



Prevention of perinatal GBS disease in Europe

Pierrette Melin
National Reference Centre for GBS
Medical Microbiology
University Hospital of Liege, Belgium

GBS EOD in Europe

- **No European epidemiology**
- **0.3 to 2‰ live births**
 - **Different types of networks for declaration**



EUROPEAN COMMISSION
Community Research



DEVANI

Vaccine Against Neonatal Infections

Design of a vaccine to immunize neonates against GBS infections through a durable maternal immune response



Guidelines for prevention of GBS perinatal disease

Univesal prenatal screening

- **Spain since the end of 1990s**
 - Vagino-rectal screening
 - 2008, break-through in an area
 - Cases x 10 times during that period
- **Belgium**
 - Since the end of the 1990s in the French speaking Community
 - Since 2003, national official guidelines (Superior Council of Health)
 - Vagino-rectal screening
- **France**
 - +/- 2003 national official guidelines (ANAES)
 - Vaginal screening

Guidelines for prevention of GBS perinatal disease

Universal prenatal screening

- **Vagino-rectal or vaginal screening recommended by professional associations**
 - **Italy**
 - **Germany**
 - **The Netherlands**

No Universal Screening Guidelines for prevention of GBS perinatal disease

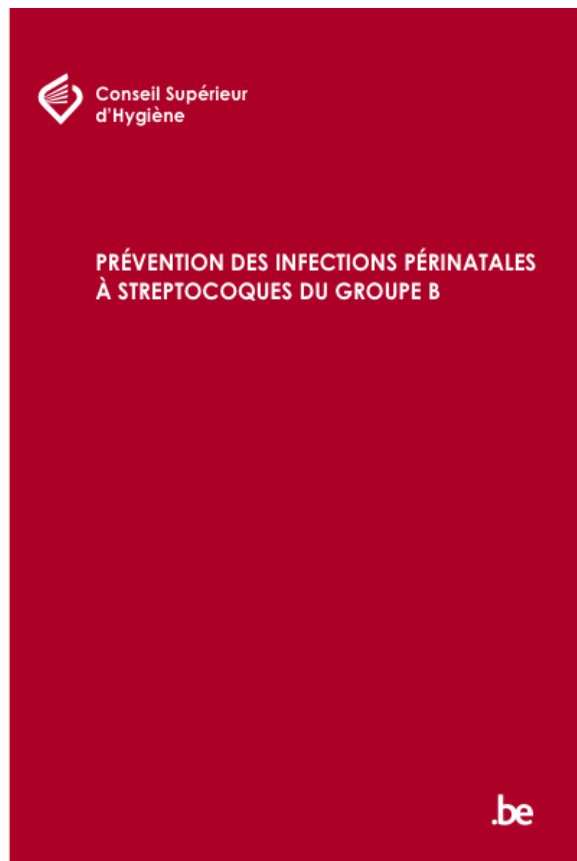
- **Bulgaria**
- **Czech Republic**

Risk-based strategy, but ...

- **Denmark**
- **Switzerland**
- **United Kingdom**

Belgian recommendations

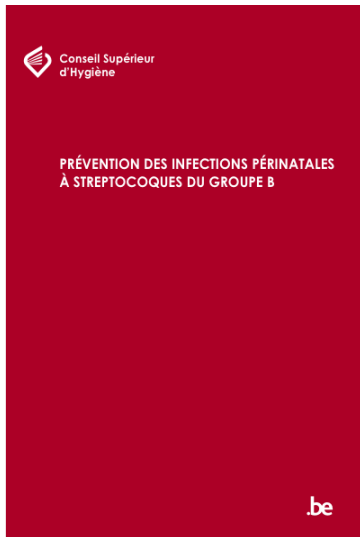
Why Universal Screening?



- **Prospective investigation of 120 consecutive GBS EOD**
 - **French Community of Belgium**
 - **1999-2000**
 - **> 40 % had no “risk factor”**
- **Schrag SJ, Zell ER, Lynsfield R, et al. *N Engl J Med* ; 2002 ;347 :233-9**

Belgian recommendations

Main differences vs CDCs guidelines

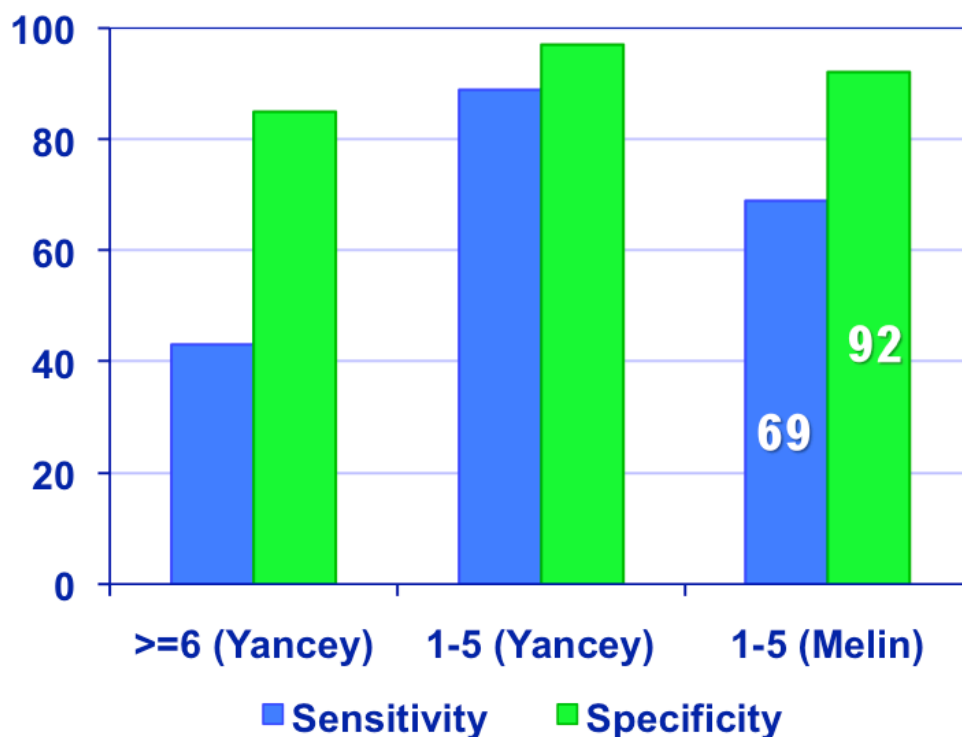


In 2003

- **SOP for laboratory**
 - **Selective enrichment broth + subculture on selective differential media like Granada agar**
 - **Facultative use of rapid intrapartum testing**
 - **Under analytical restrictive conditions**
 - **If positive: IAP**
 - **If negative: as if no additional result**

Optimal time for screening 35-37 weeks gestation

Culture-based screening done 1 to 5 or ≥ 6 weeks before delivery (Yancey, 860 cases; Melin, 531 cases)



Melin, 13-16% GBS Pos

PPV= 56%

NPV= 95%

or 5% False negative

or 30% of GBS pos in labor not detected with prenatal screening !

Yancey MK et al. Obstet Gynecol 1996;88:811-5

Melin et al. ICAAC 2000

Evolution of culture methods

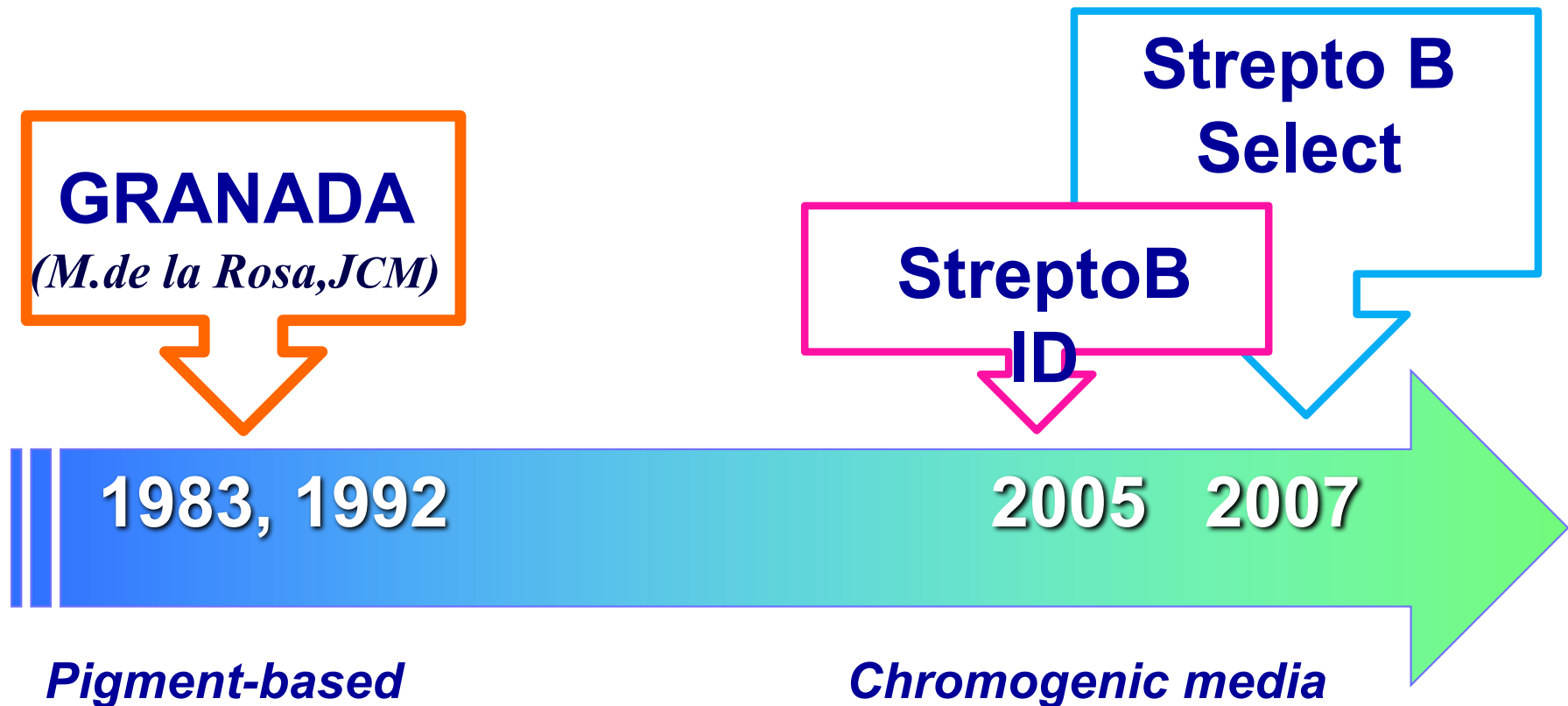
Revised guidelines from CDC (2002)

- **Sub-culture < selective enrichment broth**
 - **Blood agar**
 - **Advantage**
 - Growth of all GBS Isolates beta-hemolytic or not
 - **Disadvantage**
 - Difficulty in seeing GBS colonies within mixed flora (enterococci)
 - Difficulty in recognizing non-hemolytic GBS in mixed flora (enterococci)

Evolution of culture methods

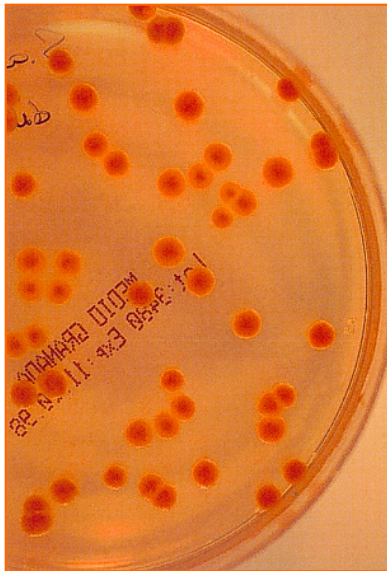
Use of differential agar media

Recommended by some European guidelines



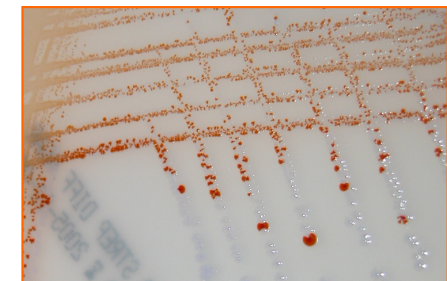
Granada medium agar

M de la Rosa Fraile, JCM 1983 & 1992



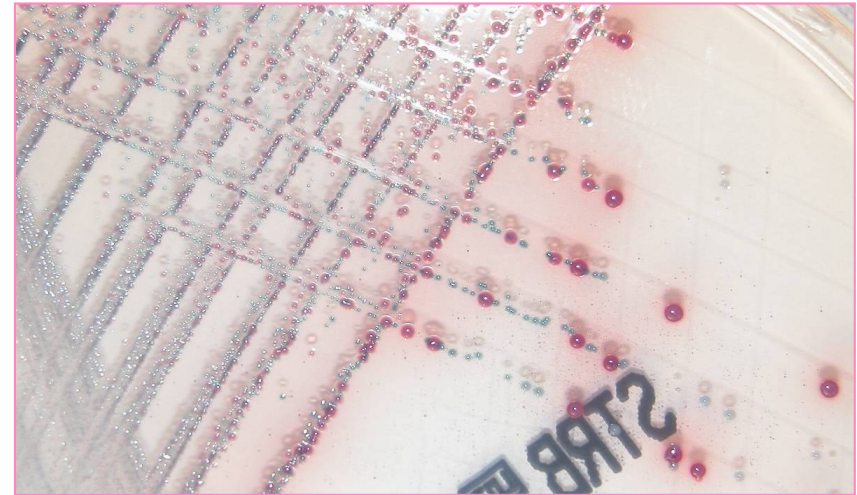
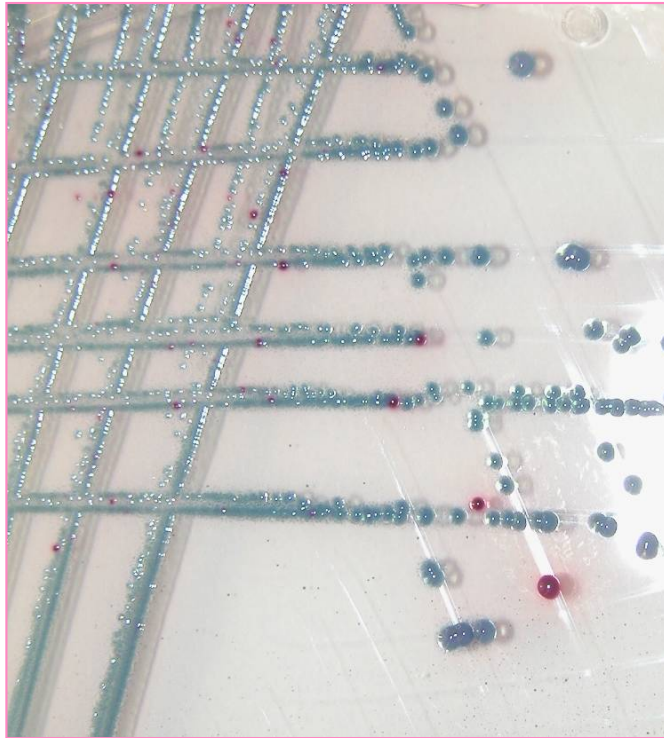
- **Orange color: GBS pigment, Granadaene**
- **100% specific for GBS // β -hemolysis**

- **Group B Streptococcus Differential Modified Granada Medium™ (BD)**
- **Carrot Medium (Hardy)**



Does not show non-hemolytic strain !
(<5 % of invasive isolates)

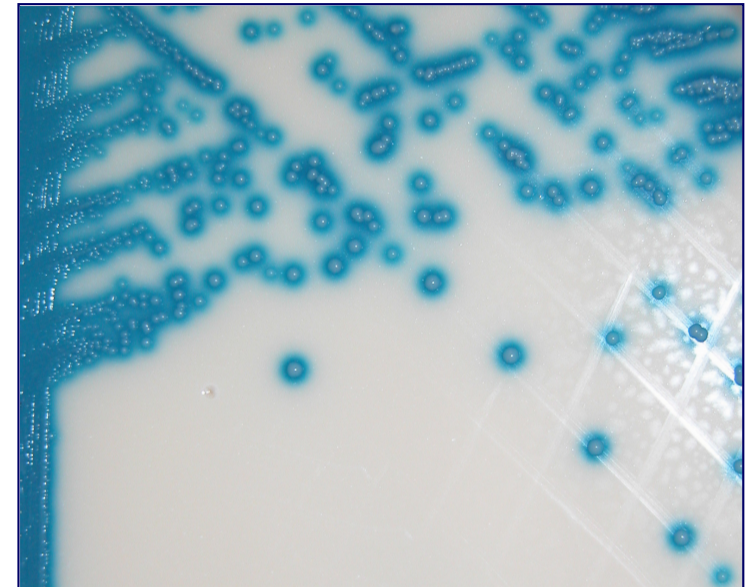
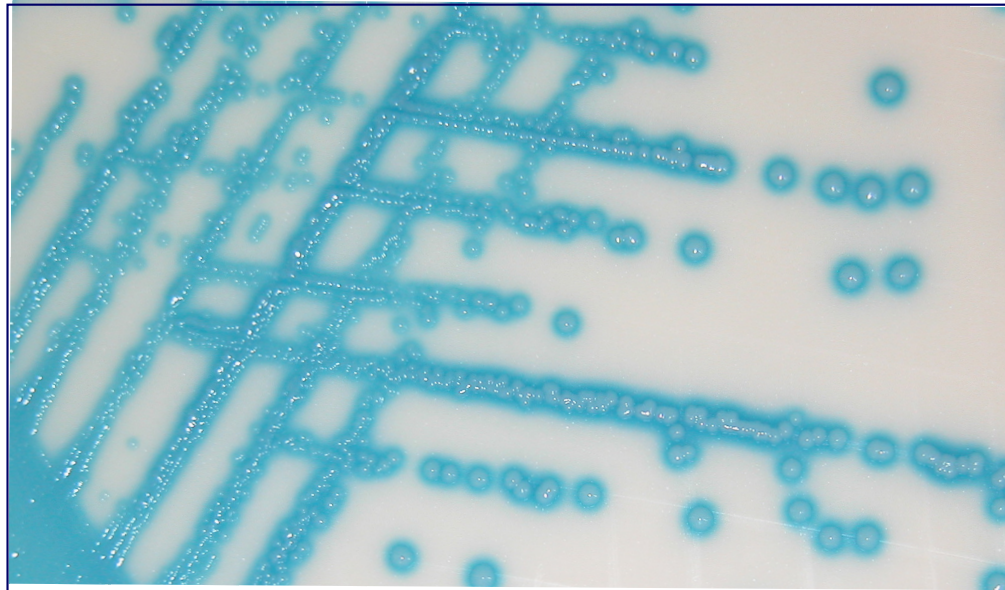
Strepto B ID agar (BioMérieux)



**High sensitivity
for growth of GBS
GBS = pink to red colonies**

**Chromogenic media
Not 100 % specific for GBS: Id to confirm (latex)**

Strep B Select agar (BioRad)



GBS = pale to dark blue-turquoise colonies

Chromogenic media

Not 100 % specific for GBS: Id to confirm (latex)

Granada (BD) - StreptoB ID - StrepB Select versus Blood agar +/- CNA

500 genital swabs (29.4 % GBS Positive)

	Number of GBS Positive culture (%)		
	Direct culture	Lim sub-culture	Total
Strep B Select (BioRad)	103 (70.1)	134 (91.1)	139 (94,6)*
« Granada » (BD)	90 (61.2)	123 (83.7)	124 (84.4)
Strep B ID (bioMérieux)	93 (63.2)	124 (84.3)	128 (87.1)
BA <u>±</u> CNA	76 (51.7)	113 (76.9)	120 (80.6)
>=1 Medium			147 (100)

* StrepB Select > BA (p<0,5)

Granada (BD) - StreptoB ID - StrepB Select *versus* Blood agar +/- CNA

« False-Positive »

= Characteristic colonies not confirmed as GBS

	Identified as
Strep B Select	GAS, GCS, GDS-enterococci, Staphylococci, <i>S.bovis</i> , α -hemolytic colonies, (yeasts, Gram negative bacilli)
Granada	/
Strep B ID	GCS, Staphylococci, α -hemolytic colonies, (Gram negative bacilli)
BA +/- CNA	GAS, GCS, GFS, Staphylococci, GDS-enterococci, (Gram negative bacilli)

Positive predictive value Granada (BD) - StreptoB ID - StrepB Select versus Blood agar +/- CNA

	PPV Primoculture	PPV Lim sub-culture
Strep B Select	71,5 %	77,9 %
Granada	100 %	100 %
Strep B ID	80,9 %	87,9 %
BA +/- CNA	62,8 %	65,7 %

→ Sensitivity

Strep B Select > Granada - Strep B ID > CNA

→ Specificity

Granada > Strep B ID > Strep B Select > CNA

Which agar or which combination?

+/- Blood agar



Workload – costs – extra-testing to be considered



Vagino-rectal swab or
Vaginal & rectal swabs



Inoculate swab(s) in 1 Lim broth



LIM broth

Overnight
And subculture
following
at 35-37°C
to one of the
media



Granada
agar

Anaero

StrepB
Select

Ambient air
48 h at 35-37°C

ID
StreptoB

Ambient air



**POSITIVE GBS
Screening if**

Orange colonies
- GBS

Blue-turquoise
colonies
- suggestive GBS
Id. to confirm

Pink colonies
- suggestive GBS
Id. to confirm

**Negative GBS
Screening if**

No orange colonies

No blue-turquoise
colonies

No pink colonies

Prenatal culture-based screening

- **Limiting factors**
 - **Positive and negative predictive values**
 - **False-negative results**
 - Up to 1/3 of GBS women at time of delivery
 - Continuing occurrence of EO GBS cases
 - **False-positive**
 - Unnecessary IAP
 - **Need for more accurate predictor of intrapartum GBS vaginal colonization**

Alternative to prenatal GBS screening: intrapartum screening

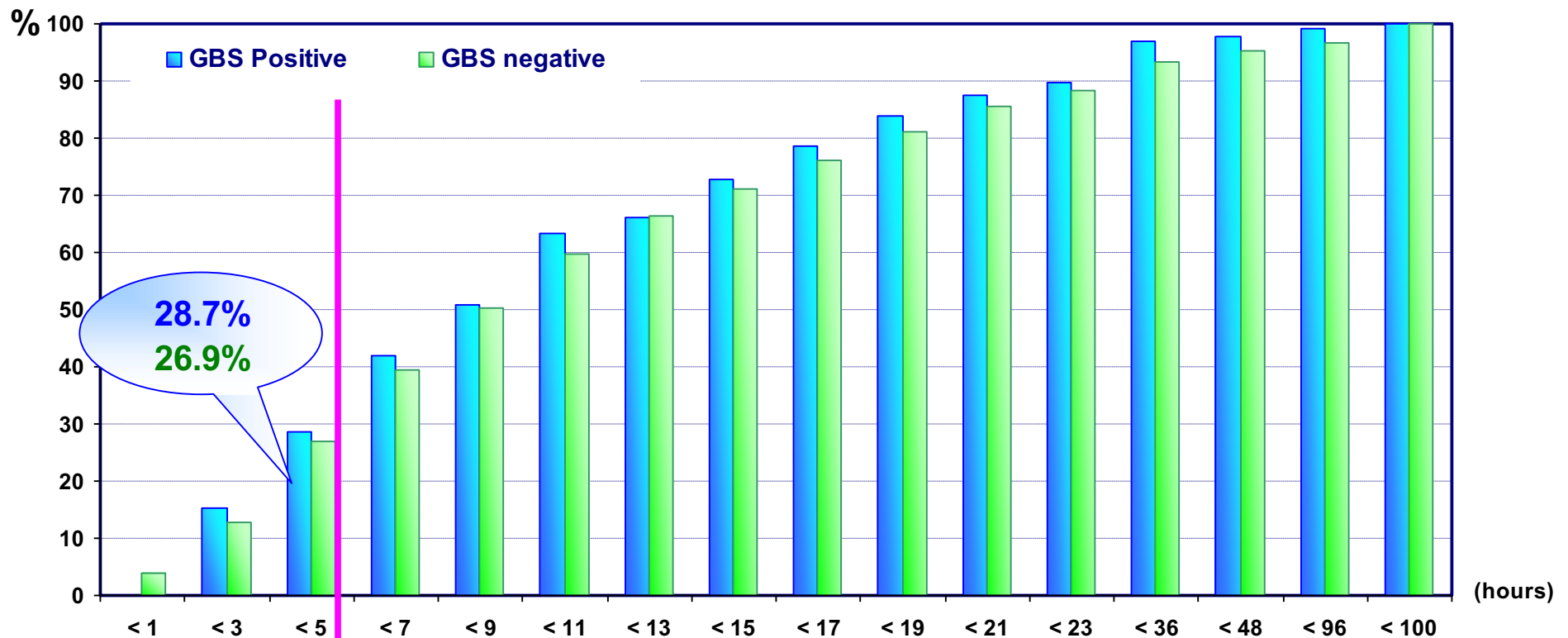


30-45 minutes, 24/24 hrs and 7/7 d, robust
Benitz et al. 1999, Pediatrics, Vol 183 (6)

Time between admission and delivery

Optimal time for IAP efficiency ≥ 4 hours

Cumulative histogram (% of patients) of time elapsed between admission to labor room and delivery for 532 women (sites CHR & CHBA)



Rapid non-cultural GBS screening

- **Available antigenic tests**
 - Variety of Immuno-assays
 - Lack of sensitivity
 - Announced $5 \cdot 10^5$ CFU, but not confirmed
- **Hybridization tests**
 - Not enough rapid
 - Lack of sensitivity if no enrichment step

Real Time PCR for intrapartum screening

- **BD GeneOhm™ Strep B Assay (+/- 1 hr)**
- **Xpert GBS, Cepheid (+/- 75 min)**



(Gen Expert)

Rapid non-cultural GBS screening

Real-time PCR

- **IDI Strep B (BD GeneOhm)**
 - **Sensitivity : 94 %**
 - **Specificity : 96 %**
 - **PPV : 84 % and NPV : 98.6 %**

HD Davies et al., CID 2004

- **Xpert™ GBS**
 - **Sensitivity : 92 %**
 - **Specificity : 95.6 %**
 - **PPV : 86.7 % and NPV : 97.4 %**

Real-time PCR, very promising , but ...

- **Still an expensive technology**
- **Logistic**
 - 24/24 hours and 7/7 days
 - In the lab?
 - In the obstetrical department ?
- **In combination with prenatal screening strategy ?**
- **No antimicrobial result**
 - In the future detection of R genes, but mixed flora !



SUMMARY

- **Culture-based GBS prenatal screening**
 - To optimize critical factors
 - Use of selective differential agars
 - False +/-False - !
- **Rapid intrapartum screening**
 - Real time PCR
 - Yes but costs, logistic, ...