1 2 3	Coupling curvature-dependent and shear stress stimulated neotissue growth in dynamic bioreactor cultures: a 3D computational model of a complete scaffold.
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22 Abstract

The main challenge in tissue engineering consists in understanding and controlling the growth 23 process of in vitro cultured neotissues towards obtaining functional tissues. Computational 24 models can provide crucial information on appropriate bioreactor and scaffold design but also on 25 the bioprocess environment and culture conditions. In this study the development of a 3D model 26 27 using the level set method to capture the growth of a microporous neotissue domain in a dynamic culture environment (perfusion bioreactor) was pursued. In our model, neotissue growth velocity 28 29 was influenced by scaffold geometry as well as by flow induced shear stresses. The neotissue was 30 modeled as a homogenous porous medium with a given permeability and the Brinkman equation 31 was used to calculate the flow profile in both neotissue and void space. Neotissue growth was 32 modeled until the scaffold void volume was filled thus capturing already established experimental observations, in particular the differences between scaffold filling under different 33 34 flow regimes. This tool is envisaged as a scaffold shape and bioprocess optimization tool with predictive capacities. It will allow control fluid flow during long-term culture, whereby neotissue 35 growth alters flow patterns, in order to provide shear stress profiles and magnitudes across the 36 37 whole scaffold volume influencing, in turn, the neotissue growth.

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43 Introduction

44 Skeletal Tissue Engineering (TE) strategies hold a great promise for the regeneration of bone and cartilage based on the combination of bioreactors, 3D biomaterials and mesenchymal stem cells 45 (MSCs). MSCs are progenitor cells crucial for skeletal TE applications due to their ability to 46 47 undergo osteogenic and chondrogenic differentiation under the influence of various biochemical, 48 biophysical and, importantly, biomechanical cues. Perfusion bioreactors have been extensively 49 employed for the expansion and differentiation of MSCs providing sufficient mass transport for 50 cell growth and differentiation (Sikavitsas, Bancroft et al. 2005; Grayson, Marolt et al. 2011; 51 Sonnaert, Papantoniou et al. 2014). Furthermore, shear stress can determine early stem cell 52 lineage commitment (Song, Dean et al. 2013) but also promote terminal osteogenic 53 differentiation of bone marrow, periosteum and adipose derived MSCs and enhance extracellular matrix (ECM) deposition (McCoy and O'Brien 2010; Rauh, Milan et al. 2011; Papantoniou, Chai 54 55 et al. 2013). There is a substantial body of literature illustrating the osteogenic effect of mechanical stimulation either due to fluid flow or mechanical compression (or stretching) on the 56 differentiation of MSCs when cultured in dynamic environments seeded on 3D scaffolds in vitro 57 (Wang and Chen 2013; Delaine-Smith and Reilly 2011). 58

In scaffold-based perfusion bioreactor culture, 3D cell growth and neotissue formation has been observed to begin with 2D cell proliferation on the scaffold strut surface. Subsequently, cells bridge scaffold struts and start growing towards the pore void followed by ECM deposition. Eventually, 3D cell growth will result in scaffold void filling, something that has been studied recently using computed tomography imaging techniques (Voronov, VanGordon et al. 2013; Papantoniou, Sonnaert et al. 2014). The calculation of wall shear stress values in empty scaffold geometries are therefore indicative of the shear stress experienced by cells during early culture time (Truscello, Schrooten et al. 2011). A current challenge to further advance and utilize computational modeling strategies in the TE field is to comprise a domain composed of cells and ECM (a growing permeable neotissue) on real 3D scaffold geometries. There are intriguing 2D studies investigating this (Sacco, Causin et al. 2011; Hossain, Bergstrom et al. 2014) however it was recently shown that without the third dimension, model parameters were overestimated losing accuracy in the representation of neotissue growth (Nava, Raimondi et al. 2013).

Computational fluid dynamics (CFD) modeling has been extensively used in the field of TE (for 72 review see (Hutmacher and Singh 2008) (Hossain, Chen et al. 2012) (Patrachari, Podichetty et al. 73 2012)). The quantification of flow-associated shear stresses as well as their spatial distribution 74 within various 3D scaffold geometries has been thoroughly investigated in perfused bioreactor 75 setups (Raimondi, Boschetti et al. 2004; Porter, Zauel et al. 2005; Boschetti, Raimondi et al. 76 2006; Cioffi, Boschetti et al. 2006; Jungreuthmayer, Donahue et al. 2009; Maes, Ransbeeck et al. 77 2009; Voronov, VanGordon et al. 2010). In previous studies, local shear stresses were defined as 78 79 a function of flow rate of the culture medium, bioreactor configuration, porosity and porous scaffold micro-architecture (Voronov, VanGordon et al. 2010; Pham, Voronov et al. 2012). Most 80 3D CFD studies to date only use empty scaffold geometries to calculate shear stress magnitude 81 82 and distribution across the empty scaffold surface i.e. wall shear stress. The aforementioned studies do not take into account the transient nature of the 3D neotissue domain as a result of 83 neotissue growth which has been observed experimentally (Papantoniou, Sonnaert et al. 2013). 84 There have been few attempts to capture 3D neotissue growth on scaffolds, limited to gradually 85 increasing scaffold struts (Lesman, Blinder et al. 2010), representing the neotissue layer as an 86 87 impermeable domain. A recent interesting study describes the growth of a 'biomass' domain (similar to what we term neotissue in this study) whose growth was coupled to oxygenconcentration and shear stress (Nava, Raimondi et al. 2013).

In addition to flow associated shear stress, neotissue growth kinetics have been also linked to the
geometric features of scaffolds. Pore size (Zeltinger et al. 2001b), pore shape (Knychala et al.
2013), and more specific features such as local curvature (Rumpler et al. 2008; Gamsjager et al.
2013) have been demonstrated to control cell fate both for in vitro (Rumpler et al. 2008; Guyot et
al. 2014) and in vivo applications (Bidan et al. 2012).

95 Building on our previous studies where we investigated the effect of local curvature on in vitro 96 3D growth (Guyot et al., 2014) and where we used the evolving neotissue growth in a 3D scaffold to accurately determine the shear stress values in both the void space and the neotissue 97 during the bioreactor culture process (Guyot et al., 2015), this study demonstrates the added value 98 99 of using also the shear stress as a parameter that influences the neotissue growth. Hereto this study shows the development of a level-set based computational tool able to capture the 100 101 difference in growth of a microporous neotissue domain in a dynamic culture environment 102 (perfusion bioreactor) under different flow rates. Capturing this difference is only possible by the explicit incorporation of flow-induced shear stresses as a parameter in the calculation of the 103 neotissue growth velocity (alongside the scaffold geometry which was already present (Guyot et 104 al., 2014)). This tool provides the ability to steer fluid flow during long term culture in order to 105 106 provide given shear stress profiles and magnitudes across the whole scaffold volume.

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108 Methods

- 109 In this section, the model describing the neotissue growth, the calculation of the flow-induced
- shear stresses and the influence of the latter on the former will be explained.
- 111 Neotissue growth via the level set method

- 112 The growth induced changes in the neotissue topology during the culture process can be seen as a

moving interface between two different domains (Sethian 1999): in this study, one domain

- 114 represents the neotissue volume Ω_{nt} , and the other one is the void Ω_v , separated by an interface
- 115 Γ , with a normal n_{Γ} (see Fig 1B). The level set method (LMS) is a technique that has been
- 116 developed to deal with this kind of moving interfaces and it is used in the context of this study to

117 simulate the evolution of the frontline Γ between neotissue and void space in a mesh-free 118 manner. The principle of the LSM consists in defining a signed distance function φ in Ω =

119 $\Omega_{nt} \cup \Omega_{v}$ with the following properties:

$$\begin{aligned}
\varphi &> 0 \text{ in } \Omega_{nt} \\
\varphi &< 0 \text{ in } \Omega_{v} \\
\varphi &= 0 \text{ on } \Gamma
\end{aligned}$$
(1)

120 In order to capture the evolution of the moving interface Γ , the following transient advection 121 equation is solved with a given growth velocity v_G and homogenous Neumann boundary 122 condition $(\partial \varphi / \partial n = 0$, with n being the normal to the computational domain Ω).

$$\frac{\partial \varphi}{\partial t} + \boldsymbol{v}_{\boldsymbol{G}} \cdot \nabla \varphi = 0 \text{ in } \Omega .$$
⁽²⁾

123 With $\boldsymbol{v}_{G} = V_{G} \cdot \boldsymbol{n}_{\Gamma}$, and $\boldsymbol{n}_{\Gamma} = \frac{\nabla \varphi}{|\nabla \varphi|}$. The expression of the growth velocity magnitude V_{G} will be 124 described later. The initial configuration of the distance function φ corresponds to a homogenous 125 single cell layer over the scaffold struts with a thickness equal to 20 µm (Darling and Guilak 2008). The time discretization of equation (2) was done using the backward Euler method and the
advection term was treated with the method of characteristics. For more details about the
implementation, please refer to (Guyot, Papantoniou et al. 2014).

129 Shear stress distribution

During dynamic culture, the neotissue grows, eventually filling up the whole scaffold void. These 130 131 changes affect the flow patterns developed, depending on the presence (or not) of neotissue and so the flow profile has to be treated differently in Ω_{nt} and Ω_{v} (as described in detail in Guyot et 132 133 al., 2015). In Ω_{ν} , due to a low Reynolds number (Re<1), the flow profile was approximated via the Stokes equation (3). In Ω_{nt} , the complex structure of the neotissue can be seen as a 134 135 homogenous porous medium with a given permeability K_0 , leading to the flow profile being 136 calculated with the Darcy equation (4). According to the definition of the LSM, the interface Γ is never conforming to the computational mesh, resulting in difficulties to couple equation (3) and 137 (4) together with suitable boundary conditions at the interface. To overcome this, the Brinkman 138 equation (5) was used to calculate the flow profile in the whole domain Ω (see Fig 1C). A no-slip 139 boundary condition was applied on the scaffold surface as well as on the chamber walls. The 140 scaffold was placed at a sufficient distance from the inlet avoiding refluxes occurring at the 141 entrance of the scaffold (Papantoniou, Guyot et al. 2014), so the boundary condition for the 142 inflow was set to a Poiseuille profile with a velocity u corresponding to the given flow rate O. 143

$$\begin{cases} -\mu \Delta \boldsymbol{u} + \nabla p = 0 \text{ in } \Omega_{\nu} \\ \nabla \boldsymbol{u} = 0 \text{ in } \Omega_{\nu} \end{cases}$$
(3)

$$\begin{cases} \frac{\mu}{K_0} \boldsymbol{u} + \nabla p = 0 \text{ in } \Omega_{nt} \\ \nabla \boldsymbol{u} = 0 \text{ in } \Omega_{nt} \end{cases}$$
(4)

$$\begin{cases} -\mu \Delta \boldsymbol{u} + \nabla p + \frac{\mu}{K} \boldsymbol{u} = 0 \text{ in } \Omega \\ \nabla \boldsymbol{u} = 0 \text{ in } \Omega \end{cases}$$
(5)

This technique can be seen as a penalization method, indeed, when K is equal to the neotissue permeability $(K \ll 1)$ in Ω_{nt} , it makes the Stokes term in (5) negligible. At the contrary, when K is set to a very high value $(K \gg 1)$ in Ω_{ν} , it leads to the Darcy term to be close to zero. To avoid numerical problems, this switch between the two values was implemented using a space and time dependent smeared out Heaviside function H (6), and K was updated according to this function (7) ($\varepsilon = 1.5h$, with h the mesh size).

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$$H(\varphi) = \begin{cases} 0, \varphi < -\varepsilon & (6) \\ \frac{1}{2} + \frac{\varphi}{2\varepsilon} + \frac{1}{2\pi} \sin\left(\frac{\pi\varphi}{\varepsilon}\right), -\varepsilon < \varphi < \varepsilon \\ 1, \varphi > -\varepsilon & K(x) = 10^{30}(1-H) + K_0 H & (7) \end{cases}$$

151 The parameter K_0 was estimated using the random fibers theory approximation. In (Nabovati A. 152 2009), the authors provide an approximation of the permeability of a porous media made of a 153 random fiber web:

$$K_0 = 0.491\delta^2 \sqrt{\frac{1-\psi_c}{1-\psi} - 1}.$$
(8)

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In this equation, ψ represents the porosity of the media (neotissue, assumed to be equal to 90% in this study, which is in the range of porosities of soft tissues and hydrogels) and ψ_c corresponds to a percolation threshold or a threshold porosity where flow is permitted (set to zero in this study). Finally, δ represents the micro-pore size of the neotissue and was set to 50 µm, assuming the pore size equal to half to one third of the size of a fully spread cell of the type used in this study (Eyckmans, Lin et al. 2012).

In this study, we distinguished two different wall shear stresses acting on cells depending on their location. The first one (SS_{Surf}) is the shear stress acting on the interface Γ due to the different flow profiles from either side and is calculated with the usual definition:

$$SS_{surf} = \sqrt{\tau_{12}^2 + \tau_{23}^2 + \tau_{13}^2}, \quad with \quad \tau_{ij} = \mu \left(\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i}\right). \tag{9}$$

The second one (SS_{In}) is the shear stress acting within the neotissue, it is associated with the 164 interstitial flow through the micro-porous neotissue and is approximated following the method 165 presented in (Whittaker, Booth et al. 2009). This method is based on the fact that the micro-166 167 porous neotissue is assumed to be composed of cylindrical ducts of diameter δ . Since the Darcy 168 equation just gives the average (Darcy) velocity u, the interstitial velocity magnitude u_{in} is calculated from results of equation (5) and is turned into a Poiseuille velocity profile (u_n) in a 169 cylindrical channel in order to have an analytical expression of local wall shear stress (on the 170 wall of the cylindrical ducts, representing here the micro-pores), allowing for the estimation of 171 SS_{in}. 172

$$u_{in} = |\boldsymbol{u}|/\psi \tag{10}$$

$$u_p \approx 2u_{in} \left(1 - \left(\frac{2r}{\delta}\right)^2 \right) \tag{11}$$

$$SS_{In} = \mu \left| \frac{\partial u_p}{\partial r} \right|_{r=\delta/2} \approx \frac{8\mu u_{in}}{\delta} \approx \frac{8\mu |\boldsymbol{u}|}{\delta \psi}$$
(12)

A key parameter of the study is the local growth velocity of the neotissue. In (Guyot, 175 Papantoniou et al. 2014), this space dependent velocity was only depending on the local mean 176 curvature of the interface as it has been shown in (Bidan, Kommareddy et al. 2012) or (Rumpler, 177 Woesz et al. 2008). Another important growth influencing factor is the local shear stress on cells. 178 179 In (Nava, Raimondi et al. 2013), authors present a biomass growth model for cartilage describing an interface moving in time in function of the fluid-induced shear stress and in (Chapman, 180 181 Shipley et al. 2014) the authors introduce a growth model for cell aggregates in hollow fiber bioreactors where cell population growth increased or decreased depending on wall shear stresses 182 experienced by cells. In this study, a similar approach is used and the local neotissue growth 183 velocity V_G is described as a function of both the mean curvature and the flow-induced shear 184 stress: 185

$$V_G = A \cdot f(SS_{surf}) \cdot g(\kappa). \tag{13}$$

The neotissue growth velocity parameter *A* was estimated from the experimental data obtained for the low flow rate results obtained in (Papantoniou, Sonnaert et al. 2014) using a trial and error approach and was set equal to $4 \cdot 10^{-14}$ m²/s. As described extensively in (Guyot et al, 2014), the basis of the influence of curvature on the neotissue growth comes from the observation that neotissue grows faster where the curvature is higher and that it does not grow if the curvature is negative or equal to zero (Bidan, Kommareddy, et al. 2013). The mean curvature influence function $g(\kappa)$ can therefore be expressed mathematically as follows:

$$g(k) = \begin{cases} -\kappa \ if \kappa > 0\\ 0 \ if \ \kappa \le 0 \end{cases}$$
(14)

where κ is the local mean curvature ($\kappa = \nabla \cdot \mathbf{n}_{\Gamma}$) and the second row of equation (14) depicts that there is no growth when the curvature is null or negative. The negative sign in equation (14) comes from the fact that according to our definition of φ , the normal \mathbf{n}_{Γ} points toward neotissue, so growth has to be towards the opposite of $\nabla \varphi$. The surface shear stress influence function $f(SS_{surf})$ (unit less) was inspired by (Nava, Raimondi et al. 2013) (Fig 1D) and defined as a continuous function

$$f(SS_{surf}) = \begin{cases} 0.5 + \frac{0.5 \cdot SS_{surf}}{a_1} & 0 \le SS_{surf} < a_1 \\ 1 & a_1 \le SS_{surf} < a_2 \\ \frac{SS_{surf} - a_3}{a_2 - a_3} & a_2 \le SS_{surf} < a_3 \\ 0 & a_3 \le SS_{surf} \end{cases}$$
(15)

This function was established in order to have an optimal shear stress influence that enhances the growth ($a_1 < SS_{surf} < a_2$), and a critical threshold ($SS_{surf} > a_3$) above which shear stress inhibits the cells and growth cannot occur anymore, in this study a_1 , a_2 , a_3 were respectively set to 0.05, 0.15 and 0.2 Pa (Chapman, Shipley et al. 2014). Table 1 summarizes all the parameters used in the calculation of the neotissue growth velocity v_G .

Table 1: model parameters used for the calculation of the neotissue growth rate v_G .

Parameter	Value	References
Neotissue porosity, ψ	90 %	(Guyot, Papantoniou et al,

			2015)
	Neotissue micro-pore size, δ	50 µm	(Guyot, Papantoniou et al,
			2015)
	Neotissue growth rate, A	$4 \cdot 10^{-14} \text{ m}^{2/s}$	Determined from
			(Papantoniou, Sonnaert et al.
			2014)
	Minimal shear stress value	0.01	(Chapman, Shipley et al.
	enhancing neotissue growth,		2014).
	<i>a</i> ₁		
	Maximal shear stress value	0.03	(Chapman, Shipley et al.
	enhancing neotissue growth,		2014).
	<i>a</i> ₂		
ĺ	Critical shear stress value, a_3	0.05	(Chapman, Shipley et al.
			2014).

207 *Implementation*

The full model was implemented with the free partial differential equation solver *FreeFem*++ (Hecht 2012). The computational domain (see Fig 1A) chosen consisted of the part of the perfusion bioreactor chamber comprising the entire scaffold including 2mm of the chamber at each scaffold side. This was done in order to avoid numerical refluxes and was meshed with approximately 3 million tetrahedrons. The numerical problem was solved in parallel using a 12 core facility. In order to avoid unnecessary computational effort, the Brinkman equation was solved on only one quarter of the full mesh cut along the flow axis and with respect to symmetrical boundary condition.

216 Summary of Experimental set-up

In this study, results presented in (Papantoniou, Sonnaert et al. 2014) were used in a first 217 calibration and validation set-up. The set-up of the experiment is briefly repeated below. Three-218 dimensional additive manufactured open porous Ti6Al4V scaffolds ($\emptyset = 6 \text{ mm}$, h = 6 mm, 219 porosity = $73\% \pm 1\%$, strut diameter = 245 ± 2 mm and pore size = 755 ± 3 mm), produced on an 220 in-house developed selective laser melting (SLM) machine (Van Bael, Kerckhofs et al. 2011) 221 222 were used. Human Periosteal Derived Stem Cells (hPDCs, one of the known sources of MSCs) were isolated from periosteal biopsies of different donors as described previously (Eyckmans and 223 224 Luyten 2006) and expanded in culture flasks. When a sufficient amount of these cells was produced in this 2D culture (number of population doublings = 15), cells were harvested by 225 trypsinization with Tryple Express (Invitrogen) and seeded on the scaffolds, which marked the 226 start of the bioreactor experiment. The TE constructs were cultured in an in-house developed 227 bioreactor for 14, 21 and 28 days under dynamic culture conditions (n = 9 per flow rate – 228 triplicates per time point). Two different perfusion flow rates were used: 4 mL/min (Q₁, high) and 229 230 0.04 mL/min (Q₂, low). After culture, three constructs for each time point were prepared for contrast-enhanced nanofocus Computed Tomography (NanoCT) imaging (Kerckhofs 2013) 231 allowing for visualization and quantification of the neotissue volume formed inside the 232 233 constructs.



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Fig 1: Model setup. (A) Representation of the scaffold and the bioreactor chamber, the region of interest is delimited by two yellow circles. The scaffold is then removed from a cylinder representing the delimited area. Finally, a mesh is created in the computational domain. (B) Schematic representation of curvature driven neotissue growth using the level set method. (C)

239 Schematic representation of the Brinkman approximation used in this study. (D) The influence of 240 shear stress on the neotissue growth velocity in this study (right) is a combination of the 241 continuous shape proposed by (Nava, Raimondi et al. 2013) and the values by (Chapman, Shipley 242 et al. 2014) (middle).

243

244 **Results**

The model was run for different flow rates according to the experimental set up described in 245 (Papantoniou, Sonnaert et al. 2014). Simulations show a significant difference between the two 246 conditions regarding the total amount of neotissue that has been produced at different time points 247 (Fig 2 and Fig 3). Indeed, under the high flow rate, the local shear stress acting on the neotissue 248 interface is higher than for the lowest flow rate, resulting in an acceleration of neotissue growth. 249 250 Although differences can be observed between the simulations and experiments, the simulations 251 are capable of capturing the experimentally observed differences between the two flow rates in terms of volume filling (Fig 3B). The model was also able to compute quantitative data (shown in 252 253 Fig 4) regarding important culture variables during neotissue growth such as pressure drop across the scaffold along the flow axis, average surface and inner shear stresses, giving an overview of 254 255 different mechanical stimuli acting on cells over culture time.

The pressure drop (Fig 4A) across the scaffold varied from almost 4 Pa in the first days of culture to 11 Pa at day 28 for the high flow rate Q_1 , while it ranged from 0.03 Pa to 0.08 Pa for the low flow rate Q_2 in an equivalent period of time. The surface shear stresses (Fig 4B) and inside shear stresses (Fig 4C) differed by a factor of 100 between the two different flow rates. For both flow rates, the inner shear stress, the stress acting on cells embedded into the neotissue, can be around 3 (for early time points) to 20 (for late time points) times bigger than the interface shear stress acting on cells at interface in contact with the free flow. Fig 5 shows how the flow regime changes from when the scaffold is almost empty (Fig 5A) to where it is partially filled (Fig 5B). Fig 6 depicts the local growth velocity v_G showing the influence of the distributed shear stress as well as the local mean curvature of the surface. Maximal neotissue growth velocities of 3 and 7 μ m/day were obtained for the low and high flow rates respectively.



Figure 2: Neotissue growth (green) on scaffold (grey) at different time points for two different
flow rates and two different views (direction of flow rate is from bottom to top in side view).
Gradual scaffold pore closure can be observed. Scale bar represents 1 mm.



Fig 3: Comparison between simulations and experimental results (Papantoniou, Sonnaert et al.
2014). (B) Evolution of volume filling over culture time for the two different flow rates used in
this study. Experimental results are presented through the mean and standard deviation (n=3).
(A) Quantitative differences in volume filling between the different flow rates, indicating that the
simulated differences are similar to those experimentally observed.



Fig 4: Mechanical characterization of the predicted tissue growth for flow rates Q_2 (0.04ml/min, left) and Q_1 (4ml/min, right). (A) Pressure drop between the entrance and the exit of the scaffold. (B) Average neotissue surface shear stress. (C) Average inside neotissue shear stress. Notice the difference in scale on the vertical axes between left and right figures.





Fig 5: Close-up view on a section of the scaffold illustrating the different flow profiles (u) at early (A) and late (B) time points (neotissue volume is indicated in pink). In image (A), the scaffold is almost empty, so the flow is mostly ruled by the Stokes equation leading to Poiseuille flow in the bottom part. In (B), the bottom part of the scaffold is completely filled with neotissue, so the flow profile in this area is ruled by the Darcy equation. +=scaffold, $\Box=$ neotissue, $\Delta=$ void.

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Fig 6: Local distribution of the neotissue growth velocity v_g (m/s) at the neotissue-void interface at 28 days for flow rates Q_2 (0.04ml/min, left) and Q_1 (4ml/min, right). the neotissue is indicated in light grey).

304 Discussion

305 Understanding spatiotemporal cell growth in dynamic cultures constitutes a challenge in TE, in particular the quantification, distribution and interplay between scaffold geometry, shear stress 306 and neotissue growth. The present model provides a foundation that will allow the quantitative 307 308 investigation of the effect of shear stresses on cell growth and ECM production, which today is 309 still not well understood. The most important contribution of this study is the extension of a 310 previously developed model of local curvature-dependent neotissue growth to incorporate the 311 influence of the local shear stresses on the neotissue growth, on complete scaffolds in 3D. The 312 importance of 3D models in comparison to 2D has been shown by (Nava, Raimondi et al. 2013), 313 the latter suffering from a lack of accurate representation which leads to loss of information and 314 an incorrect parameter estimation.

Recent experimental observations have revealed that hPDCs (the MSC source used in this study) 315 may grow in the third dimension by bridging scaffold struts, leading to complete filling of 316 scaffold pores when cultured in perfusion bioreactors in glucose based growth medium (Sonnaert, 317 Papantoniou et al. 2014) and in growth factor containing osteogenic medium (Papantoniou Ir, 318 Chai et al. 2013). NanoCT imaging has been employed to confirm that complete pore closure 319 320 could be obtained depending on bioreactor operating conditions (Papantoniou, Sonnaert et al. 321 2014). Similar 3D cell growth behavior upon seeding on scaffolds has been also observed for other cell types such as human bone marrow MSCs (Zhao, Pathi et al. 2005; Li, Tang et al. 2009), 322 primary fibroblasts (Joly, Duda et al. 2013) and cell lines such as MC3T3-E1 pre-osteoblast cells 323 (Kommareddy, Lange et al. 2010). This opens the possibility to create 3D in vitro tissue-like 324 structures where cells may grow independently of the initial scaffold surface allowing for the 325 study of the interaction between cells and their own ECM and the culture environment. 326

Additionally, this means that when simulating the experimentally observed void filling due to 3D neotissue growth, models should take into account the specificity of the experimentally used cell type (Chapman, Shipley et al. 2014). In this work we attempt to investigate this for adult stem cell types in particular for hPDCs.

331 Neotissue growth kinetics in 3D dynamic and scaffold-based culture set ups, has been linked with 332 oxygen level (Zhao, Pathi et al. 2005), shear stress (Nava, Raimondi et al. 2013) and scaffold 333 geometry - in particular curvature (Bidan, Kommareddy et al. 2013; Knychala, Bouropoulos et al. 334 2013). In our study, oxygen was not investigated since for the flow rate and scaffold dimensions 335 used in this work, taking into account the the oxygen consumption rate of hPDCs (Lambrechts, 336 Papantoniou et al. 2014), there is no significant oxygen drop detected from inlet to outlet. 337 Therefore the assumption that the whole cell population is exposed to the same level of dissolved oxygen tension (atmospheric) seems to be justified. When other flow regimes and/or other cell 338 339 types will be studied, this assumption has to be re-evaluated. An additional assumption was the 340 existence of an initial single cell layer at the start of the simulations. This layer was assumed to be 20 µm based on 2D suspended MSC diameter values (Darling and Guilak 2008), leading to an 341 342 initial filling percentage of 18 %. Provided that a high number of cells is used for cell seeding (Chen, Bloemen et al. 2011), a homogeneous distribution can indeed be achieved across the 343 scaffold. This step has been studied in detail for regular geometry scaffolds (Melchels, Tonnarelli 344 345 et al. 2011). The initial filling percentage is likely an overestimation of the real filling and is (in 346 its current way of calculating) dependent on the available surface of the scaffold under study. With the currently used measurement technique (NanoCT) the experimental value for the initial 347 348 filling cannot be obtained due to the absence of matrix produced by the cells immediately after seeding. This parameter therefore merits further study in future work. Neotissue shrinkage/loss 349

due to cell death was not incorporated in the presented model, however, there is a possibility that this shrinkage/loss occurs for those cases were excessively harsh culture conditions are developed i.e. very low dissolved oxygen tension (anoxia) and glucose concentration or high lactate concentration (Flaibani, Magrofuoco et al. 2010). Further efforts are required in order to incorporate the aforementioned physico-chemical components in our model. However this is out of the scope of the present study, where geometry and fluid dynamics are the main regulators of neotissue growth.

In this study neotissue growth velocity was coupled to the local scaffold topography (curvature) 357 358 (Guyot, Papantoniou et al. 2014) and local fluid flow induced shear stress. Shear stress was modeled to enhance increasingly neotissue growth from 0 to a_1 reaching a maximum value 359 between a_1 and a_2 (equal to 0.01 and 0.03 Pa respectively). The lower amount of neotissue 360 observed at the periphery of the scaffolds is due to the low values of fluid flow induced shear 361 stresses at that location. This in turn is due to the flow demonstrating a Poiseuille profile when 362 entering the scaffold, thereby positively influencing to a greater extent the neotissue formation at 363 the center of the scaffold. When the shear stress reaches threshold a_3 equal to 0.05 Pa, its effect 364 on neotissue growth was modeled to change into a prohibitive one with decreasing neotissue 365 366 growth for increasing shear stresses beyond a_3 . Experimental observations of 0.015 Pa as an optimum shear stress level for human bone marrow MSCs cultured in perfusion bioreactors 367 368 confirmed this hypothesis (Li, Tang et al. 2009). A similar range of shear stresses has been 369 reported for human bone marrow MSCs by (Grayson, Bhumiratana et al. 2010) although these 370 values referred to empty scaffold geometries. We have recently experimentally observed the 371 adverse effects of excessive shear stress on neotissue growth by hPDCs in perfusion bioreactors 372 resulting in inhomogeneous tissue engineered constructs (Papantoniou, Guyot et al. 2014). This 373 was observed for shear stress values in excess of 0.05 Pa which is the threshold value used in this study. Interestingly (McCoy, Jungreuthmayer et al. 2012) estimated a critical threshold for human
bone MSC detachment from irregular scaffolds at 0.088 Pa closely matching the one used here,
taking into account the differences in scaffold architecture and cell type.

The growth velocity term A was estimated in a trial and error fashion based on in-house 377 378 experimental observations (Papantoniou, Sonnaert et al. 2014) measuring neotissue growth on the 379 simulated scaffold for the low flow rate Q_2 . The prediction obtained for the high flow rate Q_1 shows an increase in volume filling, similar to the experimental data (Fig 3B). The discrepancy 380 381 observed between experimental and computationally-derived neotissue growth kinetics seen in 382 Fig 3 could be attributed to numerical and physical factors. For the former (numerical factor), we 383 did not go through an objective and rigorous optimization process to find the value for A because 384 of the insufficient quantity of experimental data available. In a follow-up study, dedicated experimental data will be generated to parametrize the model. As to the latter (physical factor), 385 386 neotissue growth kinetics do not solely depend upon scaffold geometry and shear stress magnitude. The introduction in the model of additional physico-chemical parameters that are well 387 known for their influence on neotissue growth such as dissolved oxygen tension (Grayson, Zhao 388 et al. 2007; Dos Santos, Andrade et al. 2010), glucose concentration (Saki, Jalalifar et al. 2013) 389 and lactate concentrations (Schop, Janssen et al. 2009) in the medium, could help to improve the 390 agreement between experimentally and computationally determined values. Even though for the 391 392 experiments used in this study (Papantoniou, Sonnaert et al. 2014), no global changes in oxygen tension were observed between the inlet and outlet for the flow rate and cell source used, the 393 model allows to quantify these variable throughout the entire scaffold, potentially showing 394 395 pockets of decreased oxygen tension (and neotissue growth) coming from improper perfusion due 396 to local geometrical particularities. Additionally, the possibility that higher flow rates might lead to the secretion of more ECM could also explain to a certain extent the differences in volumefilling patters between simulations and experiments.

In a very interesting recent study, neotissue was modeled in 3D by (Nava, Raimondi et al. 2013) 399 using the arbitrary Lagrangian–Eulerian (ALE) method to implement mesh movement. However, 400 401 the flow was only modeled in the void space, which is acceptable for the early growth phase, but is not suitable to simulate complete filling of the scaffold. In this study, we employed the level set 402 method to represent neotissue growth as described previously in (Guyot, Papantoniou et al. 2014 403 and Guyot et al. 2015). This method, separating the movement of the interface from the definition 404 of the mesh allows tracking the neotissue kinetics until full scaffold pore filling is reached. A 405 maximal neotissue growth velocity of 3 and 7 µm/day was obtained for the low and high flow 406 rates respectively as seen in Fig 6. The average growth velocities from the present study are the 407 same order of magnitude than the ones estimated in (Nava, Raimondi et al. 2013) which were in 408 the order of 1 µm/day and higher than the values adopted in previous tissue growth models 409 (Sacco, Causin et al. 2011). This could be due to the fact that chondrocytes modeled in that work 410 are slow proliferating cells compared to hPDCs. 411

412 Numerical predictions obtained in this study (Fig 4 and Fig 5) are in general agreement with published literature with regard to the range of shear stresses calculated at the neotissue 413 interphase during neotissue growth (Boschetti, Raimondi et al. 2006; Cioffi, Boschetti et al. 2006; 414 Lesman, Blinder et al. 2010; Nava, Raimondi et al. 2013). However shear stresses developed 415 within the neotissue (SS_{in}) were seen to be an order of magnitude higher than the surface shear 416 417 stresses. It is interesting to note that the average values obtained for inner shear stress for the high flow rate in this work, reaching 0.7 Pa, compared closely to the ones determined for native bone 418 (1-3 Pa) (Zeng, Cowin et al. 1994), closer than what has been reported to date for tissue 419 420 engineered constructs. In this study it was assumed that the pores within the neotissue had a size

of 50 µm, this was justified, for our case study, for large hPDC cells whose size has been shown 421 422 to range between 100-150 µm when fully spread (Eyckmans, Lin et al. 2012). This value could become smaller upon 3D confluency when cells ECM secretion might lead to fuller neotissue 423 structures. Interestingly, the calculated inner neotissue (microporous) shear stress magnitude for 424 425 the selected neotissue pore size matched closely to those determined via single cell simulations (Jungreuthmayer, Donahue et al. 2009; Verbruggen, Vaughan et al. 2014; Zhao, Vaughan et al. 426 2014). Empty scaffold simulations may be useful for early time points and have been successfully 427 used to determine stem cell lineage commitment (Song, Dean et al. 2013) however for later 428 culture time points these models seem to be insufficient. 429

Using the whole scaffold geometry it was also possible to determine changing pressure drop 430 values during neotissue growth and subsequent scaffold pore closure. The maximum pressure 431 drop values obtained for the high flow rate, for completely full scaffolds, equaled to 11 Pa for the 432 parameters of this study (cylindrical scaffold dimensions d = 6 mm, h = 6 mm; neotissue porosity 433 90%, pore size = 50 μ m). This value is close to pressure drop measured computationally in 434 microporous polyester scaffolds in flow through perfusion bioreactors ($\Delta P = 46$ Pa, scaffold h = 435 436 20 mm, d = 100 mm, flow rate 10 ml/min (Podichetty, Bhaskar et al. 2014)) but also with experimentally measured pressure drop values for chitosan-gelatin scaffolds (with 80-92 % 437 porosity and pore size $\sim 100 \text{ }\mu\text{m}$, d = 100 mm, h = 2 mm (Podichetty, Dhane et al. 2012)). 438 Pressure drop is a parameter that can be measured online during bioreactor culture and, when 439 linked to this whole-scaffold model, could provide a non-invasive readout to monitor neotissue 440 441 growth in perfusion bioreactors. The continuous secretion of ECM, in particular upon reaching 3D 'confluency', is expected to lead a decrease in neotissue permeability. This will occur mostly 442 towards the later stages of perfusion culture. To achieve this in the present model a time-443 444 dependent parameter could be coupled to the porosity parameter making it decrease over time, reflecting ECM deposition. This could be experimentally validated by measuring pressure dropacross the tissue engineered construct over time, for fixed flow rates.

Scaffold design in perfusion bioreactors can affect neotissue growth in two ways. First, due to 447 their geometry, the scaffolds provide topographies that will enhance 3D cell growth and neotissue 448 449 formation (Melchels, Barradas et al. 2010; Van Bael, Chai et al. 2012). Second, their design will define fluid flow patterns throughout the entirety of the scaffold affecting the mechanical stimuli 450 exerted on the cells (Hutmacher and Singh 2008) and the resulting growth kinetics. The 451 computational tool developed in this study could be used to assess biomechanical regimes that 452 will develop in a particular scaffold during neotissue growth but also to evaluate the effect of 453 specific geometries using scaffold CAD designs on these regimes. This model could also suggest 454 'ideal' geometries where shear stress variation exerted on cells across the scaffold could be 455 minimized, resulting thus in a more homogeneous cell population phenotype. The spatiotemporal 456 mapping of shear stress levels will allow to more accurately link phenotypic responses in 457 bioreactors (Gomes, Sikavitsas et al. 2003; Yu, Botchwey et al. 2004; Grayson, Marolt et al. 458 2011) with the experienced biomechanical microenvironment. Moreover, already observed 459 460 phenomena such as shear stress dependent ECM secretion and mineralization (Gomes, Sikavitsas et al. 2003; Sikavitsas, Bancroft et al. 2005; Papantoniou, Chai et al. 2013) could be also linked 461 to the experienced microenvironment. For their validation such models will require 3D tools of 462 high resolution such as NanoCT as presented here or synchrotron X ray microCT as reported 463 elsewhere (Albertini, Giuliani et al. 2009; Voronov, VanGordon et al. 2013). 464

465

466 Conclusion

In this study, a 3D model of microporous neotissue growth in a dynamic culture environment waspresented in which the neotissue growth velocity depends on scaffold geometry and fluid flow

induced shear stress. The obtained simulation results showed a correspondence with established experimental observations. Although the model can be extended to include additional determinants of the growth process, in its current state it is already able to act as a scaffold shape and bioprocess optimization tool, allowing for a control of the flow-induced mechanical stimulation and growth of the neotissue.

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