Plutarch’s Use of Anecdotes and the Date of
*De Tranquillitate Animi*

Plutarch’s *De tranquillitate animi* had been regarded as an early work until Jones, in his seminal article on the chronology of Plutarch’s works, argued for a much later date (after 107 CE). Although I agree with Jones’ late dating, I question his arguments for it. Instead, I argue for a *terminus post quem* (TPQ) around 110 CE by considering an unnoticed parallel between *De tranq. anim.* and Plutarch’s *Caesar*. This parallel also illustrates Plutarch’s creative use of anecdotes.

Jones adduces three arguments for a late dating of *De tranq. anim.*. (1) Calling Minicius Fundanus ὁ κράτιστος, as Plutarch does at 464f, would be most fitting after Fundanus’ consulship (107 CE). (2) At 470c Plutarch ridicules the power hunger of Chians, Galatians, and Bithynians pursuing senatorial careers, thus alluding to political developments under Trajan. (3) *De tranq. anim.* was probably written around the same time as *De cohibenda ira*, which also mentions the characters Fundanus and Eros, i.e. after 92–93 CE.

The first argument stands out because it points to a later date than the others. Jones must have regarded this argument as decisive, since he concludes that *De tranq. anim.* was written after c. 107 CE. However, in Plutarch’s time the term κράτιστος was a general show of respect and did not indicate a specific title or position. There is no reason why Fundanus could not have been κράτιστος in 467e that the work was written before 79 CE.

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1 C. P. Jones, “Towards a Chronology of Plutarch’s Works”, *JRS* 56, 1966, 61–74, at 62–63. See Jones 62 n. 8 for references to the view (based on an incorrect understanding of the term βασιλεύς in *De tranq. anim.* 467e) that the work was written before 79 CE.


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Plutarch’s book years before 107 CE. Moreover, the ambitions of senators from the East were not exclusive to Trajan’s reign: Plutarch’s comment on this could just as well have been made in the time of Nerva (as Swain suggests) or even Domitian (as Pelling notes). If this is granted, the TPQ for De tranq. anim. is pushed back to coincide more or less with the TPQ for De coh. ira: around 92–93 CE. Then again, the relative chronology of De tranq. anim. and De coh. ira cannot be established and there is no indication that the two works were written around the same time apart from the shared mention of Fundanus and Eros, who could well have been long-time acquaintances of Plutarch’s. In other words: that De tranq. anim. is a late work cannot be argued on the basis of Jones’ arguments.

I submit that a TPQ around 110 CE can be advanced on the basis of a subtle parallel between De tranq. anim. and Caesar. In De tranq. anim. Plutarch recalls how the excessive ambition of Alexander the Great led to despair:

\[\text{Alexander wept when he heard Anaxarchus discourse about an infinite number of worlds, and when his friends inquired what ailed him, ‘Is it not worthy of tears,’ he said, ‘that, when the number of worlds is infinite, we have not yet become lords of a single one?’}^{6}\]

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In like manner we are told again that, in Spain, when he [i.e. Caesar] was at leisure and was reading from the history of Alexander, he was lost in thought for a long time, and then burst into tears. His friends were astonished, and asked the reason for his tears. ‘Do you not think,’ said he, ‘it is matter for sorrow that while Alexander, at my age, was already king of so many peoples, I have as yet achieved no brilliant success?’

Both anecdotes develop a similar sequence of (1) the subject receiving information (ἀκούων ~ ἀναγινώσκοντα), which (2) makes him cry (ἐδάκρυε ~ δακρύσαι); (3) his friends asking what is wrong (τῶν φιλῶν ἑρωτώντων ὃ τι πέπονθεν ~ τῶν δὲ φιλῶν θαυμασάντων τὴν αἰτίαν); and (4) the subject replying with a similarly worded rhetorical question (οὐκ ἕξιον ... δακρύειν, εἰ ~ οὗ δοκεῖ ὑμῖν ἕξιον εἶναι λύπης, εἰ) in which (5) an awesome example ([ruling] an infinite number of κόσμωι ~ Alexander’s rule at the same age) is compared to (6) the subject’s falling short even of a much more humble goal (ruling one of the infinite κόσμοι ~ doing something λαμπρὸν) – (7) at least for the time being (οὐδέπω with a perfect form ~ οὔπω with a perfect form).

Both anecdotes are also found outside of the corpus Plutarcheum. Before Plutarch, Valerius Maximus (8.14.ext.2) has Alexander addressing (there is no mention of weeping) his complaint to Anaxarchus (not to his friends as an answer to their question) in the form of a statement (not a rhetorical question). After Plutarch, Aelian dishes up the anecdote in his Varia Historia (4.29). This version is even less dramatically developed. Anaxarchus is not mentioned and we do not get a dictum from Alexander. Again the weeping, the dialogue with the friends, and the rhetorical question are absent. Other partial versions of the anecdote include even fewer of the relevant elements and should not be considered here.

How Plutarch’s version of the famous Caesar anecdote differs from other versions (Suet. Iul. 7.1 and Cass. Dio 37.52.2) has been discussed by Pelling: it is “basically the same”, except (1) that Plutarch changes the chronology and (2) that he has Caesar reading about Alexander instead of standing in awe in front of a statue. It should be added that neither Suetonius nor Dio mentions the question asked by the friends and the rhetorical question with which Caesar answers.

9 Sen. Suas. 1.5; Sen. Ep. 91.17; Juv. 10.168.
11 According to Pelling (n. 10) 183 Plutarch “clearly ... implies that it belongs to the proconsulship [i.e. 61–60 BCE]”, while Suetonius and Cassius Dio connect this anecdote with Caesar’s quaestorship in Spain (69–68 BCE), which better suits the comparison with Alexander’s age. However, I see no compelling reason to disagree with P. Green, “Caesar and Alexander: Aemulatio, Imitatio, Comparatio”, AJAH 3, 1978, 1–26, at 18–19 n. 20: “Plutarch leaves the date wide open”. In any case, there is a chronological displacement in the sense that Plutarch mentions the anecdote when setting out to discuss the proconsulship.
Moreover, Suetonius’ Caesar sighs (ingemuit) and Dio’s groans and deplores (ἀναστέναξε καὶ κατωδύρατο) but neither seems to insist on there being tears. Both the weeping (ἔδάκρυσε) and the friends do pop up along with Caesar’s reading about Alexander in the version preserved in Plutarch’s Regum et imperatorum apophthegmata:

τὰς δ’ Ἀλεξάνδρου πράξεις ἀναγινώσκων ἔδάκρυσε καὶ πρὸς τοὺς φίλους ἔπειν ὁτι ‘ταύτην τὴν ἡλικίαν ἔχων ἐνίκησε Δαρείων, ἐμοὶ δὲ μέχρι νῦν οὐδέν πέπρακται.’ (Reg. et imp. apophth. 206b)\(^{12}\)

While he was reading of the exploits of Alexander, he burst into tears, and said to his friends, “When he was of my age he had conquered Darius, but, up to now, nothing has been accomplished by me.”\(^{13}\)

The friends’ inquiry and Caesar’s reply through a rhetorical question are absent from the Reg. et imp. apophth. version. Only the version in Caesar has this fully developed dramatic construction.\(^{14}\)

How did Plutarch adapt the anecdotes and, more specifically, how did he craft the parallels between the two stories? It is most likely that the role of the friends was originally part of Plutarch’s version of the Caesar anecdote (both in Reg. et imp. apophth. and in Caesar) and was imported from there into the anecdote about Alexander and the unlimited κόσμοι, where the role of the friends is not significant in itself.\(^{15}\) A clue for this hypothesis can be found in the aforementioned chronological displacement of the anecdote in Caesar. In the anecdote which precedes it (Caes. 11.3–4), Plutarch tells how Caesar’s friends jokingly wondered if the barbarian village they were passing housed political shenanigans similar to those of Rome. Caesar replied that he would rather be first in that village than second in Rome. The anecdote about Caesar’s imitatio Alexandri is then introduced as similar (ὅμοιως) to the previous one.\(^{16}\) What the two anecdotes share is not only the general theme of Caesar’s ambition,\(^{17}\) but also the dramatic struc-

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15 Cf. Val. Max. 8.14.ext.2, where Alexander voices his lament against Anaxarchus directly: this seems to be sufficient and more plausible as a dramatic setting.
16 In Reg. et imp. apophth. 206b the two anecdotes also appear together but their order is reversed.
17 This is how Pelling (n. 10) 183 explains the chronological displacement.
ture of Caesar’s friends asking a question and Caesar earnestly replying in a way which must have completely befuddled these friends, thus emphasising that Caesar’s ambition transcends every conventional morality.  

The dramatic and stylistic elaboration of the anecdote as it appears in *Caesar* makes it clear that Plutarch created the Alexander anecdote in *De tranq. anim.* in tandem with this more elaborate version and not with the more rudimentary version of *Reg. et imp. apophth.*, which reflects an earlier stage of Plutarch’s engagement with the anecdote. This is where the issue of the TPQ for *De tranq. anim.* comes back in. As Pelling has shown, the *Alexander – Caesar* pair is part of a group of *Lives* which were researched, prepared, and written more or less simultaneously in a relatively short period of time. Pelling has also given good reasons for dating *Caesar* around 110 or a little later. If, then, research for *Caesar* started not long before 110 and the Alexander anecdote in *De tranq. anim.* bears the dramatic and stylistic marks of the Caesar anecdote as it appears in *Caesar* (as opposed to the more rudimentary version in *Reg. et imp. apophth.*), this means that *De tranq. anim.* was written around the same time or later.

This leaves one final question: why did Plutarch refrain from using the anecdote about Alexander in *Reg. et imp. apophth.* or in *Alexander*, which is the parallel biography of *Caesar*? The absence from the former work might be obvious: Plutarch, like Aelian and Valerius Maximus, conceives of the anecdote as a negative example and such anecdotes are avoided in *Reg. et imp. apophth.* As for *Alexander*, it should be pointed out that Plutarch’s material greatly exceeded

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18 A further connection between the two anecdotes can be gleaned from a comparison between *Caes.* 11.5 (γενέσθαι πρὸς ἑαυτὸ) and *Reg. et imp. apophth.* 206b (σύννυν γενόμενος): Caesar’s moment of reflection before answering the friends’ question belongs to the anecdote about the *imitatio Alexandri* in *Caes.* and to the anecdote about the barbarian village in *Reg. et imp. apophth.* This element must have switched anecdotes between the two versions.

19 Concerning the relation of *Reg. et imp. apophth.* to the *Lives* there are two current hypotheses, which both assume that *Reg. et imp. apophth.* reflect an earlier stage of Plutarch’s engagement with the anecdotes which also appear in the *Lives*. Both are compatible with my argument. Pelling (n. 14) argues that Plutarch composed *Reg. et imp. apophth.* on the basis of his preparatory drafts for particular *Lives*, while according to Stadter (n. 14) Plutarch based *Reg. et imp. apophth.* on a collection of anecdotes which he curated for himself, partly with the writing of the *Lives* in view.


21 Pelling (n. 10) 36.

22 This chimes in with the strong thematic parallels between *De tranq. anim.* and the *Pyrrhus – Marius*, which was one of the last pairs Plutarch wrote; see Jones (n. 1) 67; T. Duff, *Plutarch’s Lives. Exploring Virtue and Vice*, Oxford 1999, 105 n. 15.

23 Pelling (n. 14) 82–83.
what he could include in the biography. In this particular case, Plutarch seems to have opted for a different ‘despair scene’, viz. *Alexander* 5.4: when news about new conquests by his father Philip reach the young Alexander, he is desperate because it is starting to look like nothing will be left for him to conquer. This is a scene which is, if not unequivocally positive, at least not wildly hybristic (cf. its inclusion in *Reg. et imp. apophth.* 179d). This mitigated despair scene is more appropriate in the overall context of the *Alexander – Caesar*, in which Caesar’s ambition receives greater criticism than Alexander’s. In other words: the inclusion of the Alexander anecdote would not have squared with how Plutarch wished to present Alexander in comparison to Caesar on a moral level.

Thus, the two parallel anecdotes on excessive ambition did not end up in the two parallel biographies. Instead, Plutarch chose to integrate the Alexander anecdote in his *De tranq. anim.*, thus giving an indication of its date of composition (around or after 110 CE). Moreover, an analysis of these anecdotes and their contexts has given us a glimpse of how Plutarch carefully and creatively selected, adapted, and suppressed certain anecdotes in light of the overall composition which he wanted to achieve.