

The physical education reform in Wallonia-Brussels Federation (Belgium)



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Introduction

- The Wallonia-Brussels Federation (FWB – French speaking part of Belgium) currently implements an education reform that will affect teacher training.
- In the domain of “Physical Activities, Wellbeing and Health” of the new core curriculum required in the “Pact for Excellence in Education” (PEE), the implementation of actions in health education will be instituted and strengthened in school curricula (Bonni & Cloes, 2017).
- A group of experts and researchers from the 12 French-speaking institutions involved in PETE has been mandated by the Ministry of Education in early 2017 to **identify, design and share** teaching devices and tools meeting the principles of the PEE in this specific domain.

Purposes of this presentation

- To provide a description of the state of progress of the project.
- To illustrate the methodology that is applied to collect projects for the promotion of physical activity, wellbeing and health in a school context, developed by **practitioners** in the FWB, since 2018.

Methods

- The project is based on the collaborative didactic engineering model (Goigoux, 2012; Sénéchal, 2016): collaboration between researchers and practitioners at each step of the project.
- The identification and analysis of devices and tools is based on the 6 dimensions of physical activity in schools (Snyers *et al.*, 2014) and 20 objects of teaching and learning in health education (Turcotte *et al.*, 2011).
- Projects developed in FWB and other countries based on evidence or **field practice**, corresponding to the priorities of the PEE, are selected in order to prepare fact sheets describing the educational devices and tools for the promotion of physical activity, wellbeing and health in a school context.

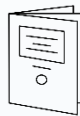
Method of data collection: questionnaire sent in January 2018 through a ministerial circular to elementary schools of general and specialized education in FWB.

Results of this data collection

7. Wellbeing and health projects



1. School policy



To promote a healthy and active lifestyle in my students...

I have several strings to my bow!

6. Physical activity in the classroom



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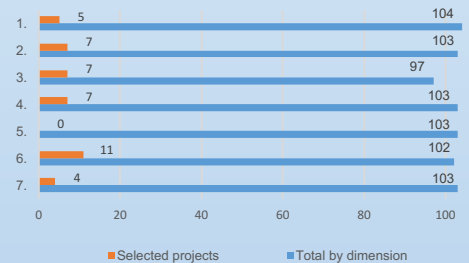
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2. Quality physical education



103

Selection of projects by dimension (Snyers *et al.*, 2014)



5. School environment



103

715 projects collected in FWB

3. Extracurricular physical activities and sport



97

4. Active transportation



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Positive actions contributing to achieve the daily 60 minutes of physical activity recommended by WHO for each child!



Perspectives

- The future work of this group will consist of meeting the project leaders in order to prepare fact sheets describing these good practices.
- All of these devices and tools should be posted on a website implemented by the Ministry of Education.

To obtain references and contribute to our work by sharing projects developed in your country, please contact the first author: Jeremy.Bonni@uliege.be

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