

The central role of the thymus in the programming of immunological self-tolerance to neuroendocrine self: Implications for the pathogenesis of autoimmune diseases

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The moving place of the thymus in the history of medicine

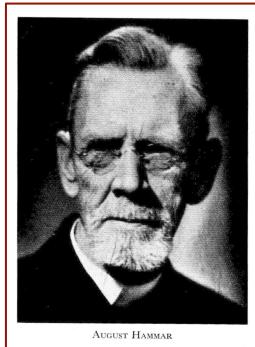


Claude Galen – 2nd father of Western medicine (129 – 210 AD)

Thymos (Θύμος) = physical association between breath and blood (soul, energy and courage).

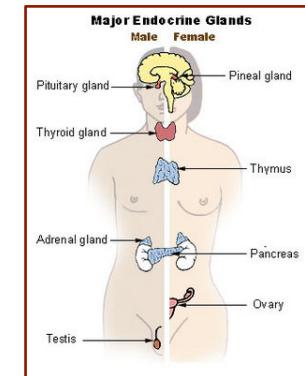
Refers to the spirited part of Plato's three constituents of psyche (with logical and appetitive).

'Troubles thymiques' in French medical language
= mood disorders, i.e. bipolar and unipolar depression.



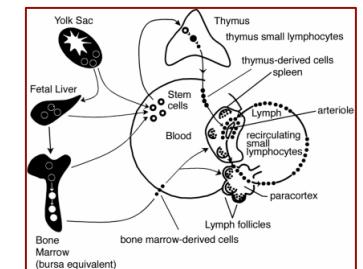
"The new views as to the morphology of the thymus gland and their bearing on the problem of the function of the thymus"

J August Hammar Endocrinology (1921) 5:43-73



Jacques FAP Miller

Role of the thymus in murine leukaemia. *Nature* (1959) 183:1069.
Immunological function of the thymus. *Lancet* (1961) 2:748-9.

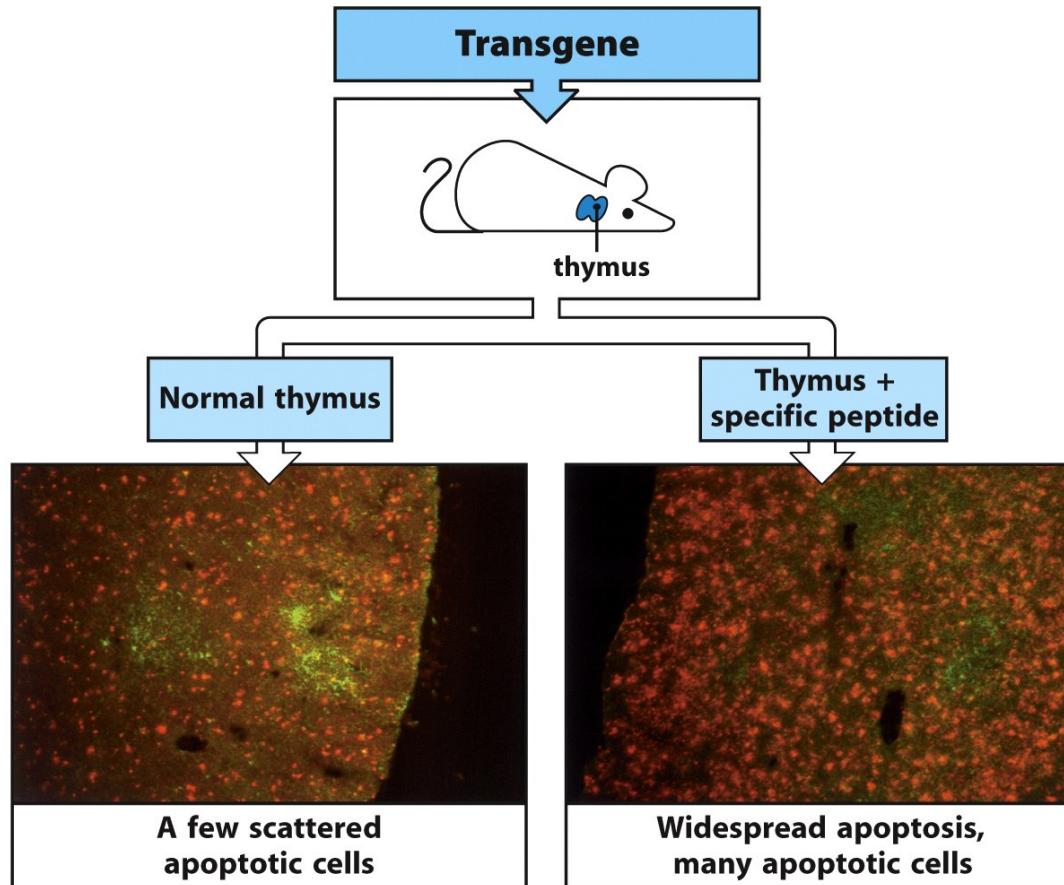


'Central' self-tolerance induction in the thymus

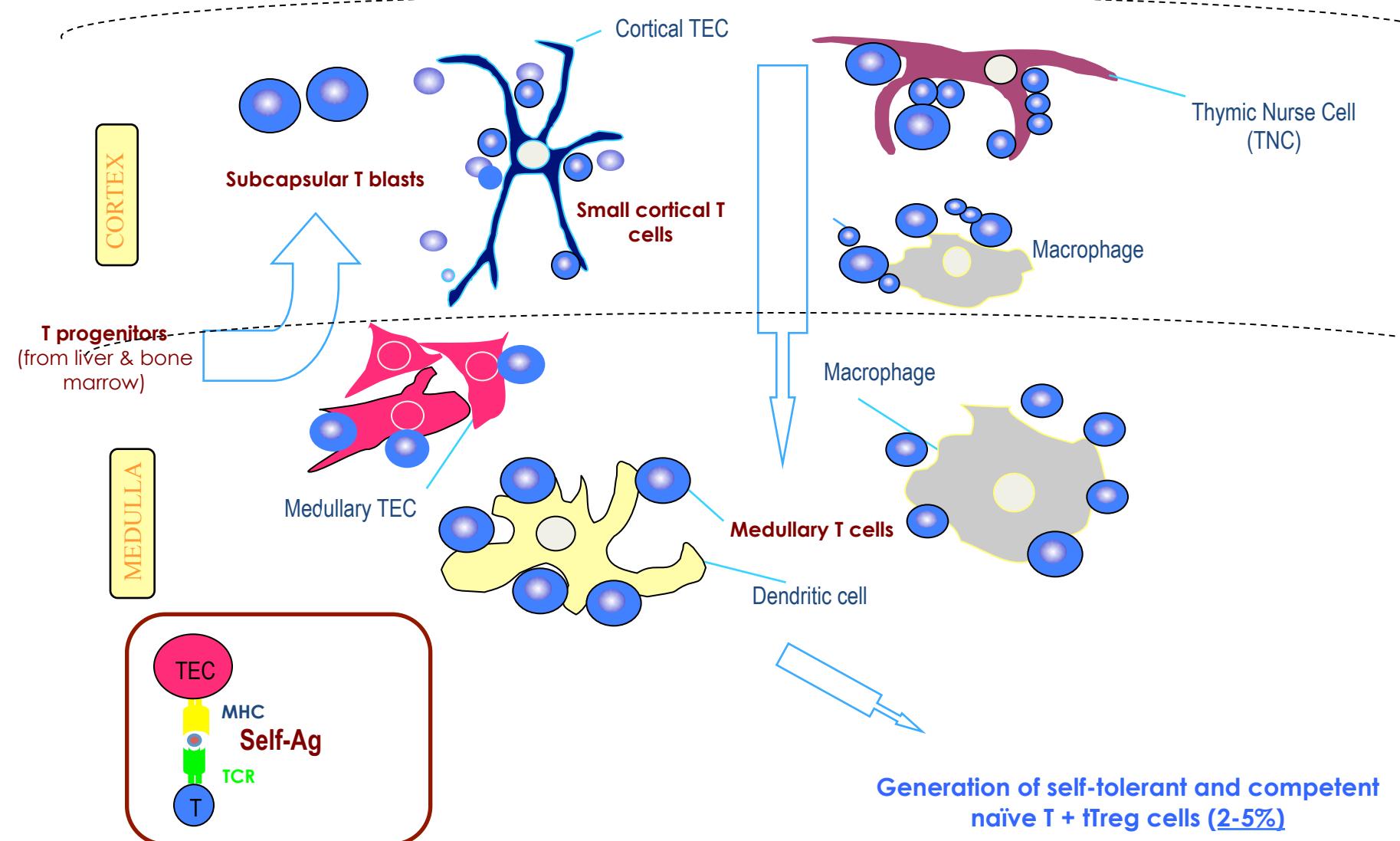
Ohki H, Martin C, Corbel C, Coltey M & Le Douarin NM Science 1987

Kappler JW, Roehm N & Marrack P Cell 1987

Kisielow P, Bluethmann H, Staerz UD, Steinmetz M & von Boehmer H Nature 1988

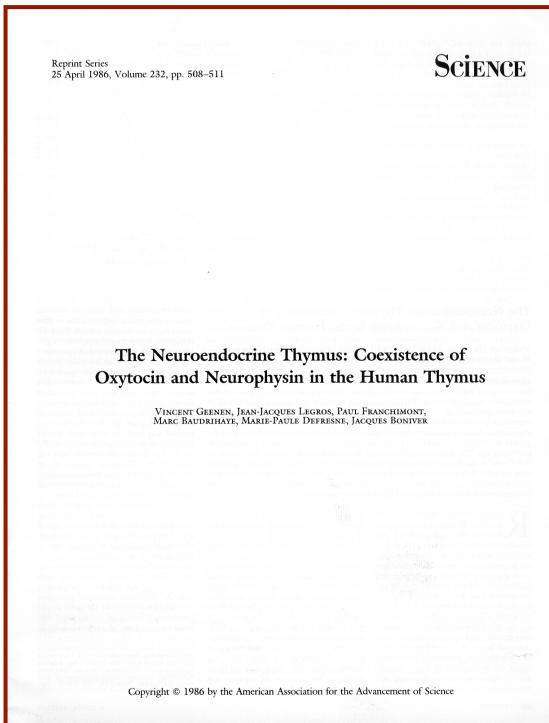


T-cell differentiation in the thymus



1. Negative selection of self-reactive T cells during fetal life
2. Generation of self-specific tTreg cells early after birth

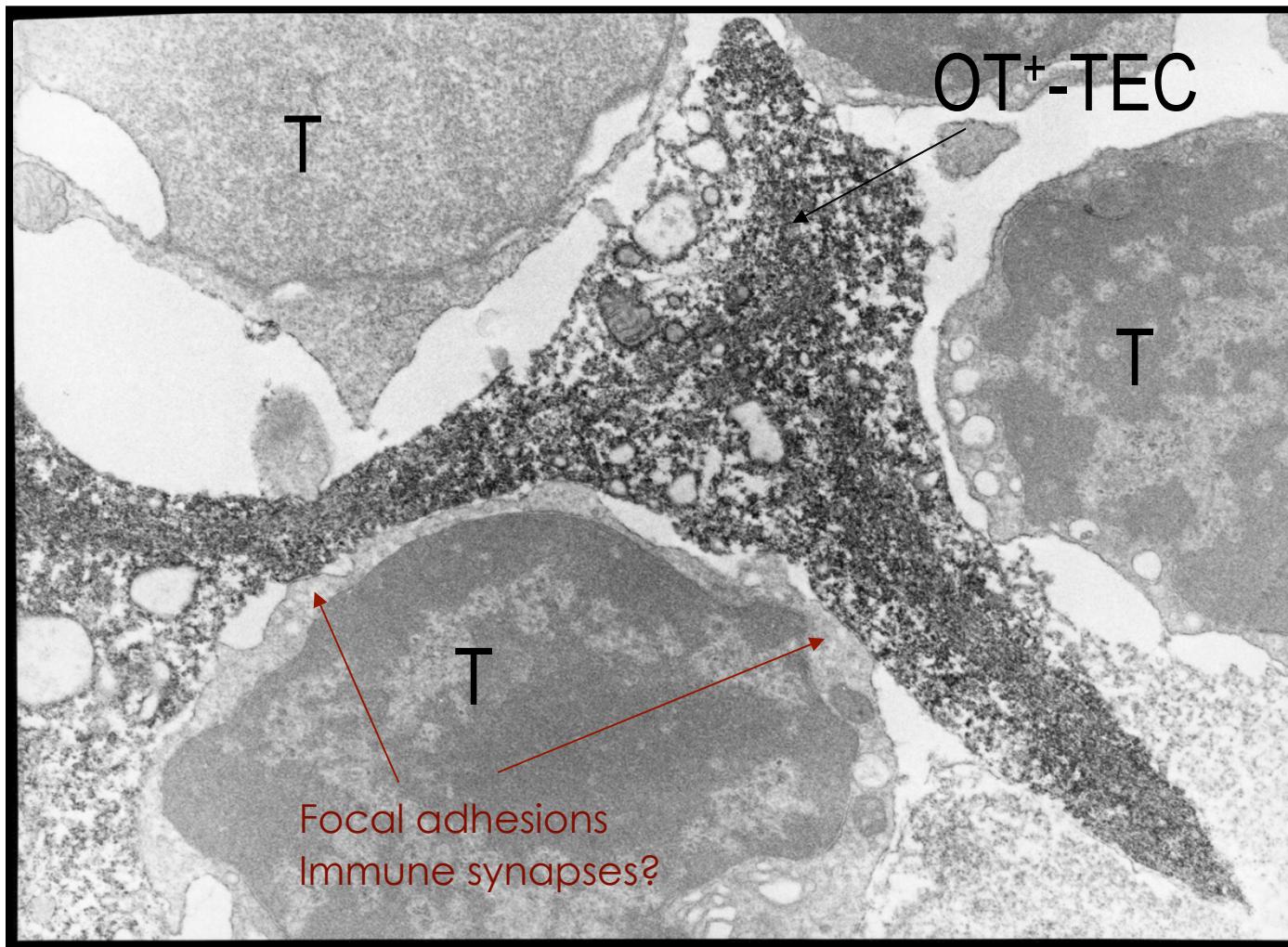
Thymic neuropeptides: Organization of the repertoire



FAMILY	THYMIC NEUROPEPTIDES
<i>Neurohypophysial family</i>	Oxytocin / OT (>> Vasopressin / VP)
<i>Neuromedins</i>	Neurotensin / NT
<i>Tachykinin family</i>	Neurokinin A
<i>Natriuretic peptide family</i>	ANP
<i>Somatostatin family</i>	Cortistatin
<i>Insulin family</i>	IGF-2

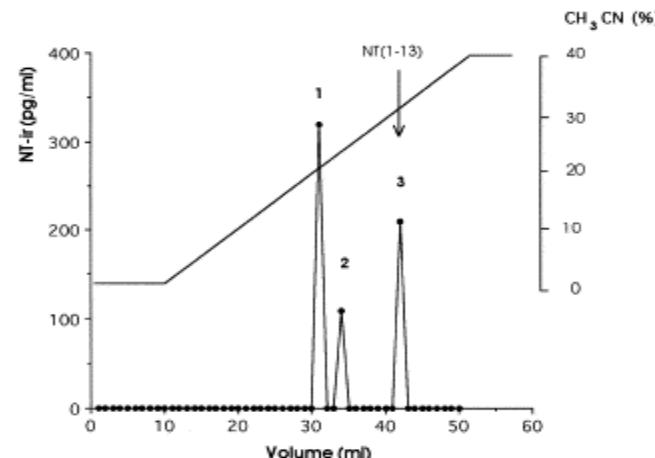
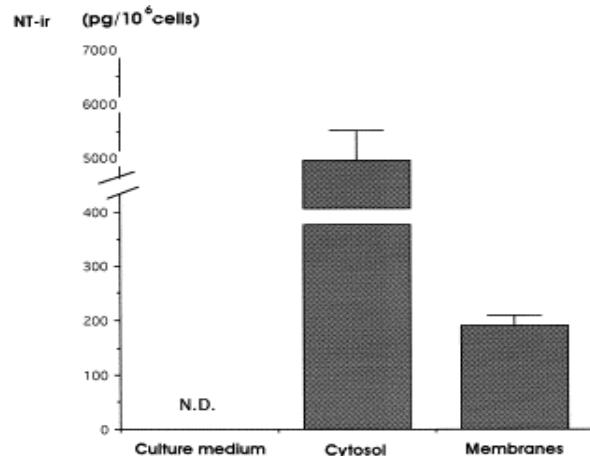
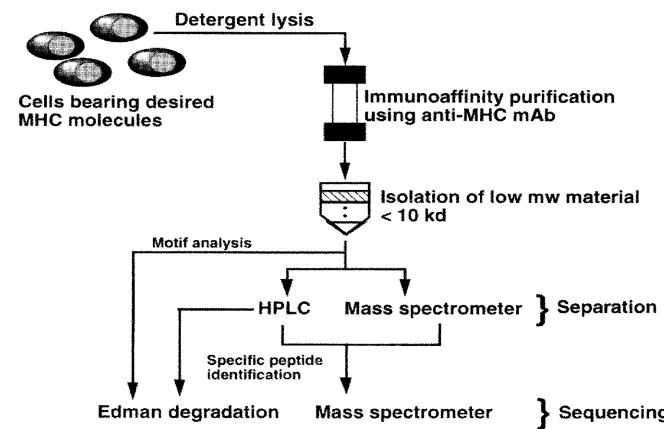
Goxe B, Martens H & Geenen V *Immunol Today* (1996) 17:312-7
Geenen V et al. *Encyclopedia of Neuroscience 3rd Edition* (2003)

OT cryptocrine secretion in human TEC



MHC-I presentation of neuropeptides by human TEC

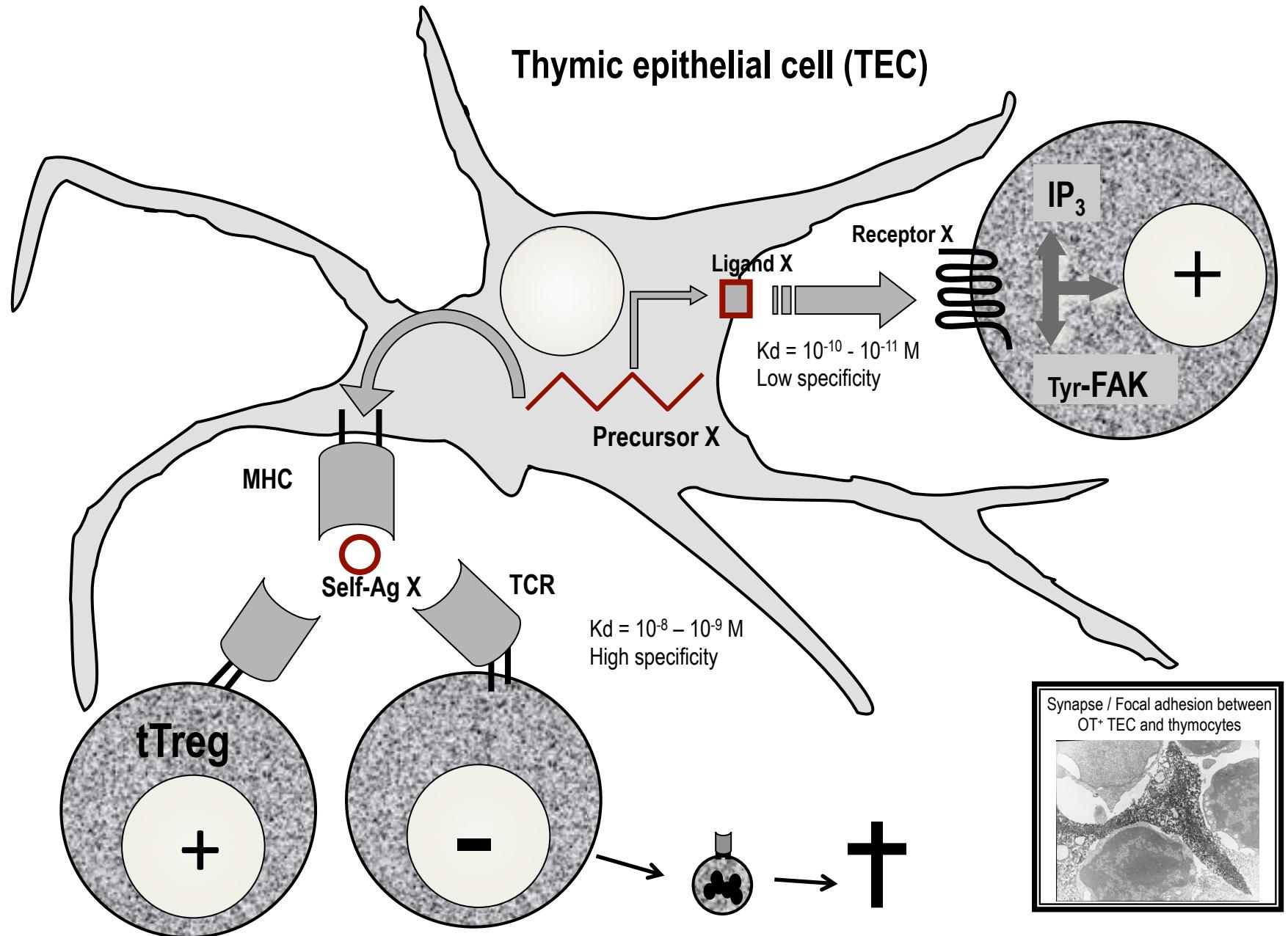
Neurotensin (NT) = Glu - Leu - Tyr - Glu - Asn - Lys - Pro - Arg - Arg - Pro - Tyr - Ile - Leu
= ELYENKPRR**PYIL**



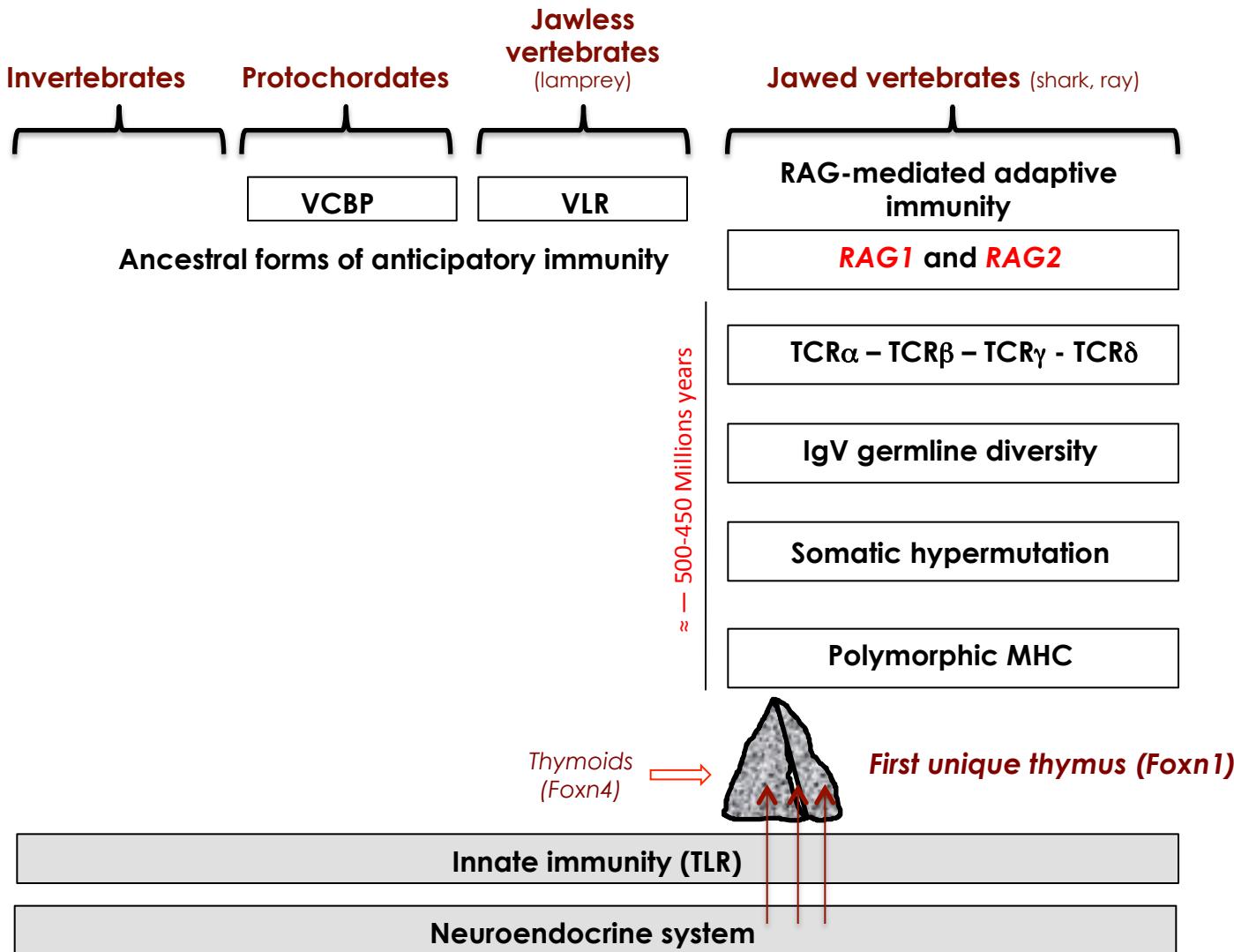
A paradigm shift: from thymic neuropeptides to 'neuroendocrine self-peptides'

- Dominant member of a neuroendocrine gene family expressed in the thymus.
- Highly conserved sequences throughout evolution of a family.
- Intrathymic transcription before expression in orthotopic tissues (*i.e.* OT).
- Importance for species preservation (OT > VP).
- NO SECRETION but processing through MHC pathways for antigen presentation.

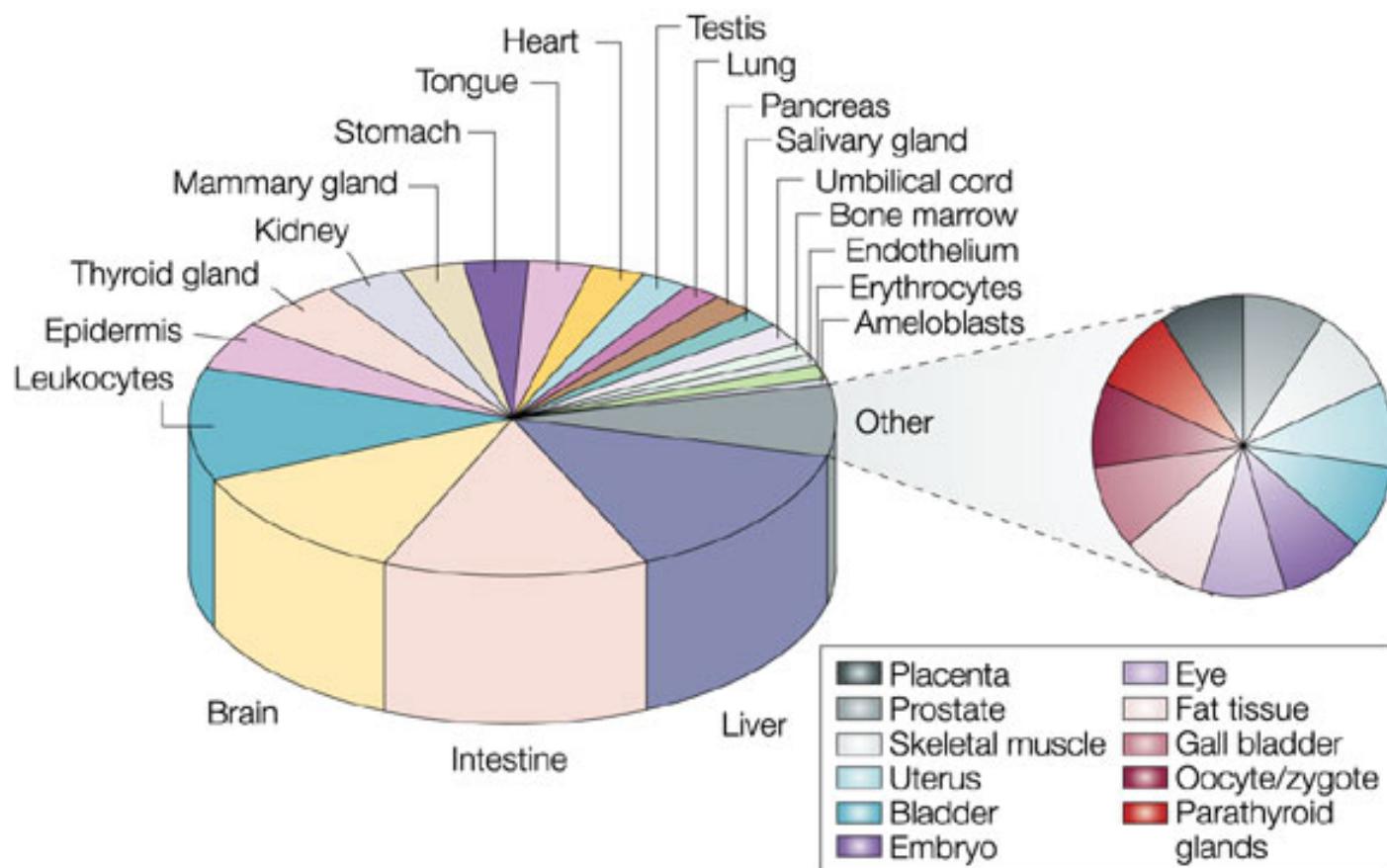
The dual role of neuroendocrine self-antigen precursors



Integrated coevolution of the immune and neuroendocrine systems



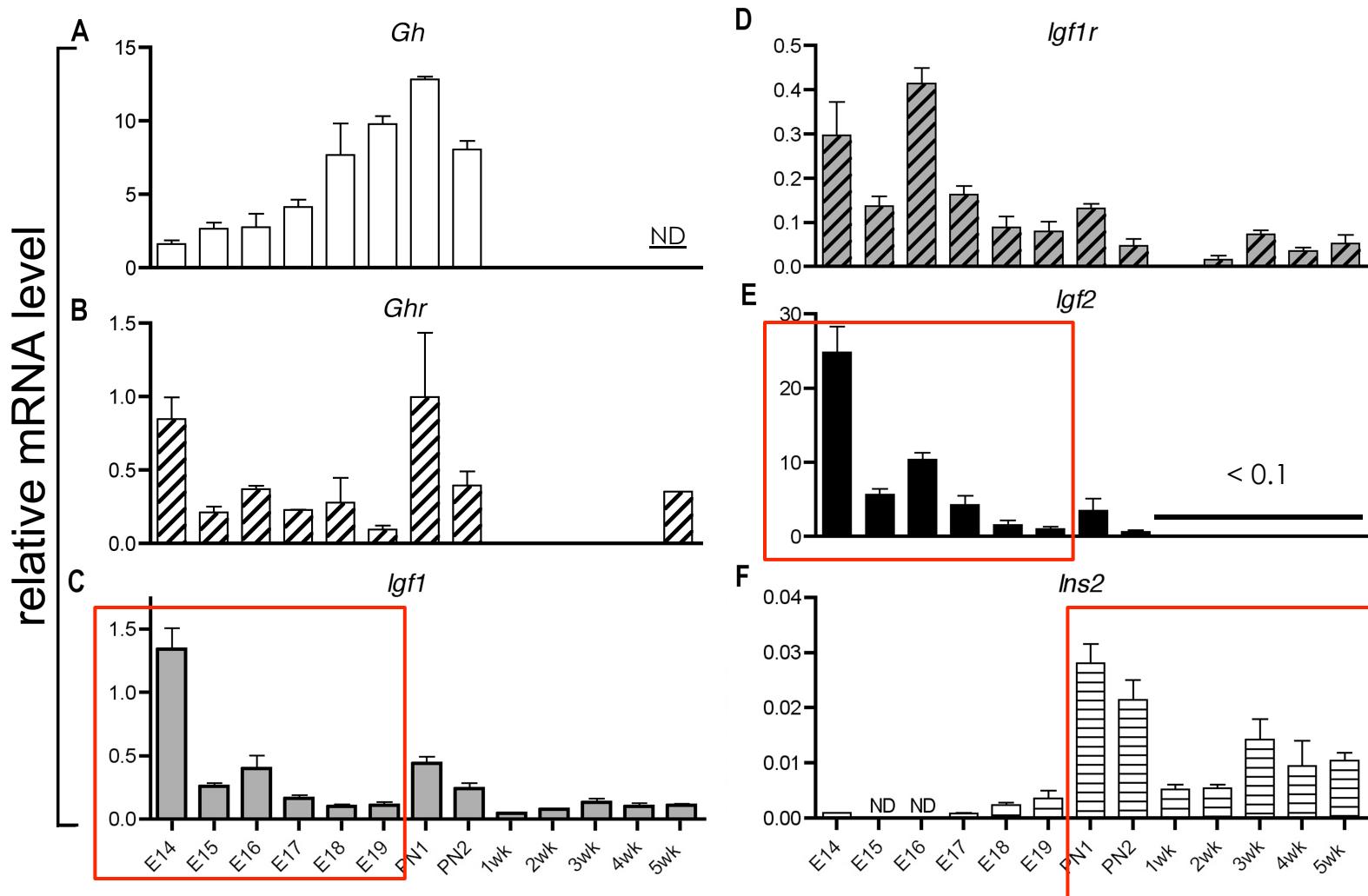
Intrathymic expression of tissue-restricted antigens



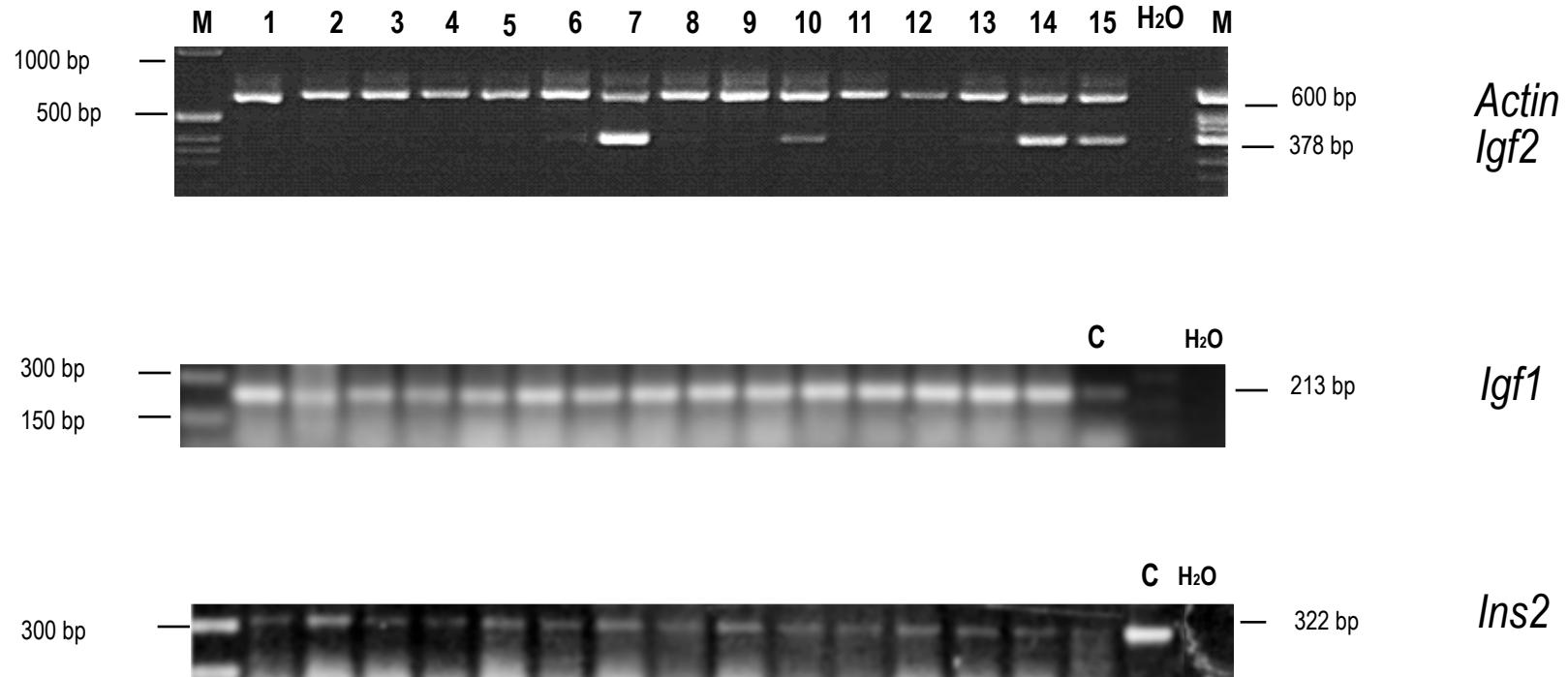
The Origin of Organ/Cell-Specific Autoimmunity:

A Thymus Defect in Programming Self-Tolerance?

Ontogeny of gene expression in Balb/c thymus

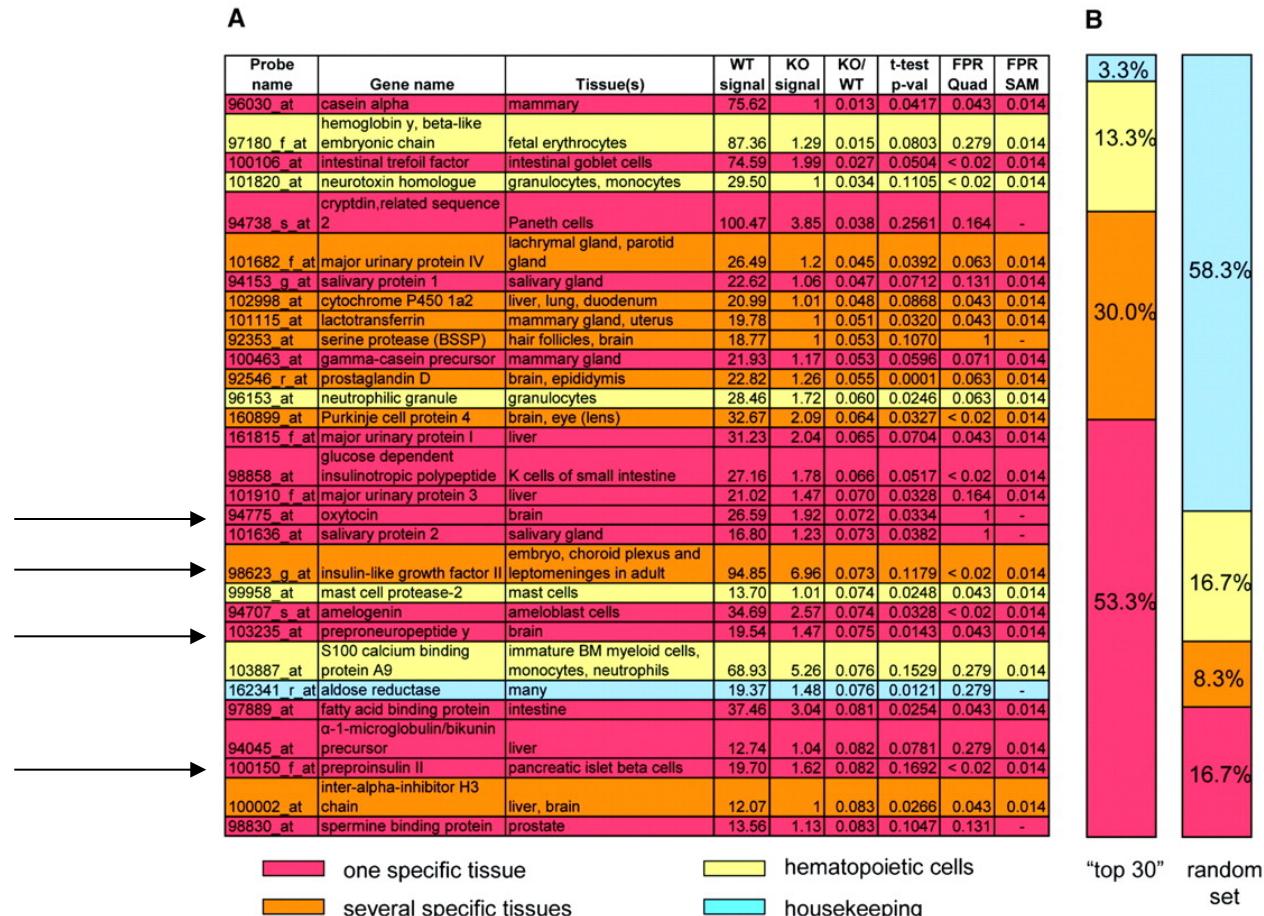


Transcription of *Insulin*-related genes in the thymus of BB rats

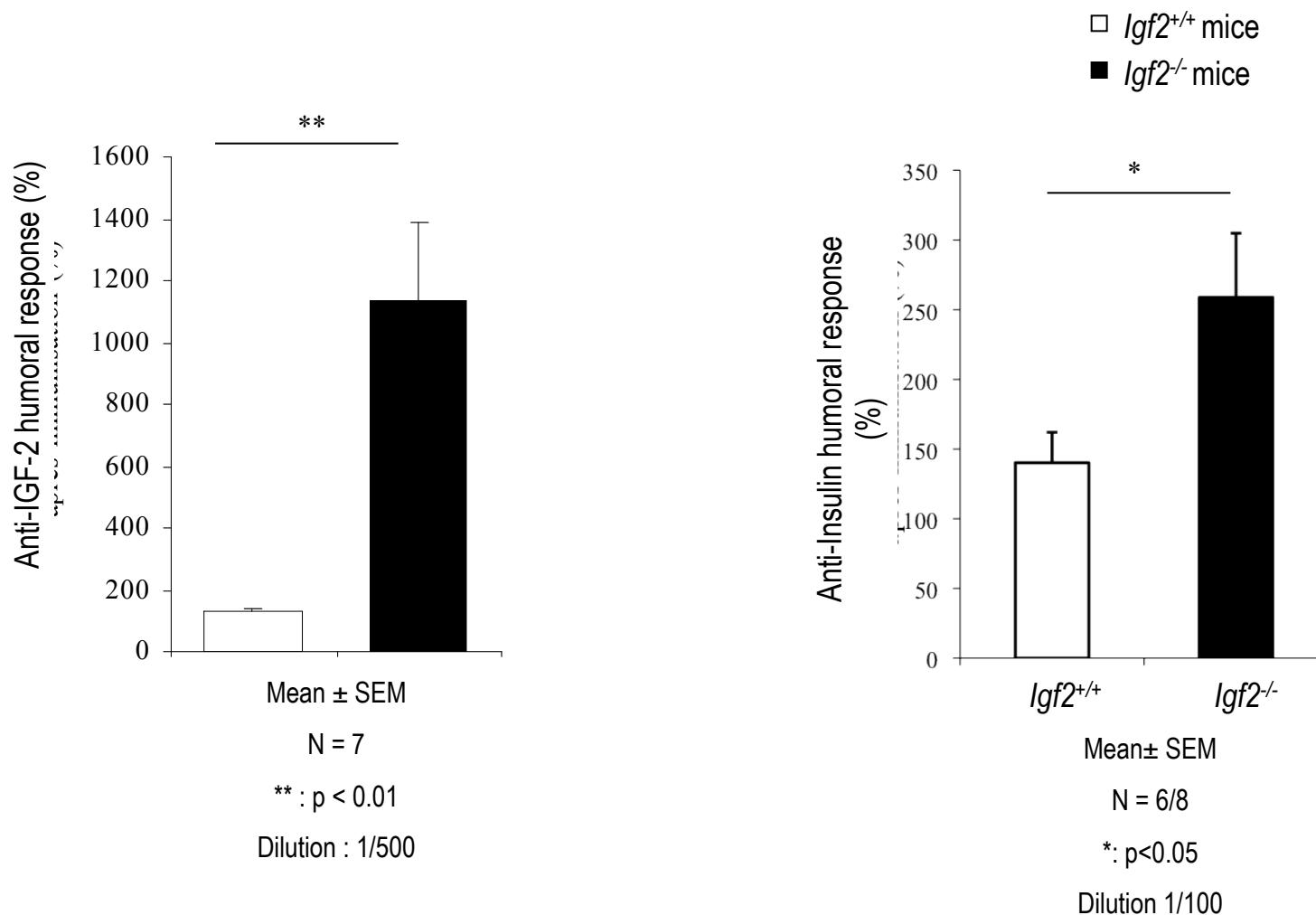


APS-I or APECED syndrome

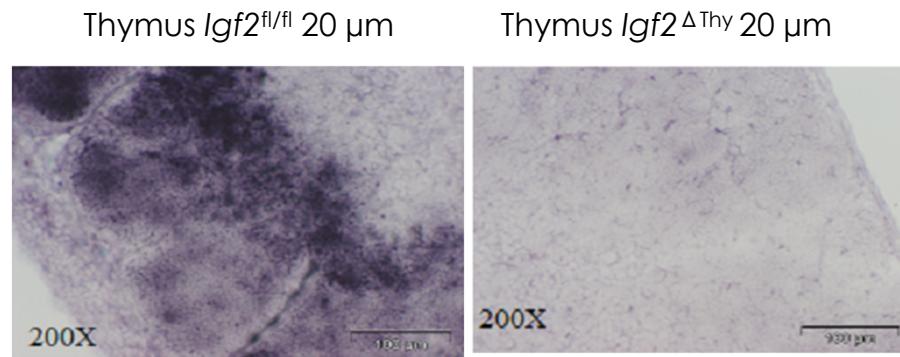
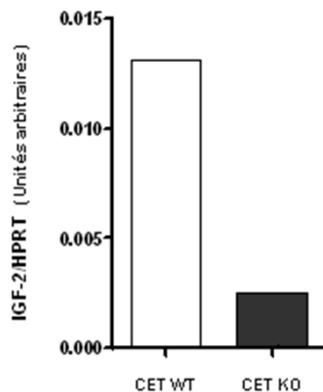
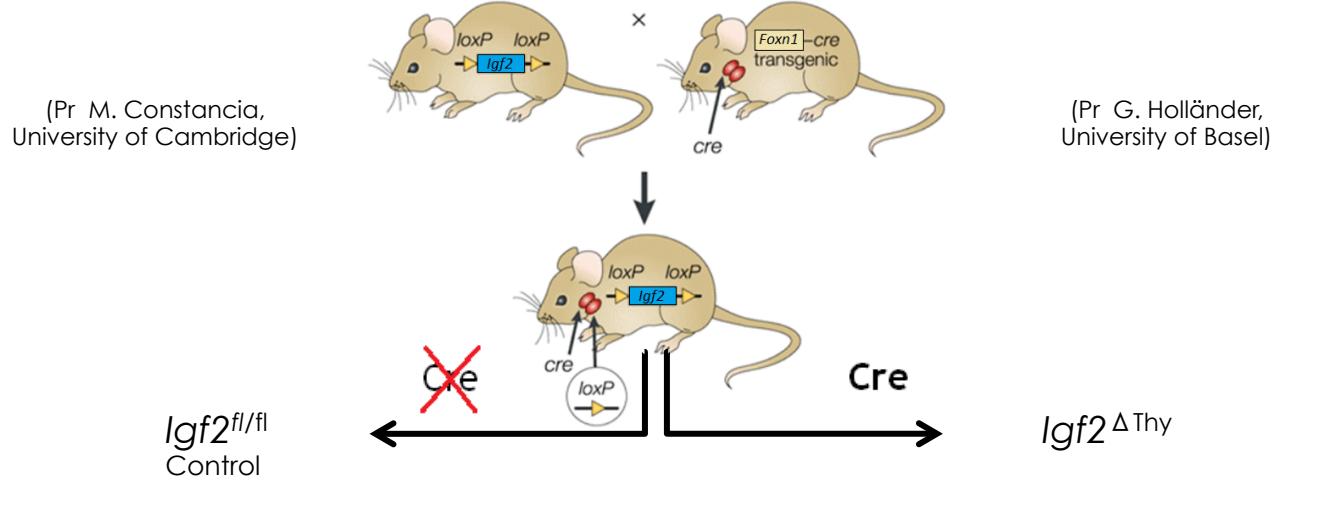
- Very rare monogenic autosomal recessive disease (AI polyendocrinopathy)
- AIRE identified on 21q22.3 (positional cloning)
- 14 exons, transcription factor of 545 aa, > 45 mutations
- Maximal transcription in **thymic epithelium**



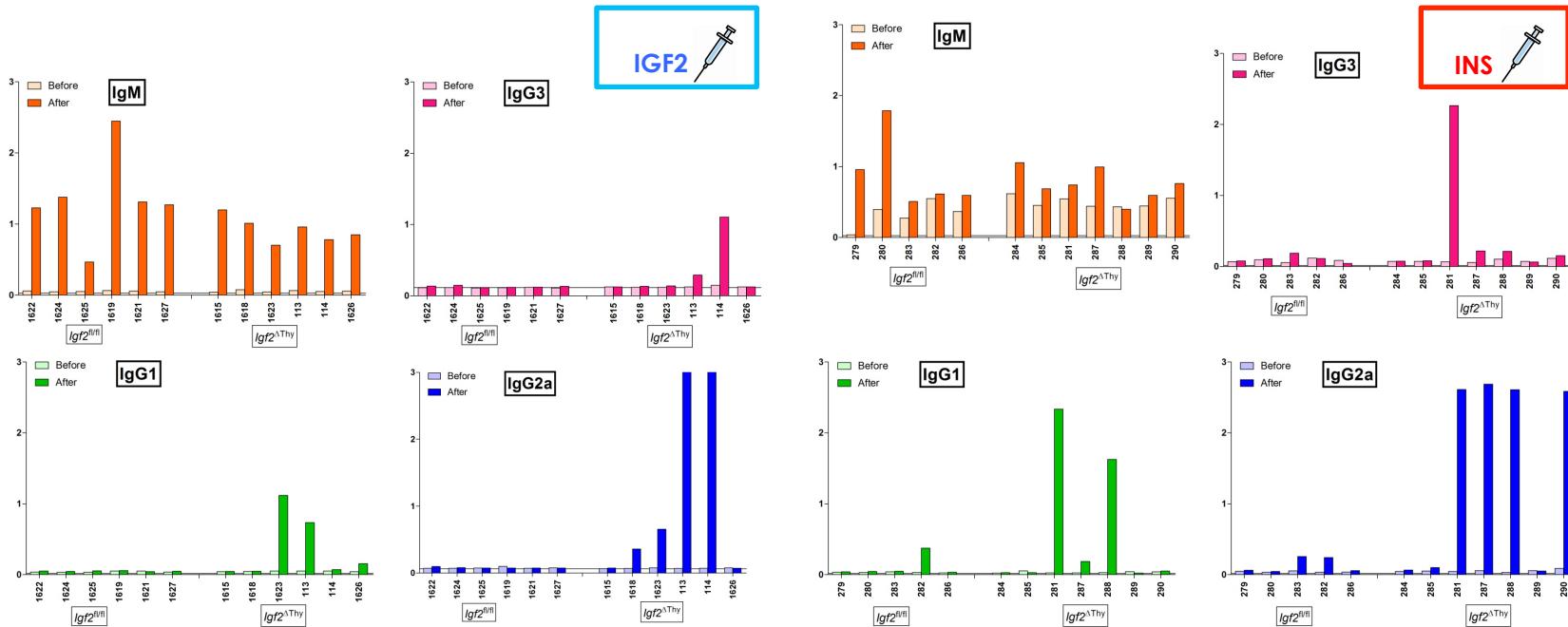
Contribution of *Igf2* expression to immunological tolerance toward INS



Specific deletion of *Igf2* in thymic epithelium – Development of *Igf2*^{ΔThy} mouse



Titres and isotypes of Ig's after immunization with IGF2 or INS

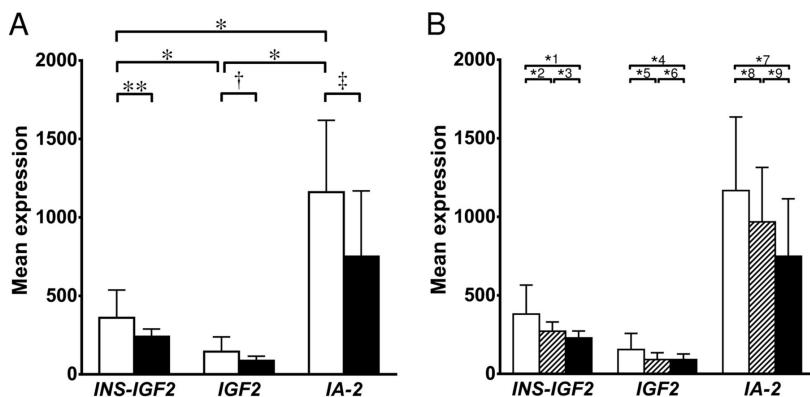
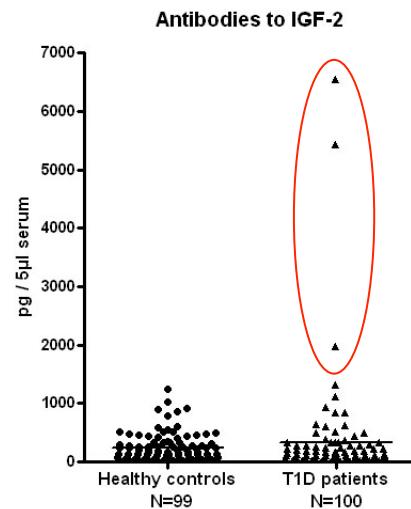


- Despite its ubiquitous expression, *Igf2* deletion in the sole thymus leads to loss of tolerance toward IGF2.
- *Igf2* deletion in the sole thymus also lowers the level of immunological tolerance toward INS (central cross-tolerance between IGF2 and INS).

Humoral response to IGF-2 in T1D patients

Method
Specific and sensitive radio-binding assay using ^{125}I -IGF-2

Quantification
Standard curve of a monoclonal antibody anti- human IGF-2 (CBL82)



A thymus defect in autoimmune neuroendocrine diseases

Thymus physiology

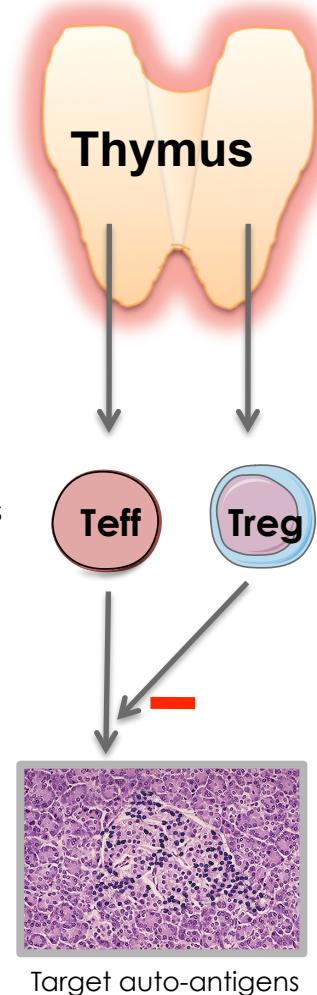
- AIRE-regulated transcription of neuroendocrine self-peptides in thymus epithelium.
- Deletion of T cells with high affinity for MHC/neuroendocrine self-peptide complexes.
- Selection of CD4+ CD25+ Foxp3+ tTreg, specific of neuroendocrine self-peptides.

Thymus physiopathology

- Absence or decrease in expression/presentation of neuroendocrine self-peptides in the thymus (APECED/APS-1, Graves' disease, Down syndrome, BB rat, etc.)
- Enrichment of T-cell repertoire with 'forbidden' self-reactive effector T cells (Teff).
- Decrease in selection of tTreg with specificity to neuroendocrine self-peptides.

Bridge between self-reactive Teff and target auto-antigens

- Role of environmental factors (**viruses**, diet, vitamin D deficiency, stress...)



The Role of Environment in T1D Pathogenesis

Coxsackievirus CVB4, thymus and T1D pathogenesis

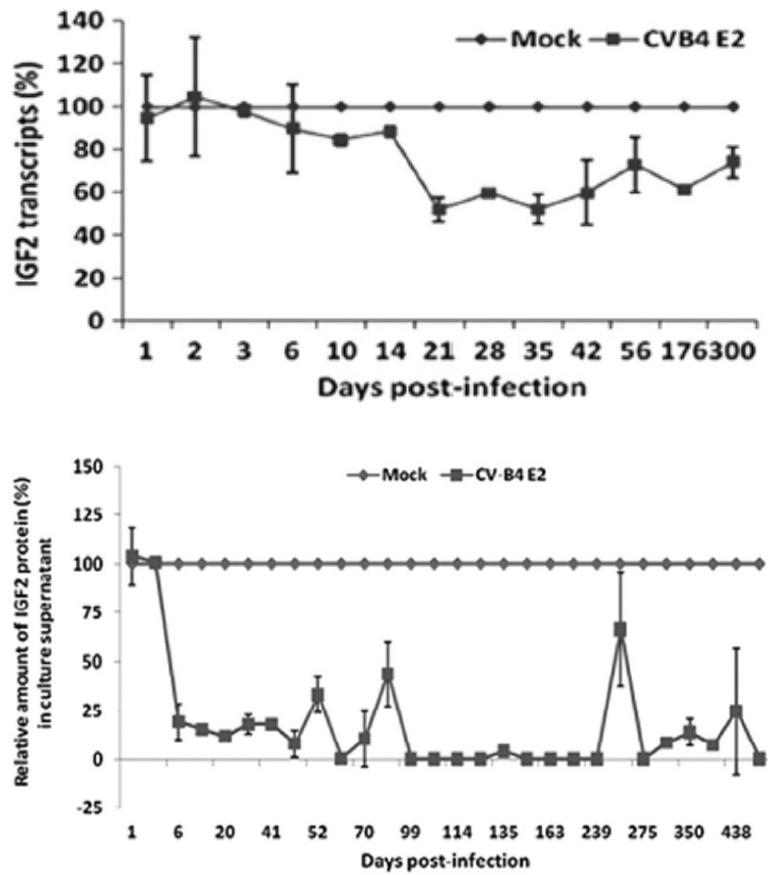


Background

- Coxsackievirus B4 infection of murine fetal thymus organ cultures.
F. Brilot *et al.* *J Med Virol* (1998) 80:659-666.
- Persistent infection of human thymic epithelial cells by Coxsackievirus B4.
F. Brilot *et al.* *J Virol* (2002) 76:5260-5265.
- Coxsackievirus B4 infection of human fetal thymus cells.
F. Brilot, V. Geenen, D. Hober & C. Stoddart, *J Virol* (2004) 78:9854-9861.
- Prolonged viral RNA detection in blood and lymphoid tissues from Coxsackievirus B4 orally-inoculated Swiss mice.
H. Jaïdane *et al.* *Microbiol Immunol* (2006) 50:971-974.

Question: Does thymus infection by CVB4 interfere with programming of central self-tolerance toward insulin family?

Igf2 transcription and IGF-2 synthesis in a murine mTEC line



Conclusions

- The presentation of **neuroendocrine self-peptides** in the thymus ensured an integrated and harmonious evolution between the neuroendocrine and adaptive immune systems.
- A thymus dysfunction in programming central self-tolerance plays a primary role in the development of a specific autoimmune response directed against neuroendocrine organ/cell-restricted antigens.
- Resulting from this thymus defect, repertoire enrichment with self-reactive T cells and depletion of self-specific tTreg cells is a condition necessary but not sufficient for appearance of autoimmune endocrine diseases.

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