Refinement of the production of antigen-specific hen egg yolk antibodies (IgY) intended for passive dietary immunization in animals. A review

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Antibodies have become essential tools in recent decades, with a wide range of applications in the laboratory and in human and veterinary medicine. The use of laying hens, instead of mammals, to obtain the necessary antibodies from the eggs is a major advance in terms of animal welfare because it makes blood sampling obsolete. However, the advantages of this technology are numerous, in addition to the animal welfare aspect. With a carefully designed immunization protocol, it is possible to enhance both the hen's immune response and its welfare during the process. This review puts forward recommendations how to do this and discusses recent approaches on improving the technology.
Keywords. Immunoglobulins, passive immunity, adjuvants, vaccines, animal welfare.

Amélioration dans l'obtention d'anticorps du jaune d'œuf (IgY) spécifiques d'un antigène et destinés à l'immunisation passive par voie alimentaire chez l'animal (synthèse bibliographique). Les anticorps sont devenus au fil des années des outils essentiels avec des applications variées tant au laboratoire qu'en médecine humaine ou vétérinaire. L'utilisation de poules pondeuses plutôt que de mammifères pour leur obtention représente déjà en soi une avancée majeure en termes de bien-être animal puisque cette option permettant une collecte des anticorps dans les œufs rend tout simplement obsolète la saignée de l'animal producteur. Les avantages de cette technologie sont cependant multiples et vont bien au-delà de l'aspect de protection de l'animal. En optimisant le protocole d'immunisation, il est possible d'améliorer à la fois la réponse immunitaire de la poule et son bien-être en période de production. Cette synthèse bibliographique propose des recommandations à cette fin. Les approches les plus récentes pour améliorer la technologie sont également discutées.
Mots-clés. Immunoglobuline, immunité passive, adjuvant, vaccin, bien-être animal.

1. INTRODUCTION

Hens' eggs have long been known as an excellent source of nutrients for humans. They are also an important source of antibodies, the most abundant being immunoglobulin (Ig) Y. This characteristic has attracted increasing interest in recent decades (Yegani et al., 2010). The natural transfer of antibodies that occurs from hen to chick *via* the egg yolk can be exploited to produce antibodies specific to a given pathogen, simply by immunizing the laying hens with an antigen from this targeted pathogen (Kovacs-Nolan et al., 2012). Feeding these specific antibodies to other animals is therefore an extension of the passive maternal protection. Although it has had a reputation

for being a source of human foodborne infections, such as salmonellosis and campylobacteriosis, the hen could thus become a serious ally in fighting these pathogens and others, thanks to its ability to produce massive amounts of antibodies specific to targeted bacteria. These antibodies could help address the worldwide emergence of drug-resistant microorganisms and the resultant reduction in antibiotic use in the livestock industry. They also offer a solution to the inability to treat or prevent some diseases with conventional vaccines in some production sectors, such as in industrial broiler chickens whose lifespan is limited (about 42 days) (Namata et al., 2009). Apart from the control of pathogens, hen egg yolk antibodies could also be used to modulate normal gut microflora, as

described in recent ruminant studies in order to control ruminal fermentations (Marino et al., 2011).

Currently, these antibodies remain underused in both veterinary and human medicine. This review focuses on the development of hen egg yolk antibodies for the therapy and prophylaxis of animal diseases. After describing passive immunization and its potential, the paper puts forward recommendations on producing antigen-specific IgY in laying hens. It then explores recent progress in optimizing this technology, with particular emphasis on animal welfare. Other aspects, such as the mode of action of IgY, its molecular properties and its application in human and veterinary medicine, have been described elsewhere (Chalghoumi et al., 2009; Xu et al., 2011; Kovacs-Nolan et al., 2012).

2. THE PASSIVE IMMUNIZATION CONCEPT

Passive immunization involves transferring preformed antibodies from one individual to another, unlike active immunization where an animal has to produce its own antibodies. The best-known form of passive immunization is the transfer of maternal antibodies from a mother to her descendants. In mammals, it occurs through colostrum ingestion and/or placental transfer; in birds, all the antibodies needed to protect the offspring are transmitted *via* the egg (Brambell, 1970).

Three immunoglobulin classes are deposited into the egg: IgA, IgM, and IgY. Maternal IgA and IgM are present at low concentrations (0.7 and 0.15 mg·ml^{-1}, respectively), predominantly in the egg white, whereas IgY, which is by far the most abundant egg Ig, is present in the egg yolk at concentrations up to 25 mg·ml^{-1} (Rose et al., 1974).

As the adaptive immune system develops during the first 2 weeks post-hatch, early humoral protection in the chick depends heavily upon this maternal transfer (Smith et al., 2008). The given protection is efficient, but it is short-term and is limited to infections present in the hen's environment at the time of lay (Smith et al., 2008). Nevertheless, it is possible to take advantage of this natural transfer of antibodies from hen to chick. The concentration of IgY deposited in the egg is closely linked to that in the maternal serum (Hamal et al., 2006). Therefore, by immunizing laying hens with a specific target antigen, we can manage their immune system and the composition of the pool of antibodies, first in the serum, then in the eggs. The specific antibodies obtained can then be exploited to immunize other individuals *via* a feed additive (Xu et al., 2011). Commercial vaccines have also been developed (*e.g.*, CoxAbic® against coccidiosis), based on the maternal transfer of immunity (Sharman et al., 2010).

3. ADVANTAGES OF IGY TECHNOLOGY

The growing interest in IgY technology stems from the numerous advantages it offers compared with using its mammalian equivalent, IgG.

The primary advantage of obtaining Ig *via* laying hens instead of mammals is improved animal welfare. This is in complete accordance with the principle of the 3 R's – reduction, refinement and replacement – as defined by Russel et al. (1959) and this method has therefore been strongly recommended for some time by the European Centre for the Validation of Alternative Methods (Schade et al., 1996). It is a refinement of the antibody production protocol because it does not involve bleeding the antibody producer animals, unlike the mammals models. The long-lasting titers obtained from laying hens also reduce the need for frequent booster injections (Schade et al., 2005). Another advantage is that laying hens are able to produce Ig in higher amounts (*e.g.*, 5-6 times more than a rabbit; Narat, 2003), which drastically reduces the number of animals needed to obtain the antibodies.

This high yield is also associated with an obvious advantage from an economic point of view, the more so because the cost of feeding and housing laying hens tends to be lower than for mammals. The numerous IgY extraction processes described in the literature (De Meulenaer et al., 2001) are usually both efficient and cheap. The hyper-immune yolk can also be used just as it is, as discussed later. The exploitation of antibodies obtained from the egg is therefore less labor-intensive and more cost-effective than traditional Ig production using mammals.

Oral immunotherapy through the use of IgY is also attractive because of its high specificity compared with other alternatives to antibiotics, such as organic and inorganic acids, oligosaccharides, probiotics and herbal extracts. Nevertheless, even at the risk of developing tools that are too specific, as noted by Sirsat et al. (2009), we consider that this risk is minimal in the case of polyclonal egg yolk antibodies. When Chalghoumi et al. (2008) developed IgY specific to two *Salmonella* serovars, they demonstrated a high level of cross-reactivity of IgY developed against a particular serovar with antigens of the other one, and *vice versa*. Thus, using vaccine antigens shared among several serovars addresses the risk of the developed IgY being too highly specific. In addition, the fact that Chalghoumi et al. (2008) were able to raise IgY against two *Salmonella* serovars in a single egg yolk indicates that it could soon be possible to develop real "cocktail eggs" targeting a diverse set of organisms. Finally, the use of IgY does not lead to undesirable side effects, disease resistance or toxic residues (Xu et al., 2011), unlike other drug strategies (*e.g.*, antibiotics).

4. STANDARD PROTOCOLS FOR IGY PRODUCTION

The standard protocol for producing antigen-specific IgY intended for passive dietary immunization in animals is illustrated in **figure 1**.

Hens are usually exposed to the targeted antigen through an injection. This triggers a humoral immune response that manifests itself initially by the production of specific IgY in the blood serum of the immunized hen, followed by its export in the yolk of laid eggs. Once the immune response has been induced, the transovarial passage of IgY takes about 6-7 days (Bollen et al., 1997). The composition of the pool of IgY in the yolk is clearly related to that in the hens' circulating blood (Hamal et al., 2006). Nevertheless, discrepant results have been published on yolk IgY and serum IgY levels, some authors reporting yolk titers higher than serum titers, and *vice versa* (Woolley et al., 1995; Malik et al., 2006). These inconsistent data could be explained, at least partly, by the biological oscillations in egg IgY concentrations (Pauly et al., 2009). It has also been shown that 10-15% of immunized hens might be low responders to certain antigens (Schade et al., 1996).

Basically, obtaining specific IgY involves injecting an antigen-adjuvant combination at certain intervals. Numerous protocols, using different antigens, adjuvants, injection routes and intervals between injections, have been described over the years. All these factors are critical because they influence both the outcome of the immunization procedure (amount and specificity of the obtained IgY) and the welfare of the hens. This section, however, provides general advice about IgY production (**Table 1**), rather than an exhaustive description of all the variations that can be used.

4.1. Antigen

The first step in specific IgY production is to choose the target antigen. This can be a single antigen (protein, peptides or polysaccharides) or a complex multi-antigen (bacteria, mold, viruses or parts of these). The molecules exhibiting the best immunogenicity are proteins (Schwarzkopf et al., 2001). In the case of small antigens with a molecular weight below 12,000 da (known as "haptens"), conjugation to a carrier protein (*e.g.*, bovine gamma globulin) is often required (Cook et al., 2010). Carbohydrates and nucleic acids could also be coupled advantageously with carriers because of their reduced immunogenicity (Schwarzkopf et al., 2001). Apart from the intrinsic immunogenicity of the target antigen, its quality and quantity should also be taken into account. The purity of the antigen is a crucial parameter because impurities could lead to IgY with more activity against the impurities themselves than against the antigen of interest (Leenaars et al., 2005). In addition, contaminations of the antigen with microbes, endotoxins or chemical residues from the inactivation/extraction process could have a negative effect on animal welfare as well as on immune response (Leenaars et al., 2005). The antigen dose is also critical because too much or too little antigen can lead to suppression, sensitization, tolerance or other undesirable immunomodulatory effects (Schwarzkopf et al., 2001). The recommended amount of a soluble protein to be administered in a given vaccine dose is usually in the range of 0.01 mg to 1 mg (Schwarzkopf et al., 2001; Cook et al., 2010).

4.2. Adjuvant

The aqueous portion of the vaccine dose is diluted in a physiological saline solution and the antigen solution thus obtained is commonly combined with an adjuvant to ensure effective immune response. The induced response can be more cellular than humoral, or *vice versa*, depending on the chosen adjuvant. In the case of antibody production, the humoral response should be favored. There are dozens of commercially available adjuvants that have been described in reviews (*e.g.* Stills, 2005; Wilson-Welder et al., 2009). Among these multiple adjuvants, Freund's adjuvants (FA) remain the "gold standard" and are widely used for experimental antibody production. Freund's complete adjuvant (FCA) is the most effective in terms of productivity; it has not been surpassed by any adjuvant (Stills, 2005). FCA has been associated, however, with a variety of undesirable side effects, particularly in mammals. These findings have led to
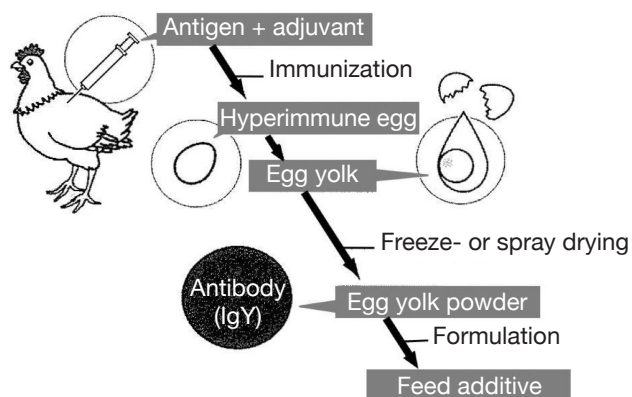

Figure 1. Standard protocol for the production, in laying hens, of antigen-specific IgY intended for passive dietary immunization in animals (adapted from Kim et al., 2000) — *Protocole standard relatif à la production, chez la poule pondeuse, d'IgY spécifiques d'un antigène et destiné à l'immunisation passive par voie alimentaire chez l'animal (adapté de Kim et al., 2000).*

Table 1. Recommendations on laying hen immunization for IgY production purposes with regard to animal welfare — *Recommandations pour l'immunisation de la poule pondeuse en vue de produire des IgY en respectant le bien-être animal*.

Factor	Recommendations	References
Animal	Should receive the first immunization at about the start of lay	Leenaars et al., 2005
	Can be used throughout the laying period and beyond it	Pauly et al., 2009
Antigen	Should preferably be a protein because of higher immunogenicity	Schwarzkopf et al., 2001
	Should be of high purity	Leenaars et al., 2005
	Should be coupled to a carrier protein when its molecular weight is below 12,000 da or when immunogenicity is low	Cook et al., 2010
	Should be diluted in a physiological saline solution to obtain a final concentration in the vaccine of between 0.01 and 1 mg	Schwarzkopf et al., 2001; Narat, 2003; Cook et al., 2010
Adjuvant	Should favor a humoral or a humoral/cellular immune response(s) (*e.g.*, FA, PCSL, Specol, and aluminum salts meet this criterion)	Stills, 2005; Wilson-Welder et al., 2009
	Should be used in limited amounts	Leenaars et al., 2005
	If using an oil-based adjuvant, the vaccinal emulsion has to be of very high quality. The 'T'-connector emulsifying protocol allows achieving this at the laboratory scale	Moncada et al., 1993; Leenaars et al., 2005
	If using FA, FCA should be limited to the first immunization and FIA should be used for booster injections	Leenaars et al., 2005
Injection	Vaccine volume should not exceed 1 ml	Leenaars et al., 2005
	Should be performed intramuscularly at a maximum of four sites in the *pectoralis* muscle	Leenaars et al., 2005
	Should be performed every 3-5 weeks (for the first four injections), and then a booster administered when the measured IgY titer appears to decrease	Leenaars et al., 2005
Harvest of hyper-immune eggs	Cannot begin before at least 1 week after the first immunization	Bollen et al., 1997
	Should ideally begin after the second booster	Schade et al., 2005

FA: Freund Adjuvant; PCSL: Pam_3Cys-Ser-$(Lys)_4$-OH; FCA: Freund Complete Adjuvant; FIA: Freund Incomplete Adjuvant.

numerous regulatory guidelines controlling the use of FCA in experimental animals. Nevertheless, it is worth noting that FCA is less problematic in birds (Bollen et al., 1996; Chalghoumi et al., 2008), although this observation has not always been consistent (Olbrich et al., 2002). From our experience, this discrepancy in reports on FCA consequences in birds can be explained by two factors. First, it is possible that the injection route used for laying hens (mainly intramuscular, see 4.3.) might hide the resulting local inflammation, whereas other injection routes (subcutaneous or intradermal) used more frequently in mammals might facilitate the observation of the tissue reaction. The most recent findings in our laboratory (data to be published) corroborate this argument. The second factor is the quality of emulsion. Even in mammals, it seems that FCA is not as damaging as previously reported, at least when a limited volume of high-quality emulsion is injected (Leenaars et al., 2005). At the laboratory level, we advise following the "T"-connector emulsifying

protocol proposed by Moncada et al. (1993), where the final vaccine emulsion is obtained by repeated passages of the adjuvant and antigen mixture through a three-way "T"-connector to which two Luer-lock syringes are attached. To limit the risk of local tissue reaction, the use of FCA is often restricted to the first immunization, whereas Freund's incomplete adjuvant (FIA), which does not contain mycobacteria extracts, is preferred for booster immunization (Chalghoumi et al., 2008). This seems to prevent the adverse side effects while still allowing high IgY levels to be obtained. The use of FIA is sometimes recommended even for the first immunization (Narat, 2003).

4.3. Injection route

The vaccine is usually injected through the intramuscular route, most often in the *pectoralis major* muscle (Schade et al., 2005). The subcutaneous route has also been used (Mayo et al., 2009; Lakeh et al.,

2011), but it is not recommended in terms of welfare considerations (Schade et al., 1996). In addition, the intramuscular route results in levels of specific IgY nearly 10 times higher than in the case of the subcutaneous route (Chang et al., 1999). In terms of animal welfare, it is imperative to limit the quantity injected to that which is sufficient to induce the antibody response, without exceeding the maximal volume of 1 ml and a maximum of four injection sites (Leenaars et al., 2005).

4.4. Immunization schedule

Immunization should be performed when the animals are of egg-laying age (Leenaars et al., 2005). The goal is often to make the peak of lay and the peak of antibody production coincide. This peak is reached at about 28-30 weeks old, and the first injection should therefore take place at about 20 weeks old.

Booster injections are needed in order to take advantage of the memory of the adaptative immune system. The interval between injections ranges from 1 (Cook et al., 2010) to 8 weeks (Pauly et al., 2009), the usual interval being 3-4 weeks. Frequency and interval depend on the immunogenicity of the antigen and on the adjuvant used. The general rule is to administer a booster immunization when the IgY titer reaches a plateau or begins to decrease (Leenaars et al., 2005). Injecting boosters too quickly can lead to a delayed selection of high-affinity B-cells and is therefore less effective (Stills, 2012). Persistent IgY production can be obtained *via* booster injections repeated throughout the laying period and even beyond it, as discussed by Pauly et al. (2009). The harvest of hyper-immune eggs can begin as early as 1 week after the first injection (Bollen et al., 1997), but the IgY titer peak has been reported from 3 weeks after the first immunization (Trott et al., 2008) to 2 weeks after the second booster injection (Schade et al., 2005).

4.5. Extraction and processing of IgY

The extraction of IgY from the egg can be achieved using several methods, resulting in variations in the recovery and purity of the extract. Usually, the yolk is separated from the white, but sometimes the whole egg is used as a feed additive (Gürtler et al., 2004). The antibodies can then be purified, from completely purified IgY to unpurified whole yolk options. The choice of IgY extraction method is influenced mainly by the required purity of antibodies *versus* the cost effectiveness of the method. A number of methods of extracting IgY involving various chemicals have been described (for a review of current protocols, see De Meulenaer et al., 2001). Each method has specific purposes and it is almost impossible to provide a recommendation for each of the many possible applications of IgY. Some general recommendations are provided, however, in **table 2** as a first line of approach. Usually, eggs used for laboratory reagent production are purified, whereas eggs used in animal experiments are used as whole yolk (Cook et al., 2010), which has economic advantages. Indeed, the commercial IgY purification kits available on the market are still expensive (Tan et al., 2012). The whole yolk option allows one to take advantage of other egg yolk components that have also been suggested as protective, such as high-density lipoproteins (Kassaify et al., 2005) or sialyloligosaccharides and their derivatives (Sugita-Konishi et al., 2002). The obtained hyper-immune preparation, whether purified or not, needs to be processed before being orally administered to animals. It is usually supplied as freeze- or spray-dried powder (Yegani et al., 2010; Xu et al., 2011), but some have used a liquid form (Rahimi et al., 2007). IgY could possibly be provided *in ovo* (Yegani et al., 2010), but higher mortality, reduced hatchability and reduced growth of chicks have been reported using this approach (Eterradossi et al., 1997).

Table 2. Recommendations on extraction-purification methods depending on the subsequent use of IgY — *Recommandations quant aux méthodes d'extraction-purification des IgY en fonction de leur usage subséquent*.

Application of the IgY	Recommendations	Reference
Veterinary application (*e.g*., as feed additive)	Use whole egg or whole yolk, preferably in the form of spray- or freeze-dried powder	Cook et al., 2010
Laboratory or medicine applications	Usually requires a crude extraction of IgY from the yolk; the minimalist option is the water-dilution method	Schade et al., 2005
	In a laboratory environment: precipitation methods (*via* polyethyleneglycol or ammonium sulphate) are useful to further purify the water extract	De Meulenaer et al., 2001
	In an industrial environment: filtration (especially ultrafiltration) or chromatographic methods are useful to further purify the water extract	De Meulenaer et al., 2001

5. OPTIMIZING THE IGY PRODUCTION

The annual yield of IgY per laying hen has been reported to be as low as 20 g (Xu et al., 2011) and as high as 100 g by more optimistic authors (Yegani et al., 2010). It is reasonable to think that the truth lies somewhere in between (Cook et al., 2010) and that the quantitative method used alongside the extraction process has a great influence on the yield recovered (Tan et al., 2012). Within the total amount of IgY obtained, an average of 9% can be expected to be antigen-specific (Li et al., 1998). These yields are certainly impressive, but an improvement in the percentage of antigen-specific IgY in the eggs and a reduction in the time needed to reach maximal production would significantly extend the application of IgY technology at the commercial level. In addition, although this technology is aimed primarily at the economic production of the highest amount of highly specific antibodies, welfare issues cannot be neglected. These issues already play an important role in the way researchers design their immunization protocols, and this is expected to increase.

There are several variation parameters for optimizing the IgY production protocol in terms of both yield and welfare. On the one hand, the focus can be on the vaccine; on the other, it can be on the producer animal itself.

5.1. The producer animal and its environment

IgY concentration resulting from a vaccination can vary significantly among genetic lines (Hamal et al., 2006). This indicates that it could be possible to increase IgY production by genetic selection within high-producing lines. Nevertheless, for Cook et al. (2010), there is very little difference in the ability of commercial lines to produce antibodies, the most important parameter governing the production of IgY over a year being egg size and rate of lay. IgY concentration ($mg \cdot ml^{-1}$) in the yolk is independent of the rate of lay or egg size (Li et al., 1998; Trott et al., 2009; Ulmer-Franco et al., 2012). Hence, a larger egg yolk leads to a higher amount of antibody per egg. The productivity of the line is therefore the key parameter to consider when selecting birds intended for IgY production. As a consequence, every method aimed at improving laying performance would also lead to an improvement in the yield of the immunization process.

The production period can be extended for a second year because an interruption during the lay or the practice of molting hens before or after initiating antibody production has little or no impact on the collected level of IgY (Pauly et al., 2009; Trott et al., 2009). In contrast, egg yolk weight increases with flock age, thus increasing the amount of IgY recovered (Pauly et al., 2009; Ulmer-Franco et al., 2012). Pauly et al. (2009) determined that the maintenance period should not be prolonged, from an economic point of view, when lay decrease to about 4 eggs per week. In the case of extended production, late booster injections can strongly increase the IgY titer deposited in the egg yolk (Schwarzkopf et al., 2001).

Environmental conditions (*e.g.*, cage density or temperature) can also affect a hen's ability to transfer IgY to her eggs (Mashaly et al., 2004; Leandro et al., 2011). Any stress that a hen encounters reduces her immune responsiveness (Leandro et al., 2011). Therefore, optimal housing conditions should be provided. The recent ban on conventional cages for laying hens in the European Union (Council Directive No. 1999/74/EC) could complicate the development of research related to IgY technology because the association of hens and laid eggs is easier with conventional cages than in free-range or coop systems. In mass production, however, where immunization protocols are already well established, housing in groups presents no particular problem and the production could take place in commercial egg production units. Schwarzkopf et al. (2001) studied the influence of hen housing conditions on the development of specific IgY and concluded that the use of SPF-hens will remain an exception because it does not lead to any improvement in IgY deposition in the egg yolk and involves significant additional cost compared with conventional housing.

5.2. The vaccine

Maximizing IgY deposition seems to be achieved mainly by optimizing vaccination procedures. The most critical point is the composition of the vaccine, particularly the choice of adjuvant added to the antigen to enhance the immune response.

Vaccine composition. Although FA are still used as standard adjuvants in laying hens, it is likely that alternatives will be used to a greater extent in the future because of animal welfare considerations. FA are judged to be potentially toxic and their use has been discouraged or banned by many institutional animal care and use committees. A balance needs to be found between efficacy and safety, and the best alternative to FA would be one that allows similar levels of highly specific IgY to be obtained from the eggs without leading to undesirable side effects.

Various alternatives have been evaluated in birds, including aluminum salts (de Paula et al., 2011), carbopol formulations (Kim et al., 2012), the immunostimulating complexes matrix (Chalghoumi et al., 2008), lipohexapeptide Pam_3Cys-Ser-$(Lys)_4$-OH (PCSL) (Schwarzkopf et al., 2001), Montanide™ oils (Dungu et al., 2009), poxvirus constructs (Chen et al., 2010) and DNA-based formulations (Loots et al.,

2006). Many claim to be less damaging and painful than FCA, but none has been shown, so far as we know, to surpass FCA in terms of antibody response.

Apart from the choice of an alternate adjuvant, the addition of immunostimulating components to a vaccine can markedly increase IgY deposition in the egg yolk. **Table 3** gives an overview of some promising products that appear to achieve this.

The resulting enhancement of these additions is variable. Lévesque et al. (2007) demonstrated that the supplementation of FIA with oligodeoxynucleotides (ODN) containing C-phosphate-guanosine motifs (CpG) resulted in a yield increase of up to 480% while they did not observe any improvement with the $1\alpha,25$-dihydroxyvitamin D_3 supplementation. Adding CpG-ODN is a very promising way of improving the immune response of immunized animals. The activity of CpG-ODN is motif-dependent and the CpG sequences that stimulate optimal responses differ among species (Rankin et al., 2001). The GTCGTT sequence is recognized as most active in avian species (Lévesque et al., 2007; Linghua et al., 2007). A phosphorothioate backbone renders CpG-ODN stable against nucleases and allows the use of smaller amounts (Stacey et al., 2002). This supplementation not only increases the IgY level, but also induces longer-lasting production (Vleugels et al., 2002) without any adverse side effects (Weeratna et al., 2000). The synthetic CpG motifs mimic the immunostimulatory effect of the bacterial DNA (Klinman et al., 2004). The addition of killed whole cell has also been shown to improve humoral immune response in chickens (Trott et al., 2008). Trott et al. (2008) investigated the effect of adding various commercial bacterins to FCA on the antibody response of laying hens to a protein antigen. The addition of Gram+ *Staphylococcus aureus* or *Streptococcus suis* to FCA increased the IgY response. In contrast, Gram- *Escherichia coli* killed whole cells reduced the resulting antibody titer compared with that observed for FCA alone. Producers of IgY should therefore be aware that components added to vaccines do not always improve the response, but can sometimes reduce it (Trott et al., 2008).

Recently, the enzyme lumazine synthase from *Brucella* spp. has been reported to increase IgY production in laying hens when fused to the target antigen (Bellido et al., 2012). Another recent study (Freitas et al., 2011) dealt with the potential immunostimulatory effect of propolis, and reported a dose-dependent response of IgY level in blood serum following the intra-abdominal administration of an ethanolic extract of propolis prior to intravenous vaccination.

Such supplementation allows a reduction in the amount of antigen and/or the necessary amount of adjuvant to be injected, thereby enhancing the

Table 3. Immunostimulating components able to increase the humoral response when added to the vaccine of laying hens — *Composés stimulant l'immunité et capables d'accroître la réponse humorale lorsqu'ils sont ajoutés au vaccin des poules pondeuses.*

Immunostimulating component	Delivery route and dose	Outcome	Reference
Brucella spp. lumazine synthase	i.m., fused to the target antigen, both being inoculated in equimolar amounts (0.105 nmol)	Increased the level of IgY in egg yolk of laying hens compared with inoculation of the target alone or in mixture with *Brucella* spp. lumazine synthase, but without fusion.	Bellido et al., 2012
CpG-ODN sequence 2135[a]	i.m., 10 μg per injection	Increased the specific IgY titer in egg yolk of laying hens vaccinated with FIA.	Lévesque et al., 2007
Propolis ethanolic extract	i.p., 10 or 50 mg·kg^{-1} of propolis in vehicle (0.15 M PBS, pH 7.2)	Increased the specific IgY titer in sera of laying hens receiving the antigen by i.v.	Freitas et al., 2011
Staphylococcus aureus, killed, whole-cell	i.m., dose not mentioned (commercial bacterin)	Increased the specific IgY titer in egg yolk of laying hens vaccinated with FCA	Trott et al., 2008
Streptococcus suis, killed, whole-cell	i.m., dose not mentioned (commercial bacterin)	Increased the specific IgY titer in egg yolk of laying hens vaccinated with FCA	Trott et al., 2008

[a] The used sequence is 5'-TCGTCGTTTGTCGTTTTGTCGTT-3' (number 2135); i.m.: intramuscular injection; CpG-ODN: C-phosphate–guanosine oligodeoxynucleotides; FIA: Freund Incomplete Adjuvant; i.p.: intraperitoneal injection; PBS: Phosphate buffered saline; i.v.: intravenous injection; FCA: Freund Complete Adjuvant.

overall cost-efficiency of the vaccination. In addition, these supplementations can also improve the efficiency of an adjuvant that would be intrinsically less efficient than the FA but could compete, thanks to the supplementation, with a reduced risk of undesirable side effects.

The suppression of the adjuvant could even be envisaged when injecting potent immunostimulatory molecules as vaccine antigens (*e.g.*, *Salmonella porins*, Gomez-Verduzco et al., 2010). These authors did not, however, compare the level of IgY obtained in this case with that obtained with FA. The prudent course is to reduce only the adjuvant/antigen ratio, moving from a conventional 50/50 (v/v) ratio to 30/70, for example.

Alternative immunization routes. Classic immunization protocols involve injection, but oral routes have been proposed (voluntary intake or gavage, or *via* oral-nasal administration through exposure of the bird to an aerosol). These routes are considered less stressful and are therefore in line with the 3 R's principle (Hau et al., 2005). In addition, they potentially allow the easier administration of frequent boosters. The development of these oral immunization protocols is still in its infancy and they need further refinement if they are to compete with parenteral immunization protocols (Mayo et al., 2009). As for the classic protocol, the outcome of immunization through the oral route could be enhanced *via* immunostimulating components. For example, the oral administration of CpG-ODN has been tested, but exhibited only a slight and temporary increase of serum IgY titer in broilers (Ameiss et al., 2006). Such oral supplementation for enhancing IgY production needs further research.

In the particular case of DNA vaccines, various methods have been used to improve their delivery and immunogenicity. Among these is the "gene gun" method, which has recently gained more attention for birds' immunization (Niederstadt et al., 2012). Developed in the early 1980s, it involves delivering DNA or RNA coated in microscopic gold or titanium particles into living tissues. This immunization route might lead to enhanced antibody titers, allowing a wider use of DNA vaccination in birds in the future. DNA vaccines still suffer from poor cost efficiency, partly because of their poor immunogenicity (Singh et al., 2003). The studies to date, so far as we know, have investigated the effects of gene gun immunization on IgY production and laying capacity, but none has provided any evaluation of this approach in terms of animal welfare. In case of proven enhancement, it is worth noting that recent work on mice suggests that gene guns might also successfully deliver protein antigens (Scheiblhofer et al., 2013).

Nutrition and immunomodulation. If nutrition affects antibody production and the transfer of immunity to chicks (Leandro et al., 2011), supplementing the diet could also be considered as a way to promote IgY production. For example, the hydroxylated form of vitamin D_3, 25-hydroxycholecalciferol increased the level of IgY in the serum of *Salmonella typhimurium*-challenged chickens (Chou et al., 2009). Dietary L-carnitine (β-OH-(γ-N-trimethylamino)-butyrate) supplementation (100 mg·kg⁻¹) has been shown to enhance antigen-specific IgY in vaccinated broilers (Mast et al., 2000). The level of supplementation, however, can have a strong influence on the outcome of these immunomodulation trials; de Beer et al. (2009) did not measure any increase in total IgY level in egg yolks following the addition of L-carnitine at 50 mg·kg⁻¹ to the diet of broiler breeder hens. A "more is better" approach cannot be viewed as a panacea when using nutrition to modulate immunity, as recently discussed by Korver (2012) using the example of vitamin E, which could improve immune response but could also become immunosuppressive if there is excessive supplementation. Diet supplementation *via* immunomodulating ingredients, however, is an approach that deserves greater attention because it also represents a form of refinement of IgY technology.

6. CONCLUSION

IgY will undoubtedly be used more extensively in the future in a wide range of applications, from human and veterinary medicine to diagnostics and research. The generation of these antibodies *via* laying hens represents a reduction and refinement in animal use compared with the conventional methods for obtaining Ig *via* mammals. This technology could be further refined thanks to recent progress made in adjuvantal methods as well as other approaches, such as oral immunization and nutritional immunomodulation. Future developments in this technology will also be driven by the economics of immunization.

List of abbreviations

CpG: C-phosphate-guanosine motifs
FA: Freund Adjuvant
FCA: Freund Complete Adjuvant
FIA: Freund Incomplete Adjuvant
Ig: Immunoglobulin
i.m.: Intramuscular injection
i.p.: Intraperitoneal injection
i.v.: Intraveneous injection
ODN: oligodeoxynucleotides
PCSL: Pam₃Cys-Ser-(Lys)₄-OH
PBS: Phosphate buffered saline.

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