Breast cancer is the leading cause of death by cancer among women and there is an urgent need to improve its diagnosis and prognosis. MicroRNAs (miRNAs) are non-coding RNAs that regulate gene expression and many have been implicated in breast cancer. In this article, we focus on circulating miRNAs as biomarkers for breast cancers and we describe the deregulation of their expression during neoadjuvant chemotherapy (NAC).

1. Circulating miRNAs signature as diagnostic marker in breast cancer patients

The expression of 188 plasma miRNAs was determined in 101 patients with primary or metastatic breast cancer and 20 healthy women. We found 116 miRNAs modified in both primary and metastatic breast cancer patients compared to controls.

A diagnostic model, based on 8 miRNAs (Fig. 1) measured in 71 breast cancer patients and 14 healthy women, was designed. The validity of this classification model has then been confirmed on an independent cohort of 30 patients and 6 controls.

Receiver operating characteristic (ROC) curve derived from the 8-miRNAs based diagnostic tool exhibited an area under the curves (AUC) of 0.95 in the validating cohort.

2. Effect of neoadjuvant chemotherapy (NAC) on miRNAs

Circulating miRNAs expression was assessed in plasma and tumor of 25 patients before and after the NAC. 25 plasma miRNAs are significantly modified after NAC (Fig. 2). Tumor suppressor miR-34a is highly upregulated in plasma at the end of NAC (Fig. 3A). This miRNA displays also an increased expression in the tumor tissue after NAC in 7 patients with pathological partial response to NAC (Fig. 3B). This work demonstrates for the first time that NAC induces expression of miR-34a in plasma and tumor tissue that might be involved in the anti-tumor effect of the chemotherapy. Studying the kinetic of miR-34a expression during NAC revealed that its level is especially increased after anthracycline-based chemotherapy (Fig. 3C). Moreover, miR-34a upregulation after anthracycline is correlated with troponin upregulation in NAC treated patients, suggesting a role of this miRNA in anthracycline-mediated cardiotoxicity (Fig. 3D).

Conclusions

1) Accurate biomarkers for minimally invasive diagnosis of primary and metastatic breast cancer was identified;

2) NAC induces expression of miR-34a in plasma and tumor tissue, which could be involved in anti-tumor effect and cardiotoxicity of chemotherapy agents.