PEDIATRIC REFERENCE INTERVALS FOR BONE ALKALINE PHOSPHATASE ON LIAISON® XL
(DIASORIN®)

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Introduction:
Bone Alkaline Phosphatase (BALP) is an essential biomarker of bone formation together with osteocalcin. BALP is an enzyme produced by osteoblasts during bone mineralization. Its follow-up is useful in Paget disease, bone metastasis and diseases of phospho-calcic metabolism such as vitamin D dependent rachitism and hyperparathyroidism. Due to children’s growth, bone metabolism and therefore bone turn-over markers are in constant evolution during childhood. Here, we defined age and gender specific reference intervals in a cohort of 1200 Belgian children.

Material and Methods:
Our cohort is based on healthy children selected from our daily routine. Under the age of 10 years, 40 boys and 40 girls were tested by 2 year age group while from 10 to 20 years, we defined age group of 1 year (40 boys and 40 girls per group). BALP was measured on Liaison XL (Diasorin®) with LIAISON® BAP OSTASE® kit (Diasorin®). After exclusion of outliers according to Tukey analysis, we defined an age and gender specific pediatric reference interval for each subgroup. In a second time, we assessed with Mann-Whitney tests whether results were statistically different between subgroups. In the negative, groups were further fused to limit the number of age and gender groups.

Results:
After statistical analysis, we found no need of gender specific reference intervals below the age of 12 years (p > 0.05). We have defined that the most appropriate age groups are from 0 to 1 year old, 2 to 5 years old, 6 to 9 years old and 10 to 11 years old. For teenage years, we observed significant differences between each subgroup (p < 0.05 between each group of 1 year). General expression profile showed a slight increase during childhood ranging from 67.6 µg/L to 82.8 µg/L followed by a constant decrease of BALP values during teenage years starting from 12 years old for female and 14 years old for male. For 17 to 20 years old subjects, mean was 14.8 µg/L for girls and 24.8 µg/L for boys.

Conclusions:
Definition of reference intervals is important to interpret clinical laboratory results and providing them is mandatory according to ISO 15189 standards.

In this study, we provided reference intervals for BALP in a large cohort of 1200 healthy Belgian children.