 5 sessions of minutes a dc after 5 days up up TTMS 10 4 TBI, 6 non-TBI 5 UWS, 5 MCS 10 to et al, 2016 5 sessions of active or sham 20-Hz rTMS over M1 for 10 minutes (1000 pulses in 20 trains). CRS-R and CBF velocity of the MCA before and after rTMS	can flow
TRNS 9 1 TBI, 9 non-TBI 9 UWS 1 TBI, 9 non-TBI 9 UWS 30 days to 4 months 5 sessions of for 20 minute at baseline, at 3-day foll. 1 to 28 months	p to 1- alleled

Past 5 years:

tDCS → 6 RCTs (170 pts) – 5 DLPFC & 1 M1 - 1 to 20 sessions – ES: 0.38 – 2.22

tRNS → 1 RCT (9 pts) – DLPFC – no clincial/neurophysiological effects

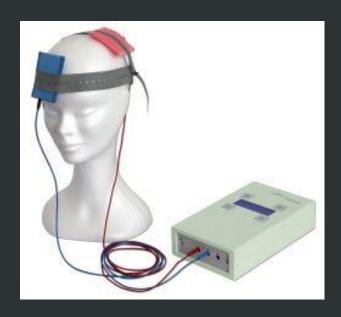
rTMS → 3 RCTs (27 pts) – M1 – 20 Hz – no clinical/neurophysiological effects

Thibaut et al, Lancet Neurol



Transcranial direct current stimulation

- Transcranial direct current stimulation = tDCS
- Constant, weak direct current through electrodes
- The current induces intracerebral current flow that either increases or decreases the neuronal excitability in the specific area being stimulated

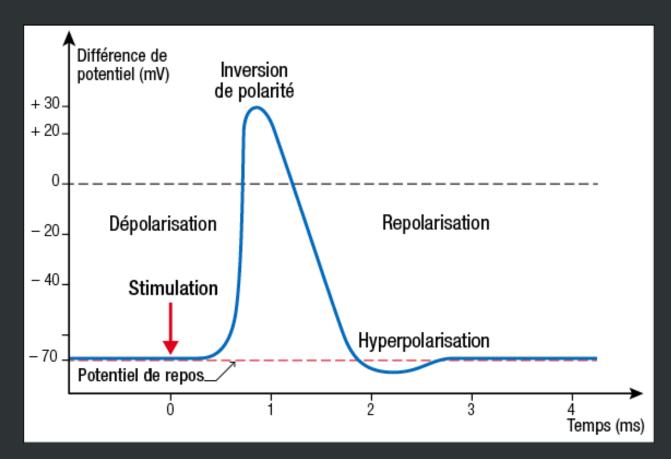




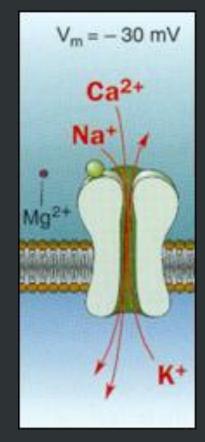


tDCS mechanisms

Short term effects



Long term





Transcranial direct current stimulation

Stimulati	on	Population	Effects	Authors
Motor cort	ex	Healthy subjects	Dexterity	Boggio et al. Neurosci Lett, 2006
		Hemiplegic patients	Dexterity and strength	Hummel et al. Lancet, 2006
		Spastic patients	Spasticity & ADL (activity of daily life)	Wu et al., Arch Phys Med Rehabil 2012
Prefrontal cortex		Healthy subjects	Memory	Marshall et al. J Neurosci, 2004
		Alzheimer's patients	Memory	Ferrucci et al. Neurology, 2008
		Stroke patients	Attention	Jo et al. Am J Phys Med Rehabil, 2009
		Aphasic patients	Language	Baker et al. Stroke, 2010



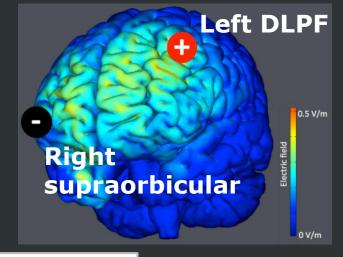
tDCS - single session

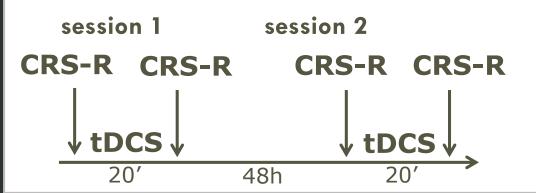
Randomized, double blind, sham controlled, cross-over

study

Direct current: 2 mA; 20 min

 55 patients included VS/UWS; 30 MCS; TBI; 43±18y)



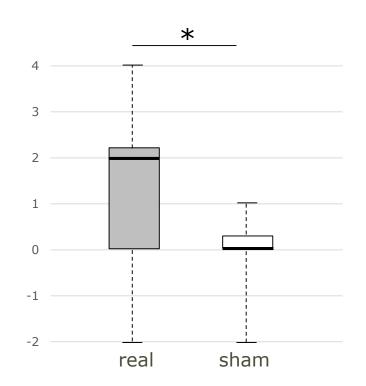


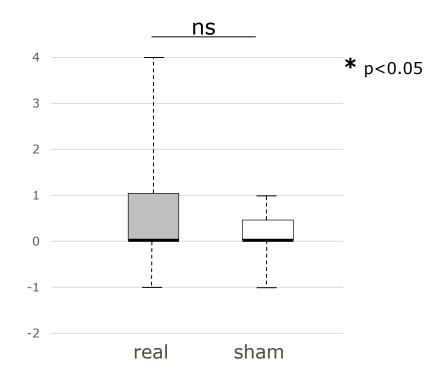


Transcranial direct current stimulation

Treatment effect: delta CRS-R total scores







$$MCS (n=30)$$



tDCS - single session

15/55 responders

Patient who showed new signs of consciousness after tDCS and not before tDCS or before and after sham

- 2 VS/UWS; subacute (<3m)
- 13 MCS (6 > 1y post insult)

Diagnostic change

- 2 VS/UWS→ MCS
- 2 MCS → EXIT (subacute)



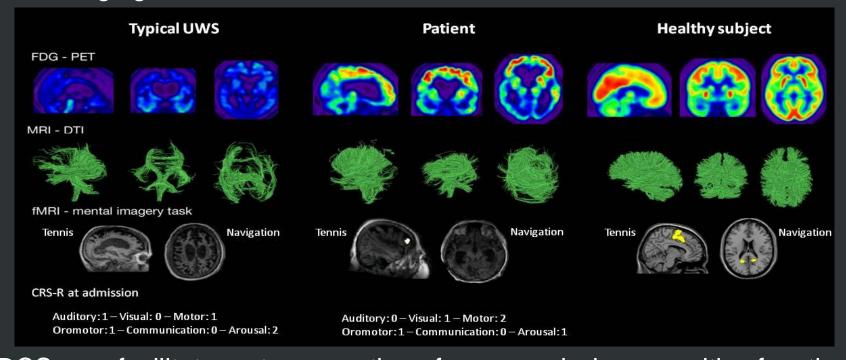
tDCS – single session

RECOVERY	NUMBER OF
TAZOG VZIKI	PATIENTS
Consistent command following	1
Reproducible command following	4
Localization to sounds	1
Object recognition	2
Object localization	1
Visual pursuit	5
Functional use of object	1
Automatic motor reaction	2
Object manipulation	3
Vocalisation	3
Functional communication	2
Without stimulation	2
	Reproducible command following Localization to sounds Object recognition Object localization Visual pursuit Functional use of object Automatic motor reaction Object manipulation Vocalisation Functional communication



tDCS to unveil covert consciousness

- 67yo woman in UWS for 4y after subarachnoid hemorrhage
- Out of 7 CRS-R, 1 localization to pain
- Consistent response to command <u>only</u> after tDCS
- Neuroimaging consistent with MCS*



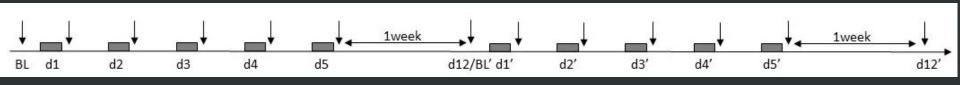
tDCS may facilitate motor execution of command when cognitive functions are preserved



tDCS – repeated sessions

- Single stimulation: effects \pm 60 min¹
- → short-lasting improvements, back to initial state
- 1. Increase the duration of the effects
- 2. Increase the number of responders

Randomized sham controlled double blind cross-over



\$1: real or sham

S2: sham or real

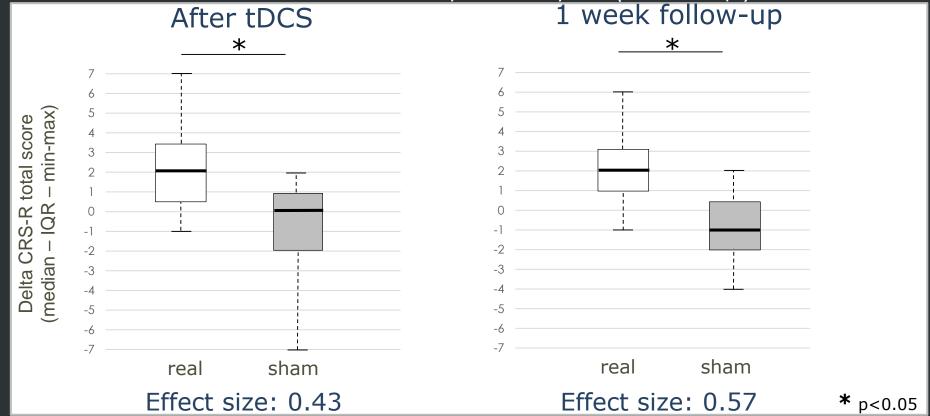




tDCS – repeated sessions

16 patients in MCS (> 3months; 12 TBI; $47 \pm 16 \text{ y}$)

Treatment effect: delta CRS-R day 5 & day 12 (follow-up)

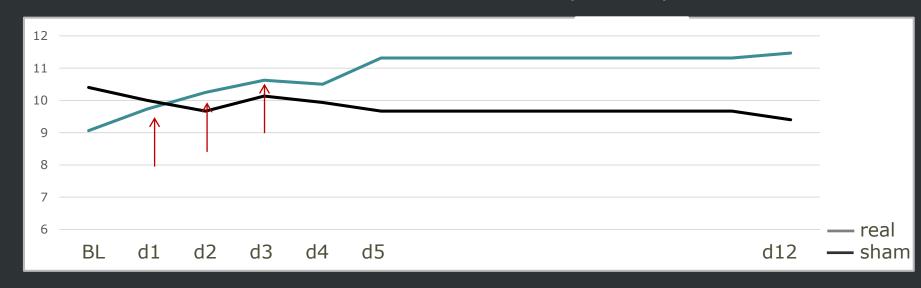




tDCS – repeated sessions

Longitudinal analysis:

- Real session: significant + time evolution (p<0.001)
- Sham session: no evolution across time (p=0.64)



Some patients responded after 1, 2 or 3 days of tDCS

responders (9/16 – 56%)
Single stim: 43% responders – effect size : 0.38 (versus 0.57)



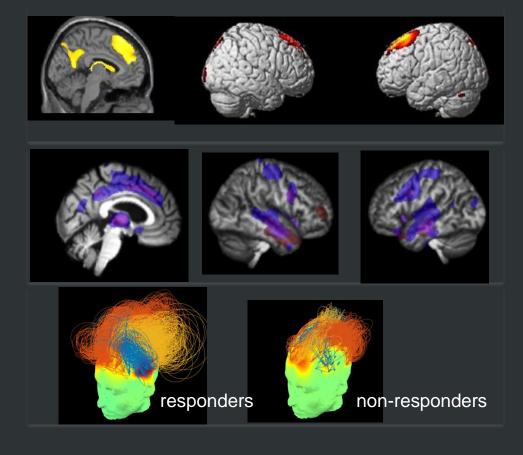
Predicting clinical response

tDCS responders ≠ non-responders

Brain metabolism (PET-scan) ≠ responders & non-responders •

Grey matter atrophy (MRI)
Grey matter atrophy
in responders
in non-responders

Brain connectivity (hd-EEG) theta centrality

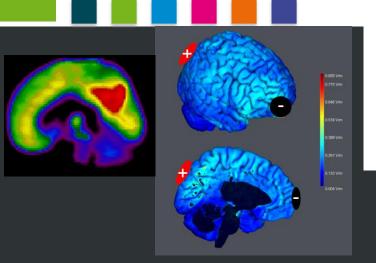




tDCS - Precuneus









Repeated stimulation of the posterior parietal cortex in patients in minimally conscious state: A sham-controlled randomized clinical trial

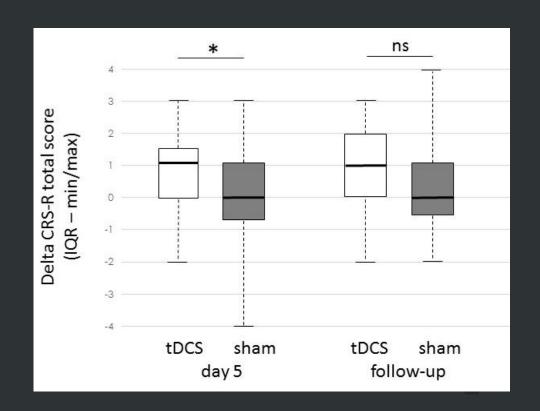
RCT crossover - 5 sessions

33 MCS > 3 months post-insult $(57\pm11y; 20 \text{ TBI})$

9 responders (27%)
Sub-acute > chronic

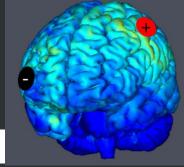
No effect at follow-up

Effect size: 0.31





tDCS - motor cortex



Motor cortex: common & efficient tDCS target

For patients with DOC?

- →Immobilization, paresis...
- →Improve behavioral responsiveness
- →Covert consciousness

Group level (n=10): no significant improvement (p=0.55; ES=0.10)

Single-subject level: 2 responders

Single stimulation & small sample size

D-tit-	Deter	 	 _
Patient:	Date:		
AUDITORY FUNCTION			 _
4 - Consistent Movement	to Command *		_
3 - Reproducible Moveme	ent to Command *		_
2 - Localization to Sound			_
1 - Auditory Startle			
0 - None			
VISUAL FUNCTION S	CALE		 -
5 - Object Recognition *			_
4 - Object Localization: R	eaching *		
3 - Visual Pursuit *			
2 - Fixation *			
1 - Visual Continue			
None			
MOTOR FUNCTION S	CALE		
6 - Functional Object Use	+		
5 - Automatic Motor Resp	onse *		
4 - Object Manipulation *			
3 - Localization to Noxiou	s Stimulation *		
2 - Flexion Withdrawal			
1 - Abnormal Posturing			
0 - None/Flaccid			
POMOTOR/VERBAL	FUNCTION SCALE		
3 - Intelligible	*		
2 - Vocalization/Oral Move	ement		
1 - Oral Reflexive Movem	ent		
0 - None			
COMMUNICATION SC	ALE		
2 - Functional: Accurate	•		
1 - Non-Functional: Inten	tional *		
0 - None			
AROUSAL SCALE			
3 - Attention			
2 - Eye Opening w/o Stim	ulation		
1 - Eye Opening with Stin	nulation		
0 - Unarousable			

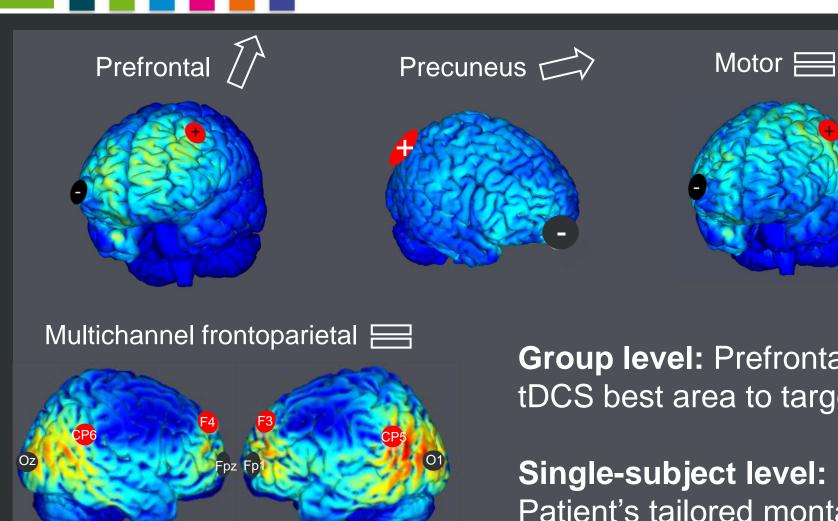
Denotes emergence



Stimulating different brain areas



SCIENCE GROUP



Group level: Prefrontal tDCS best area to target

Single-subject level: Patient's tailored montage



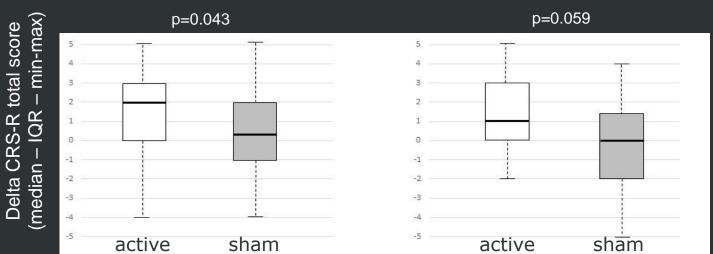
Clinical translation



- Feasibility of tDCS for daily use
 - By relatives/caregivers (20 sessions)
 - 27 MCS patients compliance: 93±14%
 - No clinical effects
 - 22 MCS patients received ≥80% tDCS sessions
 - Significant effects & trend at 8-week follow-up no AE

Post tDCS

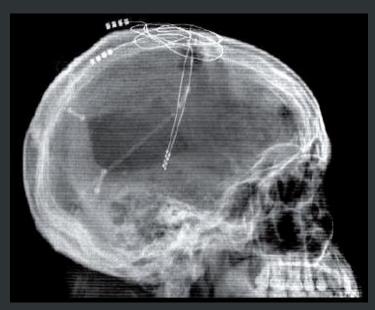
8 weeks follow-up

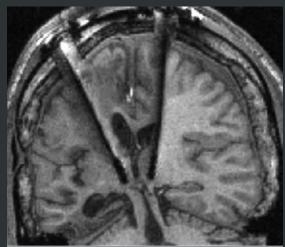




Deep Brain Stimulation

Intralaminar nuclei stimulation induces "recovery" from minimally responsive state

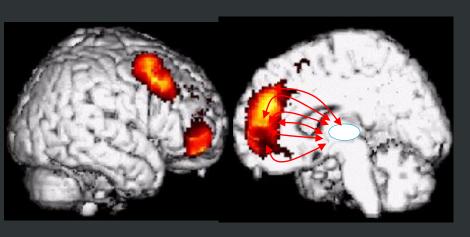




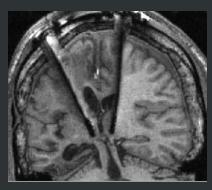


Deep Brain Stimulation

Intralaminar nuclei "reconnections" in spontaneous recovery from "vegetative" unresponsive state







Laureys et al, Lancet 2000

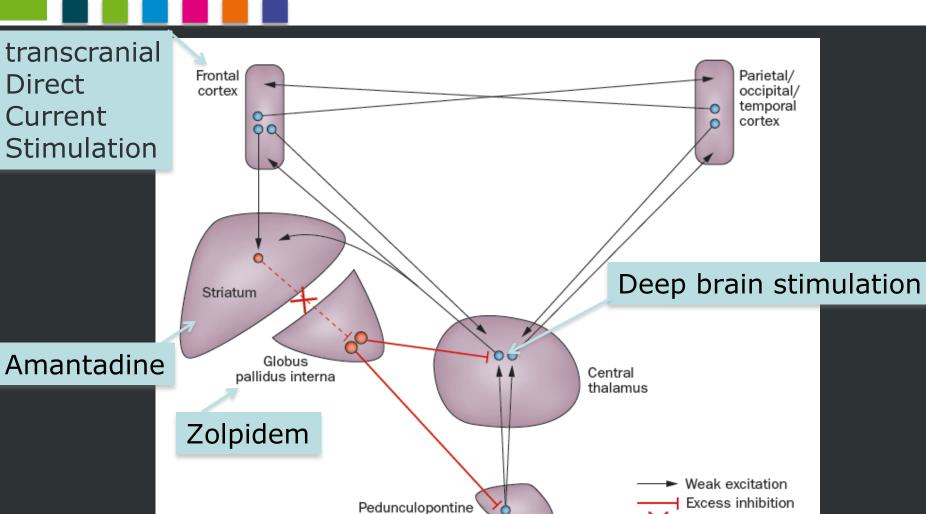
Schiff et al, Nature 2007

MCS → emerged – prolonged effects sustained attention, intelligible words, functional objects use

No RCT & side-effects



Combined treatment: potential solution?



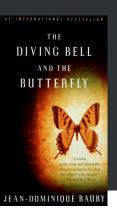
nucleus

Loss of inhibition



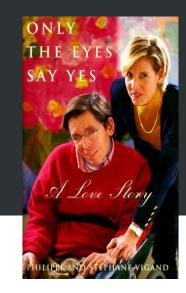
Conclusion

- Potential interest of pharmacological...
 - Zolpidem
 - Amantadine
- and non pharmacological treatments
 - tDCS
 - DBS
- More validation studies are needed
- Assessment of the daily use in clinical setting

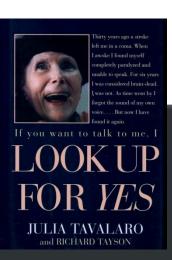








Locked-In Syndrome













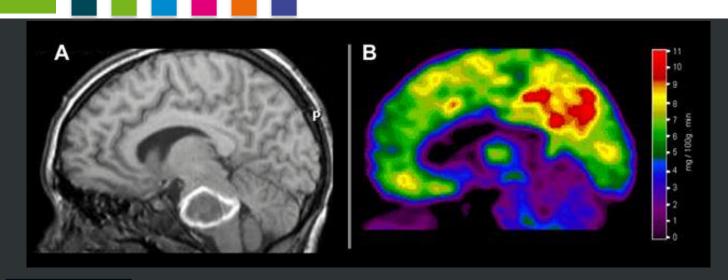
LIS - Definition

Bauer et al. (1989):

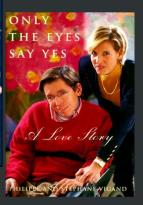
- Classical LIS
 - Complete immobility except for vertical eye movements and blinks.
- Incomplete LIS
 - Some preserved voluntary motricity (head, superior or inferior limbs).
- Complete LIS
 - Total immobility including ocular motricity



LIS - Diagnosis



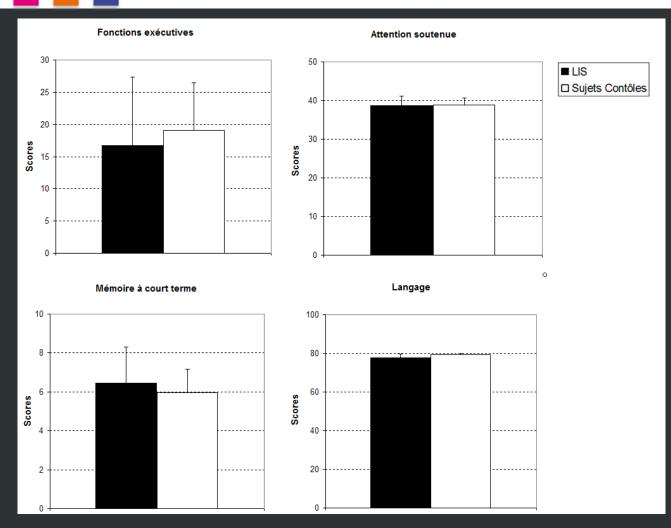




Person who gave the LIS diagnosis	Number of patients (n=84) (%)
Medical doctor	52 (62%)
Family member	28 (33%)
Other	4 (5%)



LIS – Cognitive functions





Ethical issues

Attitudes towards end-of-life issues in disorders of consciousness: a European survey

- A. Demertzi · D. Ledoux · M.-A. Bruno ·
- A. Vanhaudenhuyse · O. Gosseries · A. Soddu ·

VS

C. Schnakers · G. Moonen · S. Laureys

20 10

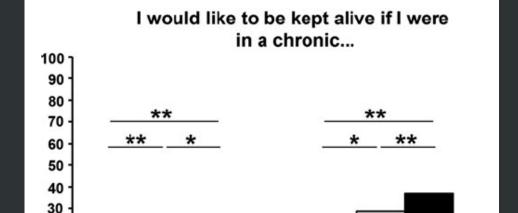


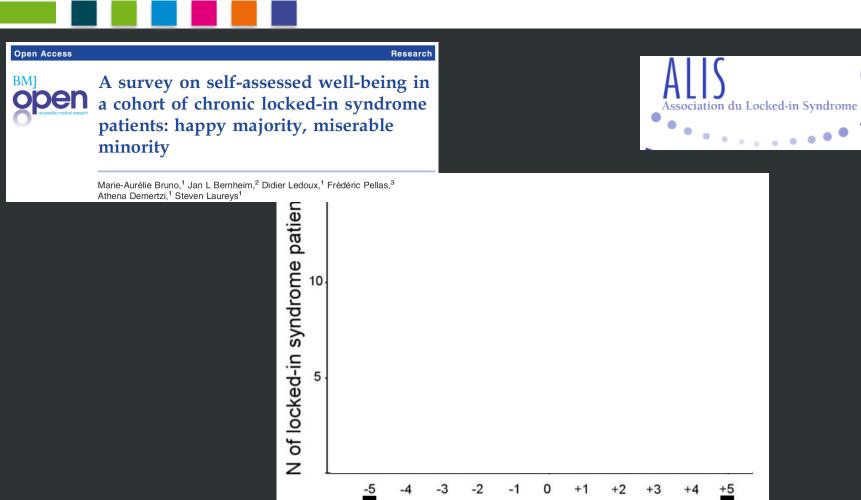
Fig. 2 End-of-life attitudes towards the vegetative state (VS) and minimally conscious states (MCS) depending on geographic region. Bars represent % agreement (white: Northern, grey: Central, black: Southern Europe; *P < 0.05, **P < 0.001)

MCS

2,475 medical professionals



Ethical issues: what about LIS?



Worst period in my life

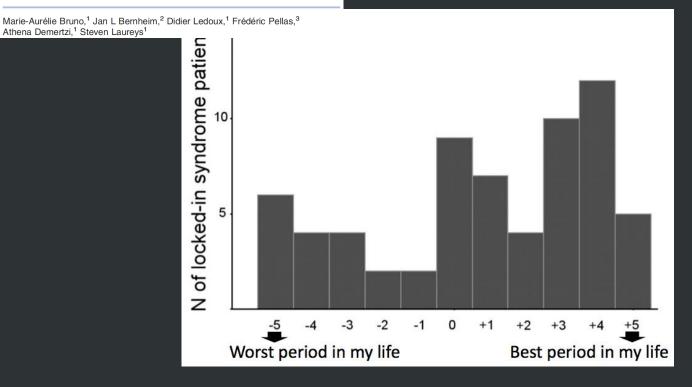
Best period in my life



Ethical issues



A survey on self-assessed well-being in a cohort of chronic locked-in syndrome patients: happy majority, miserable minority Association du Locked-in Syndrome





Conclusion

- LIS # DOC in terms of brain lesions and level of consciousness
- Preserved cognitive abilities
- Happy majority?
 - Pain
 - Communication
 - Don't forget the minority!

Near-death experiences







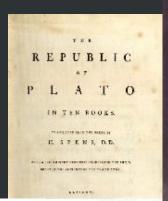
Near-death experiences: definition

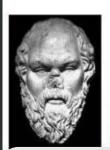
Near-Death Experience (NDE): "Profound psychological events with transcendental & mystical elements typically occurring to individuals close to death or in situations of intense physical or emotional danger".

- a set of mental events with highly emotional, self-related, mystical & spiritual aspects
- recurrent "features" (e.g., feeling of peacefulness, out-ofbody experiences, ...)
- classically occurring in an altered state of consciousness

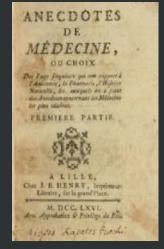


Near-death experiences: historical background

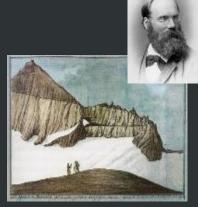












Platon's Republic 315 B.C.

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A Neurosurgeon's Journa into the Afterlife

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The Science of the Near-Death Experience

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What we can les Passage

KENNETH RING, PH.D.

AND EVILYN ELSAESSER VALARINO

Eternity

Transformed by the Light

THE POWERFUL EFFECT OF **NEAR-DEATH EXPERIENCES** ON PEOPLE'S LIVES

RAYMOND A. MOODY, JR., M.D

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The Stories and Science Life After Death

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Near-Death Experiences

Ronald N. Beshara, S.

Dancing Pas the Dark

Distressing Near-Death Experiences

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Dr. Pim van Lommel

Azmina Suleman

MELVIN MORSE, M.D., with Paul Perry Foreword by Raymond A. Moody, M.D.

126 BOUND GREYSCH

Judy Bachrach

Nancy Evans Bus

SUSAN BLACKMORE



Near-death experiences

Main explanatory models

- Spiritual theories ► ► "dualistic" approach toward the mind—brain relationship
- Neurobiological theories ➤ ► brain mechanisms might underlie
 NDEs
- Psychological theories ► ► psychological reaction to impending death



Near-death experiences: Identification

Greyson NDE scale: Scores ≥7 = NDE experiencer

Cognitive

- (1) Did time seem to speed up or slow down?
 - 0 = No
 - 1 = Time seemed to go faster or slower than usual
 - 2 = Everything seemed to be happening at once; or time stopped or lost all meaning

Affective

- (2) Were your thoughts speeded up?
 - 0 = No
 - 1 = Faster than usual
 - 2 = Incredibly fast
- (3) Did scenes from your past come back to you?
 - 0 = No
 - 1 = I remembered many past events
 - 2 = My past flashed before me, out of my control
- (4) Did you suddenly seem to understand everything?
 - 0 = No
 - 1 = Everything about myself or others
 - 2 = Everything about the universe

- (5) Did you have a feeling of peace or pleasantness?
 - 0 = No
 - 1 = Relief or calmness
 - 2 = Incredible peace or pleasantness
- (6) Did you have a feeling of joy?
 - 0 = No
 - 1 = Happiness
 - 2 = Incredible joy
- (7) Did you feel a sense of harmony or unity with the universe?
 - 0 = No
 - 1 = I felt no longer in conflict with nature
 - 2 = I felt united or one with the world
- (8) Did you see, or feel surrounded by, a brilliant light?
 - 0 = No
 - 1 = An unusually bright light
 - 2 = A light clearly of mystical or other-worldly origin



Near-death experiences: Identification

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Greyson NDE scale: Scores ≥7 = NDE experiencer

Paranormal

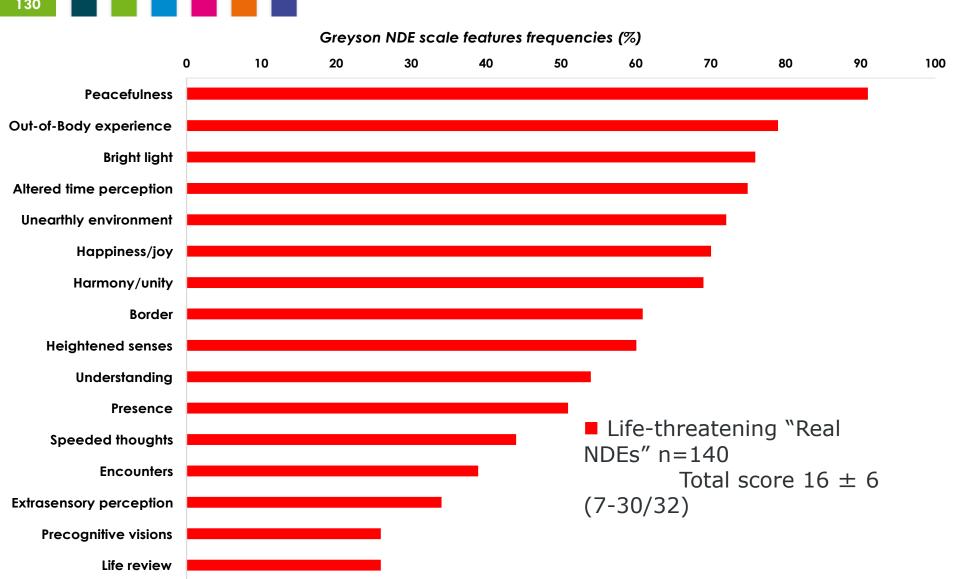
- (9) Were your senses more vivid than usual?
 - 0 = No
 - 1 = More vivid than usual
 - 2 = Incredibly more vivid
- (10) Did you seem to be aware of things going on elsewhere, as if by ESP?
 - 0 = No
 - 1 =Yes, but the facts have not been checked out
 - 2 = Yes, and the facts have been checked out
- (11) Did scenes from the future come to you?
 - 0 = No
 - 1 =Scenes from my personal future
 - 2 = Scenes from the world's future
- (12) Did you feel separated from your body?
 - 0 = No
 - 1 = Ilost awareness of my body
 - 2 = I clearly left my body and existed outside

Transcendental

- (13) Did you seem to enter some other, unearthly world?
 - 0 = No
 - 1 =Some unfamiliar and strange place
 - 2 = A clearly mystical or unearthly realm
- (14) Did you seem to encounter a mystical being or presence, or hear an unidentifiable voice?
 - 0 = No
 - 1 = I heard a voice I could not identify
 - 2 = I encountered a definite being, or a voice clearly of mystical or unearthly origin
- (15) Did you see deceased or religious spirits?
 - 0 = No
 - 1 = I sensed their presence
 - 2 = I actually saw them
- (16) Did you come to a border or point of no return?
 - 0 = No
 - 1 = I came to a definite conscious decision to return to life
 - 2 = I came to a barrier that I was not permitted to cross; or was sent back against my will

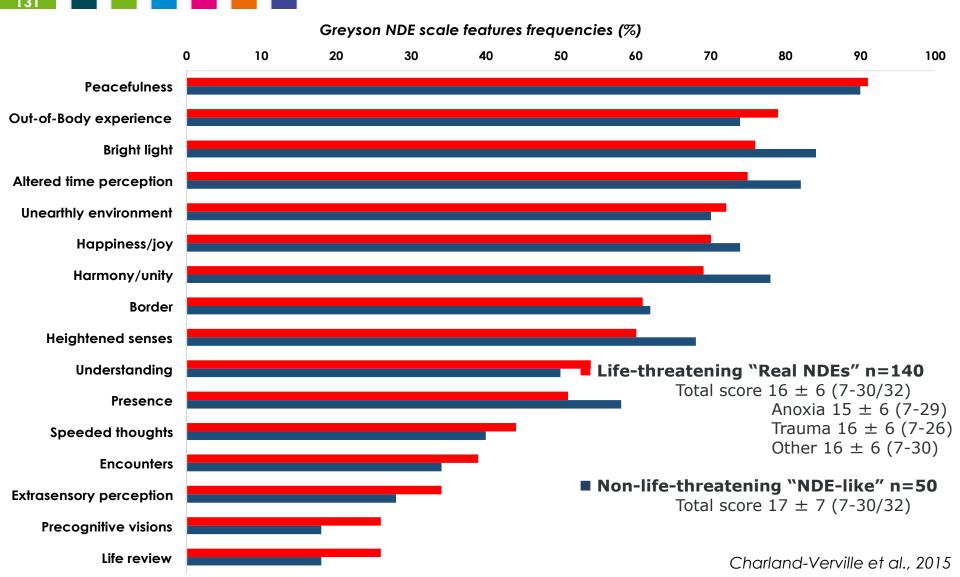


Near-death experiences: features





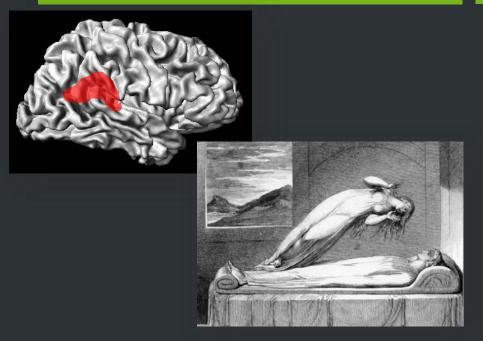
Near-death experiences: features





Near-death experiences: neural correlates

Right temporo-parietal stimulation



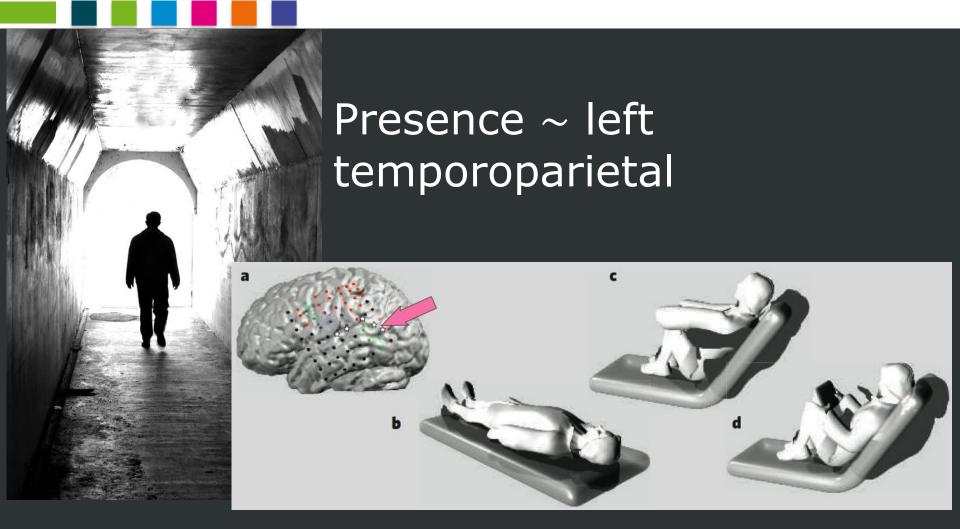
Hypercarbia (Meduna, 1950)

- Bright light
- Recollection of memories
- OBEs
- Mystical insights

Blanke et al Stimulating illusory own-body perceptions. *Nature*, 2002 De Ridder et al Visualizing out-of-body experience in the brain. *N Engl J Med*, 2007



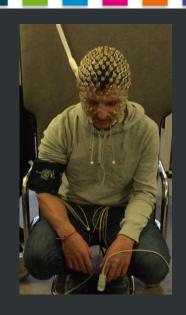
Near-death experiences: neural correlates



Arzy, S., et al. (2006) Nature 443:287 Induction of an illusory shadow person.



Near-death experiences: laboratory setting







Aim: Reproduce NDEs in controlled laboratory setting

Hypothesis: Induced hypoxic loss of consciousness

produces NDE like memories (Lempert, 1994)



Near-death experiences: laboratory setting

33 heathy volunteers aged 25 \pm 5 y (range 20-46); 19 women (58%)

Induction of vasovagal syncope:

45 s hyperventilation while squatting, fast rising, 10 s Valsalva maneuver

Simultaneous high-density video-EEG recordings

Greyson NDE scale & semi-structured recorded audio interviews

Induced loss of consciousness: 26/33 (79%)

Duration of loss of consciousness: $24 \pm 7 \text{ s}$ (range 14-45)

NDE total scores: 6 ± 4 (range 0-17)

Identified NDErs: 9/26 (35%)

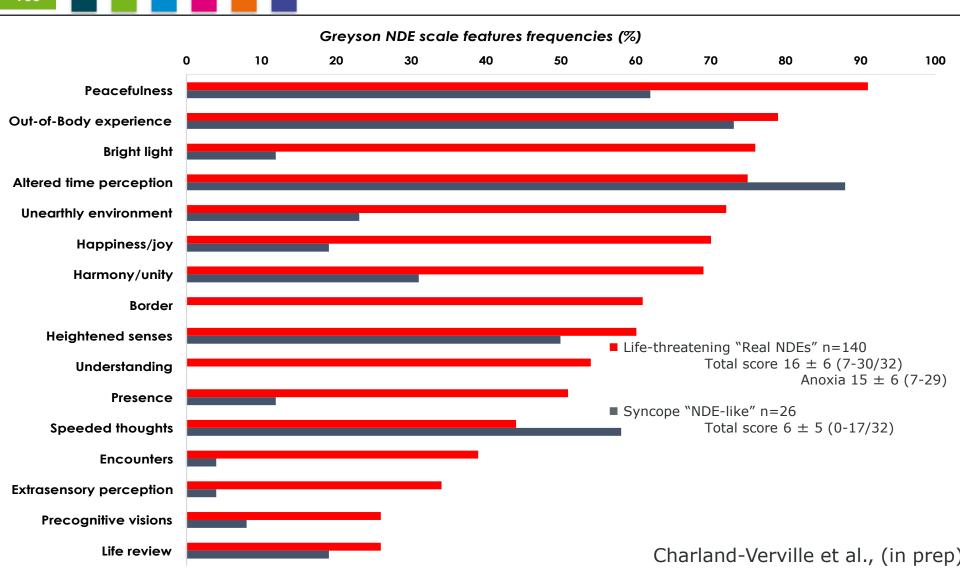
1 subject excluded because of bad quality EEG recording

Charland-Verville et al., (in prep)



Near-death experiences: laboratory settina

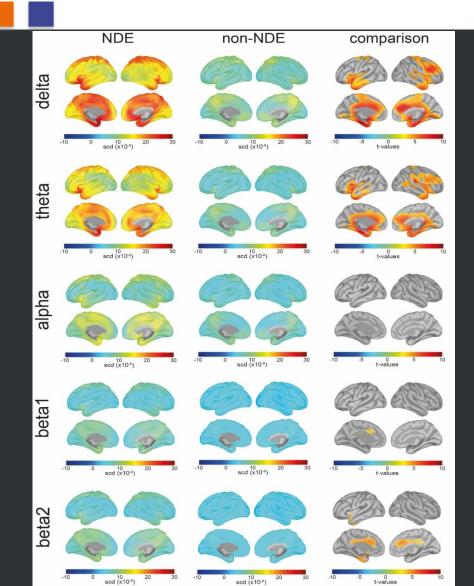






Near-death experiences: laboratory setting

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Charland-Verville et al., (in prep)

That's it folks!







THANK YOU!





Geraldine.martens@uliege.be











