## The secretome of skeletal muscle cells: A systematic review

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BACKGROUND. Proteomic studies of the secretome of skeletal muscle cells will help to understand the processes that govern the synthesis and organization of skeletal muscle. In this systematic review, we have summarized recent mass-spectrometry based proteomics discoveries of the secretome of skeletal muscle cells in response to disease, exercise or metabolic stress.

METHODS. A literature search was performed according to the PRISMA guidelines in the Medline/Ovid and Scopus electronic databases and manual searching of relevant literature was also carried out. Only papers published in English from 2000 and reporting the analysis of the secretome of isolated skeletal muscle myoblasts or of skeletal muscle explants of all species by mass spectrometry were included.

Figure 1 Schematic representation of the skeletal muscle secretome, based on data from mass spectrometry studies.

Table 1. Summary of recent mass spectrometry-based studies carried out on skeletal muscle cells to identify secretome components.

Serpin E1 (Plasminogen activator inhibitor 1), E2

Semaphorin 3(A ,B, C, D, E), 4(B, C), 5A, 6(A, B), 7A

Cytoskeletal proteins

Desmin

Miscellaneous

Actin, α skeletal muscle

**ADAMTS 1, 2, 4, 5, 6, 7, 9, 10, 12, 19 Tenascin** >< ADAM 9, 10, 12, 15, 17, 19 Proteoglycan 4 Cathepsins A, B, D, H, L1, Z, O Nucleobindin 1, 2 **>< HTRA1, 23** Triosephosphate isomerase > PCOLCE SODs, peroxiredoxins 1, 2, 4, 5, 6 Fibulin Vitronectin Versican Angiogenin Θ TIMP 1, 2 **⊙** SERPINs Θ Cystatin B, C Periostin IGF 1 1A, 2 FGF 17, 21 GDF 15 Pyruvate kinase Galectin 1, 3 CTGF ECM1 **Creatine kinase** Myostatin CSF-1 CXCL 1, 2, 5, 6, **Spondin** 10, 12, 16 Follistatin Type IX or XII CRLF1 MGP collagen Decorin (SFRP)2, 4 BMP TSP 1, 2 Clusterin CCL 2, 3, 5, 7, 8 Matrilin 2, 3 ENO 1, IGFBP 2, 3, 4, 5, 6, 7 Mimecan Gremlin-1 ype VI collagen Type II /type XI collagen Perlecan Type I, III /type XII, XIV, XV collagen Type IV collagen Biglycan Nidogen Type XVIII collagen Type V collagen Annexin A (1, 2, 4, 5, 6)Type VIII, X collagen CILP Gelsolin TGF-B Syndecan\ Myoblast \ LTBP1 Noyau Transgelin 1, 2 Moesin Myofiber

Insulin resistant cells

ECM Proteins	Function	Secretion	Exercise
Collagen $I(\alpha 1, \alpha 2)$ , $II(\alpha 1)$ , $III(\alpha 1)$ , $IV(\alpha 1, \alpha 2, \alpha 3)$ , $V(\alpha 1, \alpha 2, \alpha 3)$ , $VI(\alpha 1, \alpha 2, \alpha 3)$ , $VII(\alpha 1)$ , $VIII(\alpha 1)$ , $IX(\alpha 3)$ , $XI(\alpha 1, \alpha 2)$ , $XII(\alpha 1)$ , $XIII(\alpha 1)$ , $XIV(\alpha 1)$ , $XV(\alpha 1)$ , $XVIII(\alpha 1)$	Cell adhesion	Classical	
Fibronectin	Cell adhesion, cell shape	Classical	
Fibulin 1, 2, 5, 7	Cell-cell interaction, cell migration, ECM remodeling, calcium-binding	Classical	
Glypican 1, 6	Developmental morphogenesis	Classical	
Latent-transforming growth factor beta-binding protein 1(S, L), 2, 3, 4	Growth factor binding, membrane transport protein	Classical	
Mimecan	Induces bone formation in conjunction with TGF-β	Classical	
Periostin	Cell adhesion, attachment and spreading	Classical	
Secreted protein acidic and rich in cysteine (SPARC)	Regulates cell growth, binds calcium and copper	Classical	
Cytokines and growth factors	Function	Secretion	Exercise
Anamorsin (Ciapin 1)	Apoptosis	Non- classical	
Bone morphogenetic protein 1, 4	Growth factor, cell differentiation	Classical	
C-C motif chemokine 2, 3, 5, 7, 8, 9	Immunoregulatory and inflammatory processes	Classical	
C-X-C motif chemokine (CXCL) 1, 2, 5, 6, 10, 12, 16	Cytokine	Classical	
Follistatin-related protein 1, 3	Modulate action of some growth factors	Classical	
Granulins	Cytokine, role in inflammation and tissue remodeling	Classical	
Growth/differentiation factor 8 (myostatin), 11, 15	Role in development	Classical	
Insulin-like growth factor 1, 1A, 2	Growth factor	Classical	
Insulin-like growth factor binding protein(IGFBP) 2, 3, 4, 5, 6, 7	Growth factor binding	Classical	
Transforming growth factor β (1, 2, 3)	Multifunctional cytokine	Classical	
Enzymes	Function	Secretion	Exercise
A disintegrin and metalloproteinase with thrombospondin motifs (ADAMTS) 1, 2, 4, 5, 6, 7, 9, 10, 12, 19	Protease	Classical	
Matrix metalloproteinase 2, 9, 14, 19	Regulation of cell migration, protease, breakdown of ECM	Classical	
Protein/nucleic acid deglycase DJ-1	Chaperone, hydrolase, protease	Non- classical	
Enzymatic inhibitors	Function	Secretion	Exercise
Metalloproteinase inhibitor (TIMP) 1, 2	Protease inhibitor	Classical	

Cell adhesion	Classical		$I(\alpha 1)$ , $II(\alpha 1)$ , $V(\alpha 1, \alpha 3)$ $VI(\alpha 1)$ , $XI(\alpha 1)$ $\uparrow$ $III(\alpha 1)$ , $XVIII(\alpha 1)$ $\downarrow$	$VI(\alpha 1) \uparrow$ $III(\alpha 1), V(\alpha 2) \downarrow$	$I(\alpha 1, \alpha 2), III(\alpha 1), IV(\alpha 1, \alpha 2),$ $V(\alpha 1, \alpha 2), VI(\alpha 1, \alpha 2), VIII(\alpha 1, \alpha 2),$ $XI(\alpha 1), XII(\alpha 1), XV(\alpha 1) \downarrow$
Cell adhesion, cell shape	Classical				$\downarrow$
Cell-cell interaction, cell migration, ECM remodeling, calcium-binding	Classical		1 (isoform C) ↓ 1 (isoform D), 2 (isoform B), 5↑		1, 2, 5 ↓
Developmental morphogenesis	Classical		1↑		1↓
Growth factor binding, membrane transport protein	Classical		3↑		1, 2, 3, 4↓
Induces bone formation in conjunction with TGF-β	Classical		$\downarrow$		$\downarrow$
Cell adhesion, attachment and spreading	Classical		$\uparrow$		$\downarrow$
Regulates cell growth, binds calcium and copper	Classical				$\downarrow$
Function	Secretion	Exercise	Myogenesis	Insulin stimulation	Insulin resistant cells
Apoptosis	Non- classical		$\uparrow$		
Growth factor, cell differentiation	Classical			1 🔱	1 ↓
Immunoregulatory and inflammatory processes	Classical		2, 7, 8个		2↑ 9↓
Cytokine	Classical				1, 5↑
Modulate action of some growth factors	Classical		1 ↓, 3 ↑	1↓	1↓
Cytokine, role in inflammation and tissue remodeling	Classical				$\downarrow$
Role in development	Classical				11↓
Growth factor	Classical		1,2个	2↓	1↓
Growth factor binding	Classical		2 ↓ 4↑	6↓	2, 4, 5, 6, 7↓
Multifunctional cytokine	Classical		1, 2, 3个		2↓
Function	Secretion	Exercise	Myogenesis	Insulin stimulation	Insulin resistant cells
Protease	Classical		1↑		1, 2, 5, 7, 12↓
Regulation of cell migration, protease, breakdown of ECM	Classical			2↑	2, 9, 19↓
Chaperone, hydrolase, protease	Non- classical				<b>↓</b>
Function	Secretion	Exercise	Myogenesis	Insulin stimulation	Insulin resistant cells
Protease inhibitor	Classical		1, 2↑	2↓	2↓
Protease inhibitor	Classical		E1↑	E1↑	E1↑ E2↓
Function	Secretion	Exercise	Myogenesis	Insulin stimulation	Insulin resistant cells
Cell motility		$\uparrow$			
Maintains sarcomere structure	Non- classical	<b>↑</b>			
Function	Secretion	Exercise	Myogenesis	Insulin stimulation	Insulin resistant cells
Role in development	Classical		3A, 3D, 3E, 6A ↑		3(A, B), 4B, 4C, 6A↓

Myogenesis

RESULTS. According to the preliminary results, a total of 17 papers met the inclusion criteria for this review. Published research included comparative analysis of differentially expressed proteins between healthy and unhealthy (Duchenne muscular dystrophy and insulinresistant cells) muscle cells and comparison of the secretome of skeletal muscle cells during myogenesis and after insulin stimulation or exercising. The proteins were separated into several categories (extracellular matrix, growth factors and cytokines, enzymes, enzymatic inhibitors, cytoskeletal and miscellaneous proteins) and their differential secretion was compared and important differences were highlighted. In total, 644 proteins were listed in this systematic review as being present in the secretome of muscle cells. Among them, 11 proteins were differentially regulated by physical exercise (all upregulated), 130 during myogenesis (90 up- and 40 downregulated), 27 by insulin stimulation (14 up- and 13 downregulated) and finally 174 proteins secreted by insulinresistant muscle cells (26 up- and 148 down-regulated).

**CONCLUSIONS.** This systematic review of the secretome of skeletal muscle cells in health provides and diseases the comprehensive overview of most regulated proteins in pathological physiological conditions. These proteins may be therapeutic targets or biochemical markers of muscle diseases.

