

Depression severity, engagement in activities and psychological processes

Assessment of a conceptual model: Preliminary results

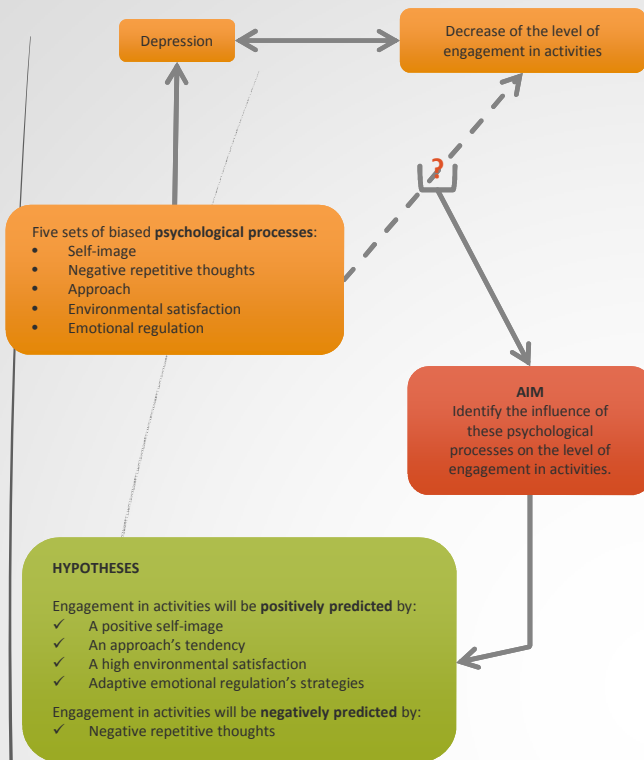
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BACKGROUND

METHOD



Sample.

Table 1. Sociodemographic data.

	Sample (N = 150)
Sex (♀/♂)	105/45
Age	37 (SD = 15)
Education level	Low level: 3 % Legal level: 30 % High level: 64 % Missing data: 3 %

Experimental design.

Participants fulfilled once an online survey.

Assessment.

Depression severity

- Beck Depression Inventory (II) & Center for Epidemiological Studies of Depression

Anxiety

- STAI-B & Penn State Worry Questionnaire

Engagement in activities

- Behavioural Activation for Depression scale – Short form
- Frequency factor of the Pleasant Event Schedule

Self-image

- Rosenberg Self-Esteem Scale
- General Self-Efficacy Scale
- Self-Concept Clarity Scale

Negative repetitive thoughts

- Ruminative Response Scale
- Uncertainty Intolerance Scale
- Why Worry Questionnaire (II)

Approach

- Behavioural Inhibition System/Behavioural Activation System Scale
- Global Motivation Scale

Environmental satisfaction

- Environmental Reward Observation Scale
- Probability Reward Index
- Pleasure factor of the Pleasant Event Schedule

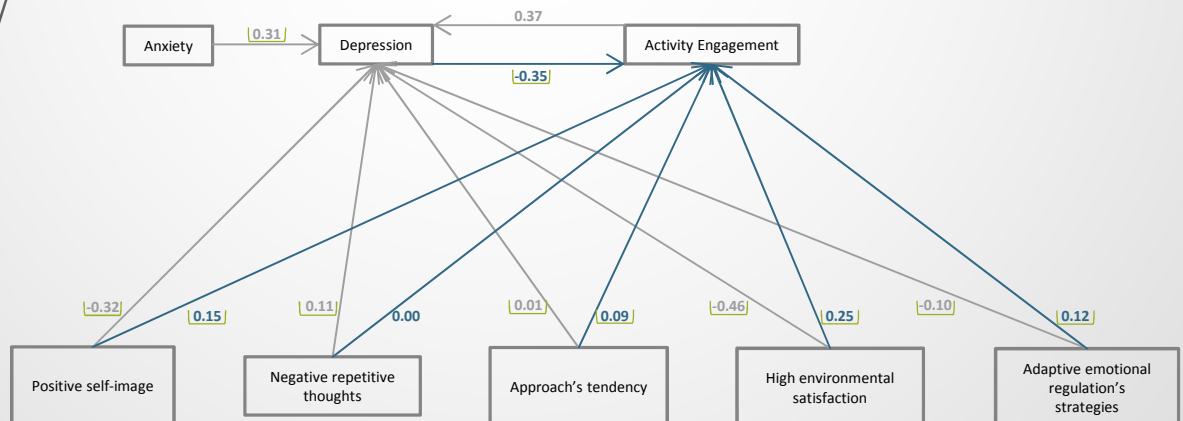
Emotional regulation

- Cognitive Emotion Regulation Questionnaire
- Five Facets Mindfulness Questionnaire
- Acceptance and Action Questionnaire (II)

Statistical analyses

Factorial scores have been computed for each variable. Path analyses have been conducted.

RESULTS



DISCUSSION

- About depression: → Results confirm previous findings
- About engagement in activities: → Results are in line with our hypotheses excepted that
 - Negative repetitive thoughts don't negatively predict the engagement in activities
 - Engagement in activities positively predicts depression

Analyses on this sample will be computed in order to determine which psychological processes are mediators of the link between depression and engagement in activities. Further analyses will be conducted in order to build clusters of depression's profile.

- Limitation: Women >>> Men

This poster's bibliography is available on demand by email.

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