

Table 2: Gait parameters from healthy old people in CW according to the gender

Gait parameters (unit)	Women N = 32 Mean \pm SD	Men N = 25 Mean \pm SD	P-value	CI 95% Women	CI 95% Men
Gait speed (m/s)	1.26 \pm 0.21	1.40 \pm 0.13	0.002	1.20 - 1.31	1.37 - 1.44
Normalized gait speed (1/s)	1.53 \pm 0.25	1.61 \pm 0.18	0.135	1.46 - 1.59	1.57 - 1.66
Stride length (m)	1.29 \pm 0.13	1.47 \pm 0.11	< 0.001	1.25 - 1.32	1.44 - 1.50
Normalized stride length (dimensionless)	1.56 \pm 0.15	1.68 \pm 0.12	0.002	1.52 - 1.60	1.65 - 1.72
Stride frequency (stride/s)	0.97 \pm 0.08	0.95 \pm 0.06	0.471	0.95 - 0.99	0.94 - 0.97
Stride regularity (dimensionless)	310 \pm 42	315 \pm 41	0.698	300 - 321	304 - 325
Symmetry (dimensionless)	223 \pm 61	214 \pm 57	0.564	207 - 239	199 - 229
Swing time (s)	0.37 \pm 0.02	0.38 \pm 0.03	0.095	0.36 - 0.37	0.376 - 0.39
Swing ratio (% of the stride time)	35.78 \pm 1.93	36.30 \pm 1.36	0.251	35.28 - 36.29	35.95 - 36.66
Double support time (s)	0.15 \pm 0.03	0.14 \pm 0.02	0.387	0.14 - 0.15	0.14 - 0.15
Double support ratio (% of the stride time)	14.16 \pm 1.95	13.56 \pm 1.40	0.196	13.66 - 14.67	13.20 - 13.93
Min toe clearance (mm)	15.47 \pm 4.64	20.17 \pm 3.63	< 0.001	14.27 - 16.68	19.23 - 21.11
Stance time (s)	0.66 \pm 0.07	0.66 \pm 0.04	0.903	0.65 - 0.68	0.65 - 0.68
Stance ratio (% of the stride time)	64.22 \pm 1.93	63.70 \pm 1.35	0.251	63.71 - 64.71	63.34 - 64 .08

N= number of volunteers; SD= standard deviation; CI 95%= 95% confidence interval