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Intestinal growth and pathology of *Giardia duodenalis* assemblage subtype AI, AII, B and E in the gerbil model

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1 **Intestinal growth and pathology of *Giardia duodenalis***
2 **assemblage subtype A_I, A_{II}, B and E in the gerbil model**

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13 Running title: Variable growth and pathogenicity among *Giardia* assemblages A, B and E.

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24 **SUMMARY**

25 **Introduction:** This study investigated the significance of the genetic differences between
26 assemblages A, B and E on intestinal growth and virulence.

27 **Methods:** Intestinal growth and virulence were studied in 2 laboratory (A_I: WB and B: GS/M-83-H7)
28 and 6 field isolates of assemblage subtype A_I, A_{II}, B and E_{III}. Intestinal trophozoite burdens, body
29 weight and faecal consistency were monitored until day 29 post-infection (pi), morphological
30 (mucosal architecture and inflammation) and functional (disaccharidase and alkaline phosphatase
31 enzyme activity) damage to the small intestine were evaluated on day 7 and 18 pi.

32 **Results:** The assemblage subtypes A_I and B were more infectious and produced higher trophozoite
33 loads for a longer period compared to the subtypes A_{II} and E_{III}. The body weight of infected gerbils
34 was significantly reduced compared to uninfected controls, but did not differ between the
35 assemblage subtypes. Consistent softening of the faeces was only observed with assemblage B.
36 Assemblage B next to assemblage subtype A_I elicited relatively higher pathogenicity, characterized by
37 more extensive damage to mucosal architecture, decreased brush-border enzyme function and
38 infiltration of inflammatory cells. Assemblage E_{III} and A_{II} isolates showed relatively low virulence.

39 **Conclusion:** The *Giardia* assemblage subtypes exhibit different levels of growth and virulence in the
40 gerbil model.

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46 **Keywords:** assemblage subtypes A_I, A_{II}, B and E; growth dynamics; virulence; gerbil model.

47 **INTRODUCTION**

48

49 Giardiasis is quite common among people (Plutzer, J. *et al.* 2010), domestic and farm animals
50 (Ballweber, L. R. *et al.* 2010; Geurden, T. *et al.* 2010) and despite intense research, the disease
51 mechanisms, host response and factors determining the variability in clinical outcome are still poorly
52 understood. Specific virulence factors linked to *Giardia* pathogenicity have not been identified yet
53 (Roxstrom-Lindquist, K. *et al.* 2006). The clinical manifestations of giardiasis may vary from
54 asymptomatic carrier-state to long-lasting diarrhoea and malabsorption (Robertson, L. J. *et al.* 2010).
55 Studies on epithelial cell lines (Chavez, B. *et al.* 1995), laboratory animals (Belosevic, M. *et al.* 1989;
56 Cevallos, A. *et al.* 1995), man (Oberhuber, G. *et al.* 1997; Hanevik, K. *et al.* 2007) and livestock (Ruest,
57 N. *et al.* 1997; Koudela, B. and Vitovec, J. 1998) demonstrated a variable degree of damage to the
58 small intestinal surface, ranging from no abnormalities to microvillus brush-border injury, villus
59 atrophy and crypt hyperplasia, which explain the typical symptoms of malabsorption and
60 maldigestion (Buret, A. *et al.* 1991; Buret, A. *et al.* 1992).

61

62 Currently, isolates of *G. duodenalis* are assigned to 7 genotypes: assemblages A and B infect humans
63 and a broad range of animals, while assemblages C, D, E, F and G are restricted to domestic animals,
64 livestock and wild animals (Read, C. M. *et al.* 2004; Caccio, S. M. and Ryan, U. 2008). This host
65 restriction may suggest that assemblages C to G are phenotypically distinct from assemblages A and
66 B, although a clear correlation between genetic and biological markers has not yet been established
67 (Roxstrom-Lindquist, K. *et al.* 2006). T-cell stimulating antigens (Astiazaran-Garcia, H. *et al.* 2009),
68 variant-specific surface proteins (VSP) (Franzen, O. *et al.* 2009; Jerlstrom-Hultqvist, J. *et al.* 2010) and
69 other surface antigens (Aggarwal, A. and Nash, T. E. 1987; Franzen, O. *et al.* 2009) are variably
70 expressed on the WB (assemblage A_I), GS (assemblage B) and P15 (assemblage E_{III}) strains. Hence, it
71 is of interest to study how these differences may relate to biologic properties, such as infectivity and
72 pathogenicity. Some authors report a relation of assemblage A with symptomatic infections and

73 assemblage B with asymptomatic cases in man (Haque, R. *et al.* 2005; Sahagun, J. *et al.* 2008), while
74 others just found the opposite (Geurden, T. *et al.* 2009; Singh, A. *et al.* 2009) or no relation at all
75 (Kohli, A. *et al.* 2008; Ajjampur, S. S. *et al.* 2009).

76

77 Variation in infectivity, pathogenicity and immune response has extensively been demonstrated in
78 laboratory animal models (Aggarwal, A. and Nash, T. E. 1987; Majewska, A. C. and Gustowska, L.
79 1996; Williamson, A. L. *et al.* 2000), even within isolates of the same host species (Visvesvara, G. S. *et*
80 *al.* 1988; Cevallos, A. *et al.* 1995) and among clones of a same isolate (Udezulu, I. A. *et al.* 1992).
81 Differences in virulence have been defined in terms of infectivity rates (Visvesvara, G. S. *et al.* 1988),
82 minimal infective dose (Visvesvara, G. S. *et al.* 1988), maximal parasite load (Udezulu, I. A. *et al.* 1992;
83 Williamson, A. L. *et al.* 2000) or small intestinal injury (Cevallos, A. *et al.* 1995; Majewska, A. C. and
84 Gustowska, L. 1996). However, the pathogenic significance of the various genotypes has yet to be
85 established since information about the infecting genotype is mostly not available. In addition,
86 available literature on pathology involves *G. muris* infections in mice (Buret, A. *et al.* 1990) or is based
87 on a small number of *G. duodenalis* isolates (Buret, A. *et al.* 1991; Cevallos, A. *et al.* 1995),
88 trophozoites of a reference strain with a long history of laboratory culturing (Aggarwal, A. and Nash,
89 T. E. 1987; Belosevic, M. *et al.* 1989) or heterogeneous *Giardia* populations (trophozoites or pooled
90 cyst samples) without prior cloning (Visvesvara, G. S. *et al.* 1988; Majewska, A. C. and Gustowska, L.
91 1996). Furthermore, diverse endpoints are used, resulting in a great variability and difficult
92 interpretation of published data.

93

94 Taking advantage of the fact that *in vitro* trophozoite culture and gerbil infections have recently been
95 established for assemblages A, B and E strains (Benere, E. *et al.* 2010) enabled us to investigate the
96 possible correlation between the assemblage subtype and *in vivo* phenotype for intestinal growth
97 and overall virulence in the gerbil model.

98 **MATERIALS AND METHODS**

99

100 Parasite cultures: Eight strains of *G. duodenalis* were selected according to genotype (assemblages A,
101 B and E), host species (human [h] or cattle [c]) and history (lab or field strain). The WB (ATCC 30957;
102 assemblage A₁) and GS/M-83-H7 (ATCC 50581; assemblage B) strains were obtained from the Swiss
103 Tropical and Public Health Institute, Basel, Switzerland (R. Brun) and from the Institute of
104 Parasitology, Berne, Switzerland (N. Mueller). All field isolates, four of assemblage A (Ah1, Ah2, Ac1,
105 Ac2) and two of assemblage E (Ec1, Ec2), were cloned and characterized by sequence analysis of the
106 glutamate dehydrogenase (gdh), β -giardin (bg), triosephosphate isomerase (tpi) gene (Benere, E. *et*
107 *al.* 2010). Assemblage A and E trophozoites were routinely maintained in TYI-S-33 medium at pH 6.8,
108 supplemented with 10% heat-inactivated bovine serum and 1 μ L/mL fresh bovine bile (Benere, E. *et*
109 *al.* 2007). Assemblage B trophozoites were grown in TYI-S-33 medium supplemented with 0.5 g/L
110 powder bovine bile and 10% heat-inactivated fresh human serum (Benere, E. *et al.* 2010).
111 Detachment of trophozoites for preparation of inocula was achieved by chilling the cultures on ice
112 for 20 min. The number of trophozoites was determined using 0.4% trypan blue (w/v) (Sigma,
113 Bornem, Belgium) and 0.04% formol in a KOVA Glasstic[®] counting slide (Bayer, Brussels, Belgium).

114

115 Animal model: Four to five week-old male SPF gerbils ($34.7\text{g} \pm 0.6$) were purchased from Janvier (St
116 Isle, France). After one week acclimatisation, they were randomly allocated to experimental groups
117 of four animals each. Before experimental infection, previous contacts with *Giardia* were excluded by
118 microscopic examination of faeces collected over three consecutive days. The experimental
119 infections were established using fresh trophozoites from axenic *in vitro* cultures. The gerbils were
120 fasted overnight before oral inoculation with 10^6 trophozoites in 500 μ L phosphate buffered saline
121 (PBS). All animal experiments were approved by the ethical committee of the University of Antwerp.

122

123 Experimental design: The growth dynamics of the *G. duodenalis* isolates were determined by
124 monitoring the number of trophozoites in the small intestine on day 4, 7, 11, 14, 18, 21, 25 and 29
125 post infection (pi). Clinical signs of diarrhoea and evolution of body weight were also monitored.
126 Faecal consistency was scored using an ordinal scale with 0 = normal, 1 = slight softening, and 2 =
127 severe softening. Faecal cyst excretion was not monitored. On each time point, four gerbils were
128 euthanized with 100% CO₂ for collection of the entire small intestine and enumeration of the number
129 of trophozoites. Briefly, the intestine was opened longitudinally and suspended in PBS on ice for 35
130 min to detach trophozoites. After removal of the intestine, the test tube was centrifuged at 800 g for
131 10 min at 4°C, to separate the trophozoites, which were then counted using a KOVA Glasstic®
132 chamber. If no trophozoites were observed, the entire suspension was transferred to a 6-well plate
133 and further examined using an inverted microscope, achieving a limit of detection of about 10⁴
134 trophozoites/gerbil. To represent the growth dynamics of each strain as a single value, the area
135 under the infection curve from day 0 to 18 (AUC) was calculated using GraphPad Prism software (San
136 Diego California, USA).

137

138 Sample collection: Duodenal and jejunal segments were collected for histopathological analysis from
139 animals sacrificed on day 7 and 18 pi. Beginning at the gastro-duodenal junction, the first 5 mm was
140 discarded, the next 5 mm was collected for histopathological examination and the next 15 mm for
141 the evaluation of brush-border enzyme activities. Similar tissue samples from the middle jejunum
142 section were taken. The samples for evaluation of enzyme activities were immediately frozen in
143 liquid nitrogen and stored at -80°C until further processing.

144

145 Histology: The small intestinal segments were fixed for 2 h in 4% paraformaldehyde (0.1M, pH 7.4) at
146 room temperature and rinsed 4 times in PBS (0.01 M, pH 7.4) for 10 min. Tissues were dehydrated
147 through a graded series of ethanol and at random embedded in paraffin wax. Sections (4 µm) were
148 made, rehydrated, mounted and routinely stained with haematoxylin – eosin. Villus height (µm) and

149 crypt depth (μm) were measured in thirty perpendicular oriented villus-crypt units, divided over
150 minimum ten high power fields (HPF). The epithelial cell height (μm) of three scattered enterocytes
151 was determined in each villus. All measurements were performed by the same person at 100x using
152 morphometric analysis software (Axiovision 4.8, Zeiss, Germany). Inflammation was assessed using a
153 semi-quantitative estimation of the amount of inflammatory cells present in the mucosa of five
154 randomly chosen HPF's: Score 0 = comparable to uninfected control (UC), Score 1 = a slightly
155 increased number of inflammatory cells in the villi; Score 2 = moderate increased number of
156 inflammatory cells in both villi and crypt; Score 3 = severe inflammation with higher numbers of
157 inflammatory cells compared to score 2. For each strain, data are presented as the weighted means
158 of the scores obtained for each individual gerbil.

159
160 Brush-border enzyme activity: The intestinal segments collected on day 7 pi were homogenized in
161 ice-cold distilled water using a tissue grinder, frozen in liquid nitrogen and kept at -80°C until analysis.
162 The activities of sucrase, maltase and lactase were determined by measuring the D-glucose liberated
163 from the respective substrates using the glucose oxidase-peroxidase system (DAHLQVIST, A. 1964).
164 Alkaline phosphatase was measured by the rate of splitting the paranitrophenylphosphate substrate
165 into the yellow paranitrophenol (Millington, P. F. and Tovell, P. W. 1969). Enzyme-specific activities
166 (SA) are expressed as μmol substrate hydrolysed per min and related to 1 g of protein, estimated
167 according to the Bradford method (Bradford, M. M. 1976). The results are expressed as mg protein
168 per g fresh organ weight. All reagents were from Sigma Chemical Co. (St Louis, Mo, USA) or from
169 Merck (Darmstad, Germany).

170
171 Statistics: All results were compared to the UC and expressed as group means \pm standard error of the
172 mean (SEM). For the statistical evaluations, SPSS® 17.0 (SPSS Inc, Chicago Illinois, USA) was used.
173 Comparison between the *Giardia* isolates was performed using a one-way analysis of variance
174 (ANOVA) with LSD *post hoc* for histopathology and enzyme activity data, and AUC values generated

175 from intestinal trophozoite burdens and weight gain. The categorical inflammation data were
176 analysed using a Chi-square test. A p-value of less than 0.05 was considered statistically significant.

177

178

179 RESULTS

180

181 Infection dynamics (Figure 1): All isolates showed a similar basic pattern of infection but with variable
182 levels of trophozoite burdens. All gerbils inoculated with GS/M-83-H7, WB and A_I field isolates were
183 positive on day 4 pi, while only 50 - 75% were positive for the E_{III} field isolates and none for the A_{II}
184 field isolate. Trophozoites steadily increased in number and remained high until day 14 pi, except for
185 assemblage A_{II} which already started to decrease on day 11 pi. All isolates showed low trophozoite
186 loads at day 18 pi (mean 1×10^6 /gerbil). Minimal residual burdens were still present on day 29 pi
187 (mean 4.3×10^4 /gerbil), except for the assemblage E_{III} field isolates that cleared around day 25 pi. All
188 assemblage subtypes displayed significant different growth dynamics ($p < 0.05$), with the exception of
189 assemblage subtype A_{II} and E_{III}, which showed comparable growth ($p > 0.05$). The A_I lab (WB) strain
190 demonstrated the highest trophozoite burdens and A_{II} and E_{III} subtypes the lowest.

191

192 Clinical manifestations: The overall weight gain per assemblage subtype was significantly lower in
193 infected gerbils (AUC= 491.7 ± 16.7), compared to the UC (AUC= 769.4 ± 59.2), but was not
194 significantly different among the assemblage subtypes ($p < 0.05$). Gerbils infected with the A_I lab (WB),
195 A_I field and E_{III} field isolates showed occasional slight softening of the faeces, while infection with the
196 GS/M-83-H7 strain resulted in more consistent softened faeces from day 7 till day 16 pi.

197

198 Mucosal architecture (Figure 2): On day 7 pi, the duodenal villus height did not differ from the UC
199 while the crypt depth was significantly increased by about 38% to 47% ($p < 0.05$), except for the
200 assemblage subtype A_{II} field isolate. Jejunal villus height became reduced by 23% to 29% after

201 infection with A_I, A_{II} and E_{III} field isolates, but the degree of villus shortening remained comparable
202 between the subtypes mentioned. Jejunal crypt depth was increased by 35% and 16% upon infection
203 with the assemblage B (GS/M-83-H7) lab strain and A_I field isolates, respectively ($p < 0.05$). Epithelial
204 cell height in the duodenum did not differ from the UC, except for the assemblage B lab strain, while
205 a reduction of 15% to 23% was observed in the jejunum for all strains without significant differences
206 between the different subtypes. By day 18 pi, almost full recovery was noted. Villus height had
207 returned to UC values in both duodenum and jejunum. However, crypt hyperplasia was still present
208 in the duodenum and jejunum of gerbils infected with the WB (A_I lab) strain (+59%, +70%) and in the
209 jejunum of GS/M-83-H7 (+22%) and A_I field (+23%) isolate infected animals ($p < 0.05$). Epithelial cell
210 height had returned to UC values in the jejunum, but was still markedly decreased in the duodenum
211 of gerbils infected with the GS/M-83-H7 (-35%) and A_I field (-14%) isolates ($p < 0.05$).

212
213 Inflammation (Table 1): A slight to moderate inflammatory infiltration developed by day 7 pi and
214 tended to increase by day 18 pi. In addition, the inflammatory infiltration was generally more severe
215 in the duodenum than in the jejunum. Comparing the changes among the assemblage subtypes, a
216 significant difference ($p = 0.006$) was only found in the duodenum at day 18 pi. Light microscopic
217 analysis revealed strong infiltration of inflammatory cells in both villi and crypts after infection with
218 the GS/M-83-H7, A_I lab and field isolates (Figure 3). In contrast, only a slight to moderate
219 inflammation was observed with the A_{II} or E_{III} field isolates. The inflammatory cell population
220 consisted predominantly of plasma cells, lymphocytes and macrophages.

221
222 Brush-border enzyme activity (Figure 4): Since the disaccharidases (sucrase, maltase and lactase)
223 showed similar SA profiles, only the sucrase SA is presented in figure 4. All assemblage subtypes
224 significantly decreased the duodenal disaccharidases (32% to 84%) and alkaline phosphatase SA (26%
225 to 82%). In the jejunum, only the assemblage B (GS/M-83-H7) lab and the A_I field strain significantly
226 reduced SA of all disaccharidases (11% to 61%) while the alkaline phosphatase SA was decreased

227 (22% to 54%) for all assemblages except subtype A_{II}. The B lab strain showed the highest reduction in
228 all four brush-border enzyme SA. In contrast, subtype A_{II} caused the lowest reduction in all four
229 brush-border enzyme SA in the duodenum and in alkaline phosphatase SA in the jejunum.

230

231

232 DISCUSSION

233

234 Although a large genetic and clinical variability has been identified among *G. duodenalis* isolates
235 ([Roxstrom-Lindquist, K. et al. 2006](#)), it is still unclear whether the various genotypes are associated
236 with different disease outcome or intrinsic virulence. This study specifically aimed to explore the
237 significance of the differences between assemblage subtypes A_I, A_{II}, B and E_{III} on intestinal growth
238 and virulence characteristics in the gerbil model.

239

240 Our study indicates that the assemblage subtype can indeed be associated with particular intestinal
241 growth characteristics since all displayed significantly different growth dynamics, with the exception
242 of A_{II} and E_{III} field isolates. The assemblage subtypes A_I (lab and field isolates) and B were more
243 infectious and produced higher trophozoite loads for a longer period of time compared to the
244 subtypes A_{II} and E_{III}. The A_I lab strain demonstrated the highest trophozoite burden, significantly
245 different from all other isolates including their assemblage-matching A_I field strains. This may be
246 linked to the long term *in vitro* cultivation and successive passages that may have altered its growth
247 characteristics. For example, the colonization capacity of the P0-1 lab strain (assemblage A_I) was also
248 found to be higher and more regular compared to an assemblage-matching field isolate ([Sotiriadou, I.
249 and Karanis, P. 2004](#)). Independent of the isolate, the acute phase of infection with high trophozoite
250 burdens occurred between day 4 and day 11 pi with appreciable reduction by day 18 to 29 pi, an
251 infection pattern which is similar to what previously has been described for the WB and GS/M-83-H7
252 strain ([Aggarwal, A. and Nash, T. E. 1987](#); [Belosevic, M. et al. 1989](#)).

253 Morphological analysis of the small intestine on day 7 and 18 pi, respectively representing the acute
254 and recovery phase of infection, revealed crypt hyperplasia, villus atrophy and reduced epithelial cell
255 height. Unlike the increased crypt depth, decrease in villus and epithelial cell height was not
256 consistently observed and not uniformly distributed over the small intestine, a phenomenon also
257 observed in *Giardia* infected patients (Farthing, M. J. 1997). Our results suggest a correlation of
258 mucosal damage with the assemblage subtype, with considerable alterations after infection with
259 assemblage subtype A_I and B lab strain, moderate damage after A_I field strains and only a low extent
260 of damage after assemblage subtype A_{II} and E_{III} infections. Likewise, assemblage-linked reduction of
261 brush-border enzyme activities were greatest in assemblage B infected animals, followed by
262 assemblage subtype A_I (lab and field isolates), E_{III} and A_{II}. The morphological and functional changes
263 of the WB strain were within the same range to those found by other researchers (Belosevic, M. *et al.*
264 1989; Leitch, G. J. *et al.* 1993). However, the morphological damage in GS/M-83-H7 infected gerbils
265 was not observed in BALB/c mice (Byrd, L. G. *et al.* 1994).

266
267 The activities of intestinal brush-border enzymes (e.g. alkaline phosphatase and disaccharidases) are
268 markers of epithelial digestive function (Mahmood, S. *et al.* 2005) and were measured to assess the
269 relevance of the observed villus and crypt modifications. Severe reductions in brush-border enzyme
270 activities were found, even in the absence of obvious villus or epithelial cell damage. These findings
271 are consistent with previous reports (Buret, A. *et al.* 1990; Cevallos, A. *et al.* 1995) and suggest that
272 brush-border enzyme deficiencies in giardiasis are correlated with a diffuse loss of epithelial brush-
273 border microvillus surface area rather than with alteration in villus structure. Also consistent to
274 previous reports (Buret, A. *et al.* 1991; Astiazaran-Garcia, H. *et al.* 2000), the clinical manifestations
275 of intestinal pathology remained fairly minimal: the net weight gain of infected gerbils was decreased
276 compared to the uninfected controls but did not differ between the isolates, and softening of faecal
277 pellets was noted for some assemblages. In symptomatic patients, assemblage B has been associated
278 with severe acute and persistent diarrhoea and assemblage A with mild intermittent diarrhoea

279 (Homan, W. L. and Mank, T. G. 2001). In our study, assemblage B infected gerbils also presented the
280 highest faecal score and diarrhoea has indeed been described in gerbils infected with human or
281 animal strains of *G. duodenalis* (Buret, A. *et al.* 1991; Majewska, A. C. and Gustowska, L. 1996).
282 Unfortunately, information on the genotype was not available making it impossible to align our
283 findings. It also became clear that the severity of the clinical features (body weight, soft faeces) may
284 not be related to the extent of mucosal abnormalities since assemblage A₁ induces a high degree of
285 mucosal and functional damage without causing obvious signs of diarrhoea.

286
287 Immediately related to the fact that *G. duodenalis* preferentially colonizes the duodenum (Buret, A.
288 *et al.* 1991), all isolates induced a significant larger reduction (10% to 28%) in the activity of the 4
289 brush-border enzymes in the duodenum compared to the jejunum. The mucosal abnormalities and
290 brush-border enzyme malfunctions were markedly present during the acute phase of infection (day 7
291 pi) with clear signs of recovery by day 18 pi. A direct correlation between the period of highest
292 parasite loads and morphological/functional damage can therefore be suggested, which has already
293 been hypothesised in previous literature reports (Belosevic, M. *et al.* 1989; Araujo, N. S. *et al.* 2008).
294 Consistent with this, the mucosal architecture in mice infected with the human BRIS/83/HEPU/106
295 isolate was quickly restored, whereas the avian BRIS/95/HEPU/2041 strain induced a long term
296 infection with villous atrophy still evident at 26 days pi (Williamson, A. L. *et al.* 2000).

297
298 Although *Giardia* infections in man are generally associated with little or no mucosal inflammation
299 (Oberhuber, G. *et al.* 1997; Roxstrom-Lindquist, K. *et al.* 2006), a remarkable infiltration of
300 inflammatory cells in the lamina propria was observed with all assemblage subtypes in this study. The
301 experimental infections were established with sterile trophozoite cultures and one can therefore be
302 sure that the observed inflammation must be linked to *G. duodenalis*. This is further supported by
303 observations of mucosal inflammation in naturally infected human and cattle (Ruest, N. *et al.* 1997;
304 Hanevik, K. *et al.* 2007; Mokrzycka, M. *et al.* 2010), goats experimentally infected with isolates from

305 pigs (Koudela, B. and Vitovec, J. 1998) or gerbils infected with isolates from human or rodents
306 (Majewska, A. C. and Gustowska, L. 1996). The inflammatory cell population of predominantly
307 mononuclear cells is consistent with other reports (Oberhuber, G. *et al.* 1997). The degree of
308 infiltration varied depending on the isolate, the time point in the infection and the intestinal region.
309 The highest infiltration of inflammatory cells was found in the duodenum with assemblage B and A_I
310 (lab and field) being most severe while assemblage A_{II} or E_{III} only showed slight to moderate
311 inflammation. Quite remarkably, all infections demonstrated high inflammation scores at day 18 pi
312 when the parasite load had already declined. Similarly, the mucosal inflammation in gerbils infected
313 with a rodent isolate (CP-117) was higher on day 21 pi than on day 7 pi (Majewska, A. C. and
314 Gustowska, L. 1996) and lymphocyte counts in *Giardia*-infected patients returned to normal some
315 time after treatment and eradication of the parasite (Wright, S. G. and Tomkins, A. M. 1977).

316
317 In summary, the assemblage subtypes A_I and B are more infectious, produce higher trophozoite loads
318 for a longer period and elicit relatively greater pathogenicity, characterized by higher intestinal
319 inflammation and more extensive damage to mucosal architecture and function. The assemblage
320 subtypes A_{II} and E_{III} are clearly less virulent, although it must be recognized that not all factors
321 contributing to virulence have been addressed in this study. The lack of genetic information in most
322 published reports on pathogenicity has been a major shortcoming, but should become a standard
323 requirement in future studies on *Giardia* in view of the present study results. The inclusion of even
324 more isolates would be beneficial to corroborate our major findings.

325

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334

For Peer Review

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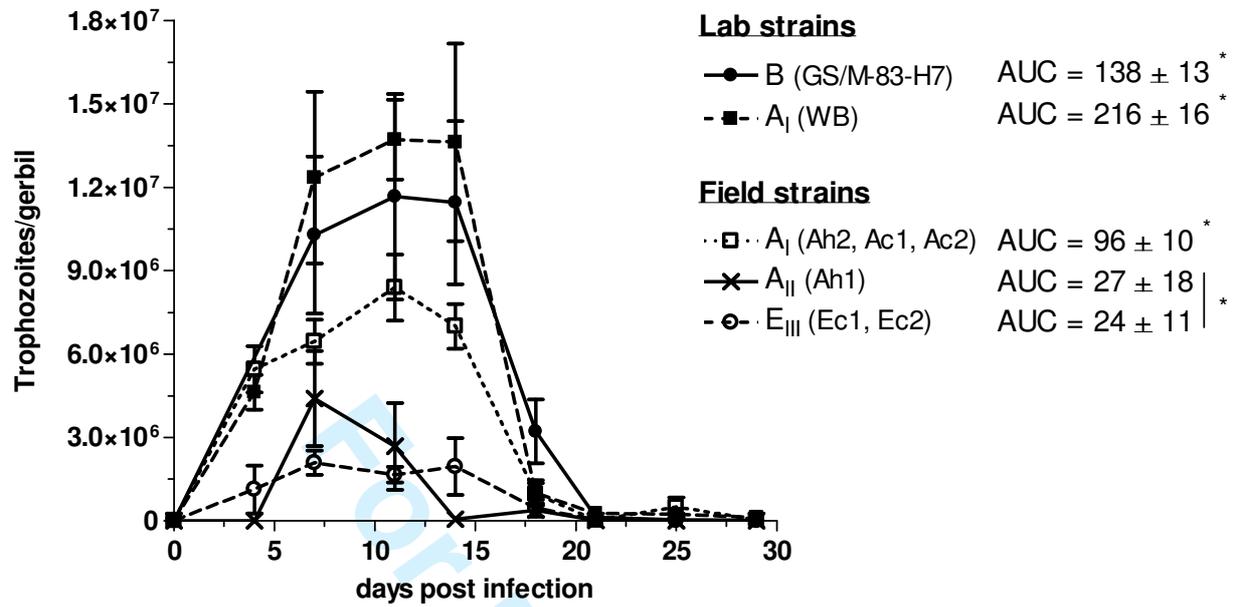
Table 1: Weighted means of the inflammation scores[#] obtained in gerbils infected with lab and field strains of assemblages A, B and E. (each data point represents the mean of 4 gerbils)

Strain	Day 7 pi		Day 18 pi	
	Duodenum	Jejunum	Duodenum	Jejunum
UC	0	0	0	0
Lab strains				
B: GS/M-83-H7	1.7	1.0	3.0 [*]	1.7
A_I: WB	1.3	0.3	2.8 [*]	2.3
Field strains				
A_I: Ah2, Ac1, Ac2	1.5	1.5	2.8 [*]	1.7
A_{II}: Ah1	0.8	0.5	1.3 [*]	1.5
E_{III}: Ec1, Ec2	1.1	0.6	1.9 [*]	1.0

[#]Score 0 = comparable to uninfected control (UC), Score 1 = a slightly increased number of inflammatory cells in the villi; Score 2 = moderate increased number of inflammatory cells in both villi and crypt; Score 3 = severe inflammation with higher numbers of inflammatory cells compared to score 2.

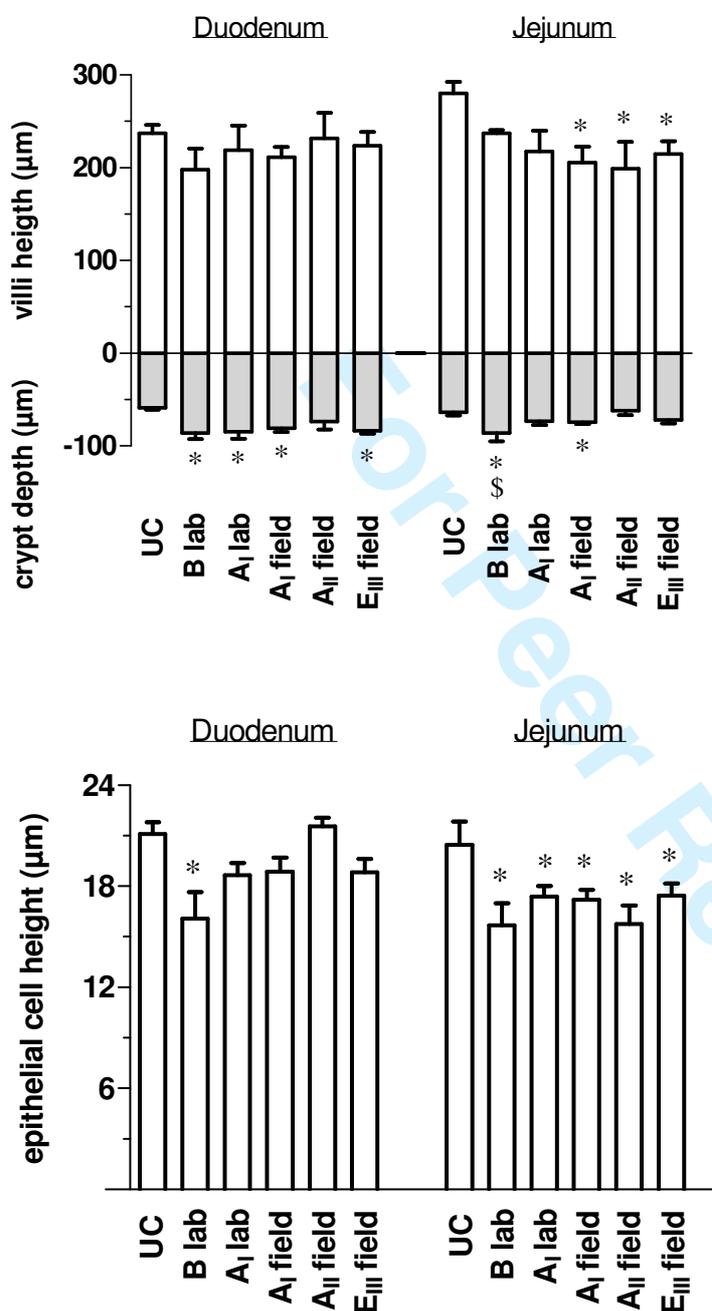
^{*} Significant difference between the assemblage subtypes B/A_I and the assemblage subtypes A_{II}/E_{III} (P = 0.006).

Figure 1: The growth dynamics of lab and field strains of assemblage A, B and E. (each data point represents the group means \pm SEM of 4 gerbils)



*: significant different from the other strains, $p < 0.05$

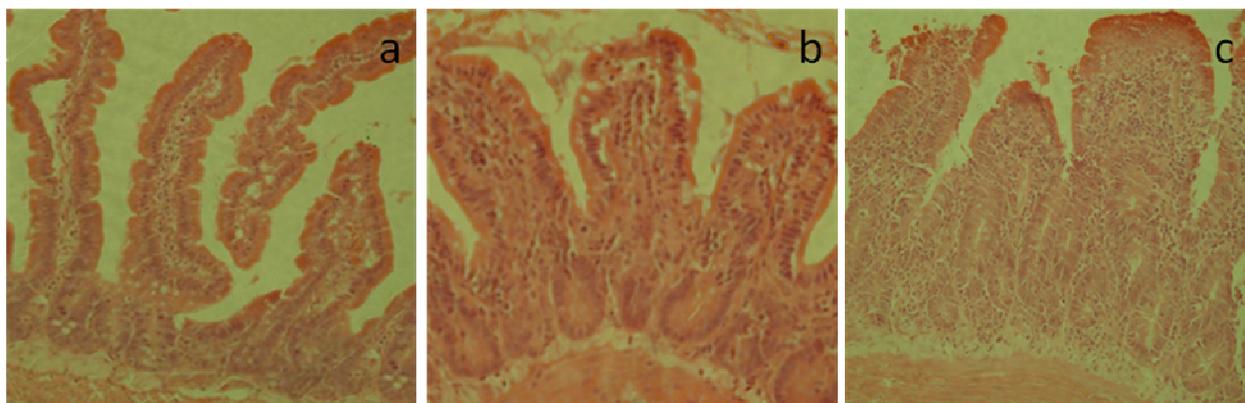
Figure 2: Analysis of crypt depth and villus and epithelial cell height in the small intestine of gerbils 7 days pi with lab and field strains of assemblage A, B and E. (each data point represents the group means \pm SEM of 4 gerbils)



*: significantly different from the UC, $p < 0.05$

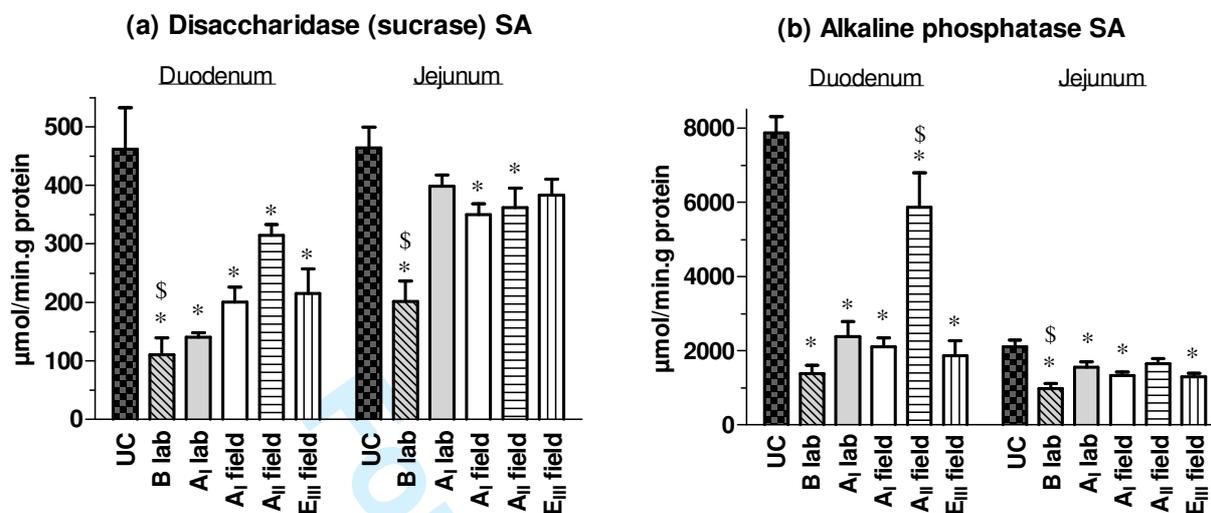
§: significantly different from the other strains (except from the A_I lab strain), $p < 0.05$

Figure 3: Light microscopic analysis of the small intestine of the uninfected control (UC) (a) and the WB lab strain of assemblage subtype A₁ showing a moderate (score 2) (b) to severe (score 3) (c) infiltration of inflammatory cells in both villi and crypts 18 days pi. (200x magnification)



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Figure 4: Brush-border enzyme activity in the small intestine of gerbils 7 days pi with lab and field strains of assemblage A, B and E: (a) Disaccharidase (sucrase) and (b) alkaline phosphatase SA. (Each data point represents the group means \pm SEM of 4 gerbils)



*: significant different from the UC, $p < 0.05$

§: significant different from the other strains (except from the A₁ lab strain for duodenum sucrase and A₁, E₁₁₁ field strains for jejunal alkaline phosphatase), $p < 0.05$