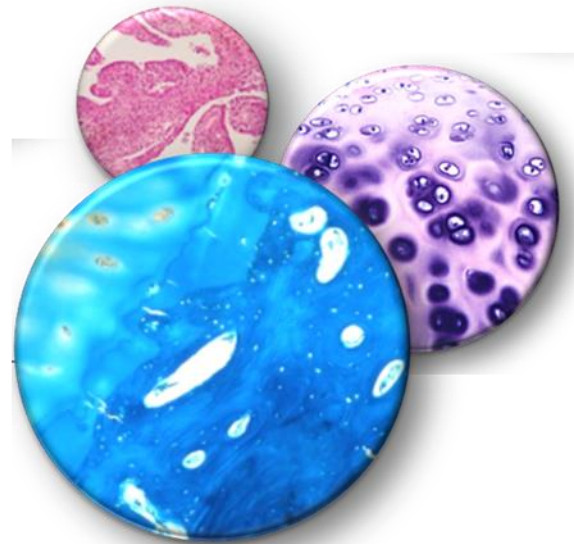




Biomarkers of prognosis and efficacy of treatment OA

Yves Henrotin, PhD
University of Liège

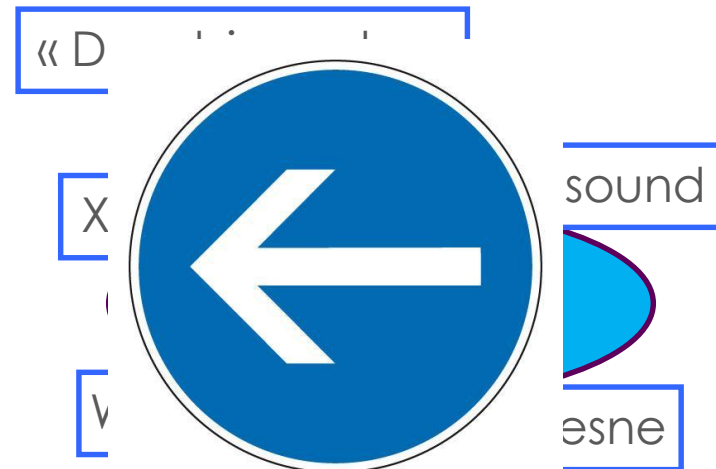
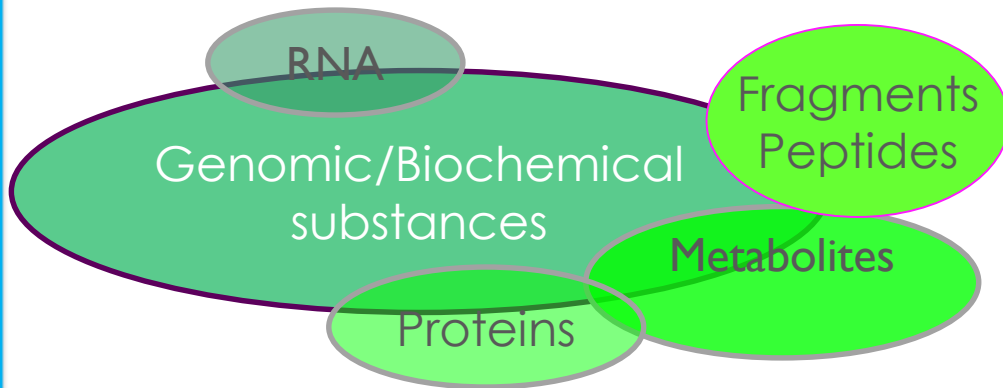


Definition - Classification

A biomarker is a characteristic that is objectively measured and evaluated as an indicator of normal biologic processes, pathogenic processes, or **pharmacologic responses to a therapeutic intervention.** »

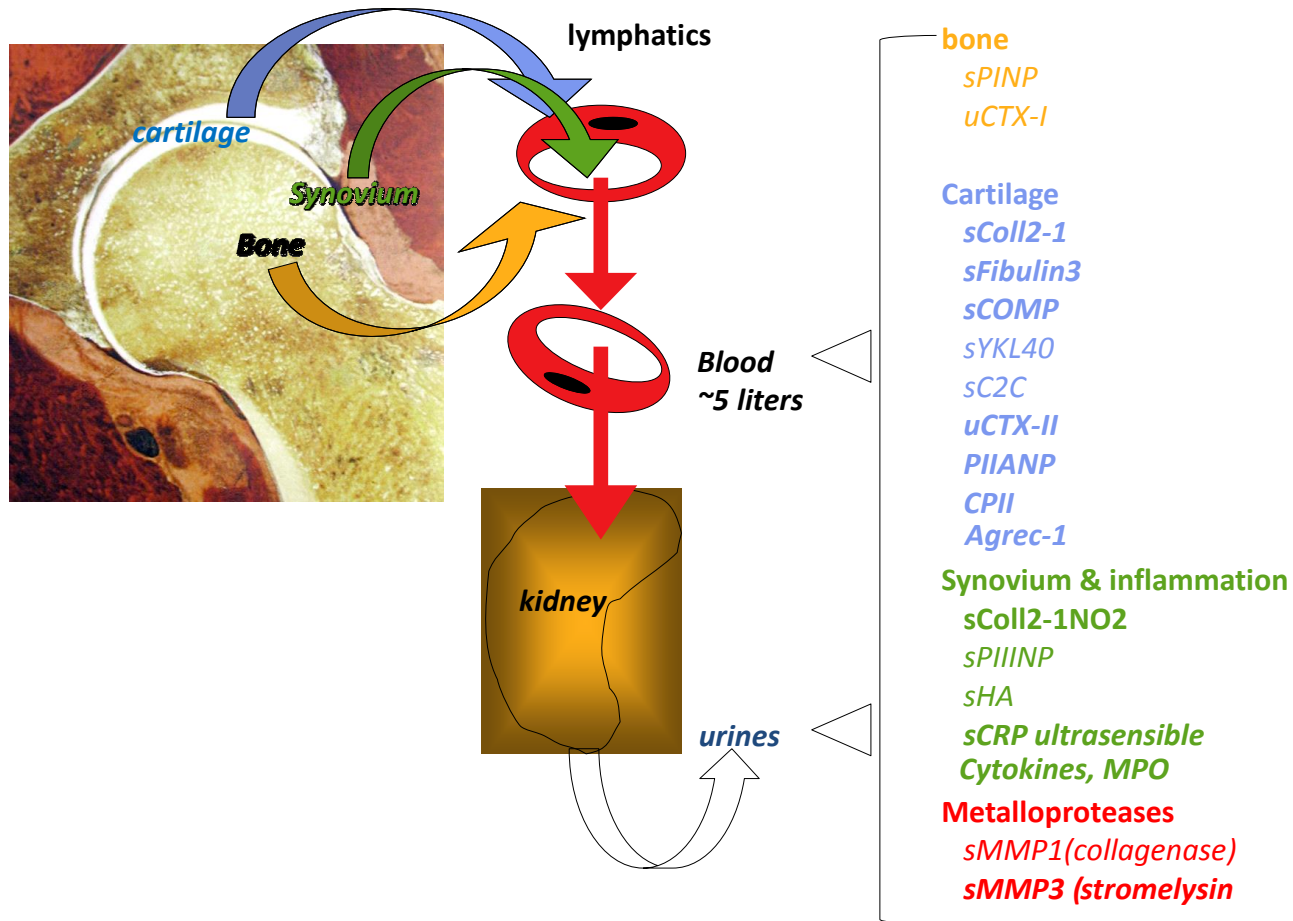
Biomarkers Definitions Working Group I. Biomarkers and surrogate endpoints: preferred definitions and conceptual framework. Clin Pharmacol Ther 2001; 69: 89-95.

Soluble or « wet » biomarkers

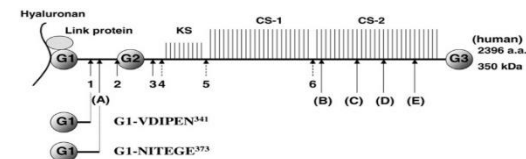
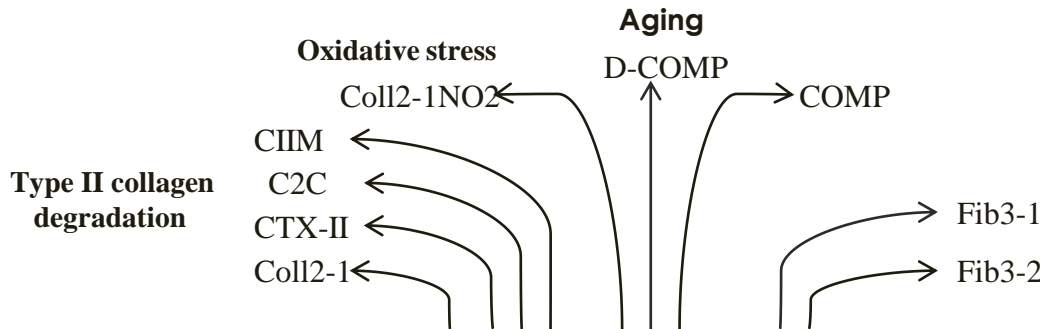
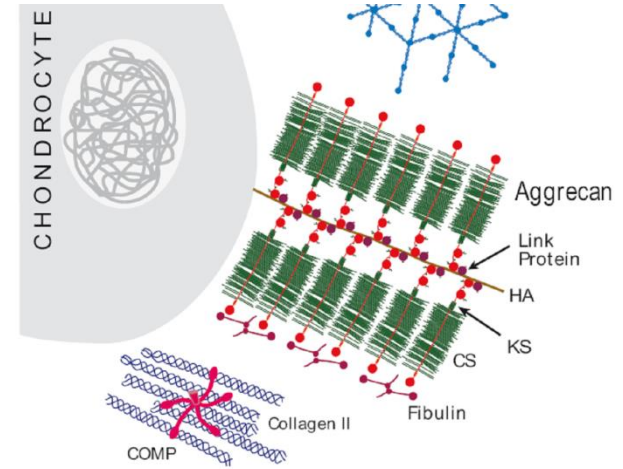
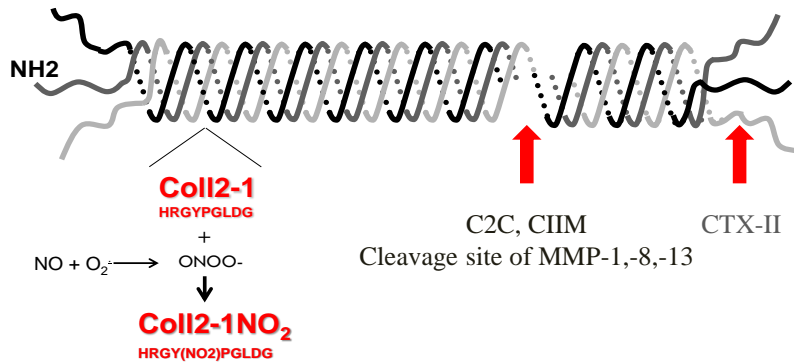


OA Biomarkers

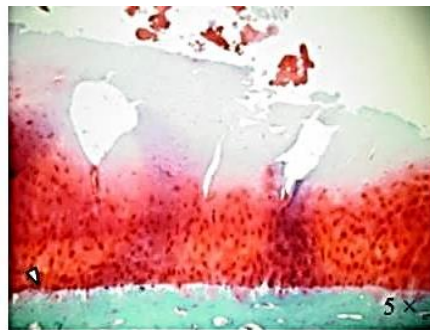
« Changes in tissues metabolism »



Biomarkers of cartilage metabolism

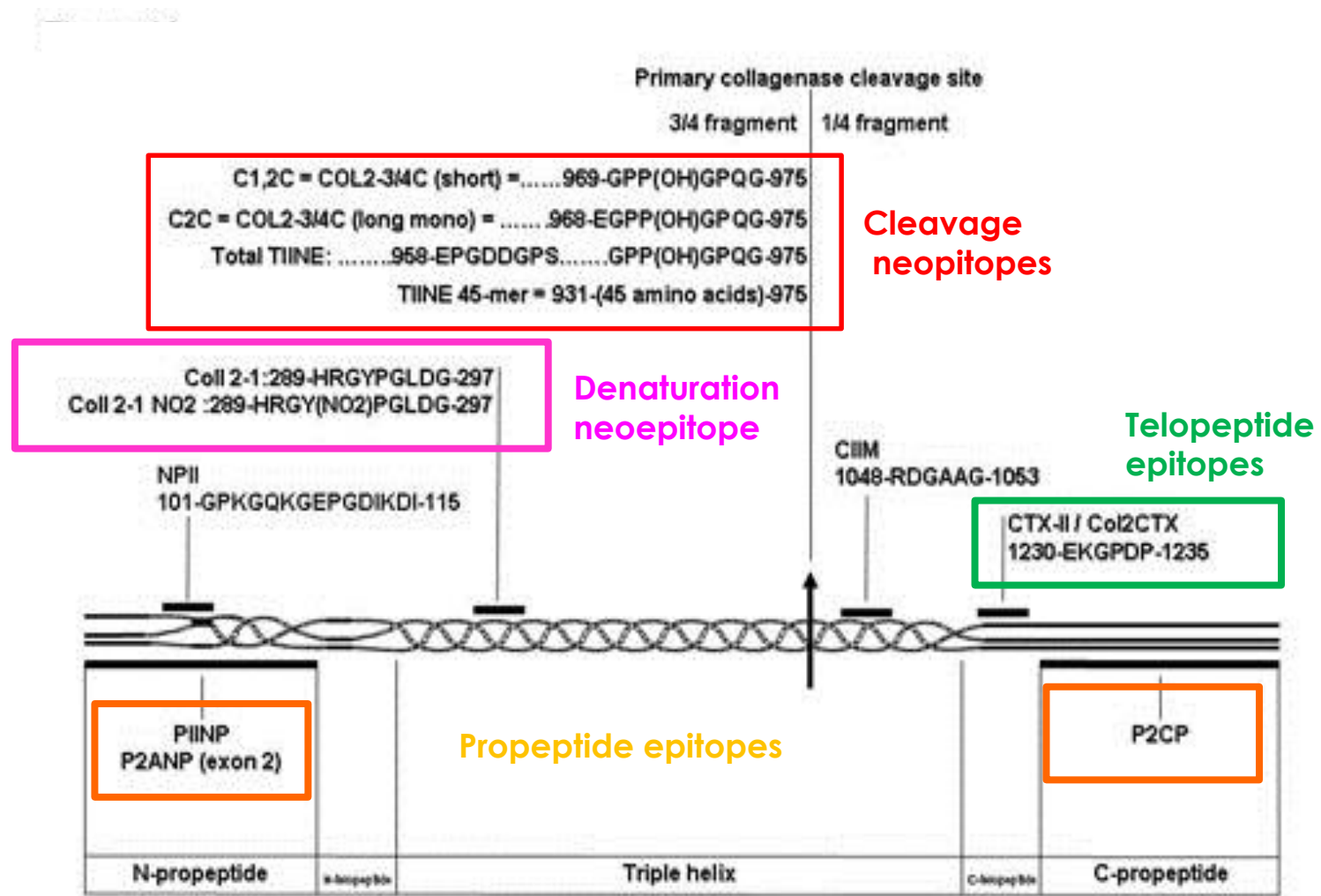


Type II collagen synthesis
 PIINP ←
 PIICP ←



ARGs → Aggrecan degradation
 NITEGE → Aggrecan degradation
 CS-846 → Aggrecan turnover
 KS → Aggrecan turnover
 ADAMTS-5

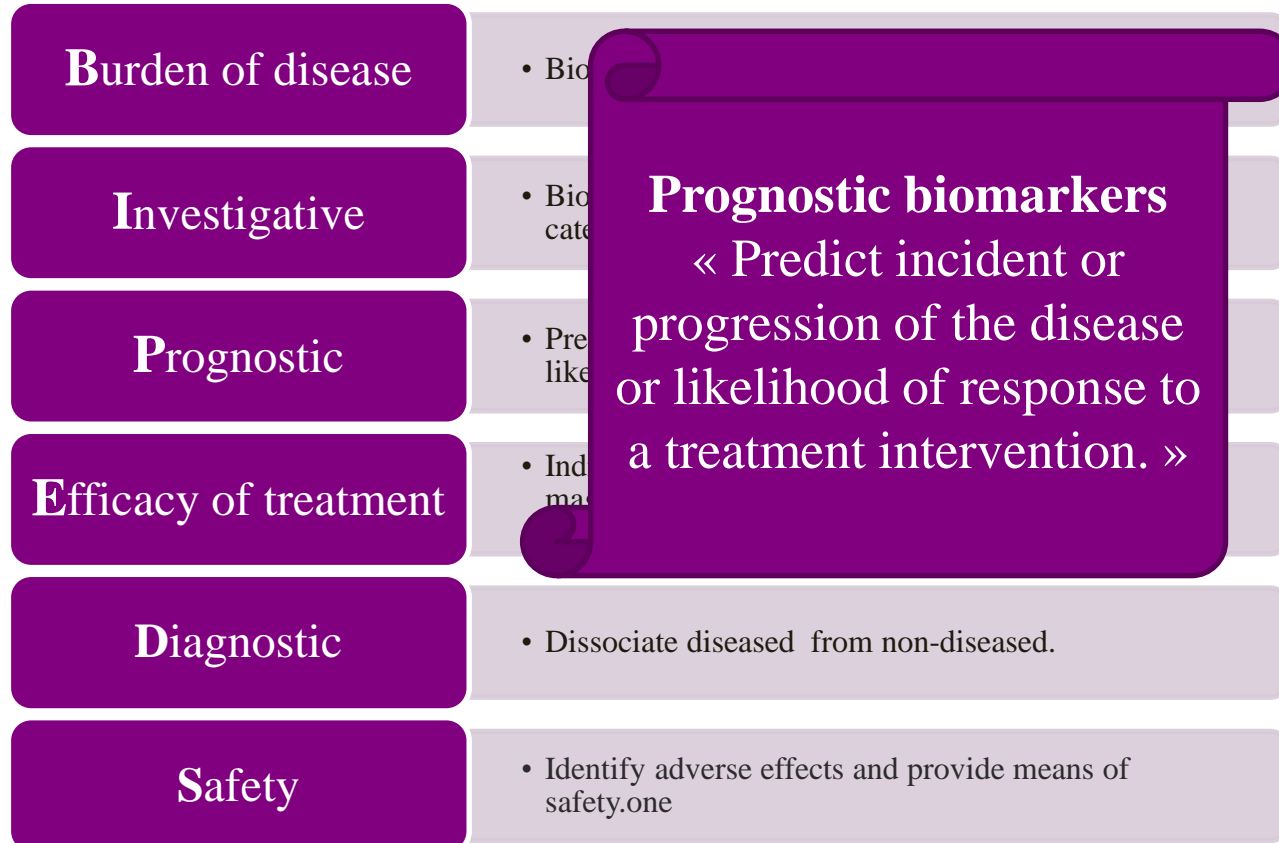
Type II collagen biomarkers





BIPEDS classification

Bauer et al. Osteoarthritis Cart 2006





Accepted Manuscript

Associations of urinary biomarker COLL2-1NO2 with incident clinical and radiographic knee OA in overweight and obese women

M.L.A. Landsmeer, J. Runhaar, Y.E. Henrotin, M. Middelkoop van, E.H. Oei, D. Vroegindewij, M. Reijman, G.J.V.M. van Osch, B.W. Koes, P.J.E. Bindels, S.M.A. Bierma-Zeinstra





The PROOF study

(Prevention of knee Osteoarthritis in Overweight Females, ISRCTN 42823086)

High-risk group of:

- 254 Women
- 50 – 60 years
- BMI \geq 27 kg/m²
- No clinical and radiographic knee OA at baseline
- 30 months follow-up



Proof study

Primary outcome

- The primary outcome: incidence of knee OA in one or both knees at 2.5 years.
- Incidence of knee OA was defined as either:
 - Kellgren & Lawrence (K&L) grade ≥ 2 or
 - joint space narrowing (JSN) of $\geq 1.0\text{mm}$ or
 - clinical knee OA according to the combined clinical and radiographic ACR criteria (ACR knee OA).

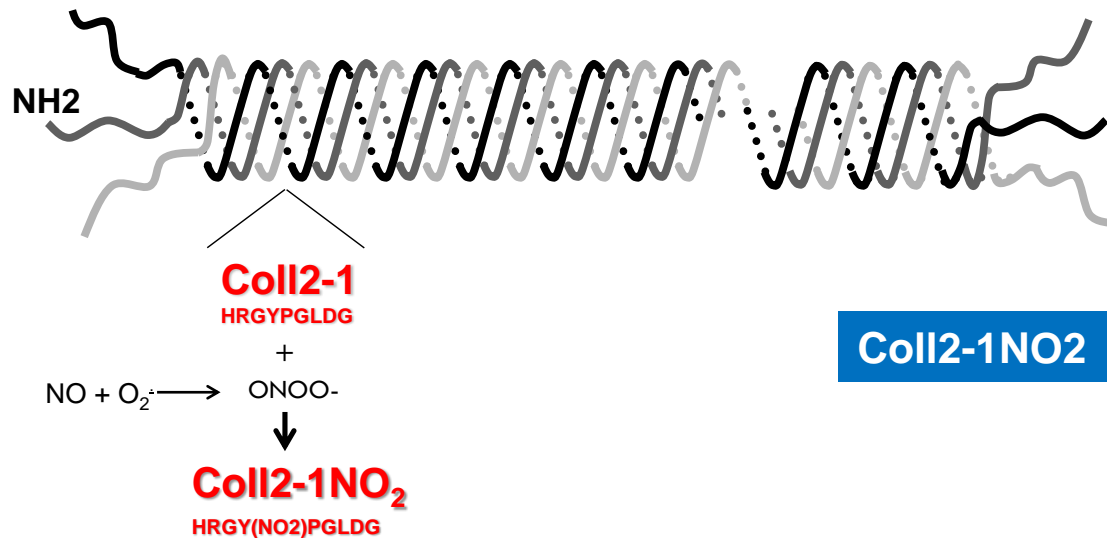


Available data

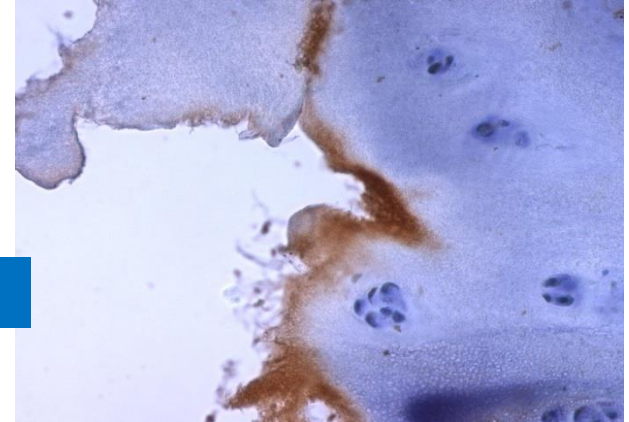
At baseline and follow-up (2.5 years):

- Semi-flexed PA radiographs
- Questionnaires (i.a. knee complaints, KOOS, physical activity)
- Physical examination

Coll2-1NO2: a cartilage specific biomarkers



Coll2-1NO2

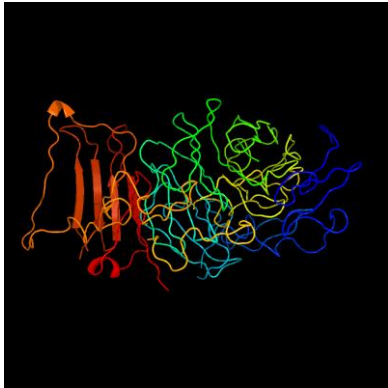


- Specific of degraded cartilage
- Multiple pathological processes (inflammation + degradation)
- Not confounded

Fibuline-3 epitopes

Fibulin-3 (EFEMP1)

54,641 Da



Clivage MMP-1,-2,-3
MMP-7,-9
MMP-12

124-125 (SAAAVA)

259 - TIMP-3 interaction - 493

H₂N-



-COOH

1

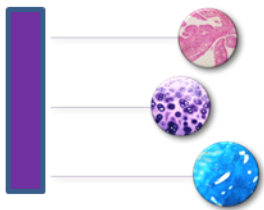
149 DPQR

331-345
Fib3-1

377-387
Fib3-2

430-440
Fib3-3

493



« Proof »

Patient characteristics at inclusion

N – Subjects	254
Age (yr.)	55.7 ± 3.2
BMI (kg/m ²)	32.0 ± 3.9
WOMAC pain (0-100)	6.3 ± 10.7
WOMAC function (0-100)	6.2 ± 10.4
Postmenopausal	69%
K&L 0	45%
K&L 1	55%
Varus alignment	38%
Heberden nodes	26%
History of knee injury	11%



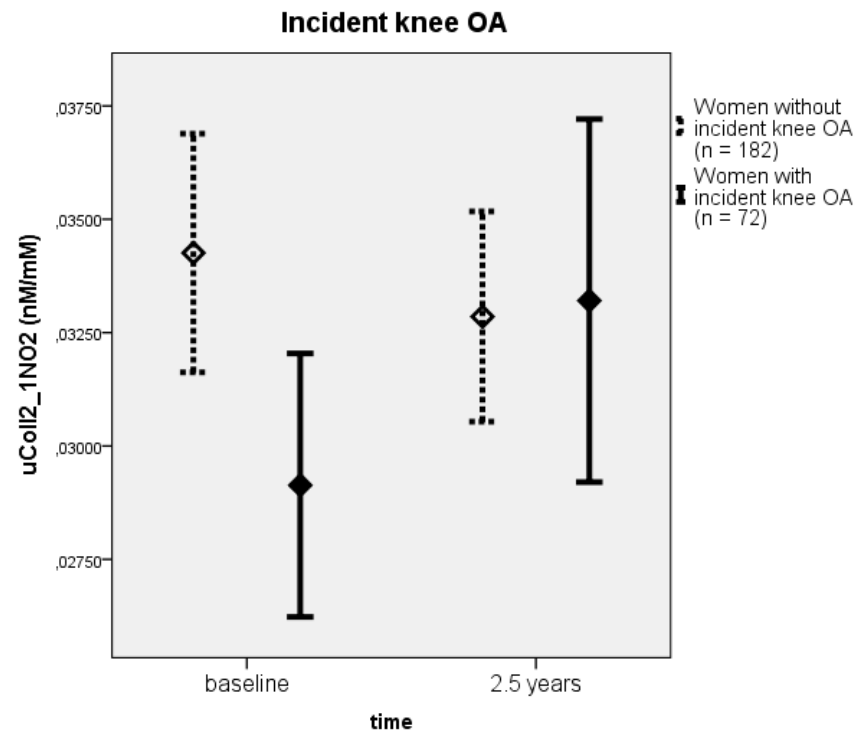
Knee OA incidence

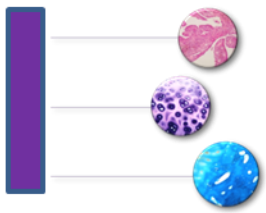
- Incident knee OA according to the primary outcome was found in 72/254 women (28.3%).
 - Medial joint space narrowing (JSN) 27/254 (10.6%)
 - lateral JSN in 26/254 (10.2%)
 - ACR knee OA in 20/254 (7.9%)
 - K&L grade ≥ 2 in 23/254 (9.1%).

Coll2-1NO2 is predictive of OA

Landsmeer et al. O&C in press

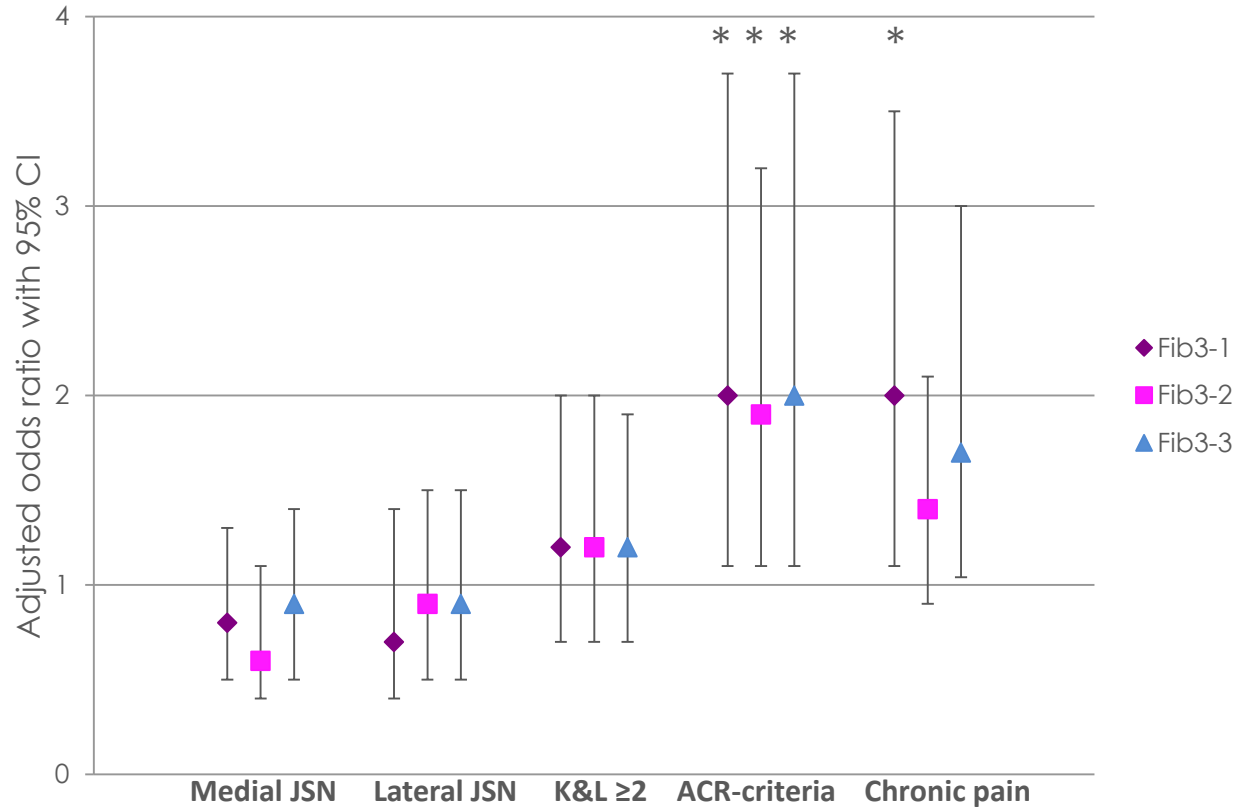
All incidence criteria

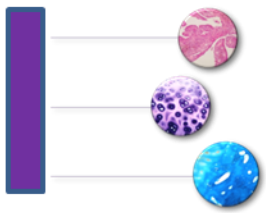




Fibuline-3 epitopes: Odd ratio

Runhaar et al. O&C submitted





Conclusions

- Baseline urinary Coll2-1NO2 is negatively correlated with OA incidence while changes overtime is positively correlated.
- Fibuline-3 serum levels is highly predictive of OA incidence



BIPEDS classification

Bauer et al. Osteoarthritis Cart 2006

Burden of disease

- Bio

Investigative

- Bio
cate

Prognostic

- Pre
like

Efficacy of treatment

- Ind
ma

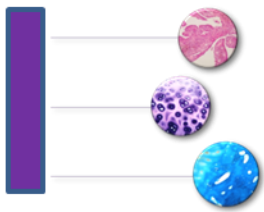
Efficacy of intervention
« Indicative or predictive of treatment efficacy and for which the magnitude of the change is considered pertinent to the response. »

Diagnostic

- Dissociate diseased from non-diseased.

Safety

- Identify adverse effects and provide means of safety.one



Biomarkers of efficacy of treatment (BIPEDS)

Updated Van Spil et al.2010

« Biochemical marker concentration differed statistically significantly between patient populations with or without treatment, or before and after treatment within patient »

BIPEDS	Biomarkers
Efficacy of intervention	uCTX-II, sColl2-1, sCOll2-1NO2, sC2C, sCOMP, sKS, sYLK40, sPIIANP, uNTX-I, sOC, sHA, sMMP-3, sCRP

RESEARCH ARTICLE

Open Access

Decrease of a specific biomarker of collagen degradation in osteoarthritis, Coll2-1, by treatment with highly bioavailable curcumin during an exploratory clinical trial

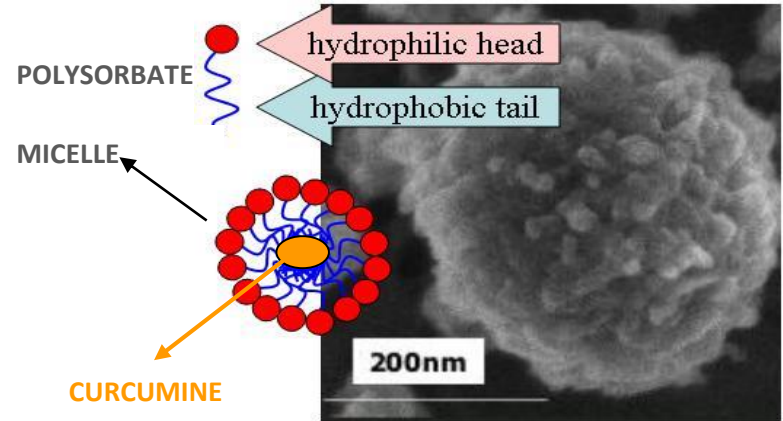
Yves Henrotin^{1,2*}, Myriam Gharbi³, Yvan Dierckxens⁴, Fabian Priem⁵, Marc Marty⁶, Laurence Seidel⁷, Adelin Albert⁷, Elisabeth Heuse⁸, Valérie Bonnet⁸ and Caroline Castermans⁸

TIFLEXY Study

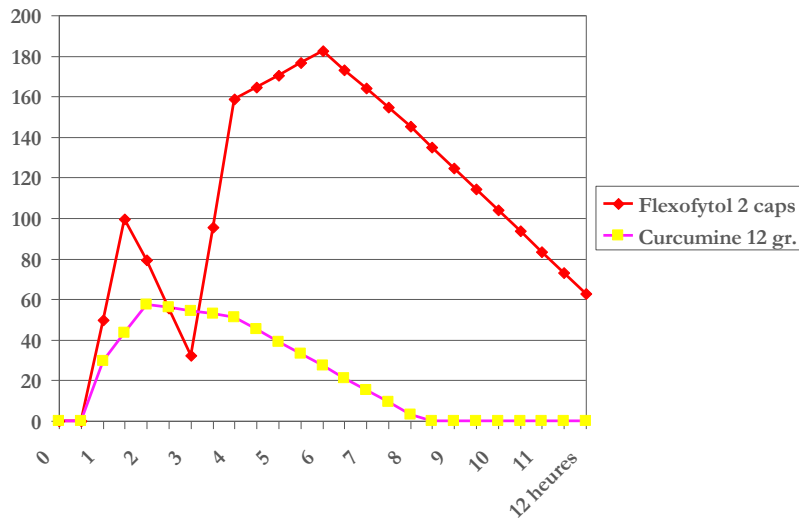
Bio-optimized curcuminoids (BOC)



Curcuminoids /Low availability



Bio-optimized curcuminoids BOC



« Proof-of-concept study »

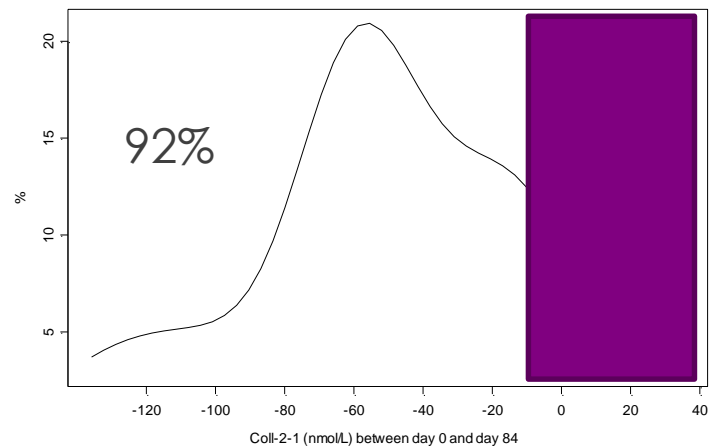
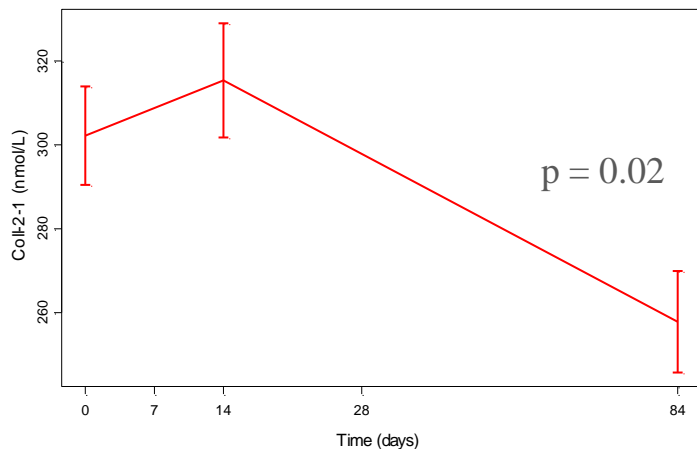
- 22 knee OA patients
- 2x3 caps (42 mg BOC)/days
- 3 months treatment

Henrotin Y, Priem F, Mobasher A, Springerplus, 2013

TIFLEXY Study

A proof-of-concept study

Henrotin et al., BMC Complem Altern Med, 2014



	Baseline	84 days of treatment	p-Value
sColl2-1 (nmol/L)	302.21 +/- 53	257.84 +/- 52.78	0.002*
sColl2-1NO2 (nmol/L)	0.71 +/- 0.78	0.80 +/- 0.24	NS
sCTX-II (ng/L)	11.81 +/- 7.98	13.17 +/- 4.96	NS
sFib3-1 (pmol/L)	707.05 +/- 178.79	765.20 +/- 261.90	NS
sFib3-2 (pmol/L)	580.58 +/- 103.59	636.74 +/- 119.73	NS
sCRP (mg/L)	10.42 +/- 30.27	3.10 +/- 2.40	NS
sMPO (ng/ml)	27.20 +/- 29.05	21.96 +/- 14.65	NS

Early Decrease of Serum Biomarkers of Type II Collagen Degradation (Coll2-1) and Joint Inflammation (Coll2-1 NO₂) by Hyaluronic Acid Intra-Articular Injections in Patients With Knee Osteoarthritis: A Research Study Part of the Biovisco Study

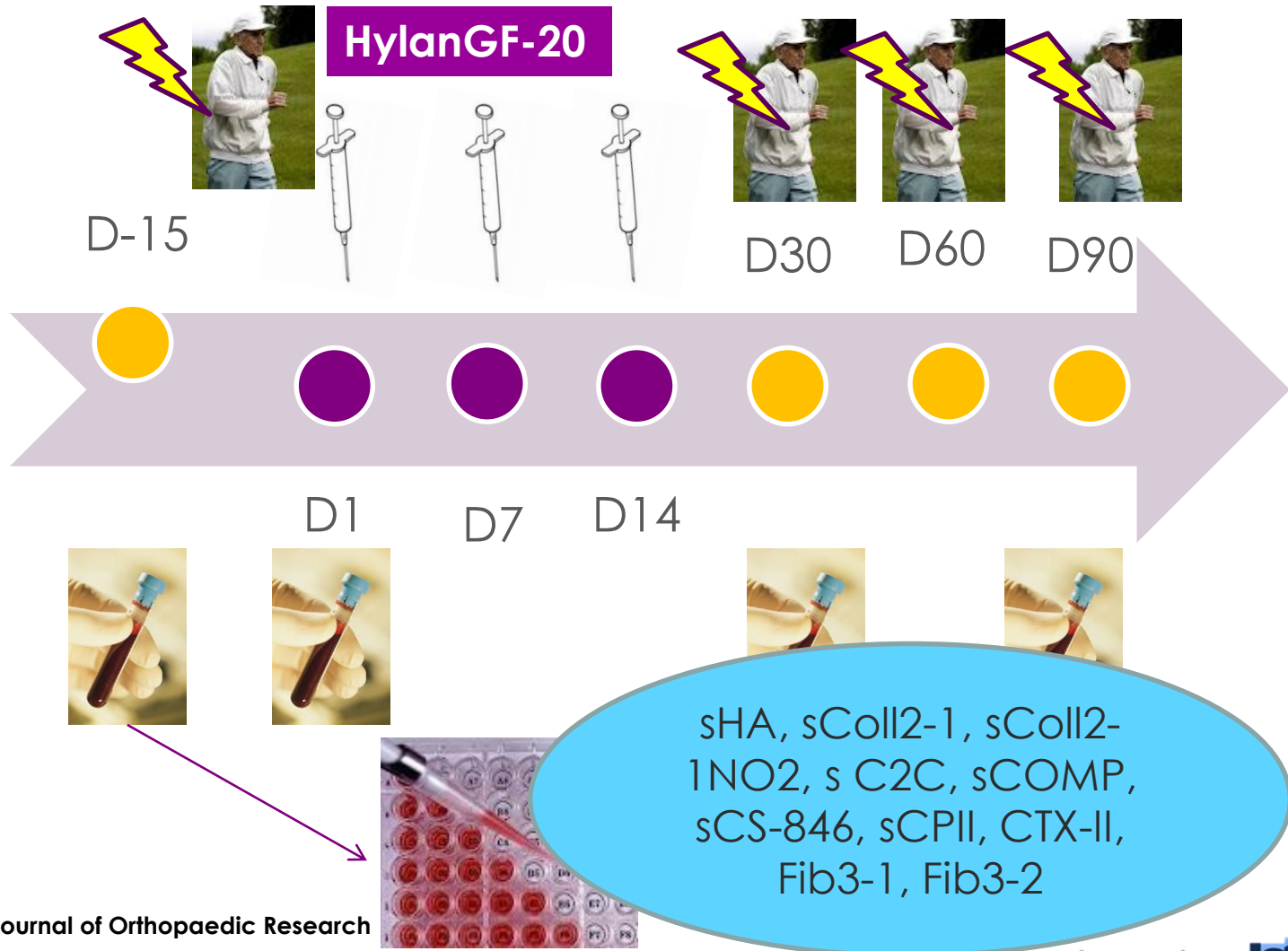
Y. Henrotin,¹ X. Chevalier,² M. Deberg,³ J.C. Balblanc,⁴ P. Richette,⁵ D. Mulleman,⁶ B. Maillet,⁷ F. Rannou,⁸ C. Piroth,⁹ P. Mathieu,¹⁰ T. Conrozier¹¹ and On behalf of the Osteoarthritis Group of the French Society of Rheumatology

¹Bone and Cartilage Research Unit, University of Liège, Institute of Pathology, Level 5, Chu Sart-Tilman, 4000 Liège, Belgium, ²Department of Rheumatology, Hopital Henri Mondor, Créteil, France, ³Artialis S.A., Liège, Belgium, ⁴Department of Rheumatology, Centre Hospitalier de Belfort-Montbéliard, Belfort, France, ⁵Department of Rheumatology, Hopital Lariboisiere, Paris, France, ⁶Hopital Trousseau, Tours, France, ⁷Department of Rheumatology, Clinique Ste Odilon, Moulins, France, ⁸Department of Rheumatology and Rehabilitation, Hopital Cochin, Paris, France, ⁹Department of Rheumatology, Centre Hospitalier de Dijon, Dijon, France, ¹⁰Department of Rheumatology, Centre Hospitalier Lyon Sud, Pierre-Bénite, France, ¹¹Hospices Civils de Lyon, Direction à la Recherche Clinique, Lyon, France

Journal of Orthopaedic Research, 2013

BIOVISCO study: Study design

Open-label, observational prospective study





BIOVISCO study

An open label observational prospective study

Conrozier et al, J Orthp Res, 2012; Henrotin et al, J Orthp Res, 2013.

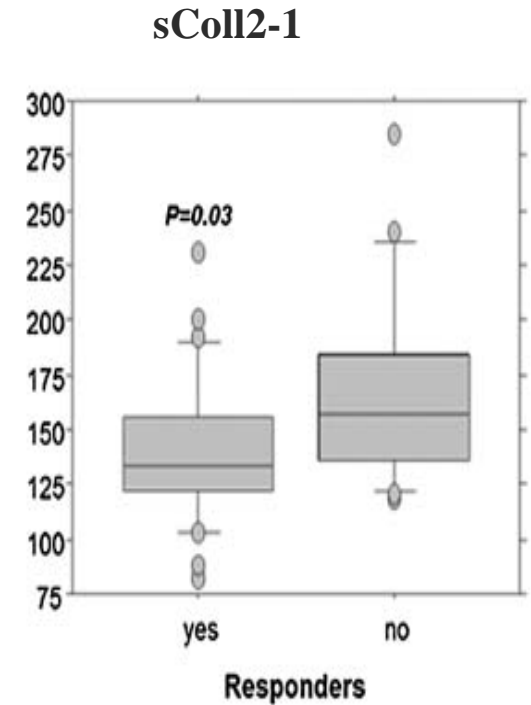
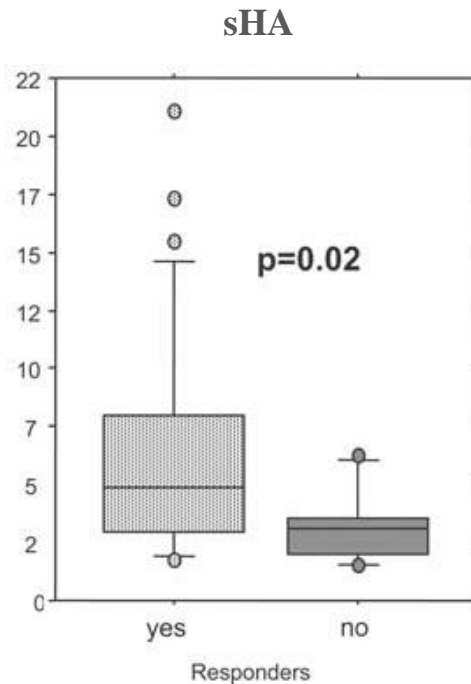
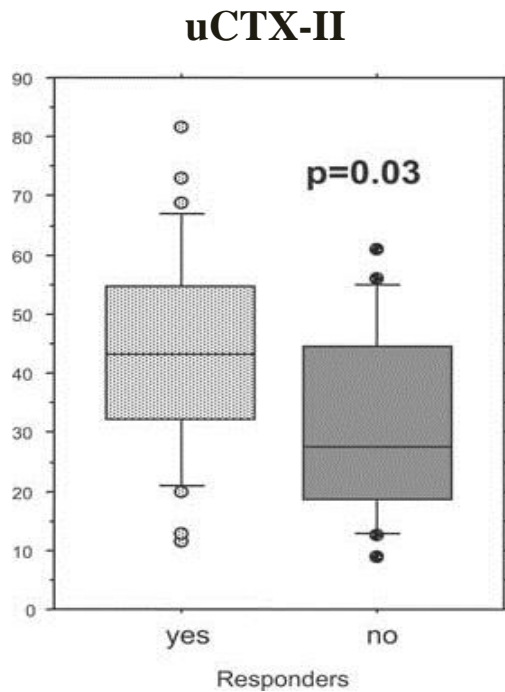
- ✓ 45 patients with unilateral symptomatic tibiofemoral and/or patellofemoral OA
- ✓ 3-weekly intraarticular injection of hyalan G20 (Synvisc®)
- ✓ Follow-up D1, D30 and D90 after the last injection

	D1 (after the last injection)	90 days (after the last injection)	p-Value D1 vs D90
sColl2-1 (nM)	140.34(882.44-285.32)	128.41 (85.6-241.34)	0.05*
sColl2-1NO2 (nM)	0.400 (0.050-1.010)	0.370 (0.14-0.870)	0.025*
uCTX-II (ng/nmolcreat)	392.7 (90.0-816.4)	306.0 (90-1123.9)	0.02*
sPIICP (ng/ml)	817.9 (131.4-1848.6)	874.8.3 (326.4-1435.0)	0.41
sC2C (ng/ml)	223.6 (99.4-329)	209.5 (135.9-291.7)	0.11
sCOMP (U/L)	10.9 (6.0-20.2)	10.5 (6.0-20.0)	0.82
sCS846 (ng/ml)	99.8 (45.9-172.3)	102.2 (53.0-190)	0.38
sHA (ng/ml)	34.1 (15.4-211)	33.3 (9.5-230.1)	0.38

BIOVISCO study

Other observations

- ✓ Only sColl2-1 was significantly decreased 30 days after final injection
- ✓ Only uCTX-II variation correlated with clinical response (walking pain decrease)
- ✓ uCTX, sColl2-1 and sHA were independently predictive of clinical response (WP decrease > 30 mm over 90 days)





OPEN ACCESS

EXTENDED REPORT

Combined chondroitin sulfate and glucosamine for painful knee osteoarthritis: a multicentre, randomised, double-blind, non-inferiority trial versus celecoxib

Marc C Hochberg,¹ Johanne Martel-Pelletier,² Jordi Monfort,^{3,4} Ingrid Möller,⁵ Juan Ramón Castillo,⁶ Nigel Arden,^{7,8,9} Francis Berenbaum,¹⁰ Francisco J Blanco,¹¹ Philip G Conaghan,¹² Gema Doménech,¹³ Yves Henrotin,^{14,15} Thomas Pap,¹⁶ Pascal Richette,^{17,18} Allen Sawitzke,¹⁹ Patrick du Souich,²⁰ Jean-Pierre Pelletier,² on behalf of the MOVES Investigation Group



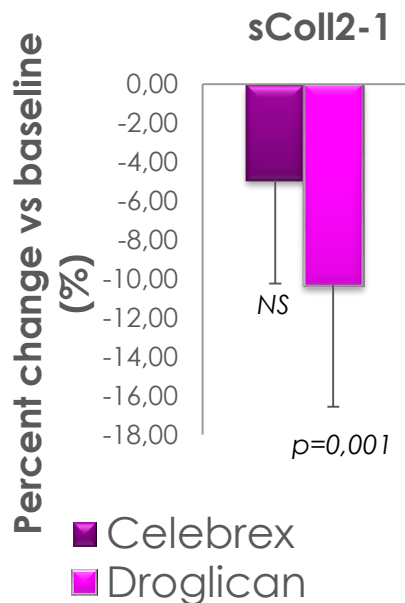
MOVES study

CS + GuHCL (Droglican) vs Celecoxib

Preliminary data

- 416 knee OA (PP)
- 1200 mg CS/1500 GuHCL
- 200 mg celecoxib
- 6 months treatment

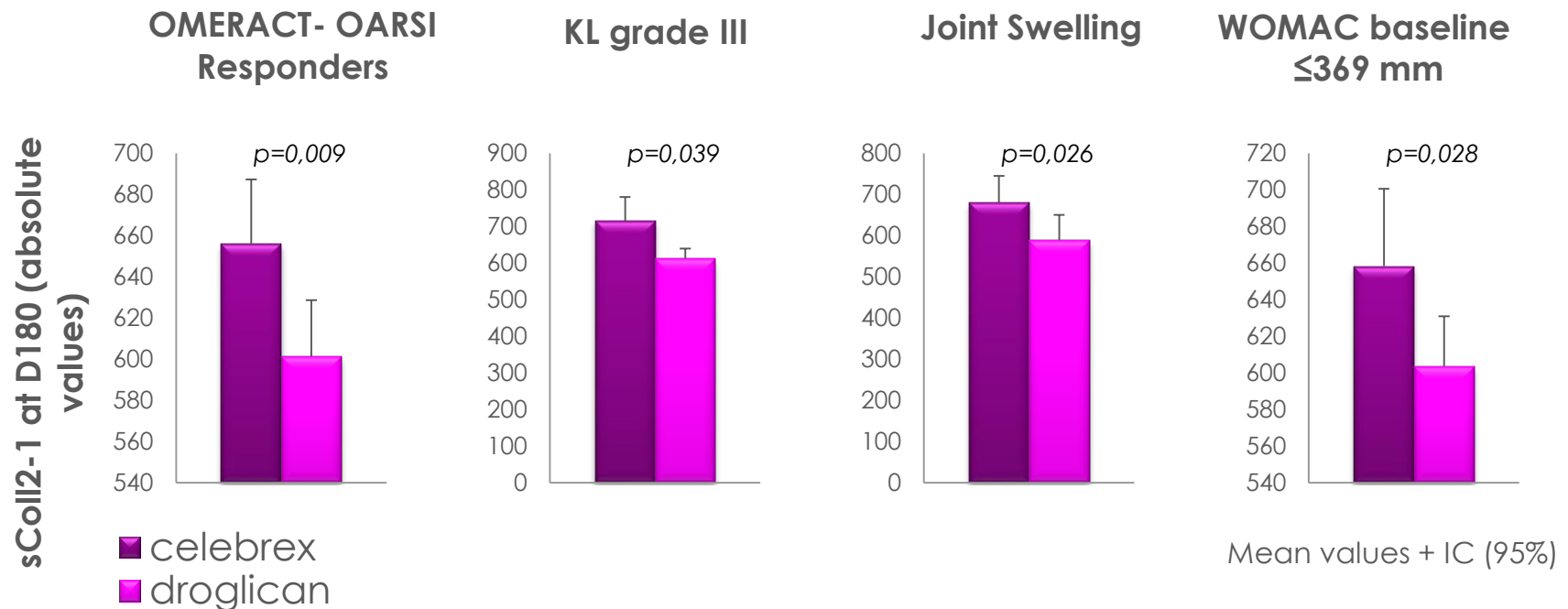
	n	AGE	SEX	Weight (Kg)	Height (cm)	BMI (kg/m ²)
celebrex	202	64 (9)	165/37 (82%)	78 (14)	162 (18)	30 (6)
droglican	214	62 (9)	187/27 (87%)	81 (16)	161 (18)	31 (7)
PP	416	63 (9)	352/64 (85%)	80 (15)	162 (18)	30 (6)



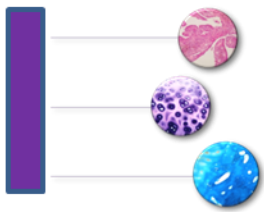
Both drugs decreased sColl2-1
 Only Droglican decreased significantly Coll2-1
 No significant difference between groups

MOVES study

CS + GuHCL (Droglican) vs Celecoxib



P value = droglican vs celebrex



Conclusions

- Soluble biomarkers should be included early in the development of a drug : « **Drug development tool** »

→ Preclinical development and phase 1-4 trials

Why?

→ to assist with selection of lead compound

→ to assess safety, mechanism of action, dose finding and selection, dose response profile, enrichment of a target population, enrichment for progressors, post-marketing safety surveillance

→ To predict treatment response (Companion biomarker - personalized medicine)



Thank you for your attention !

International collaborations:

- F Blanco (La coruna, Spain)
- T Conrozier (CHU Lyon, France)
- V Kraus (Duke University, USA)
- L Punzi (University of Padova, Italy)
- A Mobasher (University of Nottingham, UK)
- J Monfort (Hospital del mare (Spain)
- P Richette (Lariboisiere, France)
- J Runhaar (Erasmus MC, Rotterdam)

