1 Don Jethro Mavungu Landu, Michel Frédérich, Joseph Manzambi Kuwekita, Christian Bongo-

- 2 Pasi Nswe, J K Mbinze, Sophie Liégeois, Nicodème Kalenda Tshilombo, Mineze Kwete Minga,
- 3 Patient Ciza Hamuli, Philippe Hubert, Roland Marini Djang'eing'a, Quality of antimalarials in
- 4 Kinshasa peri-urban areas with regard to local pharmaceutical legislation and
- 5 regulation, *International Health*, , ihz070, <u>https://doi.org/10.1093/inthealth/ihz070</u>
- 6

7 QUALITY OF ANTIMALARIALS IN KINSHASA PERI-URBAN AREAS WITH

8 REGARDS TO THE LOCAL PHARMACEUTICAL LEGISLATION AND

9 **REGULATION**

Don Jethro DJM Mavungu Landu^{a,b,*}, Michel MF Frédérich^a, Joseph JMK Manzambi
Kuwekita^{c,d}, Christian CBN Bongo-Pasi Nswe^e, JK Mbinze^f, Sophie SL Liégeois^g,
Nicodème NKT Kalenda Tshilombo^{g,h}, Mineze MKM Kwete Mingaⁱ, Patient PCH Ciza
Hamuli^{f,g}, Philippe PH Hubert^g, Roland RMD Marini Djang'eing'a^{g*}

^a Laboratory of Pharmacognosy, CIRM, Department of Pharmacy, Liege University, Liege -

15 4000, Belgium; ^b Ecole Régionale Postuniversitaire d'Aménagement et de Gestion intégrée

16 des Forêts et Territoires tropicaux, University of Kinshasa, Kinshasa - 10, Democratic

17 Republic of Congo; ^c Department of Public Health Sciences, Liege University, Liege -

18 4000, Belgium; ^d Community Health Section, Institut Supérieur des Techniques Médicales

- 19 de Kinshasa, Kinshasa 10, Democratic Republic of Congo; ^e Faculty of Public
- 20 health, Université des Sciences et des Technologies de Lodja, Sankuru 83, Democratic

21 Republic of Congo; ^fLaboratory of Drug Analysis, Department of Galenic Pharmacy and

22 Drug Analysis, University of Kinshasa, Kinshasa - 10, Democratic Republic of Congo; ^g

23 Laboratory of Analytical Pharmaceutical Chemistry, CIRM, Department of Pharmacy,

- 24 Liege University, Liège 4000, Belgium; ^h Laboratory of Chromatography, Faculty of
- 25 Pharmaceutical Sciences, University of Kinshasa, Kinshasa 10, Democratic Republic of
- 26 Congo; ⁱ Advanced School of Translation and Interpretation, Université Pédagogique
- 27 Nationale, Kinshasa 10, Democratic Republic of Congo.

*Corresponding author: Tel: +/32/48/4496005; E-mail: <u>DJ.Mavungu@doct.uliege.be</u>
Tel: +/32/43/664318; E-mail: <u>rmarini@uliege.be</u>

- 30
- 31

32 Abstract

Background: In the context of old pharmaceutical legislation and regulations not adapted to
current realities, the aim of the present study was to evaluate the existing pharmaceutical
system in peri-urban areas of Kinshasa.

36 Methods: A prospective study was carried out during the period of 2016 to 2018. The most

37 used antimalarial medicines were identified through household and pharmaceutical

38 establishment surveys. The samples of the obtained medicines were assayed with generic

39 separation methods using the high-performance liquid chromatography tech

40 nique coupled to a diode-array detector. The registration status was checked for 126

41 antimalarial brand-names. A characterisation was carried out in 196 pharmaceutical

42 establishments on the basis of standards set out by the Ministry of Health.

43 **Results**: Of the 75 samples assayed, 19% (14/75) were non-compliant. Of the 124 brand-

44 names, 46.0% (57/124) were unlicensed and 14.5% (18/124) had an expired license. Of the 196

45 pharmaceutical establishments, only two 1.0% (2/196) had an authorization to practice, none of

them met all the ministry of health minimum standards, 24.5% (48/196) met the World Health

47 Organisation Guidelines for the Storage of Essential Medicines and Other Health Commodities.

48 **Conclusion**: More resources should be mobilized to apply regulator sanctions.

49 Keywords CHARACTERISTICS OF PHARMACIES, DEMOCRATIC REPUBLIC OF

50 CONGO, KINSHASA, PERI-URBAN AREAS, PHARMACEUTICAL LEGISLATION AND

51 REGULATION, QUALITY OF ANTIMALARIALS

54 Introduction

The alarming proliferation of poor-quality medicines is a real public health concern.¹ The fight 55 against this scourge was initially faced with the difficulty of finding a unanimous definition for 56 the concept of poor-quality medicine. Three definitions have been adopted since May 2017 by 57 the World Health Organization (WHO): (i) Substandard medical products also called "out of 58 specification": these are authorized medical products that fail to either meet their quality 59 60 standards or their specifications, or both; (ii) Unregistered/unlicensed medical products: Medical products that have not undergone evaluation and/or approval by the national or 61 62 regional regulatory authority for the market in which they are marketed/distributed or used, subject to permitted conditions under national or regional regulation and legislation; (iii) 63 Falsified medical products: Medical products that deliberately/fraudulently misrepresent their 64 65 identity, composition or source.² The falsified medicines may either contain no active ingredient, or an inappropriate active ingredient, or at least the appropriate active ingredient but 66 at a dosage outside the specification range. They are sometimes contaminated with bacteria and 67 68 may also contain unknown impurities or toxic chemicals. They promote the development of antimicrobial resistance and medicine-resistant infections.^{2,3} Falsification affects all categories 69 of medicines .^{3,4} However, antimalarials and antibiotics are the most often reported as 70 substandard or falsified medical products.^{5,6} This situation is linked to a wide use of these two 71 categories of medicines in both urban and peri-urban areas in sub-Saharan Africa.¹ In many 72 73 developing countries in Africa, substandard or falsified medicines are estimated to account for more than 30% of medicines in circulation.⁷ This proportion can be up to 80% in some 74 countries.¹ In the Democratic Republic of Congo (DRC), some laws and regulations are no 75 76 longer appropriate and do not allow an adequate response to the current challenges in the pharmaceutical sector. The informal market and the trafficking of falsified medicines concern 77 life-threatening diseases whose medicines are the most sought-after⁸ particularly in the DRC, 78

in order to fight malaria.⁹ Malaria has its highest prevalence in peri-urban areas¹⁰ where the
demand for antimalarials is growing exponentially. The issue related to the quality of medicine
in Africa's urban and peri-urban areas has been addressed by several authors.^{1,8,11} However,
aspects directly related to the regulation enforcement have not been addressed. Thus, the
purpose of the present study was to assess the existing pharmaceutical system in peri-urban
areas of Kinshasa, mainly in regard with the use of antimalarials and their quality, the
proportion of unlicensed antimalarials and the characteristics of pharmaceutical establishments.

86 2. Materials and methods

87 2.1 Study setting

The city of Kinshasa is built mainly on two geo-morphological sites : "the lower city" or "the 88 plain of Kinshasa" and "the upper city" or "the hill zone".¹² The city has extended much more 89 90 in the south and southwest than in the east. The extensions of the eastern buildings have reached the municipality of N'sele. The extensions of the south and south-west buildings have 91 92 been concerned with the upper west city whose most important administrative entity is the municipality of Mont Ngafula.^{12,13} The present prospective study, was carried out in peri-urban 93 areas of Kinshasa, in the four municipalities as presented in figure 1, during the period of 94 February 2016 to May 2018. The period of the study covers two particular events: Firstly, the 95 publication in October 2016 of the 3rd edition of the Directory of the pharmaceutical products 96 registration by the Direction de la Pharmacie et du Médicament (DPM),¹⁴ secondly, the health 97 sector reform was at the phase of implementation of the Kinshasa Health Provincial Division 98 and the Kinshasa Health Provincial Inspectorate.¹⁵ 99

- 100 2.2 Sampling and data collection
- 101 **2.2.1 Study design**
- 102 Sampling type

Two types of sampling were used: simple random sampling for both surveys of pharmaceutical
establishments and the procurement sources for assayed antimalarials, two-stage cluster
sampling for the household survey.

106 General formula of sampling size

107 The theoretical sample size (*N*) was calculated based on the following general formula: N = p108 $(1-p) z^2/E^2$ with *p* the prevalence, *z* the confidence interval and *E* the margin error. However, 109 for the household survey, the cluster effect was taken into account, so the theoretical sample 110 size (*N*) was calculated based on the following formula: $N = [p (1-p) t^2 / E^2] DEFF$ with *t* the 111 confidence interval for the cluster sampling and *DEEF* the cluster effect.

112 The investigation team

113 The investigation team consisted of one principle investigator, two supervisors and sixteen

114 investigators. The principle investigator was the contact person with the political,

administrative and health authorities of the study site. In addition, the principle investigator

116 had to fully understand the purpose of the study, the languages used for the survey, the survey

117 methods and the data collection tools. Supervisors and investigators had to have a medical

background in order to help the respondents understand the questionnaire. Specific additional

training related to the main objective of the study was given particularly on the survey methods

and the data collection tools.

121 Summary of data collection processes and expected results

122 The three surveys and the outcomes are presented in Figures 2a and 2b.

123 Inclusion and non-inclusion criteria

124 At the household level, the questionnaire was administered to the household head (first target).

125 In case of absence of the household head, the oldest member (aged 15+) of the household

present at the time of the survey was interviewed.¹⁶ Households which did not satisfy to these two conditions were not included. At the point of sale, the questionnaire was administered to the seller. Only private pharmacies were included in the study. In 2013, the share of the private sector antimalarial market accounted for 97%.¹⁷ Neighbourhoods with limited geographic access including erosion were not included.

131 **2.2.2** Household survey

132 **2.2.2.1** Sampling

133 The most used antimalarials were identified in Mont-Ngafula, using a two-stage cluster

134 household survey. In case the survey area was too extensive and the population of households

dispersed, this kind of survey was preferred in the countries of the South.¹⁶

136 **2.2.2.2** Sample size

- 137 With the prevalence of antimalarials use estimated at 38.1% (p = 0.38),¹⁶ the significance
- threshold was set at 5% for cluster sampling with the margin of error (*E*) of 4% (t = 2.045). The
- 139 cluster effect (DEEF) set at 1.7. The calculated sample size was 1048 households. In order to
- 140 compensate for non-responders, the initial sample size was increased by 10% (1153
- 141 households).¹⁸ However, during the investigation, three households refused to be interviewed
- 142 with a condition that the investigators provide them with mosquito nets or antimalarials. Then,
- the sample size reduces to 1150 households.

144 **2.2.2.3 Data collection**

The questionnaire in French was translated into Lingala (the language spoken in the area of study) and were pre-tested in small areas similar to the principal area of study. Apart from socio-demographical characteristics collected in the households, questions were related to the antimalarial used at the last episode of malaria.

- 149 2.2.3. Survey of pharmaceutical establishments
- 150 **2.2.3.1** Sampling

Pharmacies were visited twice. For each field visit, pharmacies were counted, and random sampling applied. The first field visit was done in the municipality of Mont Ngafula (in the health area Mont Ngafula I) and was aimed at determining the most frequently sold and widely used antimalarials. The second field visit was conducted in four health areas within the municipalities (Mont Ngafula I, Kisenso, Kikimi, N'sele) and aimed at collecting information about the characteristics of both, pharmacies and antimalarials.

157 **2.2.3.2** Sample size

158 - Sample size at the first field visit (Sale of antimalarials)

159 With the percentage of households resorting to pharmacies estimated at 29.3 % (p = 0.293),¹⁶ the 160 significance threshold was set at 5% with the margin of error (*E*) of 10 % (z = 1.96), i.e. 80 161 pharmacies. In order to compensate for non-responders, the sample size was increased to 88.

162 - Size at the second visit (Characterization of pharmacies)

163 With the percentage of pharmacies complying with the minimal standards – enacted by the 164 national drug regulatory authority – estimated at 50% (p = 0.5). The value of 50% was generally 165 assumed in case of unknown phenomenon. The significance threshold was fixed at 5% with the 166 margin of error (*E*) of 7% (z = 1.96), i.e. 196 pharmacies. Since the mystery shopper survey was 167 applied, the risk of non-response was not taken into account.

168 2.2.3.3 Data collection

169 - First visit to the pharmacies (Sale of antimalarials)

- 170 The sociodemographic characteristics and information related to the most frequently sold
- antimalarials were collected.

172 - The second visit to pharmacies (characterization)

- 173 Data collection was conducted thanks to the KoBo Collect application
- 174 (<u>https://kf.kobotoolbox.org</u>). This allowed the collection of geographic coordinates. The data
- 175 collected were related to the characteristics of pharmacies, particularly the compliance with the

- 176 DRC Health Ministry standards¹⁹ and the WHO Guidelines for the Storage of Essential
- 177 Medicines and Other Health Commodities,²⁰ the pharmaceutical establishments authorized to
- 178 operate. The marketing authorization for antimalarials has been checked with DPM¹⁴ and with
- 179 the National Health Inspectorate.

180 2.2.4 Procurement sources for assayed antimalarials

181 **2.2.4.1** Sampling

182 The samples were obtained using the mystery shopper approach to avoid bias in randomly

selected outlets in a pre-built sample frame. It should be noted that the selection of

- 184 antimalarials to be purchased (quinine or artemether-lumefantrine combination) was based on
- the directory of pharmaceutical products registered and licensed by the DPM in the DRC. So,
- 186 whenever the mystery shopper went to a pharmacy, he would ask for different antimalarials
- 187 available in that pharmacy.

188 **2.2.4.2** Sample size

- 189 With the percentage of substandard / falsified medicines estimated at 30% (p = 0.3),⁷ the
- significance threshold was set at 5% with the margin of error (*E*) of 10% (z = 1.96), i.e. 81

samples. However, in view of the constraints, especially the available funds, Only 75 samples

192 were collected.

193 2.3 Analyses

194 2.3.1 Data analyses

195 Data from the household and the first visit at the pharmacies were captured using the Census

and Survey Processing System version 6.0.1 (US Census Bureau, Washington DC, USA). The

data were analysed using Statistical Package for the Social Sciences version 23.0.0 (IMB, New

198 York, USA). Data from the second visit to the pharmaceutical establishments were collected

199 through KoBo Collect Application (A Harvard Humanitarian Initiative software based in

200 Cambridge, Massachusetts, USA).

The mapping of the study area and the surveyed pharmaceutical establishments was performed
using the software ArcGIS version 10,5 (Environmental Systems Research Institute, Redlands,
California, USA).

204 2.3.2 Physicochemical analyses

The quality analysis of the collected medicine samples was carried out at the Drug-testing laboratory (University of Kinshasa) and at the WHO-prequalified laboratory (Department of Pharmacy, Liege University), using generic separation methods with the high-performance liquid chromatography (HPLC) technique coupled to a diode-array detector. The physicochemical analyses consisted to identify the active ingredients, their dosage, and in some cases the pH assay of the solutions and the mass variation.

211 **2.4 Ethical considerations**

212 The study protocol was approved by the Congolese National Committee for Health Ethics

213 (Authorization No. 016/CNES/BN/PMMF/2016 of 08/01/2016). The ethical principles outlined

in the Declaration of Helsinki have been observed. In accordance with the Ethical Guidelines

for Research Involving Human Subjects in DRC and based on the nature of the study, the DRC

216 National Ethics Committee for Health has authorized verbal informed consent. The

217 investigators explained in detail the purpose of the study before collecting and recording the

verbal informed consent of the participants. The participants were not exposed to any

219 experiment since no biological samples were collected for analysis. They essentially answered

a questionnaire and were not followed up after the interview. The survey questionnaire was

anonymous. Thus, the study presented no risk or negative effect for the participants, on the

222 contrary, the information provided was beneficial to them.

223 **3. Results**

224 **3.1 Interviews and desk reviews**

Before investigating, in addition to the desk review of the narrative reports several interviews were held with the Director of General Inspectorate of Health, the Provincial Medical Inspector and the Chief Medical Officer of Kinshasa Provincial Division. It was noticed that the quality of the medicine in Kinshasa depends very much on the legislation and regulations in force. The entire country is also concerned. A conceptual framework (Fig. 3) presents the various aspects resulting from implementation of legislative and regulatory texts and that ultimately have an influence on the quality of medicines.

3.2 The most frequently sold and most used antimalarials

233 Two surveys were conducted concurrently. One conducted on 1150 households and the other on 88 pharmacy sales clerks, in order to identify the most used and the most frequently sold 234 antimalarials.. In the household, the distribution of the respondents indicated a predominance of 235 236 women (796/1150) compared to men (354/1150), i.e. a male / female sex ratio of 0.4. Mean age of respondents was 34 ± 13 years with ages between 18 and 83 years. In terms of education, 237 556 of 1150 respondents (49.2%) had completed at least secondary school. Six hundred and 238 sixty-two of 1150 respondents (57.6%) were married or cohabiting/living together. Six hundred 239 and thirty of them (55.5%) had a monthly income of more than \$50 and spent two-thirds of 240 their income on food and one-third for other expenses (Transportation, Medical Care, etc.). 241 Five hundred and fortyeight of 1150 surveyed households (47.7%) reported facing an episode 242 of malaria in the two weeks prior to the survey. Five hundred and twenty-six of 548 households 243 244 (96.0%) that faced a malaria episode used an antimalarial medicine. Regarding the surveyed pharmacy sellers, the distribution showed a predominance of men (55/88) compared to women 245 (33/88), i.e. a male / female sex ratio of 1.7. The age ranged from 18 to 70 with mean age of 35 246 247 \pm 10 years. In 57 cases out of 88 (65%), the seller was not the owner of the pharmacy. Interviews with households (Fig. 4) showed that the most used molecule was quinine, followed 248 by artemisinin derivatives and the sulfadoxine-pyrimethamine combination. In the 249

pharmaceutical establishments, these same antimalarials are reported in the same figure of sales as being the most frequently sold. Also 11.8% (62/526) of people had forgotten the name of the antimalarial used. Among the artemisinin derivatives alone or in combination (Fig. 5), the artemether-lumefantrine combination was found to be the most frequently sold (17/30) and used (37/89), followed by α - β artemether in terms of sales (6/30) and in terms of use (27/89). In third place, sellers reported semi-synthetic methoxymethane of artemisinin (4/30) while other households reported water-soluble artemisinin hemisuccinate (5/89).

257 **3.3** Quality of antimalarials and registration status

258 **3.3.1** Visual analysis

The irregularities that were observed mainly concerned the artemether-lumefantrine
combination. Twelve out of 30 cases (40%) have labelling issue and 17% (5/30) of the

261 packages showed traces of moisture (Fig. 6).

262 **3.3.2** Identification and assay of the antimalarials

Analyses were performed on the two most frequently sold and most used antimalarials, quinine 263 264 and the artemether-lumefantrine combination. The first decisive step was to confirm the presence of the active ingredients and the content as claimed by the manufacturer. The 265 manufacturer's claims were considered as 100% references with the specifications of 90.0% -266 110.0%. Molecules whose content were between those ranges were compliant. Quinine 267 analyses involved 15 samples, including seven oral drops (47%), three tablets (20%), three 268 syrups (20%) and two injectable ampoules (13%) (Table 1). Two syrup (13.3%) samples were 269 found non-compliant, assay results being above the specifications. Analyses also included 30 270 samples containing the two molecules artemether-lumefantrine combination in powder for oral 271 272 suspension (Table 2). Out of the total of 60 analyses, 12 (20%) were non-compliant among which seven due to lumefantrine molecules and five due to artemether molecules with assay 273 results below the specifications. 274

275 **3.3.3 Registration status**

Fifty seven of 124 antimalarials (46.0%) were unlicensed by the DPM (Fig.7).

277 **3.4 Characteristics of pharmaceutical establishments**

278 Out of 196 outlets, only two had legal authorization from the Ministry of Health. The

observations presented in Table 3 indicated that in some cases, the front of the pharmaceutical

establishment served as a trading venue for products not related to health, such as engine oil

281 (Fig.8). No pharmaceutical establishment met the Ministry of Health minimum standards. The

temperature control criteria recommended by WHO were met by 24.5% (48/196) of the

pharmaceutical establishments in the area of study (Fig.9).

284 **4. Discussion**

285 4.1 Interviews and desk reviews

Pharmaceutical legislation and regulations constitute the guarantee for the quality of medicine
(Fig.3). Countries with fragile pharmaceutical governance and pharmacovigilance are most
exposed to substandard and falsified medicines ^{21,22}. Thus, efforts to improve supply chain
management, inspection and regulation are essential to control exposure to substandard and
falsified medicines²³.

4.2 The most frequently sold and most used antimalarials

292 In the case of simple malaria, the National Malaria Control Program recommends the 293 artemisinin-based combination therapy (artemether-lumefantrine or artesunate-amodiaquine) as first-line therapy. In case of failure, the program recommends another artemisinin-based 294 combination therapy or quinine combined with an antibiotic.²⁴ Note that care of patients with 295 complicated malaria is undertaken in health facilities that were not included in our surveys. 296 Pharmacies and households' surveys (Fig. 4) showed a greater use of quinine compared to the 297 artemisinin derivatives including the artemisinin-based combinations. In households, the rate of 298 forgetting is quite high 11.8% (62/526). Comparison between data from pharmacies and 299

households has minimized the importance of this loss of information. In Kinshasa, the
Demographic and Health Survey II reported the same trends. The most commonly used
antimalarial was quinine (68.2%), followed by artemisinin derivatives (17.7%), of which
artemisinin-based combinations (14.6%).¹⁶ This increased use of quinine by the population
provides information on non-compliance with good antimalarial use practices, as advocated by
the NMCP. It should be noted that quinine is more affordable than artemether-lumefantrine
combination. It is therefore mostly used for fever.^{17,24}

307

4.3 Quality of antimalarials and registration status

308 For quinine, 2/15 samples of over dosage of syrup were found. This could be a manufacturing issue as well as for the artemether-lumefantrine combination with a low dosage. Overall, out of 309 a total of 75 molecules assayed, 18.7% (14/75) were non-compliant. This proportion of non-310 311 compliant antimalarials is close to the one reported by the Sachiko Ozawa team's meta-analysis of 19.1%.²³ The size of the samples analysed was not representative. However, the preliminary 312 survey conducted on households and pharmacies allowed for the selection of the most 313 representative antimalarials used. The quinine, which is the most used molecule, presented less 314 non-compliance traits than artemether-lumefantrine. In DRC there are 29 production units of 315 which only five apply, in an acceptable manner, good manufacturing practices, ^{15,25} and most of 316 them are based in Kinshasa. The Ministry of Health reports indicate that the main characteristic 317 of the pharmaceutical industry in the DRC is the circulation of poor-quality medicines. Two 318 319 causes are essentially mentioned. The first relates to the dysfunction of the quality assurance system, and the second is related to the inefficacy of pharmaceutical inspection. This is caused 320 by the lack of laboratory equipment for the quality control.^{15,25} The operationalization of the 321 General Inspectorate for Health since 2017 raises hope for the implementation of the control of 322 regulatory acts.²⁶ Nearly half of the antimalarials in circulation had no marketing authorization 323 (Fig. 7). This figure allowed us to evaluate the size of an illicit market that hinders efforts of 324

health authorities to improve the health of the population. Antimalarials authorized on the 325 Congolese market accounted for 56.0% (67/124) of the total, of which 14.5% (18/124) had an 326 expired license (Fig. 7). The review of the authorized medicines directory reported more 327 worrying proportions. This review conducted in December 2017, revealed that half of all 328 authorizations (2 322) issued between January 2010 and September 2017 had expired. In 329 addition, 109 marketing authorizations were to expire within three months of the review.²⁷ The 330 worrying growth of the illicit medicine market is caused by the weakness of the health system. 331 Intersectoral collaboration between the National drug regulatory authority, the national 332 (Customs, Police and Justice) and the international law enforcement services are all in fault.¹⁵ 333

334

4.4 Characteristics of pharmaceutical establishments

Only two surveyed outlets out of 196 were authorized to operate by the Ministry of Health. The 335 DPM recognizes its limits to control this anarchic development of the private market. The total 336 number of drugstore retailers in the DRC remains unknown.^{25,28} In the field, the multitude of 337 regulatory texts generates conflicts of competence between different state services within this 338 sector, particularly the Ministries of Health, Environment, Justice, Interior and Economy. To 339 this list of Ministries is added the Congolese national police.²⁵ Almost all (195/196) of the 340 establishments were found not to have any air conditioning systems (Tab. 3). Nearly three out 341 of five outlets (112/196) had no electricity at the time of the survey. Overall, no outlet met all 342 343 the minimum standards set by the National drug regulatory authority. To control the temperature, the WHO Guidelines for the Storage of Essential Medicines and Other Health 344 Commodities advocates for three conditions: the means of controlling humidity and heat 345 (windows, fan, air conditioner or dehumidifier), the presence of a refrigerator and a power 346 supply.²⁰ Only 24.5% (48/196) of outlets comply with these WHO Guidelines (Fig. 9). Under 347 these conditions, good conservation practices^{20,29} are not respected. In a tropical climate, this 348

exposure of medicines to hot weather greatly increases the risk for medicine degradation even
before the expiration date.^{1,30}

351 Good pharmaceutical laws and regulations along with implementing measures constitute

352 safeguard for the quality of medicines. The health of the entire Congolese population depends

353 on this quality. The DRC should do more to strengthen the effectiveness of the National Drug

Regulatory Authority. It expects to have legislation and regulations that are better adapted to

the international context and endowed with regulator sanctions. It would also be necessary to

356 mobilize more material, financial and human resources to achieve repressive actions

357 proportional to the extent of this scourge of public health.

359 **References**

- Marini Djang 'eing R, Tshilombo K, Habyalimana V et al. Falsification des médicaments en milieu
 périurbain : triste réalité. Gembloux: *Presses agronomiques de Gembloux*, 2015; 193-202.
- WHO. A study on the public health and socioeconomic impact of substandard and falsified
 medical products. https://www.who.int/medicines/regulation/ssffc/publications/SE Study_EN_web.pdf [accessed 19 June 2018]
- 365 3. Arie S. Contaminated drugs are held responsible for 120 deaths in Pakistan. *BMJ* 2012;344:e951.
- WHO. Substandard and falsified medical products. http://www.who.int/news-room/fact sheets/detail/substandard-and-falsified-medical-products [accessed 26 August 2018].
- WHO. 1 in 10 medical products in developing countries is substandard or falsified.
 http://www.who.int/news-room/detail/28-11-2017-1-in-10-medical-products-in-developing countries-is-substandard-or-falsified [accessed 26 August 2018].
- Newton PN, Green MD, Fernández FM. Impact of poor-quality medicines in the 'developing' world. *Trends Pharmacol Sci.* 2010;31(3–3):99–101.
- WHO. Counterfeit medicines: an update on estimates. [accessed 27 September 2018].
 https://www.who.int/medicines/services/counterfeit/impact/TheNewEstimatesCounterfeit.pdf
- Tshilombo NK, Hamuli PC, Mbinze JK et al. Investigation of the Quality of Antibiotics-Based
 Amoxicillin for Monitoring of Some Different Medicine Markets of Democratic Republic of Congo.
 American Journal of Analytical Chemistry 2018;09:366.
- Manzambi Kuwekita J, Bruyère O, Guillaume M et al. Comment optimiser l'efficience de l'aide
 internationale, dans le domaine de la santé, en République Démocratique du Congo, How to
 optimize the efficiency of international sanitary aid in the Democratic Republic of Congo. Santé
 Publique 2015;27(1):129–34.
- Ferrari G, Ntuku HM, Schmidlin S et al. A malaria risk map of Kinshasa, Democratic Republic of
 Congo. *Malar J* 2016;15:27.
- Mufusama J-P, Ndjoko Ioset K, Feineis D et al. Quality of the antimalarial medicine artemether lumefantrine in 8 cities of the Democratic Republic of the Congo. *Drug Test Anal* 2018;10 (10):
 1599-1606
- Mutombo HK. Urbanisation et fabrique urbaine à Kinshasa : défis et opportunités
 d'aménagement. Phd Thesis. Bordeaux: Université Michel de Montaigne Bordeaux III, 2014.
- Kayembe Wa Kayembe M, De Maeyer M, Wolff E. Cartographie de la croissance urbaine de
 Kinshasa (R.D. Congo) entre 1995 et 2005 par télédétection satellitaire à haute résolution. *Belgeo Revue belge de géographie* 2009;(3–4):439–56.
- Direction de la Pharmacie et du Médicament. Les médicaments enregistrés en République
 Démocratique du Congo. http://dpmrdc.org/BASE-DES-DONNEES/Les-medicaments-enregistres en-Republique-Democratique-du-Congo [accessed 27 August 2018].

- Ministère de Santé Publique de la RDC. Plan National de Développement Sanitaire 2016 2020 :
 vers la couverture sanitaire universelle.
- 397http://www.nationalplanningcycles.org/sites/default/files/planning_cycle_repository/democrati398c_republic_of_congo/pnds_2016-2020_version_finale_29_avril_2016.pdf [accessed 28 August3992018].
- 400 16. Ministère du Plan et Suivi de la Mise en Œuvre de la Révolution de la Modernité, Ministère de
 401 Santé Publique. Enquête Démographique et de Santé (EDS-RDC) 2013-2014.
- 402 https://www.dhsprogram.com/pubs/pdf/FR300/FR300.pdf [accessed 17 February 2018].
- ACTwatch Group, Mpanya G, Tshefu A, Likwela JL. The malaria testing and treatment market in
 Kinshasa, Democratic Republic of the Congo, 2013. *Malar J* 2017;16(1):94.
- 18. International Council for Harmonisation of Technical Requirements for Pharmaceuticals forHuman Use. Quality Risk Management Q9.
- 407https://www.ich.org/fileadmin/Public_Web_Site/ICH_Products/Guidelines/Quality/Q9/Step4/Q9408_Guideline.pdf [accessed 27 August 2018].
- 409 19. Ministère de Santé Publique de la RDC. Arrêté ministériel n°1250/CAB/MIN/SP/010/
 410 CPH/OMP/2015 du 28 septembre 2015 modifiant et complétant l'Arrêté ministériel
 411 n°1250/CAB/MIN/ S/AJ/01 du 14 mars 2000 portant conditions d'octroi des autorisations
 412 d'ouverture et de fonctionnement des établissements pharmaceutiques.
- 413https://www.leganet.cd/Legislation/Droit%20economique/Reglementationproduits/AM.1250.014140.28.09.2015.html [accessed 27 August 2018].
- WHO. Guidelines for the Storage of Essential Medicines and Other Health Commodities.
 http://apps.who.int/medicinedocs/pdf/s4885e/s4885e.pdf [accessed 27 August 2018].
- Fadlallah R, El-Jardali F, Annan F et al. Strategies and Systems-Level Interventions to Combat or
 Prevent Drug Counterfeiting: A Systematic Review of Evidence Beyond Effectiveness. *Pharm Med* 2016;30(5):263–76.
- 420 22. Institute of Medicine. Countering the Problem of Falsified and Substandard Drugs. The National
 421 Academies Press. Washington, DC; 2013.
- 422 23. Ozawa S, Evans DR, Bessias S et al. Prevalence and Estimated Economic Burden of Substandard
 423 and Falsified Medicines in Low- and Middle-Income Countries: A Systematic Review and Meta424 analysis. JAMA Network Open 2018;1(4):e181662.
- 425 24. Nkoli Mandoko P, Sinou V, Moke Mbongi D et al. Access to artemisinin-based combination
 426 therapies and other anti-malarial drugs in Kinshasa. *Med Mal Infect* 2018 Jun;48(4):269–77.
- 427 25. Ministère de Santé Publique de la RDC. Rapport narratif: Profil pharmaceutique de la République
 428 Démocratique du Congo 2011.
 429 https://www.who.int/medicines/areas/coordination/drc_pharmaceutical_profile.pdf [accessed
 430 28 August 2018]
- 431 26. Direction de la Pharmacie et du Médicament. Plan stratégique du Système National
 432 d'Approvisionnement en Médicaments Essentiels « SNAME » 2017-2020.
- 433 http://dpmrdc.org/Documentations/PLAN-STRATEGIQUE-DU-SYSTEME-NATIONAL-D-
- 434APPROVISIONNEMENT-EN-MEDICAMENTS-ESSENTIELS-SNAME-2017-2020 [accessed 28 August4352018].

- 436 27. President's Malaria Initiative. Promoting and Ensuring Public Health through Regulatory Support437 in the Democratic Republic of the Congo: Medicines Registration.
- 438 https://www.pmi.gov/news/stories-from-the-field/stories-from-the-field---detail/promoting-
- and-ensuring-public-health-through-regulatory-support-in-the-democratic-republic-of-the congo-medicines-registration [accessed 28 August 2018].
- Programme National d'Approvisionnement en Médicaments. Cartographie des systèmes
 d'approvisionnement et de distribution des médicaments et autres produits de santé en RDC.
- 443 http://apps.who.int/medicinedocs/documents/s17032f/s17032f.pdf [accessed 28 August 2018].
- 29. Direction de la Pharmacie et du Médicament. Lignes directrices des bonnes pratiques de distribution applicables en RDC.
- 446 http://apps.who.int/medicinedocs/documents/s23046fr/s23046fr.pdf [accessed 17 February
 447 2018].
- 30. Newton PN, Lee SJ, Goodman C et al. Guidelines for field surveys of the quality of medicines: a
 proposal. *PLoS Med* 2009;6(3):e52.
- 450
- 451
- 452
- 453

454 Figure legends

455 Figure 1: Location of the study area in the peri-urban areas of Kinshasa

456 Figure 2.a: Scheme of two surveys conducted at the level of pharmaceutical establishments and

- 457 households
- 458 Figure 2.b: Scheme of the third survey conducted at the level of pharmaceutical establishments.

459 Figure 3: Conceptual framework of factors influencing the quality of medicines

- 460 Where laws and regulations are not updated and / or are not properly enforced by the national drug
- 461 regulatory authority, law enforcement and inspection services become ineffective resulting in non-
- 462 compliance with good practices and the circulation of falsified medicines in thriving illicit markets. This
- 463 has a negative impact on the quality of the medicines consumed.
- 464 Figure 4: Comparison of the survey results from the medicine outlets and the households in
- 465 relation to the sale and consumption of antimalarial medicines in peri-urban areas of Kinshasa
- 466 (Pharmacy n = 88 and Household n = 526). Out of a total of 1150 households surveyed, malaria
- 467 occurred in 548 households of which 526 resorted to an antimalarial medicine. Antibiotics, analgesics,
- 468 and vitamins, reported by the respondents, were classified in the "other" category.
- 469 Figure 5: Comparison of the survey results from the medicine outlets and the households in
- 470 relation to the sale versus consumption of artemisinin derivatives alone or in combination.
- 471 (Pharmacy n = 30 and Household n = 89)

472 Figure 6: Visual analysis

- On the left, improper label positioning. On the right the presence of moisture traces on the primarypackaging.
- 475 Figure 7: Distribution of antimalarial brand names sold in pharmaceutical establishments in the
 476 peri-urban areas of Kinshasa according to the certification status (n = 124).

- 477 Figure 8: A pharmaceutical establishment dealing with the sale of motor oil in peri-urban areas of478 Kinshasa.
- 479 Figure 9 Mapping of pharmaceutical establishments on the basis of the World Health
- 480 Organization guidelines for temperature control. Four municipalities of the peri-urban areas of
- 481 Kinshasa are represented: Mont Ngafula (upper left with 59.6%), Kisenso (lower left with 14.0%),
- 482 Kimbaseke (upper right with 8.0%) and Nsele (lower right with 18.5%).

484 Author's statements

485 Authors' contributions

486 D.J.M., M.F., J.M.K., P.H., R.D.M. contributed to the study conception and design.

487 RDM coordinated the study, from conception to validation of the final manuscript.

488 MF, PH, and RDM supervised the collection of medicine samples and their quality control and 489 validated the results and their interpretation.

- JMK supervised the household and pharmacy surveys and validated the results and theirinterpretation.
- 492 DJM was the principal investigator of the study. He worked with the different teams in the 493 design, data and samples collection, quality control and their interpretation.
- 494 DJM and CBN conducted household and pharmacy surveys, they designed the figures and495 tables;
- DJM, JKM, and SL carried out the collection of AL samples and carried out their qualitycontrol in the laboratory.
- DJM, NKT, and PCH collected the quinine samples and performed their quality control in thelaboratory.
- 500 MKM translated questionnaires of household and pharmacy surveys from French to Lingala
- 501 (the language spoken in the study sites), conducted the pre-test of the field questionnaire and
- translated the manuscript, tables, and figures into English as well.
- All authors contributed to the writing of the manuscript and critically revised the manuscript forimportant intellectual content.
- 505 All authors read and approved the final manuscript.
- 506 RMD and DJM are the guarantors of paper.
- 507
- 508 *Funding*: None.
- 509 *Competing interests*: None declared.
- 510 *Ethical approval*: The study protocol was approved by the Congolese National Committee for
- 511 Health Ethics. Authorization number 016/CNES/BN/PMMF/2016 of 08/01/2016. The ethical
- 512 principles outlined in the Declaration of Helsinki have been observed. In accordance with the
- 513 Ethical Guidelines for Research Involving Human Subjects in DRC and based on the nature of
- the study, the DRC National Ethics Committee for Health has authorized verbal informed

515 consent. The investigators explained in detail the purpose of the study before collecting and 516 recording the verbal informed consent of the participants. The latter were not exposed to any 517 experiment since no biological samples were collected for analysis. They essentially answered 518 a questionnaire and were not followed up after the interview. The survey questionnaire was 519 anonymous. Thus, the study presented no risk or negative effect for the participants, on the 520 contrary, the information provided was beneficial to them.

521