# PE TEACHERS AS PROMOTORS OF PHYSICALLY EDUCATED CITIZENS: COMPARISON OF THEIR REPRESENTATIONS IN QUEBEC AND WALLONIA

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### Introduction

- © Since the turn of the new millennium, PE has been increasingly linked to the promotion of physically active lifestylesa.
- © In parallel, all over the world, PE is increasingly linked to health education<sup>b</sup>.
- © The implementation of these conceptions varies across the countriesc.

### Questions

- What do PE teachers do in order to motivate their students to be physically active?
- © Do their approaches differ in 2 regions where the teaching standards are different?

## Methods & Findings

Sep-Dec 2015 🖣 and 3 🧌

PEHE since 1994

Semi-structured interview Content analysis

Inter-analyst agreement: 88.6%

Feb-May 2016 and 5

PA not a priority



Diversification, novelty, links with the daily life, new technologies, and individualization of activities could be more implemented in Wallonia

#### Références

- <sup>a</sup> Heath. G.W., Parra. D.C., Sarmiento. O.L., Andersen, L.B., Owen. N., Goenka, S., Montes. F., & Brownson, R.C. (2012). Evidence-based intervention in physical activity: lessons from around the world. Physical Activity 3. Lancet, 380, 272-281.
- <sup>b</sup> Chin, M.-K. & Edginton, C.R. (2014). *Physical Education and Health Global Perspectives and Best* Practice. Urbana, IL: Sagamore.
- <sup>c</sup> Cloes, M. (2017, July). Health and physical education from a European perspective. Paper presented at the 22<sup>nd</sup> Annual ECSS Congress 'Sport Science in a Metropolitan Area'. Essen, Germany. Available on Internet: http://hdl.handle.net/2268/212658