## Study of the growth potential of Listeria monocytogenes in cheeses made by Belgian farmers

Listeria monocytogenes is a bacterium be responsible for health problems. Regarding the hazard, Regulation (EC) N°2073/2005 asks an absence of the bacterium in food suitable for its growth. An alternative criterion allows the producers to demonstrate that the pathogen cannot grow up to 100 cfu/g during shelf-life<sup>1</sup>. Cheese has already been responsible for listeriosis outbreaks<sup>2</sup>. However, the behaviour of *L. monocytogenes* varies with cheese types. A Belgian study, funded by Federal Agency for the Safety of the Food Chain, will help to assess these differences.

This project is composed of 2 main steps. Firstly, a large-scale survey was performed among 140 Belgian cheesemakers. Data were collected by calling every producer. Physico-chemical data are currently collected in 65 farms. Producers were selected from a sampling plan based on geographical dispersion and cheese types. Cheeses from each factory will be analysed at the day of marketing  $(J_0)$  and at the use-by date  $(J_{DLC})$  regarding pH, water activity  $(a_w)$ , and moisture and salt content, following respective ISO methods. These analytical data and process-related variables will be used to generate a tool allowing to separate cheeses in groups having the same properties or manufacture. The landscape of Belgian cheesemaking will also be drawn.

Secondly, the behaviour of *L. monocytogenes* will be evaluated in 32 cheeses sampled from all groups. Detection and enumeration tests for *L. monocytogenes* will be performed following ISO 11290-1 and 11290-2. In case of presence, cheese will undergo a shelf-life study. Otherwise, a cocktail of three *L. monocytogenes* strains isolated from dairy products will be inoculated. Inoculation will occur on rind or paste, regarding which part is the most favourable for the bacterium in terms of pH and a<sub>w</sub>. Pathogen will then be enumerated. In both cases, cheeses will be stored at temperatures following guidelines from European Union Reference Laboratory for *L. monocytogenes*<sup>3</sup>. At J<sub>DLC</sub>, levels of the bacterium will be checked to determine if the sample is suitable for listerial growth. The results could then be extrapolated for all cheeses from a same group.

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<sup>&</sup>lt;sup>1</sup> Commission Regulation (EC) N°2073/2005 of 15th November 2005 on microbiological criteria for foodstuffs. Official Journal of the European Union, L338, 1–26.

<sup>&</sup>lt;sup>2</sup> Gaulin, C., Ramsay, D., & Bekal, S. (2012). Widespread listeriosis outbreak attributable to pasteurized cheese, which led to extensive cross-contamination affecting cheese retailers, Quebec, Canada, 2008. Journal of Food Protection, 75(1), 71–78.

<sup>&</sup>lt;sup>3</sup> European Union Reference Laboratory for Listeria monocytogenes (2014). EURL Lm technical guidance document for conducting shelf-life studies on *Listeria monocytogenes* in ready-to-eat foods. https://eurl-listeria.anses.fr/en/minisite/listeria/eurl-lm-technical-guidance-document-conducting-shelf-life-studies-listeria (accessed 25.07.17).