

1 A multivariable prediction model for pegvisomant dosing: monotherapy  
2 and in combination with long-acting somatostatin analogues.

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64 **Abstract**

65 *Background:* Effective treatment of acromegaly with pegvisomant (PEGV), a growth hormone receptor  
66 antagonist, requires an appropriate dose titration. PEGV doses vary widely among individual patients,  
67 and various covariates may affect its dosing and pharmacokinetics.

68  
69 *Objective:* To identify predictors of the PEGV dose required to normalize insulin-like growth factor I (IGF-  
70 I) levels during PEGV monotherapy and in combination with long-acting somatostatin analogues (LA-  
71 SSAs).

72  
73 *Design:* Two retrospective cohorts (Rotterdam + Liège acromegaly survey (LAS), total n=188) were meta-  
74 analysed as a form of external replication to study the predictors of PEGV dosing in addition to LA-SSA,  
75 the LAS (n=83) was used to study the predictors of PEGV monotherapy dosing. Multivariable regression  
76 models were used to identify predictors of the PEGV dose required to normalize IGF-I levels.

77  
78 *Results:* For PEGV dosing in combination with LA-SSA, IGF-I levels, weight, height and age, were  
79 associated with the PEGV normalization dosage ( $p < 0.001$ ,  $p < 0.001$ ,  $p = 0.028$  and  $p = 0.047$ ,  
80 respectively). Taken together, these characteristics predicted the PEGV normalization dose correctly in  
81 63.3% of all patients within a range of  $\pm 60$  mg/week (21.3% within a range of  $\pm 20$  mg/week). For  
82 monotherapy, only weight was associated with the PEGV normalization dose ( $p < 0.001$ ) and predicted  
83 this dosage correctly in 77.1% of all patients within a range of  $\pm 60$  mg/week (31.3% within a range of  
84  $\pm 20$  mg/week).

85  
86 *Conclusion:* In this study, we show that IGF-I levels, weight, height and age can contribute to define the  
87 optimal PEGV dose in order to normalize IGF-I levels in addition to LA-SSA. For PEGV monotherapy, only  
88 the patient's weight was associated with the IGF-I normalization PEGV dosage.

89

## 90 Introduction

91 Acromegaly is a rare disease caused by excessive secretion of growth hormone (GH), and a subsequent  
92 increase in IGF-I production (1). The disease is almost exclusively caused by a GH-secreting pituitary  
93 adenoma (2). Severity and phenotype of the disease varies among acromegaly patients. Uncontrolled  
94 acromegaly is associated with an increase in morbidity and mortality (1). The control of IGF-I levels  
95 results in mortality rates similar to the general population (3). Although often unsuccessful in  
96 macroadenomas, transsphenoidal surgery generally is considered as the first treatment modality (4,5).  
97 Additional treatment after surgery is necessary when GH and IGF-I levels remain uncontrolled. Long-  
98 acting somatostatin analogues (LA-SSAs), as adjuvant medical treatment or as primary medical  
99 treatment, are regularly prescribed. Several studies addressed the response of LA-SSA, and show that  
100 LA-SSA treatment alone reaches control of the disease in about 40% of the patients (6,7). A highly  
101 effective alternative for patients who are not normalized by LA-SSA monotherapy is the addition of  
102 pegvisomant (PEGV) to LA-SSA, or PEGV monotherapy, provided that the appropriate PEGV dose is given  
103 (8-12). PEGV is a PEGylated recombinant analogue of GH which competitively blocks the GH receptor,  
104 and thereby reduces the excessive GH actions in the liver and peripheral tissues (13,14). PEGV is slowly  
105 absorbed from the subcutaneous depot ( $T_{max}$  of 33-77 hours,  $T_{1/2\text{ el}}$  74-172 hours) (15). The mode of  
106 PEGV-clearance is still not understood. We do not know whether the kidneys and/or the liver  
107 metabolizes the drug.

108 The dose of PEGV required to achieve disease control, defined as normalization of IGF-I levels,  
109 differs between individual acromegaly patients, both during PEGV monotherapy and in combination  
110 with LA-SSA (8,12). PEGV doses range widely between 20 – 200 mg/weekly during combination  
111 treatment with LA-SSA (16). A study by Freda et al. observed that patients using PEGV monotherapy in  
112 the ACROSTUDY with persistently elevated IGF-I levels needed a higher mean PEGV dosage (17).  
113 Defining the optimal starting dose for PEGV is difficult as the pharmacokinetics remain to be elucidated

114 and data on pre-treatment determinants of the PEGV dosage required for biochemical disease control is  
115 sparse. Currently, IGF-I levels are most commonly used during PEGV titration, which is in line with a  
116 previous study from our group reporting a positive correlation between baseline IGF-I levels and the  
117 PEGV dose required for normalization of IGF-I during combination treatment of LA-SSA and PEGV (8,18).  
118 Other predictors that have been reported are GH levels, sex, body weight and previous radiotherapy  
119 (19,20). Two studies previously reported about a GH receptor polymorphism lacking exon 3, which  
120 seemed to have an influence as well during PEGV dosing (21,22). However more recent studies in larger  
121 acromegaly cohorts clearly state that this polymorphism has no clinical effect on the PEGV response nor  
122 the determination of the required PEGV dose (23-25).

123         Given the importance of swift biochemical control in acromegaly but the lack of studies  
124 investigating pre-treatment predictors we aimed to develop a multivariate regression model for  
125 predicting the required PEGV dose to achieve normalization of IGF-I levels in acromegaly patients.

126

## 127 **Materials & Methods**

### 128 *Cohorts description*

129 Patients (n=271) were included from two retrospective cohorts; 1) the Rotterdam cohort and; 2) the  
130 Liège acromegaly survey (LAS) cohort (26). The Rotterdam cohort contains data from acromegaly  
131 patients using LA-SSA in combination with PEGV (n=112) collected in the Pituitary Center Rotterdam  
132 between 2004 and 2013, previously published in 2014 (8). The LAS cohort (n=3194 from 14 centers), was  
133 created using a software tool which enables hospitals throughout Europe to include acromegaly patients  
134 and report patient, biochemical and adenoma characteristics (26). For this study, only patients using  
135 PEGV monotherapy (n=83) or PEGV in combination with LA-SSA (n=76) were enrolled from 10 different  
136 centers. The inclusion period was between 2010 and 2015.

137

138 Rotterdam cohort

139 Clinical and biochemical data were collected from acromegaly patients with elevated IGF-I levels (>1.2x  
140 upper limit of normal (ULN)), after at least 6 months of the highest dose of LA-SSAs (octreotide LAR 30  
141 mg or lanreotide Autogel 120 mg every 28 days). In this group, 27 acromegaly patients started with 25  
142 mg PEGV weekly as co-treatment, while another 18 started with 40 mg PEGV weekly, and the last 67  
143 patients started with a variable PEGV dose, guided by their baseline IGF-I levels. This variable PEGV  
144 starting dose was based on one of our previous reports (figure 2, (18)). The formula to calculate the  
145 PEGV dose is  $4 + (\text{IGF-I z-score during treatment with high dose LA-SSA} * 16)$  and was deducted from a  
146 method described previously (18). This formula can only be used when IGF-I levels are elevated after a  
147 period of at least 6 months of LA-SSA treatment. Intervals of dose adaptations were 6-8 weeks until a  
148 controlled IGF-I level was achieved on two consecutive occasions. The subjects then visited our  
149 outpatient clinic every 16 weeks. When the once weekly PEGV dose exceeded 80 mg per injection,  
150 patients divided the dosage to two weekly injections. With weekly doses over 200 mg, subjects changed  
151 administration intervals into daily injections or 5 injections per week. At each visit to our outpatient  
152 clinic, standard measurements were performed including assessments of IGF-I levels. Permission from  
153 the Institutional Review Board of the Erasmus Medical Center Rotterdam was obtained and all patients  
154 gave their written informed consent.

155

156 LAS cohort

157 Acromegaly patients from the LAS database treated with PEGV were selected and divided in two groups;  
158 PEGV in combination with LA-SSA and PEGV monotherapy. From the LAS-database, we were able to  
159 select 141 potential patients using the combination treatment. We excluded 65 patients, because of two  
160 reasons; 1) no IGF-I normalization during LA-SSA + PEGV treatment was achieved (n=16) and; 2) follow-  
161 up data during LA-SSA/PEGV-treatment were missing (n=49). The remaining patients (n=76) were

162 selected for this study. The same exclusion criteria applied for the PEGV monotherapy patients. We  
163 were able to select 122 potential patients using PEGV monotherapy. We excluded 39 patients (no IGF-I  
164 normalization during PEGV monotherapy was achieved (n=6) and follow-up data during PEGV-treatment  
165 were missing (n=33)). The remaining patients (n=83) were selected for this study. The medical ethics  
166 committee from the Liège University hospital approved the protocol, and was covering the other  
167 European centers.

168

### 169 Hormone assays

170 In the Rotterdam cohort, the GH and IGF-I level measurements were assessed with the Immulite 2000  
171 assay (DPC Biermann GmbH/Siemens, Fernwald, Germany), a solid-phase, enzyme-labeled  
172 chemiluminescent immunometric assay, with an intra-assay variability of 6%, and an inter-assay  
173 variability of 5-6% for GH and with an intra-assay variability of 2-5%, and an inter-assay variability of 3-  
174 7% for IGF-I. The IGF-I age and sex-adjusted reference ranges were used from an article by Elmlinger et  
175 al. (27). In the LAS cohort, containing acromegaly patients from several European hospitals, the GH and  
176 IGF-I level measurements were assessed locally, and consequently performed with different assays.  
177 Therefore, the IGF-I levels were chosen to be expressed as the upper limit of normal (ULN) of the  
178 reference ranges used in the local hospitals. In this study, GH levels were measured as a single random  
179 sample and expressed as absolute values.

180

### 181 **Candidate predictors**

182 Variables that were considered as possible predictors for PEGV normalization dosage were selected  
183 based on the literature (8,18-20), biological plausibility, and availability of robust data ascertainment in  
184 both cohorts and included: age at diagnosis, sex, weight, height, tumor size (micro vs. macroadenoma at  
185 diagnosis), presence of diabetes mellitus, IGF-I levels (expressed as ULN), random GH levels and previous

186 treatment modalities (transsphenoidal surgery, radiotherapy and the duration of LA-SSA monotherapy  
187 before the addition of PEGV). Weight, IGF-I levels (expressed as ULN) and random GH levels were  
188 collected between 6 months before and at the time of PEGV-addition. Other data was collected at  
189 baseline (as indicated), was fixed data in the patient's record, or was established during disease process.

190

### 191 ***Outcome***

192 The outcome used in this study was the PEGV dose (mg/week) needed for the normalization of IGF-I  
193 levels either during the addition to LA-SSA (highest tolerable dose) or as PEGV monotherapy.

194

### 195 ***Statistical analysis:***

196 Data are expressed as median [interquartile range]. Differences between two subgroups were analysed  
197 using an unpaired t-test or the Mann-Whitney U test (in case of non-parametric data). Nominal variables  
198 were analysed using Fisher's exact test. For subjects in which PEGV was added to LA-SSA therapy, the  
199 distribution of the PEGV dose required for normalization of IGF-I levels was not comparable between  
200 the two cohorts, therefore we meta-analyzed the data as a form of external replication. For all  
201 regression models, log-transformation of the outcome variable (required PEGV dose) was performed to  
202 normalize residuals and non-linearity was assessed utilizing restricted cubic splines with 3-4 knots. We  
203 used univariable linear regression models to assess the association between each candidate predictor  
204 and the required PEGV dose. The decision for linear regression models instead of multiple models for  
205 the identification of predictors was based on Akaike information criterions and log-likelihood tests  
206 comparing multilevel models with random intercepts and/or slope per cohort versus standard linear  
207 regression correcting for cohort. To allow for optimal generalizability of effect estimates that predict the  
208 required PEGV dose, we performed multivariable multilevel modelling with a random intercept per  
209 cohort for the final model. We selected useful predictors using backward selection based on the change



210 in regression coefficients and residual explained variability of the model, with a p-value <0.20 as to keep  
211 predictors liberally in the model. Other p-values are considered statistically significant when lower than  
212 0.05 (two-tailed). For subjects switching from LA-SSA to PEGV monotherapy, we used univariable linear  
213 regression models to assess the association between each potential predictor and the required PEGV  
214 dose. We subsequently calculated the predicted normalization dosage for each subject using the  
215 outcomes of the final (multivariable) regression models. In addition, we also calculated more  
216 conservative and more progressive models to cope with potential under or overtreatment by adding or  
217 subtracting the equivalent of 40 mg/week from the outcome of the regression formula. To cope with  
218 (differentially) missing values of the candidate predictors, missing data on candidate predictors were  
219 multiple imputed (five times). The imputation model included all candidate predictor variables, the  
220 outcome variable and several relevant variables descriptive for the study subjects. There was no  
221 difference between the original or any of the imputed datasets. All analyses were performed in each of  
222 the completed datasets and final results were pooled. All statistical analyses were performed using  
223 Statistical Package of Social Sciences version 20.0 for Windows (SPSS Inc. Chicago, IL, USA) or using R  
224 statistical software version 3.2.43 (packages *rms*, *MASS* and *lm4*).

225

## 226 **Results**

### 227 ***Cohort characteristics***

228 Patient characteristics and previous treatment modalities of the two combination treatment cohorts  
229 and the PEGV-monotherapy cohort are depicted in table 1. Acromegaly patients treated with the  
230 combination treatment included in the LAS-database are younger (39.0 vs. 45.5 years), more likely to be  
231 diagnosed with a macroadenoma (90.8% vs. 81.3%) and suffered from diabetes mellitus more frequently  
232 (43.4% vs. 36.6%). Patients from the Rotterdam cohort are taller (178 vs. 170 cm). Patients who were  
233 included in the LAS-database needed higher PEGV doses in order to achieve normalized IGF-I levels both

234 during combination treatment with LA-SSA and during PEGV monotherapy and had a higher IGF-I level  
235 (xULN) before the addition of PEGV. Other descriptive data and measurements such as weight, height,  
236 and biochemical data are depicted in table 1, as well as comparisons between the combination  
237 treatment group and the PEGV monotherapy group. No significant differences were observed in the  
238 combination treatment cohort between excluded (all originated from the LAS database) and included  
239 patients, except for the percentage of performed surgeries, radiotherapy and height, the excluded  
240 patients were smaller in stature. No significant differences were observed in the PEGV monotherapy  
241 cohort between excluded and included patients.

242

#### 243 ***Predictors of PEGV dosing required for disease control in combination treatment with LA-SSA***

244 All univariate analyses of the candidate predictors are depicted in figure 1. A positive linear association  
245 was observed between IGF-I (xULN) and the PEGV dosage required for disease control. There was a  
246 positive non-linear association of weight with PEGV normalization dosage, suggesting an effect  
247 threshold from approximately 100 kg (figure 1), results were similar after adjustment for age and height  
248 (data not shown). There was a negative linear association of age with PEGV normalization dosage and a  
249 positive linear association of height with PEGV normalization dosage. In multivariable analyses, the  
250 association of age and height were no longer statistically significant after adjustment for weight, yet age  
251 did meet the pre-specified criteria of being added in the final model. Other potential predictors were  
252 not associated with the PEGV normalization dosage (figure 1).

253 Figure 2 depicts the performance of the standard prediction model (x-axis) as compared to the  
254 true PEGV normalization dosage (y-axis) and the difference between the predicted and true  
255 normalization PEGV-dose for each individual (colored dots are corresponding to the table colors; figure  
256 2). The standard prediction formula for PEGV normalization dosage based on multivariable models  
257 ( $\text{EXP}^{(5.5994 + \text{IGF-1 ULN} \cdot 0.2585 + \text{weight} \cdot -0.0365 + \text{weight}^2 \cdot 0.00025 + \text{age} \cdot -0.0045)}$ ) (table 2)

258 predicted the final PEGV normalization dose correctly in 63.3% of all patients within a range of +/- 60  
259 mg/week and in 21.3% of all patients within a range of +/- 20 mg/week (figure 2). In addition, a more  
260 conservative model (standard prediction model minus 40 mg/week) correctly predicted the PEGV  
261 normalization dosage in 66.4% of all patients within a range of +/- 60 mg/week, and in 34.0% of all  
262 patients within a range of +/- 20 mg/week (figure 2). For a more progressive model (standard model plus  
263 40 mg/weekly), these numbers were 37.7% and 8.5%, respectively (Figure 2).

264

### 265 ***Predictors of PEGV dosing required for disease control during PEGV monotherapy***

266 A positive linear association was observed between weight and the PEGV dosage required for disease  
267 control ( $p < 0.001$ ; figure 3 and figure 4). None of the other potential predictors were associated with  
268 the PEGV normalization dosage (figure 3). Figure 4 depicts the performance of weight (x-axis) as a  
269 predictor for PEGV normalization dosage as compared to the true normalization dosage (y-axis) and the  
270 difference between the predicted and true normalization dosage for each individual (colored dots are  
271 corresponding to the table colors; figure 4). The standard prediction formula for PEGV normalization  
272 dosage based on weight ( $\text{EXP}^{(4.092 + \text{weight} * 0.00868)}$ ) predicted the final PEGV normalization dose  
273 correctly in 77.1% of all patients within a range of +/- 60 mg/week and in 31.3% of all patients within a  
274 range of +/- 20 mg/week (figure 4). In addition, a more conservative model correctly predicted the PEGV  
275 normalization dosage in 67.4% of all patients within a range +/- 60 mg/week, and in 32.5% of all patients  
276 within a range of +/- 20 mg/week. For a more progressive model, these numbers were 56.6% and 14.5%,  
277 respectively.

278

## 279 **Discussion**

280 The PEGV dose required for normalization of IGF-I levels in acromegaly is highly variable and a wide  
281 inter-individual variation in PEGV serum levels is observed despite identical PEGV dosage (28,29).

282 Previous studies suggest that this variability depends on disease activity and individual response to the  
283 drug (8,16). Therefore, PEGV titration is a process that requires a tailored approach for each individual.  
284 This is the first study that focuses on identifying predictors for PEGV dosing and developing a  
285 multivariable model in order to predict the required PEGV dose to achieve normalization of IGF-I levels  
286 in acromegaly patients. The main findings of this study are; 1) IGF-I, weight, height and age at diagnosis  
287 are associated with the PEGV dose required for normalization of IGF-I levels in patients treated with LA-  
288 SSA combined with PEGV and; 2) that weight is associated with the PEGV dose required for  
289 normalization of IGF-I levels in patients treated with PEGV monotherapy.

290 To the best of our knowledge, only one previous study has investigated determinants of the  
291 PEGV dose needed for IGF-I normalization. Parkinson et al. observed that GH and IGF-I levels, sex,  
292 weight and previous radiotherapy were associated with the PEGV dose required for disease control in  
293 patients treated with PEGV monotherapy (n=118) (20). In our study, IGF-I xULN was the best predictor  
294 for PEGV dosing, yet GH levels were not associated with the required PEGV dose. The most likely  
295 explanation for this difference is the variability of the GH-assays. The study by Parkinson et al. used a  
296 single assay for the measurement of all GH levels, while GH levels in our study were measured in several  
297 local hospitals and thereby consequently measured by different GH-assays. This can lead to  
298 measurement errors and a bias. Moreover, single GH has a limited clinical usefulness as it has a short  
299 half-life and is pulsatile excreted into the bloodstream. Therefore random single measurements of GH  
300 are less suitable as a biochemical marker for acromegaly in clinical practice. These aspects are less  
301 prominent for IGF-I measurements, as they are expressed as the upper limit of normal and are less  
302 sensitive to daily variations as compared to GH. Despite, the limitations of GH-measurement, we chose  
303 to include and analyze these GH levels, because of its biological plausibility as a candidate predictor and  
304 the intension that our prediction model is going to be used in multiple hospitals and consequently GH-  
305 measurements will be performed with several different assays.

306           The best predictor during combination treatment, besides IGF-I, is the patients weight before  
307 the start of PEGV. Patients with a higher bodyweight, require a higher PEGV dosage, which is a logical  
308 and expected phenomenon. However in our study a positive non-linear association was observed,  
309 suggesting a threshold effect from approximately 100 kg body weight which remained similar after  
310 correction for sex, age and IGF-I levels. A possible explanation for this effect threshold could be that  
311 these patients have different disease activity and therefore have a different body composition, possibly  
312 more fat mass. Former studies already reported an association between weight and PEGV dose titration  
313 (19,20,30). Future studies should investigate whether a clinical assessment of body composition (ratios  
314 of lean vs. fat mass percentages) may improve the prediction of the PEGV dose required for biochemical  
315 normalization.

316           Female gender is reported to have a better PEGV response with similar PEGV doses during PEGV  
317 monotherapy, however this gender-difference was not statically significant anymore when PEGV doses  
318 were expressed per kg body weight (19). Another study did observe that women needed a higher  
319 average PEGV dose of 0.04 mg/kg/day during PEGV monotherapy (20). It has been speculated that sex  
320 differences in PEGV pharmacokinetics may influence absorption, distribution and/or clearance of the  
321 drug as well as the modulation of GH sensitivity by estrogens and fat (31-33). However, regardless of  
322 weight differences, we could not confirm a sex difference in relation to the PEGV normalization dose  
323 during our study both in patients treated with PEGV monotherapy and in combination with LA-SSA.

324           Opposite to patients treated with the combination therapy, we found that IGF-I was not a  
325 predictor of PEGV dosing during PEGV monotherapy, despite its biological plausibility. This may be  
326 explained by differences in the disease severity of patients in the combination versus monotherapy  
327 groups, given that the LAS combination cohort requires a median PEGV dose of 210 mg/week on top of  
328 the maximum LA-SSA dosage, while the LAS cohort treated with PEGV monotherapy required a median  
329 dose of 105 mg/week. According to the literature, to achieve efficacy rates of more than 90% during

330 PEGV monotherapy, the average expected weekly dose is above 120-130 mg (12,34). Studies about the  
331 combination treatment reported PEGV doses that range between 60-140 mg weekly in addition to LA-  
332 SSA (normalization rates range between 67-97%) (8,10,35). These data show that the LAS-monotherapy  
333 group contains less severe acromegaly patients, while the LAS-combination treatment group contains  
334 more severe acromegaly patients relative to data from the literature, presumed that the PEGV dose  
335 represents disease severity. On the other hand, LA-SSA has a direct and an indirect effect, which results  
336 in GH-independent decrease of IGF-I secretion (36,37). A Danish group observed that PEGV serum levels  
337 increase by 20% when combined with LA-SSA (38). Besides dosing difference, it may be expected that  
338 the use of two drug modalities is naturally more given to patients with more disease severity.  
339 Additionally, IGF-I (xULN) levels before the addition of PEGV in both LAS cohorts treated with  
340 monotherapy and combination treatment are higher. On the other hand, it should be take into account  
341 the differences between the various IGF-I-assay's which were used in the different cohorts.

342         The PEGV doses of the LAS cohort required for IGF-I normalization were strikingly high  
343 compared to the Rotterdam cohort. The distribution of normalization PEGV dosage were right skewed  
344 as opposed to the normally distributed Rotterdam cohort. This most likely reflects the fact that the LAS  
345 cohort represents the more severe cases in Europe, while the experience with PEGV in Rotterdam has  
346 led to a relatively low threshold for prescribing PEGV in addition to LA-SSA. This may not directly be  
347 linked to a difference in IGF-I levels before the addition of PEGV in our study, however LAS patients are  
348 younger and are having more diabetes mellitus, which are characteristics of more severe acromegaly.  
349 Another possible explanation could be the interest of the research group in Liège for genetic disorders  
350 causing acromegaly, taking into account that the possible prevalence of a mutation in the aryl  
351 hydrocarbon receptor interacting protein (AIP) gene, X-linked acrogigantism (X-LAG) and/or familial  
352 isolated pituitary adenoma (FIPA) patients could be higher in this cohort. Despite these differences, we  
353 found that a meta-analysis of both cohorts (as a form of external replication) performed well and also

354 the separate analyses per cohort showed the same effect directions. By combining both cohorts, the  
355 results of this study are widely generalizable as this approach has led to a study population that reflects  
356 a wide range of acromegaly patient that is eligible to start PEGV treatment.

357 This study was potentially limited by the retrospective design, which consequently led to missing  
358 data. In order to cope with both differentially and randomly missing data, we used multiple imputation.  
359 This study was also limited by the relative small sample size. However, this is expected given the low  
360 prevalence of acromegaly as well as the fact that only a subset of acromegaly patients is treated with  
361 LA-SSA in combination with PEGV. The Rotterdam cohort harbored exclusively patients that were  
362 normalized by LA-SSA in combination with PEGV, as PEGV doses were up-titrated until normalization of  
363 IGF-I levels were achieved. The exclusion of patients from the LAS cohort not normalized by LA-SSA and  
364 PEGV (n=16, 8.5%) or PEGV alone (n=6, 7.2%) has remained limited. In order to overcome these  
365 limitations and to replicate our results, prospective studies utilizing a multicenter set-up are required.

366 This model is designed for patients who are about to start PEGV treatment after failure of LA-  
367 SSA monotherapy. Furthermore, this study is not designed to predict PEGV overdosing, since PEGV  
368 doses were increased until IGF-I levels were normalized. But this prediction model should be considered  
369 as a useful clinical tool during PEGV dose titration, which can be time consuming over multiple  
370 outpatient clinic visits, especially when a high PEGV dose is needed to control the disease.

371

## 372 **Conclusion**

373 This is the first study that focuses on identifying predictors for the PEGV dose required for disease  
374 control in acromegaly and the development of a multivariate prediction model for the required PEGV  
375 dose. The model is designed for patients who are about to start PEGV after failure of LA-SSA  
376 monotherapy and could be used as a clinical guidance tool during the start of PEGV dose titration. In this  
377 study, the PEGV dose needed for normalization of IGF-I levels in addition to LA-SSA is associated with

378 IGF-I levels, weight and age in a multivariate prediction model and predicted the final PEGV  
379 normalization dose correctly in 63.3% of all patients within a range of +/- 60 mg/week (21.3% within a  
380 range of +/- 20 mg/week). The required PEGV dose during monotherapy was associated with the  
381 patient's weight and predicted the final PEGV normalization dose correctly in 77.1% of all patients within  
382 a range of +/- 60 mg/week (31.3% within a range of +/- 20 mg/week). For an acromegaly patient of 60  
383 years old, weight of 80 kilograms, height of 1.75 meters, and a IGF-I level of 1.6x the ULN using the  
384 maximum dose of LA-SSA, the standard model will calculate 83.3 mg PEGV weekly. In this case, we will  
385 recommend to start with 80 mg weekly and titrate up or down guided by the IGF-I level (target 1.0x the  
386 ULN).

387

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390

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395

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## 523 **Tables and figures**

### 524 **Table 1.** Descriptive characteristics of the combination treatment and PEGV monotherapy cohorts

525 Descriptive characteristics of the three cohorts: Rotterdam cohort using LA-SSA + PEGV, LAS cohort using LA-SSA + PEGV and the LAS cohort  
526 using PEGV monotherapy. Missing data were imputed in the original datasets by multiple imputation. Continuous variables are expressed in  
527 median [interquartile range] and categorical variables in percentages. LA-SSA: long-acting somatostatin analogues, PEGV: pegvisomant, LAS:  
528 Liège acromegaly survey, kg: kilogram, cm: centimeter, Macro: Macroadenoma, IGF-I: insulin-like growth factor I, GH: growth hormone, RTx:  
529 radiotherapy, mg: milligram, N/A: not applicable.

- 530 a) Combination treatment (Rotterdam) vs. combination treatment (LAS)  
 531 b) Combination treatment (Rotterdam and LAS) vs. PEGV monotherapy (LAS)  
 532

533 **Figure 1.** Identification of potential predictors during combination treatment

534

535 Figures are provided separately

536

537 Univariate analyses of multiple determinants potential for the prediction of the PEGV dose needed to achieve normalization of IGF-I levels  
 538 during combination treatment. IGF-I xULN, age at diagnosis, weight and height were significantly associated with PEGV dosing during PEGV  
 539 treatment in combination with LA-SSA. PEGV: pegvisomant, IGF-I: insulin-like growth factor I, ULN: upper limit of normal, GH: growth hormone,  
 540 micro: microadenoma, macro: macroadenoma.

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545 **Table 2.** Multivariable analysis of final model to predict optimal PEGV dosing

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547 As the outcome is not normally distributed, the model should be calculated as:  $e^{(\text{final model})}$

548 \*before the addition of PEGV to LA-SSA. PEGV: pegvisomant, SE: standard error,

549 IGF-I: insulin-like growth hormone I, ULN: upper limit of normal.

550

551

552 **Figure 2.** Association of combined predictive values with the PEGV dose needed for IGF-I normalization

553

554 Figures are provided separately

555

556 This figure shows the association of the combined predictive values (X-axis, the model) with the PEGV dose needed for IGF-I normalization as  
 557 obtained in clinical practice (Y-axis). The regression line is represented by the dashed line (grey). The individual data-points are colored  
 558 according to the distance from the regression line (red: distance = 60 mg/week, orange 20-60 mg/week, green <20 mg/week). Data-points in  
 559 the figure depict the standard model. The conservative and progressive model were defined as the normal model minus or plus 40 mg/week,  
 560 respectively. The table below depicts the n (%) of the different model groups and also display the potential shift between the models.

561

562

563 **Figure 3.** Identification of potential predictors during PEGV monotherapy

564

565 Figures are provided separately

566

567 Univariate analyses of multiple determinants potential for the prediction of the PEGV dose needed to achieve normalization of IGF-I levels  
 568 during PEGV monotherapy. Only weight was significantly associated with PEGV dosing during PEGV monotherapy. PEGV: pegvisomant, IGF-I:  
 569 insulin-like growth factor I, ULN: upper limit of normal, GH: growth hormone, micro: microadenoma, macro: macroadenoma.

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572 **Figure 4.** Association of weight with the PEGV dose needed for IGF-I normalization

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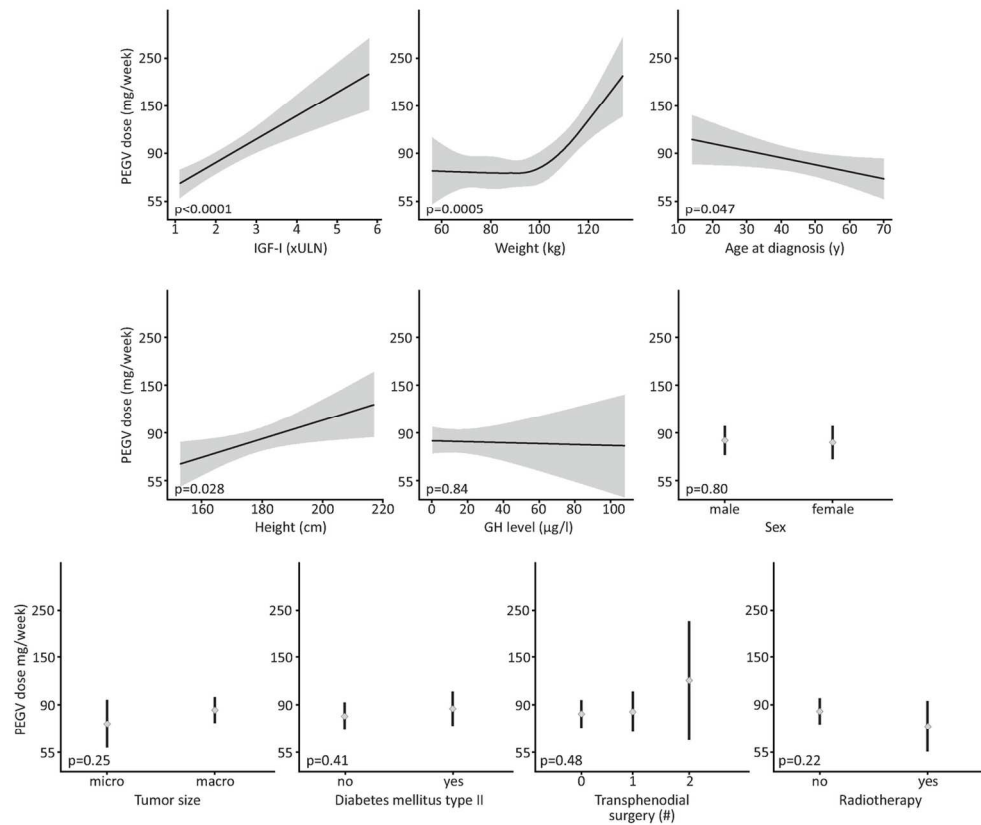
574 Figures are provided separately

575

576 This figure shows the association of the patient's weight (X-axis) with the PEGV dose needed for disease control as obtained in clinical practice  
577 (Y-axis). The regression line is represented by the dashed line (grey). The individual data-points are colored according to the distance from the  
578 regression line (red: distance = 60 mg/week, orange 20-60 mg/week, green <20 mg/week). Data-points in the figure depict the standard model.  
579 The conservative and progressive model were defined as the normal model minus or plus 40 mg/week, respectively. The table below depicts  
580 the n (%) of the different model groups and also displays the potential shift between the models.  
581  
582

	Combination treatment LA-SSA + PEGV			p-value <sup>a</sup>	PEGV monotherapy	p-value <sup>b</sup>
	Total cohort	Rotterdam	LAS		LAS	
<b>No. of patients</b>	188	112	76		83	
<b>Patient characteristics:</b>						
Age at diagnosis	42.0 [33.0 – 53.0]	45.5 [36.0 – 56.0]	39.0 [29.5 – 47.0]	0.000	41.0 [29.0 – 51.0]	0.001
Sex – Male %	58.0	58.0	57.9	1.000	53.0	0.000
Weight before addition of PEGV – kg	90.0 [77.0 – 104.0]	91.5 [79.0 – 104.0]	89.0 [74.5 – 105.0]	0.107	83.0 [71.0 – 93.0]	0.000
Height before addition of PEGV – cm	175.0 [168.0 – 182.0]	178.0 [170.0 – 184.0]	170.0 [166.0 – 180.0]	0.000	170.0 [163.0 – 180.0]	0.000
Tumor size – Macro %	85.1	81.3	90.8	0.000	83.9	0.276
Diabetes Mellitus – %	39.4	36.6	43.4	0.025	34.9	0.050
IGF-I xULN before addition of PEGV	2.0 [1.5 – 2.7]	1.9 [1.5 – 2.6]	2.1 [1.6 – 2.8]	0.000	2.1 [1.5 – 3.2]	0.001
GH before addition of PEGV – µg/l	7.9 [3.1 – 17.8]	8.4 [3.2 – 17.5]	7.5 [2.2 – 18.6]	0.617	5.9 [2.0 – 11.0]	0.000
<b>Previous treatment:</b>						
Surgery – total %	51.0	28.6	84.2	0.000	81.9	0.000
Once debulked – %	48.6	28.6	78.1		71.1	
Twice debulked – %	2.4	N/A	6.1		8.4	
> Twice debulked – %	N/A	N/A	N/A		2.4	
RTx – %	16.0	10.7	23.7	0.000	40.2	0.000
Duration of LA-SSA before addition of PEGV – months	16.0 [8.3 – 39.0]	12.0 [7.2 – 26.8]	25.0 [11.5 – 62.0]	0.000	34.4 [13.4 – 86.4]	0.000
<b>Outcome:</b>						
Required PEGV dose – mg weekly	105.0 [65.0 – 200]	80.0 [60.0 – 120.0]	210.0 [105.0 – 280.0]	0.000	105.0 [105 – 140]	0.000

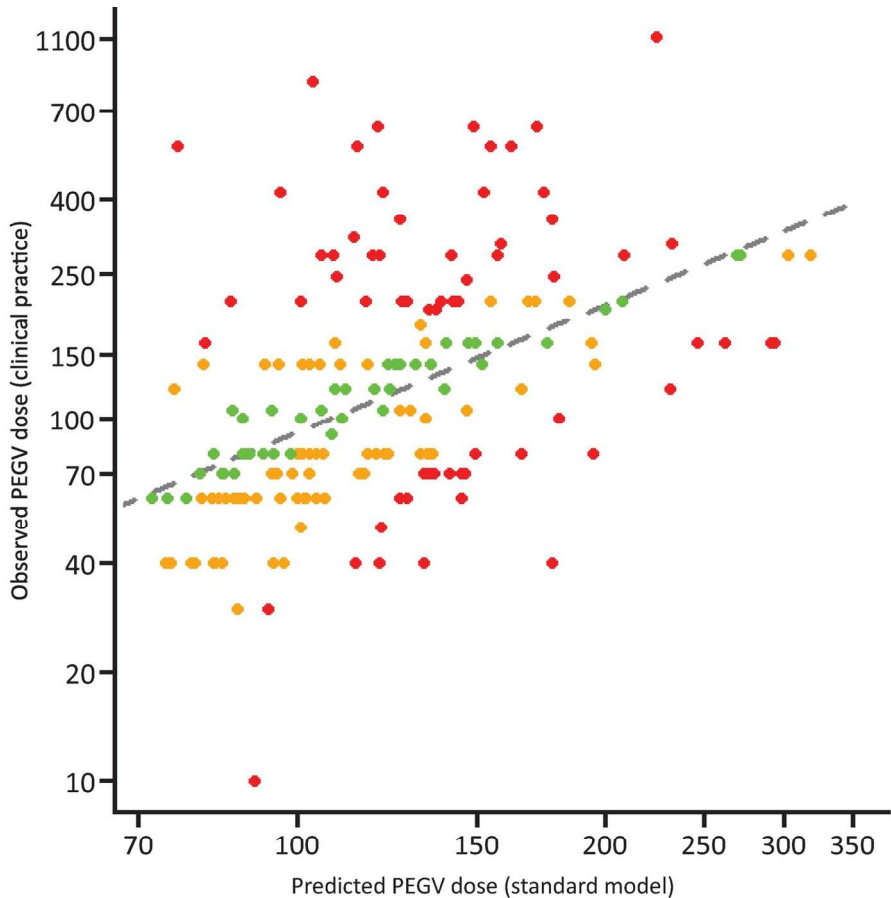
<b>Variable</b>	<b>Estimate</b>	<b>SE</b>	<b>p-value</b>
Intercept	5.5994	0.9382	<0.0001
IGF-I (xULN)*	0.2585	0.0459	<0.0001
Weight (kg)*	-0.0365	0.0192	0.0830
Weight <sup>2</sup> (kg)*	0.0002	0.0001	0.0038
Age at diagnosis (years)	-0.0045	0.0033	0.1700



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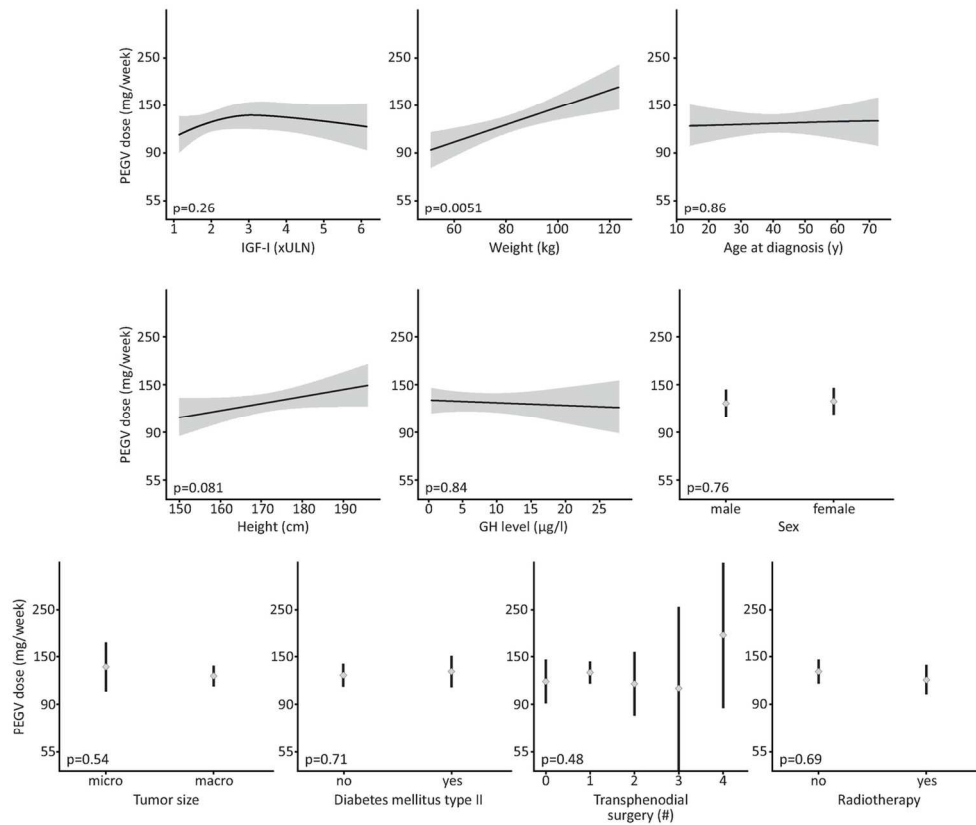




Model type	Potential overtreatment		Correct treatment	Potential undertreatment	
	over 60 mg/week	20 to 60 mg/week	between 20 and -20 mg/week	-20 to -60 mg/week	below -60 mg/week
<b>Conservative</b> <small>(decrease overtreatment)</small>	6 (3.2%)	20 (10.6%)	64 (34.0%)	41 (21.8%)	57 (30.3%)
<b>Standard</b>	27 (14.4%)	63 (33.5%)	40 (21.3%)	16 (8.5%)	42 (22.3%)
<b>Progressive</b> <small>(decrease undertreatment)</small>	90 (47.9%)	41 (21.8%)	16 (8.5%)	14 (7.4%)	27 (14.4%)

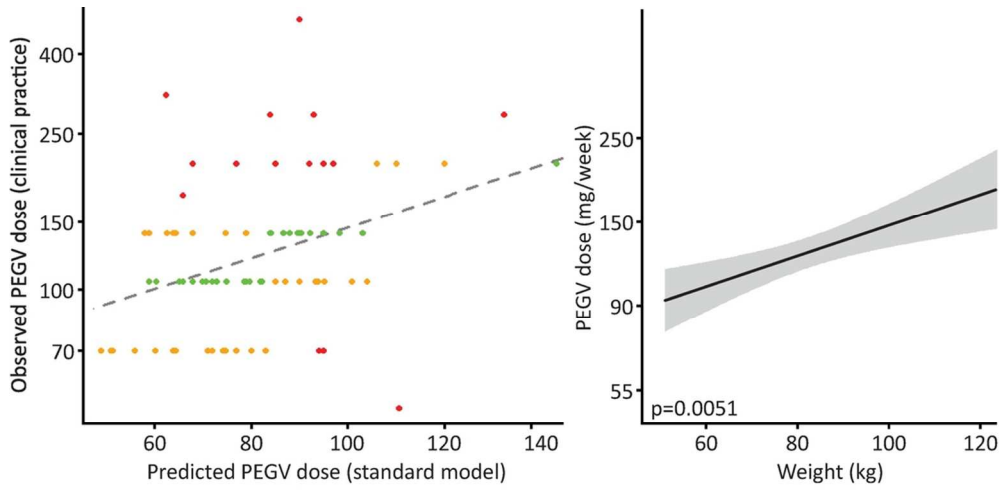
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Model type	Potential overtreatment		Correct treatment	Potential undertreatment	
	over 60 mg/week	20 to 60 mg/week	between 20 and -20 mg/week	-20 to -60 mg/week	below -60 mg/week
<b>Conservative</b> <small>(decrease overtreatment)</small>	1 (1.2%)	3 (3.6%)	27 (32.5%)	26 (31.3%)	26 (31.3%)
<b>Standard</b>	4 (4.8%)	27 (32.5%)	26 (31.3%)	11 (13.3%)	15 (18.1%)
<b>Progressive</b> <small>(decrease undertreatment)</small>	30 (36.1%)	26 (31.3%)	12 (14.5%)	9 (10.8%)	6 (7.2%)

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