Standardization of 25-hydroxyvitamin D assays: impact of vitamin-D binding protein concentrations and uremic media on the re-standardization of six different 25(OH) vitamin D immunoassays

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Introduction:
Different reports have shown the lack of standardization of 25-hydroxy vitamin D assays and have warned of the potential clinical consequences of such a problem. Recently, the Vitamin D Standardization Program (VDSP), led by the NIH in collaboration with the CDC and NIST, have issued a series of 40 single patients whose 25D had been determined by a commonly accepted reference method.

In this study, we assimilated the standardization process in six immunoassays and assessed their harmonization effectiveness in a population of healthy individuals, as well as in other patients presenting some differences in their serum matrix.

Materials and Methods:
- Calibrate the LCMS ChromSystem kit against the VDSP Phase 1 samples [Calibrated LCMS].
- Calibrated the Architect, Centaur, Elecsys, IDS-iSYS, Liaison XL and DiaSorin RIA against CDC Chrom with 88 sera samples from apparent healthy subjects [Calibration population].
- Adjusted the immunoassays according to the regression equations.
- Verified the harmonization with samples from 1st trimester (n = 32) and 3rd trimester (n = 36) pregnant women, and haemodialysis (n = 28).

Results:
Vitamin-D-binding protein (DBP) concentrations
- The blue reference line represents the cutoff for Vitamin D deficiency, 30 ng/mL; the red reference line is the equality line (x=y or difference = 0).
- Prior to the adjustment, the PB regression slope (95% Cl.) between immunoassays and calibrated LCMS of the entire samples cohort (n = 184) varied from 0.59 (0.55 to 0.63) to 0.99 (0.92 to 1.05), with RIA being the lowest and IDS-iSYS being the highest. The difference [Mean±SD (ng/mL)] between LCMS and Architect, Centaur, Elecsys, IDS-iSYS, XL and RIA was: -0.7±10.2 (Architect); 0.4±11.3 (Centaur); -0.5±9.1 (Elecsys); 0.1±6.8 (IDS-iSYS); -1.2±10.2 (XL) and 0.3±6.7 (RIA).

Conclusions:
- By calibrating the immunoassays against the same patient samples, the harmonization is achieved for the samples from apparent healthy subjects.
- The calibration process appears not to be effective for samples from 3rd trimester pregnant women and haemodialysis patients.
- The influence of vitamin-D binding protein concentrations and uremic media are more visible in some immunoassays than other.