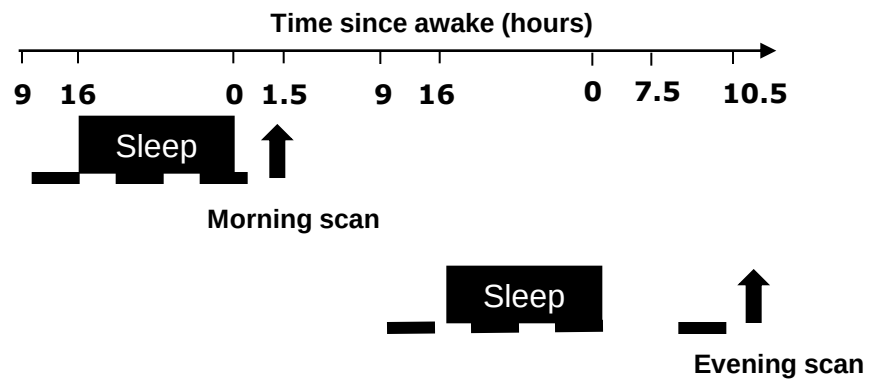
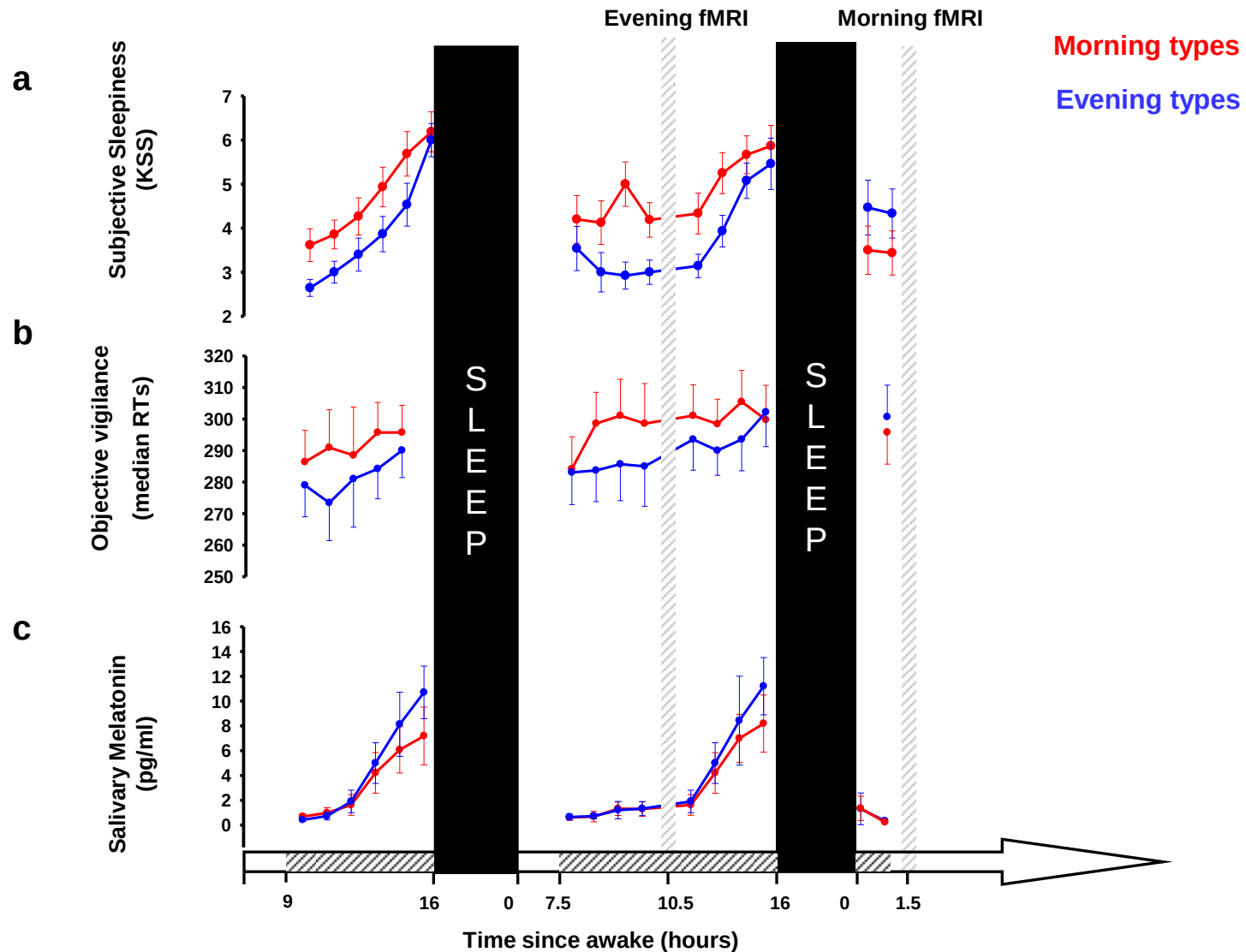
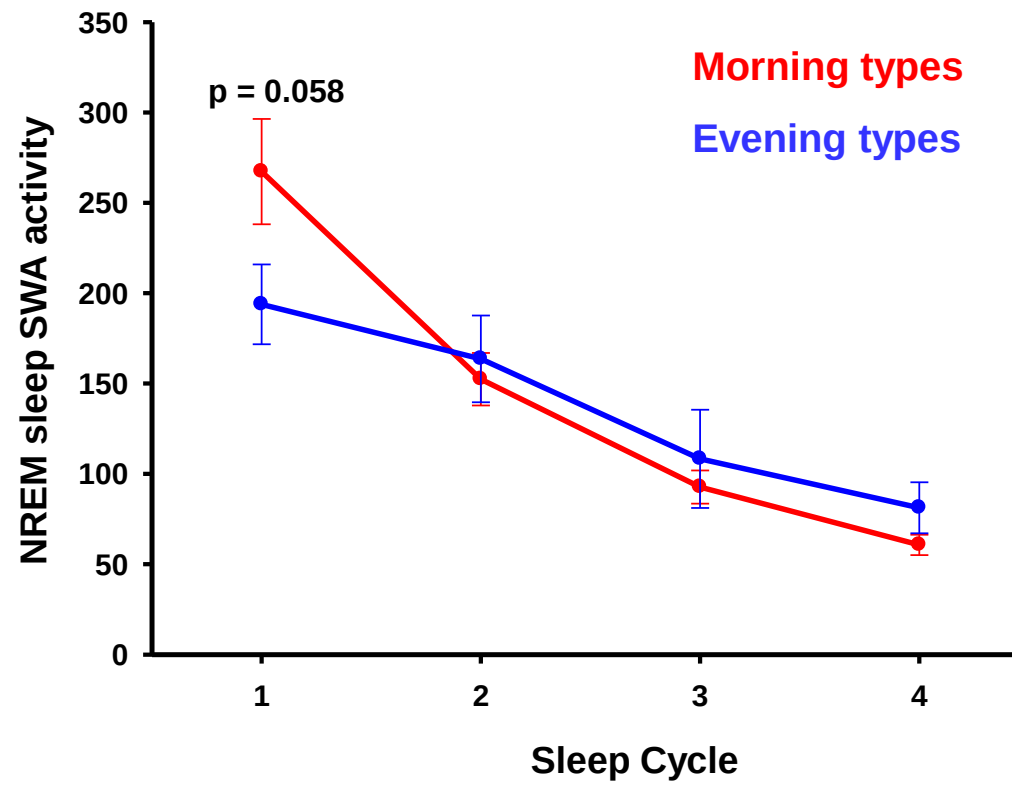
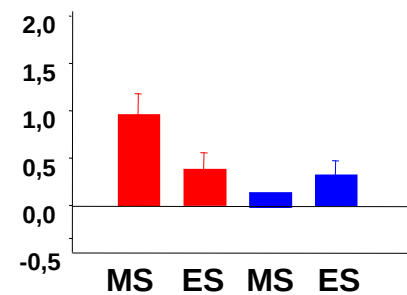
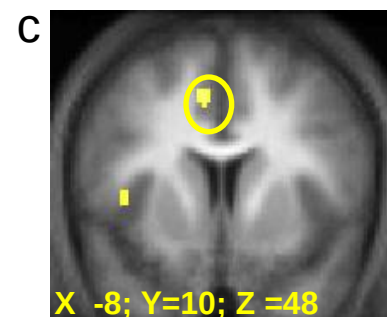
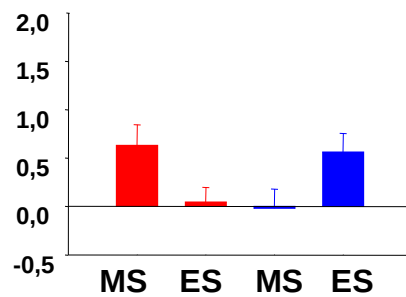
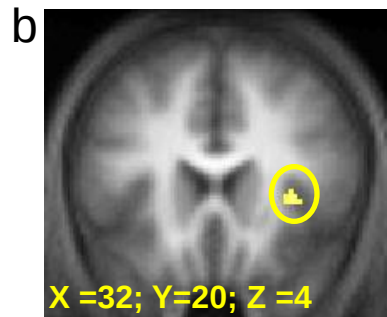
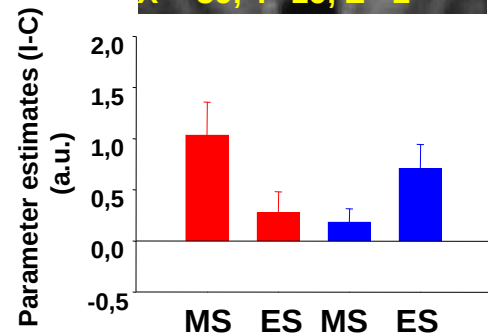
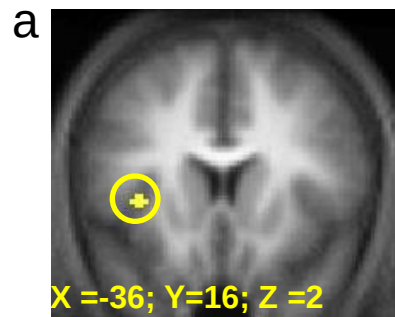






-  Hourly collection of subjective sleepiness (KSS, panel A), objective vigilance (PVT, panel B) and salivary melatonin (panel C) under controlled dim light and body posture conditions
-  Sleep recorded via polysomnography
-  fMRI session during practice of cognitive tasks (1.5 versus 10.5 hours after scheduled wake-up in a counterbalanced order)





Morning types
Evening types

