Analysis of temporal gait features extracted from accelerometer-based signals during ambulatory walking in Parkinson’s disease

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Objective: To perform a proof-of-concept study showing the utility of versatile algorithms aimed at objectively quantifying the duration of refined gait features during ambulatory walking in a patient with Parkinson’s disease (PD) in OFF/ON medication states as compared with an age-matched control subject.

Background: Gait features in PD are characterized by spatial and temporal pattern disturbances. In clinical practice, these are usually assessed visually on a short walking trial using subjective scales such the Unified Parkinson’s disease Rating Scale (UPDRS). This has obvious limitations including subjectivity and inter-rater variability. To address this issue, we recently developed and validated an accelerometer-based system to quantify gait features during ambulatory walking [1].

Methods: We recorded acceleration signals in a healthy control (male; age=67 years; height=1.72 m; weight=90 kg), with no history of gait abnormalities, and in a PD patient (female; age=69 years; height=1.68 m; weight=58 kg; disease duration=22 years) in OFF (18 hours off medication) and ON (under usual medications) states. Gait signals were obtained as subjects walked back and forth on a 15 m long straight walkway for 1 to 2 min, at their usual speed using an ambulatory system that included four synchronized accelerometers attached directly to the subject’s regular shoes at the level of the (right/left) heels and toes. We developed versatile algorithms [1] to extract durations of (1) stance and stance sub-phases (i.e., loading response, mid-stance, and push-off), (2) swing, and (3) double support. Here we report data on swing and double support times.

Results: The experimental results are shown in Figs. 1-2
Conclusions: Our data show that our algorithms provide relevant gait parameters that can discriminate between a PD patient in OFF/ON states and a healthy control. To the best of our knowledge, this is also one of the first demonstrations that refined temporal gait features to be quantified outside a laboratory/hospital setting. The proposed algorithms are now being used to analyze the gait of a larger set of subjects including controls and PD patients to confirm the relevance of these refined gait parameters. References: [1] Boutaayamou, M., et al. Development and validation of an accelerometer-based method for quantifying gait events. Medical Engineering and Physics, 37, 226–232, 2015.

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