

1 **Investigating the effect of *Medicago sativa* L. and *Trifolium pratense* L. root exudates on**
2 **PAHs bioremediation in an aged-contaminated soil.**

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14 **Abstract**

15 Polycyclic aromatic hydrocarbons (PAH) are persistent organic compounds of major concern
16 that accumulate in the environment, especially soils, and require remediation. Researches to
17 develop bioremediation and phytoremediation (alternative eco-friendly technologies) are
18 being conducted. First a bioaccessibility measurement protocol was adapted to a brownfield
19 soil using Tenax® beads in order to compare PAHs bioaccessibility in soil samples. PAHs
20 desorption kinetics were established, described by a site distribution model, and a common
21 extraction time was calculated (48 h). Second the role of two *Fabaceae* (*Medicago sativa* L.
22 or *Trifolium pratense* L.) root exudates in enhancing PAHs bioaccessibility and
23 biodegradation in the studied soil was evaluated during microcosms experiments (28°C). The
24 CO₂ emissions were significantly higher in presence of *T. pratense* exudates; the
25 dehydrogenase activities showed improvements of the soil microbial activity in presence of
26 two types of root exudates compared to untreated soil samples; the PAHs residual contents
27 decreased more in untreated samples than in the presence of *T. pratense* exudates; and *M.*
28 *sativa* exudates lowered PAHs bioaccessibility but not residual contents.

29 **Keywords:** PAH; Tenax® extraction; bioaccessibility; bioremediation; brownfield soil; plant
30 root exudates

31 1. INTRODUCTION

32 Polycyclic aromatic hydrocarbons (PAHs) are composed of two or more condensed aromatic
33 rings and are usually classified in three main categories: light PAHs of three rings or less,
34 intermediate PAHs of four rings and heavy PAHs of four rings or more (INERIS 2005). These
35 ubiquitous organic compounds are naturally brought into the environment through diagenetic,
36 petrogenetic or pyrolytic processes, but the major source remains incomplete combustions of
37 natural (i.e. volcanic eruptions), and mostly anthropogenic origin such as industrial
38 manufacturing, fuel combustions, or waste disposal. PAHs become more hydrophobic as the
39 number of aromatic cycles raises. Therefore once emitted in the environment, PAHs tend to
40 sorb to solid particles, which renders them less susceptible to biotic and abiotic degradation,
41 and therefore more persistent (Yu et al., 2018). PAHs health-concerning properties are real
42 threats towards ecosystems and motivate the need to develop remediation strategies and control
43 tools.

44 Over the last decades, the interest in the use of environmental friendly and cost-effective soil
45 remediation techniques has largely increased (Alegbeleye et al., 2017). The use of living
46 microorganisms or plants to dissipate soil pollution is often summarized as *bioremediation*
47 and *phytoremediation* technologies, respectively (Ouvrard et al., 2013). However those
48 techniques can hardly be considered separately as microorganisms and plants closely interact
49 at the soil's solid, liquid and gaseous interfaces. It is indeed now well-acknowledged that
50 plant roots create favorable conditions for microorganisms in their immediate proximity
51 (2 mm), which is named the *rhizospheric effect* (Martin et al., 2014), but also that plant-
52 microbe associations can be beneficial to the plants (Uroz et al., 2019).

53 Besides favoring the microbial community, studies have shown that the presence of plants also
54 improved PAHs dissipation in contaminated soil. This includes members of the *Fabaceae*
55 family (Wei and Pan, 2010; Hamdi et al. 2012; Alves et al., 2018). *Fabaceae* are good
56 candidates for phytoremediation on brownfield soils because they are capable of colonizing
57 hydrocarbon contaminated soils which often present very high carbon-nitrogen ratio (Hall et al.
58 2011). However the mechanisms through which plants enhance PAHs biodegradation in soil
59 (i.e. rhizodegradation) are not yet fully understood.

60 Biodegradation processes are balanced by two major phenomena: (i) the mass transfer of a
61 compound to a microbial cell and (ii) the uptake and metabolization of this compound by the
62 living cell. The pollutant intrinsic physico-chemical properties (i.e. aqueous solubility,
63 hydrophobicity, and molecular structure), along with environmental factors (such as content
64 and nature of organic matter or clay minerals in soil), will influence the compound
65 concentrations in the aqueous phase and thus their accessibility to degrading agents
66 (microorganisms and their enzymes). Other factors such as pH, salinity, temperature, water
67 content, mineral nutrients, redox potential, and water-dissolved oxygen will provide conditions
68 more or less favourable to the microbial activity (Haritash and Kaushik 2009).

69 When it comes to rhizodegradation the general explanation found in the literature suggests that
70 the enhanced dissipation of PAHs is caused by the rhizospheric effect, which itself is a
71 combination of several physical and chemical phenomena: (i) increased contact between soil
72 and microorganisms (Ouvrard et al., 2014), (ii) soil aeration, and (iii) the release of exudates
73 by plant roots which provides the microbiota with easily accessible carbon sources and thus
74 increases microbial communities (Alagić et al. 2015).

75 Indeed the majority of root exudates are composed of organic acids, sugars and amino acids.
76 But studies about secondary plant metabolites in general have shown a large diversity of
77 compounds that are released in the environment, some of which exhibit tensioactive (or
78 surfactant) properties due to an amphiphilic nature. Such compounds are very often heterosides,

79 (a hydrophobic skeleton of steroidal or triterpenoidal nature coupled to a glucose (hydrophilic)
80 moiety), and commonly referred to as saponins. Such compounds have been detected in
81 members of the *Fabaceae* family (Vincken et al. 2007; Kregiel et al. 2017). Surfactants can
82 place themselves at the interface between a hydrophobic and a hydrophilic phase and have been
83 the subject of soil remediation studies, either in “washing technologies” (Von Lau et al. 2014)
84 or to enhance mass transfer of contaminants towards degrading microorganisms (Kobayashi et
85 al. 2012).

86 Based on this literature, a study was designed to determine the role of root exudates from two
87 *Fabaceae* (*Medicago sativa* L. or *Trifolium pratense* L.) in enhancing PAHs bioaccessibility as
88 part of the *rhizospheric effect*.

89 Hydrophobic organic compounds (HOCs) bioavailability/bioaccessibility has been intensively
90 discussed (Ehlers and Luthy 2003; Semple et al. 2004) and will not be reminded here. However,
91 the scientific community agrees that the fraction of a contamination that is the most likely to be
92 degraded by the soil microbiota will be accessed in the aqueous phase. That fraction is named
93 “bioaccessible”, according to Semple et al. (2003) (i.e. “the compound that is available to cross
94 an organism’s cellular membrane from the environment, if the organism has access to the
95 chemical”). Therefore analytical developments have been oriented to give the closest
96 representation of the HOCs fraction that is bioaccessible to microorganisms in order to evaluate
97 the potential for bioremediation of a given soil (Semple et al. 2003).

98 Cornelissen et al. (1997) developed a solid-phase extraction technique using Tenax® beads that
99 mimic the interaction between the contaminants and the microbiota in the aqueous phase, if all
100 the bioaccessible contaminants were degraded by these organisms. The determination of the
101 accessible fraction of a contamination is however directly related to the time of contact between
102 the microbial surrogate (the Tenax® beads) and the aqueous phase of a soil, and therefore
103 desorption kinetics of a compound in a contaminated soil must be established to determine a
104 minimal time of contact. As this time of extraction must be representative of a compound’s
105 bioaccessibility, it also should be economically affordable and cost-effective if the analytical
106 method is to be applied routinely (for example to monitor the bioaccessibility of a pollutant in
107 a soil, whether a specific treatment is applied or not).

108 Several models have been used by searchers to describe HOCs, and more specifically PAHs,
109 desorption kinetics from soils. It is generally admitted that PAHs desorption occurs in several
110 stages (Richardson and Aitken 2011). In an attempt to simplify descriptions, the compartment
111 model is often used to reduce the phenomenon to a few representative stages described by
112 first-order kinetics. The first stage is the rapid release of the most accessible fraction (F_{rap}) of
113 the PAHs and is assimilated to the fraction that could be degraded by microorganisms.
114 Another model, the site distribution model (first suggested by Connaughton et al. 1993) is
115 based on a gamma distribution of rate coefficients, and considers the system as a continuum
116 of compartments. While the use of this model does not allow to properly quantify rapidly and
117 slowly desorbing fractions, it is probably more representative of the actual processes than the
118 compartment model.

119 To evaluate the role of root exudates on the PAHs bioaccessible fraction, the first step of the
120 present study was to adapt a bioaccessibility measurement protocol to the studied contaminated
121 soil. Therefore, desorption kinetics of PAHs in the studied soil were determined and described
122 using a model. Afterwards, a common and cost-effective Tenax® beads extraction time was
123 established as a comparison basis for PAHs bioaccessibility assessments. In a second time,
124 contaminated soil was incubated in presence of plant-root exudates in an attempt to enhance
125 PAHs bioaccessibility. Two types of exudates and two incubation periods were tested while
126 several parameters were examined: (i) the carbon dioxide emission was monitored during the
127 incubation process to assess for microbial activity; (ii) dehydrogenase activity was determined

128 at the end of each incubation period as an indicator of the soil microbial activity; (iii) the
129 residual PAHs contents and (iv) the bioaccessible PAHs were determined on soil samples after
130 each incubation period to evaluate the impact of plant-root exudates on PAHs dissipation and
131 bioaccessibility.

132 2. MATERIALS AND METHODS

133 2.1. *Soil material*

134 The experimental aged-contaminated soil has already been described in a former study (Davin
135 et al., 2018) but its characteristics will be reminded hereunder. The soil was sampled from a
136 brownfield in Saint-Ghislain (Belgium) in a former coking plant and has been exposed for 70
137 years to petroleum hydrocarbons, PAHs, cyanides and trace elements. Particle size distribution
138 (81.1 % sand, 10.7 % silt, 8.2 % clay) identified the soil as loamy sand, pH was 6.7, total
139 organic carbon was 9.44 ± 0.22 % (W/W), and total nitrogen content was
140 0.16 ± 0.02 % (W/W). Soil was sampled, allowed to dry at ambient air, sieved through a 2-mm
141 sieve and stored in sealed boxes until further use. Before the experiments, the contents of 15
142 PAHs were determined to range from 2.9 ± 0.1 $\mu\text{g g}^{-1}$ DW to 65.9 ± 7.1 $\mu\text{g g}^{-1}$ DW (initial
143 individual concentrations are in online resource 1). The studied PAHs are Acenaphthene (Ace),
144 Anthracene (Anthr), Benzo(a)anthracene (BaA), Benzo(a)pyrene (BaP), Benzo(b)fluoranthene
145 (BbF), Benzo(ghi)perylene (BghiP), Benzo(k)fluoranthene (BkF), Chrysene (Chrys),
146 Dibenzo(ah)anthracene (DBahA), Fluoranthene (F), Fluorene (Fle), Indeno(123-c,d)pyrene
147 (IcdP), Naphtalene (N), Phenanthrene (Phen), and Pyrene (Pyr).

148 2.2. *Plant root exudates: production and characterization*

149 Plant root exudates production was inspired by Louvel (2010). Seeds of *Medicago sativa* L. and
150 of *Trifolium pratense* L. were purchased from Ecosem and presented a germination rate of over
151 95%. After surface sterilization in a 6% (w/v) solution of hydrogen peroxide for ten minutes,
152 plants were grown on hydroponic floating devices; using Hoagland's nutritive solution
153 (Hoagland and Arnon 1950). Air-blowers allowed proper oxygenation for the roots and plants
154 were kept in a greenhouse where lamps assured 12h of light per day when necessary. Once a
155 week, root-parts were rinsed of the nutritive solution and placed in 1 litre of distilled water for
156 5 hours. The aqueous solution was filtered on paper filter (11 μm), frozen and lyophilized.
157 Remaining dry exudates were homogenized and stored at - 20°C until further use. All exudates
158 were pooled together by plant type. The total organic carbon and the total nitrogen contents
159 were respectively $11.37 \pm 0.22\%$ and $0.868 \pm 0.016\%$ (w/w) for *Medicago sativa* exudates
160 (E_MS), and $10.46 \pm 0.22\%$ and $0.984 \pm 0.016\%$ (w/w) for *Trifolium pratense* exudates (E_TP).

161 2.3. *PAHs desorption kinetics*

162 Desorption kinetics was measured five times according to a method adapted from Cornelissen
163 et al. (1997) and Barnier et al. (2014). Briefly, 2.0 g of soil were weighed into glass centrifuge
164 tubes. 50 mL of 0.01 M CaCl_2 and 0.003 M NaN_3 were added as biocides along with 0.5 g of
165 Tenax® beads (60-80 mesh). The tubes were shaken for 1, 2, 4, 8, 16, 24, 48, 72 or 96 hours
166 on a rotary agitator (40 cycles min^{-1}). Tubes were then centrifuged (10 min; 2000 x g) to
167 separate the soil from the Tenax® beads. The floating beads were separated by filtration on a
168 Buchner vacuum device and air dried. Sorbed PAHs were recovered from Tenax® by a 60 min
169 sonication with 20 mL of a 50:50 (V/V) n-hexane: acetone mixture, repeated twice. The organic
170 phase was evaporated with a rotative evaporation device, and replaced with acetonitrile. The
171 final acetonitrile extract was weighed for volume determination and analysed for PAHs. Each

172 PAH amount extracted by Tenax® beads was then used to calculate the remaining sorbed
173 fraction in soil as follows

$$174 \frac{S_t}{S_0} = \frac{C_{tot_{in}} - C_{ext_t}}{C_{tot_{in}}} \quad (1)$$

175 where $C_{tot_{in}}$ is the total initial PAH concentration in the soil [$\mu\text{g g}^{-1}$ DW]; C_{ext_t} is the amount
176 of PAH adsorbed by Tenax ® beads after t hours of extraction [$\mu\text{g g}^{-1}$ DW]; S_t is the sorbed
177 fraction of compound remaining after t hours of extraction; and S_0 is the initial sorbed fraction,
178 assumed to be the total initial PAH concentration.

179 2.4. *Incubation experiments*

180 Incubation experiments were conducted in microcosms according to AFNOR XP U44-163.
181 Briefly, 15 g of dry soil were pre-incubated for 3 days at 80 % of water holding capacity. Once
182 amendments were added to samples (day 0 of incubation), two vessels were placed next to each
183 sample in a sealed jar. One vessel was filled with distilled water to prevent soil desiccation and
184 one was filled with NaOH solution to control carbon dioxide emission. Exudates were added to
185 soil samples in order to reach 5 mg g⁻¹ DW, for both plant types. Untreated soil served as control
186 and two incubation periods (14 and 28 days starting at the addition of exudates) were tested.
187 All modalities were repeated four times for a total of 24 samples. All jars were sealed and
188 incubated at 28°C, in the dark. At the end of the incubation period, soils were sacrificed for dry
189 weight, dehydrogenase activity and PAHs measurements (residual and bioaccessible)
190 concentrations. Results related to soil samples with 5 mg g⁻¹ DW of *Medicago sativa* L. or
191 *Trifolium pratense* L. exudates are named E_MS and E_TP, respectively. Results related to
192 control samples are named C.

193 2.5. *Chemical analyses*

194 *Dry weight determination.*

195 Soil samples dry weight determination was based on ISO 11465:1993 cor 1994.

196 *Total nitrogen content.*

197 Total nitrogen determination was based on ISO 11261:1995.

198 *Total organic carbon.*

199 Total organic carbon determination was based on ISO 14235:1998.

200 *Carbon dioxide emission.*

201 Carbon dioxide emission was monitored for each soil sample throughout the whole incubation
202 following AFNOR XP U44-163.

203 *Dehydrogenase activity.*

204 Dehydrogenase activity was measured for each soil sample after the incubation following a
205 method described by Shaw and Burns (2005).

206 *Bioaccessible PAHs determination in soil samples.*

207 Bioaccessible PAHs determination in soil samples was realised on fresh soil samples as
208 described in the PAHs desorption kinetics section, except the samples were agitated for 48
209 hours in the presence of the Tenax® beads (see section 3.1 for time choice).

210 *Total PAHs determination in soil samples.*

211 Total PAHs extraction in soil samples was based on ISO 13877:1998. The final acetonitrile
212 extract was analysed for PAHs.

213 *PAHs analysis.*

214 PAHs were analysed in acetonitrile extracts of desorption kinetics, bioaccessible and residual
215 samples based on ISO 13877:1998.

216 *Models and statistics.*

217 R 3.4.3 was used to generate PAHs desorption models. The Levenberg-Marquardt algorithm
218 was used to minimize squared residuals between experimental and calculated values for each
219 or the four tested models (Table 1) (Prague et al. 2012). A model was selected for each PAH
220 using the Bayesian information criterion (BIC) which estimates the relative information of a
221 model as follows

$$222 \quad BIC = k \cdot \ln(n) - 2 \cdot \ln(L) \quad (2)$$

223 where k is the number of parameters of a model, n is the number of data points and L is the
224 maximized value of a likelihood function. R function is BIC(model_iner2).

225 All statistical analyses related to the incubation experiment were carried out using Minitab 17.0.
226 Equality of variances were verified according to Levene's test, data were analysed by general
227 linear model or one-way analysis of variance and mean values were compared by Tukey's test
228 at the 5 % confidence level.

229 **3. RESULTS AND DISCUSSION**

230 **3.1. Assessing PAHs bioaccessibility**

231 *Modelling PAHs desorption kinetics.*

232 Soil samples were extracted for increasing time steps in the presence of Tenax® beads and the
233 recovered PAHs amounts were used to calculate remaining sorbed fractions for each
234 extraction time according to equation (1) (data is available in online resource 1). Then
235 modelling was used to describe desorption kinetics (Figure 1). BIC values were calculated
236 using R for each tested model and are available in online resource 2. These values have no
237 meaning by themselves and can only be used to compare models generated from a same data
238 set. The smallest BIC value indicates the model that better represents the data set and was
239 obtained by the site distribution model for all compounds except for the heaviest PAHs
240 (DBahA, BghiP, IcdP) for which it was obtained by the first-order three-compartments model.
241 These three compounds showed BIC-value differences of four to six units with the second-
242 best model, which in each case was the site distribution model. According to Kass and Raftery
243 (1995) this range of difference of BIC value between models is positive, but not strong.
244 Therefore, to homogenize the description of desorption kinetics, the site distribution model
245 was chosen for all compounds (Figure 1).

246 *PAHs desorption parameters.*

247 Desorption models were used to determine a minimal extraction time (t_{ex}) for bioaccessibility
248 measurement of each PAH. This t_{ex} should represent the time for the most accessible fraction
249 to equilibrate with Tenax® beads. Therefore, t_{ex} values were calculated as the time for which
250 the slope to the desorption model closes down to zero. Given the asymptotic nature of the
251 models, the slope limit was arbitrarily set to 10^{-3} and successive approximations were made
252 according to the following equation

$$253 \frac{y_{t_{ex}-24} - y_{t_{ex}}}{24} \leq 0.001 \quad (3)$$

254 where y is the calculated value of a PAH site distribution equation at different times; and t_{ex} is
255 the extraction time [h].

256 Calculated t_{ex} values and site distribution models parameters (alpha and beta) are presented in
257 Table 2. Alpha values range from $6.88 \cdot 10^{-3}$ to $1.14 \cdot 10^{-2}$, beta values range from $8.98 \cdot 10^{-4}$ h to
258 1.34 h, and calculated extraction times are either 24 h (for the lightest PAHs) or 48 h. Thus a
259 common 48 h extraction time was used to determine PAHs bioaccessible contents in the
260 incubation experiment. Let us stress here that the “bioaccessible contents” that will be discussed
261 further down actually are “contents that are extracted after 48 h of presence of Tenax® beads.”

262 3.2. *PAHs bioremediation in presence of root exudates*

263 *Respiration curves and dehydrogenase activities.*

264 Figure 2 presents CO₂ emissions of (un)treated soil samples throughout incubation in
265 microcosms. Statistical analysis was performed after \log_{10} transformation.

266 E_TP soil samples exhibit significantly higher cumulated CO₂ emissions than C and E_MS
267 samples after 7, 21, and 28 days of incubation ($p=0.000$). E_MS however is never significantly
268 different from C samples. Assuming that all the amendments added to E_TP and E_MS samples
269 had been completely mineralized, CO₂ emissions would be of respectively 1.92 ± 0.04 and
270 2.08 ± 0.04 mg CO₂ g⁻¹ DW. In the case of E_MS samples, the observed emission is lower than
271 the calculated emission, but in the case of E_TP samples it is higher, suggesting that TP
272 exudates influence CO₂ emissions to a greater extent than their own degradation, and also that
273 MS exudates were not entirely mineralized.

274 Figure 3 shows (un)treated soil samples dehydrogenase activities before and after incubation.
275 There is a significant interaction between time and treatment. C samples activities decrease
276 throughout the incubation and are significantly lower after 28 days of incubation than at the
277 beginning of the incubation. E_TP and E_MS samples, however, show increases after 14 days
278 (respectively + 134% and + 99.5%) before lowering back during the last two weeks of
279 incubation. Being an indicator of soil general health (Das and Varma 2011), the raise in this
280 enzyme activity suggests that the amended exudates have no toxic effect towards the soil
281 microbiota.

282 *PAHs residual and bioaccessible contents.*

283 Figure 4 and Figure 5 respectively show (un)treated soil samples residual and bioaccessible
284 PAHs contents before and after incubation.

285 For both sets of results, PAHs contents were grouped to provide better information: 2-3 rings
286 (N, Ace, Fle, Phen, and Anthr); intermediate 4 rings (F and Pyr); 4-6 rings (BaA, Chrys, BbF,
287 BkF, BaP, DBahA, BghiP, and IcdP); and total PAHs (N to IcdP). Statistical analyses on
288 bioaccessible contents were performed after \log_{10} transformation. Significant differences

289 appear between the bioaccessible contents measured on the untreated soil to establish
290 desorption kinetics and the bioaccessible contents measured after 3 days of pre-incubation
291 (respectively named “-3 days” and “0 days” in Fig. 5). After this pre-incubation period, the
292 bioaccessible contents are respectively three (2-3 rings PAHs), four (intermediate 4 rings
293 PAHs), two (4-6 rings PAHs), and three (total PAHs) fold the ones measured initially in
294 desorption kinetics.

295 Statistical analyses on both residual and bioaccessible contents show no interaction between
296 time and treatment. Different behaviours appear within each treatment. (i) The residual content
297 of 2-3 rings PAHs is significantly lower ($p < 0.05$) for E_TP and E_MS samples and very
298 significantly lower ($p < 0.01$) for C samples after 14 days of incubation whilst the bioaccessible
299 content of 2-3 rings PAHs is highly significantly lower ($p = 0.000$) after 14 days of incubation
300 for each treatment. PAHs could have been dissipated from the soil by biotic (such as
301 biodegradation) or abiotic processes (such as volatilization, which would not come as a surprise
302 for a volatile compound such as naphthalene with a vapor pressure of 10.5 Pa at 25°C).
303 Regardless, this means the less sorbed fraction of light PAHs was eliminated from the soil, and
304 was not replaced. So the remaining PAHs are more or less strongly sorbed to the soil and for
305 this group of PAHs, the addition of TP or MS exudates does not enhance dissipation compared
306 to untreated samples.

307 (ii) The residual content of intermediate 4 rings PAHs is significantly lower for E_TP samples
308 after 14 days and for C samples after 28 days of incubation, whilst there is no significant
309 lowering of this PAHs group in E_MS samples after 28 days. On the other hand, the
310 bioaccessible sum of intermediate 4 rings PAHs is highly significantly lower ($p = 0.000$) after
311 14 days of incubation for each treatment. The fact that this group of PAHs dissipates faster in
312 E_TP than in C samples is probably caused by the addition of TP exudates that provided a more
313 easily available source of carbon for the soil microbiota (Louvel 2010) and boosted its activity,
314 allowing it to start degrading PAHs faster. In the case of E_MS samples though, the fact that
315 this group of PAHs bioaccessibility lowers significantly whilst their residual content remains
316 statistically unchanged suggests that MS exudates might be preventing PAHs to be dissipated
317 by influencing their bioaccessibility.

318 (iii) The residual content of 4-6 rings PAHs does not significantly lower after 28 days of
319 incubation for any treatment. As for the bioaccessible content of 4-6 rings PAHs, after being
320 enhanced by the pre-incubation process, it lowers back towards the initial (-3 days) level of
321 bioaccessibility for each treatment. This suggests that the stirring and addition of water might
322 have enhanced those highly hydrophobic PAHs bioaccessibility for a short time before PAHs
323 sorbed to soil particles, either because they could or were not yet dissipated.

324 (iv) The global residual and bioaccessible contents of all PAHs confirm some previously made
325 observations. The total residual PAHs content is significantly lower ($p < 0.05$) after 14 days for
326 E_TP samples and after 28 days for C samples but is not different after 28 days for E_MS
327 samples. On the other hand the total bioaccessible PAHs content is highly significantly lower
328 ($p = 0.000$) than prior the incubation after 14 days for E_MS samples and after 28 days for C
329 samples. Here again this suggests that TP exudates enhanced soil microbial activity, allowing
330 PAHs dissipation to start faster than in C samples. This hypothesis is supported by the
331 significantly more important CO₂ emissions observed in E_TP samples (Figure 2) and the
332 higher dehydrogenase activity (showing soil microbiota enhanced activity) in Figure 3. But this
333 easily available carbon source was also probably favoured to PAHs throughout the incubation
334 (Cébron et al. 2011), which could explain why C and E_TP total residual contents are
335 statistically not different after 28 days of incubation. As for MS exudates negatively influencing
336 PAHs dissipation, it is reinforced by the fact that CO₂ emissions in E_MS samples were not
337 different from the ones in C samples, suggesting that MS exudates were not favoured to PAHs

338 as a carbon source but also that there was not much mineralization taking place in the
339 microcosm. Such results are surprising since MS exudates should also constitute an easily
340 accessible source of carbon for the microbiota, and dehydrogenase activities were also
341 enhanced in the presence of MS exudates.

342 4. CONCLUSIONS AND PERSPECTIVES

343 The objectives of the exposed experiments were to adapt a common and cost-effective Tenax
344 ® beads extraction protocol to an aged-contaminated soil that would serve as a comparison
345 basis for PAHs bioaccessibility measurements; and to evaluate the role of *Medicago sativa* L.
346 and *Trifolium pratense* L. root exudates in enhancing PAHs bioaccessibility and biodegradation
347 in an aged-contaminated soil.

348 PAHs desorption kinetics were established and described by the site distribution model. The
349 models' parameters helped calculate minimal extraction times for all compounds and a common
350 extraction time was determined (48 h).

351 The results from the incubation experiment strongly suggest that the global dissipation of PAHs
352 is not enhanced by the presence of *Medicago sativa* L. nor *Trifolium pratense* L. root exudates
353 at least in a relatively short time (28 days) and is equivalent in control samples.

354 This suggests that humidification, oxygenation and a little heating is enough for the natural
355 microbiota to attenuate the pollution, rendering other treatments pointless. However, the
356 parallel diminution of PAHs bioaccessibility and dehydrogenase activity suggest that
357 dissipation in untreated samples is likely to reach a limit. Indeed in a logic of soil remediation
358 through biodegradation (for which the dissipation must be carried as far as possible and the
359 microbiota must reach the contaminants), the balance between mass transfer and microbial
360 degradation should be maintained (Johnsen et al. 2005). In order to achieve that, bioaccessible
361 contents would have to remain similar until the dissipation is more advanced, and it is not the
362 case here. On the other hand, a diminution of the bioaccessible contents also means the threat
363 to the environment is diminished because the remaining contaminants are more strongly sorbed
364 to soil particles and thus less likely to be accessed by soil organisms through the soil's aqueous
365 phase, which is positive from a risk analysis point of view.

366 The incubation period was a norm-based protocol decision and a longer incubation might have
367 shown different results on the long-term. The increase of dehydrogenase activities in presence
368 of both *Medicago sativa* L. and *Trifolium pratense* L. root exudates show a temporary
369 improvement of soil microbial activity. Therefore, a longer pre-incubation period followed by
370 regular exudates inputs might have allowed the dissipation of bioaccessible PAHs before
371 exudates were added. Maybe such treatment would, in the presence of *Trifolium pratense* L.
372 root exudates, improve soil microbial activity on the long term or eventually influence PAHs
373 bioaccessibility. This would be coherent with the hypothesis that *Trifolium pratense*
374 amendments were preferably used as a carbon source by the soil microbiota throughout the
375 incubation. However it does not explain why PAHs bioaccessibility is globally lowered in
376 presence of *Medicago sativa* exudates whilst the global content is not.

377 *Medicago sativa* L. and *Trifolium pratense* L. are both *Fabaceae* species, possess a fibrous root
378 system and are nitrogen-independent due to symbiotic relationships with nitrogen fixating
379 rhizobia (Hall et al. 2011). The similarities would be expected to extend to their root exudates
380 characteristics but evidently differences led to different outcomes on PAHs bioaccessibility and
381 dissipation in soil.

382 The experiment was initially designed based on the knowledge that *Fabaceae* root exudates
383 produce surface-active compounds and under the hypothesis that they could enhance organic
384 compounds bioaccessibility. However, studies on surfactants also mention that hydrophobic

385 interactions can take place between surfactants and soil particles (Laha et al. 2009), and that
386 partitioning of HOCs into soil-sorbed surfactants could enhance the contaminants sorption to
387 soil. Similar assumptions were made in a previous study aiming to increase PAHs apparent
388 solubility in presence of saponins from *Quillaja saponaria* bark (Davin et al. 2018). The results
389 showed that if the surfactant concentration was too elevated, PAHs solubilisation was less
390 efficient, maybe because PAHs were secluded by saponins micelles or hemimicelles.

391 The reasons for a diminution of global PAHs bioaccessibility in presence of *Medicago sativa*
392 L. root exudates would have to be investigated through the extraction, characterization and
393 testing of surface-active compounds in exudates (many protocols relying on chromatographic
394 and spectral techniques exist and have been reviewed by Oleszek and Bialy (2006). If *Medicago*
395 *sativa* L. exudates turned out to present stabilization properties towards organic contaminants
396 such as PAHs, maybe this type of amendment could be investigated as a secluding agent to
397 slow down a pollution migration, for example.

398 For now and from a PAHs-remediation point of view, the results suggest that *Medicago sativa*
399 L. and *Trifolium pratense* L. root exudates, when added in a single dose, do not enhance PAHs
400 bioaccessibility in the tested soil, and that simple soil moisturizing and incubation, as applied
401 in control samples, leads to identical PAHs dissipation, at least on the short-term. However, it
402 would be of great interest to evaluate whether the growth of whole *Medicago sativa* L. or
403 *Trifolium pratense* L. plants on contaminated soils affects PAHs bioaccessibility and
404 dissipation in similar ways, given that root exudates are released at different, continuous rates
405 in situ.

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505 **Figures and Tables**

506 **Table 1. Desorption theoretical models and their characteristics.**

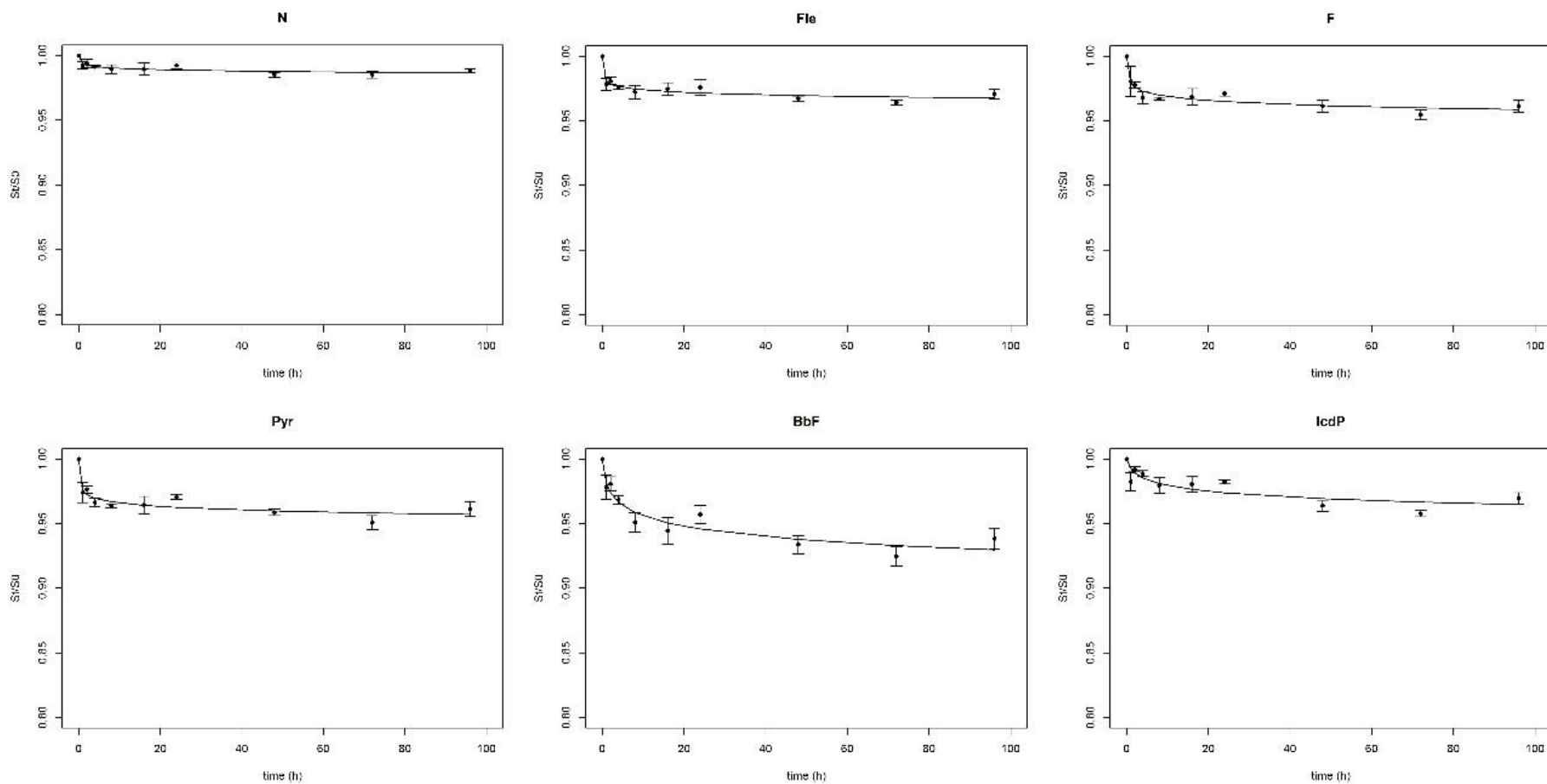
Desorption model	Equation	Number of parameters
First-order model	$\frac{S_t}{S_0} = e^{-kt}$	1
First-order two-compartment model	$\frac{S_t}{S_0} = F_{rap} * e^{-k_{rap}t} + F_{slow} * e^{-k_{slow}t}$ $F_{rap} + F_{slow} = 1$	4
First-order three-compartment model	$\frac{S_t}{S_0} = F_{rap} * e^{-k_{rap}t} + F_{int} * e^{-k_{int}t} + F_{slow} * e^{-k_{slow}t}$ $F_{rap} + F_{int} + F_{slow} = 1$	6
Site distribution model	$\frac{S_t}{S_0} = \left(\frac{\beta}{\beta + t} \right)^\alpha$	2

507 **Table 2. Fitted parameters of the site distribution model for the different PAHs and t_{ex} values calculated according to**
508 **equation (3).**

PAHs*	β (h)	α (-)	t_{ex} (h)
N	$1.54 \cdot 10^{-2}$	$1.53 \cdot 10^{-3}$	24
Ace	$6.82 \cdot 10^{-4}$	$1.22 \cdot 10^{-3}$	24
Fle	$8.98 \cdot 10^{-4}$	$2.83 \cdot 10^{-3}$	24
Phen	$2.00 \cdot 10^{-3}$	$3.91 \cdot 10^{-3}$	48
Anthr	$9.30 \cdot 10^{-3}$	$1.27 \cdot 10^{-2}$	48
F	$1.05 \cdot 10^{-2}$	$4.61 \cdot 10^{-3}$	48
Pyr	$2.43 \cdot 10^{-3}$	$4.14 \cdot 10^{-3}$	48
BaA	$1.02 \cdot 10^{-1}$	$1.14 \cdot 10^{-2}$	48
Chrys	$1.24 \cdot 10^{-1}$	$1.53 \cdot 10^{-2}$	48
BbF	$2.78 \cdot 10^{-1}$	$1.24 \cdot 10^{-2}$	48
BkF	$6.03 \cdot 10^{-1}$	$1.45 \cdot 10^{-2}$	48
BaP	$5.54 \cdot 10^{-1}$	$1.12 \cdot 10^{-2}$	48
DBahA	$1.34 \cdot 10^0$	$1.15 \cdot 10^{-2}$	48
BghiP	$1.95 \cdot 10^{-1}$	$4.66 \cdot 10^{-3}$	48
IcdP	$5.29 \cdot 10^{-1}$	$6.88 \cdot 10^{-3}$	48

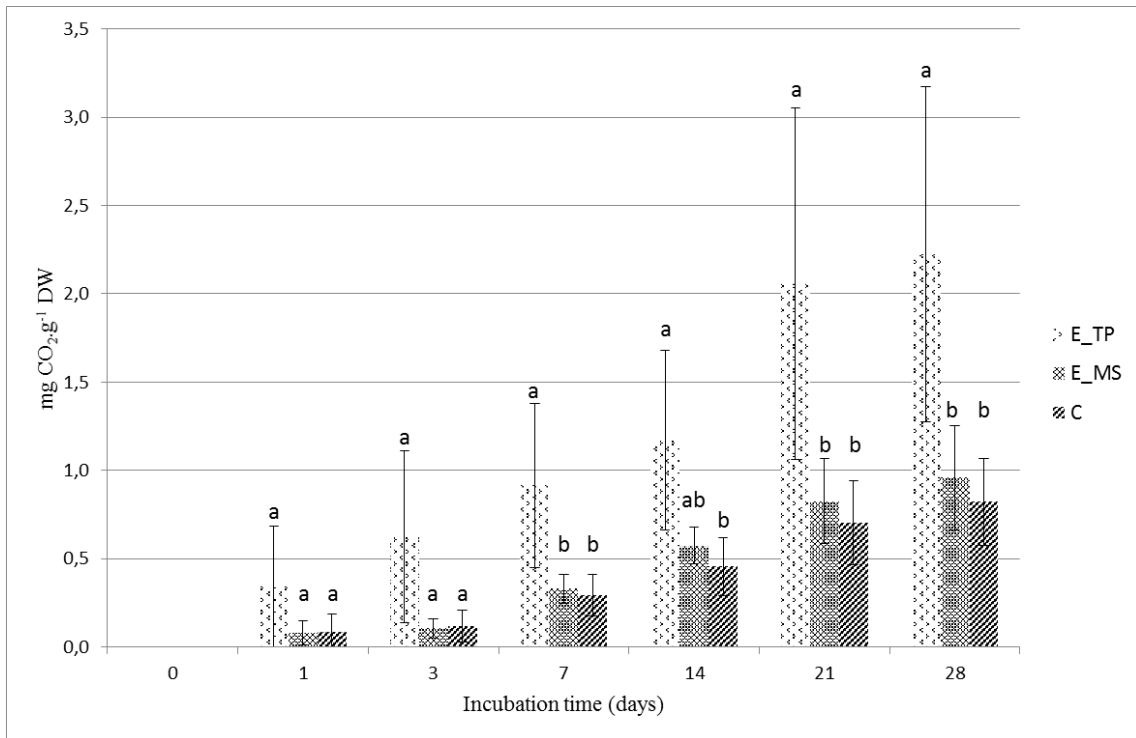
*PAHs are sorted by increasing molecular weight

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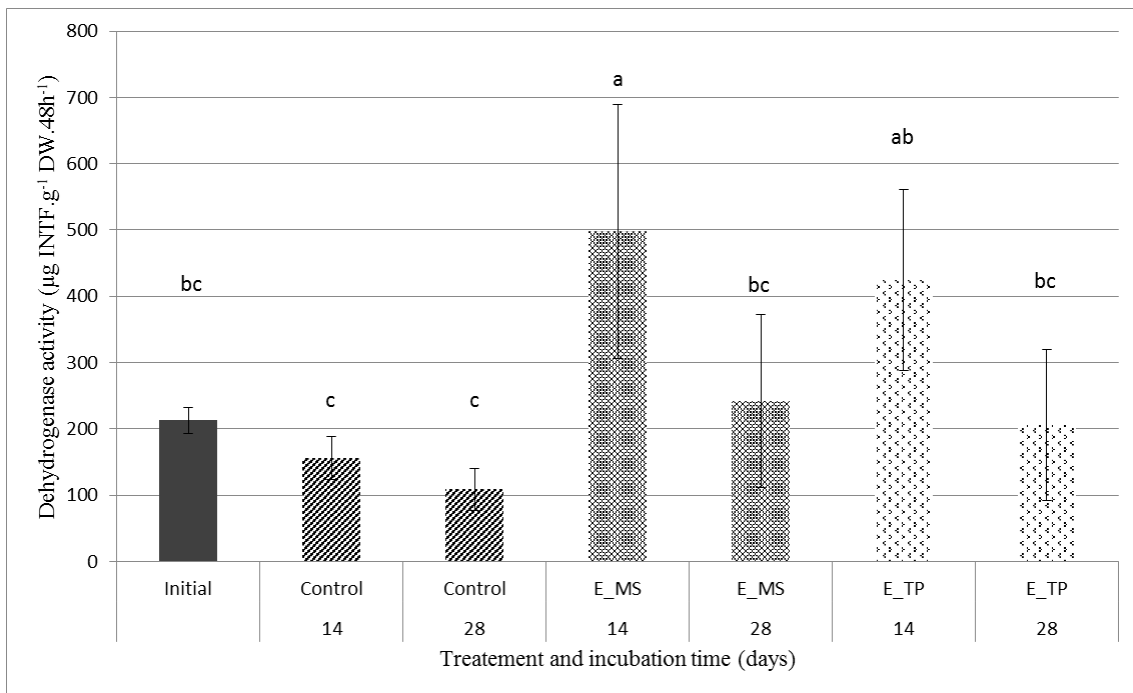
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Fig. 1 Examples of PAHs desorption kinetics using Tenax®. S_t/S_0 is the remaining sorbed fraction according to extraction time. Dots are data means \pm confidence interval ($n=5$), lines are fitted site distribution models



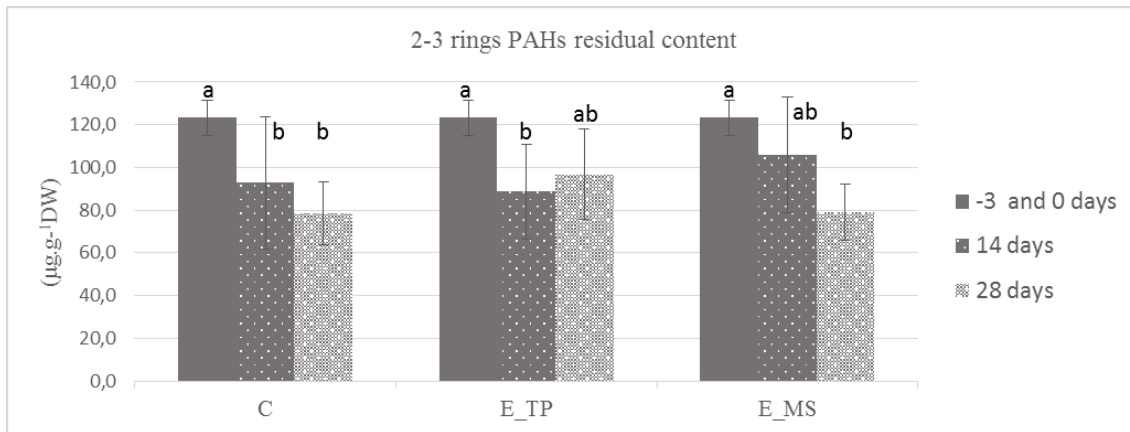
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Fig. 2 CO₂ cumulated emissions during the incubation of soils treated with *Medicago sativa* (E_MS) or *Trifolium pratense* (E_TP) plant root exudates compared to untreated samples (C). Values are means ± confidence interval ($\alpha=5\%$). Within each time group, treatments sharing the same letter are not significantly different ($p > 0.05$)

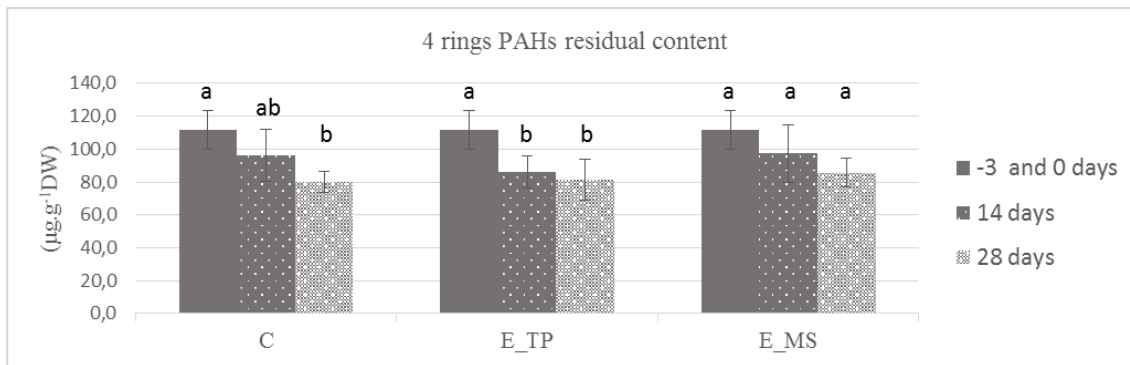


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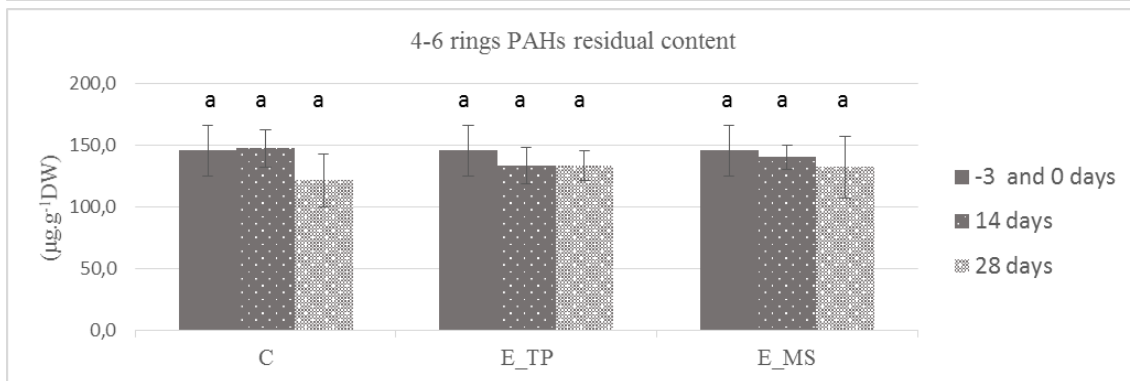
Fig. 3 Dehydrogenase activities of soils treated with *Medicago sativa* (E_MS) or *Trifolium pratense* (E_TP) plant root exudates, compared to untreated samples (C) after different incubation periods. Values are means ± confidence interval ($\alpha=5\%$). There is a significant interaction between time and treatment. Sticks that share the same letter are not significantly different ($p > 0.05$)



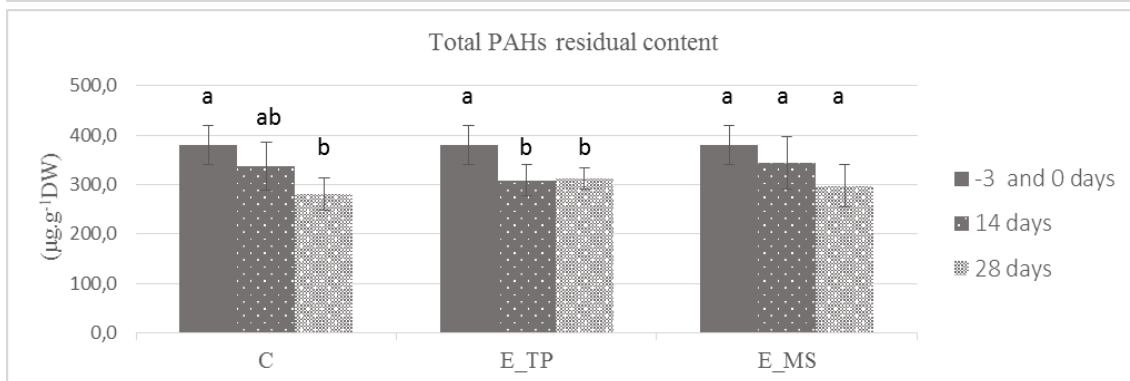
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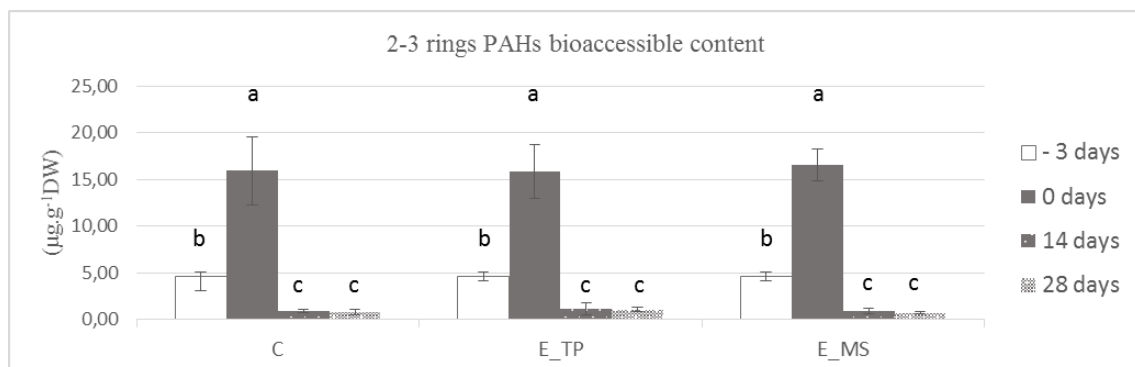
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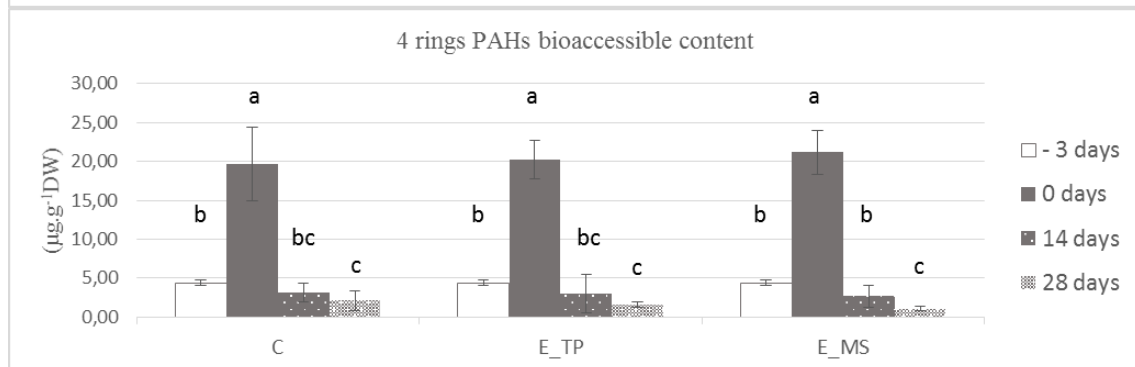
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Fig. 4 PAH residual contents of soils treated with *Medicago sativa* (E_MS) or *Trifolium pratense* (E_TP) plant root exudates, compared to untreated samples (C) after different incubation periods. Values are means \pm confidence interval ($\alpha=5\%$). Within each treatment group, sticks that share the same letter are not significantly different ($p > 0.05$)

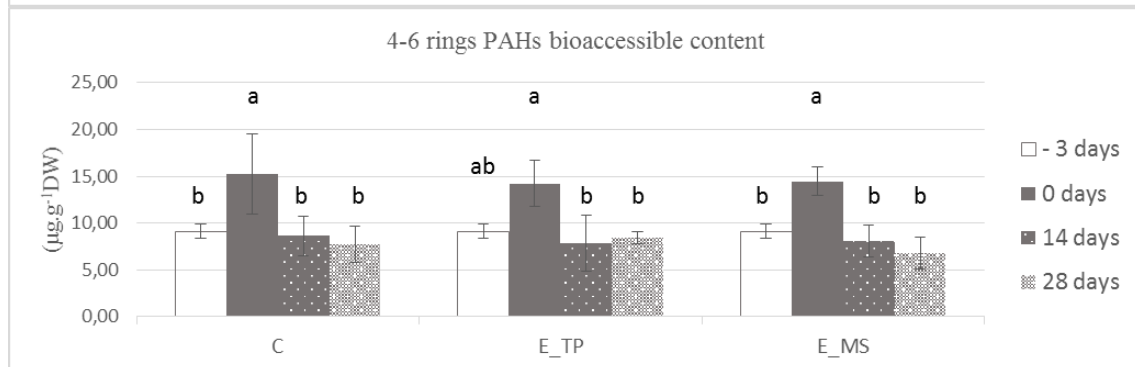
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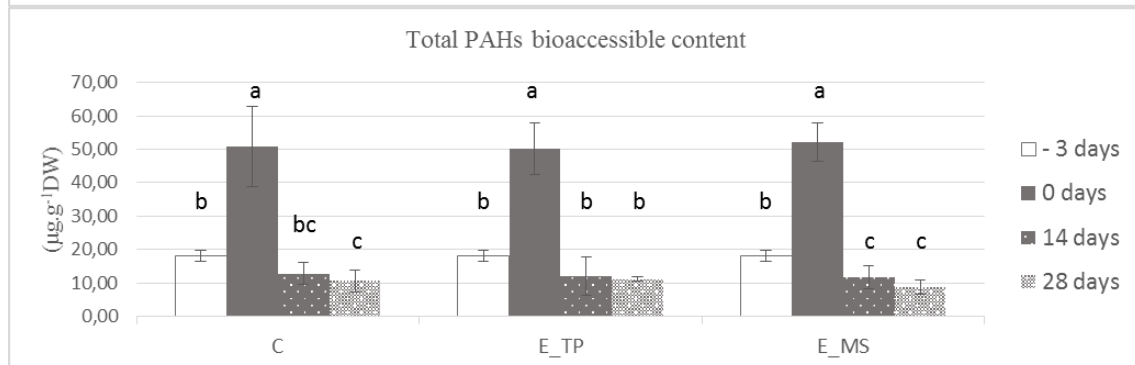
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536 **Fig. 5** PAH bioaccessible contents of soils treated with *Medicago sativa* (E_MS) or *Trifolium pratense* (E_TP) plant root
 537 exudates, compared to untreated samples (C) after different incubation periods. Data before and after the pre-
 538 incubation period are respectively named “-3 days” and “0 days” Values are means \pm confidence interval ($\alpha=5\%$).
 539 Within each treatment group, sticks that share the same letter are not significantly different ($p > 0.05$).

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ESM 1 PAHs total initial concentrations and PAHs extracted amounts after different times of extraction by Tenax® beads. Values were used to calculate remaining sorbed fractions for each time of extraction, according to equation (1)

	time (h)	N	Ace	Fle	Phen	Anthr	F	Pyr	BaA
Total concentration ($\mu\text{g}\cdot\text{g}^{-1}\text{DW}$)	0	28.9 ± 1.7	19.4 ± 1.2	12.5 ± 1.1	46.5 ± 5.5	16 ± 1.4	65.9 ± 7.1	45.6 ± 4.8	28.3 ± 3.6
Bioaccessible concentration ($\mu\text{g}\cdot\text{g}^{-1}\text{DW}$)	0	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00
	1	0.22 ± 0.09	0.21 ± 0.05	0.27 ± 0.06	1.18 ± 0.27	0.91 ± 0.18	1.28 ± 0.75	1.18 ± 0.35	0.83 ± 0.26
	2	0.18 ± 0.08	0.16 ± 0.03	0.24 ± 0.04	1.04 ± 0.11	1.03 ± 0.20	1.46 ± 0.16	1.07 ± 0.12	0.85 ± 0.18
	4	0.25 ± 0.03	0.20 ± 0.01	0.30 ± 0.02	1.51 ± 0.22	1.21 ± 0.10	2.11 ± 0.29	1.53 ± 0.16	1.21 ± 0.10
	8	0.30 ± 0.09	0.24 ± 0.02	0.35 ± 0.06	1.53 ± 0.07	1.34 ± 0.05	2.17 ± 0.08	1.64 ± 0.07	1.58 ± 0.10
	16	0.30 ± 0.13	0.22 ± 0.06	0.32 ± 0.06	1.58 ± 0.27	1.47 ± 0.32	2.08 ± 0.42	1.62 ± 0.29	1.54 ± 0.32
	24	0.22 ± 0.07	0.19 ± 0.04	0.30 ± 0.07	1.56 ± 0.53	1.44 ± 0.35	1.90 ± 0.12	1.33 ± 0.08	1.36 ± 0.13
	48	0.42 ± 0.05	0.29 ± 0.04	0.41 ± 0.03	1.79 ± 0.11	1.70 ± 0.44	2.54 ± 0.29	1.88 ± 0.11	2.00 ± 0.21
	72	0.43 ± 0.08	0.34 ± 0.08	0.45 ± 0.02	2.04 ± 0.17	1.99 ± 0.27	2.97 ± 0.24	2.24 ± 0.24	2.35 ± 0.20
96	0.34 ± 0.04	0.25 ± 0.07	0.37 ± 0.05	1.81 ± 0.20	1.51 ± 0.23	2.55 ± 0.31	1.77 ± 0.25	1.98 ± 0.24	
	time (h)	Chrys	BbF	BkF	BaP	DBahA	BghiP	IcdP	
Total concentration ($\mu\text{g}\cdot\text{g}^{-1}\text{DW}$)	0	32.4 ± 4.0	23.1 ± 3.3	11.8 ± 1.6	18.3 ± 2.6	2.9 ± 0.1	14.1 ± 3.6	15 ± 2.6	
Bioaccessible concentration ($\mu\text{g}\cdot\text{g}^{-1}\text{DW}$)	0	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	
	1	1.12 ± 0.38	0.50 ± 0.21	0.24 ± 0.08	0.33 ± 0.10	0.06 ± 0.03	0.22 ± 0.08	0.26 ± 0.10	
	2	1.26 ± 0.40	0.44 ± 0.12	0.20 ± 0.06	0.23 ± 0.05	0.04 ± 0.00	0.12 ± 0.02	0.12 ± 0.03	
	4	1.75 ± 0.12	0.73 ± 0.08	0.33 ± 0.03	0.40 ± 0.03	0.04 ± 0.01	0.16 ± 0.03	0.17 ± 0.03	
	8	2.27 ± 0.15	1.13 ± 0.17	0.55 ± 0.06	0.66 ± 0.05	0.07 ± 0.01	0.25 ± 0.07	0.30 ± 0.09	
	16	2.25 ± 0.56	1.28 ± 0.23	0.51 ± 0.13	0.62 ± 0.18	0.06 ± 0.02	0.23 ± 0.06	0.29 ± 0.09	
	24	2.06 ± 0.41	0.99 ± 0.15	0.46 ± 0.05	0.57 ± 0.06	0.06 ± 0.01	0.24 ± 0.03	0.26 ± 0.02	
	48	2.77 ± 0.34	1.52 ± 0.16	0.76 ± 0.03	0.95 ± 0.07	0.12 ± 0.03	0.43 ± 0.04	0.54 ± 0.06	
	72	3.42 ± 0.24	1.73 ± 0.17	0.9 ± 0.07	1.14 ± 0.06	0.17 ± 0.06	0.51 ± 0.05	0.63 ± 0.04	
96	2.98 ± 0.27	1.42 ± 0.17	0.8 ± 0.11	0.95 ± 0.11	0.13 ± 0.02	0.32 ± 0.09	0.46 ± 0.06		

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ESM 2 BIC values calculated for each desorption model of each PAH, according to equation (2)

PAHs	Model			
	1 order	1 order - 2 compartment	1 order - 3 compartment	Site distribution
N	-422*	-411	-401	-352
Ace	-428*	-411	-396	-337
Fle	-385*	-368	-372	-259
Phen	-362*	-313	-350	-237
Anthr	-249*	-242	-237	-141
F	-356*	-343	-351	-244
Pyr	-356*	-341	-346	-234
BaA	-313*	-302	-303	-202
Chrys	-285*	-276	-277	-179
BbF	-310*	-303	-301	-214
BkF	-318*	-312	-310	-232
BaP	-336*	-334	-317	-253
DBahA	-286	-277	-291*	-265
BghiP	-352	-349	-356*	-297
IcdP	-340	-331	-345*	-291